

VOODOO CHILDRENS TIMETABLE

SUNDAY		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tytherington Club*	MAIN GYM	MAIN GYM	MAIN GYM	MAIN GYM	MAIN GYM	MAIN GYM
1.00pm to 2.00pm	4.00pm to 4.45pm	4.00pm to 4.45pm	4.00pm to 5.00pm	4.00pm to 4.45pm	4.00pm to 5.00pm	4.00pm to 4.45pm
Junior Kickboxing PG 4 to 11 years old	NYC	Voodoo Ninja's 4 to 7 years old	Junior Kickboxing 8 to 11 years old	Voodoo Ninja's 4 to 7 years old	Junior Kickboxing 8 to 11 years old	NYC
2.00pm to 3.00pm	5.00pm to 5.45pm	5.00pm to 6.00pm	5.00pm to 6.00pm	5.00pm to 6.00pm	5.00pm to 6.00pm	5.00pm to 5.45pm
Cadet Kickboxing PG 12 to 15 years old	Voodoo Samurai's 4 to 7 years old	Junior Shotokan Karate Do PG 8 to 11 years old	Junior Brazilian Jiu Jitsu 8 to 11 years old	Junior Shotokan Karate Do 8 to 11 years old	Junior Brazilian Jiu Jitsu 8 to 11 years old	Voodoo Samurai's 4 to 7 years old
*Contact Tytherington Club directly to attend or for more information.	6.00pm to 7.00pm	6.00pm to 7.00pm	6.00pm to 7.00pm	6.00pm to 7.00pm	6.00pm to 7.00pm	6.00pm to 7.00pm
	Cadet Shotokan Karate Do 12 to 15 years old	Cadet Brazilian Jiu Jitsu 12 to 15 years old	Cadet Kickboxing 12 to 15 years old	Cadet Shotokan Karate Do 12 to 15 years old	Cadet Brazilian Jiu Jitsu 12 to 15 years old	Cadet Kickboxing 12 to 15 years old

VOODOO ADULTS TIMETABLE

[illegible]

*Voodoo members
by invitation only.

Foundation Thai / Kick Boxing	Catch / Submission Wrestling
8.00pm to 9.00pm	8.00pm to 9.30pm
Advanced Thai / Kick Boxing	Grappling Open Mat
9.00pm to 9.30pm	
Sparring Thai / Kickboxing	

Foundation Brazilian Jiu Jitsu	Boxing For Kickboxers
8.00pm to 9.30pm	8.00pm to 9.30pm
Advanced Brazilian Jiu Jitsu	Shotokan Karate Do

Foundation Thai / Kick Boxing	Catch / Submission Wrestling
8.00pm to 9.00pm	8.00pm to 9.30pm
Advanced Thai / Kick Boxing	Grappling Open Mat
9.00pm to 9.30pm	
Sparring Thai / Kickboxing	

Foundation Brazilian Jiu Jitsu	Boxing For Kickboxers
8.00pm to 9.30pm	8.00pm to 9.30pm
Advanced Brazilian Jiu Jitsu	Shotokan Karate Do