

**Voluntary Participation:** Your participation in this study is completely voluntary, and whether you choose to participate will not impact your treatment in any way.

**Confidentiality:**

Several precautions will be taken to ensure that all your data remain confidential:

- When you start taking the online survey for the first time, you will be asked to enter your initials, and date of birth in order for us to create a unique code for the purpose of linking data across time anonymously.

- All the data will be password protected, will be kept confidential to the extent permitted by law, and will be stored for up to 10 years after the publication of results. Your email address will be kept separate from your responses to the questionnaires. Therefore, any publication resulting from the Progress Project data will only report unidentifiable data.

- Only the research team at the Progress Project will have access to the data. Third party payers (e.g., insurance companies) will not have access to the data. Although no guarantees can be given regarding the security of data sent via the Internet, interception of the data by any third parties is unlikely. These research records may be reviewed by individuals who are authorized to monitor or audit the research, or by the Institutional Review Board (the committee that oversees all research at Adelphi University) if required by applicable laws or regulations.

- Your therapist/counselor will not know of your participation, unless of course, you share this information yourself.