Important announcement

In the videos I type out my username and other information specific to my machine. In the text references I have done my best to make the commands generic, for example instead of seeing `nick` literally typed out, you will see `$(whoami)`, which returns YOUR username automatically.

Not all commands will be possible to generalize, in which case I will always warn you that you need to replace 1 or more pieces of information in the command.

Getting setup - Preparing your system for Docker

Download VirtualBox
Pick the correct link for your operating system
https://www.virtualbox.org/wiki/Downloads

Download xubuntu 14.04.3
The link below is for the 64-bit version
http://cdimage.ubuntu.com/xubuntu/releases/14.04/release/xubuntu-14.04.3-desktop-amd64.iso

VirtualBox guest add-on commands

Start the guest add-on installer
```
sudo sh ./VBoxLinuxAdditions.run
```

Add your user to the vboxsf group
```
sudo usermod -a -G vboxsf $(whoami)
```


VirtualBox shared folder

Create the shared folder in VirtualBox
<Follow the instructions in the video>

Symlink the shared folder that you created in the video
sudo ln -s /media/sf_host $HOME/Share
<Replace host with whatever you used as your shared name>

[you must reboot the xubuntu Virtual Machine before proceeding]