The transformation T has an eigenbasis if and only if each eigenvalue λ of T is real and satisfies $\operatorname{almu}(\lambda) = \operatorname{gemu}(\lambda)$.

 $\begin{array}{l} \textit{Proof.} \ (\implies) \ \text{Suppose} \ T \ \text{has an eigenbasis.} \ \text{Then} \ \textstyle \sum_{\forall \lambda} \operatorname{gemu}(\lambda) = n. \ \text{We also know that} \\ \operatorname{almu}(\lambda) \geq \operatorname{gemu}(\lambda) \ \text{for all} \ \lambda \ \text{and} \ \textstyle \sum_{\forall \lambda} \operatorname{gemu}(\lambda) \leq n. \ \text{Thus,} \ \textstyle \sum_{\forall \lambda} \operatorname{almu}(\lambda) = \sum_{\forall \lambda} \operatorname{gemu}(\lambda) = n. \\ \text{Therefore all eigenvalues are real, and it must also be that } \operatorname{almu}(\lambda) = \operatorname{gemu}(\lambda) \ \text{for all} \ \lambda. \\ (\iff) \ \text{Suppose} \ T \ \text{has all real eigenvalues and } \operatorname{almu}(\lambda) = \operatorname{gemu}(\lambda) \ \text{for all} \ \lambda. \\ \text{Thus,} \\ \textstyle \sum_{\forall \lambda} \operatorname{almu}(\lambda) = \sum_{\forall \lambda} \operatorname{gemu}(\lambda) = n. \ \text{Thus,} \ T \ \text{has an eigenbasis.} \\ & \square \end{array}$