

# Salads & Wraps

## The Barker

Fresh Romaine, Onions, Tomatoes, Carrots,  
Black Olives, Cucumbers, Shredded Cheese,  
and Your Choice of Dressing

**\$9.00**

Add Chicken for \$3.50

Add Shrimp for \$4.50

## Caesar

Fresh Romaine Tossed in House Caesar  
Dressing with Homemade Croutons  
and Aged Parmesan

**\$9.00**

Add Chicken for \$3.50

Add Shrimp for \$4.50

## Tobb

Mixed Greens, Oven Roasted Chicken, Bacon,  
Tomatoes, Red Onion, Avocado, Bleu Cheese,  
Hard Boiled Egg and Your Choice of Dressing

**\$11.00**

Add Shrimp for \$4.50

## Seven Falls

Mixed Greens, Gulf Shrimp, Pickled  
Carrots, Avocado, Mandarin Oranges,  
Cucumber, Crispy Wonton Strips  
and Sesame Ginger Dressing

**\$12.50**

## Antipasto

Mixed Greens, Pepperoni,  
Smoked Ham, Salami,  
Pepperoncini, Olives,  
Red Onions, Parmesan,  
Provolone, and a Drizzle of  
House Made Italian Dressing

**\$12.00**

## Fajita

Romaine Lettuce Topped with Sautéed Peppers  
and Onions, Tomatoes, Black Olives,  
Avocado, Shredded Cheese and Sour Cream

**Chicken Beef Shrimp**

**\$11.00 \$12.00 \$13.00**

Add an Additional Protein for \$4.00

Ranch ~ Italian ~ Sesame Ginger ~ Thousand Island ~ Balsamic Viniagrette ~ Caesar

# Sides & Drinks

## Homemade Potato Chips

Thin Sliced, Seasoned and Cooked to Perfection

**\$5.00**

Cheese \$1.25 - Crumbled Bacon \$1.50  
Red or Green Chili \$3.50

## Fresh Brewed Coffee

**\$3.50**

Flavored Syrup Available Upon Request

## Fresh Juices & Smoothies

Ask About Our Seasonal Drinks!

## Shells n' Cheese

Homemade Cheese Sauce Served over Tender Shells

**Cup**

**\$5.25**

**Bowl**

**\$9.50**

Extra Cheese \$1.25 ~ Crumbled Bacon \$1.50 - Roasted Chicken \$3.50  
Red or Green Chili \$3.50 - Gulf Shrimp \$4.50

## Fountain Sodas

Coke - Diet Coke - Sprite - Sweet Tea

**\$3.00**

# The Picnic Basket



Build Your Own Picnic Basket to Include:

~ Sandwich or Salad

~ Side or Cup of Soup

~ Sweet Treat or Seasonal Fruit

~ Fountain Drink or Small House Smoothie

**\$16.00 Per Person**



# Persephone Grae's Cafe & Juice Bar

819 Manitou Ave. Manitou Springs, CO 80829

Located In the Historic Barker House

Phone: (719)231-2467

Email: [PersephoneGraesCafe@gmail.com](mailto:PersephoneGraesCafe@gmail.com)



# Breakfast

## Breakfast Platter

2 Eggs Any Style with Your Choice of:

3 Pieces of Bacon, 2 Sausage Patties,  
2 Chorizo Patties, or 1 Ham Steak

Home Fries, Hashbrowns, or Seasonal Fruit

Toast, English Muffin, Biscuit, Or a Pancake

**\$11.00**

## Breakfast Burrito

2 Scrambled Eggs with Cheese and  
Your Choice of:

Bacon, Sausage, Chorizo, or Ham

Home Fries or Hashbrowns

Wrapped in a Flour Tortilla

**\$11.00**

Smother it in Homemade Green Chili For \$3.50

## Biscuits & Gravy

Fluffy Buttermilk Biscuits Smothered in Homemade Sausage Gravy

<b>Half</b>	<b>Full</b>
<b>\$5.50</b>	<b>\$9.50</b>

Add 2 Eggs Any Style for \$2.50

## Crunchy French Toast

4 Pieces of French Toast Coated in Frosted Flakes  
and Fried Golden Brown  
(Traditional Style also Available)

**\$9.00**

Add Fruit Topping For \$1.50

## Pancakes

Homemade Buttermilk Pancakes  
(Wheat Available Upon Request)

<b>One</b>	<b>Two</b>	<b>Three</b>
<b>\$2.75</b>	<b>\$5.25</b>	<b>\$7.50</b>

Add Fruit Topping For \$1.50

## Duevos Rancheros

A Grilled Flour Tortilla, Stuffed with Cheese and  
Smothered in Green Chili, Topped with 2 Eggs Any Style

**\$11.00**

Add Sour Cream for \$1.00

## Gluten Free Pancakes

Homemade Gluten Free Pancakes

<b>One</b>	<b>Two</b>	<b>Three</b>
<b>\$2.75</b>	<b>\$5.25</b>	<b>\$7.50</b>

Add Fruit Topping For \$1.50

## Breakfast Sandwich

2 Eggs Any Style on Your Choice of:  
Toast, English Muffin, Biscuit, or 2 Small Pancakes

American, Cheddar, Swiss,  
Smoked Gouda, or Provolone

2 Pieces of Bacon, 1 Sausage Patty,  
1 Chorizo Patty, or 1 Ham Steak

With Homefries, Hashbrowns, Or Seasonal Fruit on the Side

**\$11.00**

## Pig in a Basket

Savory Sausage Patty in the Middle of our Homemade Bread, Battered French Toast Style  
and Cooked to a Golden Brown

<b>One</b>	<b>Two</b>
<b>\$6.00</b>	<b>\$11.00</b>

Add 2 Eggs Any Style for \$2.50

# Hot Sandwiches

## Reuben

1/2 Pound\* of Our Slow Roasted Corned Beef,  
Topped with Swiss, Sauerkraut,  
and Thousand Island Dressing Served  
on Toasted Marble Rye

**\$12.00**

## B.L.T.A.P.

1/2 Pound\* of Bacon, with Lettuce,  
Tomato, Avocado and Provolone  
on Toasted Homemade Bread

**\$13.00**

## French Dip

1/2 Pound\* of Our Slow Roasted,  
Thin Sliced Beef Topped  
with Sautéed Onions,  
Mushrooms and  
Smoked Gouda Served on a  
Homemade Hoagie Roll

**\$12.00**

## Grilled Mac 'n Cheese

Our Signature Shells'n'Cheese with Smoked Gouda,  
Between Two Slices of Toasted Homemade Bread

**\$9.00**

Add Crumbled Bacon \$1.50

## The Miss Piggy

Our Smoked Ham with Swiss, Red Onion,  
Dijon Mustard, on Toasted Marble Rye

**\$11.00**

## Steak & Cheese

1/2 Pound\* of Our Slow Roasted,  
Thin Sliced Beef with Sautéed  
Peppers, Onions and Cheddar Sauce  
on a Homemade Hoagie Roll

**\$12.00**

## The Manitou Cobbler

Thin Sliced,  
Thin Sliced Roasted Turkey Breast, with  
Bacon, Candied Jalepeno Cranberry Sauce  
and Provolone on Our Homemade Bread

**\$11.00**

# Cold Sandwiches

## The Red Rock

Pepperoni, Smoked Ham, Salami, Lettuce,  
Tomato, Pepperoncini, Olives, Red Onions,  
Parmesan, Provolone and a  
Drizzle Italian Dressing

**\$13.00**

## The Barker Club

Slow Roasted Turkey, Ham, Bacon,  
Provolone, Lettuce, Tomato and Onion  
Served on a Homemade Hoagie Roll

**\$13.00**

## The Crawford

1/2 Pound\* of our Slow Roasted, Thin Sliced  
Beef, Aged Cheddar and Creamy Horseradish  
Sauce Served on a Homemade Hoagie Roll

**\$11.00**

## The Incline

Smoked Ham, Roast Beef, Roasted Turkey,  
Swiss, Lettuce, Tomato, Onion,  
and Avocado Dill Spread on Homemade Bread

**\$13.00**

## Rainbow Falls

Gulf Shrimp, Pickled Carrots,  
Lettuce, Avocado, Mandarin Oranges,  
Cucumber, Crispy Chow Mein  
Noodles and a Sesame Ginger Drizzle  
on a Homemade Hoagie Roll

**\$13.00**

## The Ruxton

Mixed Greens, Marinated Chickpeas, Tomato,  
Onion, Avocado, Pickled Carrots, Cucumbers,  
with a Drizzle of Balsamic Vinaigrette on a  
Homemade Hoagie Roll

**\$10.00**

\*\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase  
your risk of foodborne illness, especially if you have certain medical conditions.

\*Indicates Precooked Weight