

# A mystery whose time has come

All kids have a sense of adventure. So why not give them an adventure in words?

That's exactly what local author Deborah Jackson has done with her latest novel — *Time Meddlers*.

It's a story about one of Canada's top scientists who has found the secret to time travel. But there would be no mystery if everything went A-Okay. Instead, it's gone in the opposite direction — really bad.

The scientist's son, Matt Barnes, and his new friend, Sarah Sachs, experience the shock of their lives when they travel from modern-day Ottawa back to the 1600s. Instead of the Rideau Canal, Parliament Hill buildings and office towers, they are surrounded by majestic trees, wild animals and two warring tribes.

The Iroquois and the Algonquin nations are battling one another and Matt and Sarah find themselves in the middle of it. These two city kids have to find a way to survive the wilds of the New World. Can they do it? And will they find out what happened to Matt's dad?

This is Jackson's second novel and her first in what will be a series of time travel novels for children ages nine and up.

Jackson worked as a dialysis technician before turning her hand to writing. Her first novel is *Ice Tomb*, an adult mystery.

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David Lee is another Ottawa writer who uses the past to tell a

story.

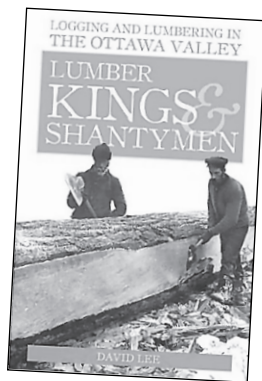
*Lumber Kings and Shantymen* is the story of logging and lumbering in the Ottawa Valley.

These days we see the Ottawa River as a place to fish or boat, a way to get away from the stress of daily life. But there was a time when the river was the economic engine of the region, from Montreal to Ottawa and Hull and up the Valley.

The river gave early shape to a lot of cities as the timber, pulp and paper industries thrived. Lee, a local historian, takes us back to those days when the river was our lifeblood to the economy.

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Got a story to tell but don't



Don Ermen  
BOOKS

know how to get it published? The Ottawa Library will be holding two sessions with local published authors and industry representatives who will share information about the ins and outs of the publishing world.

Presenters include: Tom Schwarzkopf, author and teacher; Raymond Coderre, Baico Publishing Consultants; Ruth Bradley-St-Cyr, Winding Trail Press; Joan F. McCurdy, author, previously self-published, now with Harper-Collins; Sharon Ells, English fiction selector for the library.

One session is set for the Carlingwood branch, 281 Woodroffe Ave., Wednesday at 6:30 p.m. The second session is set for the Alta Vista branch, 2516 Alta Vista Dr., next Thursday at 6:30 p.m. Please call the branch to register.

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## Talk to doc about side effects

**DEAR DR. GOTT:** My doctor has recently put me on a daily injection of Forteo. Have you heard of any warnings concerning the use of this?

**DEAR READER:** In some women with osteoporosis, the degree of bone-calcium loss is appreciable. In such instances, medication can be helpful.

Traditionally, the use of calcium supplements has been the rule. Later, Fosamax became popular, but, because the drug can cause deterioration of the jawbone, many physicians have rec-

ommended a substitute, such as Forteo.

My experience with this product has been very limited; therefore, I cannot share with you any positive or negative results of its use. To that end, you should check with your physician or your pharmacist. The fact that Forteo must be given by injection on a relatively frequent schedule is certainly a consideration that you and your physician should remember.

**DEAR DR. GOTT:** I need your help. My daughter, who is 47, is suffering from a bad case of hives. The itching is

driving her nuts. She has visited two different doctors. The first prescribed Claritin, which did not help. The second prescribed Zyrtec, with the same results; she still has itching like crazy.

Please send me some information on how to rid her of these hives.

**DEAR READER:** Hives are itchy, raised areas in the skin secondary to allergies or, in some cases, nervous tension.

Your daughter should see an allergist, who will check her for common allergens and, I hope, prescribe medication — perhaps even steroid pills — to ease her ongoing problem.

Send your questions and comments to Dr. Peter Gott, c/o United Media, 200 Madison Ave., 4th Floor, New York, N.Y. 10016

Dr. Peter  
GOTT  
ON HEALTH

## Unemployed hubby needs counselling

**Dear Annie:** My husband refuses to get a job, and then accuses me of neglecting my "wifely duties" because I'm always at work.

"Dan" has been collecting unemployment since January. He thinks this is acceptable, because I have a full-time job and my wages are decent.

I tried talking to him, but he kept saying, "I'd get a job if you'd quit nagging me." Well, I quit nagging three months ago, and he still has made no attempt to find work.

I've explained to Dan that we can't afford child care until he gets a job. I've told him we will soon lose everything we have, but he doesn't seem to care. This man expects me to pay all the bills.

When I have the chance to work overtime, I take it. Then Dan accuses me of cheating,

lying and not caring about my family. I would like to stay in the marriage, but it is becoming extremely difficult. Dan refuses counselling, and

I am getting very tired. — Overworked and Fed Up in Pennsylvania

**Dear Overworked:** Your husband is depressed and stuck in a rut, and he's taking it out on you. He accuses you of cheating because he believes himself to

be worthless. And if he pushes you away, he won't have to take responsibility for the collapse of your marriage. Tell Dan you love him, you have confidence in him and you think counselling can help strengthen your bond. If he refuses, go without him. One of you needs to get a handle on this situation.

**Dear Annie:** I am an 18-year-old college student. I still live at home with my

parents, who agreed this would be fine as long as I help out with chores. I have managed to pay my entire tuition for community college through scholarships.

I think when parents have children, they should save money to help them pay for college. My younger sister says children should either raise the money on their own or get a job instead of going to college. Who is right? — Student in Florida

**Dear Student:** If parents can afford to help their children through college, we think it's great. However, we don't believe parents should sell their souls in order to send their kids to fancy universities. Most schools offer financial aid packages, and even when parents are paying the full load, we are in favour of students having part-time jobs to help cover the extras.

Please e-mail your questions to anniesmailbox@comcast.net, or write to: Annie's Mailbox, PO Box 118190, Chicago, Ill. 60611

Annie's  
Mailbox  
ADVICE

## Female Volunteers needed for Sexual Dysfunction Treatment Study

We are currently seeking pre-menopausal women to participate in a one-year investigational drug treatment study of female sexual dysfunction. Participants must be at least 18 years of age and in a stable monogamous relationship.

**During the past 6 months:**

- Have you experienced a deficiency or lack of sexual thoughts, sexual interest, or sexual desire?
- Has this caused you distress and/or interpersonal difficulties?

If you have answered YES to both questions you may qualify for this research study. Potential participants will be confidentially evaluated by medically qualified personnel.

For more information, please call

**(613) 737-5454 ext. 225**

**Ottawa Psychopharmacology Clinic**  
Smyth Medical Centre



All information is kept in strictest confidence. Research programs are reviewed by an ethics review board.