# REGULARIZATION: RIDGE AND LASSO REGRESSION

Joseph Nelson, Data Science Immersive

#### **AGENDA**

- Overfitting (Review)
- Overfitting with linear models
- Regularization of linear models
- Regularized regression in scikit-learn
- Regularized classification in scikit-learn
- Comparing regularized linear models with unregularized linear models
- Coding implementation

What is overfitting?

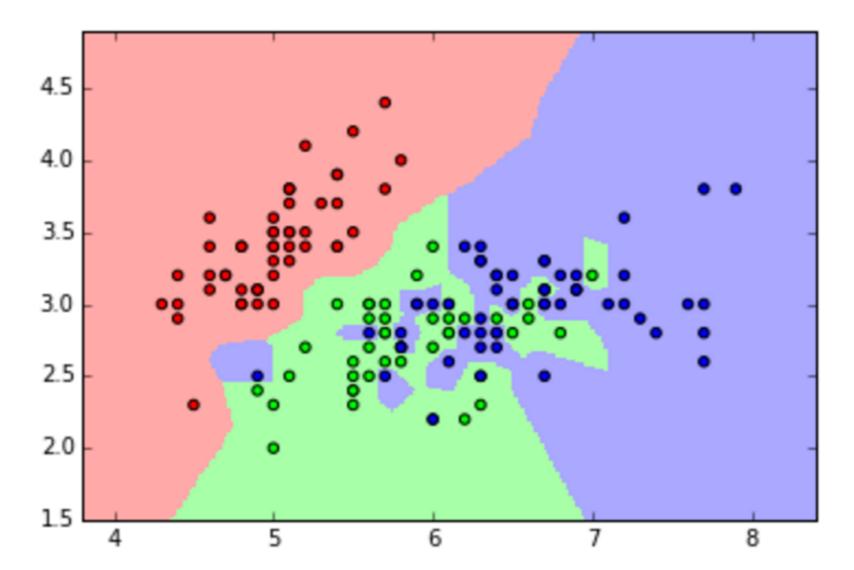
▶ How does overfitting occur?

What is the impact?

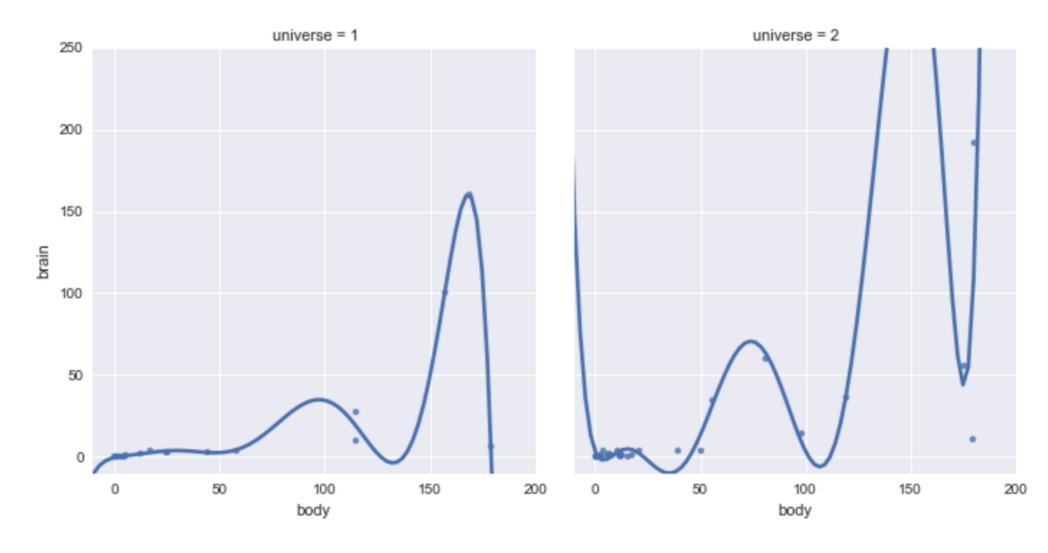
#### What is overfitting?

- Building a model that matches the training data "too closely"
- Learning from the noise in the data, rather than just the signal
- How does overfitting occur?
- Evaluating a model by testing it on the same data that was used to train it
- Creating a model that is "too complex"
- What is the impact?
- Model will do well on the training data, but won't generalize to out-of-sample data
- Model will have low bias, but high variance

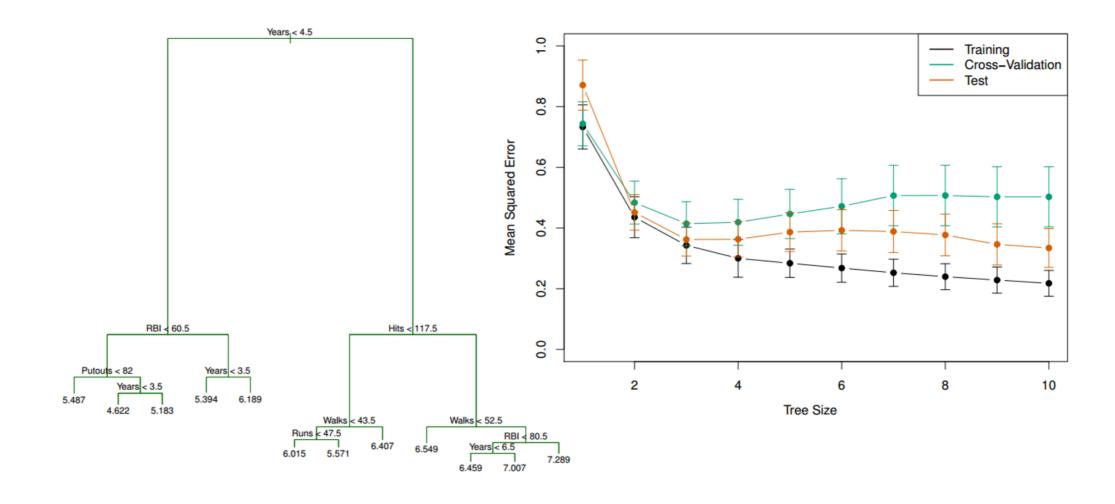
# Overfitting with KNN



Overfitting with polynomial regression



# Overfitting with decision trees



#### **OVERFITTING WITH LINEAR MODELS**

- What are the general characteristics of linear models?
- Low model complexity
- High bias, low variance
- Does not tend to overfit

Nevertheless, overfitting can still occur with linear models if you allow them to have high variance. Here are some common causes:

#### **CAUSE 1: IRRELEVANT FEATURES**

- Linear models can overfit if you include "irrelevant features", meaning features that are unrelated to the response. Why?
- Because it will learn a coefficient for every feature you include in the model, regardless of whether that feature has the signal or the noise.
- This is especially a problem when **p** (number of features) is close to n (number of observations), because that model will naturally have high variance.

#### **CAUSE 2: CORRELATED FEATURES**

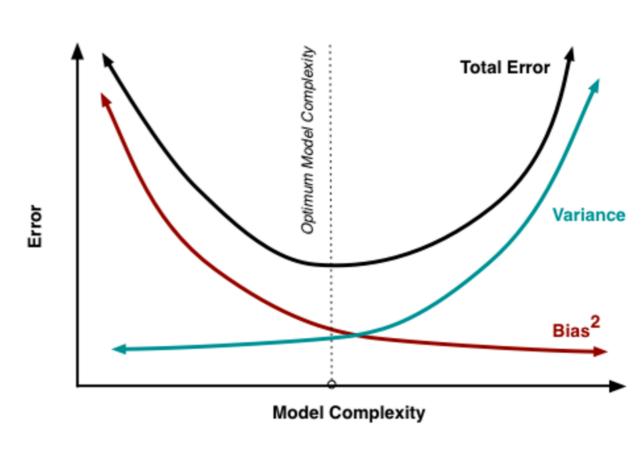
- Linear models can overfit if the included features are highly correlated with one another. Why?
- From the scikit-learn documentation:
- ▶"...coefficient estimates for Ordinary Least Squares rely on the independence of the model terms. When terms are correlated and the columns of the design matrix X have an approximate linear dependence, the design matrix becomes close to singular and as a result, the leastsquares estimate becomes highly sensitive to random errors in the observed response, producing a large variance."
- http://scikit-learn.org/stable/modules/linear\_model.html#ordinary-leastsquares

#### **CAUSE 3: LARGE COEFFICIENTS**

- Linear models can overfit if the coefficients (after feature standardization) are too large. Why?
- Because the **larger** the absolute value of the coefficient, the more **power** it has to change the predicted response, resulting in a higher variance.

#### REGULARIZATION OF LINEAR MODELS

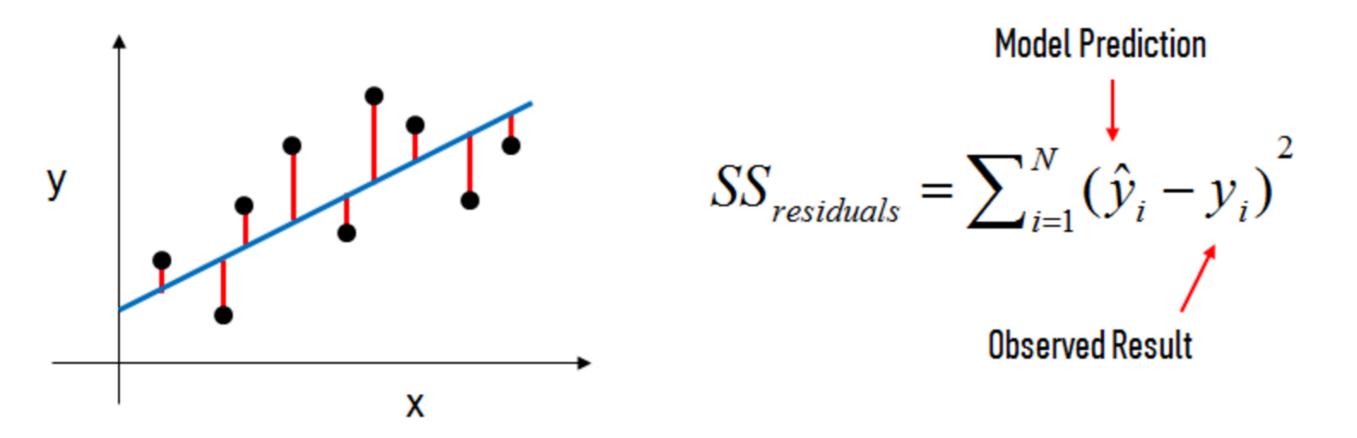
- Regularization is a method for "constraining" or "regularizing" the size of the coefficients, thus "shrinking" them towards zero.
- It reduces model variance and thus minimizes overfitting.
- If the model is too complex, it tends to reduce variance more than it increases bias, resulting in a model that is more likely to generalize.



• Our goal is to locate the **optimum model complexity**, and thus regularization is useful when we believe our model is too complex.

#### **HOW DOES REGULARIZATION WORK?**

For a normal linear regression model, we estimate the coefficients using the least squares criterion, which minimizes the residual sum of squares (RSS):



#### RIDGE REGRESSION

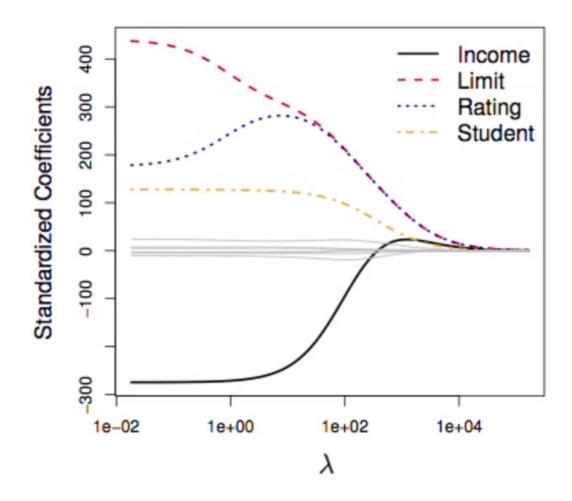
• We seek to minimize the squared errors AND some penalty term, whose power is equal to lambda.

$$\sum_{i=1}^n \left( y_i - \beta_0 - \sum_{j=1}^p \beta_j x_{ij} \right)^2 + \lambda \sum_{j=1}^p \beta_j^2 = \text{RSS} + \lambda \sum_{j=1}^p \beta_j^2,$$

where  $\lambda \geq 0$  is a tuning parameter, to be determined separately.

## **RIDGE REGRESSION**

▶ Ridge coefficients as a function of our regularization penalty:



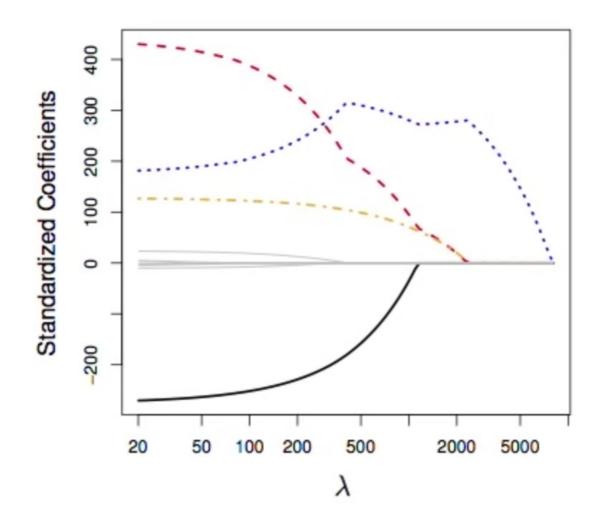
#### LASSO REGRESSION REGRESSION

 We seek to minimize the squared errors AND some penalty term, whose power is equal to lambda.

$$\sum_{i=1}^{n} \left( y_i - \beta_0 - \sum_{j=1}^{p} \beta_j x_{ij} \right)^2 + \lambda \sum_{j=1}^{p} |\beta_j| = RSS + \lambda \sum_{j=1}^{p} |\beta_j|.$$

## LASSO REGRESSION REGRESSION

Lasso coefficients as a function of our regularization penalty:

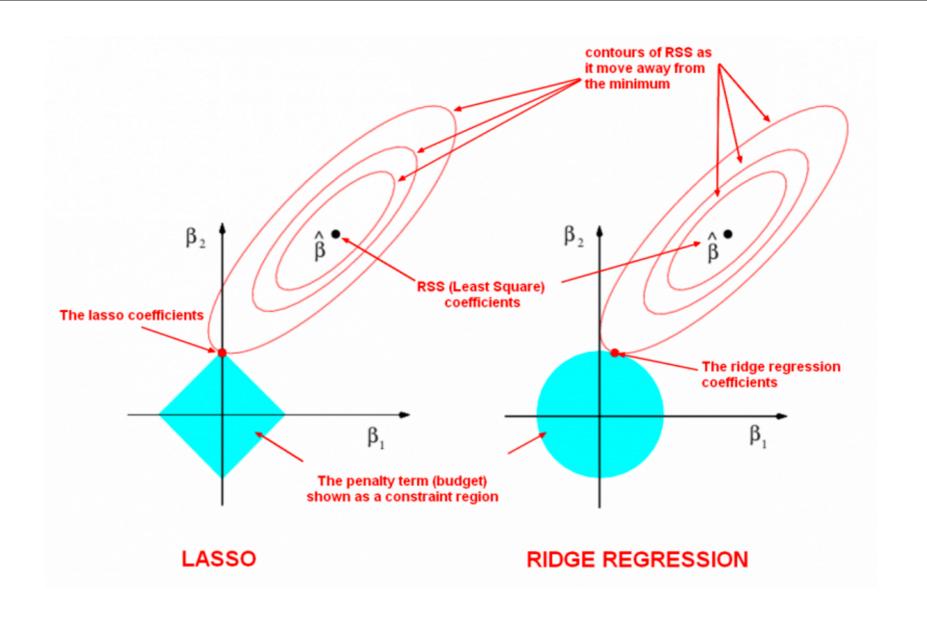


- Lasso Regression (L1 norm): shrink towards 0 using the sum of the absolute value of our coefficients as a constraint
- ▶ Ridge Regression (L2 norm): shrink the squares of our our coefficients

$$\underset{\beta}{\text{minimize}} \sum_{i=1}^{n} \left( y_i - \beta_0 - \sum_{j=1}^{p} \beta_j x_{ij} \right)^2 \quad \text{subject to} \quad \sum_{j=1}^{p} |\beta_j| \le s$$

and

$$\underset{\beta}{\text{minimize}} \sum_{i=1}^n \left( y_i - \beta_0 - \sum_{j=1}^p \beta_j x_{ij} \right)^2 \quad \text{subject to} \quad \sum_{j=1}^p \beta_j^2 \leq s,$$



- Previous slide:
- ▶ We are fitting a linear regression model with two features, x1 and x2.
- β represents the set of two coefficients, β1 and β2, which minimize the RSS for the unregularized model.
- Regularization restricts the allowed positions of β to the blue constraint region:
- For lasso, this region is a diamond because it constrains the absolute value of the coefficients.
- For ridge, this region is a circle because it constrains the square of the coefficients.
- The size of the blue region is determined by α (our budget!), with a smaller α resulting in a larger region:
- When α is zero, the blue region is infinitely large, and thus the coefficient sizes are not constrained.
- When α increases, the blue region gets smaller and smaller. Ridge Regression (L2 norm): shrink the squares of our our coefficients

- But one more thing!
- Should features be standardized?
- ▶ Yes, because otherwise, features would be penalized simply because of their scale.
- Also, standardizing avoids penalizing the intercept, which wouldn't make intuitive sense.
- How should you choose between Lasso regression and Ridge regression?
- Lasso regression is preferred if we believe many features are irrelevant or if we prefer a sparse model.
- If model performance is your primary concern, it is best to try both.
- ▶ ElasticNet regression is a combination of lasso regression and ridge Regression.