

Variable name	Description	Type
ferritin	Blood ferritin levels (ug/L)	Numeric
sex	Male/Female	Character
age	Age (years)	Numeric
alcohol_daily	Average number of drinks per day in the last 30 months	Numeric
weight	Weight (kg)	Numeric
height	Heigh (cm)	Numeric
bmi	Body mass index (kg/m2)	Numeric
arm_circ	Arm circumference (cm)	Numeric
waist_circ	Waist circumference (cm)	Numeric
pulse	60 second pulse	Numeric
insurance	Has health insurance (yes/no)	Character
physical_pa	Vigorous recreational activities (yes/no)	Character
chol	Direct HDL-Cholesterol (mg/dL)	Numeric
sbp	Systolic blood pressure	Numeric
dbp	Diastolic blood pressure	Numeric
cvd	Cardiovascular disease (yes/no)	Character
phq9	Depression score (on PHQ9)	Numeric
smoker	Never-smoker/Ever-smoker	Character
creatinine_urine	Creatinine, urine (umol/L)	Numeric
insuilin	Insulin (pmol/L)	Numeric
glycohemoglobin	Glycohemoglobin (%)	Numeric