**\*\*REBUTTAL REDOS\*\***

**Pick out the worst aff and neg from the tournament and redo a rebuttal from those rounds. This is an iterative process, which means that you should not just do one and be done with it; you should redo that rebuttal as many times as necessary until you give what is basically a perfect speech; you can always be more efficient, always more fluid, always more responsive to their arguments. Here's a basic format I like to use to improve on my rebuttals:**

**a. Set a limited amount of prep; say, 4 minutes for Pofo (I usually give myself as much prep as the speech that comes before mine)**

**b. Choose one or two things you want to focus on (so you don't get overwhelmed by "needing to improve everything so you end up improving nothing")**

**-choose something like line by line, fluidity, impact calc, etc.**

**-if you feel like you can juggle multiple things to improve on, then go ahead. Move at your own pace**

**c. Start your prep**

**d. Give your speech**

**-even if it ends up being irredeemably bad, just get through it; DON'T STOP (recovering from a mess-up is a skill in itself!)**

**e. Gather critiques (if someone is spectating you) or reflect on your own performance. Choose another thing to improve on for the next iteration**

**-it's ok if it's the same thing; try to also add another thing as well**

**-if you have literally nothing to improve on (lmao) then try to add 2-3 arguments to test your efficiency. You can also try to remove a key argument to force yourself to wiggle your way out of a deficit. Furthermore, you can also work on “closing doors”, or adding even-if statements and pre-empts.**

**f. Initiate prep, but with less time (eg. 4 -> 3 mins)**

**g. Speak**

**h. Repeat the process until you run out of prep, or are satisfied**

**Good things to focus on are: impact calc, resolving arguments effectively, line by line efficiency.**