

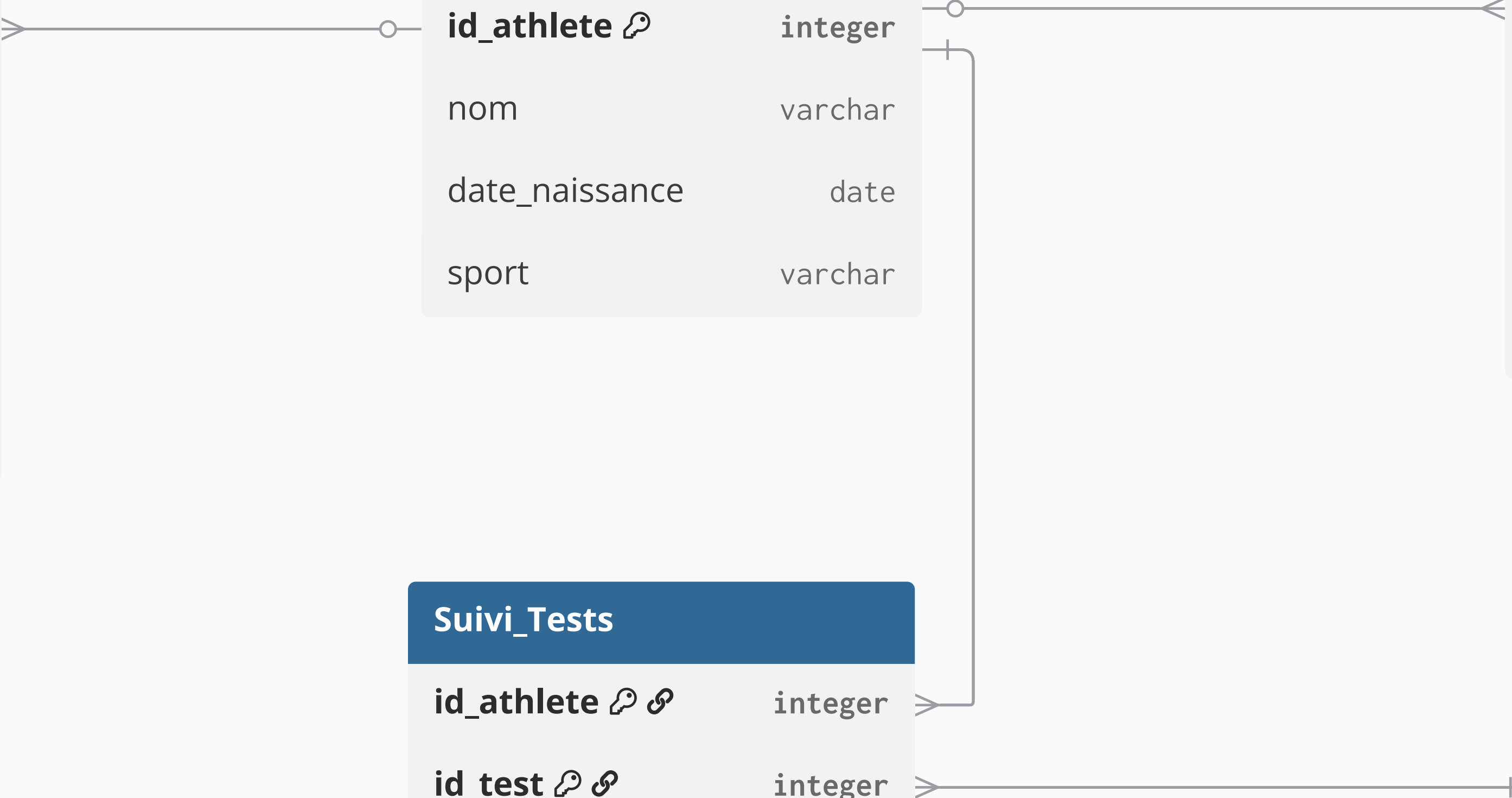
Entrainements	
id_entrainement 🔑	integer
id_athlete 🔗	integer
date_seance	date
type_seance	varchar
duree_minutes	float
rpe_session	integer
intensite_gps	float

Athletes	
id_athlete 🔑	integer
nom	varchar
date_naissance	date
sport	varchar

Indicateurs_Physio	
id_mesure 🔑	integer
id_athlete 🔗	integer
date_mesure	date
rpe_charge	integer
hrv_repos	integer
poids_kg	float

Suivi_Tests	
id_athlete 🔑 🔗	integer
id_test 🔑 🔗	integer
date_examen 🔑	date
resultat	varchar

Tests	
id_test 🔑	integer
nom_test	varchar
categorie	varchar



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