

Celiac Disease Triggers

MATTHIJS KNIGGE



Overview

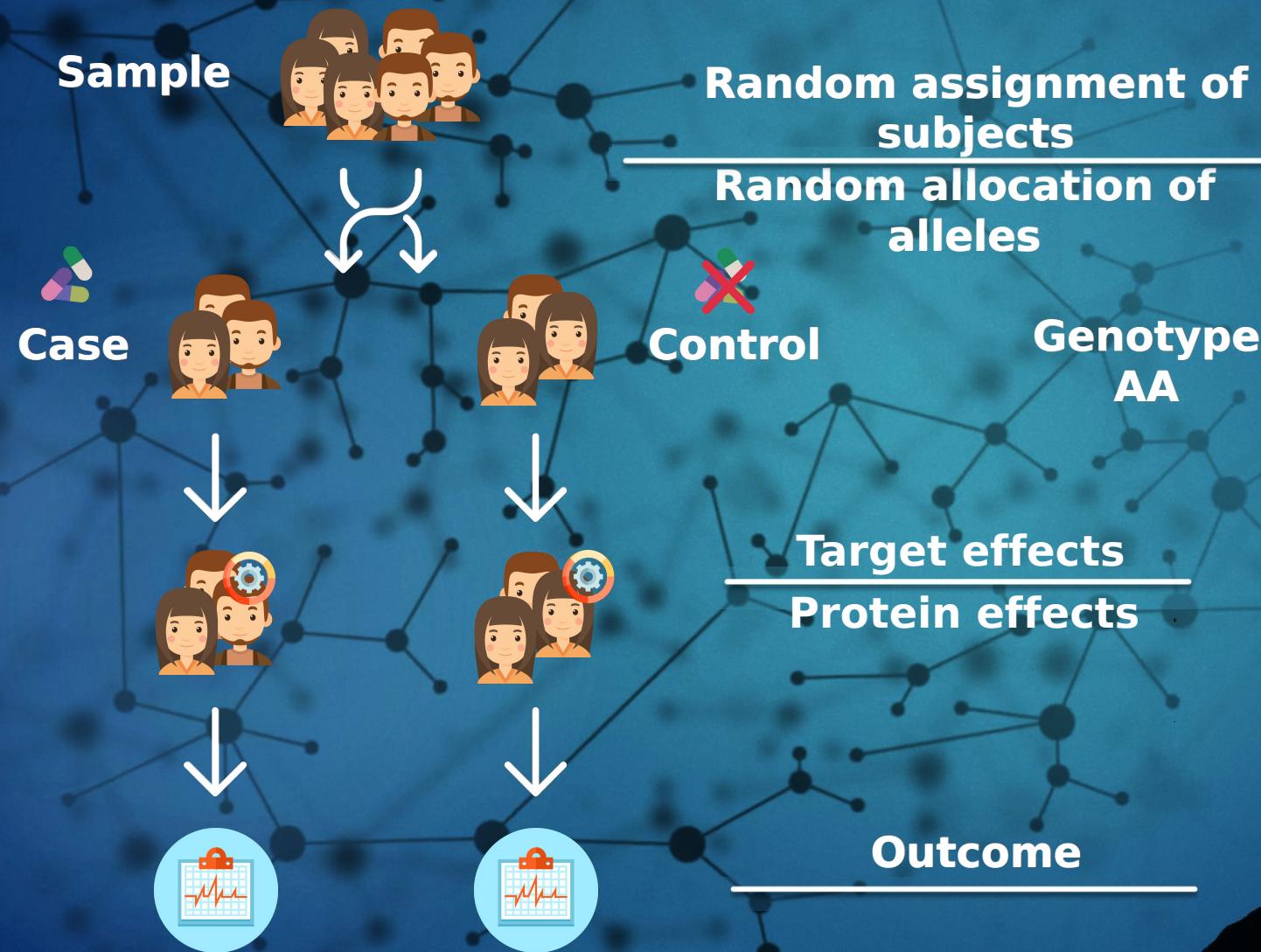
- ▶ Project goal
- ▶ Mendelian Randomization
- ▶ Methods
- ▶ Data
- ▶ Pipeline
- ▶ Preliminary results
- ▶ Future steps



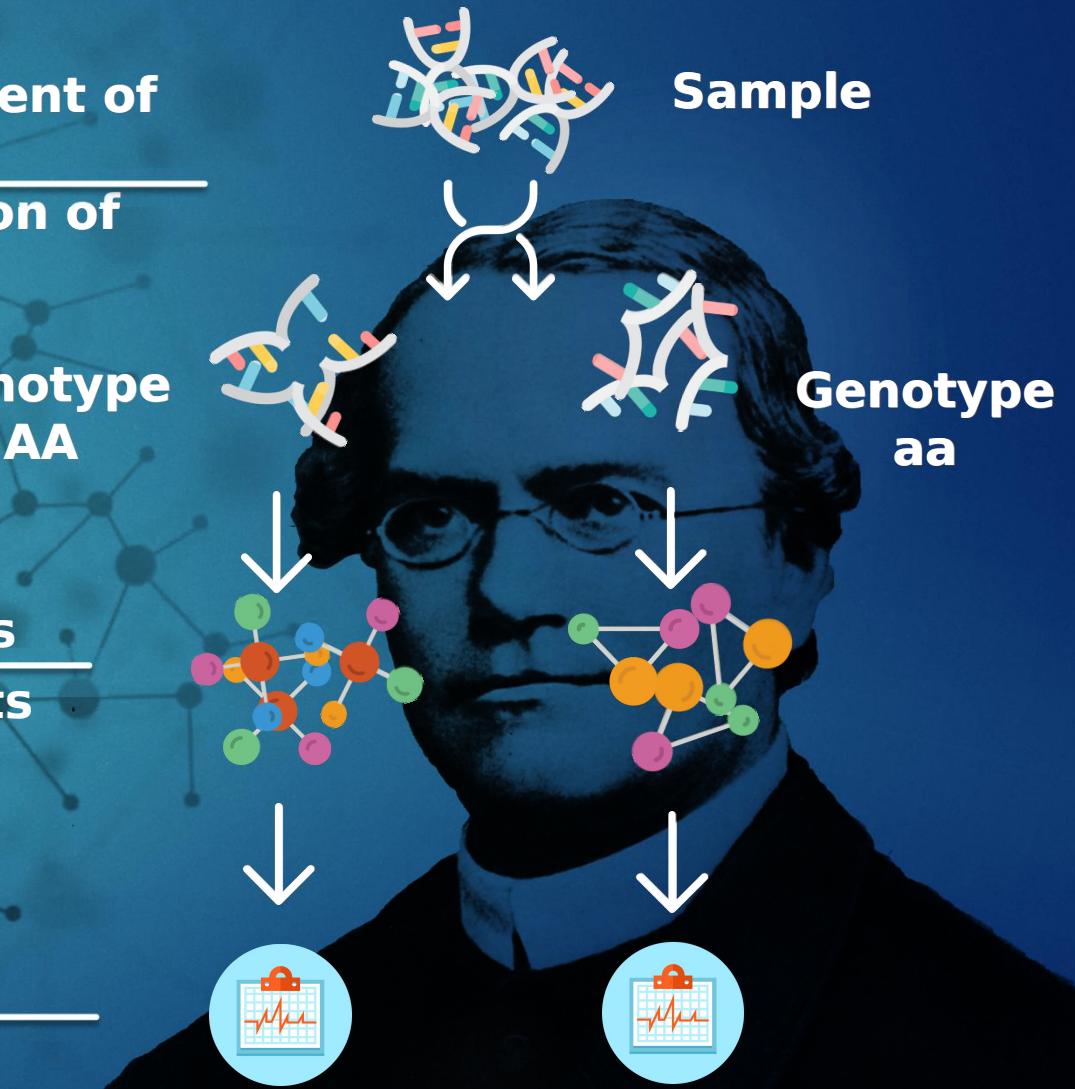
Project Goal

- ▶ Inspect > 80.000 clinical parameters and molecular mechanisms to;
 - ▶ Identification of factors that cause or protect against Celiac Disease
 - ▶ Quantify the impact of causal or protective factors

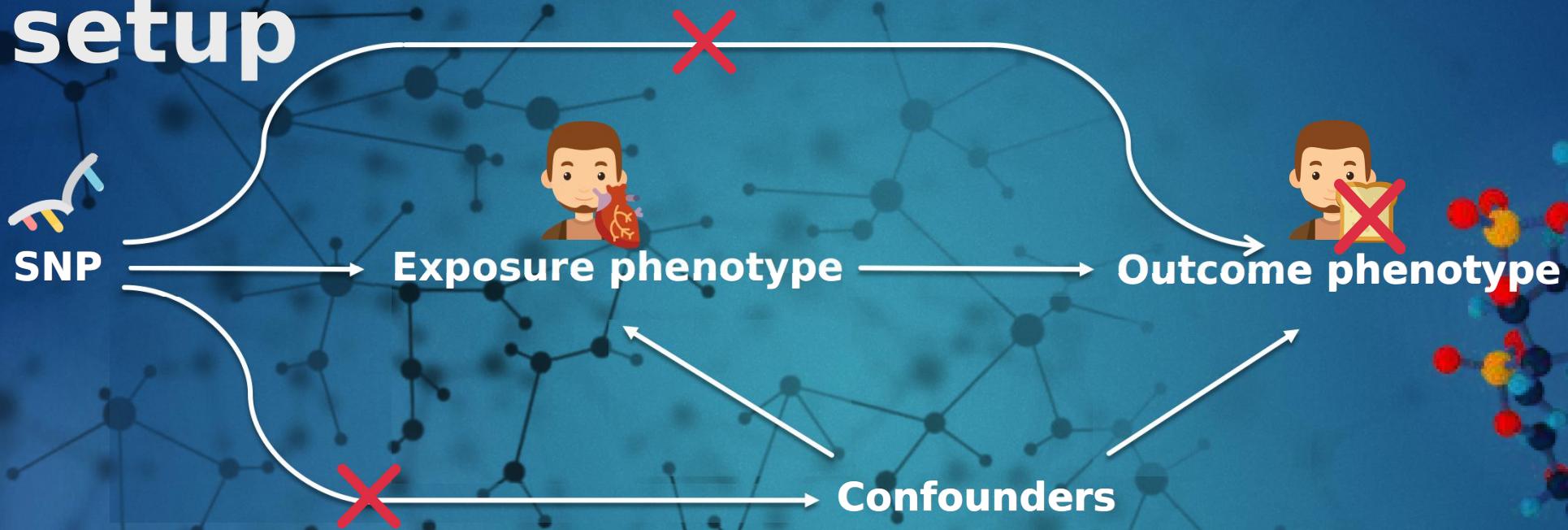
Randomized Controlled Trials (RCT)



Mendelian Randomization (MR)



Mendelian Randomization setup



- ▶ Rules that need to be met before using a genetic variant in the MR framework
 - ▶ The genetic variant must be associated with the exposure of interest
 - ▶ The genetic variant must not be associated with confounders
 - ▶ The genetic variant may only affect the outcome through the exposure

Methods

Two-Sample MR



- Estimate causal effect between different samples
- Summary-level data from GWAS can be used



- Cannot test for confounding
- No overall causal estimate
- Assumes genetic variants are uncorrelated (not in linkage disequilibrium)



- Causal estimate between genetic variants

Inverse-Variance Weighted method (IVW)

- Overall causal estimate between exposure and outcome
- Summary-level data from GWAS can be used

- Assumes causal estimates provide independent evidence (no correlation)
- Cannot test for confounding

- Overall causal estimate between exposure and outcome

MR-egger method

- Can be deployed when the core assumptions do not hold.
- Can test for confounding (correlation between variants)
- Can test for a causal effect
- An estimate of the overall causal effect

- Needs 3 or more genetic variants
- Assumes genetic variants are uncorrelated
- Cannot distinguish between pleiotropy and a causal effect when genetic variants almost have equal estimates

- Overall causal estimate
- MR-egger causal test
- Overall pleiotropic effect

Bidirectional MR

- Can determine when genetic variant exhibits primary effect on the exposure, or the effect is secondary to the outcome

- difficulty in the presence of genetic variants that influence each other

- MR analysis in both directions, that ascertains direction of causal relationship

Data

| | Type | Amount of Phenotypes | Direction |
|--------------------------------------|--|----------------------|-----------|
| Celiac, Trynka 2011 | GWAS Immunochip | 1 | Outcome |
| Celiac, Dubois 2010 | GWAS Immunochip | 1 | Outcome |
| The NHGRI-EBI GWAS catalog | Published GWAS | 2893 | Exposure |
| MRbase Metabolite | GWAS on metabolites in whole blood | 121 | Exposure |
| MRbase Proteins | GWAS on protein levels whole blood | 47 | Exposure |
| MRbase Gene Expression levels (GTEX) | GWAS on gene identifiers in 44 different tissues | 32432 | Exposure |
| MRbase Methylation levels | GWAS on methylation levels in whole blood across 5 time points | 33256 | Exposure |
| additional downloaded GWAS | GWAS | 1308 | Exposure |
| UK.BIOBANK | GWAS | 778 | Exposure |
| Gene expression | GWAS | 9744 | Exposure |
| pQTL | GWAS | 198 | Exposure |
| Total | | 80779 | |

Pipeline



GWAS →

| SNP | effect_allele | beta | se | p |
|------------|---------------|------------|------------|-----------|
| rs61733845 | T | 0.03536714 | 0.04432255 | 2.465e-06 |
| rs1320571 | A | 0.01882175 | 0.04265126 | 6.590e-01 |
| | | | | |

Celiac 2011. Gosia Trynka et al.



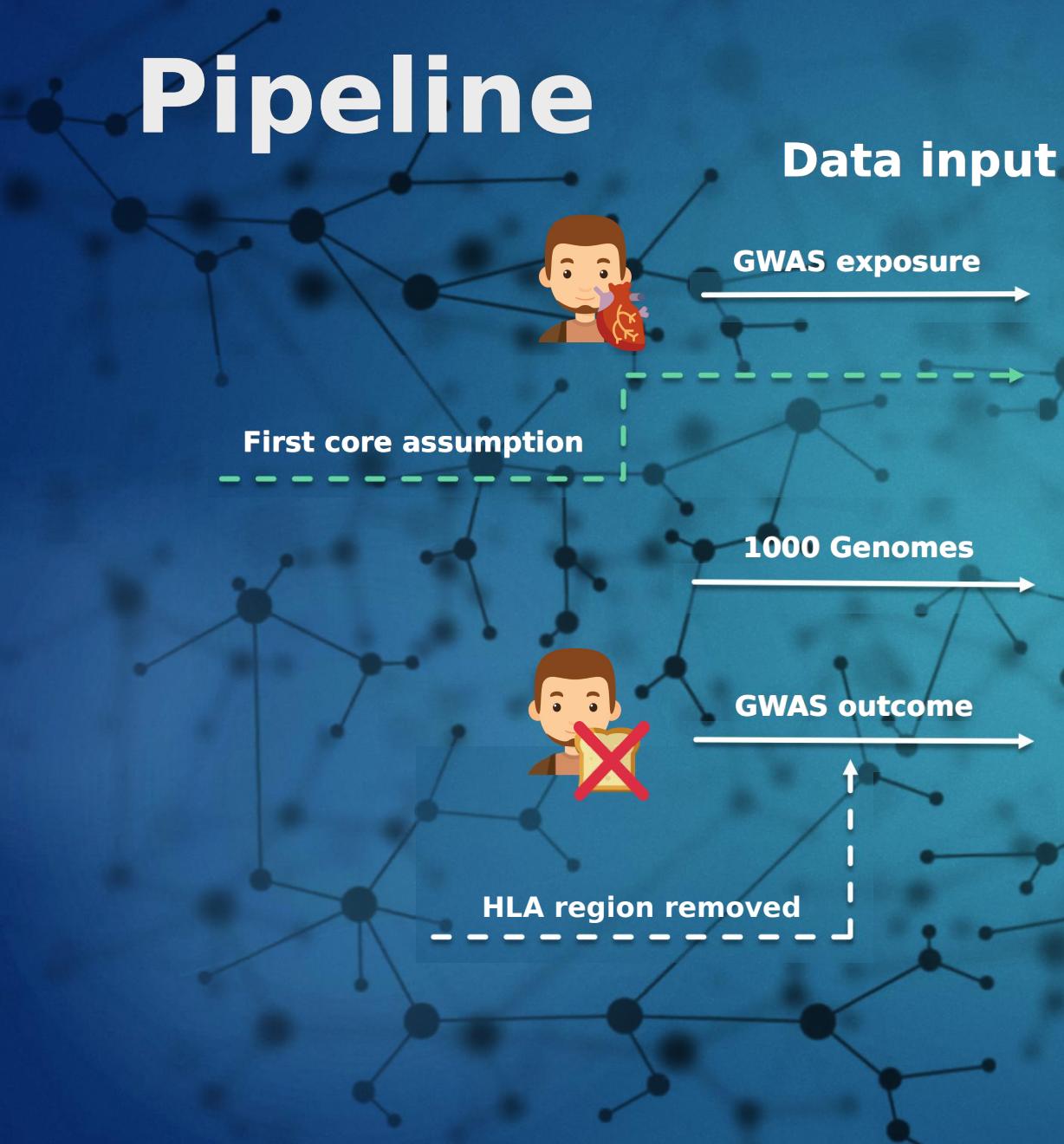
GWAS →

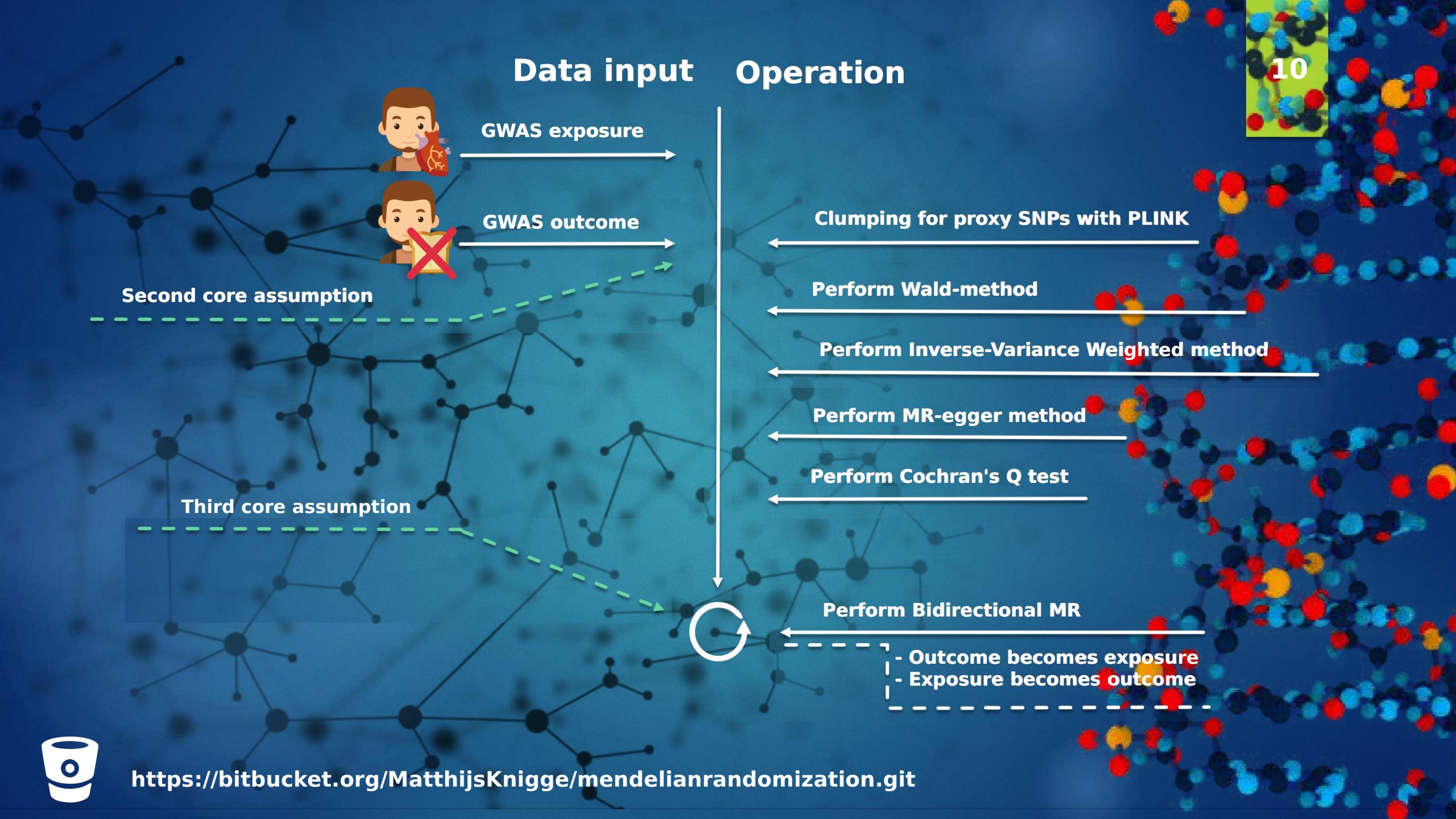
| SNP | effect_allele | beta | se | p |
|-----------|---------------|------------|----------|-----------|
| rs314253 | C | -0.0201900 | 0.002646 | 2.471e-14 |
| rs7775397 | G | -0.0369352 | 0.004845 | 2.721e-14 |
| | | | | |

HDL, LDL, Triglycerides. Willer CJ et al. Discovery and refinement of loci associated with lipid levels. Nat. Genet. 2013. doi:10.1038/ng.2797

Outcome = Celiac Disease, Exposure = HDL, LDL, Triglycerides

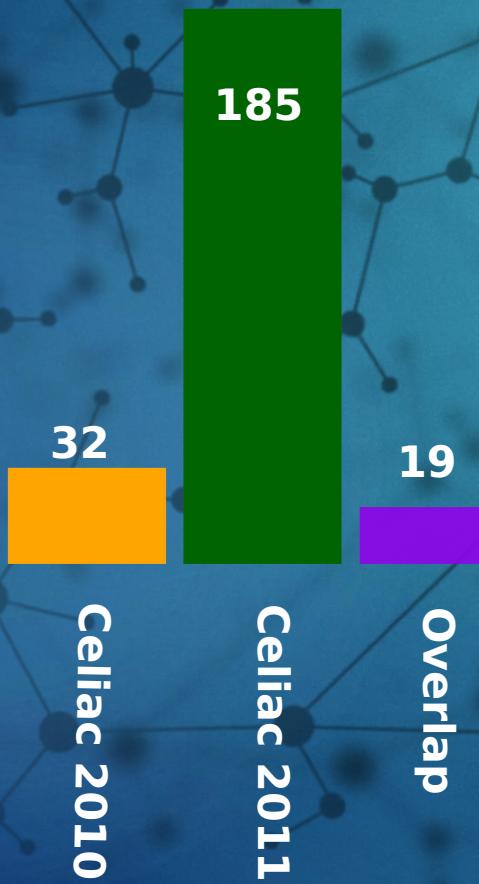
Pipeline



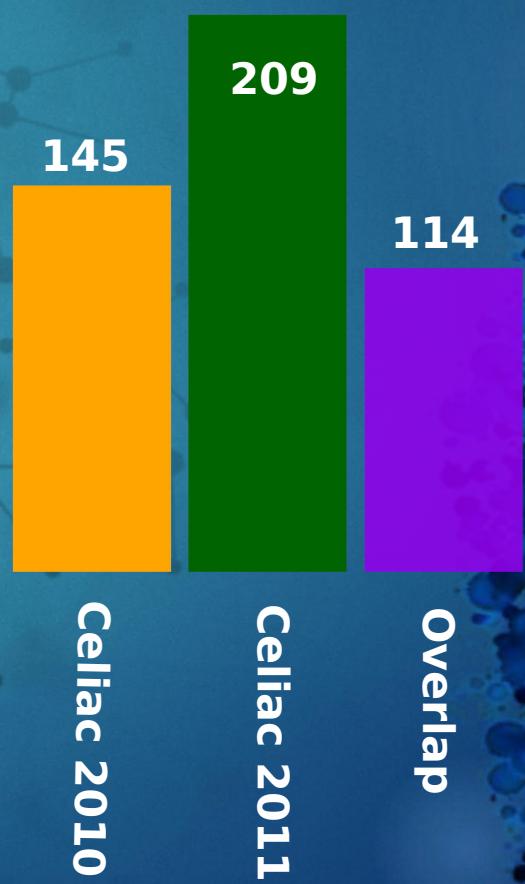


Preliminary results

- ▶ Direction: Celiac ~ Exposure
- ▶ Considered FDR < .05 for MR-egger | IVW



- ▶ Direction: Exposure ~ Celiac
- ▶ Considered FDR < .05 for MR-egger | IVW



Preliminary results

- Celiac 2011, Gosia Trynka et al. ~ Exposure
 - 185 significant potential exposures

- Top 10

| Exposure | IVW | Egger | nSNP |
|-----------------------------|--------------|--------------|------|
| T1D_meta_2015_25751624_hg19 | 1.455825e-24 | 6.978655e-01 | 56 |
| Type1 Diabetes | 2.467783e-20 | 6.982018e-01 | 50 |
| Inflammatory Bowel Disease | 1.698417e-11 | 6.096369e-01 | 59 |
| Ulcerative colitis | 2.142757e-10 | 5.890897e-02 | 36 |
| Crohns disease | 3.229960e-10 | 7.074762e-01 | 48 |
| plateletcrit | 5.768434e-10 | 4.884381e-08 | 67 |
| IL18RAP | 9.457623e-10 | 9.280580e-01 | 9 |
| lymphocytes count | 1.914990e-09 | 6.584747e-01 | 61 |
| platelet count | 4.433270e-09 | 4.835657e-06 | 77 |
| Packed cell volume | 7.589489e-09 | 3.143014e-01 | 5 |

Preliminary results

- ▶ Exposure ~ Celiac 2011, Gosia Trynka et al.
 - ▶ 209 significant potential exposures
- ▶ Top 10

| Exposure | IVW | Egger | nSNP |
|------------------------------|--------------|--------------|------|
| Platelet crit | 3.575738e-66 | 9.174225e-01 | 48 |
| thyroid problem (not cancer) | 8.414018e-60 | 3.193874e-01 | 48 |
| Platelet count | 2.033008e-51 | 4.996859e-01 | 48 |
| T1D_meta_2015_25751624_hg19 | 7.136551e-50 | 6.925841e-01 | 48 |
| Type1 Diabetes | 2.826052e-45 | 8.576514e-01 | 48 |
| Eosinophil count | 5.173730e-38 | 9.888424e-01 | 48 |
| Ease of skin tanning | 4.506061e-36 | 6.760805e-15 | 48 |
| Lymphocyte percentage | 8.730661e-36 | 2.770322e-01 | 48 |
| Inflammatory Bowel Disease | 3.094949e-34 | 5.491841e-01 | 48 |
| E03 Other hypothyroidism | 1.727432e-33 | 5.923195e-01 | 48 |

Preliminary results

- ▶ Celiac 2010, Patrick Dubois et al. ~ Exposure
 - ▶ 32 significant potential exposures
- ▶ Top 10

| Exposure | IVW | Egger | nSNP |
|-------------------------------------|--------------|--------------|------|
| T1D_meta_2015_25751624_hg19 | 8.154147e-21 | 6.682035e-01 | 33 |
| Type1 Diabetes | 7.131549e-19 | 5.441627e-01 | 26 |
| Inflammatory Bowel Disease | 7.092205e-05 | 9.985827e-01 | 42 |
| Ulcerative colitis | 5.904139e-04 | 7.836626e-01 | 27 |
| Primary biliary cirrhosis | 6.324192e-04 | 9.985827e-01 | 20 |
| Coronary artery disease mi additive | 2.032062e-03 | 9.869497e-01 | 15 |
| Crohns disease | 2.816389e-03 | 9.985827e-01 | 36 |
| eosinophils+basophils count | 9.680962e-03 | 6.728569e-01 | 161 |
| eosinophils count | 1.797706e-02 | 7.925704e-01 | 166 |
| plateletcrit | 1.558333e-01 | 2.015023e-03 | 198 |

Preliminary results

- ▶ Exposure ~ Celiac 2010, Patrick Dubois et al.
- ▶ 145 significant potential exposures

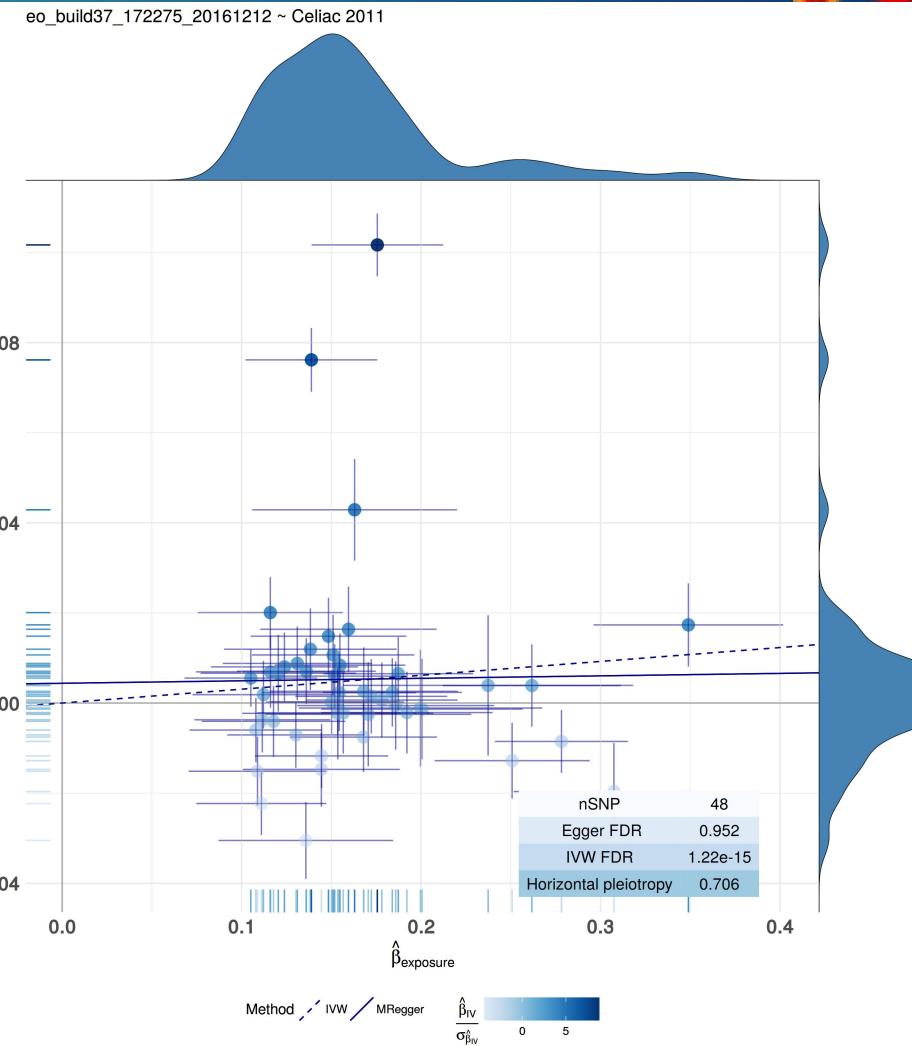
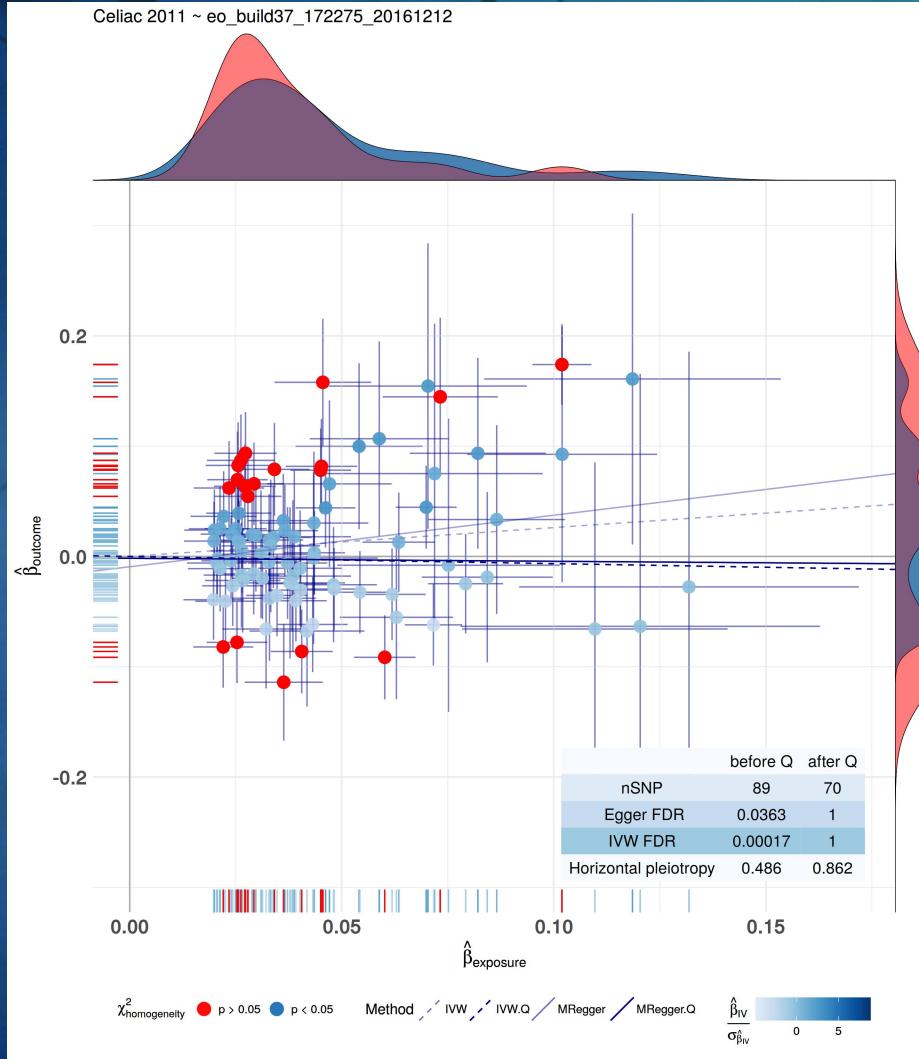
- ▶ Top 10

| Exposure | IVW | Egger | nSNP |
|--|--------------|--------------|------|
| K90 Intestinal malabsorption | 5.812490e-63 | 0.3689493413 | 10 |
| Platelet crit | 4.181290e-51 | 0.0001414908 | 10 |
| thyroid problem (not cancer) | 2.466238e-42 | 0.0976389945 | 10 |
| Platelet count | 9.184329e-40 | 0.0001414908 | 10 |
| Eosinophil count | 1.092300e-26 | 0.0004678592 | 10 |
| E03 Other hypothyroidism | 2.466970e-23 | 0.6321703636 | 10 |
| E00-E07 Disorders of thyroid gland | 2.754765e-20 | 0.6321703636 | 10 |
| Eosinophil percentage | 1.102760e-17 | 0.0011727342 | 10 |
| K90-K93 Other diseases of the digestive system | 2.370714e-17 | 0.9673294238 | 10 |
| Inflammatory Bowel Disease | 3.222523e-16 | 0.6983328248 | 10 |

Preliminary results Bidirectional MR

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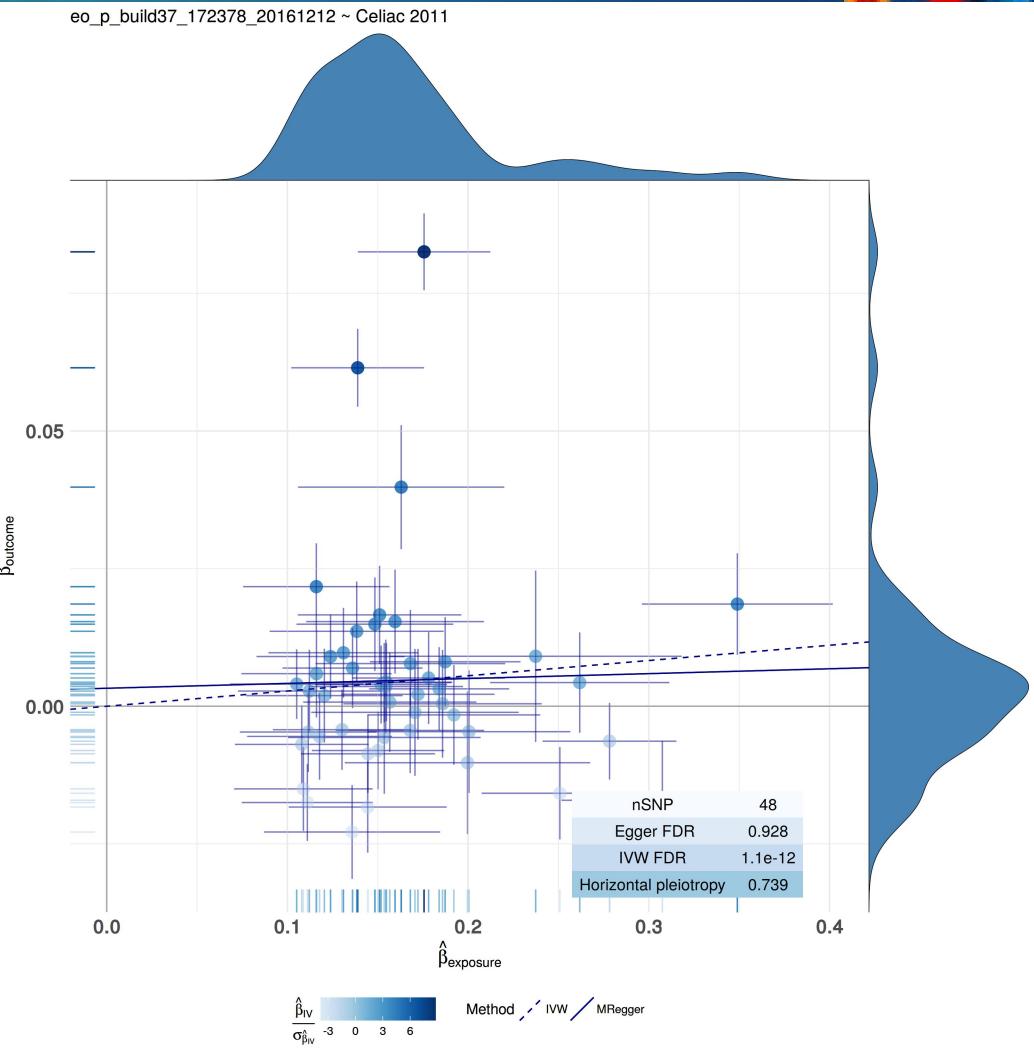
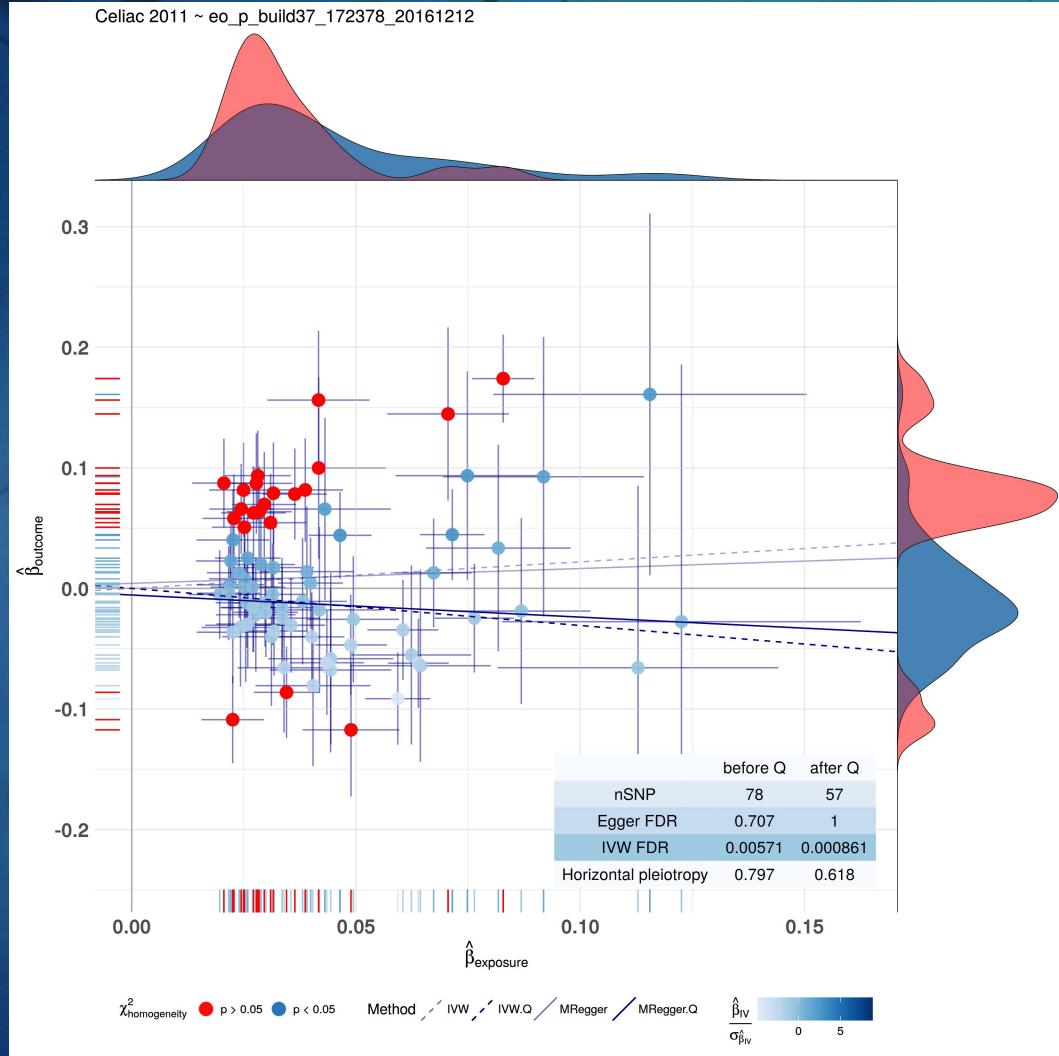
Celiac 2011, Gosia Trynka et al.



Preliminary results Bidirectional MR

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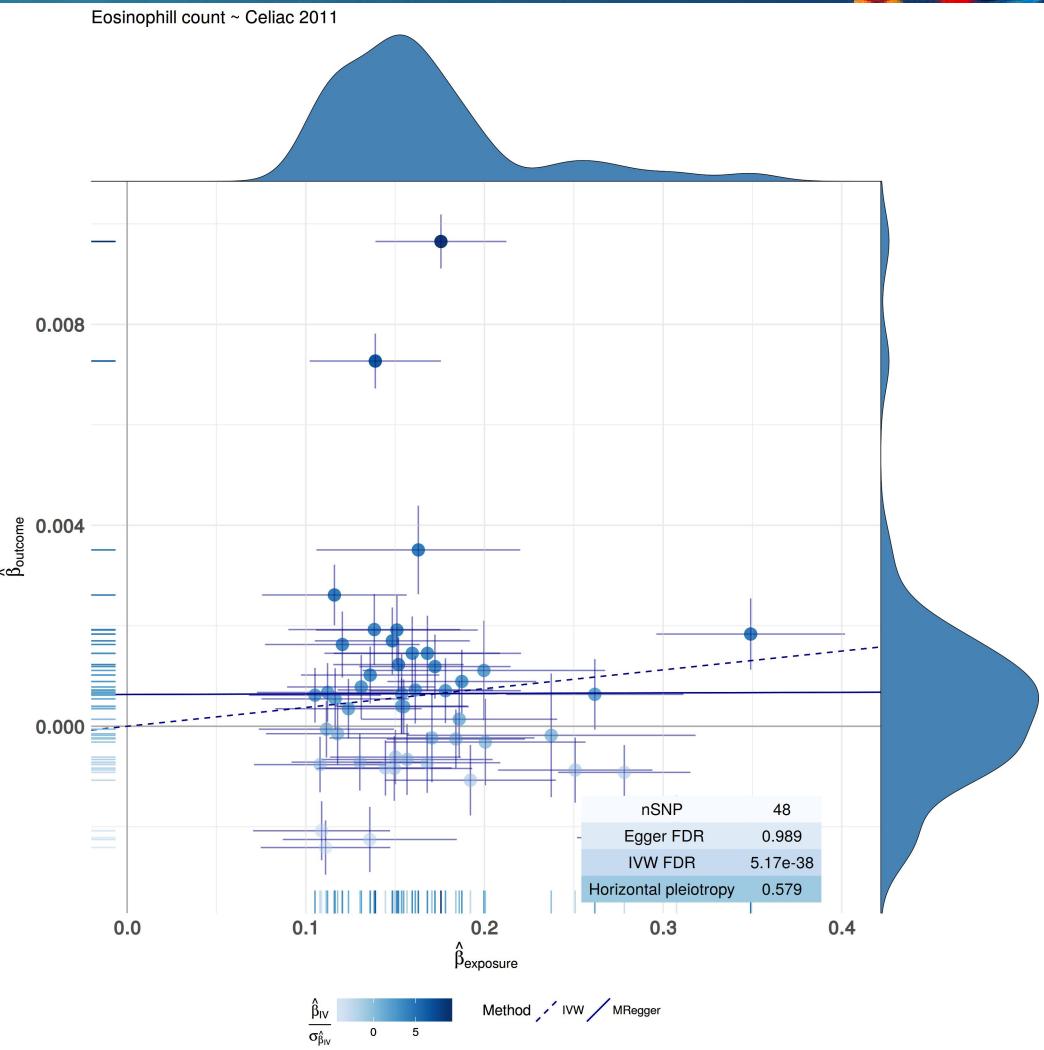
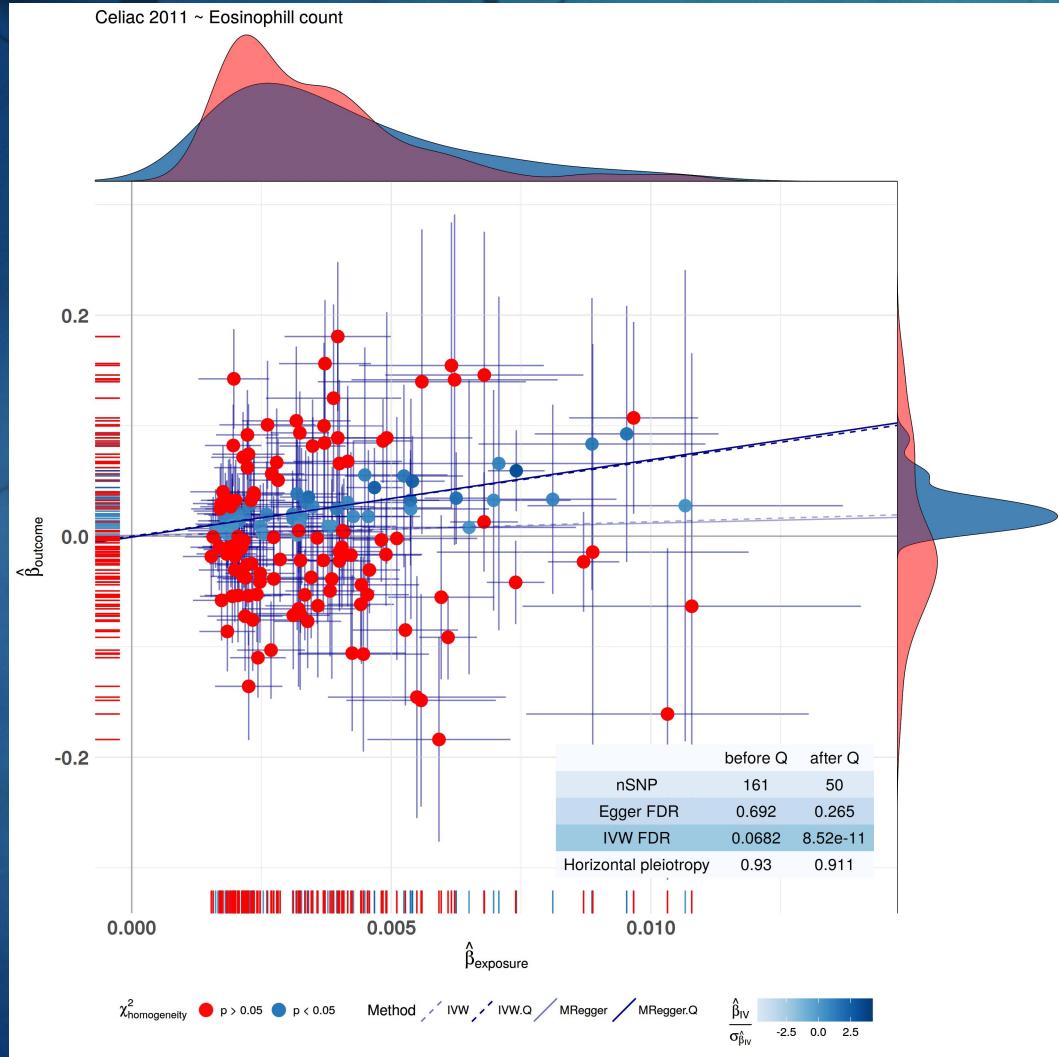
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Preliminary results Bidirectional MR

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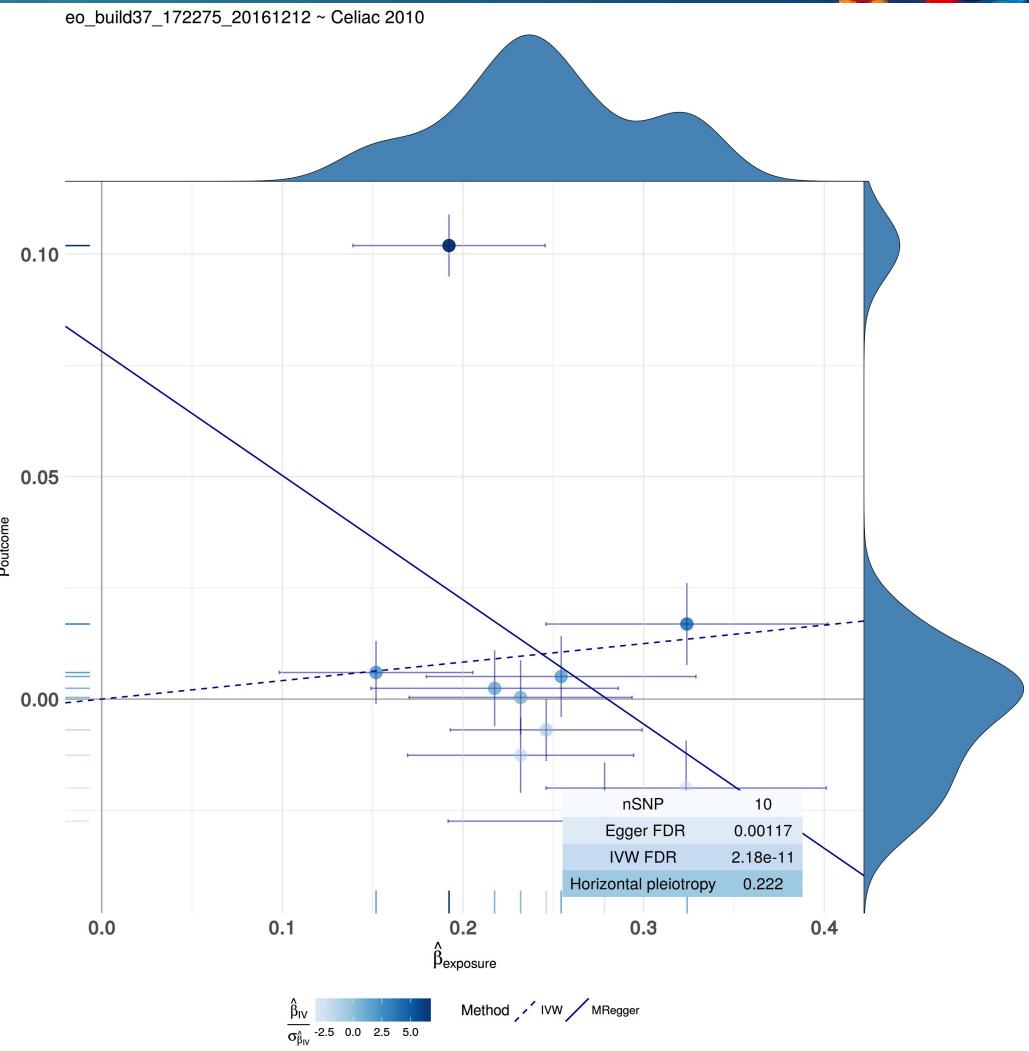
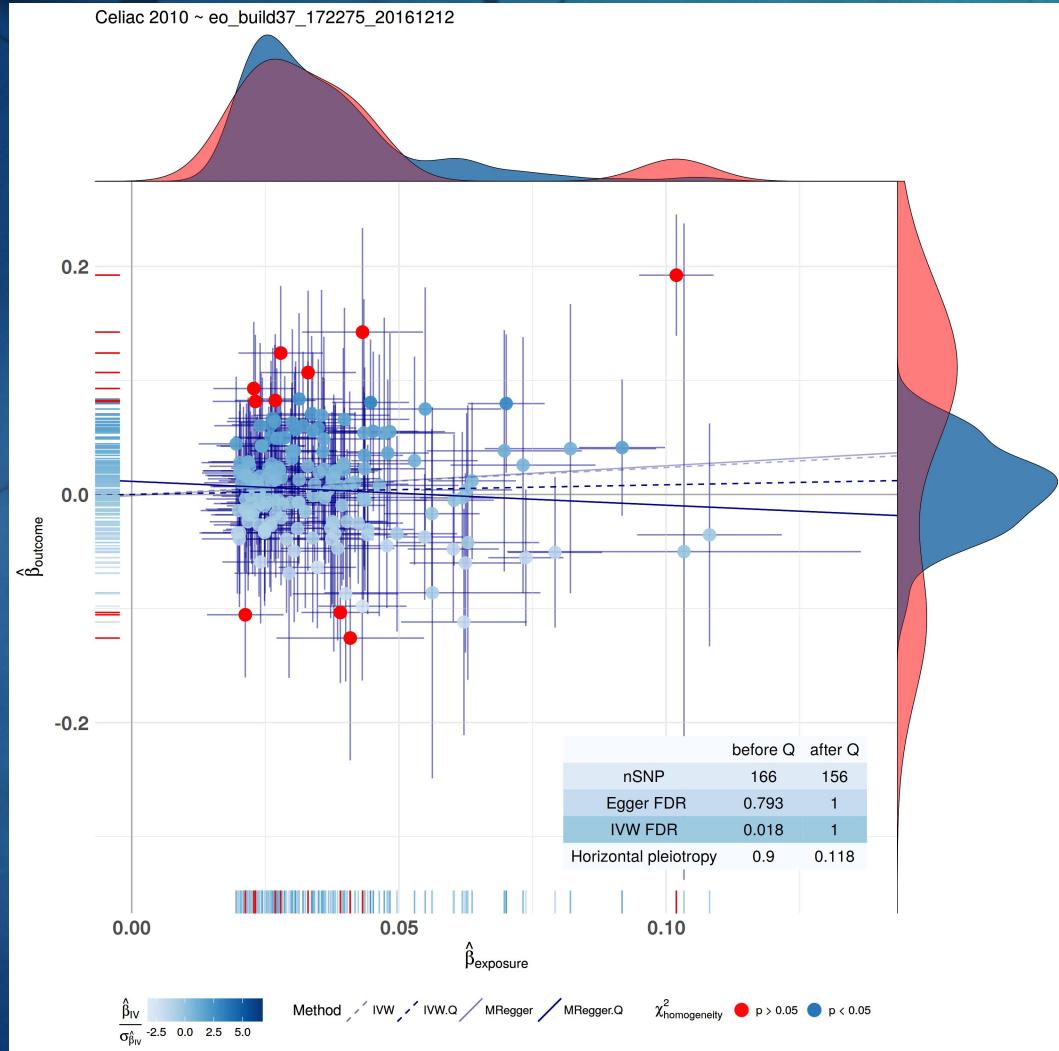
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Preliminary results Bidirectional MR

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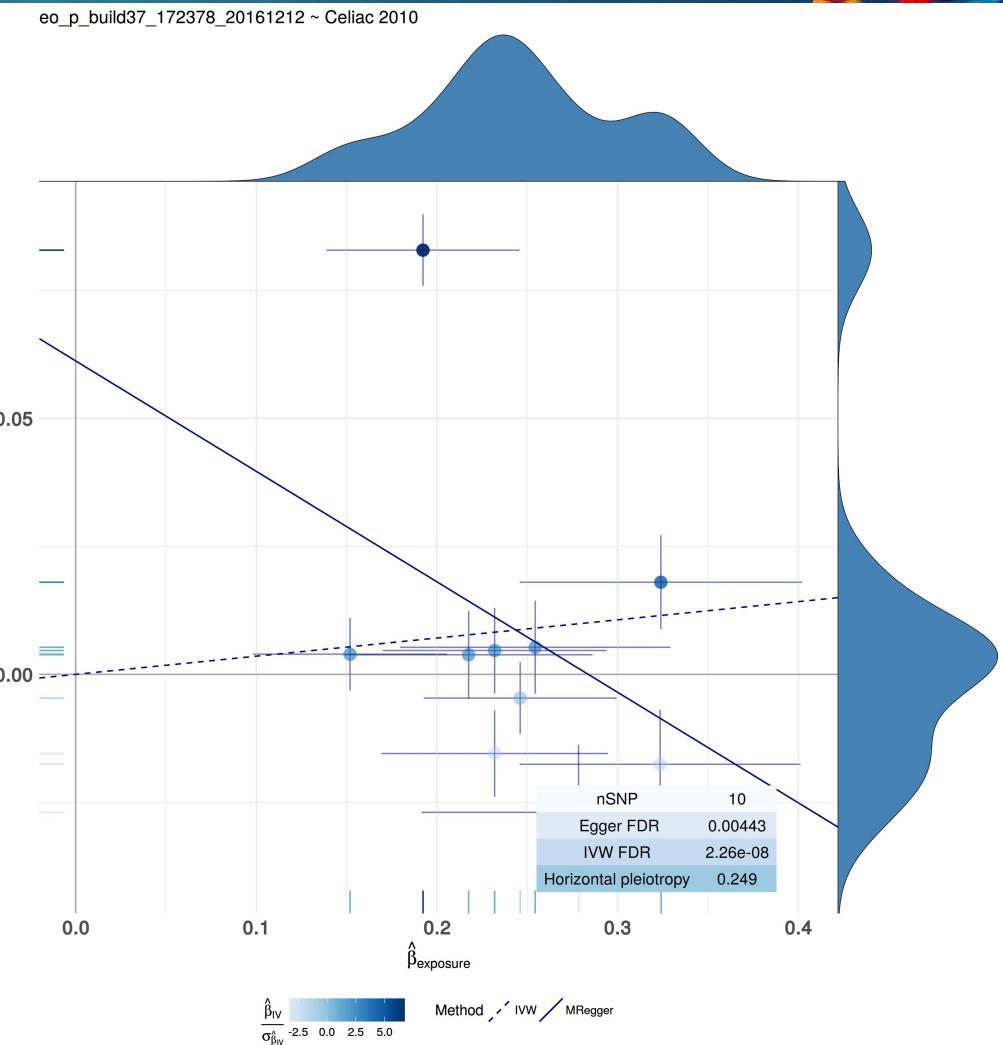
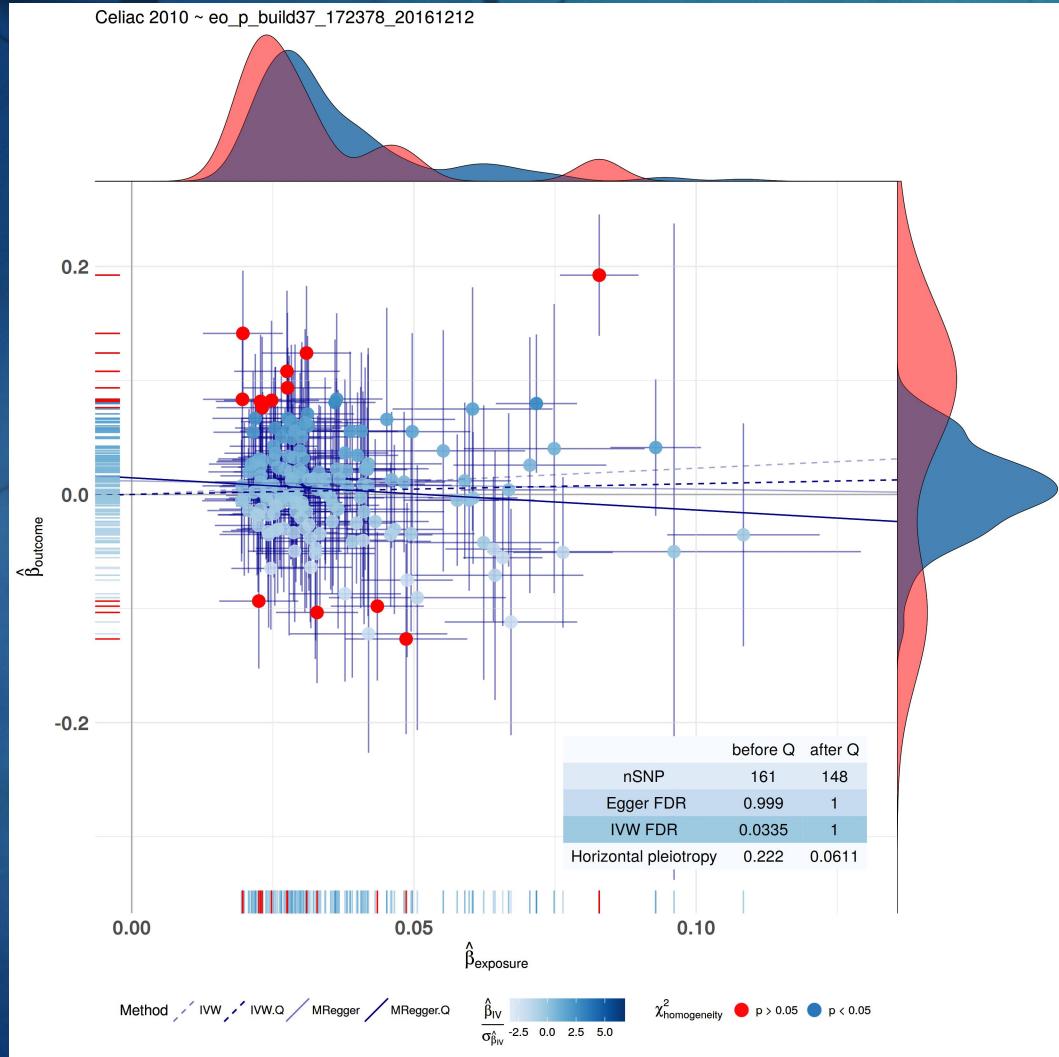
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Preliminary results Bidirectional MR

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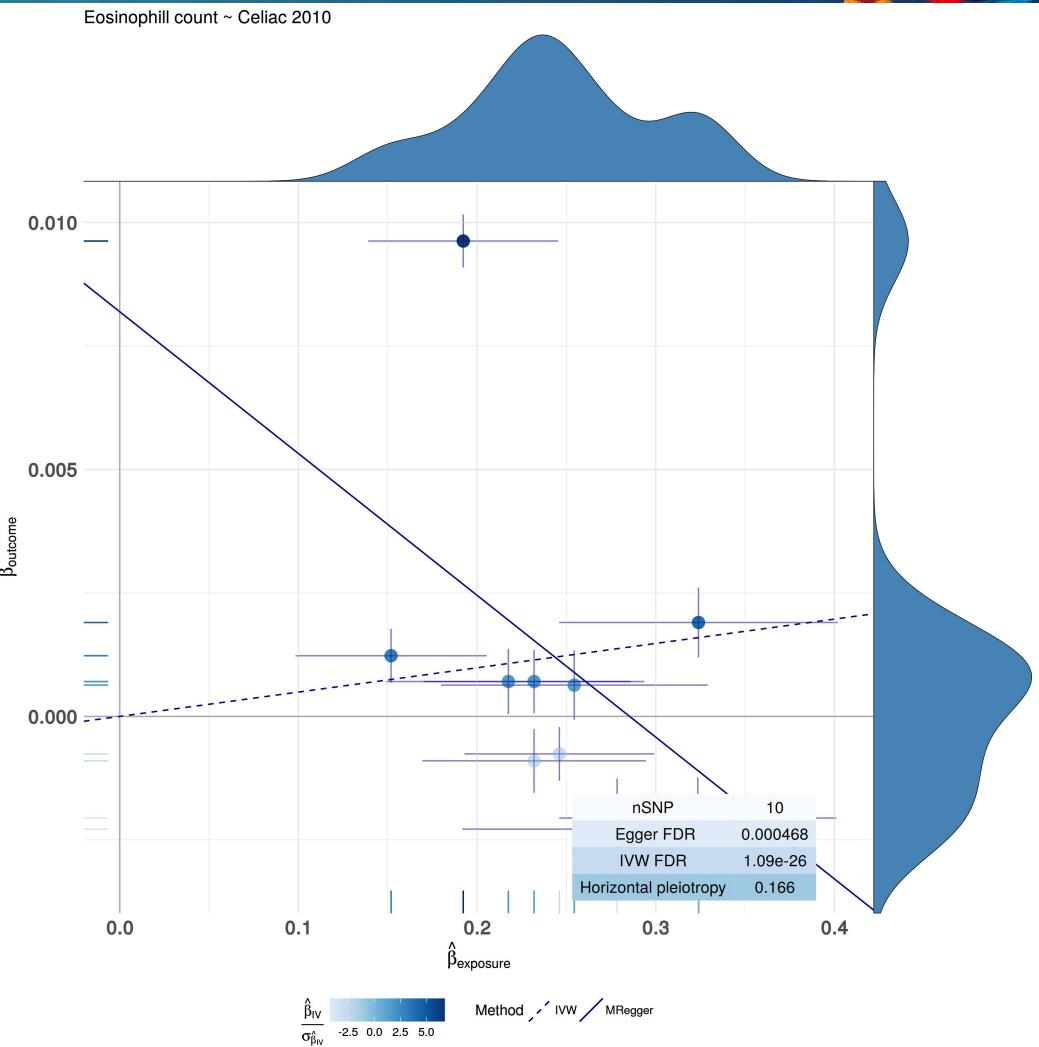
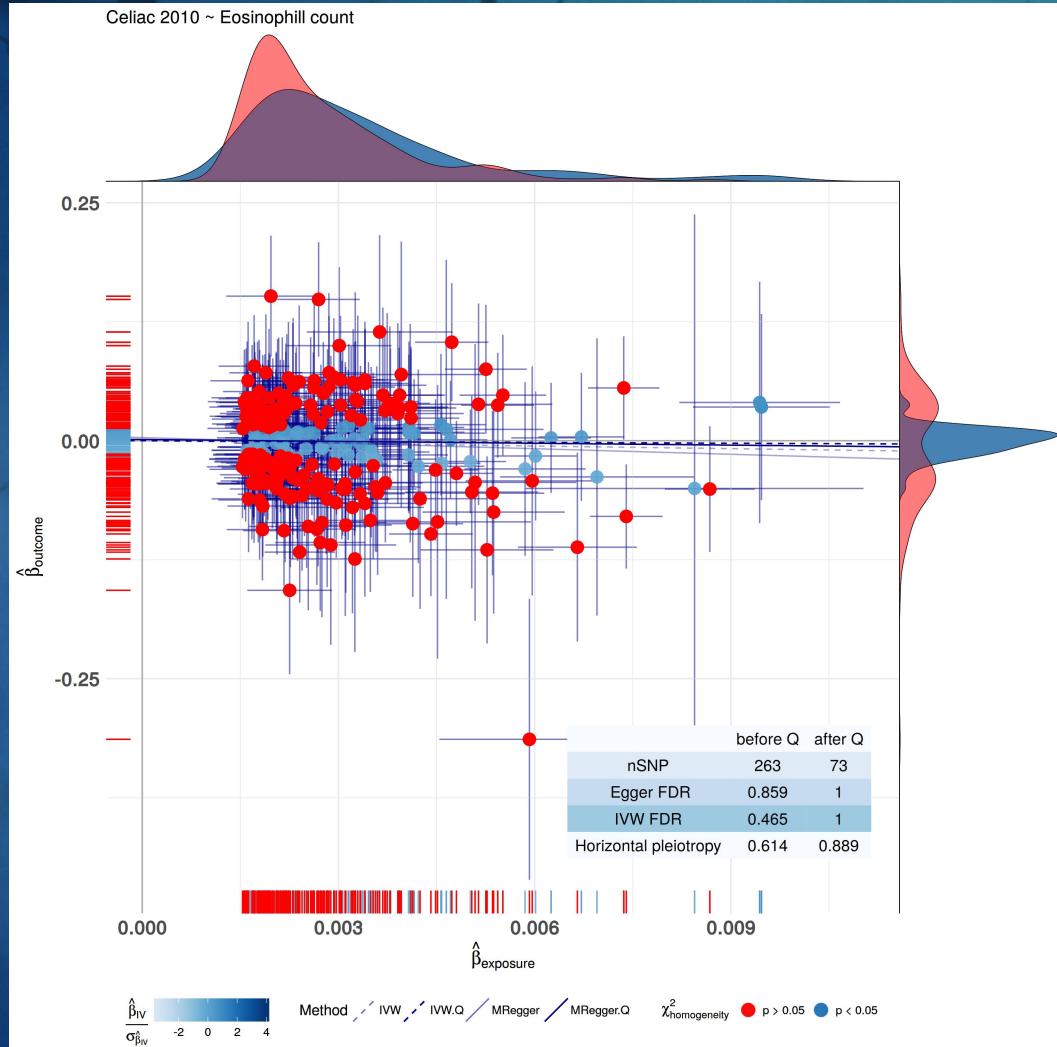
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Preliminary results Bidirectional MR

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Celiac 2010, Patrick Dubois et al.



Conclusions

► Celiac 2011, Gosia Trynka et al. ~ Exposure

| Phenotype | Conclusion |
|-----------------------------|--|
| T1D_meta_2015_25751624_hg19 | lower risk for Type 1 Diabetes protects for Celiac Disease |
| Type 1 Diabetes | lower risk for Type 1 Diabetes protects for Celiac Disease |
| Inflammatory Bowel Disease | lower risk for Inflammatory Bowel Disease protects for Celiac Disease |
| Ulcerative colitis | lower risk for Ulcerative colitis protects for Celiac Disease |
| Crohns disease | lower risk for Crohns Disease protects for Celiac Disease |
| plateletcrit | higher level of plateletcrit protects for Celiac Disease |
| IL18RAP | higher level of IL18RAP protects for Celiac Disease |
| lymphocytes count | higher level of lymphocytes count protects for Celiac Disease |
| platelet count | lower level of platelet count protects for Celiac Disease |
| Packed cell volume | lower lever of packed cell volume protects for Celiac Disease |

Conclusions

► Celiac 2010, Patrick Dubois et al. ~ Exposure

| Phenotype | Conclusion |
|-------------------------------------|--|
| T1D_meta_2015_25751624_hg19 | lower risk for Type 1 Diabetes protects for Celiac Disease |
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| Ulcerative colitis | lower risk for Ulcerative colitis protects for Celiac Disease |
| Primary biliary cirrhosis | lower risk for Primary biliary cirrhosis protects for Celiac Disease |
| Coronary artery disease mi additive | lower risk for Coronary artery disease protects for Celiac Disease |
| Crohns disease | lower risk for Crohns Disease protects for Celiac Disease |
| eosinophils+basophils count | Seemingly a lower level of eosinophils+basophils count protects for Celiac Disease but this is driven by outliers |
| eosinophils count | Seemingly a lower level of eosinophils count protects for Celiac Disease but this is driven by outliers |
| platelet count | Seemingly a lower level of platelet count protects for Celiac Disease but this is driven by outliers |

Future steps

- ▶ Use PreventCD cohort to validate by predicting causal or protective factors identified
- ▶ Pathway analysis on SNPs in significant hits
- ▶ Network Mendelian Randomization