

TRAINING OFFER 2022-2023

CATEGORIES

Brain training

Thinking techniques & systems thinking

Facilitation, Training & Coaching

Leadership

NLP

Strategy

Brain training

PARLEY

NIGHTS

Tips and tricks on communication, leadership, change, etc. are shared during these evening sessions. We will work with what you as participants bring to the table yourself, so that after each session you will leave with skills that can be used immediately.

[Read more](#)

LAUGHTER

YOGA

Bringing people together to 'laugh without reason' simply because it is nice to laugh together. You laugh with each other, not at each other. Or follow a

[training as laughter yoga animator!](#)

[Read more](#)

SPEED

READING

You learn to read again, by using your eyes and brain in a different way. Read faster and more efficiently!

[Read more](#)

CONCENTRATION

TECHNIQUES

Lack of concentration seems to be a disease of our time. But did you know that you can, or do, largely control your ability to concentrate?

(Re)discover your insights, practice with tips and tricks and meet like-minded people. You can exchange experiences and learn from each other.

[Read more](#)

MIND

FULNESS

Treat yourself to a 'toolbox' that you can continue to use later, both to boost your mental well-being and when setbacks come your way.

[Read more](#)



Neurolinguistic programming

NLP

PRACTITIONER FLEX

This is the most flexible yet fully-fledged NLP Practitioner course.

We plan the 18 sessions together with all participants. This way, you learn NLP techniques at your own pace.

[Read more](#)

DEEP

TRANCE

You may have heard of hypnosis, NLP or other trance-induction techniques. These are methods that people use to induce 'trance states'.

Contrary to what you see in films or on television, inducing and deepening trances does not require tricks such as moving pendulums or watches, crystal balls or candles.

Trances happen so naturally that you could induce and deepen them just by interacting and talking to people in a specific way.

[Read more](#)

NLP MASTER

PRACTITIONER FLEX

You would like to build on your NLP Practitioner skills and follow a full NLP Master Practitioner programme, but in your search you find that these are usually organised at times when you just can't do it?

Then you can participate in the NLP Master Practitioner Flex training!

[Read more](#)



Thinking techniques & Systems thinking

SYSTEMS

THINKING

Systems thinking is a way of thinking that provides insight into how people and organisations act, plan and organise.

Systems are everywhere. Learning to see these systems and learning to influence them is a necessary skill for every manager and executive.

[Read more](#)

STRATEGIC

THINKING

Learn new techniques to sharpen your strategic thinking. Learn to think in multiple scenarios to weigh the pros and cons. Learn to anticipate changing circumstances to achieve your goals faster and more effectively.

[Read more](#)

THINK

ANALYTICALLY & SYNTHETICALLY

Learn to analyse and correctly interpret facts and data. Learn to connect the dots to synthesise in a comprehensible way.

[Read more](#)

POSITIVE

THINKING

Happiness and positivism lead to more success and further enhance happiness.

This training teaches you to approach things positively, to be happy and to experience more success.

[Read more](#)

VISUAL

THINKING

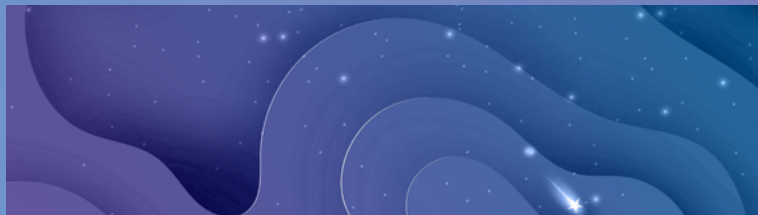
Are you curious how you can boost your thinking capacity? Would you like to communicate with people faster and more easily? Thinking and communicating visually is faster and clearer.

[Read more](#)

CREATIVE

THINKING

Learn to be more creative, deal with resistance and gain insight into group dynamics.

[Read more](#)

Facilitating, training & coaching

FACILITATION

TECHNIQUES

Learn how to get people to learn, cooperate and co-create optimally using specific facilitation techniques.

[Read more](#)

FACILITATION

OF WORKSHOPS

Learn to design workshops, facilitate them successfully and take them to the next level!

[Read more](#)

FACILITATING

COCREATION

Involve customers and other stakeholders in the development of new products and services or in solving complex problems.

[Read more](#)

TRAIN

THE TRAINER

Build on your basic skills as a trainer and learn which methods and techniques you can use to involve people in the learning process.

[Read more](#)

DEEP

TRANCE

Learn powerful techniques for opening and deepening conversations.

[Read more](#)

Strategy

INNOVATIVE

BUSINESS STRATEGIES

Find new growth opportunities and take a fresh look at your existing business model. Thanks to a wide range of methods shown to you during this programme, you will be able to draw up a good business model and much more.

[Read more](#)

FUTURE-ORIENTED

BUSINESS

Learn how companies can exceed their limits and become more successful.

With systems thinking, you can develop future-oriented scenarios using business simulation software. You learn to recognise patterns that can lead to 'waste' or 'success'.

[Read more](#)

VALUE

PROPOSITION

Before a lead decides to buy, he or she will have to be convinced of the unique value of your service or product (to them!).

[Read more](#)

PRODUCT

TO MARKET

How do you market your products? Which steps are essential and when do you carry them out?

[Read more](#)

MARKETING &

SALES FUNNEL

Guide your customers through your marketing-sales funnel.

[Read more](#)

Leadership

COACHING

LEADERSHIP

When leaders use coaching on a daily basis, they create more focus, more courage and more resilience. They help their team (and themselves) to work less hard and generate more impact.

[Read more](#)

MEETING

WITH IMPACT AND RESULT

Meetings are THE method to drive engagement and involvement in teams & organisations, to increase participation and to tune the violins.

[Read more](#)

LEADING

TEAMS

Get your people and teams moving towards common goals!

[Read more](#)

INITIATION

DRAFTING A TEAM CHARTER

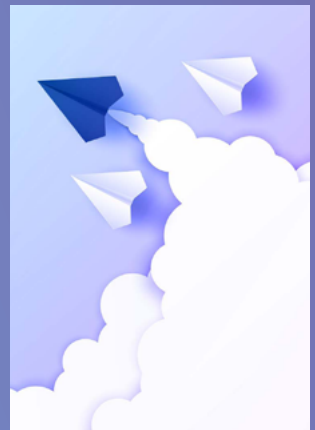
We all know it, it happens once a year in every team: a team charter is drawn up. Mission, vision and strategy... You know the drill.

[Read more](#)

SELF-MANAGING

TEAMS

Pick up pragmatic insights and methods to set up self-managing teams.

[Read more](#)

Others

TIME

MANAGEMENT

You want to be in control, to meet your deadlines, to set the right priorities, to make sure things don't slip through the cracks. But you have too much on your mind; your tank is empty. You feel totally out of balance, your body and mind don't feel like one...

[Read more](#)

SELF-

LEADERSHIP

Today's busy world and its overflowing agendas require focused thinking and action to successfully fulfil all goals and expectations.

[Read more](#)



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ABOUT UBEON

The ubeon partnership is active in Belgium and the Netherlands with 30 experts. Our focus is on market development, organisation development and personal development. ubeon assists numerous small, medium-sized and large companies on a daily basis. Our integral, systemic approach ensures that our clients can realise their ambitions. The result? 97% customer satisfaction.

Would you like to know more about the training courses in this brochure or about a tailor-made programme? Then do not hesitate to contact us via info@ubeon.com or by calling 09/324.16.16. See you soon!