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```
In [2]: # import basic libraries and autograd wrapped numpy
        sys.path.append('../')
        import autograd.numpy as np
        import copy
        # imports from custom library
        import matplotlib.pyplot as plt
        from mlrefined libraries import basics library as baslib
        from mlrefined libraries import calculus library as calib
        from mlrefined_libraries import math optimization library as optlib
        # import custom plotting tools
        static_plotter = optlib.static_plotter.Visualizer();
        anime plotter = optlib.animation_plotter.Visualizer();
        # this is needed to compensate for matplotlib notebook's tendancy to blow up imag
        es when plotted inline
        %matplotlib notebook
        from matplotlib import rcParams
        rcParams['figure.autolayout'] = True
```

Exercise 3.1. First-order condition for optimality

```
a) Setting the derivative of g(w) to zero gives g'(w) = \log(w) - \log(1 - w) = 0. Using the property of log, that \log(a) - \log(b) = \log\left(\frac{a}{b}\right) this can be written equivalently as \log\left(\frac{w}{1-w}\right) = 0, and exponentiating each side this is equivalently \frac{w}{1-w} = e^0 = 1. Rearranging this is w = 1 - w, or equivalently w = \frac{1}{2}.
```

b) The first order system $\frac{\partial}{\partial w}g(w) = \frac{e^w}{1+e^w} = 0$. This fraction is zero only when $w = -\infty$

c) The first order system is $\frac{\partial}{\partial w}g(w) = \tanh(w) + w(1 - \tanh^2(w)) = 0$. The only point satisfying this equality is w = 0 (this can be seen by e.g., plotting the function itself).

d) Setting up the first order system we have $\mathbf{B}\mathbf{w}=-\mathbf{c}$, and solving this system gives $\mathbf{w}=\begin{bmatrix} -0.4\\ -0.2 \end{bmatrix}$

Exercise 3.2. Stationary points of a simple quadratic function

With this matrix notice how the quadratic term can be simplified considerably

$$\mathbf{w}^T \mathbf{C} \mathbf{w} = \mathbf{w}^T \frac{1}{\beta} \mathbf{I} \mathbf{w} = \frac{1}{\beta} \mathbf{w}^T \mathbf{w} = \frac{1}{\beta} ||\mathbf{w}||_2^2$$

The gradient of (g) is then given as

$$\nabla g(\mathbf{w}) = \frac{2}{\beta}\mathbf{w} + \mathbf{b}$$

and setting this equal to zero we can solve explicitly for the single stationary point - which is a global minimum - of this function

$$\mathbf{w} = -\frac{\beta}{2}\mathbf{b}$$

Exercise 3.3. Stationary points of the Rayleigh quotient

Computing, the gradient of this function is given by

$$\nabla g(\mathbf{w}) = \frac{2}{\mathbf{w}^T \mathbf{w}} \left(\mathbf{C} \mathbf{w} - \frac{\mathbf{w}^T \mathbf{C} \mathbf{w}}{\mathbf{w}^T \mathbf{w}} \mathbf{w} \right)$$

Denote by (\mathbf{v}) and (\lambda) any eigenvector/eigenvalue pair of (\mathbf{C}). Then plugging in (\mathbf{v}) into the gradient we have, since by definition (\mathbf{C}\mathbf{v}) = \lambda \mathbf{v}), that

$$\nabla g(\mathbf{v}) = \frac{2}{\mathbf{v}^T \mathbf{v}} \left(\lambda \mathbf{v} - \lambda \frac{\mathbf{v}^T \mathbf{v}}{\mathbf{v}^T \mathbf{v}} \mathbf{v} \right) = \frac{2}{\mathbf{v}^T \mathbf{v}} (\lambda \mathbf{v} - \lambda \mathbf{v}) = 0$$

In other words, the eigenvectors of (\mathbf{C}) are stationary points of the Raleigh Quotient. By plugging the stationary point/eigenvector (\mathbf{v}) into the original function we can see that it takes the value (\lambda) given by the corresponding eigenvalue

$$g(\mathbf{v}) = \frac{\mathbf{v}^T \mathbf{C} \mathbf{v}}{\mathbf{v}^T \mathbf{v}} = \lambda \frac{\mathbf{v}^T \mathbf{v}}{\mathbf{v}^T \mathbf{v}} = \lambda$$

In particular this shows that the maximum value taken by the Raleigh Quotient is given by the maximum eigenvalue of (\mathbf{C}), and likewise at its minimum the function takes on the value of the minimum eigenvalue of (\mathbf{C}).

Exercise 3.4. First-order coordinate descent as a local optimization scheme

a) Notice that this is indeed a local optimization method we have detailed here. We did not write out the sequence of updates above in the familiar local optimization format of

$$\mathbf{w}^k = \mathbf{w}^{k-1} + \alpha \mathbf{d}^k$$

because each update is more naturally written as the solution to a partial derivative equation. However we could very well express the updates like this. In particular on the k^{th} sweep we can express the n^{th} update above equivalently as

$$\mathbf{w}^{k+n} = \mathbf{w}^{k+n-1} + \alpha \mathbf{e}_n$$

where \mathbf{e}_n is the n^{th} standard basis element and $\alpha = \left(w_n^{\star} - w_n^{k+n-1}\right)$ where w_n^{\star} is the solution to equation (6). So - in other words - this is a coordinate descent method akin to the zero-order method discussed in Section 5.5 only here we have used calculus (and the first order optimality condition in particular) to automatically tune the steplength α at each step.

b) In this example we develop the coordinate descent for minimizing a convex quadratic function

$$g(\mathbf{w}) = a + \mathbf{b}^T \mathbf{w} + \mathbf{w}^T \mathbf{C} \mathbf{w}$$

In practice we almost never care about finding the minimum of a function that dips down to negative infinity, so in keeping with this we will assume that the quadratic is convex (this means that the matrix C is both symmetric and has all nonnegative eigenvalues.

In Section 6.1 we saw that the first order system for a general quadratic is given as

$$\nabla g(\mathbf{w}) = 2\mathbf{C}\mathbf{w} + \mathbf{b} = \mathbf{0}_{N \times 1}$$

or if we write out the system equation-wise

$$\frac{\partial}{\partial w_1} g(\mathbf{w}) = 2 (c_{11}w_1 + c_{12}w_2 + c_{13}w_3 + \dots + c_{1N}w_N) + b_1 = 0$$

$$\frac{\partial}{\partial w_2} g(\mathbf{w}) = 2 (c_{21}w_1 + c_{22}w_2 + c_{23}w_3 + \dots + c_{2N}w_N) + b_2 = 0$$

$$\vdots$$

$$\frac{\partial}{\partial w_N} g(\mathbf{w}) = 2 (c_{N1}w_1 + c_{N2}w_2 + c_{N3}w_3 + \dots + c_{NN}w_N) + b_N = 0.$$

Solving the n^{th} equation for w_n gives

$$w_n = -\frac{c_{n1}w_1 + c_{n2}w_2 + \dots + c_{nN}w_N + \frac{1}{2}b_n}{c_{nn}}$$

In the next Python cell we implement this update scheme in Python in the function

coordinate_descent_for_quadratic . This Python function takes in the constants of a quadratic (a, b, and C) and outputs a weight history at each individual weight update. This is done so that we can visualize the resulting cost function decrease in a variety of ways. In practice one need not record the weights at each weight update but e.g., the weights after each sweep through the coordinates, or the weight corresponding to the lowest cost function value attained thus far.

```
In [2]: def coordinate_descent_for_quadratic(g,w,max_its,a,b,C):
            Coordinate descent wrapper for general quadratic function. Here
            a - a constant
            b - an Nx1 vector
            C - an NxN matrix (symmetric and all nonnegative eigenvalues)
            # record weights and cost history
            weight_history = [copy.deepcopy(w)]
            cost history = [g(w)]
            N = np.size(w)
            # outer loop - each is a sweep through every variable once
            for k in range(max its):
                # inner loop - each is a single variable update
                for n in range(N):
                    w[n] = -(np.dot(C[n,:],w) - C[n,n]*w[n] + 0.5*b[n])/float(C[n,n])
                    # record weights and cost value at each step
                    weight history.append(copy.deepcopy(w))
                    cost_history.append(g(w))
            return weight_history,cost history
```

First we use this algorithm to minimize the simple quadratic

$$g(w_0, w_1) = w_0^2 + w_1^2 + 2$$

which can be written in vector-matrix where a=2, $\mathbf{b}=\begin{bmatrix}0\\0\end{bmatrix}$, and $\mathbf{C}=\begin{bmatrix}1&0\\0&1\end{bmatrix}$. We initialize at $\mathbf{w}=\begin{bmatrix}3\\4\end{bmatrix}$ and run 1 iteration of the algorithm - that is all it takes to perfectly minimize the function.

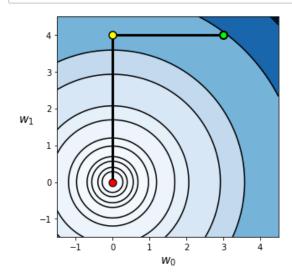
```
In [3]: # This code cell will not be shown in the HTML version of this notebook
    # define constants for a N=2 input quadratic
    a = 2
    b = np.zeros((2,1))
    C = np.eye(2)

# a quadratic function defined using the constants above
    g = lambda w: (a + np.dot(b.T,w) + np.dot(np.dot(w.T,C),w))[0]

# initialization
    w = np.array([3,4])

# run your alternating descent code
    max_its = 1
    weight_history,cost_history = coordinate_descent_for_quadratic(g,w,max_its,a,b,C)

# show run in both three-dimensions and just the input space via the contour plot static_plotter.two_input_contour_plot(g,weight_history,xmin = -1.5,xmax = 4.5,ymin = -1.5,ymax = 4.5,num_contours = 27,show_original = False)
```



Next we make a run of 2 iterations of the method at the same initial point to completely minimize another convex quadratic with a=20, $\mathbf{b}=\begin{bmatrix}0\\0\end{bmatrix}$, and $\mathbf{C}=\begin{bmatrix}2&1\\1&2\end{bmatrix}$.

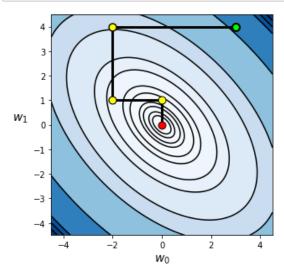
```
In [4]: # This code cell will not be shown in the HTML version of this notebook
    # define constants for a N=2 input quadratic
    a = 20
    b = np.zeros((2,1))
    C = np.array([[2,1],[1,2]])

# a quadratic function defined using the constants above
    g = lambda w: (a + np.dot(b.T,w) + np.dot(np.dot(w.T,C),w))[0]

# initialization
    w = np.array([3,4])

# run your alternating descent code
    max_its = 2
    weight_history,cost_history = coordinate_descent_for_quadratic(g,w,max_its,a,b,C)

# show run in both three-dimensions and just the input space via the contour plot static_plotter.two_input_contour_plot(g,weight_history,xmin = -4.5,xmax = 4.5,ymin = -4.5,ymax = 4.5,num_contours = 27,show_original = False)
```



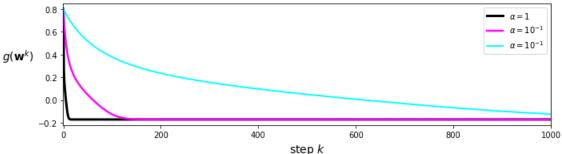
Exercise 3.5. Try out gradient descent

The gradient descent implementation, using the hand-computed derivative.

$$\frac{\partial}{\partial w}g(w) = \frac{1}{50} \left(4w^3 + 2w + 10 \right)$$

```
In [7]: # gradient descent function - inputs: g (input function), alpha (steplength param
        eter), max_its (maximum number of iterations), w (initialization)
        def gradient_descent(alpha, max_its, w):
            # cost for this example
            g = lambda w: 1/50*(w**4 + w**2 + 10*w)
            # the gradient function for this example
            grad = lambda w: 1/50*(4*w**3 + 2*w + 10)
            # run the gradient descent loop
                                          \# container for corresponding cost function hist
            cost_history = [g(w)]
        ory
            for k in range(1, max its+1):
                # evaluate the gradient, store current weights and cost function value
                grad eval = grad(w)
                # take gradient descent step
                w = w - alpha*grad eval
                # collect final weights
                cost history.append(g(w))
            return cost_history
```





Exercise 3.6. Compare fixed and diminishing steplengths for a simple example

Below we illustrate the comparison of a fixed steplength scheme and a the diminishing steplength rule to minimize the function

$$g(w) = |w|$$
.

Notice that this function has a single global minimum at w=0 and a derivative defined (everywhere but at w=0)

$$\frac{\mathrm{d}}{\mathrm{d}w}g(w) = \begin{cases} +1 & \text{if } w > 0\\ -1 & \text{if } w < 0. \end{cases}$$

which makes the use of any fixed steplength scheme problematic for gradient descent. Below we make two runs of 20 steps of gradient descent each initialized at the point $w^0=2$, the first with a fixed steplength rule of $\alpha=0.5$ (left panel) for each and every step, and the second using the diminishing steplength rule $\alpha=\frac{1}{k}$ (right panel).

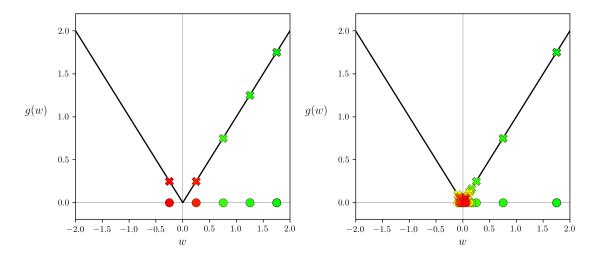
```
In [ ]: # import automatic differentiator to compute gradient module
        from autograd import grad
        # gradient descent function - inputs: g (input function), alpha (steplength param
        eter), max its (maximum number of iterations), w (initialization)
        def gradient descent(g,alpha,max its,w):
            # compute gradient module using autograd
            gradient = grad(g)
            # run the gradient descent loop
            weight_history = [w] # container for weight history
                                         # container for corresponding cost function hi
            cost_history = [g(w)]
        story
            for k in range(max_its):
                # evaluate the gradient, store current weights and cost function value
                grad eval = gradient(w)
                # take gradient descent step
                w = w - alpha*grad eval
                # record weight and cost
                weight history.append(w)
                cost history.append(g(w))
            return weight history, cost history
```

```
In [22]: # This code cell will not be shown in the HTML version of this notebook
    # what function should we play with? Defined in the next line.
    g = lambda w: np.abs(w)

# run gradient descent
    alpha_choice = 0.5; w = 1.75; max_its = 20;
    weight_history_1,cost_history_1 = gradient_descent(g,alpha_choice,max_its,w)

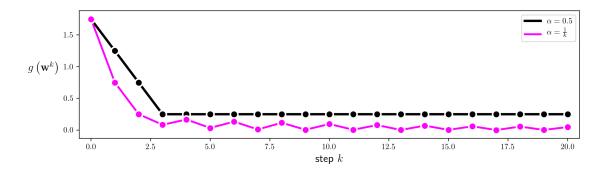
alpha_choice = 'diminishing'; w = 1.75; max_its = 20;
    weight_history_2,cost_history_2 = gradient_descent(g,alpha_choice,max_its,w)

# make static plot showcasing each step of this run
    static_plotter.single_input_plot(g,[weight_history_1,weight_history_2],[cost_history_1,cost_history_2],wmin = -2,wmax = 2,onerun_perplot = True)
```



We can see that indeed here a diminishing steplength is absolutely necessary in order to reach a point close to the minimum of this function. We can see this even more clearly via the cost function history plot below.

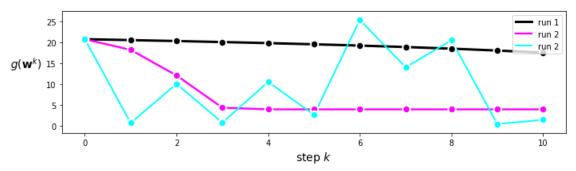
```
In [23]: # This code cell will not be shown in the HTML version of this notebook
# plot the cost function history for a given run
static_plotter.plot_cost_histories([cost_history_1,cost_history_2],start = 0,poin
ts = True,labels = [r'$\alpha = 0.5$',r'\alpha = \frac{1}{k}$'])
```



Exercise 3.7. Oscillation in the cost function history plot

```
In [9]: # import automatic differentiator to compute gradient module
        from autograd import grad
        # gradient descent function - inputs: g (input function), alpha (steplength param
        eter), max_its (maximum number of iterations), w (initialization)
        def gradient_descent(g,alpha,max_its,w):
            # compute gradient module using autograd
            gradient = grad(g)
            # run the gradient descent loop
            weight_history = [w]
                                           # container for weight history
            cost history = [g(w)]
                                           # container for corresponding cost function hi
        story
            for k in range(max its):
                # evaluate the gradient, store current weights and cost function value
                grad eval = gradient(w)
                # take gradient descent step
                w = w - alpha*grad_eval
                # record weight and cost
                weight_history.append(w)
                cost_history.append(g(w))
            return weight_history,cost_history
```

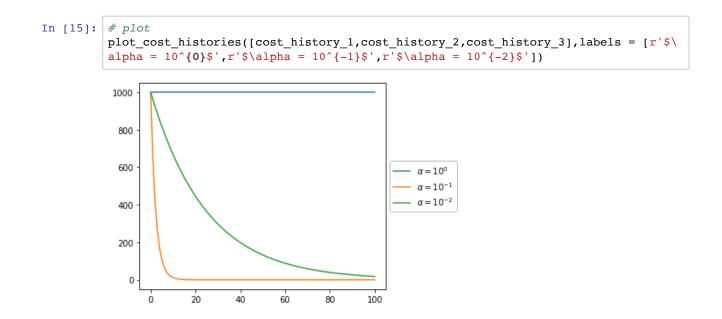
```
In [10]: # This code cell will not be shown in the HTML version of this notebook
         # what function should we play with? Defined in the next line.
         g = lambda w: w[0]**2 + w[1]**2 + 2*np.sin(1.5*(w[0] + w[1])) + 2
         # first run
         w = np.array([3.0,3.0]); max its = 10;
         alpha choice = 10**(-2);
         weight history 1,cost history 1 = gradient descent(g,alpha choice,max its,w)
         # second run
         alpha choice = 10**(-1);
         weight history 2,cost history 2 = gradient descent(g,alpha choice,max its,w)
         # third run
         alpha choice = 10**(0);
         weight_history_3,cost_history_3 = gradient_descent(g,alpha_choice,max_its,w)
         # plot history
         static_plotter.plot_cost_histories([cost_history_1,cost_history_2,cost_history_
         3], start = 0, points = True, labels = ['run 1', 'run 2'])
```



Exercise 3.8. Tune fixed steplength for gradient descent

```
In [11]: # import automatic differentiator to compute gradient module
         from autograd import grad
         from autograd import numpy as np
         # gradient descent function
         def gradient_descent(g,alpha,max_its,w):
             # compute gradient module using autograd
             gradient = grad(g)
             # run the gradient descent loop
             weight_history = [w] # weight history container
             cost history = [g(w)] # cost function history container
             for k in range(max its):
                 # evaluate the gradient
                 grad_eval = gradient(w)
                 # take gradient descent step
                 w = w - alpha*grad_eval
                 # record weight and cost
                 weight history.append(w)
                 cost_history.append(g(w))
             return weight_history,cost_history
In [12]: # create the input function
         g = lambda w: np.dot(w.T,w)[0][0]
In [13]: # RUN GRADIENT DESCENT TO MINIMIZE THIS FUNCTION
         alpha choice = 10**(0); max its = 100; w = 10*np.ones((N,1));
         weight_history_1,cost_history_1 = gradient_descent(g,alpha_choice,max_its,w)
         alpha choice = 10**(-1):
         weight history 2, cost history 2 = gradient descent(g, alpha choice, max its, w)
         alpha choice = 10**(-2);
         weight history 3,cost history 3 = gradient descent(g,alpha choice,max its,w)
In [14]: # the import statement for matplotlib
         import matplotlib.pyplot as plt
         # cost function history plotter
         def plot cost histories(cost histories, labels):
             # create figure
             plt.figure()
             # loop over cost histories and plot each one
             for j in range(len(cost histories)):
                 history = cost_histories[j]
                 label = labels[j]
                 plt.plot(history,label = label)
             plt.legend(loc='center left', bbox_to_anchor=(1, 0.5))
```

plt.show()

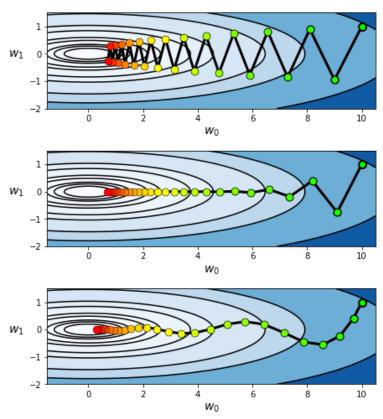


Exercise 3.9. Code up momentum-accelerated gradient descent

1/11/20, 9:20 AM

```
In [16]: # This code cell will not be shown in the HTML version of this notebook
         # using an automatic differentiator - like the one imported via the statement bel
         ow - makes coding up gradient descent a breeze
         from autograd import numpy as np
         from autograd import value_and_grad
         # gradient descent function - inputs: g (input function), alpha (steplength param
         eter), max its (maximum number of iterations), w (initialization)
         def momentum(g,alpha choice,beta,max its,w):
             # compute the gradient function of our input function - note this is a functi
         on too
             # that - when evaluated - returns both the gradient and function evaluations
          (remember
             # as discussed in Chapter 3 we always ge the function evaluation 'for free' w
         hen we use
             # an Automatic Differntiator to evaluate the gradient)
             gradient = value and grad(g)
             # run the gradient descent loop
             weight_history = [] # container for weight history
             cost_history = []
                                      # container for corresponding cost function history
             alpha = 0
             cost_eval,grad_eval = gradient(w)
             # initialization for momentum direction
             h = np.zeros((w.shape))
             for k in range(1,max_its+1):
                 # check if diminishing steplength rule used
                 if alpha choice == 'diminishing':
                     alpha = 1/float(k)
                 else:
                     alpha = alpha choice
                 # evaluate the gradient, store current weights and cost function value
                 cost eval,grad eval = gradient(w)
                 weight_history.append(w)
                 cost history.append(cost eval)
                 #### momentum step - update exponential average of gradient directions to
         ameliorate zig-zagging ###
                 h = beta*h - (1 - beta)*grad_eval
                 # take gradient descent step
                 w = w + alpha*h
             # collect final weights
             weight history.append(w)
             # compute final cost function value via g itself (since we aren't computing
             # the gradient at the final step we don't get the final cost function value
             # via the Automatic Differentiatoor)
             cost history.append(g(w))
             return weight_history,cost_history
```

```
In [17]: # define constants for a N=2 input quadratic
         a1 = 0
         b1 = 0*np.ones((2,1))
         C1 = np.array([[0.5,0],[0,9.75]])
         # a quadratic function defined using the constants above
         g = lambda w: (al + np.dot(bl.T,w) + np.dot(np.dot(w.T,Cl),w))[0]
         w = np.array([10.0,1.0]); max_its = 25; alpha_choice = 10**(-1);
         beta = 0
         weight_history_1,cost_history_1 = momentum(g,alpha_choice,beta,max_its,w)
         beta = 0.1;
         weight_history_2,cost_history_2 = momentum(g,alpha_choice,beta,max_its,w)
         beta = 0.7
         weight history 3, cost history 3 = momentum(g, alpha choice, beta, max its, w)
         # show run in both three-dimensions and just the input space via the contour plot
         histories = [weight_history_1,weight_history_2,weight_history_3]
         gs = [g,g,g]
         static_plotter.two_input_contour_vert_plots(gs, histories, num_contours = 25, xmin =
         -1.5, xmax = 10.5, ymin = -2.0, ymax = 1.5)
```



Exercise 3.10. Slow-crawling behavior of gradient descent

```
In [18]: # This code cell will not be shown in the HTML version of this notebook
         # using an automatic differentiator - like the one imported via the statement bel
         ow - makes coding up gradient descent a breeze
         from autograd import numpy as np
         from autograd import value_and_grad
         # gradient descent function - inputs: g (input function), alpha (steplength param
         eter), max its (maximum number of iterations), w (initialization)
         def gradient descent(g,alpha choice,max its,w,version):
             # compute the gradient function of our input function - note this is a functi
         on too
             # that - when evaluated - returns both the gradient and function evaluations
          (remember
             # as discussed in Chapter 3 we always ge the function evaluation 'for free' w
         hen we use
             # an Automatic Differntiator to evaluate the gradient)
             gradient = value and grad(g)
             # run the gradient descent loop
             weight_history = [] # container for weight history
             cost_history = []
                                      # container for corresponding cost function history
             alpha = 0
             for k in range(1,max_its+1):
                 # check if diminishing steplength rule used
                 if alpha choice == 'diminishing':
                     alpha = 1/float(k)
                 else:
                     alpha = alpha_choice
                 # evaluate the gradient, store current weights and cost function value
                 cost eval,grad eval = gradient(w)
                 weight history.append(w)
                 cost history.append(cost eval)
                 if version == 'full':
                     grad_norm = np.linalg.norm(grad_eval)
                     if grad norm == 0:
                         grad norm += 10**-6*np.sign(2*np.random.rand(1) - 1)
                     grad eval /= grad norm
                 # normalize components
                 if version == 'component':
                     component norm = np.abs(qrad eval) + 10**(-8)
                     grad eval /= component norm
                 if version == 'none':
                     grad eval = grad eval
                 # take gradient descent step
                 w = w - alpha*grad_eval
             # collect final weights
             weight_history.append(w)
             # compute final cost function value via g itself (since we aren't computing
             # the gradient at the final step we don't get the final cost function value
             # via the Automatic Differentiatoor)
             cost_history.append(g(w))
             return weight_history,cost_history
```

```
In [19]:
         # define function
          g = lambda w: np.tanh(4*w[0] + 4*w[1]) + max(0.4*w[0]**2,1) + 1
         w = np.array([1.0,2.0]); max_its = 100; alpha_choice = 10**(-1);
          version = 'none'
          weight_history_1,cost_history_1 = gradient_descent(g,alpha_choice,max_its,w,versi
          version = 'full'
          weight_history_2,cost_history_2 = gradient_descent(g,alpha_choice,max_its,w,versi
In [20]: plot_cost_histories([cost_history_1,cost_history_2],labels = ['original','normali
          zed'])
          3.00
          2.75
          2.50
          2.25
                                                       original
          2.00
                                                       normalized
          1.75
          1.50
          1.25
          1.00
                      20
```

Exercise 3.11. Comparing normalized gradient descent schemes

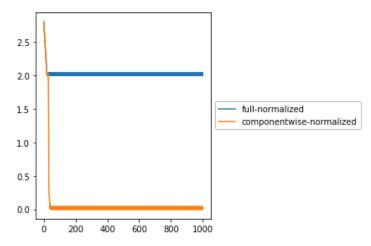
1/11/20, 9:20 AM

```
In [21]: # define function
    g = lambda w: np.max(np.tanh(4*w[0] + 4*w[1]),0) + np.max(np.abs(0.4*w[0]),0) + 1
    w = np.array([2.0,2.0]); max_its = 1000; alpha_choice = 10**(-1);

version = 'full'
    weight_history_1,cost_history_1 = gradient_descent(g,alpha_choice,max_its,w,version)

version = 'component'
    weight_history_2,cost_history_2 = gradient_descent(g,alpha_choice,max_its,w,version)

plot_cost_histories([cost_history_1,cost_history_2],labels = ['full-normalized','componentwise-normalized'])
```



Exercise 3.12. Alternative formal definition of Lipschitz gradient

One way to show this is via the fundamental theorem of calculus. For a twice-differentiable function we have that

$$\nabla g(\mathbf{x}) - \nabla g(\mathbf{y}) = \int_0^1 \nabla^2 g(\mathbf{y} + t(\mathbf{x} - \mathbf{y}))(\mathbf{x} - \mathbf{y}) dt$$

Taking the length of both sides gives

$$\|\nabla g(\mathbf{x}) - \nabla g(\mathbf{y})\|_{2} = \left\| \int_{0}^{1} \nabla^{2} g(\mathbf{y} + t(\mathbf{x} - \mathbf{y}))(\mathbf{x} - \mathbf{y}) dt \right\|_{2}$$

Bringing the norm inside the integral, the right hand side above is less than

$$\int_0^1 \left\| \nabla^2 g \left(\mathbf{y} + t \left(\mathbf{x} - \mathbf{y} \right) \right) \left(\mathbf{x} - \mathbf{y} \right) \right\|_2 dt$$

which is less than taking the product of each norm (a standard matrix norm property)

$$\int_0^1 \left\| \nabla^2 g \left(\mathbf{y} + t \left(\mathbf{x} - \mathbf{y} \right) \right) \right\|_2 \| \left(\mathbf{x} - \mathbf{y} \right) \|_2 dt$$

Finally, because $\left\| \nabla^2 g \left(\mathbf{y} + t \left(\mathbf{x} - \mathbf{y} \right) \right) \right\|_2 \le L$ we have that

$$\|\nabla g(\mathbf{x}) - \nabla g(\mathbf{y})\|_2 \le L \int_0^1 \|(\mathbf{x} - \mathbf{y})\|_2 dt = L\|(\mathbf{x} - \mathbf{y})\|_2$$

Exercise 3.13. A composition of functions with Lipschitz gradient

f has Lipschitz continuous gradient with constant J, and g is Lipschitz continuous with constant K, so we can write for all \mathbf{x} and \mathbf{y} in the domain of g\noindent

$$\|\nabla f\left(g\left(\mathbf{x}\right)\right) - \nabla f\left(g\left(\mathbf{y}\right)\right)\|_{2} \le J\|g\left(\mathbf{x}\right) - g\left(\mathbf{y}\right)\|_{2} \le JK\|\mathbf{x} - \mathbf{y}\|_{2}.$$

Therefore, f(g) has Lipschitz continuous gradient with constant JK.