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2 A pipeline for Mendelian randomization studies using large
3 metabolomics data as intermediates

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12

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¹⁴ Abstract

¹⁵ This is where the abstract will go when you've done some actual work.....

¹⁶ Acknowledgements

¹⁷ ALSPAC

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¹⁹ midwives for their help in recruiting them, and the whole ALSPAC team,
²⁰ which includes interviewers, computer and laboratory technicians, clerical
²¹ workers, research scientists, volunteers, managers, receptionists and nurses.

²² Ethical approval for the study was obtained from the ALSPAC Ethics
²³ and Law Committee and the Local Research Ethics Committees. Consent
²⁴ for biological samples has been collected in accordance with the Human
²⁵ Tissue Act (2004). Informed consent for the use of data collected via ques-
²⁶ tionnaires and clinics was obtained from participants following the recom-
²⁷ mendations of the ALSPAC Ethics and Law Committee at the time.

²⁸ The following ALSPAC identifiers are associated with the work in the
²⁹ associated chapters:

- ³⁰ • Chapter 4: B3473, B3160, B3230

³¹ Data

³² I would like to thank Emma Anderson for providing the diet trajectory data
³³ used in this analysis.

³⁴ Declaration

³⁵ I declare that the work in this dissertation was carried out in accordance
³⁶ with the requirements of the University's Regulations and Code of Practice
³⁷ for Research Degree Programmes and that it has not been submitted for any
³⁸ other academic award. Except where indicated by specific reference in the
³⁹ text, the work is the candidate's own work. Work done in collaboration
⁴⁰ with, or with the assistance of, others, is indicated as such. Any views
⁴¹ expressed in the dissertation are those of the author.

⁴² Signed

⁴³ Dated

⁴⁴

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²⁰⁹ **Chapter 1**

²¹⁰ **Introduction**

²¹¹ ***Increased adiposity and associations with disease***

²¹² This chapter provides the context of the thesis. It briefly gives the background on
²¹³ the problem of increased adiposity, the biology of adipose tissue, and diseases link-
²¹⁴ ing increased body mass index and mortality. The chapter briefly explores different
²¹⁵ measures of increased adiposity and potential hypotheses for underlying aetiology
²¹⁶ of diseases associated with increased adiposity. Finally, the potential application
²¹⁷ of metabolites and Mendelian randomization in the context of understanding un-
²¹⁸ derlying aetiology are discussed.

²¹⁹ **1.1 Background**

²²⁰ Globally, the prevalence of overweight (body mass index (BMI) of 25–29.9 kg/m²)
²²¹ and obesity (BMI > 30 kg/m²) is 39% and 13% respectively¹ (Figure 1.1 and 1.2).
²²² Obesity is estimated to be responsible for 8% of global deaths² and this number is
²²³ likely to rise as the prevalence of obesity increases^{3–5}.

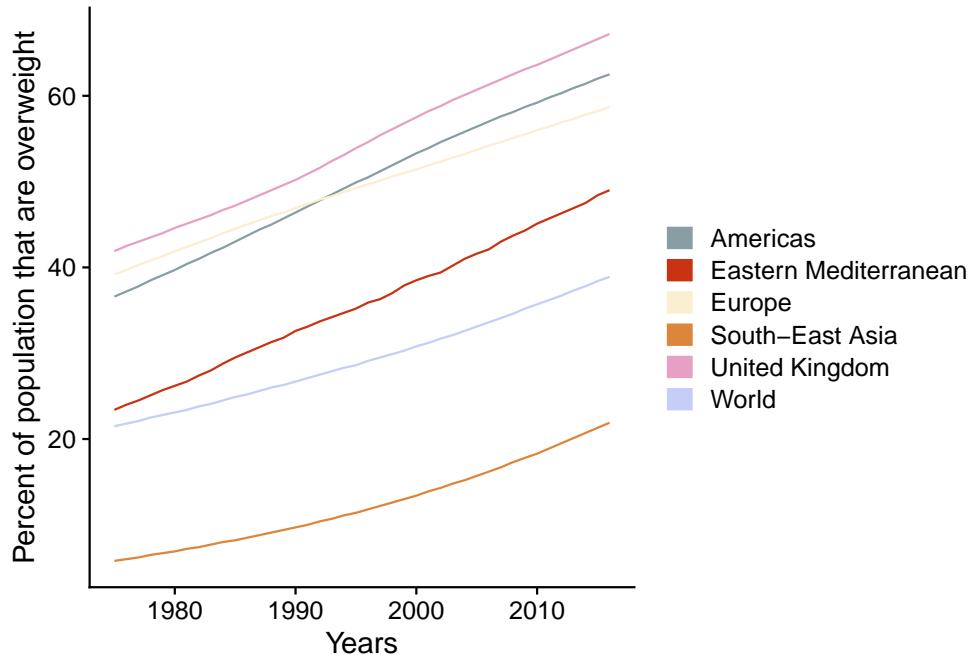


Figure 1.1: Proportion of overweight individuals

²²⁴ Figure 1.1 shows the share of adults (18+) that are overweight globally and in selected
²²⁵ geographic regions including the United Kingdom from 1975 to 2016. Data from Ritchie
²²⁶ and Roser (2019)⁶

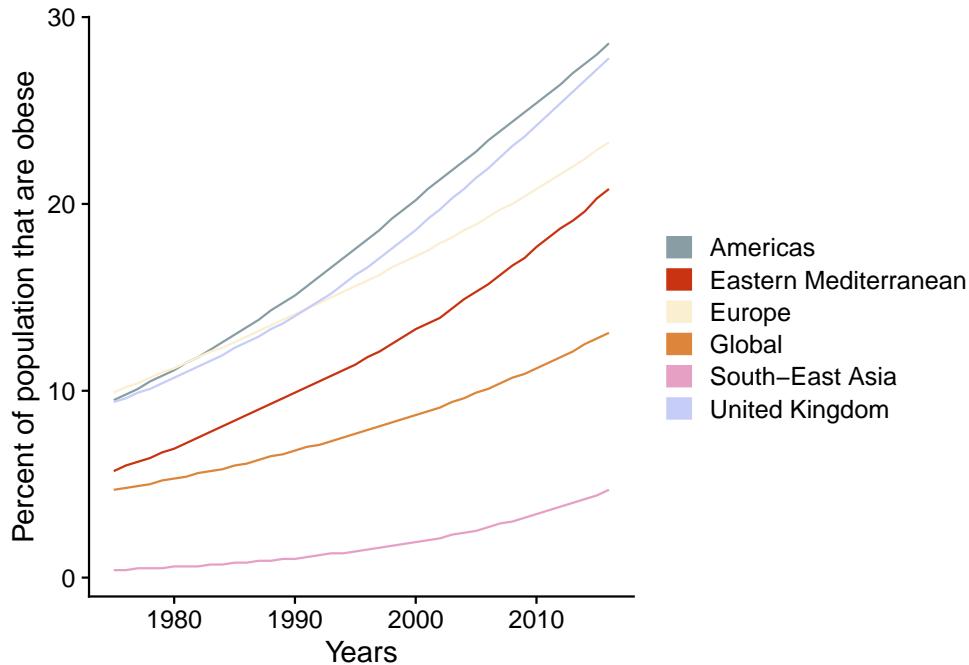


Figure 1.2: Proportion of obese individuals

227 *Figure 1.2 shows the share of adults (18+) that are obese globally and in selected geo-*
 228 *graphic regions including the United Kingdom from 1975 to 2016. Data from Ritchie and*
 229 *Roser (2019)⁶*

230 Body mass index is a measure of weight given an adjustment of height and thus
 231 an approximation of body composition. Given its simplicity, BMI is the most com-
 232 monly used measure of increased adiposity. Body mass index can be classified into
 233 sub-types according to the range of values seen in the general population. Whilst
 234 ethnicity, sex, and age specific, the international standards set by the WHO^{7,8} esti-
 235 mate a normal weight classification at a population level to be a BMI of 18.5–24.9
 236 kg/m², with an underweight class below this. Underweight is a specific condition
 237 that may be secondary to or symptomatic of an underlying disease and is not within

²³⁸ the scope of this thesis.

²³⁹ 1.2 Additional measures of increased adiposity

²⁴⁰ Though a simple and effective measure of increased adiposity, BMI does not have
²⁴¹ the resolution to accurately measure body composition^{9–12}. This fact was discussed
²⁴² when first proposed and is particularly evident in athletic and tall individuals¹³.

²⁴³ There are also questions around the relationship with morbidity and
²⁴⁴ mortality^{14–16}. Though these questions are likely a result of confounding and other
²⁴⁵ biases^{17–19}, evidence has pointed to a more important role for fat deposition in the
²⁴⁶ relationship with mortality^{20,21}.

²⁴⁷ Complementary assessment of increased adiposity, using a combination of
²⁴⁸ body composition measures, may provide additional information into the associa-
²⁴⁹ tions with disease^{22,23}. Alongside BMI, waist hip ratio (WHR) is frequently
²⁵⁰ used to gain a better understanding of fat deposition. A WHR > 0.85 in women
²⁵¹ and > 0.9 in men is considered equivalent to a BMI of > 30kg/m²²⁴. However,
²⁵² given that ultimately it is excess adipose accumulation that is responsible for
²⁵³ disease development, direct assessment of body fat has been argued as key in
²⁵⁴ understanding disease development¹³. Body fat percent (BF) provides an easily
²⁵⁵ comparable measure of excess adipose tissue.

²⁵⁶ Both WHR and BF are used clinically and for population-based research to pro-
²⁵⁷ vide more alternative measures of an individuals body composition. Whereas BMI
²⁵⁸ provides an overall approximation of an individuals proportions, WHR provides an

259 approximate assessment of the deposition of fat around the body; deposition of fat
260 at the waist is indicative of greater visceral fat²². BF by its nature of measuring fat
261 mass directly rather than estimating it like BMI, provides a more accurate estimation
262 of body composition²⁵. Both BMI and WHR have a single measurement while
263 BF can be measured in a number of different ways including estimations based
264 on WHR and BMI. Imaging measures, such as dual-emission X-ray absorptiometry
265 (DXA), enable direct measurement of adipose tissue and are the most accurate
266 measure of BF though are not practical at scale.

267 As with BMI there are a number of considerations when using WHR and BF.
268 Firstly, sexual dimorphism is acutely present with both measures. Physiologically,
269 women generally have more body fat than men for any given weight and/or height.
270 This difference is observed after puberty. Fat deposition in women is predominantly
271 around the hips while in men it is around the waist. This difference is reflected
272 in their respective WHRs and is reason for the different threshold for
273 obesity classification.

274 With both WHR and BF there is potential for measurement error. There are
275 specific guidelines produced by the WHO for taking waist and hip circumference
276 measurements²⁴ and it is estimated that error can be as high as 1.56cm²⁴. Measurement
277 error for BF is dependent on the method used. For all methods the fasted
278 status of the individual and whether they had recently performed exercise can influence
279 measurement. Impedance devices aim to measure resistance of an electric
280 current passed through an individual, with resistance, age, height, weight, and sex
281 used in proprietary equations. As these equations are commercially sensitive their
282 application to different populations is difficult to appraise. However, studies have
283 shown similar results with more accurate measures of BF^{26,27}. Though imaging

284 studies are able to directly measure fat-free and fat mass, a hard call must still be
285 made as to whether the measured area is coded as fat-free or fat mass. That being
286 said, there is high interindividual reproducibility of DXA measures²⁸.

287 Like BMI^{14–16}, WHR^{9,29–32} and BF^{29,32–34} are also associated with mortal-
288 ity. Performing a manual literature search for WHR and the categories identi-
289 fied in the MELODI analysis (Table A.1) reveals a number of associations includ-
290 ing: cancer³⁵, cardiovascular^{36,37}, kidney³⁸, liver³⁹, neurological/behavioural^{40,41},
291 pregnancy⁴², respiratory⁴³ and diabetes⁴⁴. For BF, fewer studies were reported in
292 the literature with associations including: cancer³³, cardiovascular^{33,45}, kidney⁴⁶,
293 respiratory³³, and diabetes⁴⁷.

294 1.3 Adipose tissue

295 Weight is made up of two components, fat free mass and fat mass. Fat free mass en-
296 compasses muscle, bone and water mass. Fat mass is an all encompassing term for
297 adipose tissue. Adipose tissue is predominantly made up of adipocytes, with other
298 tissues and cells such as the stromal vascular fraction, preadipocytes and fibrob-
299 lasts making up smaller proportions^{48–50}. The main function of adipose tissue is
300 energy storage in the form of lipids, with a secondary function to insulate the body
301 and maintain thermoregulation. These two functions can broadly be separated into
302 two types of adipose tissue, white and brown⁴⁹.

303 In addition to energy storage and insulation, adipose tissue is considered an en-
304 docrine organ, responsive to afferent signalling as well as being a prolific signaller
305 itself⁵¹. Advances in genetics and availability of large population studies has en-

306 abled the identification of single nucleotide polymorphisms (SNPs) and genes as-
307 sociated with increased adipose tissue⁵².

308 **1.3.1 Energy storage**

309 Energy storage is determined by energy intake and energy expenditure. An increase
310 or decrease in one leads to a change in energy balance and thus an increase or
311 decrease in total energy storage as *Energy balance = energy in – energy out*.
312 Energy stores are comprised primarily of proteins, carbohydrates, and fats. For
313 protein, there is little change in total energy stores outside of a growth stimulus
314 (i.e. exercise is needed to increase protein stores)⁵³. Carbohydrate stores fluctuate
315 markedly throughout the day as a result of limited storage capacity and the fact
316 that they comprise the majority of energy production⁵³. Fats are the largest energy
317 store. Daily fat intake is ~1% of the total available fat store⁵³. Given the tight
318 controls over protein and limited availability of carbohydrate storage, fat storage is
319 the only expandable reservoir of excess energy intake^{48,53}. As a result, an energy
320 imbalance will be reflected in the fat stores and not elsewhere^{48,53}.

321 Excess energy is stored in adipocytes in the form of lipid droplets (triglyc-
322 erides; Figure 1.3) via lipogenesis. The release of these fat stores, in the form of
323 fatty acids, occurs through lipolysis. As the main store of excess energy, triglyc-
324 erides provide an accurate reflection of energy imbalance, while adipocytes reflect
325 the deposition and mobilisation of triglycerides⁴⁸. Deposition and mobilisation of
326 triglycerides, depicted in Figure 1.3, is a product of a complex interplay of ge-
327 netic and hormonal signals with leptin and insulin playing key roles⁵⁴. Insulin
328 stimulates the conversion of acetyl-CoA to triglycerides by encouraging uptake

329 of glucose by adipocytes and promoting production of SREBP1 (sterol regulatory
 330 element-binding protein 1). SREBP1 regulates fatty acid, triglyceride and choles-
 331 terol synthesis^{48,50}. In addition, lipoprotein lipase plays a key role in hydrolysing
 332 circulating triglycerides into fatty acids enabling their uptake by adipocytes⁴⁸.
 333 Though they can expand, individual adipocytes have limited storage capacity for
 334 triglycerides. Once *full*, adipocytes have the ability to multiply⁴⁸. The amount
 335 of expansion adipocytes can achieve is limited^{48,55} and thought to be influential
 336 in the rate of adipogenesis, the rate of fat mobilisation around the body and the
 337 development of disease⁵⁵.

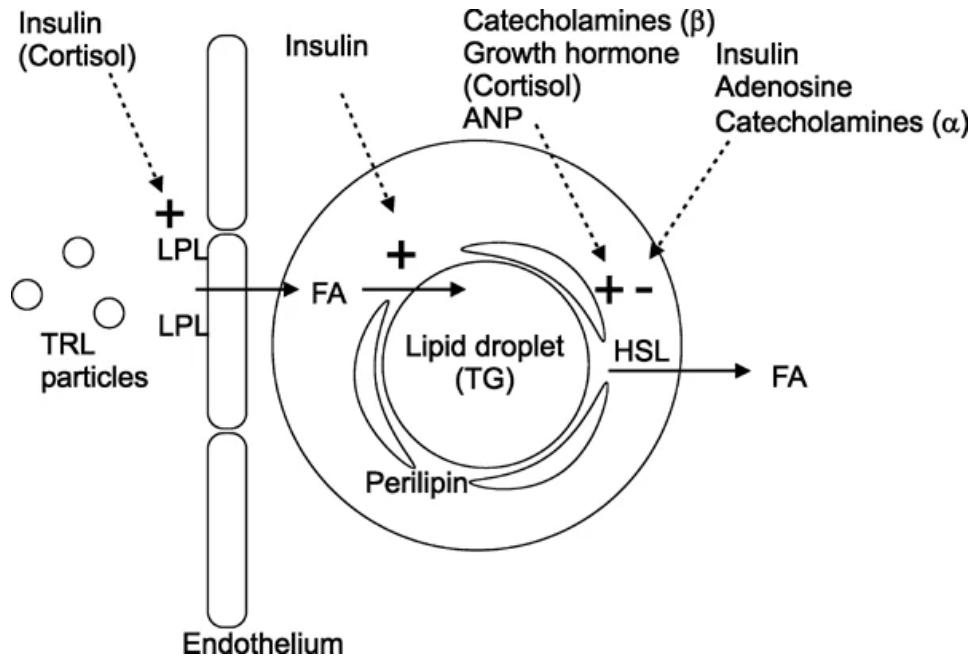


Figure 1.3: Diagram of adipocyte fat deposition and mobilisation

338 Figure 1.3, reproduced from Frayn et al. (2003)⁴⁸, depicts influences on adipocytes that
 339 result in fat storage. Stimuli such as insulin result in positive (+) fat deposition, while other
 340 stimuli such as cortisol may result in positive or negative (−) fat deposition depending on

341 the location of the adipocyte within the body. ANP, atrial natriuretic peptide, FA, fatty
342 acids; LPL, lipoprotein lipase; TG, triglyceride; TRL, TG-rich lipoproteins.

343 **1.3.2 Insulation**

344 Energy storage of fats is managed predominantly by white adipose tissue. These
345 deposits are located mainly within subcutaneous tissue. During infancy, brown adi-
346 pose tissue is abundant; however, as humans age these deposits *whiten* leaving few
347 adult brown fat deposits. The remaining deposits of brown adipose tissue in adults
348 are located around the neck, thoracic section of the spine, aortic body, and adrenal
349 glands; all locations with high blood flow^{50,56}. Thermogenesis by these tissues is
350 regulated by the hypothalamus and is achieved by uncoupling of the respiratory
351 chain of oxidative phosphorylation via UCP1 (uncoupling protein 1). When this
352 process is active, lipids and glucose are used as fuel⁵⁶. Due to the abundant vascu-
353 larization of areas where brown adipose tissue is located the heat generated from
354 this process is quickly distributed via the circulatory system. In addition, white
355 adipose tissue can undergo a *beiging* process taking on thermogenic properties
356 of brown adipose tissue. Beige adipose tissue is a half way point between white
357 and brown adipose tissue and is more widely dispersed than brown adipose tissue,
358 being located mainly within subcutaneous white adipose tissue. Beige adipose tis-
359 sue, much like brown adipose tissue, is cold activated but can be recruited through
360 signalling that mimics the stressed state induced by cold. The *beiging* process is
361 not well characterized but is thought to be a result of signalling changes during
362 differentiation of preadipocytes⁵⁰. The *beiging* process is reversible but has been
363 suggested as a therapeutic avenue for weight loss⁵⁶.

364 **1.3.3 Signalling**

365 It is important to consider adipose tissue as an organ in its own right. Not solely
366 comprised of adipocytes, adipose tissue includes a multitude of tissues and cells
367 including connective and nerve tissues and immune cells. All respond to, and
368 secrete, signalling molecules locally and systemically. It is thought this signalling
369 is primarily to maintain appropriate energy stores and includes signals influencing
370 deposition and mobilisation of fats and differentiation of new adipocytes^{48,50,51}.
371 Functionally, signalling molecules have metabolic effects and/or are involved in
372 steroid hormone production⁵¹.

373 Adipogenesis, the process of adipocyte formation, has been well charac-
374 terized and PPAR γ (peroxisome proliferator-activated receptor γ) is the master
375 regulator^{48,50}. Over-expression of PPAR γ leads to differentiation and under-
376 expression results in lipodystrophy. Other signalling molecules such as KLFs
377 (Kruppel-like factors) and C/EBPs (CCAAT-enhancer-binding proteins) influence
378 adipogenesis through PPAR γ ⁵⁰. Because of the master regulatory function of
379 PPAR γ , exploring regulatory function and expression has been considered as
380 a potential therapeutic avenue for obesity^{50,57}. Though not well characterized,
381 brown adipocytes are thought to be influenced heavily by PRDM16 and PGC1 α ,
382 with the latter required for thermogenesis and not necessarily adipogenesis⁵⁰.
383 The breakdown of stored triglycerides via lipolysis results in the release of fatty
384 acids and glycerol molecules for oxidation and gluconeogenesis respectively.
385 Fatty acids can also be broken down into ketone bodies via ketogenesis. While
386 insulin abundance activates lipogenesis, the relative absence of insulin promotes
387 lipogenesis. The lipolytic pathway, which is also activated by cAMP-dependent
388 (cyclic adenosine monophosphate) PKA (protein kinase A), relies on the function

389 of ATGL (adipocyte triglyceride lipase) and HSL (hormone sensitive lipase) to
390 catalyse the hydrolysis of triglycerides to di- and mono-glyceride's respectively.
391 Inhibition of ATGL can result in impaired lipolysis and obesity⁵⁸.

392 The signalling molecules adipocytes produce, known as adipokines, are nu-
393 merous and act on the auto- and endo-crine systems^{59,60}. There are adipose deposit
394 specific effects on expression and secretion of adipokines and the movement these
395 adipokines can be expected to undertake. Subcutaneous adipose tissue adipokines
396 travel through the systemic system while visceral adipose tissue adipokines can
397 travel via the portal system with direct access to the liver. Adipocyte receptors
398 are also expressed differentially based on deposit location⁵¹. The main adipokines
399 (Figure 1.4) produced by adipocytes are leptin and adiponectin which function to
400 regulate metabolism and inflammation systemically. Other cells within the adi-
401 pose tissue, including immune and endothelial cells, produce much of the other
402 adipokines such as TNFa (tumour necrosis factor *a*) and IL6 (interleukin 6)⁵⁰.

403 Abnormal levels of adipokines are harmful, as they lead to impaired adipose tis-
404 sue function and subsequent downstream effects such as insulin resistance^{50,60-62}.
405 As adipose tissue abundance increases so too does the likelihood of abnormal lev-
406 els of adipokines. This is of particular interest as adipokine levels can change as a
407 result of diseases such as obesity, thus introducing feed-back loops which serve to
408 alter normal processes^{60,61}. However, there are outstanding questions about how
409 abnormal levels of adipokines leads to the development of disease⁶⁰. For detailed
410 discussion of adipokines and the pathways that lead to their production, which is
411 not in the scope of this thesis, see^{50,51,60-62}.

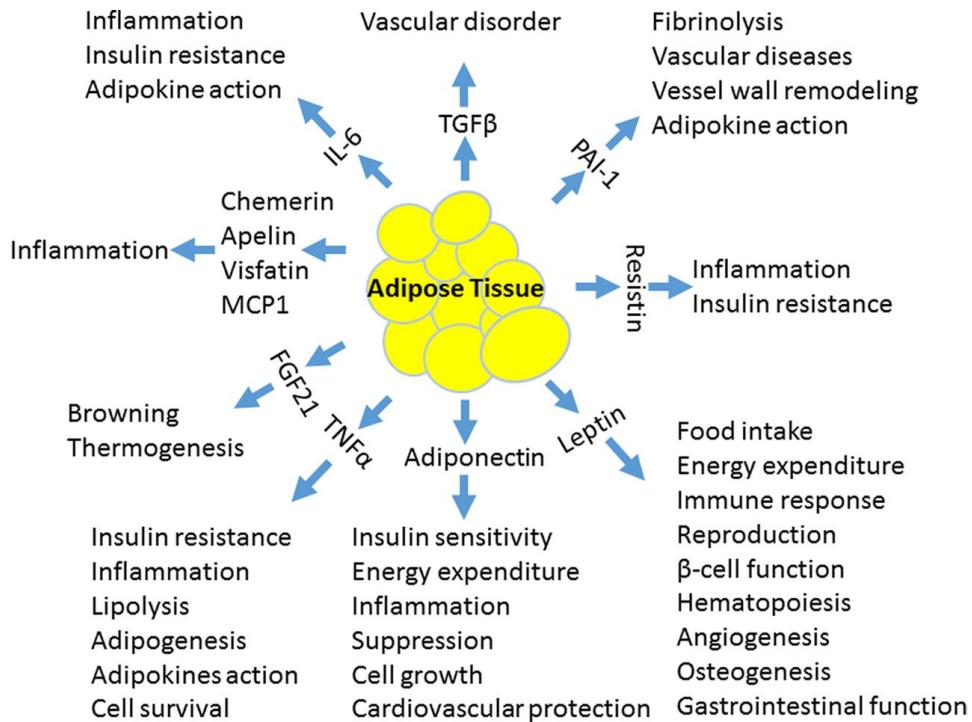


Figure 1.4: Diagram of the main adipokines secreted by adipose tissue

412 Figure 1.4, reproduced from Luo and Liu (2016)⁵⁰, shows the main adipokines secreted by
 413 adipose tissue and their local and systemic functions. ASP, acylating simulation protein;
 414 FGF21, fibroblast growth factor 21; IL6, interleukin 6; MCP1, monocyte chemoattractant
 415 protein 1; PAI1, plasminogen activator inhibitor 1; TNF α , tumour necrosis factor alpha.

416 1.3.4 Genetics

417 Production of adipokines, though partly a response of afferent signalling, is also
 418 a result of adipocyte genetics. This is also the case for lipogenesis, storage ca-
 419 pacity, lipolysis, mobilisation of fat deposits and energy expenditure⁵². A num-

ber of adipose specific genes have been identified including *LEP*^{63,64}, *ADIPOQ*⁶⁵, and *PPARy*^{64,66} encoding the adipokines leptin and adiponectin and the adipose-specific transcription factor *PPARy*. These, and other genes⁶⁴, are expressed differently in subcutaneous and visceral adipose tissue as well as in non-adipose tissue⁶⁴. Differential expression along with the presence of adipose-specific genes is associated with obesity and related diseases⁶⁴. For example, *SLC19A3* is an adipose-specific gene⁶⁴ encoding a thiamine transporter; thiamine dependent enzymes have been associated with obesity⁶⁷. As adipocyte expandability is limited, and given that an excess of fatty acids results in increased adipogenesis^{48,55}, it is possible that expandability is fixed by adipose-specific genes and expression. This may have an impact on the development of diseases such as type-2 diabetes where incidence differs between different ancestral populations with the same BMI⁶⁸.

1.4 Body mass index and disease

With obesity responsible for 8% of premature deaths per-year² and more people expected to be overweight or obese in the coming years³⁻⁵ it is important to understand how increased adiposity leads to mortality. Large scale literature searching (see Supplementary @ref(#chapter1-appendix)) highlights the broad array of diseases and complications linking BMI and mortality. These diseases and complications can broadly be categorised as: Cancer, Cardiovascular, immune, Kidney, Liver, Neurological/behavioural, Other, Pregnancy, Respiratory, where *other* includes disease like diabetes and the metabolic syndrome (Table A.1).

441 1.5 Underlying aetiology of the BMI disease relationship

442 Although associated with many of the same diseases, the underlying aetiology
443 of the relationships between BMI, WHR and BF with these diseases is not
444 clear. For quality of life, the relationship is mostly explained by the presence of
445 co-morbidities which increases the likelihood of poor outcomes. Stigmatisation
446 as a result of increased fat mass may also be involved in poor quality of life^{69,70}.
447 Similarly, the relationship with many sleep complications is likely a result of
448 chronic pulmonary diseases – distribution of fat mass around the neck may also be
449 important⁶⁹⁻⁷¹.

450 Type 2 diabetes development is likely to follow a process of impaired glucose
451 clearance as a result of increased adiposity, which leads to increased insulin re-
452 sistance. There are likely wider metabolic changes that influence this process
453 which are also a consequence of increased adiposity^{23,69,70}. Respiratory diseases
454 are likely a result of reductions in FEV1, FVC, lung and residual capacity, and ex-
455 piratory reserve. Each of these is a consequence of weakened muscles and reduced
456 compliance of the chest which can be caused by the physical burden of increased
457 adiposity around the chest and lungs^{70,71}. With respiratory disease there is also
458 the prospect of confounding as a result of smoking status, which increases with
459 increased adiposity⁷². In the case of cardiovascular disease, hypertension may be
460 related to changes in: sympathetic activity, blood flow and viscosity, and dietary
461 intake as a result of increased adiposity^{69,70,73}. Some of these changes might sim-
462 ilarly be a result of metabolic, inflammatory and hormonal changes. Both dyslipi-
463 demia and reductions in HDL result from increased adiposity and these changes
464 may be important in development of heart disease.

465 Unlike diabetes and respiratory diseases, most other diseases have a less well
466 understood process of development as a result of increased adiposity. Increased
467 adiposity is associated with numerous types of cancer. Hypotheses for these asso-
468 ciations differ based on the type of cancer. Metabolic, inflammatory and hormonal
469 changes as a result of increased adiposity are proposed as leading to the develop-
470 ment of a number of different cancers^{23,69,70,74}.

471 The location of fat deposits may also be important (e.g. deposition of adipose
472 tissue around the heart may result in inflammation of the myocardium, but this
473 might also be subsequent to dyslipidemia and reduction in HDL^{23,69,70,75}). Os-
474 teoarthritis, though likely a result of the physical burden of increased adiposity,
475 may also be a product of changes to cartilage and bone metabolism^{69,70}. Similar
476 metabolic changes may play a role in a number of other diseases. An increased risk
477 of gallstones is associated with increased cholesterol⁶⁹ and increased salt intake has
478 been suggested as a potential link between increased adiposity and stroke^{23,70}.

479 The body of work investigating associations between increased adiposity and
480 disease is extensive. Many proposed mechanisms of disease development involve
481 the physical burden of fat mass and/or changes to different pathways, particularly
482 metabolic changes. However, the potential for residual confounding and reverse
483 causation in these studies warrants further investigation using methods robust to
484 these challenges.

485 1.6 Mendelian randomization

486 Studies investigating the associations between increased adiposity and metabolites
487 and metabolites and disease are important and, when conducted in optimal con-
488 ditions provide information on the potential causes and consequences of altered
489 metabolic states. Even with optimal conditions observational studies hold a num-
490 ber of limitations that can not easily be overcome. These limitations, such as con-
491 founding and reverse causation, can lead to biased results⁷⁶⁻⁷⁹. Simply put, though
492 a study may identify an association between two traits does not mean that one
493 causes the other; they may be correlated because of shared causes for instance.

494 In observational epidemiology, ideally we want to compare individuals based
495 on the exposure and so attempt to control the experiment by accounting for con-
496 founderis. In this regard we attempt to replicate a randomised control trial, wich is
497 the gold standard for testing causality. However, the large costs and time required
498 to develop, implement and analyse results limits their use. More importantly, ran-
499 domizing individuals to conditions known to be associated with harmful outcomes
500 is ethically wrong. An alternative approach is to utilise the large amounts of data
501 that are publicly available or that can be accessed through institutions. Causal in-
502 ference methodologies have been established to exploit the availability of these
503 data sets.

504 Mendelian randomization (MR), described^{80,80,81} and reviewed^{82,83} elsewhere,
505 and accompanied by a dictionary of terms⁸⁴, is a statistical methodology that uses
506 genetic variants as instrumental variables to investigate the causal relationship be-
507 tween an exposure and outcome^{80,85}. The reassessment of many observational as-
508 sociations has provided strong evidence for the relationships between risk factors

509 and diseases, but has also highlighted the biases and limitations of observational
510 research⁷⁷⁻⁷⁹.

511 Briefly, individuals inherit alleles largely at random from their mother and fa-
512 ther. Across a large population this leads to the even distribution of confounders
513 between the effect and non-effect alleles. As such, individuals differ because of
514 the expressed allele rather than their environmental circumstances. This random
515 allocation of genetic variants, which may ultimately be related to a health out-
516 come, is analogous to a randomised control trial where genotype groups act as the
517 intervention and non-intervention arms of the trial.

518 Inference derived from MR analyses relies up-on three assumptions (Figure
519 1.5): (i) the instrumental variable (Z) is robustly associated with the exposure
520 (X), (ii) there is no independent association of the instrumental variable with the
521 outcome (Y) other than through the exposure, (iii) the instrumental variable is
522 independent of measured or un-measured confounders (U).

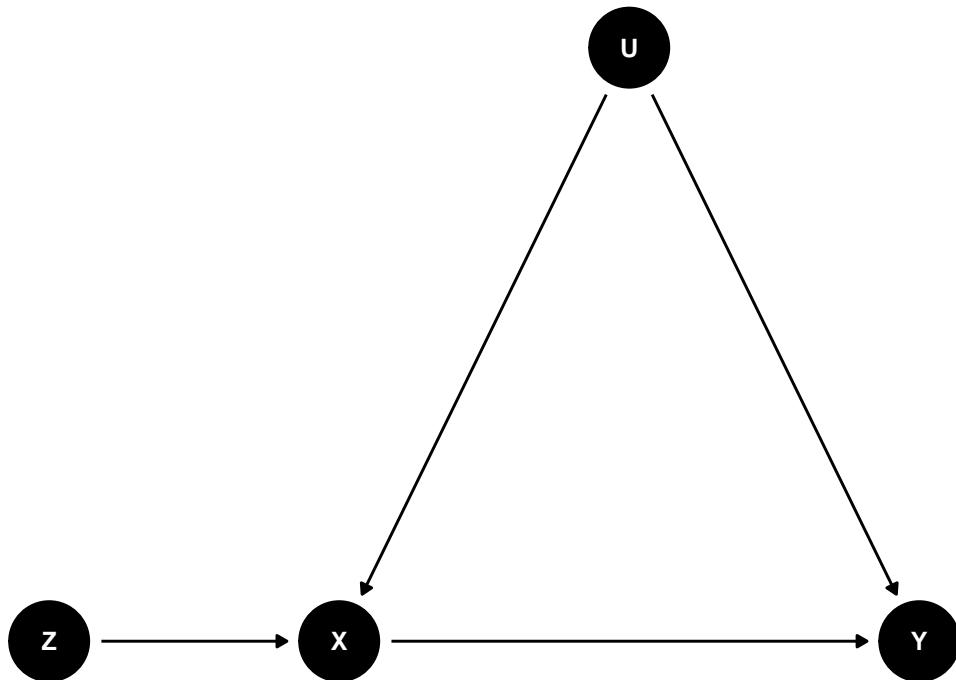


Figure 1.5: Directed acyclic graph of the Mendelian randomization principle

523 $Z = \text{instrumental variable}; X = \text{exposure}; Y = \text{outcome}; U = \text{confounders}.$

524 Additional assumptions based on homogeneity, monotonicity, and effect mod-
 525 ification are also present. The homogeneity assumption assumes the association
 526 between the IV and the exposure or the effect of the exposure on the outcome is
 527 homogeneous. That is, the association or the effect is the same for all individuals
 528 in the population. Monotonicity can be deterministic or stochastic. Deterministic
 529 monotonicity assumes that the effect of the IV is consistent in all individuals of
 530 the population. That is, the effect of the IV does not increase the exposure in one
 531 group and decrease it in another. Stochastic monotonicity assumes deterministic
 532 monotonicity conditional on confounders.

533 Based up-on Mendel’s laws of inheritance, MR relies on the assumption that
534 genetic variants are unlikely to be associated with one another (outside of linkage
535 disequilibrium) or with environmental factors. Deviation from which would mean
536 an uneven distribution of alleles across a population. Consideration in MR anal-
537 yses should therefore also be given to dynastic effects, population structure, and
538 assortative mating. Within family MR can be used to obtain the true causal effect
539 in these situations^{86,87}.

540 Dynastic effects, a form of confounding, are a consequence of traits transmitted
541 across generations which then influence the causal effect estimate^{87,88}. That is, the
542 parental genotype directly effects the offspring phenotype. For example, the effect
543 BMI on cardiovascular disease may be biased by the instrumental variables for
544 BMI being correlated across parent and offspring and the effect of maternal BMI
545 on offspring development, which has an effect on future cardiovascular disease. In
546 this instance the seond MR assumption would be violated. Within family studies
547 are proposed, and simulations have shown, to overcome some of the consequences
548 of dynastci effects^{87,88}.

549 Population structure is a result of allele frequency differing across geographic
550 regions. This would violate the assumption that instrumental variables are indepen-
551 dent of confounding factors. In MR analyses it is assumed that latent structure is
552 accounted for in the genome-wide association study (GWAS) in which the instru-
553 mental variables are discovered⁸⁹. As the sample sizes of GWAS’s has increased
554 the potential for subtle effects of population structure has been observed^{89,90}.

555 Assortative mating is the principle by which partners select one another based
556 on a particular phenotype. This is either cross-trait (one trait selecting for another

557 trait) or single-trait (one trait selecting for the same trait). MR results can be biased
558 by both types of assortative mating, even when the phenotypes of interest are not
559 those which influenced the mating⁸⁶.

560 Canalization, whereby what would otherwise be developmentally deleterious
561 genetic effects are nullified by compensatory mechanisms, is broadly equivalent
562 to non-adherence in an RCT. Any effects of canalization would attenuate effect
563 sizes⁸⁵, however there are currently no methods to detect its presence in an MR
564 context. The effects of canalization are unlikely to be present in MR studies which
565 utilise maternal genotypes for environmental exposures of the offspring such as
566 during gestation⁹¹. For complex traits it is possible that canalization occurs at the
567 level of the system rather than at the gene level⁹². As such, any outcome of a
568 genetic mutation in regards to its role in the canal would likely be unpredictable.

569 Methodological advances have enabled MR studies to be conducted with both
570 individual level, known as one-sample MR, and summary level data obtained from
571 published GWASs⁹³, known as two-sample MR. In both contexts, instrumental
572 variables are often obtained from external GWAS's. Increasingly, these are large
573 and well powered GWAS' able to idnetify ever increasing numbers of SNPs asso-
574 ciated with complex traits such as with BMI⁹⁴⁻⁹⁸. As power has increased, the
575 ability to detect SNPs with smaller effects and which explain ever smaller propor-
576 tions of variance in BMI has increased⁹⁸. This holds potential considerations in
577 regards to population structure and the effects of an omnigenic model.

578 As discussed, population structure was thought to have been an issue in
579 smaller studies and could be accounted for by adjustment. However, well powered
580 studies have shown both latent structure^{89,90} and an inability to perform adequate

581 adjustemnt⁹⁹. This has potential implications, not only for the effect sizes of
582 associated SNPs but also for the identification of SNPs associated with the trait⁹⁹.
583 For example, a poorly or un-adjusted GWAS could identify SNPs associated with
584 population differences rather than the trait of interest.

585 In an omnigenic model, variance in a trait of interest is not solely a result of di-
586 rectly related genes (core-genes). Rather, all genes expressed in relevant cell types
587 have an effect, however small, on the trait of interest¹⁰⁰. These peripheral-genes,
588 which have no obvious direct link to the trait of interest, are mostly in non-coding
589 regions with regulatory functions¹⁰¹. Given that variants associated with complex
590 traits are dispersed widely across the genome¹⁰¹ and that assigning a link between
591 any particular SNP and an individual gene is difficult¹⁰², variants associated with
592 complex traits likely implicate many genes with the trait. Because many of these
593 will be peripheral-genes they will ultimately have functions on other traits, which
594 in an MR context may include the outcome and thus violate the exclusion restric-
595 tion assumption.

596 Additional considerations include random measurement error (random mea-
597 surmeent in the exposure will bias towards the null, and increase the standard error
598 if in the outcome), Winners curse (whereby discovery studies identify larger ef-
599 fects than those in replication studies), collider bias (conditioning on a variable by
600 adjustment, restriction, or sampling can induce an association betwene X and Y
601 biasing th estimate both away and towards the null), non-overlapping samples (spe-
602 cific to two-sample MR, where the exposure and outcome data are obtained from
603 samples with shared individuals), horizontal pleiotropy (the instrumental variable
604 has an affect on the outcome independent of the exposure), and vertical pleiotropy
605 (the instrumental variable does not have an effect on the exposure directly but on

606 traits that have an effect on the exposure).

607 Among the considerations and limitations of MR, population stratification, hor-
608 izontal pleiotropy and canalization are the most challenging to account for. Though
609 one can restrict analyses to homogeneous groups, use principal components, and
610 perform within family studies to examine and mitigate the effects of population
611 stratification, biases (e.g. sampling bias) may still remain. Additionally, methods
612 for assessing potential horizontal pleiotropy exist but formal assessment of the ex-
613 clusion restriction assumption is not possible. Accounting for canalization is much
614 harder and, though being aware of the underlying biology can inform ones analy-
615 ses, methods for assessment do not exist. Unlike the other considerations, vertical
616 pleiotropy does not necessarily bias MR results rather it highlights potential inter-
617 mediates.

618 Both one-sample and two-sample MR can be extended to investigate inter-
619 mediates that sit on the causal pathway. Mediation analysis in MR is discussed
620 in detail elsewhere¹⁰³ and can be achieved using two-step¹⁰⁴/network MR¹⁰⁵ and
621 multivariable MR¹⁰⁶ (MVMR). Briefly, mediation analysis is interested in identi-
622 fying the total effetc, the direct effect, and the indirect effect; where all act in the
623 same direction the proportion of the total effect explained by teh mediator (propor-
624 tion mediated) can be calculated¹⁰⁷. The total effect is the effect of the exposure on
625 the outcome through all mediated pathways, the direct effect is the effect of the ex-
626 posure on the outcome through all mediated pathways that are not the pathway of
627 interest, the indirect effect is the effect of the exposure on the outcome through the
628 mediator of interest. These analyses are predicated on the following assumptions:
629 (i) that there is a causal effect of the exposure on the outcome and mediator and of
630 the mediator on the outcome; (ii) that there is no confounding between exposure,

631 mediator, and outcome; (iii) that there are no intermediate confounders; (iv) that
632 there is no interaction between the exposure and mediator¹⁰⁷.

633 In two-step MR (Figure 1.6) the indirect effect is calculated by multiplying the
634 effect of the exposure on the mediator and the effect of the mediator on the out-
635 come. The three core MR assumptions (and all previous considerations) must still
636 be met and also extended: (i) the instrumental variables (Z & $Z2$) must be robustly
637 associated with the exposure or intermediate only (X and M), (ii) the instrumental
638 variables for the exposure (Z) must not be associated with the intermediate (M)
639 or the outcome (Z) other than through the exposure (X), and the intermediate in-
640 strumental variables ($Z2$) must not be associated with the exposure, and only with
641 the outcome (Y) through the intermediate, (iii) the instrumental variables for the
642 exposure and intermediate must not be associated with measured or unmeasured
643 confounders. No interaction between exposure and mediator is also assumed. Two-
644 step MR has been used^{108–110} and combined with MVMR¹¹¹ to gain better insight
645 into disease aetiology.

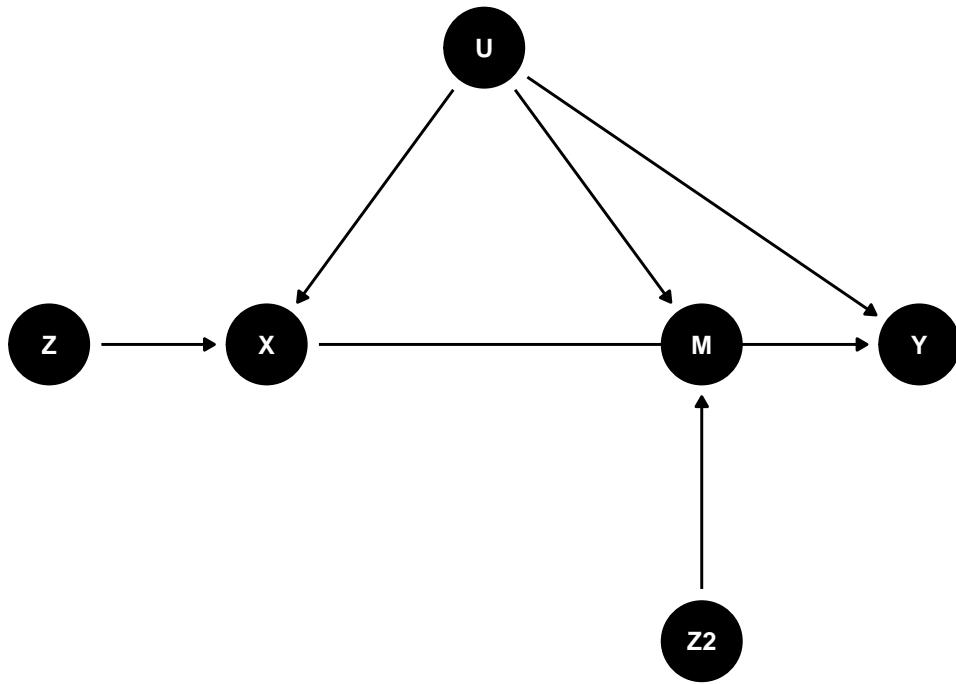


Figure 1.6: Directed acyclic graph of the two-step Mendelian randomization principle

646 Z = instrumental variable; X = exposure; M = intermediate; U = confounders; $Z2$ =
 647 instrumental variable for M ; Y = outcome.

648 Multivariable MR allows for the causal effects of multiple exposures on an
 649 outcome to be estimated¹⁰⁶ (Figure 1.7). The effect of each exposure is estimated
 650 conditional on the other exposures and thus provides a direct estimate of the effect.
 651 Figure 1.7 shows a simplified MVMR model with two exposures (X and $X2$); the
 652 bidirectional line between exposure one and exposure two does not make an as-
 653 sumption about the exposure relationships. The indirect effect is estimated by sub-
 654 traction of the direct effect from the total effect. The total effect is calculated using
 655 univariable MR. As with two-step MR, no interaction between exposure and me-

656 diator is assumed. Though a new approach, and still subject to the same assumptions
657 as with two-step and univariable MR, MVMR has shown promise in elucidating
658 underlying aetiology of complex traits¹¹¹⁻¹¹⁴.

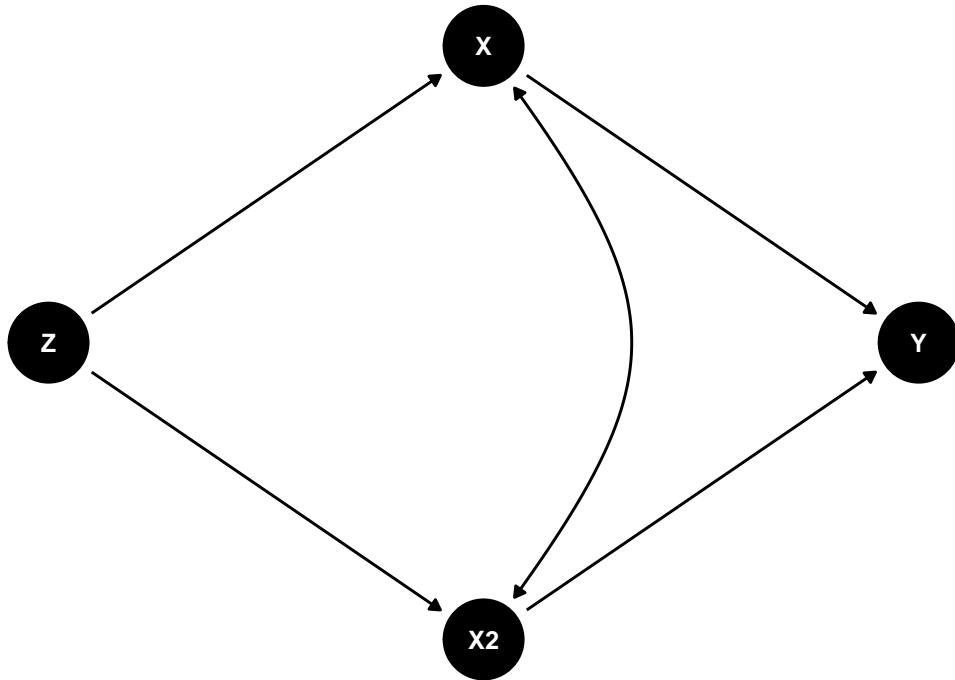


Figure 1.7: Directed acyclic graph of the multivariable Mendelian randomization principle using two exposures

659 Z = instrumental variables associated with one or more of the exposures; X = exposure;
660 $X2$ = second exposure; Y = outcome.

661 Though two-step MR was devised with epigenetic mechanisms in mind¹⁰⁴ and
662 MVMR has shown promise investigating metabolic intermediates¹¹³, their appli-
663 cation to large omic data sets is yet to be shown. An alternative approach, which
664 instead of estimating mediated effects looks for overlapping signals, may also be
665 appropriate for omic data[NOTE: INSERT REF TO RCC PAPER]. In this regard,

666 the effect of the exposure on the candidate intermediate and the effect of candidate
667 intermediate on the outcome are ranked in terms of their effects. A candidate inter-
668 mediate is considered to be a potential mediator if it ranks highly in both analyses.
669 [NOTE: DISUCSS LIMITATIONS ONCE PAPER IS COMPLETED]

670 **1.7 Metabolites**

671 Many of the diseases discussed (Section 1.5) have hypothesised development pro-
672 cesses involving metabolic, inflammatory and hormonal changes. As a complex
673 signalling organ with both local and systemic effects, adipose tissue is likely to
674 influence all three of these processes at both local and systemic levels. It is not
675 within the scope of this thesis to investigate all three, but recent advances in mea-
676 surement methodologies and the availability of large, and deeply phenotyped pop-
677 ulation based studies may now provide the data necessary to investigate metabolic
678 effects.

679 The metabolome, the total abundance of small-molecules, is a reflection
680 of genetic and non-genetic factors and sits between the proteome and the
681 phenotype^{115–118}. The metabolome can be separated into endogenous (internally
682 produced) and exogenous (externally produced) metabolites, whereby the majority
683 of metabolites are the result of cellular processes, with multiple functions includ-
684 ing as energy, signalling, transportattion, and structural components. Metabolic
685 effects can be far reaching and also include post-translational modifications^{118,119}.
686 During homeostasis metabolic effects are tightly controlled, however the many
687 functions they play mean that imbalances can be detrimental^{115,118,119}.

688 Measurement of individual metabolites, at scale, is achieved predominantly
689 through mass spectrometry (MS) and nuclear magnetic resonance (NMR). Both
690 MS and NMR have differing limitations with full coverage of the metabolome not
691 achieved by either. Complimentary usage of the two methods is desirable¹²⁰; how-
692 ever, as MS is destructive and both methods are costly this is not always possible.
693 Many population-based studies have metabolomics data from only one measure-
694 ment method limiting the number of metabolites available for analysis.

695 The number, and type, of metabolites identified by MS and NMR methods
696 is dependent upon whether a targeted, semi-targeted, or un-targeted approach is
697 taken. Targeted metabolomics analysis uses an internal standard to character-
698 ize individual metabolites^{121,122} whereas un-targeted metabolomics analysis mea-
699 sures all metabolites within a specified range^{122,123}. Semi-targeted approaches
700 use internal standards to quantify groups of metabolites with similar chemical
701 structure¹²². Targeted studies are able to identify a handful of metabolites where as
702 semi-targeted and un-targeted can identify hundreds to thousands. As targeted and
703 semi-targeted methods use internal standards absolute quantification of metabolit
704 abundance is possible. In un-targeted methods only relative quantification, the peak
705 area of each metabolite in comparison to other samples, is possible¹²².

706 The availability of well powered population studies with metabolomics data
707 from targeted, semi-targeted, and un-targeted methods as well as matched genome-
708 wide data has enabled a growth in metabolite GWASs^{117,120}. These studies have
709 revealed large variations in the heritability of metabolites and numerous loci associ-
710 ated with their abundances[124; 125; 126; 127; Lotta2020]. The public availability
711 of these GWASs provides a unique opportunity to perform genetic epidemiology
712 studies which can compliment the existing literature from observational association

713 studies.

714 Metabolites reflect the current condition and activity of an organism and vary
715 in abundance depending on the state of the individual. This is particularly evident
716 in fasted and non-fasted measurements^{128–130} but also in case control studies such
717 as those focussing on diabetes¹³¹ and cancer^{119,132}. Differences are also appar-
718 ent when studying complex traits such as BMI^{133,134} as well as many more¹³⁵ -
719 a searchable database of metabolite information, including links with disease, is
720 available from The Human Metabolome Database.

721 These studies provide an overall assessment of the changes metabolites un-
722 dergo as a result of different conditions but the relationship is not clear. Whether
723 metabolites change as a result of a condition or lead to its development is an im-
724 portant question with potential clinical importance. Mutable, both from a genetic
725 and non-genetic perspective, the metabolome can, with caution, be used to in-
726 vestigate the development of diseases^{116,117,120}. Particular consideration should
727 be given to the metabolomics approach (targeted, semi-targeted, untargeted) and
728 whether individuals were fasted. Consideration should also be given to the fact that
729 metabolomics analysis provides a snapshot of an individuals current state. Though
730 few studies have investigated metabolomic stability in large populations, variability
731 in metabolite measures is apparent^{128,136,137}.

732 A key aspect of future work investigating relationships between metabo-
733 lites and diseases are the interactions metabolites have with one another. The
734 metabolome is a complex system involving feedback and feed-forward loops,
735 this complexity means many metabolites are intercorrelated¹³⁸, have high genetic
736 correlation¹²⁷ and share a common genetic architecture^{124–127,139}. As such,

737 a perturbation in a single metabolite rarely occurs in isolation. Investigating
738 metabolites as grouped entities that represent the underlying complexity, rather
739 than individual metabolites, may help to elucidate relationships with disease.

740 **1.8 Aims**

741 Increased adiposity is a global health concern. Many of the consequence of in-
742 creased adiposity are known but the underlying aetiology is not well understood.
743 Adipose tissue is a prolific signalling organ with systemic effects some of which
744 are likely to affect the metabolome. Individual metabolites have been associated
745 with many diseases but the complexity of the network makes these analyses diffi-
746 cult. MR studies provide an opportunity to investigate and disentangle the complex
747 relationship between exposure, intermediate and outcome. These studies must be
748 approached carefully given the interrelatedness of metabolites. In light of these
749 considerations this thesis aims to:

- 750 • *Identify metabolites that sit on the causal pathway from increased adiposity
751 to disease*

752 **1.8.1 Objectives**

753 In order to achieve this aim this thesis will investigate the following objectives:

- 754 1. Perform a systematic review (Chapter 2) of all MR studies in which a mea-
755 sure of increased adiposity was used as an exposure. The diseases identified
756 in this work will guide the diseases investigated (Chapter 9).
- 757 2. Identify and describe appropriate instrumentation of increased adiposity.
758 The systematic review (Chapter 2) will provide information on current
759 instrumentation practices for MR. I will use this information and test MR

760 instrument assumptions using individual level data to select instruments for
761 subsequent analyses (Chapters 3 and 4).

762 3. Identify metabolites associated with increased adiposity in observational
763 (Chapter 4) and MR settings (Chapter 5).

764 4. Gain overview of metabolic profiles to enable interpretation of analyses from
765 Chapters 4, 5, and 9 using visualisation tools (Chapter 6).

766 4. Implement methods to reduce the complexity of the metabolome and pro-
767 duce instruments for MR analyses (Chapters 7 and 8).

768 5. Identify diseases associated with metabolites in an MR setting (Chapter 9)
769 and present the investigated network of increased adiposity -> metabolites
770 -> diseases.

771 1.9 Summary

772 Within this chapter I have..... [NOTE: look to kaitlins thesis for an idea of how
773 to link chapters together]

774 1.10 Presentation of results

775 In this thesis large association analyses are conducted. The presentation and in-
776 terpretation of this data is complicated by the highly inter-correlated nature of
777 metabolomics data and the need to compare effects across multiple exposures,
778 models and ages. To this effect, and discussed in detail in Chapter 6, Circos plots
779 have been used to visualise results. To aid interpretation of these going forward,
780 and unless otherwise stated in the figure legend, the following applies:

- 781 • Each point represents a single test of an exposure on an outcome
- 782 • Labels around the edge of the plot represent outcomes
- 783 • Tracks represent a single variable (e.g. an exposure)
- 784 • Each point is accompanied by a 95% confidence interval
- 785 • Solid points represent a multiple testing threshold has been reached
- 786 • Data is split into sections (denoted by numbers) which is dictated by group-
787 ing outcomes by a variable (e.g. subclass)

⁷⁸⁸ **Chapter 2**

⁷⁸⁹ **Systematic review**

⁷⁹⁰ **TITLE OF CHAPTER**

⁷⁹¹ **Chapter 3**

⁷⁹² **Instrumentation**

⁷⁹³ ***Instrumenting measures of increased adiposity***

⁷⁹⁴ Although the prevailing thought is that BMI, WHR, and BF% are all highly cor-
⁷⁹⁵ related there is little recent evidence from studies investigating all three measures
⁷⁹⁶ simultaneously in the same populations. Evidence mainly comes from a study by
⁷⁹⁷ Pouliot et al. (1994)¹⁴⁰; for men they found correlations of: BMI and BF% = 0.85,
⁷⁹⁸ BMI and WHR = 0.78, WHR and BF% = 0.70; women: BMI and BF% = 0.96,
⁷⁹⁹ BMI and WHR = 0.58, WHR and BF% = 0.55. See Chapter 3

⁸⁰⁰ Given the high correlation between BMI, WHR, and BF% (at least sex specif-
⁸⁰¹ ically in the case of WHR and BF% - See Chapter 3) it may be likely that a study
⁸⁰² reporting an association between BMI and a disease will also show a similar associ-
⁸⁰³ ation with WHR and/or BF%. We looked for review articles for BMI and multiple
⁸⁰⁴ diseases and looked for studies reporting BMI and WHR and/or BF% to identify if

805 studies found similar associations across multiple measures of increased adiposity.
806 Table ?? shows studies identifying an association between BMI and a disease and
807 studies which show similar associations with WHR and BF%. A summary of the
808 studies which discuss underlying aetiology of the associations is also presented.

809 As a result, we first set out to investigate the correlation between BMI, WHR,
810 and BF% in two independent population based studies: the Avon Longitudinal
811 Study of Parents and Children^{141,142}(ALSPAC) and UK Biobank^{143–145}.

812 **3.0.1 Correlation of measures of increased adiposity**

813 **Data**

814 The Avon Longitudinal Study of Parents and Children (ALSPAC) is a large
815 prospective cohort study that recruited 14,541 pregnancies in the former Avon
816 Health Authority area in South West England, with expected delivery dates be-
817 tween the 1st April 1991 and the 31st December 1992^{141,142} (See Supplementary
818 Information, ALSPAC Overview, for full details). We used data from the Focus
819 clinics for mothers and fathers. We used the clinic with the highest response rate
820 for each of mothers and fathers, this was clinic 1 for both. For Focus on Mothers
821 1 (FOM1) data was collected between December 2008 and July 2011 with a total
822 of 4,832 women attending clinic. Because mother may have enrolled multiple
823 pregnancies the total number of cases in the release data is 4,978 mothers; the
824 mean age of the mothers was 47.89 (4.497 SD). For Focus on Fathers 1 (FOF1)
825 data was collected between September 2001 and February 2013 and a total of
826 2,001 fathers attended the clinic. Multiple pregnancies resulted in a total number

827 of cases in the release data as 2,034; the mean age of fathers was 53.3 (5.427 SD).
828 Prior to data analysis we removed duplicate cases of mothers and fathers using
829 R¹⁴⁶(version 3.5.3) resulting in 4,831 and 2,001 women and men for analysis.

830 In FOM1 and FOF1 BMI was derived from weight (kg) / height
831 (m²); WHR was derived from waist circumference (cm) / hip
832 circumference (cm); BF% was obtained from a full-body scan using a
833 narrow fan beam dual-emission X-ray absorptiometry (DXA; Lunar Prodigy)
834 scanner and derived from total fat mass / (total fat free mass
835 + total fat mass) * 100. Data was available on 4,632 women and 1,826
836 men (Table 3.1).

837 UK Biobank is a prospective study of ~500,000 individuals aged 37-79 re-
838 cruted from 2006-2010 who were registered with the National Health Service in
839 the United Kingdom and lived close to one of 22 assessment centres. Participants
840 provided a range of information at a single assessment (See Supplementary Infor-
841 mation, UK Biobank Overview)¹⁴³⁻¹⁴⁵. We used the final release of data () which
842 included information on XXX women and XXX men. Before analysis we removed
843 all individuals..... this resulted in XXX and XXX women and men for analysis.

844 In UK Biobank BMI was derived from weight (kg) / height
845 (m²); WHR was derived from waist circumference (cm) / hip
846 circumference (cm); BF% was obtained Data was
847 available on 4,632 women and 1,826 men (Table 3.1).

Table 3.1: Study characteristics for measures of increased adiposity in ALSPAC
and UK Biobank.

ALSPAC	UK Biobank
--------	------------

	Women	Men	Women	Men
BMI	4810	1976	1	1
WHR	4809	1985	2	2
BF%	4649	1839	3	3
Total	4632	1826	4	4

848 Table 3.1 shows the number of individuals from the Avon Longitudinal Study of
 849 Parents and Children (ALSPAC) and UK Biobank with available data for each
 850 measure of increased adiposity after removing individuals with missing data for
 851 each trait. Total shows the number of individuals with a measure for all three
 852 measures of increased adiposity; we performed correlation analysis on this group.
 853 BMI = body mass index; WHR = waist hip ratio; BF% = body fat percent; Total =
 854 the number of individuals for each category with information on all three measures
 855 and after exclusions.

856 **Statistical analysis**

857 To investigate the correlation between BMI, WHR, and BF% we performed a
 858 Pearson's product-moment correlation in R¹⁴⁶(version 3.5.3) for each of ALSPAC
 859 women, men, sex combined, and UK Biobank women, men, and sex combined.
 860 All results are reported in Table 3.2 and shown in Figure 3.1 and ??.

Table 3.2: Correlation results for measures of increased adiposity in ALSPAC and UK Biobank.

	Women	Men	Combined
--	-------	-----	----------

	R	CI	R	CI	R	CI
ALSPAC						
BMI & WHR	0.48	0.46 – 0.50	0.63	0.60 – 0.66	0.42	0.40 – 0.44
BMI & BF%	0.81	0.80 – 0.82	0.77	0.75 – 0.79	0.65	0.63 – 0.66
WHR & BF%	0.36	0.33 – 0.38	0.65	0.63 – 0.68	-0.09	-0.06 – -0.11
UK Biobank						
BMI & WHR	1.00	1	1.00	1	1.00	1
BMI & BF%	2.00	2	2.00	2	2.00	2
WHR & BF%	3.00	3	3.00	3	3.00	3

861 Table 3.2 shows the Pearson's product-moment correlation estimates (R) and
 862 associated 95% confidence interval (CI) for each combination of BMI, WHR, and
 863 BF% separated by sex and data source. Combined = sex combined analysis;
 864 ALSPAC = Avon Longitudinal Study of Parents and Children; R = Pearson's
 865 product-moment correlation estimate; CI = 95% confidence interval for the corre-
 866 lation estimate. All correlation results report a p-value < 2.2×10^{-16} except for:
 867 ALSPAC sex combined WHR & BF% (p-value = 5.197×10^{-12}),..... .

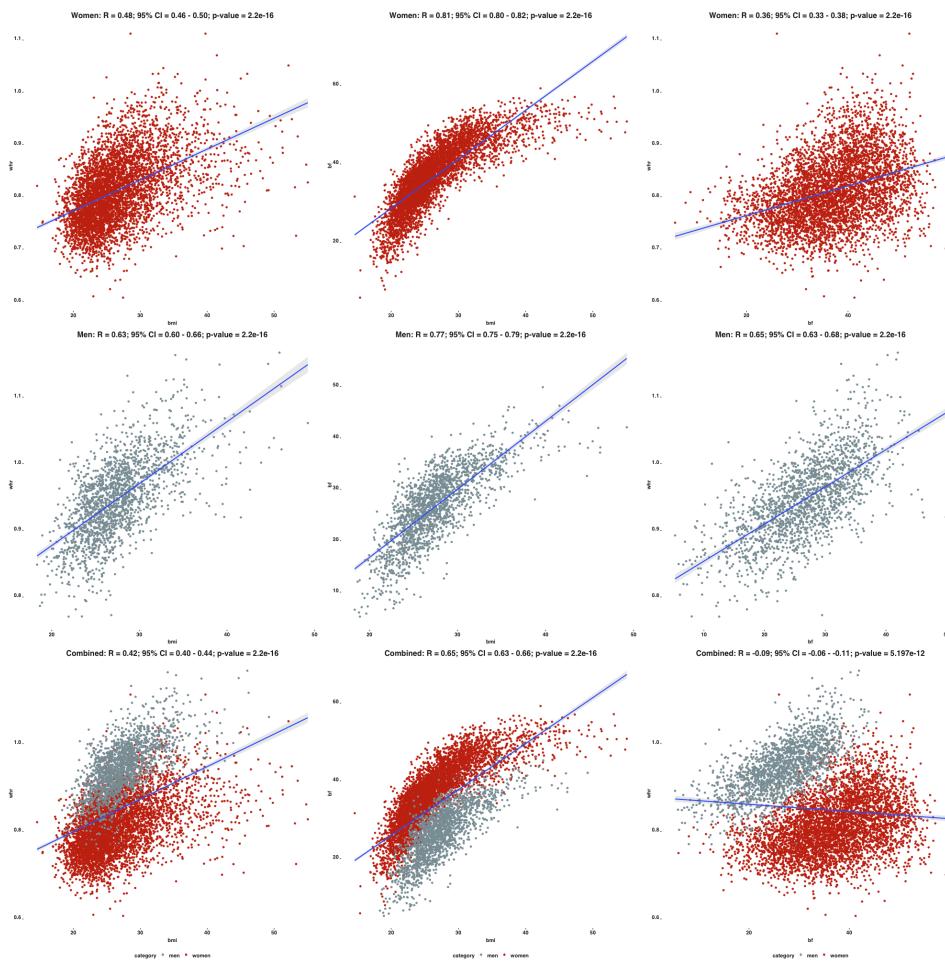


Figure 3.1: Scatter plots of ALSPAC individuals data on measures of increased adiposity

868 *Figure 3.1 shows scatter plots for ALSPAC women (top), men (middle) and*
 869 *combined (bottom) data on BMI and WHR (left), BMI and BF% (centre), and WHR*
 870 *and BF% (right). A linear model line with 95% confidence interval is shown along*
 871 *with the Pearson's product-moment correlation (R) and associated 95% confi-*
 872 *dence intervals (95% CI) and p-values at the top of each scatter. BMI = body mass*

873 *idnex; WHR = waist hip ratio; BF% = body fat percent. All correlation results*
874 *report a p-value < 2.2 x 10⁻¹⁶ except for ALSPAC sex combined WHR & BF%*
875 *(p-value = 5.197 x 10⁻¹²).*

876 *Figure ?? shows scatter plots for UK Biobank women (top), men (middle) and*
877 *combined (bottom) data on BMI and WHR (left), BMI and BF% (centre), and WHR*
878 *and BF% (right). A linear model line with 95% confidence interval is shown along*
879 *with the Pearson's product-moment correlation (R) and associated 95% confi-*
880 *dence intervals (95% CI) and p-values at the top of each scatter. BMI = body mass*
881 *idnex; WHR = waist hip ratio; BF% = body fat percent. All correlation results*
882 *report a p-value.....*

883 In ALSPAC our results show the highest correlations between BMI and BF%
884 for both men (95% CI = 0.75 – 0.79) and women (95% CI = 0.80 – 0.82), with
885 similarly high correaltion for sex combined (95% CI = 0.63 – 0.66).

886 Our measure of DXA derived measure of BF% in ALSPAC is likely a more
887 accurate quantification of BF% than Pouliot et al. (1994)¹⁴⁰ who derived BF%
888 using hydrostatic weighing and an estimation equation¹⁴⁷. Differences in estimates
889 from ALSPAC and Pouliot et al. (1994)¹⁴⁰ may also be a result of sample sizes with
890 only 70 women and 81 men in Pouliot et al. (1994)¹⁴⁰, with 66 and 22.5 times more
891 women and men available for analysis in ALSPAC.

892 For UK Biobank correlation estimates are.....

893 ALSPAC men women combined BMI and WHR = 0.60-0.66 0.46-0.50 0.40-
894 0.44 BMI and BF% = 0.75-0.79 0.80-0.82 0.63-0.66 WHR and BF% = 0.63-0.68

895 0.33-0.38 -0.06- -0.11

896 UK Biobank men women combined BMI and WHR =

897 BMI and BF% = WHR and BF% =

898 Pouliot et al. (1994)¹⁴⁰ men women BMI and BF% = 0.85 0.96 BMI and WHR

899 = 0.78 0.58 WHR and BF% = 0.70 0.55

900 3.1 Supplementary Information

901 3.1.1 ALSPAC Overview

902 Pregnant women resident in Avon, UK with expected dates of delivery 1st April
903 1991 to 31st December 1992 were invited to take part in the study. The initial
904 number of pregnancies enrolled is 14,541 (for these at least one questionnaire has
905 been returned or a “Children in Focus” clinic had been attended by 19/07/99). Of
906 these initial pregnancies, there was a total of 14,676 foetuses, resulting in 14,062
907 live births and 13,988 children who were alive at 1 year of age. When the oldest
908 children were approximately 7 years of age, an attempt was made to bolster the
909 initial sample with eligible cases who had failed to join the study originally. As a
910 result, when considering variables collected from the age of seven onwards (and
911 potentially abstracted from obstetric notes) there are data available for more than
912 the 14,541 pregnancies mentioned above. The number of new pregnancies not in
913 the initial sample (known as Phase I enrolment) that are currently represented on
914 the built files and reflecting enrolment status at the age of 24 is 913 (456, 262 and
915 195 recruited during Phases II, III and IV respectively), resulting in an additional

916 913 children being enrolled. The phases of enrolment are described in more detail
917 in the cohort profile paper and its update (see footnote 4 below). The total sample
918 size for analyses using any data collected after the age of seven is therefore 15,454
919 pregnancies, resulting in 15,589 foetuses. Of these 14,901 were alive at 1 year
920 of age. A 10% sample of the ALSPAC cohort, known as the Children in Focus
921 (CiF) group, attended clinics at the University of Bristol at various time intervals
922 between 4 to 61 months of age. The CiF group were chosen at random from the last
923 6 months of ALSPAC births (1432 families attended at least one clinic). Excluded
924 were those mothers who had moved out of the area or were lost to follow-up, and
925 those partaking in another study of infant development in Avon.

926 The study website <http://www.bristol.ac.uk/alspac/> contains
927 details of all the data that is available through a fully searchable data dictionary
928 and variable search tool [http://www.bristol.ac.uk/alspac/resea](http://www.bristol.ac.uk/alspac/researchers/our-data/)
929 [rchers/our-data/](http://www.bristol.ac.uk/alspac/researchers/our-data/). Ethical approval for the study was obtained from the
930 ALSPAC Ethics and Law Committee and the Local Research Ethics Committees
931 <http://www.bristol.ac.uk/alspac/researchers/research->
932 [ethics/](http://www.bristol.ac.uk/alspac/researchers/research-). Informed consent for the use of data collected via question-
933 [naire and clinics was obtained from participants following recommenda-](http://www.bristol.ac.uk/alspac/researchers/research-)
934 [tions of the ALSPAC Ethics and Law Committee at the time. Full de-](http://www.bristol.ac.uk/alspac/researchers/research-)
935 [tails of the ALSPAC consent procedures are available on the study website](http://www.bristol.ac.uk/alspac/researchers/research-)
936 <http://www.bristol.ac.uk/alspac/researchers/research->
937 [ethics/](http://www.bristol.ac.uk/alspac/researchers/research-).

938 **3.1.2 UK Biobank Overview**

939 This research has been conducted using the UK Biobank Resource under *Applica-*
940 *tion Number 16391.*

941 **Chapter 4**

942 **Observational analysis**

943 *Associations between measures of adiposity and metabolites: observational anal-*
944 *ysis*

945 In Chapters 1 and 2, the link between increased adiposity and disease was presented
946 both in observational and causal analysis frameworks. This work highlighted key
947 limiting areas in understanding the biological pathways leading to disease devel-
948 opment. In this chapter, observational epidemiological methods will be used to
949 assess one of the potential pathways linking adiposity to disease, metabolites. The
950 aim of this chapter is to provide an observational grounding for subsequent causal
951 analysis work in Chapters 5 and 9.

952 **4.1 Introduction**

953 In Chapter 1 and 2, a growing body of work both observational and causal was
954 presented linking increased adiposity to many diseases. Many of these, and oth-
955 ers, have proposed metabolites to be involved in this process^{23,69,70}. However, few
956 studies have identified intermediate metabolites and pathways that lie on the dis-
957 ease development pathway.

958 Metabolic changes as a result of increased adiposity have recently been high-
959 lighted in a systematic review¹⁴⁸. The studies included reveal the wide scale
960 metabolic change as a result of obesity. However, the majority of studies included
961 fewer than 100 individuals and all focused on obesity as a singular measure of
962 adiposity.

963 Analysis across thousands of individuals has highlighted the wide range of
964 global effects BMI has on the metabolome¹⁴⁹. To our knowledge, the work by
965 Wurtz et al. (2014)¹⁴⁹ is the largest investigation of the effects of increased adipos-
966 ity on the metabolome to date. Their analysis, involving 88 metabolites measured
967 in 12,664 adolescents and young adults, identified a majority of metabolites to be
968 associated with increased BMI after adjusting for sex. Associations were observed
969 across numerous metabolic classes including amino acids, fatty acids, hormones,
970 inflammatory markers, and lipids. Amino acids were positively associated with
971 BMI, with the largest effect observed for phenylalanine. Fatty acids showed sim-
972 ilarly positive effects, except for n-6 fatty acids percentage and polyunsaturated
973 fatty acids percentage which showed negative associations. A positive association
974 was observed for LDL metabolites while a heterogeneous pattern of association
975 was found for HDL metabolites. In MR analysis, similar results were found.

976 Given the crude estimation of adiposity provided by BMI, the effects identified
977 by Wurtz et al. (2014)¹⁴⁹ require further consideration across a number of measures
978 of adiposity. The Avon Longitudinal Study of Parents and Children (ALSPAC), a
979 longitudinal birth cohort study, provides an opportunity to expand on this work
980 using data from many thousands of individuals with multiple measures of adipos-
981 ity and metabolomics data measured at multiple time points. Here, observational
982 analysis of measures of adiposity and metabolites provide a basis from which to
983 investigate causal associations. In addition, replication of results from Wurtz et
984 al.¹⁴⁹ is possible for a number of metabolites.

985 **4.2 Methods**

986 Data were available for exposures (measures of adiposity), outcomes (metabolites),
987 and potential confounders from the Avon Longitudinal Study of Parents and Chil-
988 dren (ALSPAC). In ALSPAC, exposures included body mass index (BMI), waist
989 hip ratio (WHR) and body fat percentage (BF); metabolomics data was available
990 for up to 234 metabolites, which included metabolite ratios; data on available con-
991 founders included: age, sex, mothers or own education, smoking history, alcohol
992 history, diet, physical activity. All analysis and data manipulation was performed
993 using R (version 3.6.2)¹⁴⁶. Specific R packages are described where appropriate.
994 All code for this work is available on GitHub.

995 **4.2.1 Overview: ALSPAC**

996 ALSPAC^{141,142,150} is a large prospective cohort study that invited women resident
997 in Avon, UK with expected dates of delivery between 1st April 1991 and 31st
998 December 1992 to participate. The initial number of pregnancies enrolled was
999 14,541 (for these at least one questionnaire has been returned or a “Children in
1000 Focus” clinic has been attended by 19/07/99). Of these initial pregnancies, a total
1001 of 14,676 fetuses, resulted in 14,062 live births and 13,988 children alive at one
1002 year of age.

1003 When the oldest children were approximately seven years of age, an attempt
1004 was made to bolster the initial sample with eligible cases who had failed to join
1005 the study originally. As a result, when considering variables collected from the age
1006 of seven onwards (and potentially abstracted from obstetric notes) there are data

1007 available for more than the 14,541 pregnancies mentioned above. The number of
1008 new pregnancies not in the initial sample (known as Phase I enrollment) that are
1009 currently represented on the built files and reflecting enrollment status at the age
1010 of 24 is 913 (456, 262 and 195 recruited during Phases II, III and IV respectively),
1011 resulting in an additional 913 children being enrolled. The phases of enrollment
1012 are described in more detail in the cohort profile paper and its update^{141,142,150}.
1013 The total sample size for analyses using any data collected after the age of seven
1014 is therefore 15,454 pregnancies, resulting in 15,589 fetuses, of which 14,901 were
1015 alive at one year of age.

1016 The study website contains details of all the data that is available through a
1017 fully searchable data dictionary and variable search tool. Ethical approval for the
1018 study was obtained from the ALSPAC Ethics and Law Committee and the Local
1019 Research Ethics Committees. Informed consent for the use of data collected via
1020 questionnaire and clinics was obtained from participants following recommenda-
1021 tions of the ALSPAC Ethics and Law Committee at the time. Full details of the
1022 ALSPAC consent procedures are available on the study website.

1023 ALSPAC data is split by clinic visits. For this work, data for children was
1024 taken from the following clinics: Focus at 7 (~7 years old), Focus at 8 (~8 years
1025 old), Before Breakfast Study (~8 years old), Teen Focus 3 (~15 years old) Teen
1026 Focus 4 (~17 years old), Focus at 24 (~24 years old). Data on adults was taken
1027 from: Focus on Mothers 1 (~50 years old), Focus on Mothers 2 (~50 years old),
1028 and Focus on Fathers 1 (~50 years old). The Before Breakfast Study only collected
1029 metabolomics data, as such data on exposures and confounders were extracted for
1030 these individuals from the Focus at 8 clinic. Metabolomics data for each time
1031 point were extracted first and subsequent data on exposures and confounders were

1032 extracted for individuals with metabolomics data.

1033 **4.2.2 Outcomes: metabolites**

1034 There were slight differences in the methodology used across time points for
1035 the children and for the fathers metabolomics measurements. However, data
1036 are directly comparable (See the metabolomics data release file D5700 from the
1037 ALSPAC Data Dictionary). Briefly, high-throughput proton (¹H) nuclear magnetic
1038 resonance (NMR) assays were performed on EDTA plasma/serum samples.
1039 Samples were predominantly fasted. Measurements were taken at three molecular
1040 windows (lipoprotein lipids, low molecular-weight metabolites, and lipid extracts)
1041 enabling broad quantification of over 220 metabolomic measures. Full details
1042 on the NMR methodology has previously been described¹⁵¹⁻¹⁵⁴ and is available
1043 from the ALSPAC data dictionary (data dictionary identifiers: children = D5704,
1044 mothers = D5705, fathers = D5700). The Before Breakfast study does not have a
1045 documentation file and is described elsewhere¹⁵⁵. Descriptions of metabolites are
1046 available in the Appendix A.4.1.

1047 The spectral NMR data was processed by Nightingale Health and provided as
1048 a processed file with identifiable individuals (triplets/quadruplets) and individuals
1049 who had withdrawn consent removed. Some mothers and fathers were duplicated
1050 in the raw data due to the way in which mothers were originally enrolled into
1051 the study and assigned IDs. If a mother enrolled with two different pregnancies
1052 (both having an expected delivery date within the recruitment period (April 1991-
1053 December 1992)), she will have two separate IDs. A father associated with both of
1054 these pregnancies will also be duplicated. Duplicate measurements for mothers and

1055 fathers were removed. Raw metabolomics data was therefore available for: Focus
1056 at 7 (n = 5518; metabolites = 230), Before Breakfast Study (n = 640; metabolites
1057 = 228), Teen Focus 3 (n = 3371; metabolites = 230), Teen Focus 4 (n = 3175;
1058 metabolites = 230), Focus at 24 (n = 3269; metabolites = 224), Focus on Mothers 1
1059 (n = 4362; metabolites = 230), Focus on Mothers 2 (n = 2708; metabolites = 230),
1060 Focus on Fathers (n = 1833; metabolites = 230).

1061 In order to maximize the sample size at each clinic, data were combined where
1062 clinics were within a similar age range. For these combined data sets, duplicate
1063 individuals (i.e. those attending both clinics) were identified, and the measurement
1064 from the most recent clinic was dropped. The number of metabolites measured at
1065 each clinic visit for the children and adult data differed; unique metabolites were
1066 included in the combined data set. Raw, combined, metabolomics data was there-
1067 fore available for: children (mean age (SD) = 7.56 (0.36); n = 5656; metabolites
1068 = 234), adolescents (mean age (SD) = 16.06 (1.11); n = 4489; metabolites = 230),
1069 young adults (mean age (SD) = 24.03 (0.85); n = 3269; metabolites = 224), adults
1070 (mean age (SD) = 49.53 (5.32)n = 6406; metabolites = 232; Table 4.1).

1071 Quality control of the combined metabolite data (i.e. children, adolescents,
1072 young adults, adults) was performed using the R package MetaboQC (version
1073 0.0.1). Quality control was performed twice, firstly including and secondly exclud-
1074 ing the derived metabolomics measures from missingness and clustering. Briefly,
1075 individuals, and then metabolites, with high missingness (>=80%) were removed.
1076 Missingness was then re-calculated for individuals and metabolites, with removal
1077 based on 20% missingness. Individuals were then removed based on total sum
1078 abundance, considering outliers as > 5 standard deviations away from the mean.
1079 Using this metabolite data set, a dendrogram based on a Spearman's rho distance

1080 matrix is produced, and a set of clusters identified based on a Spearman's rho of
1081 0.5. For each cluster, the metabolite with the least missingness is tagged as the rep-
1082 resentative feature. Finally, principal component analysis is conducted using the
1083 representative features to evaluate structure among individuals. Outliers are identi-
1084 fied as being > 5 standard deviations away from the mean of principal component
1085 1 and 2 and were excluded.

1086 4.2.3 Exposures: measures of adiposity

1087 Measures of adiposity (BMI, WHR, BF) were obtained for all individuals with
1088 available raw metabolomics data; identifiable individuals and those with with-
1089 drawn consent were therefore already excluded. As metabolomics measures were
1090 obtained on unique individuals where multiple clinics were attended, anthropo-
1091 metric data for these individuals were taken from the clinic associated with the
1092 metabolomic measure. No anthropometric data was available for the Before Break-
1093 fast Study, so the Focus at 8 clinic, as the most age appropriate clinic, was used
1094 instead. For this combined data, Focus at 7 measures were matched with Focus
1095 at 7 metabolomics measures and Focus at 8 measures were matched with Before
1096 Breakfast Study metabolomics measures.

1097 Measures for children were taken from Focus at 7 and 8, for adolescents Teen
1098 Focus 3 and 4, for mothers Focus on Mothers 1 and 2, for fathers Focus on Fa-
1099 thers. Data on WHR was not available in adolescents. BMI was calculated as
1100 $\frac{\text{weight(kg)}}{\text{height(m}^2\text{)}}$ and WHR as $\frac{\text{waist circumference (cm)}}{\text{hip circumference (cm)}}$. BF was measured in ado-
1101 lescents, young adults, and adults using dual energy x-ray absorptiometry (DXA).
1102 Briefly, measurement required individuals to be prone and stationary while a Lu-

1103 nar prodigy narrow fan beam densitometer performed a whole body DXA scan.
1104 Data was processed using Lunar Prodigy software. Individuals did not have mea-
1105 surements taken if they: were pregnant; had a radiological investigation using con-
1106 trast media within the week before the DXA scan; had a recent nuclear medicine
1107 investigation with persistent radioactivity; weighed greater than 159kg. BF was
1108 calculated as a percentage as
$$\frac{\text{fat mass}}{\text{fat mass} + \text{fat free mass}} * 100$$
. Available an-
1109 thropometric measures for individuals with metabolomics data is given in Table
1110 4.3 and distributions given in Figure 4.1.

1111 In children, BF was not measured. A bioelectrical impedance measure was
1112 available; briefly, children were encouraged to pass urine and undress to their un-
1113 derclothes. A Tanita Body Fat Analyser (Model TBF 305) was used to measure
1114 weight and impedance. Height was entered to the nearest *cm* and ‘female standard’
1115 was used for all children for sex. The Tanita Body Fat Analyser TBF 305 is a single
1116 frequency (50kHz) leg-to-leg device. In single frequency devices, impedance is
1117 a representation of resistance which is related to the volume of water (which one
1118 assumes makes up the majority of fat free mass (FFM)), as such, the higher the
1119 resistance/impedance the greater the amount of FFM. Calculation of BF from the
1120 impedance measure is only possible at the time of measurement, however these
1121 derived BF measures were not stored and the equation to calculate them was not
1122 available from the manufacturer (Appendix A.4.4).

1123 Previous work²⁷ has shown that comparison of BF derived from the manufac-
1124 turer’s equation and an alternative²⁶ showed little difference in resulting BF. The
1125 equation was derived in a study involving 205 (101 women) healthy adults with
1126 a mean age of 43.8 (SD = 16) for men and 40.4 (SD = 13.6) for women. The
1127 equation, where *Z* is the impedance measure from the device in *ohms*, height is in

1128 meters, weight is in kilograms, age is in years, and female-specific components are
1129 given in parenthesis, is given as:

$$\begin{aligned} BF = & -156.1 - 89.1 \ln(\text{height}) \\ & + 45.6 \ln(\text{weight}) \\ & + 0.120 \text{ age} \quad (4.1) \\ & + 0.0494 Z \\ & + (19.6 \ln(\text{height})) \end{aligned}$$

1130 Given that the equation was derived from adult data, its application to child data
1131 was explored. A raw impedance measure, from a similar model (Tanita Body Fat
1132 Analyser (Model TBF 401A)), was obtained for adolescents and the equation was
1133 used to compare BF derived from the impedance device and BF measured with
1134 DXA in adolescents. Exploration involved visual inspection of distribution and
1135 Spearman's correlation with BMI, height, weight and other BF measures in ado-
1136 lescents. The same observations were carried out for raw impedance.

1137 4.2.4 Confounders

1138 Data on confounders were obtained for all individuals with raw metabolomics
1139 data; identifiable individuals and those with withdrawn consent were therefore
1140 already excluded. The following confounders were used: age, sex, maternal/own
1141 education, smoking, alcohol, diet, physical activity. Age was taken from the
1142 metabolomics clinic visit. The number of individuals with available data is given
1143 in Table 4.4.

1144 Maternal education was used for children, adolescents and young adults. Own

1145 education was used for mothers and mother reported partner education was used
1146 for fathers. Specifically, mothers were asked, during their pregnancy, 'What edu-
1147 cational qualifications do you, your partner, your mother, and your father have?'
1148 with possible answers: CSE or GCSE (D, E, F or G), O-level or GCSE (A, B,
1149 or C), A-level, qualifications in shorthand/ typing/or other skills, e.g. hairdress-
1150 ing, apprenticeship, state enrolled nurse, state registered nurse, City and Guilds
1151 intermediate technical, City & Guilds final technical, City & Guilds full techni-
1152 cal, teaching qualification, university degree, no qualification, qualifications not
1153 known, not applicable, other (please describe).

1154 Smoking was binary; adolescents (at the metabolomics clinic), young adults
1155 (at the metabolomics clinic), and adults (mothers were asked during pregnancy;
1156 fathers were asked in 2013) were asked whether they had ever smoked a cigarette
1157 before.

1158 Adolescents (Teen Focus 3) were asked what their alcohol drinking pattern
1159 was with possible answers: only ever tried drinking once/twice, used to drink
1160 sometimes [but] never drink now, sometimes drink but less than once a week,
1161 usually drink on 1/2 days a week, usually drink on >2 days a week but not ev-
1162 ery day, usually drink every day. Adolescents (Teen Focus 4), young adults (at the
1163 metabolomics clinic), mothers (in 2013), and fathers (at the metabolomics clinic)
1164 were asked the frequency they had drinks containing alcohol with possible answers:
1165 never, monthly or less, two to four times a month, two to three times a week, four
1166 or more times a week.

1167 Diet data, as predicted kilo-calories consumed per day, was derived from An-
1168 derson et al. (2013)¹⁵⁶ and available for ages 7 and 13. Data from age 7 was

1169 matched with metabolomics data for children while data from age 13 was matched
1170 with adolescents. Diet data was not available for young adults or adults.

1171 In adolescents and young adults, accelerometry data was collected at the same
1172 clinic for which metabolomics data were collected. Briefly, individuals wore an
1173 accelerometry device for the days following their clinic visit whilst keeping a di-
1174 ary of the times they wore and took off the device. Individuals were advised to
1175 wear the accelerometer device if the following days were part of a ‘normal week’
1176 with regards to their activity. For young adults, physical activity data is the aver-
1177 age number of minutes per day spent doing moderate to vigorous physical activity.
1178 For adolescents, data was available from Teen Focus 3 and is the mean counts
1179 per minute spent doing moderate to vigorous physical activity for the whole week.
1180 Adults were asked ‘do you take part in physical activity (e.g. running, swimming,
1181 dancing, golf, tennis, squash, jogging, bowls)?’ with possible answers: no, occa-
1182 sionally (less than monthly), frequently (once a month or more). Data for mothers
1183 was available in 2010, fathers data was available at the metabolomics clinic. Phys-
1184 ical activity data was not available for children.

1185 4.2.5 Statistical analysis

1186 To investigate the association between measures of adiposity and metabolites, all
1187 exposures were Z-scored and linear regression was performed. Variables known to
1188 influence the metabolomic profile and adiposity (age^{157,158}, sex¹⁵⁸, education¹⁵⁹,
1189 smoking¹⁶⁰, alcohol¹⁶⁰, diet¹⁶¹, and physical activity¹⁶²), were included as con-
1190 founders. Three linear models were used to investigate potential effects of these
1191 confounding variables. Model 1 included age at the metabolomics clinic visit

1192 and sex. Model 2 included model 1 and mothers/own level of highest education,
1193 whether respondent had ever smoked, frequency respondent had a drink containing
1194 alcohol, and predicted kilo-calories consumed per day (diet). Model 3 comprised
1195 model 2 and physical activity. For models 1 and 2, individuals with data on all con-
1196 founders except physical activity were included. Model 3 comprised all individuals
1197 included in model 1 and 2 who also had data on physical activity.

1198 For all analyses, the units represent the absolute change in each metabolite per
1199 standard deviation change in the exposure. Ninety-five percent confidence inter-
1200 vals were calculated and a multiple testing threshold specific for each group was
1201 applied. Multiple testing thresholds were calculated as the number of independent
1202 metabolites within the raw data given a Spearman's rho of approximately 0.75
1203 among the metabolites with data for at least 20% of samples – this was calculated
1204 during metabolite quality control. The number of independent metabolites in each
1205 group was: children = 42, adolescents = 42, young adults = 40, adults = 44.

1206 **Presentation**

1207 Metabolites were grouped into subclasses (grouping data provided by the
1208 metabolomics platform) based on biological pathway. Model 2, as the most
1209 adjusted and given the reduced sample size in Model 3, is presented as the main
1210 analysis for this work. Consistency in the direction of effect estimates across
1211 models within each exposure and age group was investigated, as was the number
1212 of tests reaching a multiple testing threshold. Directional consistency was inves-
1213 tigated for exposures across age groups for model 2. A Spearmans Rho analysis
1214 was used to investigate the correlation between effect estimates across exposures

1215 and age groups. Visualization and comparison of global metabolic profiles across
1216 exposures within age groups, and within exposures and across age groups was
1217 performed using Circos plots using the EpiViz R package[1]. Forestplots, created
1218 using the ggforestplot R package, were used to examine specific subclasses
1219 where variation among metabolites within the subclass and strong effects were
1220 identified. Results for derived measures and *Lipoprotein particle size* and *Fatty*
1221 *acid ratios* are presented in the supplement. Effect estimates were compared to
1222 that of previous work by Wurtz et al. (2014)¹⁴⁹.

1223 **4.3 Results**

1224 In total, metabolomics data was available for 234 metabolites in children (N =
1225 5656), 230 metabolites in adolescents (N = 4489), 224 metabolites in young adults
1226 (N = 3269), and 232 metabolites in adults (N = 6406; Table 4.1). Quality control
1227 was performed twice, firstly including derived metabolites and secondly excluding
1228 them. There was a large difference in the number of representative features identi-
1229 fied across the two runs, as such quality controlled data used here on was produced
1230 having included derived metabolites.

1231 Quality control resulted in: 6 individuals and 4 metabolites removed from the
1232 children's data (4 samples excluded for $\geq 80\%$ missingness; 1 sample excluded
1233 for total sum abundance ≥ 5 SD from the mean; 1 sample excluded as a result of
1234 being ≥ 5 SD from the mean of PC1 and 2; 4 metabolites removed for $\geq 20\%$
1235 missingness), 5 individuals and 0 metabolites removed from the adolescents data
1236 (1 sample excluded for total sum abundance ≥ 5 SD from the mean; 4 samples
1237 excluded as a result of being ≥ 5 SD from the mean of PC1 and 2), 4 individuals
1238 and 0 metabolites removed from the young adults data (1 sample excluded for total
1239 sum abundance ≥ 5 SD from the mean; 3 sample excluded as a result of being \geq
1240 5 SD from the mean of PC1 and 2), 7 individuals and 4 metabolites removed from
1241 the adults data (1 sample excluded for total sum abundance ≥ 5 SD from the mean;
1242 6 samples excluded as a result of being ≥ 5 SD from the mean of PC1 and 2; 4
1243 metabolites removed for $\geq 20\%$ missingness). Quality controlled metabolomics
1244 data available for analysis is given in Table 4.2. A total of 220 metabolites were
1245 measured in all age groups. Of individuals with metabolomics data, a majority also
1246 had data on measures of adiposity (Table 4.3 and Figure 4.1), except for adolescents
1247 where data on WHR was not available. Data on confounders were also available

1248 in the majority of individuals, the exception being physical activity where much
1249 fewer individuals had available data and no data was available for children (Table
1250 4.3.

Table 4.1: Metabolomics data available in ALSPAC

Combined group	N	N metabolites	Subgroup	Subgroup N	Unique N	Total metabolites	Unique metabolites
Children	5656	234	7	5518	5016	230	5
			8	640	138	228	7
Adolescents	4489	230	15	3371	1314	230	0
			17	3175	1118	230	0
Young adults	3269	224	24	3269	–	224	–
Mothers	4573	230	Focus on mothers 1	4362	1865	230	0
			Focus on mothers 2	2708	211	230	0
Fathers	1833		Focus on fathers	1833	–	230	–
Adults	6406	232	Mothers	4573	–	230	2
			Fathers	1833	–	230	2

9

1251 *Table 4.1: the number of individuals with metabolomics data in ALSPAC. Children were measured at 5 time points and combined into*
 1252 *three groups (Children, Adolescents, Young adults). Mothers were measured at two time points and combined. Fathers were measured*
 1253 *at a single time point. Combined mothers and the fathers data were grouped as Adults. N = number of individuals in the Combined*
 1254 *group; N metabolites = the number of metabolites measured in the Combined group; Subgroup = age or clinic identifier; Subgroup N =*
 1255 *number of individuals in the Subgroup; Unique N = the number of individuals in the subgroup who do not appear in the other subgroup;*

1256 *Total metabolites = the number of metabolites measured for the Subgroup; Unique metabolites = as with Unique N, the total number of*
1257 *metabolites measured in the Subgroup not measured in the other Subgroup of that Combined group.*

Table 4.2: Quality controlled metabolomics data available in ALSPAC

Group	N	Metabolites
Children	5650	230
Adolescents	4484	230
Young_adults	3265	224
Adults	6399	228

1258 *Table 4.2: the number of individuals and metabolites available in ALSPAC after quality*
1259 *control of metabolomics data. Group = the groups clinic visits were combined into; N =*
1260 *number of individuals with available metabolomics data after quality control; Metabolites*
1261 *= the number of metabolites measured in the Group after quality control.*

Table 4.3: measures of adiposity available for individuals with metabolomics data

Group	N	BMI N	mean	SD	WHR N	mean	SD	BF N	mean	SD
Children	5650	5622	16.20	2.00	5589	0.86	0.04	5381	-	-
Adolescents	4484	4404	21.71	3.68	-	-	-	4210	25.65	11.7
Young_adults	3265	3230	24.73	4.88	3223	0.8	0.07	3153	31.75	9.22
Adults	6399	6352	26.83	4.98	6360	0.85	0.09	6138	34	9.08

1262 *Table 4.3 gives information on measures of adiposity for individuals with metabolomics data. Measures were obtained for all individuals*
1263 *who had raw metabolomics data; WHR was not available for adolescents. Group = the groups clinic visits were combined into; Data =*
1264 *whether the data presented is for the raw or the QC'd metabolomics data; N = the number of individuals with available data; mean =*
1265 *the mean of the anthropometric measure; SD = standard deviation of the mean. NA = data not available.*

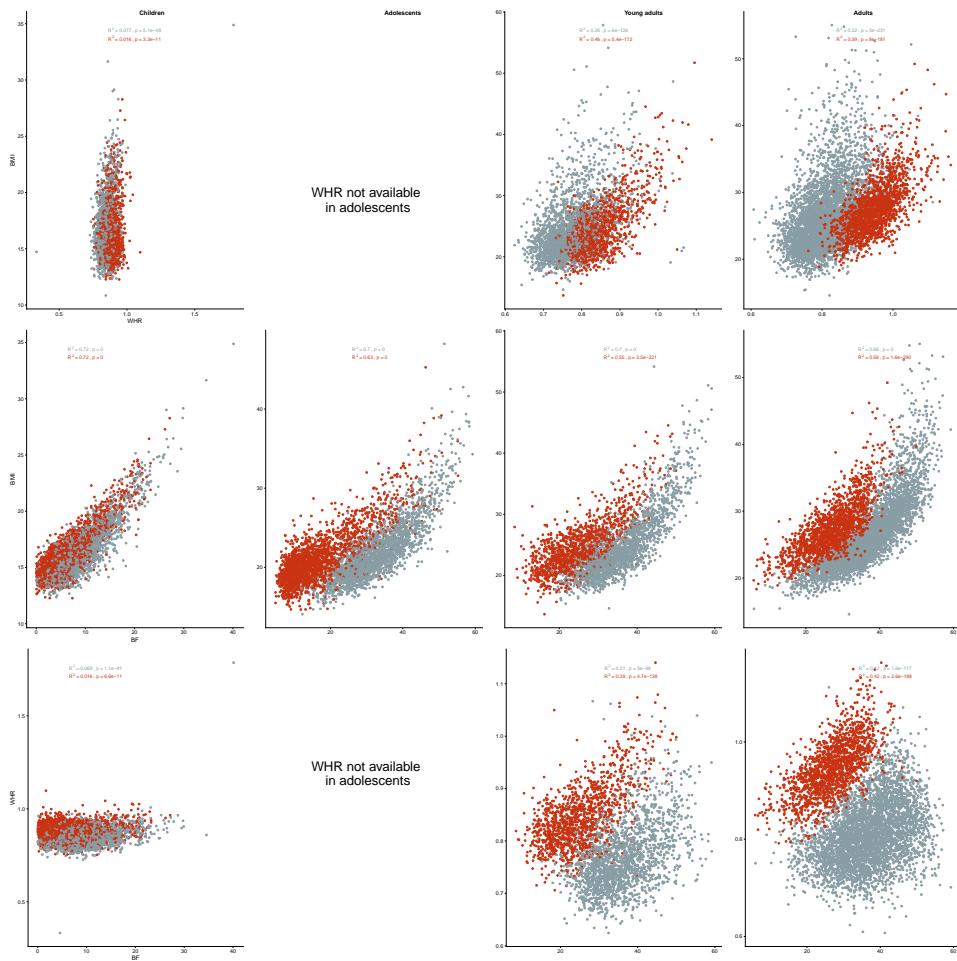


Figure 4.1: Raincloud plots of ALSPAC individuals data on measures of adiposity

1266 *Figure 4.1 shows the distribution of adiposity measures among different groups separated*
 1267 *by sex. Data is presented for individuals with pre-QC metabolomics data and of known*
 1268 *sex. The interquartile range and median are also shown. From left to right: children,*
 1269 *adolescents, young adults, adults. From top to bottom: body mass index (BMI), waist*
 1270 *hip ratio (WHR), body fat percentage (BF). Red = male; grey = female. Raincloud plots*
 1271 *produced using the RainCloudPlots R package¹⁶³*

Table 4.4: Confounders available for individuals with raw metabolomics data

		Children	Adolescents	Young adults	Adults
Metabolomics	N	5650	4484.00	3265	6399
	N	5634	4474.00	3264	6381
Age	Mean	7.56	16.06	24.03	49.53
	SD	0.36	1.11	0.85	5.32
Sex	N	5634	4474.00	3265	6390
	Female	2727	2340.00	1966	4557
Education	1	8.55	7.67	6.16	6.44
	2	7.68	6.87	6.19	6.13
	3	31.82	30.55	29.95	27.89
	4	24.23	26.05	26.22	26.83
	5	15.33	16.61	18.74	21.35
Smoking	N	-	2499.00	3219	5854
	1	-	8.79	2.7	5.69
Alcohol	2	-	7.49	20.46	9.17
	3	-	45.43	37.46	16.28
	4	-	16.93	30.57	27.05
	5	-	3.41	5.27	18.89
	N	5577	4338.00	-	-
	Mean	1672.32	2252.32	-	-

Diet	SD	134.94	190.62	-	-
	N/1	-	1768.00	672	24.43
Physical activity	Mean/2	-	483.67	50.23	10.3
	SD/3	-	179.39	30.24	36.41

1272 *Table 4.4 gives information on confounders for individuals with metabolomics data. Data*
 1273 *on confounders were obtained for all individuals who had raw metabolomics data. Smok-*
 1274 *ing and alcohol data were not available for children. Diet was not available for young*
 1275 *adults and adults. Physical activity data was not available for children. Education is high-*
 1276 *est level of education; for children, adolescents, and young adults education is maternal*
 1277 *education; for adults education is own education. Smoking is binary. Alcohol is frequency*
 1278 *respondent consumes an alcoholic drink, with 1 being low and 5 high. Diet is predicted*
 1279 *kilo-calories consumed per day derived from Anderson et al. (2013)¹⁵⁶. Physical activity*
 1280 *in adolescents is mean counts per minute of activity across 7 days (based on valid days).*
 1281 *For young adults physical activity is the average number of valid minutes per day spent*
 1282 *doing moderate to vigorous activity. For adults, physical activity is: no physical activity*
 1283 *(1), occasionally (2), frequently (3). Group = the groups clinic visits were combined into;*
 1284 *N = the number of individuals with available data; mean = the mean of the measure; SD*
 1285 *= standard deviation of the mean. - = data not available.*

1286 **4.3.1 Validation of impedance**

1287 In children, a measure of BF was not available. Instead, impedance (ohms) was
 1288 used to calculate (Equation (4.1)) BF. The calculated BF resulted in negative es-

1289 estimates of BF for some children (Figure 4.2). The calculated BF was positively
1290 correlated with weight, height and BMI in children. In adolescents, the calcu-
1291 lated BF did not produce negative estimates and was positively correlated with
1292 impedance and DXA derived BF estimates (Figure 4.3), as well as with weight,
1293 height, and BMI (Figure 4.4). Child calculated BF positively correlated with ado-
1294 lescent measures of BF (Figure 4.3). Impedance in children and adolescents neg-
1295 atively correlated with BMI and weight, but showed little evidence for a correla-
1296 tion with height (Figure 4.2). Similarly, there was weak evidence for correlation
1297 between impedance in children and adolescents and adolescent measures of BF
1298 (Figure 4.3).

1299 Equation (4.1) was derived using adult data; given the volumetric difference
1300 between adults and children (BMI cubed rather than BMI squared may be more
1301 appropriate in children¹⁶⁴) differences in the range of estimates is unsurprising.
1302 As there is strong correlation between calculated BF and other measures of BF
1303 in adolescents, and with weight, height and BMI in children even with negative
1304 estimates, and that in a linear model the estimate is based on the per-unit increase,
1305 the absolute value of the exposure does not, in this instance, need to be positive.
1306 As such, BF calculated using equation (4.1) was used in subsequent analyses.

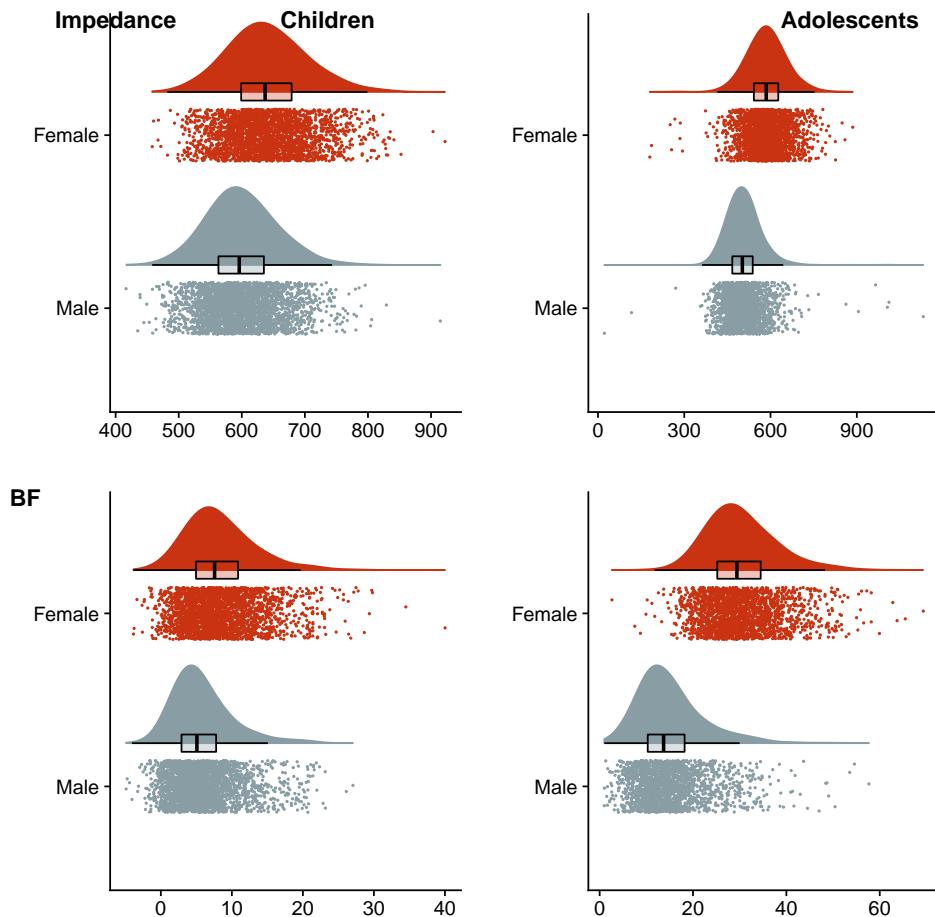


Figure 4.2: Raincloud plots of impedance and BF in children and adolescents

1307 *Figure 4.2 shows the distribution of the raw impedance value measured in ohms and BF*
 1308 *derived using equation (4.1) for children and adolescents. Data is presented for complete*
 1309 *cases across: raw metabolomics, BMI, WHR (children only), impedance, height, weight,*
 1310 *age, sex, and BF derived by impedance and DXA in adolescents. The interquartile range*
 1311 *and median are also shown. Data is organised with males at the top and females at the*
 1312 *bottom of each individual plot. Raincloud plots produced using the RainCloudPlots*

1313 R package¹⁶³

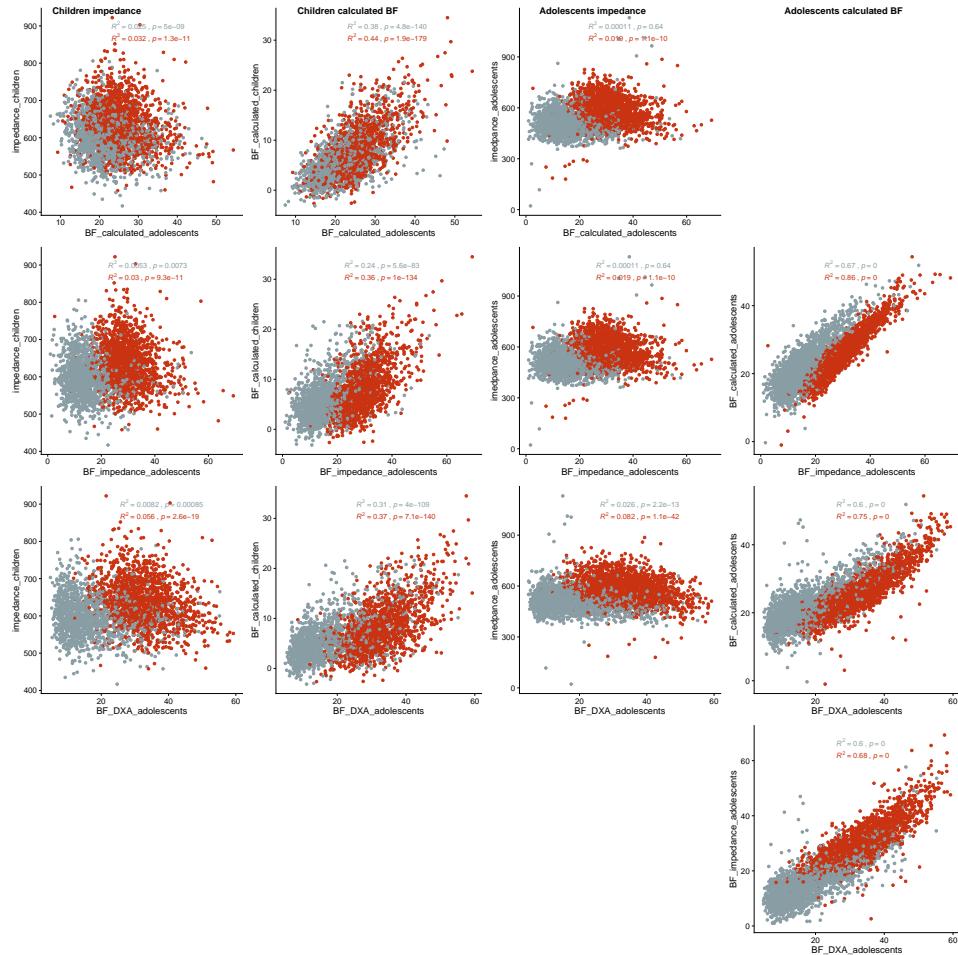


Figure 4.3: Correlation between different BF measures in children and adolescents

1314 Figure 4.3 shows correlations for BF calculated using equation (4.1) in children and adolescents. Column 1 shows correlations between child impedance values and adolescent BF estimates. Column 2 shows correlations for child calculated BF and adolescent BF estimates. Column 3 shows correlations for adolescent calculated BF and adolescent BF estimates. Data is presented for complete cases across: QC'd metabolomics, BMI, WHR

1319 (children only), impedance, height, weight, age, sex, and BF derived by impedance and
 1320 DXA in adolescents. Data for men is shown in grey and women in red.

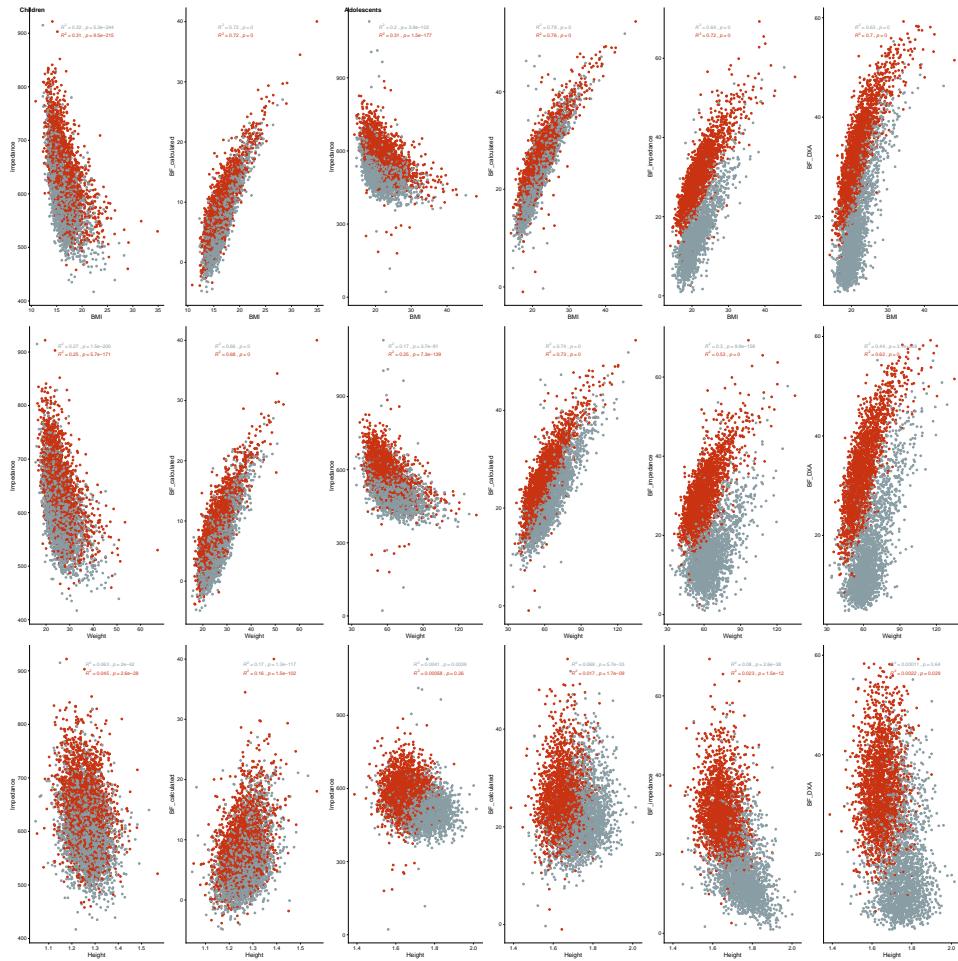


Figure 4.4: Correlation between BF and BMI, height, and weight in children and adolescents

1321 Figure 4.4 shows correlations for impedance and BF for children (columns 1 and 2) and
 1322 adolescents (columns 3-6) with BMI (top row), weight (middle row), and height (bottom
 1323 row). BF_calculates is BF derived using the raw impedance value measured in ohms and

1324 *equation (4.1). Data is presented for complete cases across: QC'd metabolomics, BMI,*
1325 *WHR (children only), impedance, height, weight, age, sex, and BF derived by impedance*
1326 *and DXA in adolescents. Data for men is shown in grey and women in red.*

1327 **4.3.2 Statistical analysis**

1328 **Directional consistency: across models within exposures and age groups**

1329 Across models within each exposure and age group a majority of tests resulted in
1330 directionally consistent effect estimates (Figure 4.5). Of these directionally consis-
1331 tent effects, the majority of effect estimates were positive. The strength of the effect
1332 estimates were broadly consistent across models; confidence intervals overlapped
1333 across the majority of metabolites for all models within each group and exposure
1334 (Supplementary A.4.5). Of the 220 metabolites measured in all age groups, direc-
1335 tional consistency was supported by strong evidence of correlation across models
1336 within exposures and age groups (Supplement A.4.3).

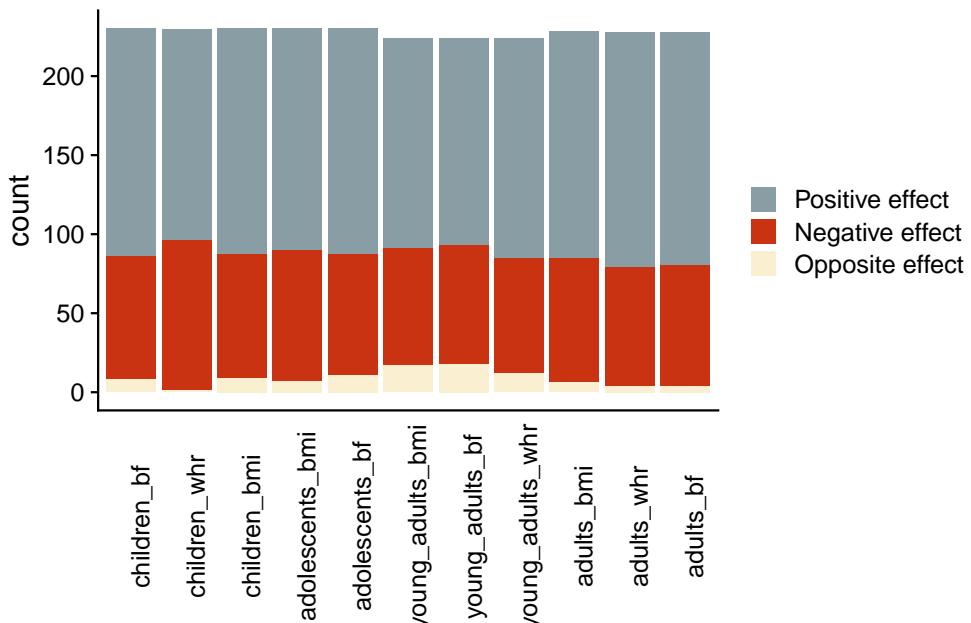


Figure 4.5: Directional consistency across linear models

1337 Figure 4.5 shows the directional consistency of all models for each group and exposure A
 1338 positive effect reflects both model betas being in the positive direction; a negative effect
 1339 reflects both model betas being in a negative direction; opposite effect reflects different
 1340 directions for the model betas. BMI = body mass index; WHR = waist hip ratio; FFM =
 1341 fat free mass; BF = body fat percentage.

1342 **Multiple testing threshold**

1343 Across all models and exposures, between 32.61 percent and 86.4 percent (me-
 1344 dian = 61.3 percent) of metabolites reached a multiple testing threshold (children
 1345 multiple testing threshold = 42, adolescents = 42, young adults = 40, adults = 44;
 1346 Table 4.5). Of those with a consistent direction of effect across the three exposures

1347 a total of 109, 146, 164, and 180 metabolites reached a multiple testing threshold
1348 for children, adolescents, young adults, and adults respectively. This equates to 47,
1349 63, 73, and 79 percent of metabolites.

Table 4.5: Metabolites reaching a multiple testing threshold

	N	BMI			WHR			BF		
		1	2	3	1	2	3	1	2	3
Children	230	141	137	–	148	148	–	141	132	–
Adolescents	230	138	156	83	–	–	–	150	159	75
Young adults	224	173	172	139	173	172	139	183	180	135
Adults	228	193	191	183	193	191	183	197	191	186

1350 Table 4.5 shows the number of metabolites reaching a multiple testing threshold for each
1351 model within each age group. Multiple testing thresholds: children = 54, adolescents =
1352 48, young adults = 46, adults = 53. N = total number of metabolites tested; BMI = body
1353 mass index; WHR = waist hip ratio; BF = body fat percentage (in children this is fat free
1354 mass); 1 = model 1 adjustment for age and sex; 2 = model 2 adjustment for model 1 plus
1355 maternal/own education, smoking status, alcohol frequency, diet (where available); 3 =
1356 model 3, adjustment for model 2 plus physical activity (where available).

1357 **Directional consistency: across exposures within age groups for model 2**

1358 Results here on are presented for model 2 only; results for models 1 and 3 are
1359 presented in the supplement. Across exposures within each age group, effects
1360 showed mostly consistent directions of effect, with the majority being positive

1361 (Figure 4.6). The most inconsistent directions across exposures were found for
1362 children, where 21 percent of metabolites showed inconsistent directions of effect.
1363 For adolescents, young adults, and adults 5, 9, and 5 percent of metabolites showed
1364 inconsistent effect directions across measures of adiposity respectively. Of the 220
1365 metabolites measured across all age groups, directional consistency was supported
1366 by strong evidence of correlation across exposures within age groups; though still
1367 strong, weaker correlations were observed when looking within exposures across
1368 age groups (Supplement A.4.3).

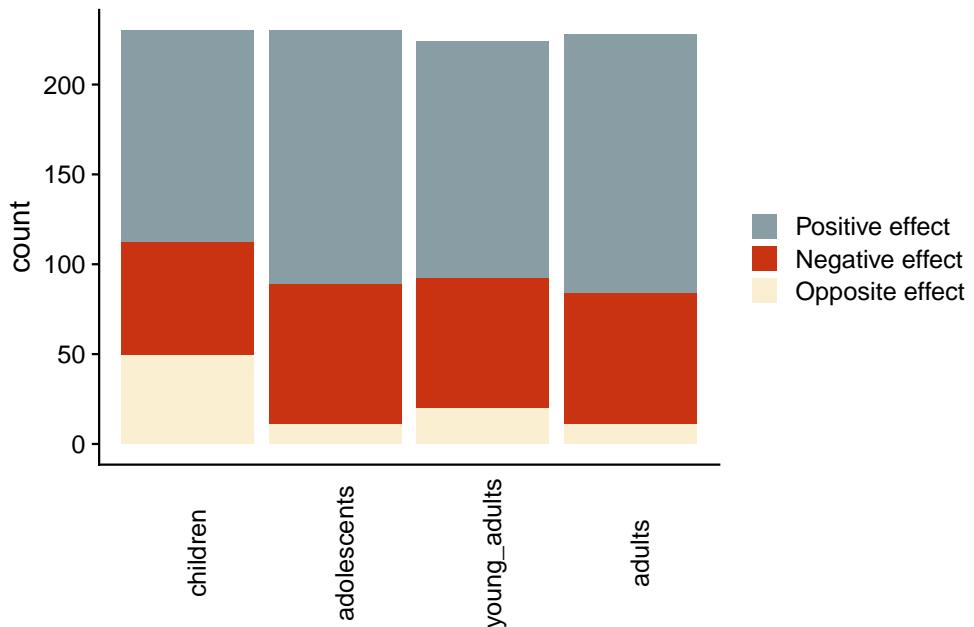


Figure 4.6: Directional consistency across exposures within each age group

1369 Figure 4.6 shows the directional consistency of all exposures for each age group. A positive
1370 effect reflects effect estimates for all exposures being in the positive direction; a negative ef-
1371 fect reflects effect estimates being in the negative direction; opposite effect reflects different
1372 directions for the effect estimates across the exposures.

1373 **Global metabolic profile**

1374 Globally, the pattern of association was very similar for all measures of adiposity
1375 for children (Figure 4.7), adolescents (Figure 4.8), young adults (Figure 4.9), and
1376 adults (Figure 4.10). Across all age groups the largest effects were found for the
1377 *Fatty Acids* subclass; total fatty acids showed the largest effect for all age groups.
1378 Metabolites in subclasses *small VLDL*, *medium VLDL*, *large VLDL*, and *very large*
1379 *VLDL* were the only ones to reach the specified significance thresholds across all
1380 exposures and age groups. Effect estimates for derived measures were much higher
1381 for all exposures and age groups than with the subclasses presented here (Sup-
1382 plementary A.4.5). There was also considerable variation within subclasses for
1383 derived measures. The largest effect across all age groups and exposures among
1384 derived measures was observed for *Cholesterol esters in very large VLDL to total*
1385 *lipids in very large VLDL ratio* and *Total cholesterol in very large VLDL to total*
1386 *lipids in very large VLDL ratio*. Across age groups, direction of effect was consis-
1387 tent for the majority of metabolites within exposures (Supplementary A.4.5). On
1388 the whole, effect sizes were lowest in children and increased with age. The largest
1389 effect in adults, *Total fatty acids* (beta = 0.51), was over twice that observed in
1390 children (beta = 0.21).

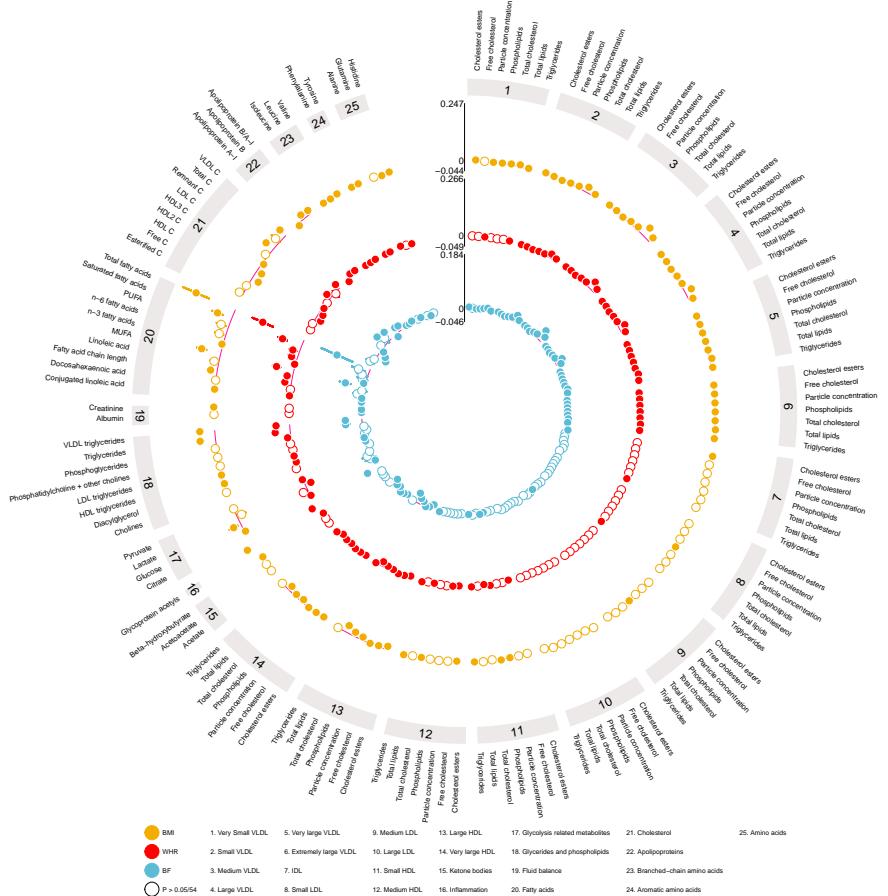


Figure 4.7: Circos plot of effect estimates from a linear regression of measures of increased adiposity and metabolites in children

Figure 4.7 shows each track as one of the measures of adiposity; the outer track is BMI, the middle track is WHR, the inner track is BF. Solid points indicate a multiple testing threshold has been reached – threshold set to the lowest of the age groups (54).

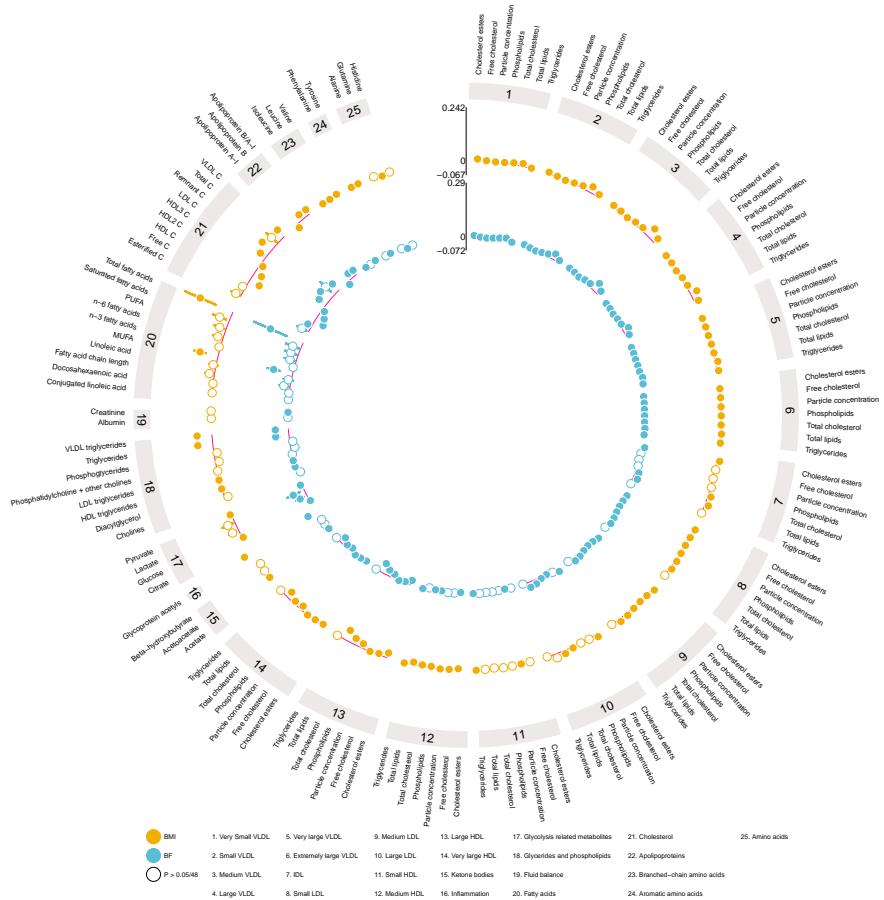


Figure 4.8: Circos plot of effect estimates from a linear regression of measures of increased adiposity and metabolites in adolescents

1394 *Figure 4.8 shows each track as one of the measures of adiposity; the outer track is BMI,*
1395 *the other track is BF - WHR was not available for adolescents. Solid points indicate a*
1396 *multiple testing threshold has been reached – threshold set to the lowest of the age groups*
1397 *(48).*

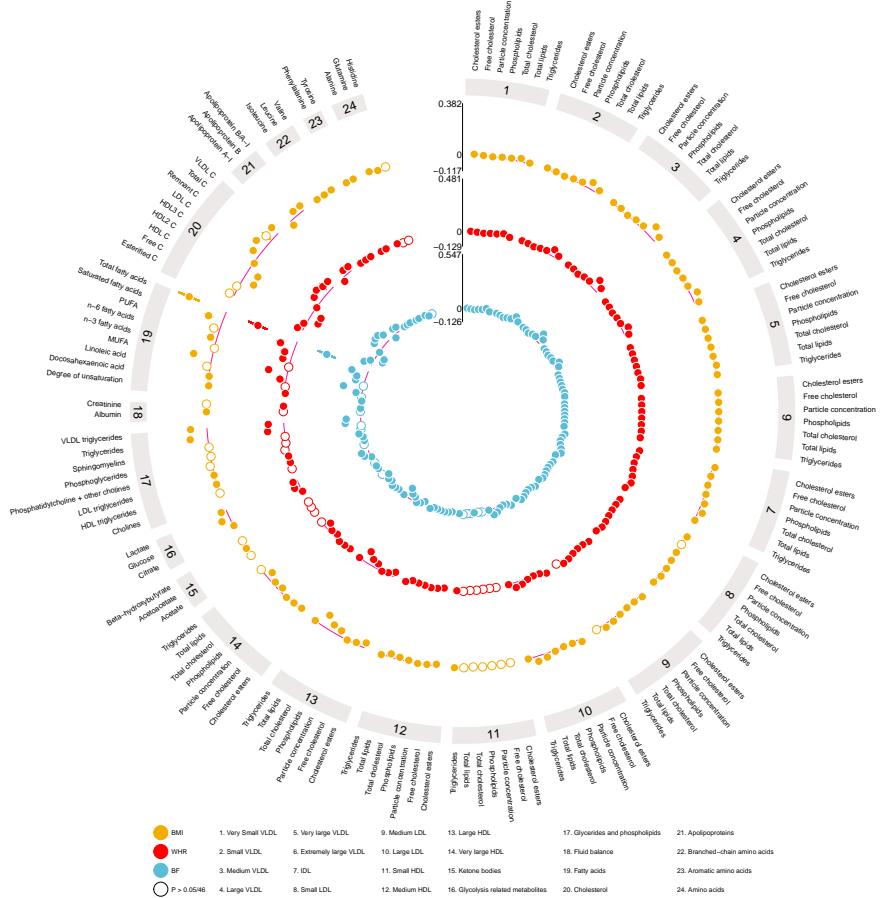


Figure 4.9: Circos plot of effect estimates from a linear regression of measures of increased adiposity and metabolites in young adults

1398 *Figure 4.9 shows each track as one of the measures of adiposity; the outer track is BMI,*
 1399 *the middle track is WHR, the inner track is BF. Solid points indicate a multiple testing*
 1400 *threshold has been reached – threshold set to the lowest of the age groups (46).*



Figure 4.10: Circos plot of effect estimates from a linear regression of measures of increased adiposity and metabolites in adults

1401 *Figure 4.10 shows each track as one of the measures of adiposity; the outer track is BMI,*
 1402 *the middle track is WHR, the inner track is BF. Solid points indicate a multiple testing*
 1403 *threshold has been reached – threshold set to the lowest of the age groups (53).*

1404 **Subclass results**

1405 At the level of the subclass, associations were observed for all measures of adiposity across age groups and every subclass except *Large LDL* in children, where
1406 weak evidence of association was observed across measures of adiposity. Across
1407 the derived measures, associations were observed across measures of adiposity for
1408 all subclasses except *Extremely large VLDL ratios* in young adults and adults.
1409

1410 Across all age groups and exposures associations with every metabolite in a
1411 particular subclass was observed for *Small VLDL*, *Medium VLDL*, *Large VLDL*,
1412 *Very large VLDL*, and *Extremely large VLDL* (Figure 4.11). As age increased, the
1413 number of associations within subclasses tended to increase across all measures
1414 of adiposity. For example, across *Small LDL*, *Medium LDL*, and *Large LDL* few
1415 associations were observed across measures of adiposity in children, however in
1416 adolescents and young adults a majority of metabolites showed evidence of asso-
1417 ciation while in adults all metabolites showed evidence of association.

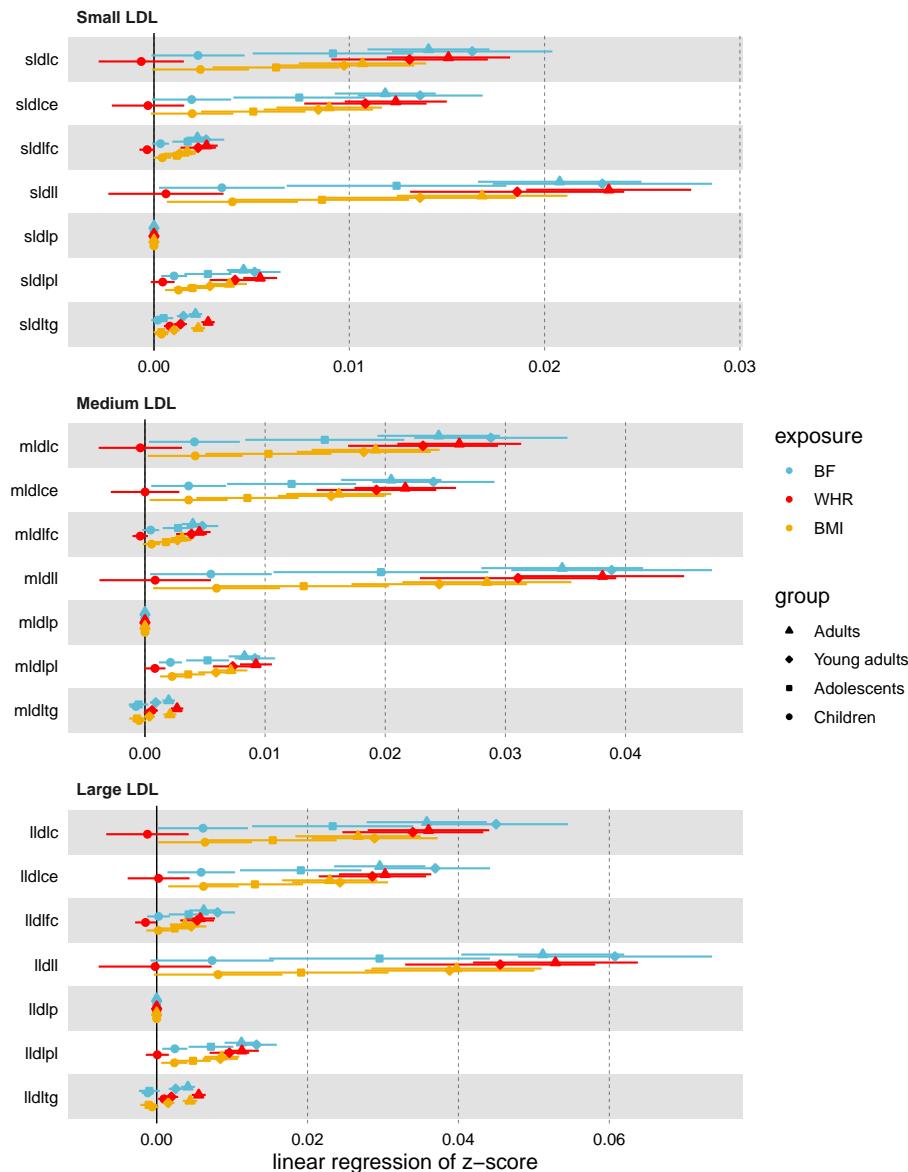


Figure 4.11: Forestplot of effect estimates across exposures and ages for LDL sub-classes

1418 *Figure 4.11 gives the effect estimate and 95% confidence interval for model 2 across all*

1419 *exposures and age groups.*

1420 **Individual results**

1421 Excluding derived measures, *Fatty acids ratios*, and *Lipoprotein particle size* sub-
1422 classes, which showed much larger and varied effects compared to other sub-
1423 classes, effects ranged from -0.12 to 1 with a median of 0.003. The largest positive
1424 effects (> 0.1) were seen for Total fatty acids and mono-unsaturated fatty acids;
1425 the largest negative effects (< -0.1) were for Total lipids in large HDL and Total
1426 cholesterol in HDL (Table 4.6).

Table 4.6: Largest effects (≤ -0.1 and ≥ 0.1) found across exposures and age groups

Metabolite	Subclass	Group	Exposure	Beta	Lower CI	Upper CI
Remnant cholesterol (non-HDL, non-LDL -cholesterol) (mmol/l)	Cholesterol	young_adults	bf	0.11	0.10	0.13
		adults	whr	0.10	0.09	0.12
		young_adults	bf	0.11	0.08	0.15
		adults	whr	0.22	0.20	0.25
		adults	bmi	0.21	0.18	0.23
		adults	bf	0.20	0.18	0.23
Monounsaturated fatty acids; 16:1, 18:1 (mmol/l)		young_adults	bf	0.20	0.17	0.23
		young_adults	whr	0.17	0.14	0.20
		young_adults	bmi	0.14	0.11	0.17
		adolescents	bf	0.10	0.07	0.14
		adults	whr	0.20	0.17	0.22

Saturated fatty acids (mmol/l)

	young_adults	bf	0.16	0.13	0.19
		bmi	0.16	0.13	0.18
adults		bf	0.15	0.13	0.18
		whr	0.14	0.11	0.17
	young_adults	bmi	0.11	0.08	0.14
adults		whr	0.50	0.44	0.57
	young_adults		0.45	0.36	0.54
		bf	0.43	0.36	0.49
adults		bmi	0.41	0.34	0.48
		whr	0.39	0.30	0.48
young_adults		bmi	0.30	0.22	0.38
children		whr	0.21	0.16	0.26
adolescents		bf	0.19	0.09	0.29
children			0.18	0.12	0.24

		adolescents	bmi		
				0.16	0.09
	children	bf		0.12	0.18
			whr	0.18	0.17
		adults	bmi	0.16	0.15
			bf	0.16	0.14
Serum total triglycerides (mmol/l)	young_adults	whr		0.15	0.17
	adults	bf		0.14	0.13
	young_adults	bmi		0.13	0.12
	adults	whr		0.16	0.15
	young_adults	bf		0.14	0.13
	adults	bmi		0.14	0.13
Glycerides and phospholipids	adults	whr		0.16	0.17
Triglycerides in VLDL (mmol/l)	young_adults	bf		0.14	0.16
	adults	bmi		0.14	0.13
	young_adults	whr		0.14	0.15
	adults	bf		0.13	0.11
	young_adults			0.12	0.11
					0.13

				bmi	0.17	0.14	0.20	
				whr	0.16	0.13	0.19	
					0.11	0.08	0.14	
Glucose (mmol/l)		Glycolysis	bmi					
	related	adults	whr					
	metabolites							
Total lipids in large HDL (mmol/l)		Large HDL		young_adults	bf	-0.10	-0.11	-0.09
				adults		-0.10	-0.11	-0.09
				young_adults	whr	-0.11	-0.12	-0.09
				bmi		-0.12	-0.13	-0.11
				adults		-0.12	-0.13	-0.11
Total lipids in medium VLDL (mmol/l)		Medium VLDL		whr		0.10	0.09	0.11

1428 **Comparison with Wurtz et al. (2014)¹⁴⁹**

1429 A total of 84 metabolic measures, including systolic and diastolic blood pressure,
1430 where measured by Wurtz et al. (2014)¹⁴⁹. Of these, 42 were comparable with
1431 metabolites measured here. Direction of effect estimates were broadly similar
1432 across both studies (Figure 4.12). The size of the effects among *IDL*, *Lipopro-*
1433 *tein particle size*, *Glycolysis related metabolites*, *Fatty acids ratios*, *Fatty acids*,
1434 *Cholesterol*, and *Apolipoproteins* were, bar a few metabolites within the subclasses,
1435 broadly similar; large confidence intervals among analysis conducted here among
1436 *Glycolysis related metabolites* meant effects overlapped with those of Wurtz et al
1437 (2014). Effects on metabolites in the remaining subclasses were much larger in the
1438 Wurtz et al. (2014) analysis than that conducted here; this is particularly evident
1439 for *Amino acids*, *Aromatic amino acids*, and *Branched-chain amino acids*. .

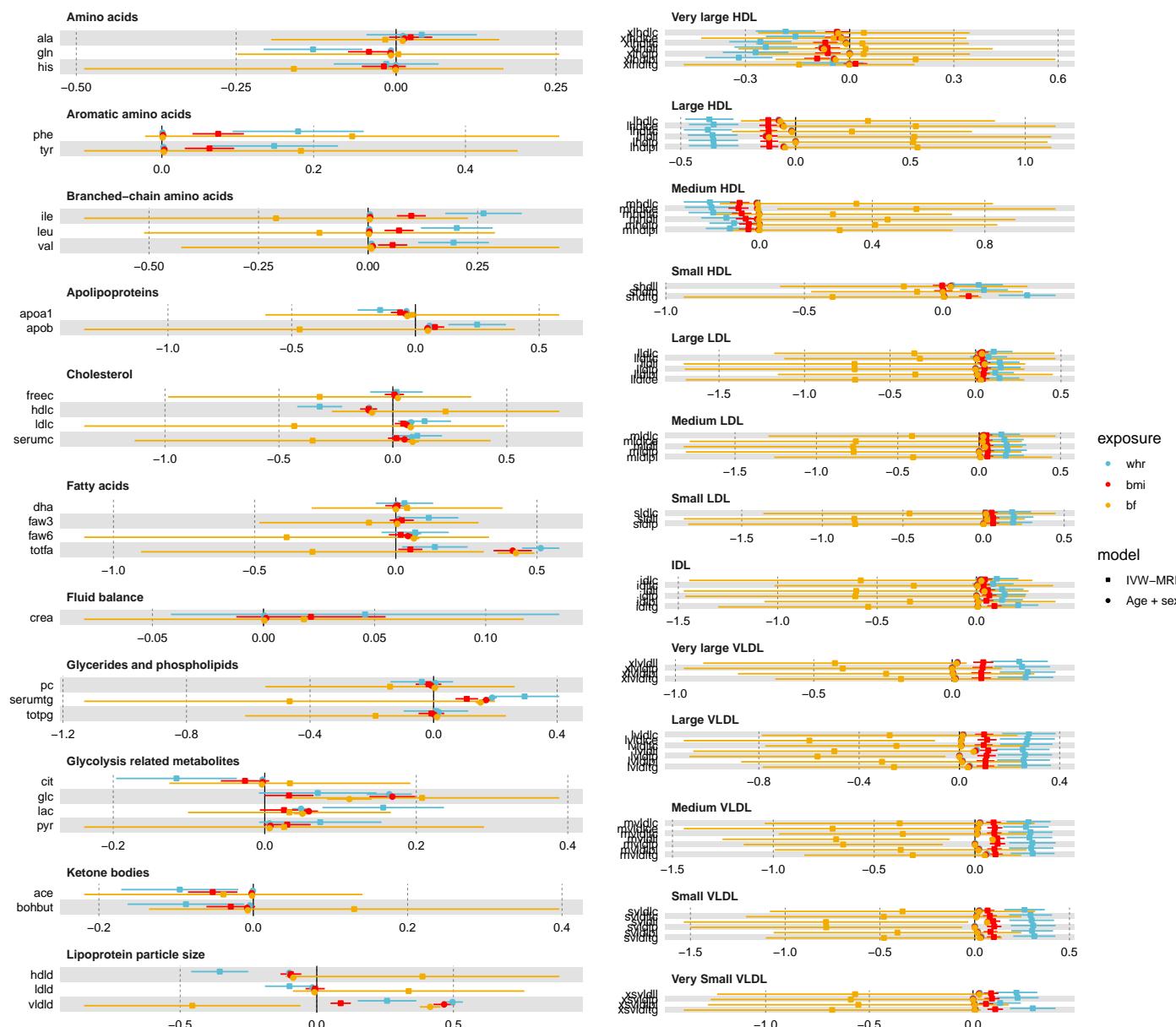


Figure 4.12: Forestplot of effect estimates across exposures and ages for LDL subclasses

¹⁴⁴⁰ Figure 4.12 gives the effect estimate and 95% confidence interval for model 2 across all exposures and age groups.

1441 **4.4 Discussion**

1442 In this chapter, the influence of increased adiposity on the metabolic profile is
1443 demonstrated in an observational framework. These effects persist, not only when
1444 measured at different ages, but also when adjusted for confounders and when ex-
1445 amined across multiple measures of adiposity.

1446 The association between increased adiposity and metabolites is global, with
1447 effects seen across all subclasses of metabolites. These effects are broadly con-
1448 sistent between metabolites within each subclass. When looking at each exposure
1449 across age groups (e.g. the effects of BMI in children, adolescents, young adults,
1450 and adults), we find highly similar effects in individuals measured at multiple time
1451 points (children, adolescents, and young adults). A similar metabolic profile is ap-
1452 parent in adults, though effect sizes appear slightly larger. The larger effects seen
1453 in adults may be due to the fact that metabolite concentrations have been shown
1454 to increase in older populations over time¹³⁷. Given that longitudinal work has
1455 shown that BMI tracks over time^{165,166} there may be a dose response relationship
1456 here whereby increased adiposity over time leads to increased metabolite concen-
1457 trations.

1458 Within each age group, there was high directional consistency across the three
1459 exposures. Effect sizes across exposures were similar within age groups, with over-
1460 lapping confidence intervals; BMI showed a broadly higher effect on metabolites
1461 across age groups. Effects for BF appeared to be closer to, and crossed, the null
1462 more often than BMI and WHR. This may suggest that overall adipose mass in
1463 addition to detrimental deposition, may be driving the effect of increased adiposity
1464 on metabolites which may lead to disease.

1465 These results are consistent across models; consistency in the direction of ef-
1466 fect estimates were observed for the majority of tests. The effect size was broadly
1467 similar in the case of models 1 and 2. There was a decreases in effect sizes in
1468 model 3 compared with 1 and 2. However, confidence intervals overlapped across
1469 the majority of tests even if they crossed the null in some instances for model 3.
1470 Consistency across models suggests the association between measures of adipos-
1471 ity and metabolites shows weak evidence of confounding. Whether these results
1472 represent a true causal association or are subject to reverse causation or residual
1473 confounding requires further investigation.

1474 Previous work by Wurtz et al. (2014)¹⁴⁹ identified numerous associations be-
1475 tween BMI and metabolites in a large population. Results here are broadly in line
1476 with theirs in terms of effect direction. However, the size of effects differed dras-
1477 tically for a number of metabolites, with much larger effects seen in the study by
1478 Wurtz et al(2014)¹⁴⁹; for the remaining metabolites effect sizes were comparable.
1479 These large differences may be a result of differences in metabolite data prepara-
1480 tion; here, metabolomics data underwent quality control and if the same quality
1481 control had been eprformed by Wurtz et al. (2014)¹⁴⁹ some metabolites may have
1482 been excluded. Also, metabolites reported here are absolute values where as Wurtz
1483 et al. (2014)¹⁴⁹ scaled concentrations to standard deviation units. In addition,
1484 where as multiple covariates were included here, only age and sex were included
1485 by Wurtz et al. (2014)¹⁴⁹. Though effect sizes differed there was consistency
1486 in effect direction for key metabolites such as phenylalanine and tyrosine, which,
1487 as a result of increased adiposity is increased across ages here and in numerous
1488 studies¹⁶⁷⁻¹⁷⁴.

1489 **4.4.1 Limitations**

1490 **Metabolomics**

1491 There is no standardised approach, nor a gold standard, for performing
1492 metabolomics quality control. Here, quality control, including outlier detec-
1493 tion and removal, was performed using the MetaboQC R package. The default
1494 settings for exclusions based on metabolite missingness (20%), sample missing-
1495 ness (20%), total sum abundance (5 SD), and principal components (5 SD) were
1496 used. Most samples were removed for having missingness > 20% compared to
1497 total peak area and PC. Twenty percent sample missingness is arbitrarily defined
1498 and used among other studies¹³⁹, however a more stringent threshold (e.g. 5%)
1499 may have impacted on results. Especially given that metadata such as batch and
1500 runday information was not available. MetaboQC calculated the number of
1501 independent metabolites using a clustering dendrogram and a tree cut height based
1502 on a Spearman's Rho of 0.5. Although most metabolites were shared across age
1503 groups, differences in the number of independent metabolites were found. There
1504 were also differences in the number of clusters and truly independent metabolites.
1505 Similalry, inclusion of derived metabolites resulted in differing numbers of
1506 independent metabolites.

1507 **Data availability**

1508 Metabolomics measures were taken at specific time points in ALSPAC children
1509 and at ~50 years of age in adults. Though measures of adiposity were available at
1510 the same time points, data on confounders was not. Smoking status for example

1511 was available for adult males at the metabolomics clinic but the closest available
1512 measure for adult females was a number of years earlier, in which time they may
1513 have taken up smoking. Although data were obtained where available from the
1514 closest time point, the mismatch in timings may bias results, particularly in the
1515 case of smoking and alcohol consumption.

1516 In all age groups, the availability of data was limiting. Absence of physical
1517 activity data meant model 3 was not performed for children, while absence of diet
1518 data in young adults and adults meant models 2 and 3 were constrained. However,
1519 adjusting for diet where available (children and adolescents) had little impact on
1520 results (Table 4.5) and is therefore likely not to have changed findings in young
1521 adults and adults.

1522 In children, body fat percentage was not available. A raw impedance measure
1523 was available and derivation of BF using Equation (4.1) showed positive correla-
1524 tion with BMI and weight in children and BF measures in adolescents. However,
1525 this derived measure included numerous negative estimates of BF. The equation
1526 performed well in adolescents, correlating highly with DXA derived BF (Figure
1527 4.3). The negative estimates of BF are likely a result of Equation (4.1) being
1528 derived in an adult population. Brief investigation showed negative estimates of
1529 BF remained when using adolescent age with child height and weight (data not
1530 shown). Given that in single frequency devices impedance is based on the volume
1531 of an individual it is probable that the values used in the equation do not accurately
1532 reflect the proportions of children pre-puberty. Child-specific equations were not
1533 available and the manufacturer was unwilling to share the equation used by their
1534 impedance devices. However, given that in a linear model the estimate is based on
1535 the per-unit increase, the absolute value negative or otherwise, will not impact on

1536 the final result.

1537 **Sensitivity analyses**

1538 The distribution of BMI at each age group was very similar across sexes. However,
1539 the distribution of WHR and BF differed among sexes in adolescents, young adults
1540 and adults; men had on average a higher WHR while women had a higher BF.
1541 Though Z-scores were used and sex was included as a covariate, the differences
1542 in WHR and BF distributions may highlight an underlying difference, which con-
1543 founders the relationship between adiposity and metabolites. For example, hormonal
1544 contraceptive use has shown to influence the metabolome¹⁷⁵ and is not regularly
1545 taken by individuals with a high BMI¹⁷⁶. There was little difference in results
1546 from the three models in regards to direction of effect estimates. However, when
1547 including only individuals with physical activity (model 3) the size of effects and
1548 the number of associations reaching a multiple testing threshold decreased. Given
1549 the consistency in the direction of effects across models and the highly similar ef-
1550 fects across model 1 and 2 there is likely little effect of confounding. However, the
1551 possibility of unmeasured confounding can not be ruled out.

1552 **4.4.2 Summary**

1553 The large number of associations identified using multiple exposures adds weight
1554 to the evidence, shown previously for BMI, of association between increased adi-
1555 posity and metabolites. As with previous work, we find associations between in-
1556 creased adiposity and many metabolites, including increased phenylalanine and
1557 tyrosine and decreased HDL components. This work highlights the large effects

1558 of increased adiposity on the global metabolic profile and shows that effects likely
1559 persist over time. Puberty is likely to have an affect on both adiposity, physical ac-
1560 tivity, and the metabolome and the lack of available data in children (BF and physi-
1561 cal activity) means this requires further investigation, particularly as the adolescent
1562 time point used will have included post-pubertal individuals. Though confounders
1563 were taken into account the potential for unmeasured confounding is likely, and
1564 follow-up analysis will require this to be taken into account. Of particular note is
1565 the increasing effect size and number of associations as a result of increased adi-
1566 posity across the metabolic profile with age. Given that many adiposity associated
1567 diseases occur later in life, exposure to an altered metabolic profile over time may
1568 be important in disease development, especially as weight loss in overweight and
1569 obese individuals is associated with reductions in elevated and increases in reduced
1570 metabolites¹⁴⁸.

1571 **Chapter 5**

1572 **Mendelian randomization**
1573 **analysis**

1574 ***Associations between multiple measures of increased adiposity and metabolites:***

1575 ***Mendelian randomization analysis***

1576 The large number of associations identified in Chapter 4 and previous observa-
1577 tional studies are likely affected by residual confounding. As discussed in Chapter
1578 1, methods which are somewhat robust to this issue, such as Mendelian randomiza-
1579 tion, provide an opportunity to further interrogate these associations. Consistent re-
1580 sults between observational and Mendelian randomization analyses will strengthen
1581 evidence of association between increased adiposity and metabolites and may help
1582 to restrict the number of metabolites taken forward for subsequent disease analysis.

1583 **5.1 Introduction**

1584 The effects of increased adiposity are observed across the metabolome, with
1585 changes in the metabolic profile persisting after correction for measured con-
1586 founders (Chapter 4). These persistent effects are similar to previous observational
1587 results¹⁴⁹.

1588 Estimates from observational studies are likely impacted by residual confound-
1589 ing. This is also true of models which have been corrected for likely confounders.
1590 The effects of residual confounding can lead to larger than expected effect esti-
1591 mates. Bias away from the null is also a factor when reverse causation is present.
1592 Mendelian randomization, as discussed in Chapter 1 (1.6), is able to overcome
1593 some of the limitations present with observational studies⁸⁰.

1594 Work in Chapter 4 is likely not to have fully accounted for confounding, either
1595 due to measurement error or unmeasured confounding. For instance, in adults
1596 physical activity was measured by questionnaire with possible answeres of ‘no’,
1597 ‘occassionally (less than monthly)’ and ‘frequently (once a month or more)’. Broad
1598 categories such as these are unlikely to capture the full impact of physical activity
1599 given that ‘frequently’ will encompass individuals who exercie once a month as
1600 well as every day. It also does not take into account the intensity of the exercise or
1601 its duration. Similar criticism can be placed on the included confounders smoking
1602 status and frequency of alcohol consumption. The presene of reverse causation
1603 can also not be ruled out. It is possible that metabolic changes promote increased
1604 adiposity, though this may be a result of other factors such as diseased states.

1605 With large publicly available GWAS data on metabolites and measures of in-

1606 creased adiposity, here MR is used to examine the causal effect of increased adi-
1607 posity on the metabolic profile. Particular focus is given to associations which are
1608 consistent with those observed in Chapter 1.

1609 **5.2 Methods**

1610 This chapter details a hypothesis-free two-sample summary-level MR analysis us-
1611 ing SNPs for three measures of increased adiposity (BMI, WHR, and BF) measured
1612 in individuals of European ancestries as exposures. Outcomes across the three ex-
1613 posures consisted of 123 NMR derived metabolites measured in individuals of Eu-
1614 ropean ancestries. The main analysis consisted of an inverse variance weighted
1615 multiplicative random effects (IVW-MRE) model and sensitivity analyses using
1616 additional models (Figure (5.1)).

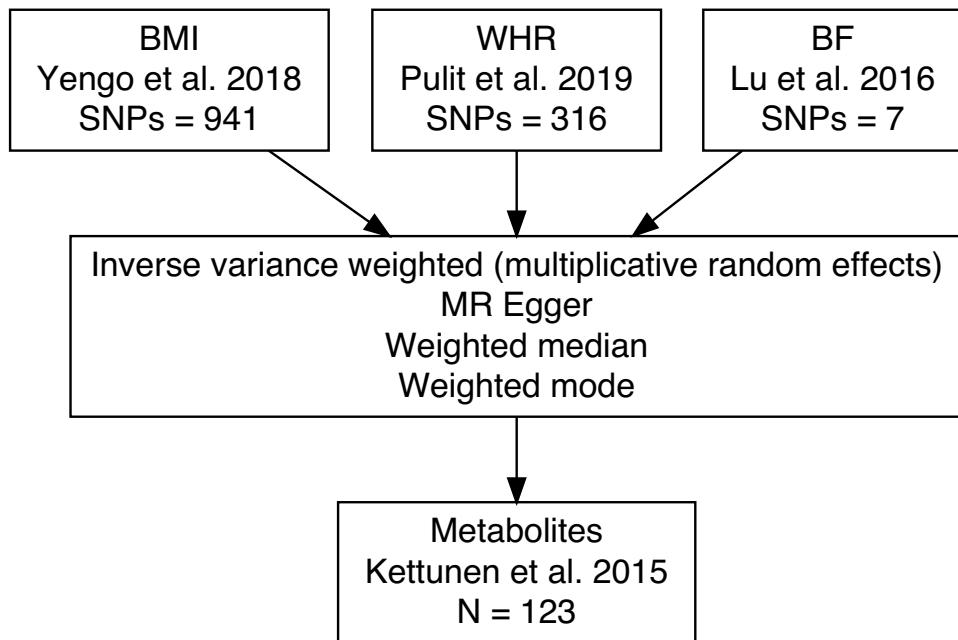


Figure 5.1: Schematic of Chapter 5 main analysis

1617 *The main analysis in chapter 5 included three exposures (BMI (body mass index), WHR*
 1618 *(waist hip ratio), BF (body fat percentage)), 4 models, and 123 metabolite outcomes. The*
 1619 *number of SNPs used for each exposure is given alongside the reference for the studies*
 1620 *in which the summary data were obtained. The inverse variance weighted, multiplicative*
 1621 *random effects model was the main analysis MR Egger, weighted median, and weighted*
 1622 *mode are additional sensitivity analyses.*

1623 5.2.1 Outcomes: metabolites

1624 Genome-wide summary level data for 123 NMR derived metabolites (Supplemen-
 1625 tary Table A.4) were obtained from Kettunen et al. (2016)¹²⁵ from MR Base¹⁷⁷.

1626 Kettunen et al (2016)¹²⁵ performed a fixed effects meta-analysis of 123 serum and
1627 EDTA serum NMR quantified metabolites from 14 GWASs. In total, up to 24,925
1628 (men = 11,245; women = 13,680) individuals of European ancestries were included
1629 in the meta-analysis. A total of 62 SNPs reached a genome wide significance
1630 threshold ($p\text{-value} < 2.27 \times 10^{-9}$) after correcting for 22 independent tests (22 be-
1631 ing the number of principal components explaining over 95% of variation in the
1632 metabolite data). After performing conditional analysis, a further 12 SNPs were
1633 identified as independent after reaching the genome-wide significance threshold.
1634 The 12 additional SNPs were identified in 9 of the 62 main loci (*PCSK9*, *LPL*,
1635 *PPM1K*, *HAL*, *CETP*, *CILP*, *PLTP*, *APOB* and *LIPC*), with a third independent
1636 SNP identified in two of these loci (*APOB* and *LIPC*) and a fourth independent
1637 SNP identified in one of these (*LIPC*). Overall, 74 independent SNPs were associ-
1638 ated with one or more of the 123 metabolites, with the variance explained ranging
1639 from 0.2% for acetoacetate to 12.5% for glycine, with a median of 5%.

1640 For the independent GWASs, in each of the 14 cohorts 123 Metabolites were
1641 quantified from human blood. Four cohorts used EDTA-plasma, the other 10 used
1642 serum. The majority of blood samples were fasted. Where a study did not have
1643 over night fasted samples correction for fasting time effect was performed using
1644 the *gam* R package and fitting a smoothed spline to adjust for fasting. The NMR
1645 analysis was performed with the comprehensive quantitative serum/plasma plat-
1646 form described by Soininen et al. (2009)¹⁵¹. All metabolites were first adjusted for
1647 age, sex, time from last meal if applicable, and the first ten genomic principal com-
1648 ponents. The residuals were inverse rank normally transformed. Each of the 14
1649 cohorts performed a univariate GWAS assuming an additive genetic model. SNPs
1650 were imputed up to 39 million markers using the 1000 Genomes Project March
1651 2012 version.

1652 For the meta-analysis, SNPs with accurate imputation (`info` > 0.4) and minor
1653 allele count > 3 were combined using double genomic correction, that is, both
1654 individual cohort results and meta-analysis results were corrected for the genomic
1655 inflation factor as implemented in `GWAMA`. Up to 12,133,295 SNPs were included
1656 in the meta-analysis. Variants, after filtering and meta-analysis, present in more
1657 than seven studies were considered for the final results. All traits gave genomic
1658 inflation factors in the meta-analysis less than 1.034 showing little evidence of
1659 systematic bias in the test statistic.

1660 **5.2.2 Exposures: measures of increased adiposity**

1661 Genetic instruments were obtained separately for each of three exposures (BMI,
1662 WHR, BF). In each case, the following data was obtained: SNP (rsID), effect allele,
1663 other allele, effect allele frequency, beta, standard error, *p-value*. F statistics were
1664 calculated for each SNP and a mean taken for each exposure – a nominal threshold
1665 of 10 was set.

1666 **Body mass index**

1667 Genetic instrumental variables for BMI were extracted from Yengo et al. (2018)⁹⁸,
1668 who analysed data from 515,509 — 795,624 individuals of European ancestries
1669 from two studies, the Genetic Investigation of Anthropometric Traits (GIANT)⁹⁶
1670 and UK Biobank. In both studies BMI was calculated as $\frac{\text{weight (kg)}}{\text{height (m}^2)}$. Yengo et
1671 al. (2018)⁹⁸ performed a fixed effect inverse variance weighted meta-analysis of
1672 BMI using GWAS results generated from UK Biobank (N = 456,426) and results
1673 from the GIANT consortium, Locek et al. (2015)⁹⁶.

1674 In UK Biobank, BMI was adjusted for age, sex, recruitment centre, genotyp-
1675 ing batch, and the first 10 principal components calculated from 132,102 (out of
1676 147,604) genotyped SNPs pre-selected by the UK Biobank quality control team¹⁷⁸.
1677 In GIANT, BMI was adjusted for age, age squared, and study specific covariates.
1678 Both the UK Biobank and GIANT GWASs inverse normally transformed BMI.
1679 In total, 681,275 individuals of European ancestry and ~2.4 million HapMap 2
1680 SNPs were included in the meta-analysis. Linkage disequilibrium score regression
1681 (LDSC 1.03; SE = 0.02) suggested population stratification, however LDSC can
1682 rise above 1 as sample sizes and heterogeneity increase¹⁷⁹.

1683 In the combined meta-analysis, a total of 656 primary associations reaching
1684 a genome wide significance threshold of 5×10^{-8} were identified. Approximate
1685 conditional and joint multiple-SNP (COJO) analysis identified a further 285 inde-
1686 pendent SNPs reaching a genome-wide significance threshold (*p-value* < 1×10^{-8}).
1687 Together these 941 associations explain 6% (SE = 0.8%) and 22.4% (SE = 3.7%) of
1688 the variance and heritability of BMI respectively. COJO specific summary statis-
1689 tics for all 941 SNPs were used in the main analysis.

1690 **Waist hip ratio**

1691 Genetic instrumental variables for WHR were extracted from Pulit et al. (2019)⁹⁷,
1692 who analysed data from 485,486 — 697,702 individuals of European ancestries
1693 from two studies, UK Biobank and GIANT, Shungin et al. (2015)⁹⁵. In both stud-
1694 ies WHR was calculated as
$$\frac{\text{waist circumference (cm)}}{\text{hip circumference (cm)}}$$
. Pulit et al. (2019)⁹⁷
1695 performed a fixed effects inverse variance weighted meta-analysis of WHR using
1696 GWAS results generated from UK Biobank (N = 485,486 (men = 263,148; women

1697 = 222,338)) and results from the GIANT consortium (N = 212,248 (women =
1698 118,004; men = 94,434))⁹⁵ using METAL¹⁸⁰. SNPs with a frequency difference
1699 > 15% between the two studies were removed prior to meta-analysis. In both
1700 studies, WHR was adjusted for sex (UK Biobank only), age at assessment, age
1701 at assessment squared and assessment centre (UK Biobank only); study specific
1702 covariates were included in the GIANT GWASs where appropriate. All residuals
1703 were inverse rank normally transformed; in GIANT residuals were calculated for
1704 men and women separately. In total, 316 associations reaching a genome wide
1705 significance threshold of 5×10^{-9} were identified; *p-value* adjusted to account for
1706 denser imputation data¹⁸¹. These associations explain 3% of the phenotypic vari-
1707 ance as calculated in an independent dataset (N = 7,721). SNP based heritability
1708 across all SNPs was estimated to be 22.7%.

1709 For the UK Biobank GWAS the second release (June 2017) of UK Biobank
1710 data which did not have corrected imputation at non-HRC sites was used. As such,
1711 only HRC SNPs were used in the GWAS. A linear mixed model using BOLT-
1712 LMM¹⁸² was performed on SNPs with imputation quality score > 0.3, MAF >
1713 0.01% and SNPs present in the HRC imputation reference panel. Adjustment was
1714 made for the SNP array used to genotype the sample. No other covariates were
1715 used. They did not assume a non-in infinitesimal model. In GIANT, individual stud-
1716 ies (genome-wide array = 57; Metabochip = 44) recruited participants and under-
1717 took sample and SNP quality control. In genome-wide array studies, imputation
1718 was performed with CEU haplotypes from HapMap. Assuming an additive genetic
1719 model, each study ran a linear regression GWAS. Sex-specific summary statistics
1720 were corrected for population structure using the genomic control inflation fac-
1721 tor. Prior to meta-analysis of genome-wide array studies and Metabochip studies,
1722 SNPs were removed if they had a minor allele count <= 3, were not in Hardy-

1723 Weinberg equilibrium (*p-value* < 10⁻⁶), had a call rate < 95% or an imputation
1724 quality score < 0.3 for MACH, 0.4 for IMPUTE, and 0.8 for PLINK. A fixed ef-
1725 fects inverse variance weighted meta-analysis of each genome-wide array GWAS
1726 and each Metabochip GWAS was performed and corrected for genomic control to
1727 account for structure between cohorts. A fixed effects inverse variance weighted
1728 meta-analysis of the meta-analysed genome-wide array studies and Metabochip
1729 studies was performed using METAL; correction for genomic control was not per-
1730 formed.

1731 **Body fat percentage**

1732 Genetic instrumental variables for BF were extracted from Lu et al. (2016)¹⁸³.
1733 This was the only available GWAS using DXA as a measure of BF (as of
1734 25/07/2019); the number of individuals with DXA measures was not reported. Lu
1735 et al. (2016)¹⁸³ performed a fixed effects inverse variance weighted meta-analysis
1736 of BF using two meta-analyses generated from 43 GWASs (N = 65,831) and
1737 13 Metabochip GWAS studies (N = 23,468) using METAL¹⁸⁰. In total, up to
1738 89,300 (men = 44,429; women = 45,525) individuals of European ancestries were
1739 included in the inverse variance weighted fixed effects meta-analysis. In total 7
1740 SNPs reached a genome wide significance threshold (*p-value* < 5 x 10⁻⁸) and
1741 were considered independent (\pm 500kb of the most significant SNP). Estimation of
1742 variance explained was not available in the European ancestries meta-analysis. In
1743 the all ancestries meta-analysis, which included up to 11,419 additional individuals
1744 of non-European ancestries, these 7 SNPs explained 0.416% of the variance in BF
1745 – additional SNPs identified in the all ancestries meta-analysis explained 0.58% of
1746 the variance in BF.

1747 In each cohort, BF was measured via a bioelectrical impedance device or DXA
1748 as described previously¹⁸⁴. For each study, BF was adjusted for age, age squared
1749 and study-specific covariates (e.g. genotype-based principle components and study
1750 centre), if necessary. For studies of unrelated individuals, the residuals were cal-
1751 culated separately in men and women, and in cases and controls. For studies of
1752 family-based design, the residuals were calculated in men and women together,
1753 and sex was additionally adjusted in the model. The residuals were then inverse
1754 rank normally transformed for association testing. For studies of family-based de-
1755 sign, the family relatedness was additionally adjusted in the association testing.

1756 Meta-analysis was performed in two stages. First, two parallel meta-analyses
1757 were conducted; one meta-analysis combined summary statistics from 43 GWASs,
1758 totalling up to 65,831 individuals of European ancestries and the other meta-
1759 analysis combined summary statistics from 13 Metabochip studies, totalling up to
1760 23,469 individuals of European ancestries. Each study performed study specific
1761 quality control. Imputation was performed in each study using the European
1762 ancestries HapMap Phase II (Release 22) reference panel. Individual SNPs were
1763 associated with inverse normally transformed BF residuals using linear regression
1764 with an additive model. All SNPs with low imputation scores (MACH r²-hat <
1765 0.3, IMPUTE proper_info < 0.4, or PLINK info < 0.8) and a MAC <= 3 were
1766 removed. The EasyQC software was used for detailed QC of study level analyses
1767 and meta-level analysis.

1768 In the second stage, a single meta-analysis of the GWAS meta-analysis re-
1769 sults and the Metabochip meta-analysis results was performed. This included up to
1770 89,300 individuals of European ancestries from 56 studies. Meta-analysis was per-
1771 formed using an inverse variance-weighted fixed-effect method using METAL. In-

flation before genomic control correction was generally low (lambda men + women = 1.13; lambda men = 1.07; lambda women = 1.10). To reduce inflation of test statistics from potential population structure, individual GWAS results and GWAS meta-analysis results were corrected for genomic control using all SNPs. Individual Metabochip results and Metabochip meta-analysis results were genomic control corrected using 4,425 SNPs, which were derived from pruning of QT-interval replication SNPs within 500 kb of an anthropometry replication SNP on the Metabochip. The genomic control corrected GWAS and Metabochip meta-analysis results were then meta-analysed.

LDSC suggested observed inflation was not due to population substructure; the regression intercept was 1.0045 (lambda genomic control = 1.136 and mean X2 = 1.16) for sex-combined, 0.999 (lambda genomic control = 1.062 and mean X2 = 1.079) for men-only and 1.014 (lambda genomic control = 1.105 and mean X2 = 1.112) for women-only analyses. The authors used these regression intercepts, rather than the lambda genomic control, to correct the meta-analysis results in more significant associations (for example, for the rs1558902-*FTO* SNP, *p-value* = 3.24 x 10-27 in the modified European sex-combined meta-analysis compared with *p-value* = 1.1 x 10-25). Overall, the less stringent correction did not result in the identification of novel loci.

Each unique locus was defined as $\pm 500kb$ on either side of the most significant SNP that reached the genome wide significance threshold (*p-value* < 5 x 10-8) in the meta-analysis. Genotype data for genome-wide significant SNPs was of high quality with a median imputation score of ≥ 0.95 . The fifth percentile for all SNPs was ≥ 0.80 , except for the previously established *TOMM40* SNP (P5 = 0.52).

1796 **5.2.3 Statistical analysis**

1797 All data manipulation and analysis was performed using R¹⁴⁶ (version 3.5.3). MR
1798 analysis was performed using the TwoSampleMR¹⁷⁷ (version 0.4.22) R package.
1799 Data on metabolites were obtained from MR Base (accessed 26/07/2019).

1800 For all exposures, the following data were obtained from the original GWAS
1801 publications: rsID, effect allele, other/non-effect allele, effect allele frequency, ef-
1802 fect estimate, standard error of the effect estimate, *p-value*, N, and units. The same
1803 data for these genetic instrumental variables were obtained from each metabo-
1804 lite for each exposure separately. Where genetic instrumental variables were not
1805 present in the metabolite GWASs, proxy SNPs were included if linkage disequi-
1806 librium was ≥ 0.8 . For proxy SNPs, the inclusion of SNPs where the reference
1807 strand was ambiguous (strand flips) was allowed and the direction was inferred
1808 using a minor allele frequency threshold of 0.3.

1809 Exposure and outcome SNPs were harmonized in reference to the exposure
1810 effect allele being on the increasing scale. For included alleles where the refer-
1811 ence strand was ambiguous, the positive strand was inferred using effect allele
1812 frequency.

1813 **Main analysis**

1814 An inverse variance weighted (IVW), multiplicative random effects (IVW-MRE)
1815 model was used to investigate the causal association of each exposure on each
1816 metabolite. The model assumes that the strength of the association of the ge-
1817 netic instruments with the exposure is not correlated with the magnitude of the

1818 pleiotropic effects and that the pleiotropic effects have an average value of zero¹⁸⁵.
1819 A multiple testing threshold of *p-value* < 0.0022727 was used. This is based on
1820 the number of principal components (22) in the Kettunen et al. (2016)¹²⁵ meta-
1821 analysis that explained 95% of the variation in metabolite data. Consistency in
1822 the direction of effect estimates was investigated and Spearman's Rho analysis of
1823 effect estimates was performed.

1824 For the main analysis, results represent the change in the inverse rank position
1825 of each metabolite per change in the inverse rank position of the exposure.

1826 **Sensitivity analysis**

1827 Assumptions of no pleiotropy among genetic instruments and outcomes were ex-
1828 plored using MR-Egger¹⁸⁶, weighted median¹⁸⁷ and weighted mode¹⁸⁸ based es-
1829 timators, which are sensitive to the effects of potential pleiotropy. No threshold
1830 requirements were set for these methods, instead consistency between the IVW-
1831 MRE model and these methods was investigated.

1832 MR-Egger provides an estimate of horizontal pleiotropy via the intercept of
1833 a linear regression of the SNP-exposure and SNP-outcome association. Absent
1834 pleiotropic effects the intercept tends towards the origin. MR-Egger gives con-
1835 sistent estimates when 100% of genetic instruments are invalid¹⁸⁶. The weighted
1836 median is complimentary to MR-Egger but does not rely on the instrument strength
1837 independent of direct effect assumption. It calculates the median of an empirical
1838 distribution of effect estimates weighted for precision. It provides consistent esti-
1839 mates when at least 50% of the weight comes from genetic instruments and as long
1840 as no one genetic instrument contributes > 50% of the weight¹⁸⁷. The weighted

1841 mode assumes the true causal effect is the most common effect. It relies on the
1842 assumption that across all instruments the mode is 0¹⁸⁸.

1843 The effects of heterogeneity in the exposure instruments was investigated using
1844 Cochrane's Q statistic for maximum likelihood, IVW, and MR Egger models. A
1845 single SNP MR, whereby the causal association of each SNP individually is es-
1846 timated using the maximum likelihood and Wald ratio models, was also used to
1847 investigate heterogeneity. A leave-one-out MR analysis was performed whereby
1848 each SNP is sequentially left out of the MR analysis and the causal effect esti-
1849 mated absent of that SNP. If the estimated effect is substantially reduced after the
1850 removal of a single SNP this may imply violation of the exclusion restriction as-
1851 sumption and that this SNP is having a direct association with the outcome that
1852 is not mediated through the exposure. Finally, each of these additional sensitivity
1853 analyses were visualised using a funnel plot of the instrument beta and standard
1854 error and using forest plots of the single SNP and leave-one-out MR analysis to
1855 identify potential pleiotropic effects. Additional sensitivity analysis is presented as
1856 a summary for each exposure. Where appropriate, i.e. for results which appear to
1857 be strong associations, specific results are discussed.

1858 **5.2.4 Additional analyses**

1859 In the main analysis both BMI and WHR genetic instrumental variables were ob-
1860 tained from studies using UK Biobank, which has shown evidence of latent popu-
1861 lation structure^{89,90} (See 1.6). Additionally, BMI instruments were obtained from
1862 a COJO analysis, which, as these SNPs are conditional on the presence of an inde-
1863 pendent SNP, may lead to potential pleiotropic pathways. Finally, BF instruments

1864 were obtained from a study which used different measures of BF; two of the in-
1865 cluded SNPs have also been associated previously with ‘favourable adiposity’ and
1866 may therefore not be reflections of total body fat^{189,190}. In order to test whether
1867 genetic instrumental variables in the main analysis produced biased results a two
1868 step additional analysis was performed.

1869 Firstly, genetic instrumental variables for BMI, WHR and BF were obtained
1870 from additional sources (Supplementary Table A.5). Outcome data extraction and
1871 harmonization was performed as for the main analysis. F statistics and detailed
1872 information on each additional exposure is available in Supplementary informa-
1873 tion. Briefly, SNPs for BMI were obtained from the initial non-COJO analysis
1874 by Yengo et al 2018⁹⁸, and a separate set of SNPs were obtained from Locke et
1875 al. (2015)⁹⁶ which did not use UK Biobank; for WHR, SNPs were obtained from
1876 Shungin et al. (2015)⁹⁵ which did not use UK Biobank; for BF, the SNPs associ-
1877 ated with ‘favourable adiposity’ were removed and an additional SNP set identified
1878 in a GWAS using a single measure of BF was obtained from Hubel et al. (2019)¹⁹¹.

1879 In stage one, the main analysis (IVW-MRE, MR-Egger, Weighted median,
1880 Weighted mode and additional sensitivity analysis) was performed using these ad-
1881 ditional exposures. In stage two, genetic instrumental variables for all exposures
1882 (those used in the main analysis and in additional analyses described here) were
1883 clumped and the main analysis was performed. Clumping was performed using
1884 the R package TwoSampleMR¹⁷⁷ (version 0.4.22) setting a linkage disequilibrium
1885 R² threshold of 0.001 for SNPs within a 10,000 base window of each other. Spear-
1886 man’s Correlation between MR results from the non-clumped and clumped SNP
1887 lists was performed.

1888 **5.2.5 Comparison with observational estimates**

1889 Finally, comparison of results here and those from observational analysis con-
1890 ducted in Chapter 4 was performed. Observational estimates from the adult anal-
1891 ysis, adjusted for age and sex, were used along with those of the main analysis
1892 here. Firstly, consistency in the direction of effect within exposures across MR
1893 and observational estimates was investigated, and a Spearmans Rho analysis was
1894 performed. Secondly, tests reaching a multiple testing threshold across both obser-
1895 vational and MR analyses within exposures were investigated. Finally, tests which
1896 showed consistency in direction of effect and which reached a multiple testing
1897 threshold across analyses and exposures were investigated.

1898 **5.2.6 Comparison with Wurtz et al. (2014)¹⁴⁹**

1899 **5.3 Results**

1900 **5.3.1 Main analysis F-statistics**

1901 Numerous SNPs were used for each exposure in the main analysis. For each SNP
1902 an F-statistic was calculated and a mean taken for each exposure. Across all three
1903 exposures, no single SNP had an F-statistic less than 10. Mean F-statistics: BMI =
1904 73, WHR = 66, BF = 44 (Figure 5.2).

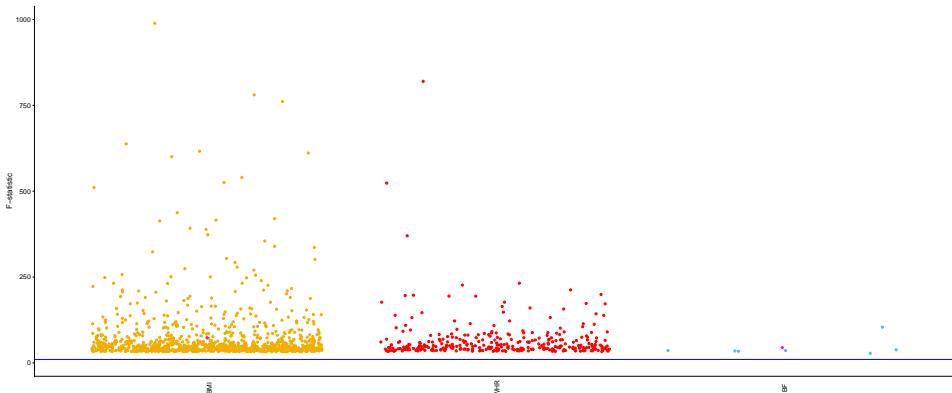


Figure 5.2: Main MR analysis f-statistics

1905 *Mean f-statistics for each exposure indicated by the pink diamond. The blue line indicates*
 1906 *a nominal threshold of 10. BMI = body mass index, WHR = waist hip ratio, BF = body fat*
 1907 *percentage.*

1908 5.3.2 Statistical analysis

1909 Main analysis

1910 **Directional consistency** Across all three exposures, directional consistency was
 1911 low (Figure 5.3), with over 100 of the 123 tests showing an opposite direction of ef-
 1912 fect for at least one exposure. Consistency in the direction of effect was highest for
 1913 BMI and WHR, where a majority of tests showed positive effects. Directional incon-
 1914 sistency was largely due to BF having an opposite direction of effect on metabolites
 1915 to BMI and WHR. Spearman's Rho analysis of effect estimates showed a positive
 1916 correlation between BMI and WHR ($R^2 = 0.94$), while negative correlations were
 1917 observed for BF and BMI ($R^2 = -0.70$) and BF and WHR ($R^2 = -0.72$) (Supplement

1918 A.4.3).

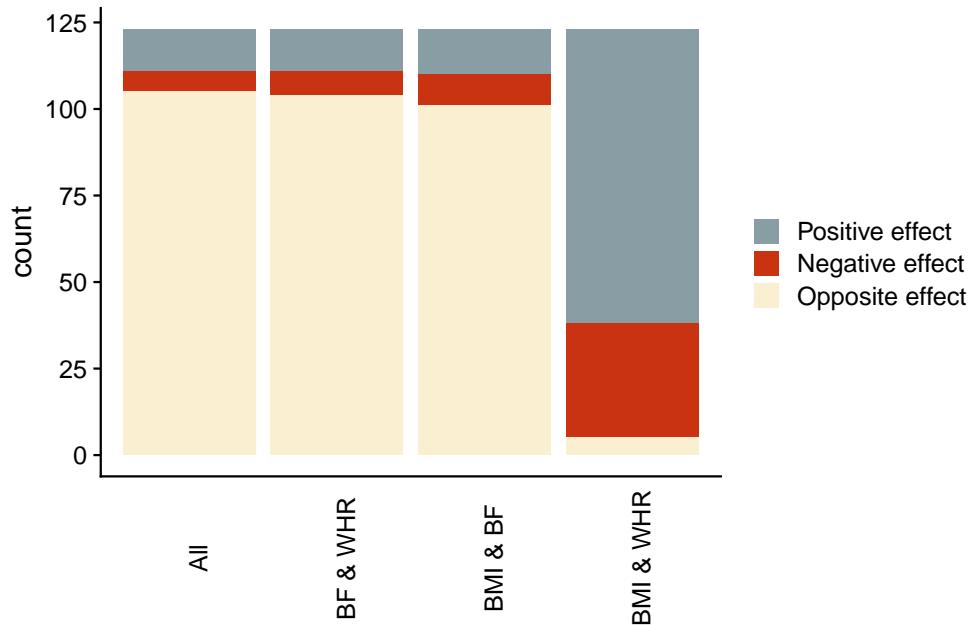


Figure 5.3: Directional consistency across exposures

1919 Figure 5.3 shows the directional consistency of all exposures from the main analysis: BMI
1920 (Yengo *et al.* (2018)), WHR (Pulit *et al.* (2018)), BF (Lu *et al.* (2016)). A positive effect
1921 reflects the effect estimate from two or more exposures being in the positive direction; a
1922 negative effect reflects betas being in a negative direction; opposite effect reflects different
1923 directions for the effect estimates. BMI = body mass index; WHR = waist hip ratio; BF =
1924 body fat percentage.

1925 **Multiple testing threshold** A total of 63, 63, and 0 tests reached a multiple test-
1926 ing threshold for BMI, WHR and BF respectively. Of these tests, 58 reached a
1927 multiple testing threshold across both BMI and WHR. A total of 5 and 5 tests
1928 reached a multiple testing threshold for BMI only and WHR only respectively. For

1929 BMI, these metabolites included, Acetate (mmol/l), Average number of methylene
1930 groups per double bond, Concentration of IDL particles (mol/l), Monounsaturated
1931 fatty acids; 16:1, 18:1 (mmol/l), Phospholipids in very small VLDL (mmol/l); for
1932 WHR, these metabolites included, Glutamine (mmol/l), Lactate (mmol/l), Con-
1933 centration of small HDL particles (mol/l), Total cholesterol in very large HDL
1934 (mmol/l), Cholesterol esters in very large HDL (mmol/l).

1935 Given no tests reached a multiple testing threshold for BF, focus here is on
1936 the tests reaching a multiple testing threshold across both BMI and WHR. All
1937 tests reaching the multiple testing threshold for BMI and WHR were directionally
1938 consistent across BMI and WHR (Figure 5.4). Of the tests which reached a multi-
1939 ple testing threshold across BMI and WHR, 4 were directionally consistent across
1940 BMI, WHR and BF, with positive effect estimates for: Phenylalanine (mmol/l), Ty-
1941 rosine (mmol/l), Valine (mmol/l); and negative effect estimates for Apolipoprotein
1942 A-I (g/l) (Figure 5.5. Effect sizes were broadly consistent across BMI and WHR;
1943 BF had much larger confidence intervals which spanned the null.

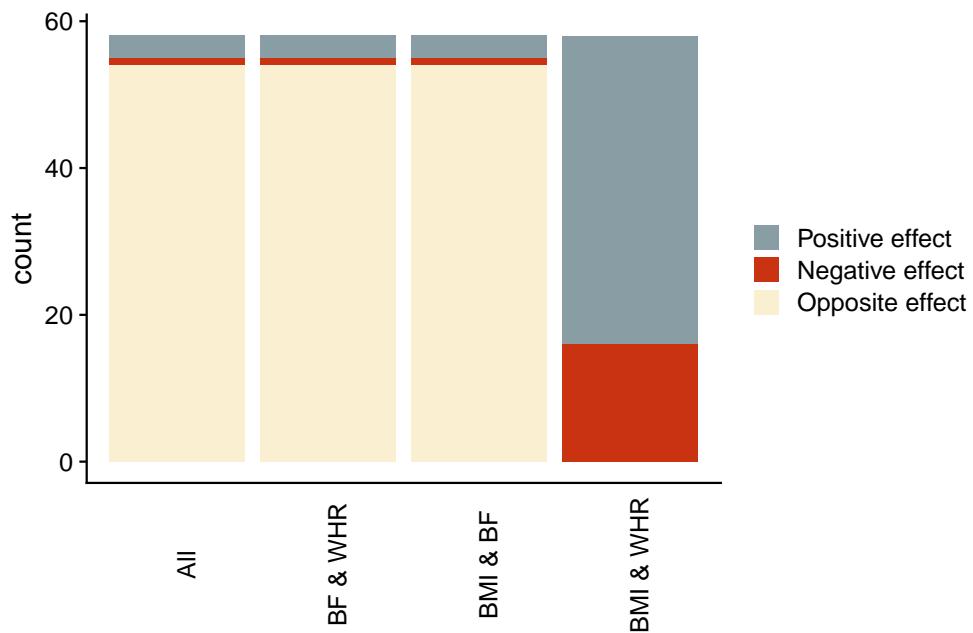


Figure 5.4: Directional consistency across exposures for tests reaching a multiple testing threshold

1944 Figure 5.4 shows the directional consistency of all exposures from the main analysis which
 1945 reached a multiple testing threshold ($p < 0.05/22$): BMI (Yengo et al. (2018)), WHR (Pulit
 1946 et al. (2018)), BF (Lu et al. (2016)). A positive effect reflects the effect estimate from two
 1947 or more exposures being in the positive direction; a negative effect reflects betas being in a
 1948 negative direction; opposite effect reflects different directions for the effect estimates. BMI
 1949 = body mass index; WHR = waist hip ratio; BF = body fat percentage.

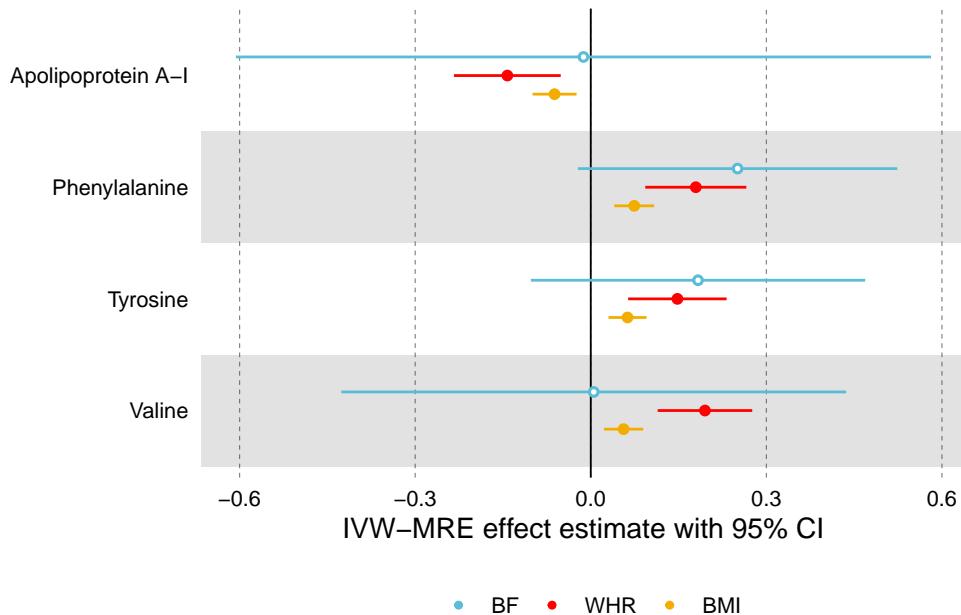


Figure 5.5: Forestplot of directionally consistent tests reaching a multiple testing threshold

1950 Figure 5.5 shows effect estimates and 95% confidence intervals for the 4 metabolites which
 1951 reached a multiple testing threshold ($p < 0.05/22$) for BMI and WHR and which were
 1952 directionally consistent across all 3 exposures: BMI (Yengo et al. (2018)), WHR (Pulit et
 1953 al. (2018)), BF (Lu et al. (2016)). Effect estimates represent the change in the inverse rank
 1954 position of each metabolite per change in the inverse rank position of the exposure.

1955 **Global metabolic profile** Globally, the pattern of association was visually very
 1956 similar for BMI and WHR. Effects for WHR were generally larger with wider
 1957 confidence intervals, whereas those for BMI were smaller with tighter confi-
 1958 dence intervals. Effects for BF were much larger with wide confidence intervals
 1959 which spanned the null (Figure 5.6). The largest negative effects (> -0.75) were

1960 found for BF and the Total lipids and Particle concentration metabolites within the
1961 *Small LDL*, *Small VLDL*, and *Medium LDL* subclasses. The largest positive ef-
1962 fects (> 0.40) were observed for BF and the *Medium HDL* and *Large HDL* sub-
1963 classes. All metabolites in subclasses *Small VLDL*, *Medium VLDL*, *Large VLDL*,
1964 *Very large VLDL*, *Extremely large VLDL*, *Large HDL*, *Apolipoproteins*, *Branched-*
1965 *chain amino acids*, and *Aromatic amino acids* reached the multiple testing thresh-
1966 old across both BMI and WHR. In addition, metabolites in these subclasses all
1967 shared the same direction of effect with other metabolites within their respective
1968 subclass for both BMI and WHR.

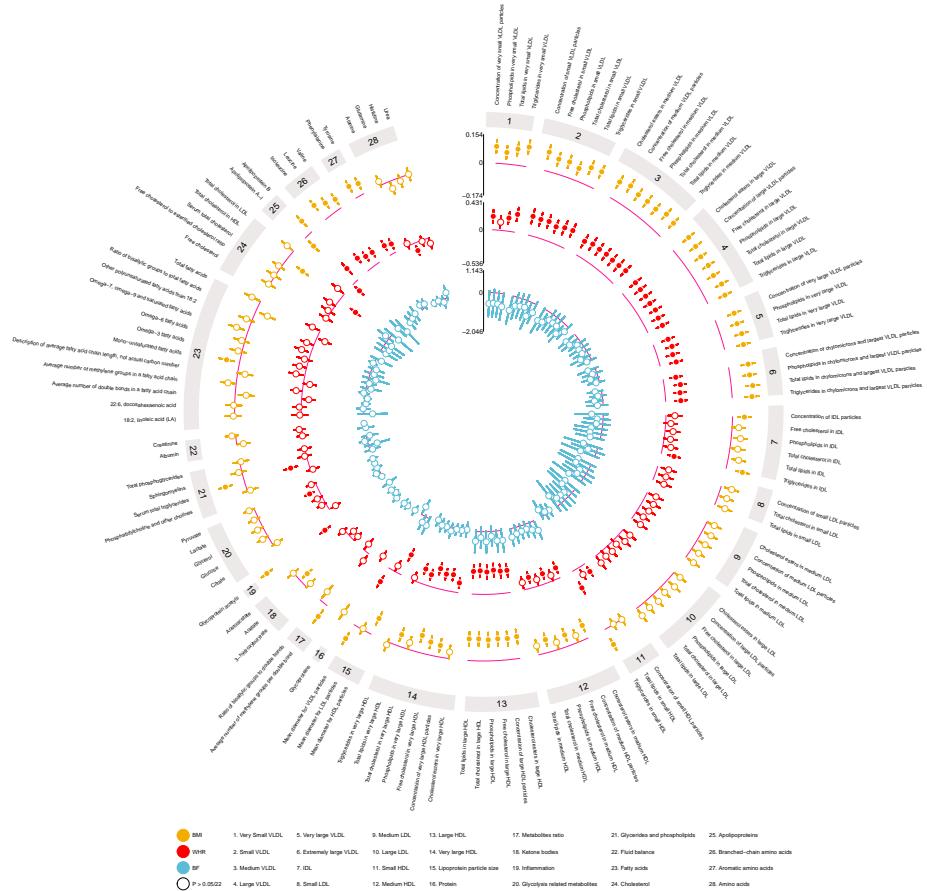


Figure 5.6: Circos plot of IVW-MRE effect estimates for BMI, WHR, and BF on 123 NRM derived metabolites

1969 *Figure 5.6 shows each track as one of the measures of increased adiposity; the outer track*
 1970 *is BMI, the middle track is WHR, the inner track is BF. Solid points indicate a multiple*
 1971 *testing threshold (0.05/22) has been reached. Effect estimates represent the change in*
 1972 *the inverse rank position of each metabolite per change in the inverse rank position of the*
 1973 *exposure. 95% confidence intervals shown. Metabolites are grouped by subclass.*

1974 **Subclass results** Tests reaching the multiple testing threshold were observed for
 1975 at least one exposure in 23 of 28 subclasses. No tests reached a multiple testing
 1976 threshold for subclasses: *Small LDL*, *Medium LDL*, *Large LDL*, *Protein*, *Fluid*
 1977 *balance*. For subclasses *IDL*, *Metabolites ratio*, *Ketone bodies*, *Glycolysis re-*
 1978 *lated metabolites*, *Glycerides and phospholipids*, *Cholesterol*, and *Amino acids*
 1979 only a small number of metabolites within each subclass reached the multiple test-
 1980 ing threshold. Whereas, for subclasses *Small VLDL*, *Medium VLDL*, *Large VLDL*,
 1981 *Very large VLDL*, *Extremely large VLDL*, *Large HDL*, *Very large HDL*, *Lipoprotein*
 1982 *particle size*, *Branched-chain amino acids*, and *Aromatic amino acids* a majority
 1983 of metabolites reached the multiple testing threshold (Figure 5.7).

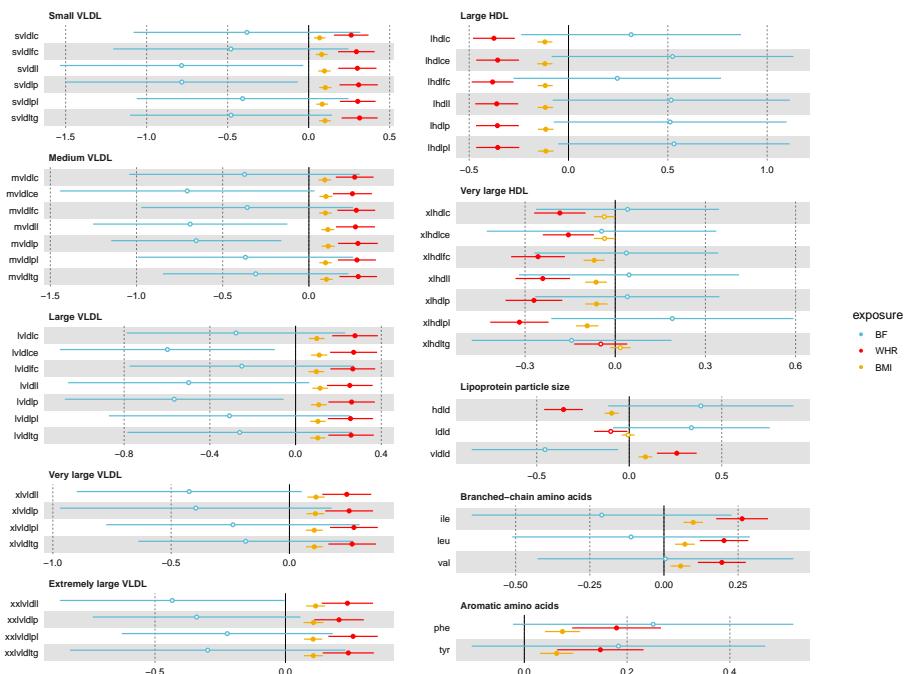


Figure 5.7: Forestplot of effect estimates across subclasses with a majority of metabolites reaching a multiple testing threshold for BMI and WHR

1984 *Figure 5.7 gives effect estimates and 95% confidence interval for all sublcasses in which*
1985 *the majority of metabolites reached a multiple testing threshold across BMI and WHR.*
1986 *Solid points reflect the multiple testing threshold ($p < 0.05/22$) has been reached.*

1987 **Sensitivity analysis** The majority of effect estimates for each metabolite showed
1988 directional consistency across the main analysis (IVW-MRE) and three models
1989 (MR-Egger, weighted median, weighted mode) used for sensitivity analysis for
1990 BMI (N = 69) and WHR (N = 98); BF showed the lowest directional concordance
1991 between models (N = 48; Figure 5.8). Of these directionally consistent tests within
1992 exposures and across methods, a total of 29 were directionally consistent across
1993 methods for all three exposures (Figure 5.9 - direction of effect for BF was on the
1994 whole opposite to BMI and WHR for all methods. Of these 29, only *Valine* was
1995 also found to be directionally consistent and reached a multiple testing threshold
1996 for both BMI and WHR in the main analysis (Figure 5.5. Globally, sensitivity
1997 analysis was visually reflective of the main analysis for each exposure, though
1998 with wider confidnece intervals (Supplementary Figures A.9, A.10, A.11). Confi-
1999 dence intervals for sensitivity analyses tended to cross the null and were widest for
2000 MR Egger. Sensitivity results for WHR appeared to show most consistency with
2001 the main analysis; confidence intervals for weighted median and mode models did
2002 not cross the null in a majority of results for subclasses: *Very Small VLDL, Small*
2003 *VLDL, Medium VLDL, Large VLDL, Very large VLDL, Extremely large VLDL,*
2004 *IDL, Small LDL, Medium LDL, Large LDL, Small HDL, Medium HDL, Large*
2005 *HDL, Very large HDL* (Supplemetary FIgure A.10).

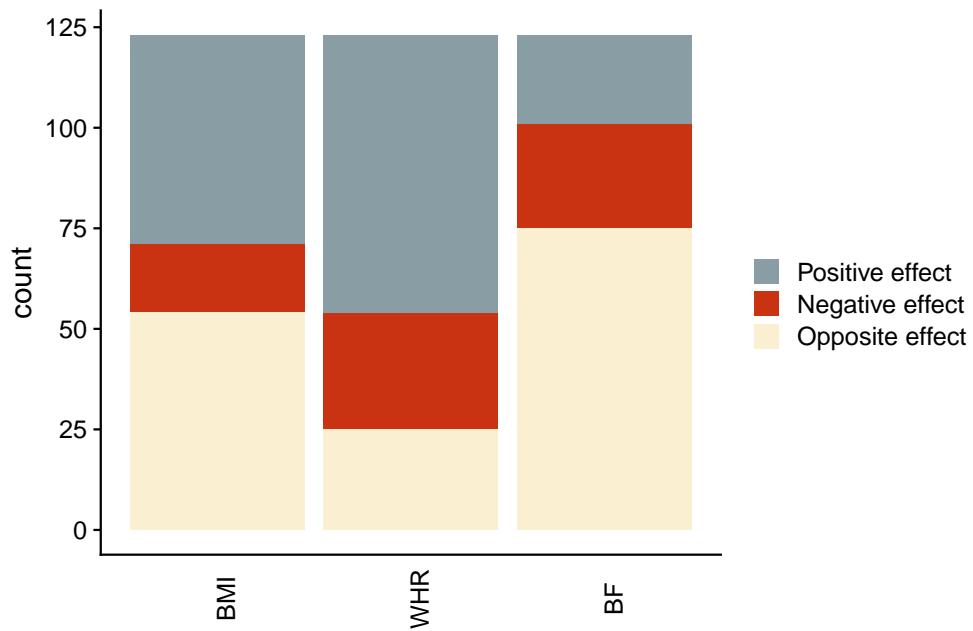


Figure 5.8: Directional consistency across MR models for each exposure

2006 *Directional consistency of all exposures from the main analysis: BMI (Yengo et al. (2018)),*
 2007 *WHR (Pulit et al. (2018)), BF (Lu et al. (2016)). A positive effect reflects the effect esti-*
 2008 *mate from two or more exposures being in the positive direction; a negative effect reflects*
 2009 *betas being in a negative direction; opposite effect reflects different directions for the effect*
 2010 *estimates. BMI = body mass index; WHR = waist hip ratio; BF = body fat percentage.*

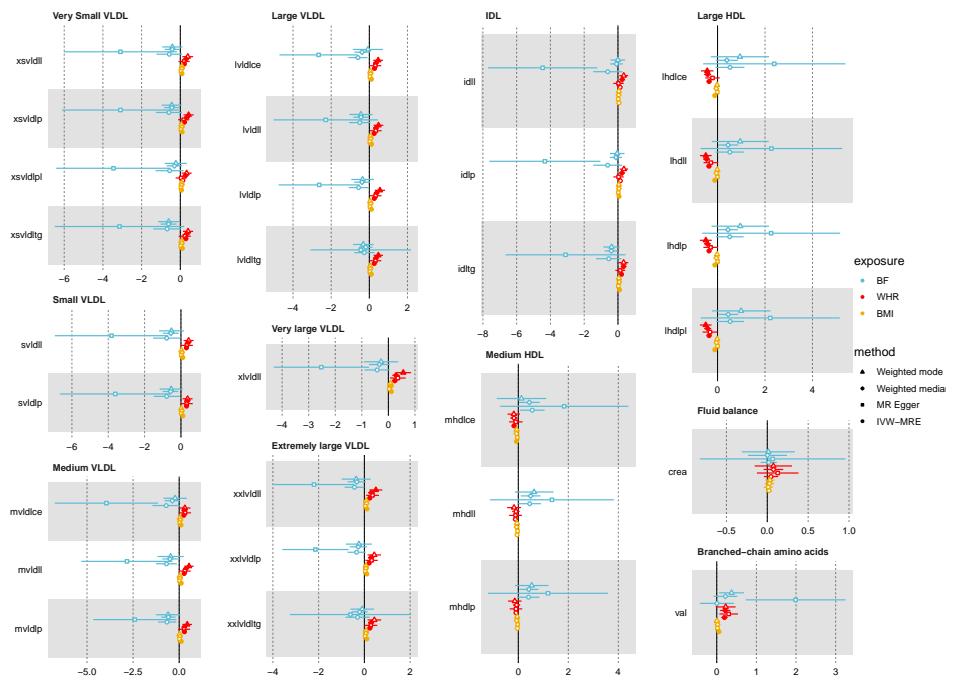


Figure 5.9: Forestplot of directionally consistent results across methods within exposures

2011 *Effect estimates and 95% confidence intervals for metabolites which showed directionally*
 2012 *consistent results across the main (IVW-MRE = inverse variance weighted multiplicative*
 2013 *random effects) and sensitivity analysis (MR-Egger, weighted median, weighted mode)*
 2014 *within each exposure. Of the directionally consistent results within exposures, a total of*
 2015 *29 were identified within all three exposures and are presented here. BMI = body mass*
 2016 *index (Yengo et al. (2018)); WHR = waist hip ratio (Pulit et al. (2018)); BF = body fat*
 2017 *percentage (Lu et al. (2016)).*

2018 *Heterogeneity of the genetic instruments for each exposure, measured using*
 2019 *Cochrane's Q statistic, was greater than the degrees of freedom for a majority of*
 2020 *metabolites for all three exposures (Table 5.1). The number of tests (exposure on*

Table 5.1: Number of tests in which Cochrane's Q exceeds genetic instrumental variable degrees of freedom

	ML	IVW	MR Egger
BMI	120	120	120
WHR	121	121	121
BF	112	111	112

2021 *metabolite) for which Cochrane's Q statistic exceeded the degrees of freedom (number of*
 2022 *SNPs - 1) for each exposure. ML = maximum likelihood method, IVW = Inverse vari-*
 2023 *ance weighte dmethod; BMI = body mass idnex, WHR = waist hip ratio, BF = body fat*
 2024 *percentage.*

2025 In single SNP MR analysis, visual inspection of forest plots showed character-
 2026 isticly *S* shaped distributions of effect estimates for all tests (Representative Figure
 2027 A.12; all figures GitHub). Funnel plots for BMI and WHR highlighted a number
 2028 of SNPs lying outside of the funnel distribution which were investigated further
 2029 (Representative Figure A.13 - the low number of SNPs used for BF did not result
 2030 in meaningfully interpretable funnel plots (Representative Figure A.13. Effect es-
 2031 timates for some SNPs in the single SNP MR analysis appeared to be outliers, for
 2032 example for BMI, rs4673553 showed a dispropotinately larger effect estimate of
 2033 22 (standard error = 0.85; *p-value* = 5.66×10^{-148}) for Glycoproteins when com-
 2034 pared to other SNPs. Additionally, rs7777102 showed a dispropotinately larger
 2035 effect estimate of -9 for Mean diameter for VLDL particles (standard error = 1.14;
 2036 *p-value* = 6.15×10^{-17}). Looking at the median effect size across all metabolites
 2037 for each SNP, a number of SNPs (including rs7777102 for BMI) showed disprop-
 2038 portionately larger median effect sizes. The number of SNPs with median effect
 2039 estimates at the extremes (5% and 95%) were: BMI = 46 (5%) and 46 (95%); WHR
 2040 = 46 (5%) and 46 (95%); BF = 1 (5%) and 1 (95%).

2041 In leave-one-out analysis, visual inspection of forest plots showed that no sin-
2042 gle SNP altered the direction of effect for any metabolite across exposures. For
2043 BF, confidence intervals for one or more SNPs crossed the null for every metabo-
2044 lite tested (Representative Figure A.15; all figures GitHub). This was not the case
2045 for BMI and WHR, where for many metabolites confidence intervals did not cross
2046 the null for any SNPs (Representative Figure A.16; all figures GitHub).

2047 **5.3.3 Additional analyses**

2048 **Additional exposures**

2049 Results from additional exposures for BMI showed broadly larger effect estimates
2050 but consistent directions of effect across metabolites (Figure 5.10). For the BMI
2051 SNPs obtained from a non-UK Biobank GWAS, effect estimates had much wider
2052 confidence intervals. Spearman's Rho correlataion of MR results was highest be-
2053 tween the two SNP lists from Yengo et al. (2018) (0.98) - correlation between the
2054 the Locke et al (2014) SNP list and the COJO SNP list from Yengo et al (2018)
2055 (0.9) and the non-COJO SNP list from Yengo et al. (2018) (0.93) were also high.

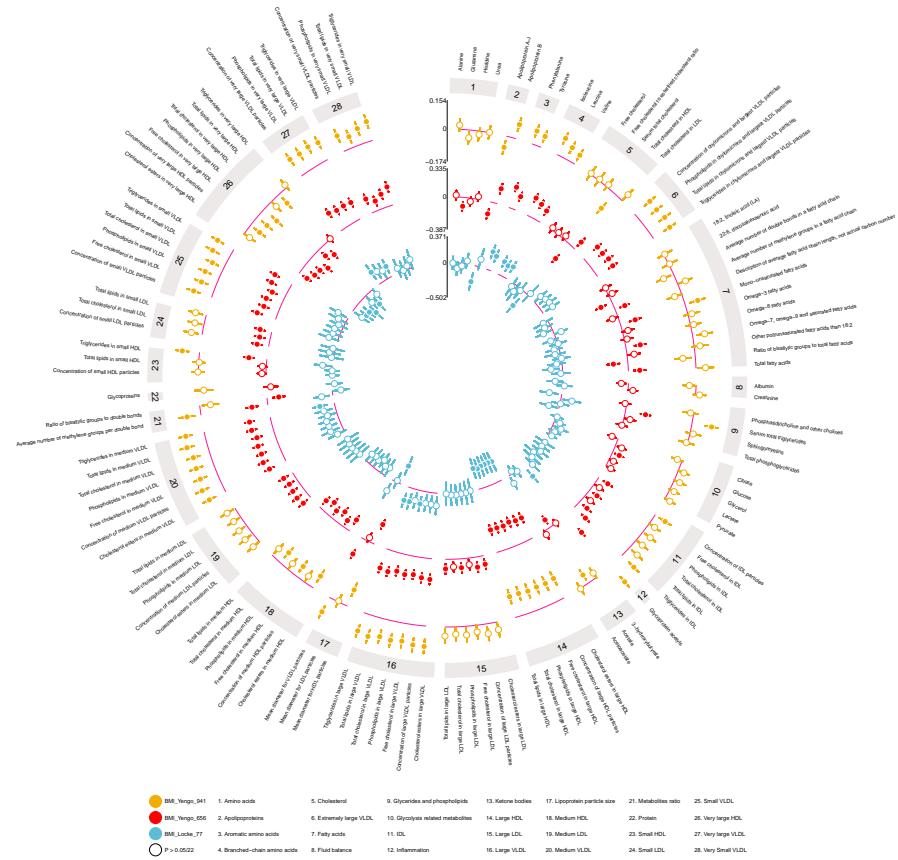


Figure 5.10: Circos plot of IVW-MRE effect estimates for three different BMI SNP lists on 123 NRM derived metabolites

2056 For WHR the global pattern of association was similar between both the main
 2057 and additional exposure (Figure 5.10) with high correlation between MR results
 2058 (0.9). Effect estimates were larger for the additional exposure from Shungin et al
 2059 (2014), for which fewer results reached the multiple testing threshold with wider
 2060 confidence intervals which crossed the null more often than with the main analysis.

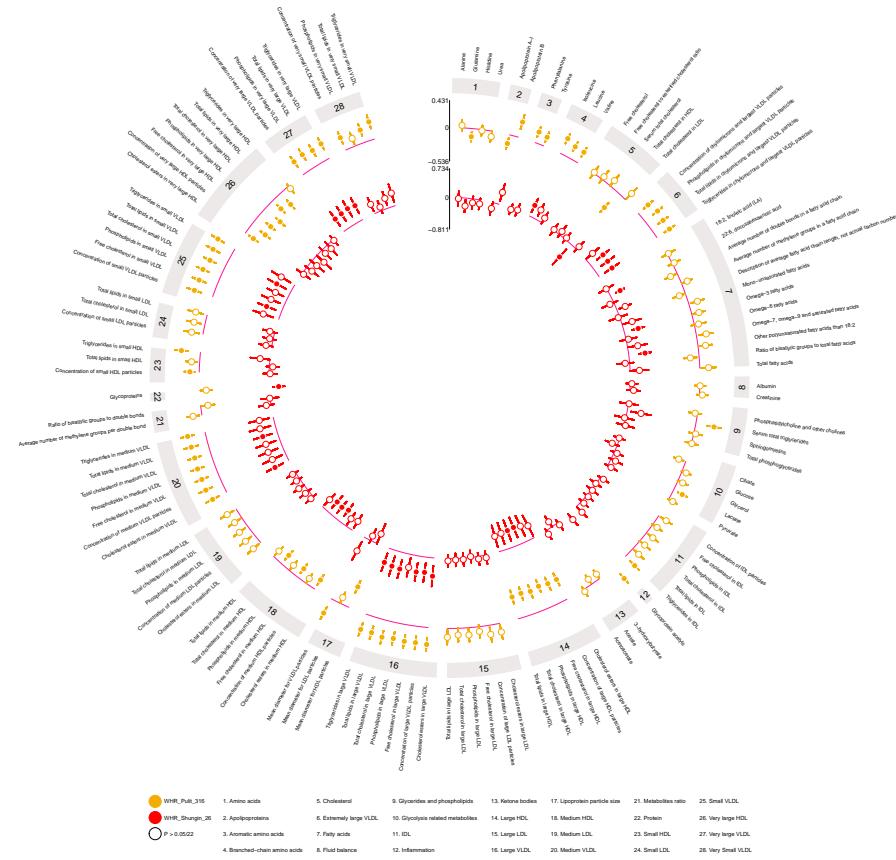


Figure 5.11: Circos plot of IVW-MRE effect estimates for two different WHR SNP lists on 123 NRM derived metabolites

2061 For BF there was considerable similarity between the main analysis and the
 2062 additional analysis from Lu et al (2016) which did not include two SNPs previ-
 2063 ously identified as being associated with favourable adiposity (Figure 5.12). More
 2064 metabolites reached the multiple testing threshold when using the 5 SNPs from
 2065 Lu et al (2016) as opposed to the full 7 SNPs, this included associations with

2066 Apolipoprotein A1, Phenylalanine, Tyrosine, Glucose, and Cholesterol esters in
2067 very large HDL. For the additional analysis which used 76 SNPs from Hubel et al
2068 (2016), MR results were considerably smaller and appeared to show conflicting di-
2069 rections of effect with that of the Lu et al. (2016) SNPs (both using 7 and 5 SNPs).
2070 Confidence intervals were much tighter and two metabolites (Phenylalanine and
2071 Glycoprotein acetyls) reached the multiple testing threshold. Correlation between
2072 the two Lu et al (2016) SNP lists was high (0.93), however both the 5 (-0.64) and
2073 7 (-0.52) SNP lists from Lu et al. (2016) showed weaker inverse correlations with
2074 the SNP list from Hubel et al (2016).

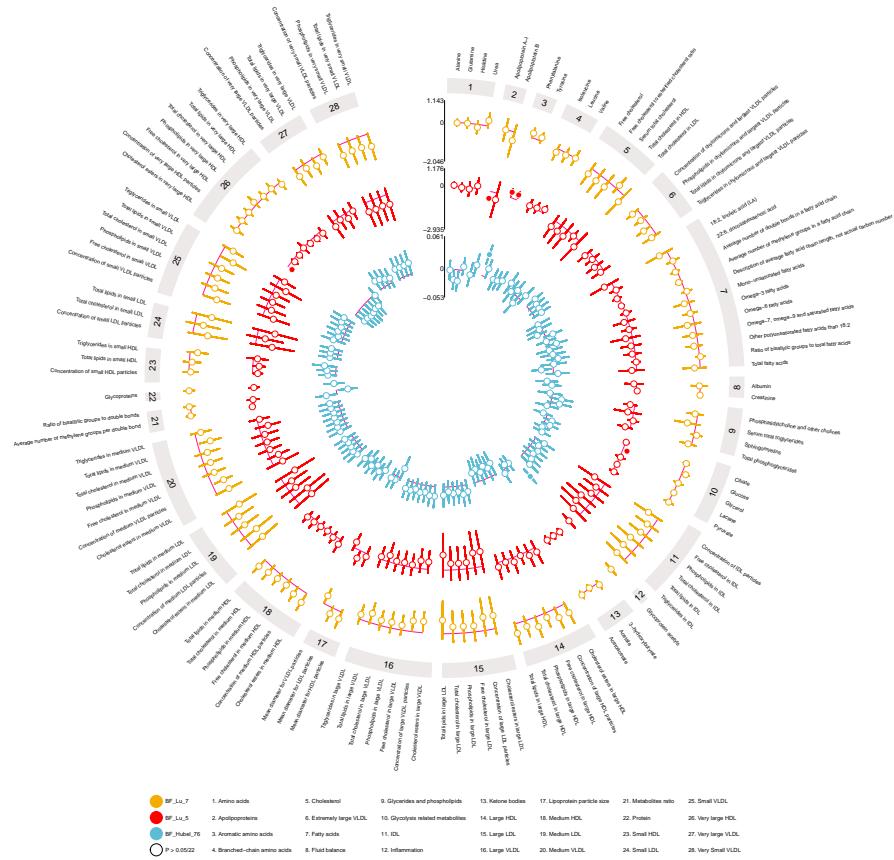


Figure 5.12: Circos plot of IVW-MRE effect estimates for three different BF SNP lists on 123 NRM derived metabolites

2075 Clumped exposures

2076 All SNP lists used as exposures underwent clumping and MR analyses were re-
 2077 peated. Clumping resulted in the removal of the following SNPs due to LD ($R^2 \geq$
 2078 0.001) with other variants or absence from the LD reference panel: BMI Locke et

2079 al. (2014) = 14, BMI Yengo et al. (2018) using COJO SNPs = 583, BMI Yengo
2080 et al. (2018) using non-COJO SNPs = 336, WHR Pulit et al. (2018) = 234, WHR
2081 Shungin et al. (2014) = 17, BF Hubel et al. (2018) = 4. No SNPs were removed
2082 due to clumping for BF from Lu et al. (2016)¹⁸³. All SNPs, including whether they
2083 were removed due to clumping, are presented in the Supplement (Table A.5).

2084 For BMI, correlation between the Yengo COJO (0.9731849), non-COJO
2085 (0.9670003), and Locke (0.9782216) non-clumped and clumped MR results was
2086 high. Similarly, for WHR MR results from non-clumped and clumped analyses
2087 correlation was high for the main exposure (Pulit et al. (2018) = 0.974436) and for
2088 the additional exposure (0.9766674). For BF, clumping was not possible for the
2089 main exposure, however correlation between the non-clumped and clumped SNP
2090 list from Hubel et al. (2018) was high (0.9808851).

2091 **5.3.4 Comparison with observational estimates from Chapter 4**

2092 In total, 111 metabolites were measured across the observational analysis in adults
2093 (conducted in Chapter 4) and the main MR analysis conducted here. Of these,
2094 a majority of metabolites showed consistent directions of effect when comparing
2095 within exposures between MR and observational results for BMI (n = 107; Spear-
2096 mans correlation between MR and observational results = 0.56) and WHR (n =
2097 108; Spearmans correlation between MR and observational results = 0.55; Figure
2098 5.13). For BF, a majority (n = 93; Spearmans correaltion between MR and obser-
2099 vational results = -0.69) of metabolite results showed opposite directions of effect,
2100 e.g. a positive direction of effect may be observed for an MR result but a negative
2101 direction of effect for the same metabolite may be observed for the observational

2102 analysis.

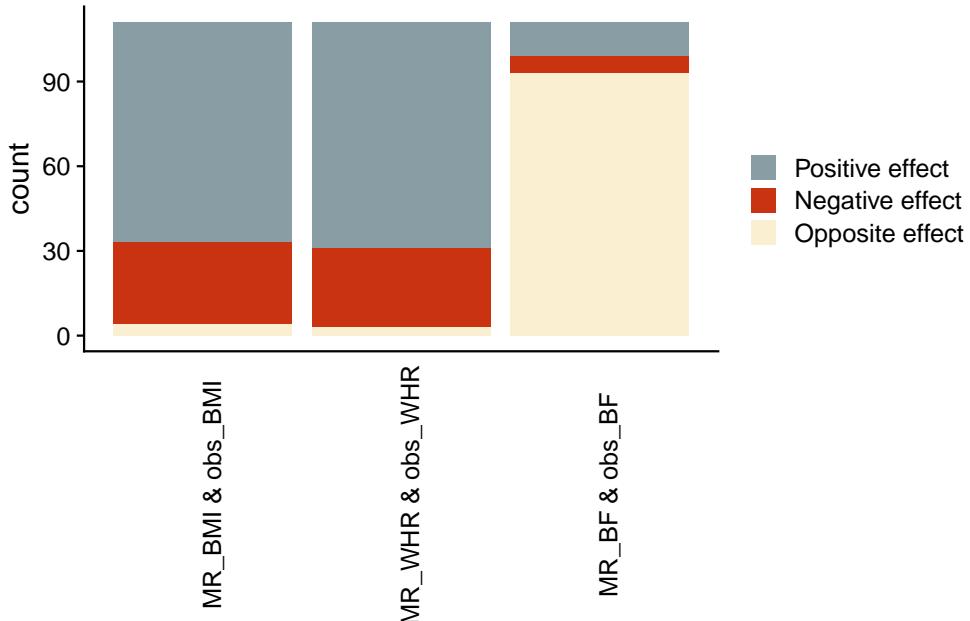


Figure 5.13: Directional consistency across exposures

2103 Figure 5.13 shows the directional consistency between the MR and observational analyses
2104 for BMI, WHR, and BF exposures. A positive effect reflects the effect estimate from two
2105 exposures being in the positive direction; a negative effect reflects betas being in a negative
2106 direction; opposite effect reflects different directions for the effect estimates. BMI = body
2107 mass index; WHR = waist hip ratio; BF = body fat percentage.

2108 Across the 111 metabolites, a total of 62 reached the multiple testing threshold
2109 for BMI in both observational (observational only = 101) and MR (MR only =
2110 62) analyses. This was similar for WHR, where 63 metabolites reached a multiple
2111 testing threshold across both observational (observational only = 102) and MR
2112 (MR only = 63) analyses. For BF there were 0 metabolites that reached the multiple

2113 testing threshold across both MR and observational analyses. This was a result of
2114 0 metabolites reaching the multiple testing threshold in the MR analysis - for the
2115 observational analysis a simialr number of metabolites reached the multiple testing
2116 threshold (100) as with the BMI and WHR observational analyses.

2117 Of the 62 metabolites that reached the multiple testing threshold for BMI, a to-
2118 tal of 62 were directionally consistent across both MR and observational analyses;
2119 45 tests showed a positive direction of effect and 17 showed a negative direction
2120 of effect. For WHR, of the 63 metabolites reaching the multiple testing threshold
2121 across MR and observational analyses, a total of 63 metabolites were directionally
2122 consistent; 45 showed a positive direction of effect and 64 showed a negative direc-
2123 tion of effect. When looking at both MR and observational results across BMI and
2124 WHR there are a total of 67 metabolites which reach a multiple testing threshold,
2125 of these 4 are unique to BMI and 5 are unique to WHR. Combined, there were
2126 58 metabolites which reached the multiple testing threshold across BMI and WHR
2127 for MR and observational analysyes. Of these 58, a total of 58 metabolites were
2128 directionally consistent across BMI and WHR; 42 showed a positive direction of
2129 effect and 16 showed a negative direction of effect.

2130 Across observational and MR analyses for BMI and WHR, 58 results were di-
2131 rectionally consistent and met a multiple testing threshold. When looking at these
2132 metabolites across all three exposures for MR and observational analyses (Figure
2133 5.14): MR results have wider confidence intervals than observational results, WHR
2134 in MR analysis shows broadly larger effects across a majority of metabolites, ef-
2135 fect size for BMI in MR analysis is broadly consistent with the three exposures
2136 in observational analyses, confidence intervals for BF in MR analysis spans most
2137 of the effect estimates for the MR and observational results across a majority of

2138 metabolites.

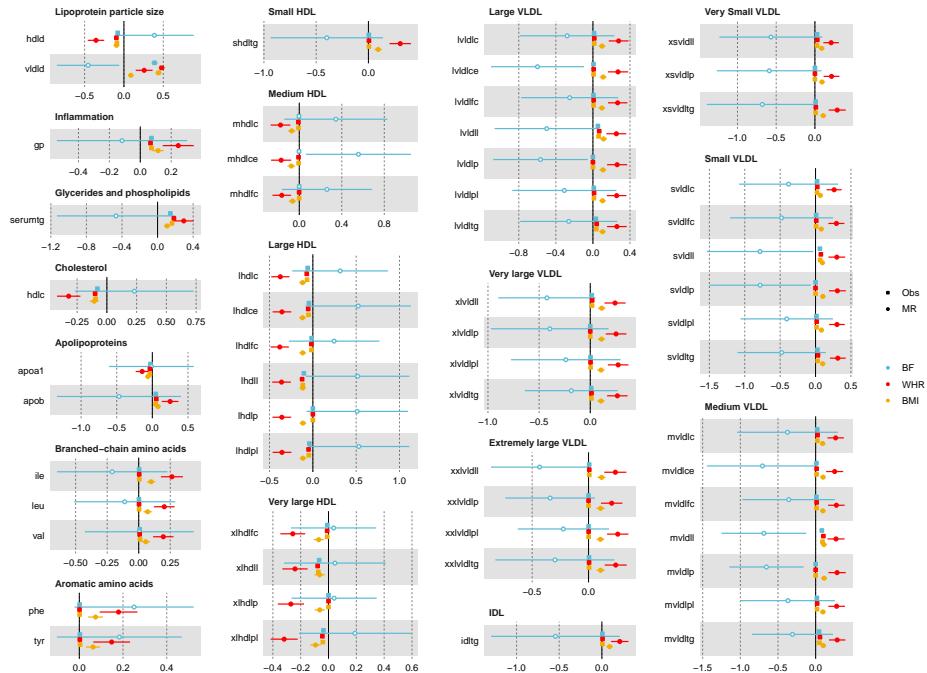


Figure 5.14: Directional consistency across exposures

2139 *Figure 5.14 shows the directional consistency between the MR and observational analyses*
 2140 *for BMI, WHR, and BF exposures. A positive effect reflects the effect estimate from two*
 2141 *exposures being in the positive direction; a negative effect reflects betas being in a negative*
 2142 *direction; opposite effect reflects different directions for the effect estimates. BMI = body*
 2143 *mass index; WHR = waist hip ratio; BF = body fat percentage.*

2144 **Comparison with Wurtz et al. (2014)¹⁴⁹**

2145 Of the 58 metabolites that were directionally consistent across BMI and WHR and
 2146 met a multiple testing threshold, for both MR and observational analyses, 11 were

2147 also analysed previously by Wurtz et al. (2014)¹⁴⁹. Comparison of effect estimates
 2148 across all exposures from MR and observational analysis with results from Wurtz
 2149 et al. (2014) is presented in Figure 5.15. Observational results (described in 4.3.2)
 2150 were comparable with observational results from Wurtz et al. (2014) in their direc-
 2151 tion of effect, and broadly comparable in effect size with overlapping confidence
 2152 intervals. For the 11 results here however the *Amino acids* subclasses metabo-
 2153 lites showed large differences in effect size in both observational and MR analysis
 2154 compared with Wurtz et al. (2014). Effect sizes were much more similar for the
 2155 metabolites in the remaining subcalsses (*Lipoprotein particle size*, *Inflammation*,
 2156 *Cholesterol* and *Apolipoproteins*), however MR results from analysis conducted
 2157 here was broadly larger.

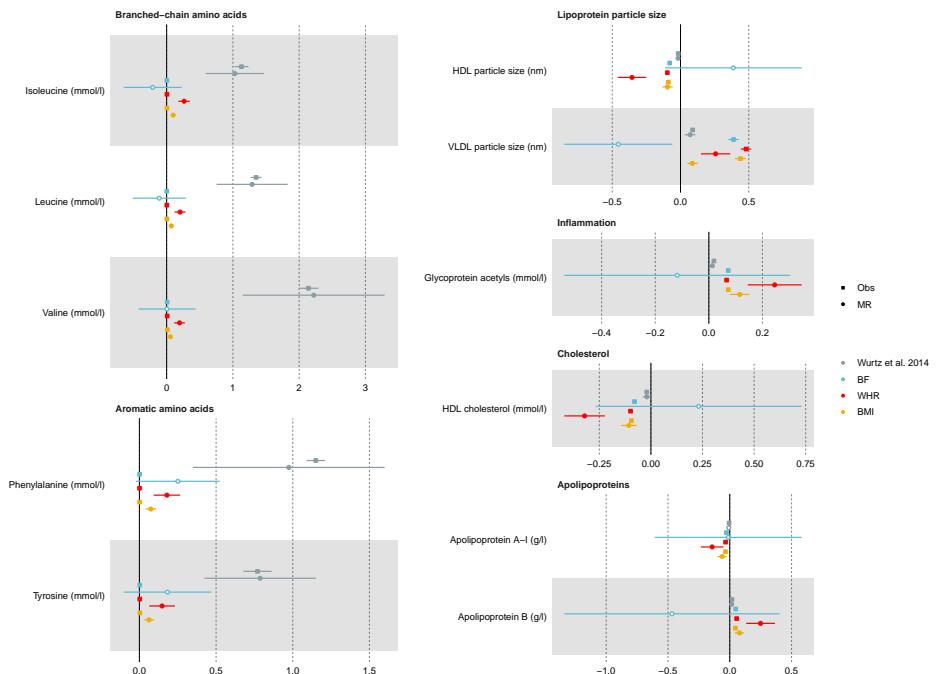


Figure 5.15: Comparison of MR and observational results with observational and MR results from Wurtz et al. (2014)

2158 **5.4 Discussion**

2159 In this chapter, the influence of increased adiposity on the metabolic profile is
2160 demonstrated in an MR framework. The use of MR allowed for the interrogation of
2161 causality between BMI, WHR, and BF with the metabolic profile, while accounting
2162 for limitations in observational analyses (discussed in Chapter 1 and 4).

2163 Results for BMI and WHR provide evidence for a global association; both
2164 show positive and negative effects on whole subclasses of metabolites. On the
2165 whole, WHR showed a larger effect across the metabolic profile, however confi-
2166 dence intervals for WHR and BMI mostly overlapped with one another. Evidence
2167 for an association between BF and the metabolic profile was lacking; on the whole,
2168 directions of effect conflicted with those of BMI and WHR, while effect estimates
2169 were larger and confidence intervals much wider.

2170 Sensitivity analysis was broadly consistent with the main analysis across BMI
2171 and WHR; *Valine* was the only metabolite that was directionally consistent in sen-
2172 sitivity analysis across BMI and WHR and which reached a multiple testing thresh-
2173 old in the main analysis. There was considerable heterogeneity in the genetic in-
2174 struments used in the main analysis and in single SNP MR analysis a number of
2175 SNPs showed disproportionately larger effect estimates across many metabolites;
2176 leave-one-out analysis did not highlight any individual SNP as driving the effect
2177 for any metabolite.

2178 Additional analysis aimed to assess whether instruments for BMI and WHR
2179 were appropriate given present structural problems in UK Biobank⁸⁹ for which
2180 instruments were obtained, and whether BF instruments obtained from a GWAS

2181 using a mixture of measurement techniques were appropriate. In addition, though
2182 studies often report SNPs as being *independent*, whether they are in an MR context
2183 was tested by clumping all instrument lists and repeating analyses. Use of addi-
2184 tional BMI and WHR exposures showed consistent results with the main analysis,
2185 though the widening of confidence intervals observed for the non-UK Biobank
2186 SNP lists would suggest a considerable increase in power is present when using
2187 the larger SNP lists. Considerable difference was observed for BF, where the addi-
2188 tional SNP list obtained from UK Biobank resulted in very small effect estimates
2189 which on the whole were inverse to the main BF analysis; removal of 2 SNPs
2190 from the main BF SNP list resulted in tighter confidence intervals and a number
2191 of metabolites reaching the multiple testing threshold – these metabolites showed
2192 evidence of association for BMI and WHR in the main analysis. Clumping of
2193 SNP lists resulted in large numbers of SNPs being removed from the main BMI
2194 and WHR analyses, however results from all clumped and non-clumped SNP lists
2195 were highly correlated.

2196 Taken together, results from the main, sensitivity, and additional analyses pro-
2197 vide evidence for association between BMI and WHR and metabolites across a
2198 majority of subclassed. Though the main analysis for BF showed inconclusive evi-
2199 dence for association, additional analysis highlighted a number of metabolites that
2200 were found to be associated with BMI and WHR.

2201 In Chapter 4 observational analysis of BMI, WHR, and BF highlighted associ-
2202 ation with the global metabolic profile that persisted across time and when adjusted
2203 for confounders. Of 111 metabolites measured across observational and MR anal-
2204 yses, all most all showed consistent directions of effect for BMI and WHR. Results
2205 for BF however, showed a majority of MR results to be in the opposite direction

2206 to observational results. Though correlation between MR and observational results
2207 was not very high, when taking into account directional consistency and the multi-
2208 ple testing threshold across MR and observational analysis between BMI and WHR
2209 just under half of the metabolites met this criteria. Previous work by Wurtz et al.
2210 (2014)¹⁴⁹, discussed in relation to the observational analysis in Chapter 4, high-
2211 lighted causal associations between adolescent BMI and numerous metabolites. In
2212 comparing results that met the above threshold with those of Wurtz et al. (2014)
2213 there is considerable difference in effect size across the board, this is particularly
2214 evident for metabolites in the *Amino acids* subclasses.

2215 **5.4.1 Limitations**

2216 **Metabolomics**

2217 As discussed in the limitations section of Chapter 4, there is no standardised ap-
2218 proach, nor a gold standard, for performing metabolomics quality control. In Chap-
2219 ter 4, quality control, including outlier detection and removal, was performed using
2220 the MetaboQC R package. Metabolite data here however was obtained from pre-
2221 viously reported GWAS's, in which studies used different collection and storage
2222 methods. Metabolomics analysis was consistent across all studies and adjustment
2223 prior to GWA analysis was made for age, sex, time from last meal if applicable,
2224 and the first ten genomic principal components. These adjustments were not all
2225 made in the observational analysis. In addition, no description of metabolomic
2226 data quality control prior to GWA analysis was provided and so comparison with
2227 that applied in Chapter 4 is difficult.

2228 **Exposures**

2229 Given that MR relies on the use of an instrument to model the effect of an exposure
2230 on an outcome, that instrument needs to be robust and applicable to the exposure.
2231 The strength of an exposure is usually measured via an *F* statistic, for which an
2232 arbitrary threshold of > 10 denotes a strong instrument. All of the instruments used
2233 here exceeded this threshold. In addition, the variance explained in an exposure
2234 by a GWAS can indicate the power afforded in the MR analysis; the variance ex-
2235 plained for exposures used in the main analysis varied from ~22% for WHR, to 6%
2236 for BMI and ~0.4% for BF. The considerably lower variance explained for BF may
2237 have impacted on results, as when instruments which explained less variance for
2238 BMI and WHR were used confidence intervals became wider.

2239 The consistent directions of effect observed across BMI and WHR measures
2240 adds weight to their associations with metabolites. For BF, conflicting directions
2241 of effect were observed when comparing to BMI and WHR. However, confidence
2242 intervals were wider and, although they spanned the null in all cases, included the
2243 estimates and confidence intervals for BMI and WHR in a majority of cases. There
2244 was considerable difference in the sample sizes used in the GWASs for BMI, WHR,
2245 and BF. In addition, whereas BMI and WHR were measured in only one way for
2246 their respective GWASs, the BF GWAS included measures of BF from DXA and
2247 impedance devices. Though, as shown in Chapter 4, DXA and impedance mea-
2248 sures of BF are highly correlated, the additional analysis for BF which used only
2249 impedance measures in the GWAS showed much greater directional consistency
2250 with BMI and WHR and also included a number of metabolites which reached
2251 the multiple testing threshold. As BMI, WHR, and BF observational results are
2252 highly directionally consistent, BF results from the main analysis should be looked

2253 at in conjunction with those results from the additional analysis as their conflicting
2254 directions of effect with BMI and WHR in MR analysis is seemingly inconsistent
2255 with previous work and what is perhaps biologically sound. (I DONT LIKE THIS
2256 LAST bit 'biologically sound' - re-word, you're trying to say that you would expect
2257 BF results to be in the same direction as BMI and WHR as they measure simialr
2258 things and all three correlate highly, and observational estimates are all consistent)

2259 **Statistical analysis**

2260 MR analyses are subject to a number of assumption the main three being: (i) the
2261 instrumental variable (Z) is robustly associated with the exposure (X), (ii) there
2262 is no independent association of the instrumental variable with the outcome (Y)
2263 other than through the exposure, (iii) the instrumental variable is independent of
2264 measured or un-measured confounders (U). In this work instruments were obtained
2265 from large well-powered GWAS and the F statistic for each instrument was above
2266 a nominal threshold. In regards the other two assumptions, formal testing is not
2267 possible, however, sensitivity analysis can provide an indication of pleiotropy while
2268 results from observational analyses indicates the effects of likely confounders is
2269 minimal. Sensitivity analysis, although not comprehensive, was concordant with
2270 the main analysis.

2271 The effects of population structure are becoming more apparent in large
2272 GWAS^{86,87} and this poses an issue for MR studies which use their data. Analyses
2273 involving genetic instruments obtained from UK Biobank were repeated using
2274 instruments obtained from smaller studies that did not include UK Biobank and
2275 results were similar. This goes someway in addressing issues with the studies in

2276 which instruments were obtained, however it is still possible that these smaller
2277 studies may also have structural issues e.g. BMI from Locke et al. (2014)⁹⁹.

2278 **5.4.2 Summary**

2279 There is clear evidence of a causal association between increased adiposity and the
2280 global metabolic profile. This evidence is strengthened for the handful of metabo-
2281 lites that were comparable across MR, observational, and the work conducted by
2282 Wurtz et al. (2014), suggesting robust associations with increased adiposity. Some
2283 of these metabolites may be involved in the development of adiposity associated
2284 diseases, however their roles may also be as markers of increased adiposity or
2285 other co-occurring incidents that may be the ultimate intermediates on the pathway
2286 to disease development. It is important that when examining associations between
2287 metabolites and disease the interrelated nature of metabolites, and the likelihood
2288 that they are merely markers of physiological change is taken into account both
2289 when performing analyses and examining results.

2290 **Chapter 6**

2291 **Data visualisation**

2292 ***EpiViz: a tool to visualise large metabolomic association analyses***

2293 In Chapters 4 and 5 we observed large metabolic shifts as a result of increased
2294 adiposity. These results were presented using Circos plots. Production of the first
2295 stage of these plots was inefficient. This chapter details the development and imple-
2296 mentation of a web application and R package that efficiently creates Circos plots
2297 that can be used by the community for similar analyses. The R package was used
2298 to re-make the plots presented in Chapters 4 and 5 and make those in subsequent
2299 chapters.

2300 **6.1 Introduction**

2301 The metabolome (briefly discussed in Section 1.7) is a complex biological system
2302 comprised of the bodies entire small molecules. These small molecules, metabo-
2303 lites, take many forms and act in a multitude of pathways¹¹⁵. Metabolites are
2304 expressed differentially among cell types and carry information from genetic and
2305 non-genetic factors^{118,119}. They are the ultimate end-point of a biological process
2306 and are therefore seen as the link between genotype and phenotype^{115–118}.

2307 There are potentially many thousands of metabolites¹¹⁵ across different cell
2308 types, with expression associated with traits and diseases^{119,131–135}. However, as-
2309 signing individual metabolite changes to diseases is difficult^{116,117,120} because of
2310 the complexity of their interrelationships. The metabolome is made up of many
2311 feedback and feed-forward loops, meaning metabolic products of one pathway will
2312 likely influence those of another. The intercorrelated nature of metabolites¹³⁸ is
2313 further complicated by the wide degree of genetic correlation¹²⁷ and shared genetic
2314 architecture^{124–127}. Gaining global overview of association analyses will likely aid
2315 interpretation of results. Global overview is of particular importance in MR studies
2316 where robust selection of instrumental variables is required to meet methodological
2317 assumptions⁸⁰.

2318 Forest plots are widely used in metabolomic association analyses^{192–197} to visu-
2319 alise and interpret results. They can be easily made, with a number of R packages,
2320 such as `ggforestplot` and `TwoSampleMR`¹⁷⁷, available. However, when pre-
2321 senting more than 50 data points forest plots are cumbersome and many separate
2322 plots are needed. This makes gaining global overview difficult.

2323 An alternative approach is to compress information into a circular rather than
2324 vertical/horizontal form (see Figures 3 and 2 from¹²⁴ and¹²⁵ respectively). Circos
2325 plots¹⁹⁸, as implemented in many genetics studies, condense large amounts
2326 of information into informative visualisations (see Figure 1A from¹⁹⁹). How-
2327 ever, Circos software is designed for genomic data and written in programming
2328 languages unfamiliar to many epidemiologists. The R package `circlize`²⁰⁰
2329 provides most of the functionality of the Circos software but is designed for ge-
2330 nomic information and requires an advanced understanding of R. Here I present
2331 `EpiViz`, a web application and R package, that builds on the `circlize`²⁰⁰ and
2332 `ComplexHeatmap`²⁰¹ R packages. `EpiViz` enables epidemiologists with little
2333 programming experience to efficiently create Circos plots with hundreds of vari-
2334 ables and gain global overview.

2335 6.2 Methods

2336 6.2.1 Circos plots for association analyses

2337 `EpiViz` adapts and builds on the `Circlize` foundation to create Circos plots
2338 compatible with association analysis data. Circos plots are composed of six ele-
2339 ments: template, plotting space, tracks, sections, data, legend (Figure 6.1). The
2340 template element is a square of defined proportions within which information is
2341 plotted. Each additional element is layered onto the template one after the other.
2342 The plotting space element is an empty circle which is layered and centred on top
2343 of the template. Data is plotted on to the plotting space. An optional extra of the
2344 Circos plot, the legend element takes the dimensions of the template and creates a

2345 separate plotting space that can be layered on to the bottom of the template element.

2346 The plotting space is separated into tracks and sections. Tracks are laid down
2347 as rings within the plotting space. Each track represents a single element of infor-
2348 mation such as an exposure. Tracks are numbered from the outside to the centre of
2349 the circle and coloured separately. Sections divide the plotting space into distinct
2350 areas, much like a pie chart. Sections are defined by the data and usually represent
2351 groups of outcomes such as metabolite classes. A section track is laid at the out-
2352 side of the tracks to give a header for each section. The header is referenced in the
2353 legend element.

2354 Once the template, plotting space, tracks and sections are laid down, coordi-
2355 nates for each section and track location can be called to plot the data element.
2356 Each track and section coordinate, e.g. track 2 section 3, is treated as an individual
2357 plotting space. As such, data can be plotted based on the following coordinates:
2358 track, section, X , Y . The X axis of each track is defined by the number of rows
2359 in the data frame, i.e a data frame with 100 rows will have an X axis of length
2360 100 with each row given an X axis coordinate from 1:100. The Y axis is defined
2361 by the minimum and maximum of the data for that track. As such, each track and
2362 section coordinate, e.g. track 2 section 3, can be considered an individual plot with
2363 a Y axis that is shared by all of the sections in that track. For each position on the
2364 X axis the label element of each row is plotted outside of the section header.

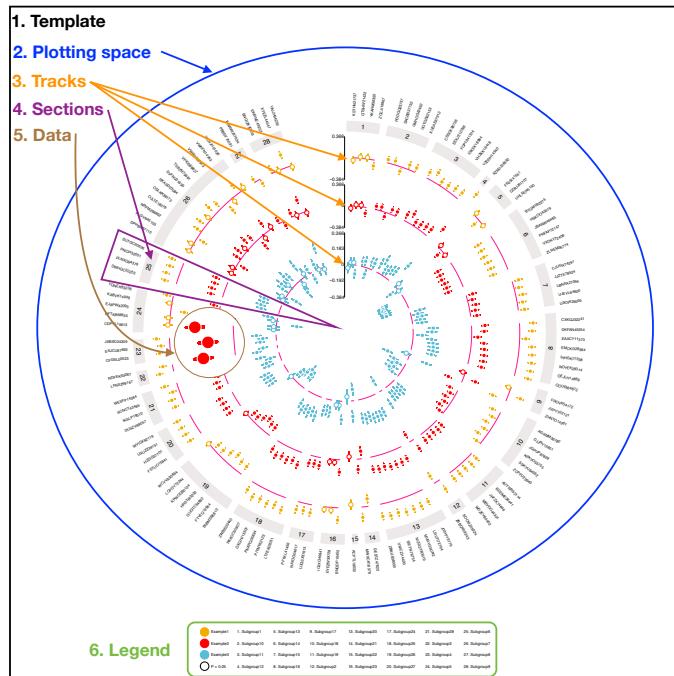


Figure 6.1: Annotated Circos plot highlighting elements of the Circos plot

2365 6.2.2 Implementation

2366 EpiViz is a Shiny web application and R package. R (version 3.6.2)¹⁴⁶ and
 2367 Shiny²⁰² (version 1.4.0) were used to develop the web application and R (version
 2368 3.6.2) was used to develop the R package. Shiny is an R package that enables
 2369 development and deployment of web applications written in the R programming
 2370 language. Development of EpiViz was progressive and feedback from colleagues
 2371 (see Section 6.4) was vital in this process.

2372 **6.2.3 Operation**

2373 The web application is publicly accessible – <http://mrcieu.mrsoftware.org/EpiViz/> – and held under an MIT license. Docker was used to containerise
2374 the application. The Medical Research Council Integrative Epidemiology Unit at
2375 the University of Bristol Shiny server hosts the web application. The web application
2376 has been tested on computers running macOS (version 10.14) and Windows
2377 (version 10) using: Internet Explorer (version 11; Windows), Google Chrome (ver-
2378 sion 79; macOS and Windows), Safari (version 13; macOS).
2379

2380 The R package is publicly accessible through GitHub – https://github.com/mattlee821/EpiViz/tree/master/R_package – and held un-
2381 der an MIT license. The R package is accessible on all computers with R version
2382 3.3.0 or higher and has been tested on macOS (version 10.14) and Windows (ver-
2383 sion 10) running R version 3.3.0 or higher.
2384

2385 A legend function is available for both the web application and R package
2386 and is implemented using functions from the ComplexHeatmap²⁰¹ R package.
2387 By default the colours used for the Circos plot in both the web-application and R
2388 package are accessible colours identified using i want hue. Example data is pro-
2389 vided on the web application *Home* tab and with the R package using the function
2390 `EpiViz::EpiViz_data*` where * is 1-3. Example data can be produced
2391 for use with the web-application and R package using code on GitHub.

2392 **Shiny web application**

2393 In order to use the web application a web-browser and an internet connection of at
2394 least 1Mbps is required. No other system requirements are needed. Upon opening
2395 the web application, users are shown a number of example Circos plots created
2396 with the application and are directed towards the *Home* tab. The *Home* tab (Figure
2397 6.2) provides users with a short summary of the application, link to the R package,
2398 and example data for use with the app.

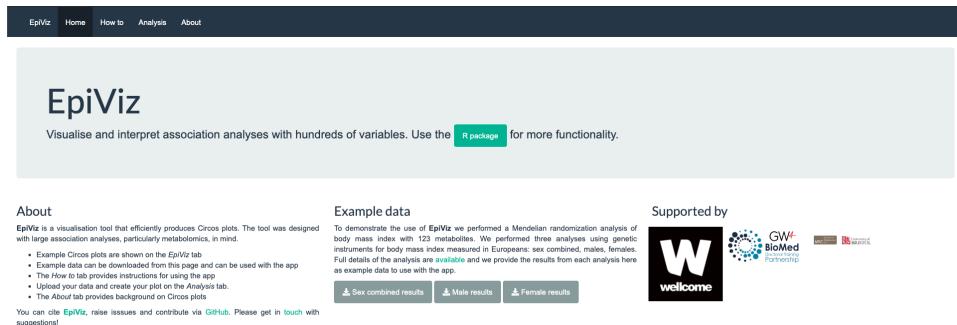


Figure 6.2: Screenshot of the EpiViz web application Home page

2399 The *How to* provides instructions for using the application and is split into
2400 three: Step 1 deals with the preparation of data to be used with the application,
2401 step 2 deals with how to use the application, and step 3 provides information on
2402 potential next steps. Users are instructed to upload one data frame per track of
2403 the Circos plot. Each data frame should be a tab delimited text file and R code is
2404 provided for users to achieve this. The user is guided through an example utilising

2405 the example data provided with the application and downloadable on the *Home* tab.

2406 Having prepared their data as instructed in Step 1, users select the *Analysis*
2407 tab and upload one data frame for each track of the Circos plot. If formatted as
2408 described in the *How to* tab, descriptive information including a volcano plot will
2409 be produced automatically (Figure 6.3).

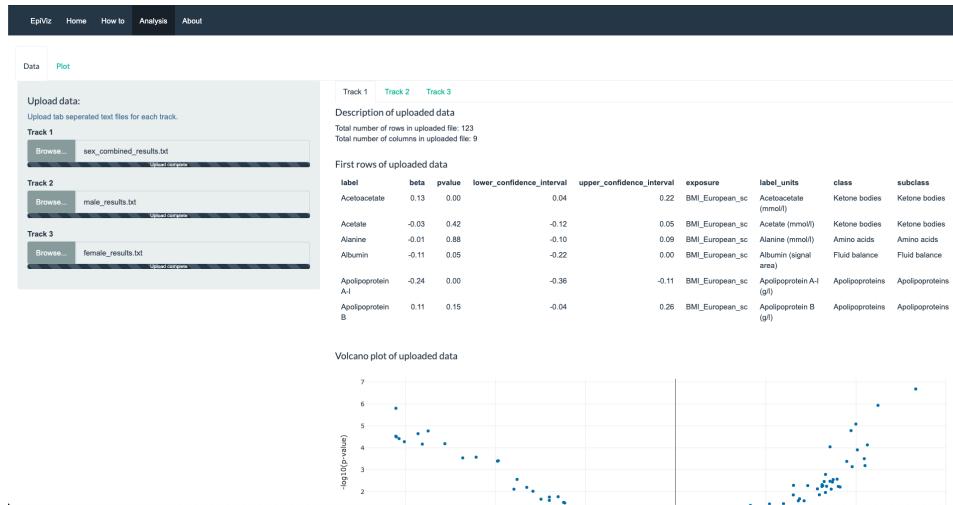


Figure 6.3: Screenshot of the EpiViz web application Analysis page, showing Step 1

2410 If the data frame appears as expected to the user the Circos plot can then be
2411 produced by selecting the *Plot* tab. A series of drop down lists are presented which
2412 auto-populate with the column names from the first uploaded data frame. The fol-
2413 lowing column information is required for the Circos plot: label, group, estimate,
2414 p-value, lower confidence interval, upper confidence interval (Figure 6.4). Users
2415 can select one, two, or three tracks for their Circos plot, with data for the respective
2416 track coming from the upload data section.

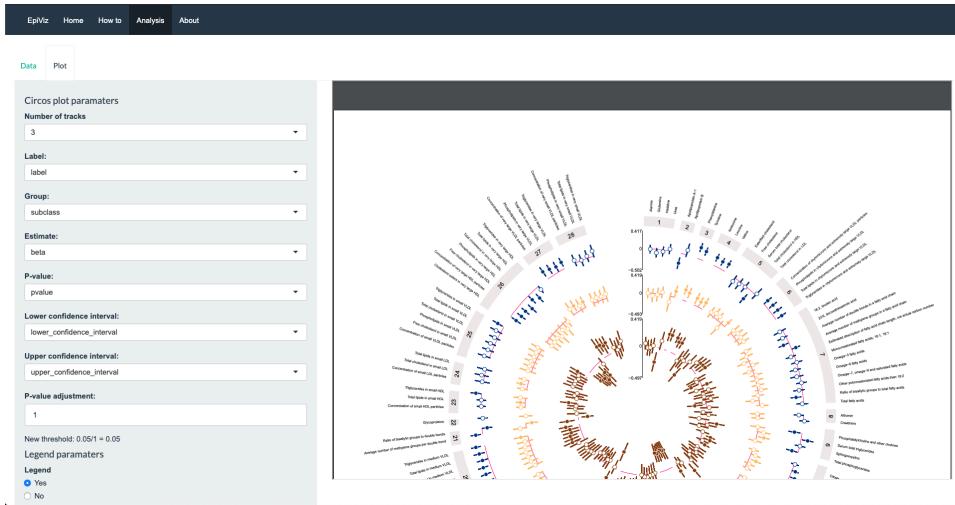


Figure 6.4: Screenshot of the EpiViz web application Analysis page, showing Step 2

2417 A p-value threshold (default 0.05) can be provided to indicate a significance
 2418 threshold. On the Circos plot a solid point is indicated as reaching the significance
 2419 threshold and an open point indicates not reaching the threshold. An optional leg-
 2420 end function is provided and users can choose the labels for the legend points. The
 2421 legend is auto-populated using the levels in the `group` column of the up-loaded
 2422 data frame. Finally, users can select to use *Accessible colours* (default) or *Not*
 2423 *accessible colours* for the colours of the points on the Circos plot.

2424 **R package**

2425 The EpiViz R package is accessed using R version 3.3.0 or above. Documen-
 2426 tation for using the package to create Circos plots is available as a README on
 2427 GitHub and includes use cases and troubleshooting. The R package can be installed

2428 directly from GitHub into R with the following R code:

```
# Install devtools
install.packages("devtools")
library(devtools)

# Install directly from GitHub
devtools::install_github("mattlee821/EpiViz/R_package")
library(EpiViz)
```

2429 Once installed, users can use the example data provided with the package to
2430 produce Figure 6.5, which illustrates the three different types of track available
2431 (point, line, bar), using the following R code:

```
circos_plot(track_number = 3,
            track1_data = EpiViz::EpiViz_data1,
            track2_data = EpiViz::EpiViz_data2,
            track3_data = EpiViz::EpiViz_data3,
            track1_type = "points",
            track2_type = "lines",
            track3_type = "bar",
            label_column = 1,
            section_column = 9,
            estimate_column = 2,
            pvalue_column = 3,
            pvalue_adjustment = 1,
            lower_ci = 4,
```

```

upper_ci = 5,
lines_column = 2,
lines_type = "o",
bar_column = 2)

```

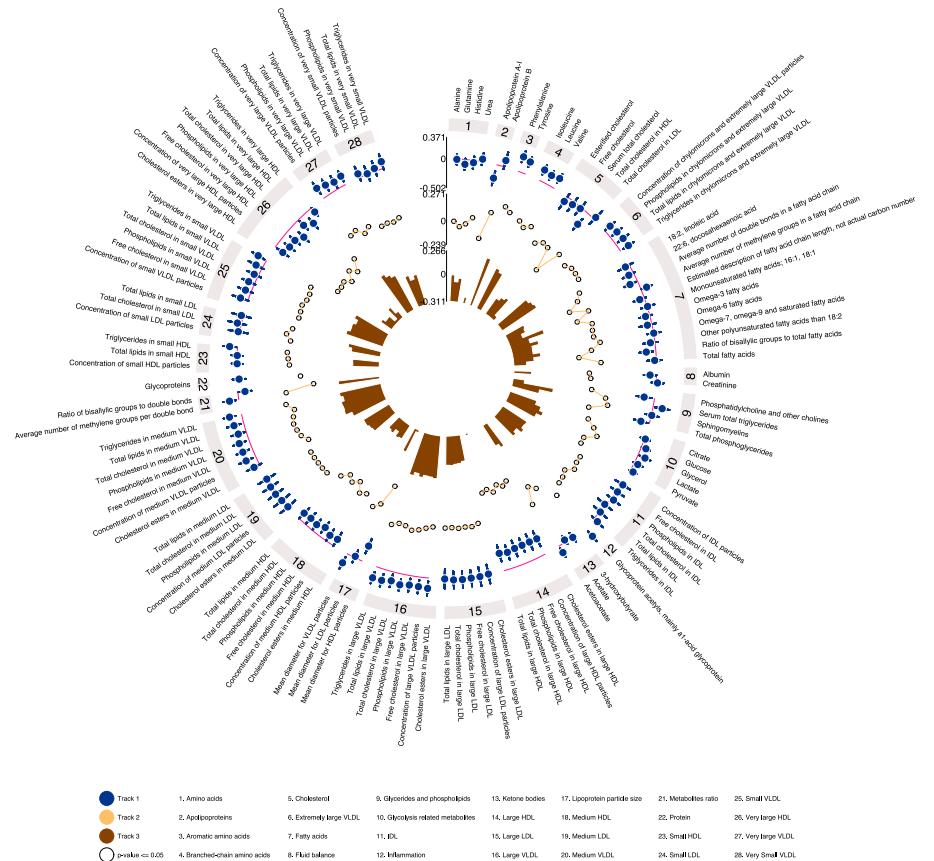


Figure 6.5: Circos plot prduced using EpiViz R package and example data

2433 As such the plots are created at a larger scale compared to traditional plots made in
2434 R. This means that when viewing the Circos plot in an viewer such as the R Studio
2435 Viewer pane the plot appears squashed. Viewers like this should be used only as a
2436 guide when making the plot. Instead, plots should saved as PDF using the below
2437 code – PDF files can be converted to other image formats.

```
pdf("my_circos_plot.pdf",  
     width = 30, height = 30, pointsize = 35)  
circos_plot(...  
            circle_size = 25)  
dev.off()
```

2438 R sets default height, width and pointsize parameters and users should iterate
2439 the sizing of the plot adjusting the width and height functions to get the desired
2440 plot size. They should then adjust the pointsize function to increase and de-
2441 crease the size of all information in the plot (labels, points, lines etc.). The numbers
2442 provided work with most plots and were used for all examples. In addition, users
2443 can adjust the size of the Circos plot directly using the argument circle_size.
2444 The default for circle_size is 25 and smaller numbers increase the size of the
2445 circle and larger numbers decrease the size. Finally, users can adjust the height of
2446 tracks individually using track*_height where * refers to the track number
2447 (see below code). The default for each track is 20 percent of the total size of the
2448 circle (the section track is fixed at 5 percent).

```
circos_plot(...  
            track1_height = 0.2,  
            track2_height = 0.2,
```

```
track3_height = 0.2)
```

2449 In order to minimise the time required to maintain the R package further cus-
2450 tomisation is achieved by the users themselves. The function is written to aid this
2451 customisation with *Default parameters* and *Customisable parameters* located at
2452 the top of the `circos_plot()` function script. Guidance and code is provided
2453 on GitHub to aid user customisation, for example changing track colours requires
2454 users navigating to the *Customisable parameters* section and then to the *Colours*
2455 section and replacing the following lines with their desired colours:

```
discrete_palette <- c("#00378f", # track 1 colour  
                      "#ffc067", # track 2 colour  
                      "#894300") # track 3 colour
```

2456 6.3 Discussion

2457 Circos plots have been used to visualise and provide overview of large association
2458 analyses both in the literature^{124,125} and this thesis (see Chapters 4, 5 and 9). This
2459 has been time consuming and cumbersome. Requiring bespoke code these plots
2460 have been challenging to work with when using multiple data sets (see GitHub for
2461 example bespoke code).

2462 *EpiViz* provides an efficient way to produce Circos plots for association anal-
2463 yses and can be implemented with little up-front cost. The web application is in-
2464 tended for researchers with limited to no experience of R, while those with some
2465 experience can gain added functionality from the R package. The application of

2466 Circos plots to comparing and gaining global overview of association analyses is
2467 presented in Chapters 4, 5 and 9, as well as by colleagues¹⁹³.

2468 Though intended to be low maintenance, there is scope for further development
2469 of both the web application and R package. Of broad appeal to both is the inclu-
2470 sion of new plotting methods such as the chord diagram which shows relatedness
2471 between two nodes. In the case of metabolites a chord diagram would provide
2472 greater understanding about the relationship between different sections. In addi-
2473 tion, the ability to filter and choose specific sections to display would simplify the
2474 plot and highlight potentially meaningful results.

2475 The web application is less flexible than the R package, however there are
2476 specific extensions of interest. Firstly interactive plots would provide users the
2477 ability to expand sections of interest and display additional information. Rather
2478 than a final presentation of the data this would primarily focus on exploration of
2479 data. Additionally, introducing features from the R package such as different plot
2480 types will broaden the appeal of the web application. These additions are likely to
2481 increase the costs of maintenance however.

2482 The R package has extensive scope for enhancement and presents a more effi-
2483 cient investment of time for extensions over the web application due to the flexi-
2484 bility of R. Currently, only a single data point can be plotted on each track at each
2485 X axis coordinate. This is to prevent over-crowding. However, if a data set has 50
2486 points for example, adding a second point to each X axis coordinate of the track
2487 would not overcrowd the plot.

2488 The current limited customisation afforded with the web application and the
2489 R package is designed to reduce the maintenance costs of the author. As a result,

2490 functions that users may wish to use, such as multiple point estimates on a single
2491 track, must be coded by the user in R. Though guidance is provided on GitHub
2492 for such customisations, this additional effort may reduce the utility of the tool,
2493 especially among users with little experience of R but very specific requirements.
2494 Similarly, although designed to be efficient, users must provide data in a specific
2495 format in order to use the web application and R package. R code is provided to aid
2496 this effort but the requirement for users with no R experience to create a specific
2497 data frame will be off-putting for some.

2498 In order to achieve the desired goal of providing global overview of large as-
2499 sociation analyses Circos plots must be much larger than traditional plots such as
2500 forest plots. As such, Circos plots are best utilised as a tool for the user rather than
2501 a reader of a print journal. Circos plots are best viewed using a screen with the
2502 ability to zoom in to sections where more detail is required. This fact will reduce
2503 the utility of this type of Circos plot in publications as fixed margins will limit the
2504 size and resolution of the plot. Resolution can be improved by saving the Circos
2505 plots as a PDF file. Many journals do not accept PDF images and will convert
2506 these into lossless formats such as PNG or JPEG. This will reduce the resolution
2507 provided for readers.

2508 EpiViz is simple and efficient to use. There is potential for EpiViz to be-
2509 come widely used among the community. To pre-empt popularity and provide a
2510 stable environment the web application was containerized using Docker and hosted
2511 on a server with provision for multiple-users. With popularity it is hoped that a
2512 community will help to develop EpiViz further.

2513 **6.4 Acknowledgements**

2514 EpiViz was greatly aided by the R packages `Circlize`²⁰⁰ and `ComplexHeatmap`²⁰¹,
2515 whose code is freely available and was used as a reference point. The following
2516 contributed to the development of EpiViz: Luke McGuinness, Osama Mahmoud,
2517 Sam Neaves. The following colleagues provided feedback in the development
2518 of EpiViz: Caroline Bull, Charlie Hatcher, Kurt Taylor, Nancy McBride, Neil
2519 Goulding, Steph Suddell.

2520 **Chapter 7**

2521 **Clustering metabolites**

2522 **?????**

2523 **Chapter 8**

2524 **Rules for instrumenting clusters**

2525 **?????**

2526 **Chapter 9**

2527 **Mendelian randomization**

2528 **analysis: stage 2**

2529 **Associations between metabolites and diseases: a Mendelian randomization**

2530 **analysis**

Conclusion

2532 Assortative mating <https://www.ncbi.nlm.nih.gov/pmc/articles/>

2533 PMC6221130/#gepi22138-bib-0017

²⁵³⁴ **Appendix A**

2535 **A.1 Chapter 1**

2536 **A.1.1 Literature search**

2537 Manual literature searching is prone to bias. Literature mining tools, though sus-
2538 ceptible to publication and other biases, provide an alternative approach enabling
2539 a large number of articles to be assessed in a semi-systematic way. MELODI²⁰³,
2540 a literature mining tool, was used to identify intermediate diseases between BMI
2541 and mortality.

2542 Briefly, MELODI creates individual article sets based on search terms ('body
2543 mass index' and 'mortality') and looks for enriched overlapping terms. MELODI
2544 uses PubMed and SemMedDB to identify enriched terms. PubMed is a data base
2545 of health and biomedical research literature, and SemMedDB is a semantic pred-
2546 ications repository built from PubMed citations. Identifying enriched overlapping
2547 terms is a two-step process. First, overlapping terms are identified. Second, the
2548 degree of overlap given the observed and expected frequency of terms across all
2549 articles not just those included in the article sets is quantified.

2550 All articles published from 01/01/2000–09/12/2019 (maximum number of ar-
2551 ticles per article set is 1,000,000) using the terms 'body mass index' as the source
2552 and 'mortality' as the outcome were included. Raw results are available on GitHub.
2553 A total of 187,951 and 787,451 articles were retrieved and included in the source
2554 and outcome article sets. Using the SemMedDB Triple results a total of 10828
2555 enriched overlapping terms were identified. This included similar terms to 'body
2556 mass index' as the source, which were removed (n = 424). A Bonferroni corrected
2557 p-value (1.2×10^{-4}) removed 0 terms. Terms were filtered for uniqueness (n =

2558 156) and presence in the following categories: Age Group (n = 152), Bacterium
2559 (included because of confounding with pneumonia; n = 4), finding (not an offi-
2560 cial MELODI category; n = 1), general (not an official MELODI category; n = 1),
2561 Fungus (included because of confounding with pneumonia; n = 2), Health Care
2562 Activity (n = 5), Human (n = 14), Injury or Poisoning (n = 1), Mammal (animal
2563 studies; n = 1), Patient or Disabled Group (n = 8), Population Group (n = 14), Sign
2564 or Symptom (n = 1), Virus (included because of confounding; n = 3).

2565 The following terms were removed and merged into immunocompromised
2566 host: infections, hospital and opportunistic infections. The following terms were
2567 removed because of duplication under different names: cardiac death, sudden
2568 death, and sudden cardiac death (merged into cessation of life); coronary arte-
2569 riosclerosis (atherosclerosis); cardiovascular morbidity, cardiac event, heart dis-
2570 eases, vascular diseases (cardiovascular diseases); depressed mood (depressive
2571 disorder); diabetes mellitus and insulin-dependent (diabetic); metabolic diseases
2572 (metabolic syndrome). The following terms were removed because they were top-
2573 level categories that could either include a wide variety of terms already included
2574 or were duplicated by other terms: chronic disease, critical illness, disability, preg-
2575 nancy complications and perinatal morbidity (included in pregnancy category),
2576 pathogenesis. As a result of filtering a total of 77 terms remained. These terms
2577 were combined into 9 categories: Cancer, Cardiovascular, immune, Kidney, Liver,
2578 Neurological/behavioural, Other, Pregnancy, Respiratory. The 'other' category in-
2579 cluded traits that did not fit into one of any of the other categories and which did
2580 not have aligned traits to form a separate category (Table A.1). The majority of
2581 intermediates were cardiovascular related.

2582 It should be noted that the search did not include articles prior to the year

2583 2000 and focussed only on those archived by PubMed. Enrichment aims to reduce
2584 the noise introduced when searching hundreds of thousands of articles, however
2585 manual curation, which will hold its own biases, is needed in order to obtain an
2586 informative list of enriched terms.

Table A.1: Intermediates between body mass index and mortality identified using the literature mining tool MELODI

Intermediate	Category
Primary carcinoma of the liver cells	Cancer
Malignant neoplasm of stomach	Cancer
Malignant neoplasm of prostate	Cancer
Malignant neoplasm of lung	Cancer
Common Neoplasm	Cancer
Liver neoplasms	Cancer
Malignant disease	Cancer
Carcinoma of the Large Intestine	Cancer
Pancreatic carcinoma	Cancer
Heart failure	Cardiovascular
Anemia	Cardiovascular
Dyslipidemias	Cardiovascular
Cerebrovascular accident	Cardiovascular
Cardiovascular Diseases	Cardiovascular
Atherosclerosis	Cardiovascular
Myocardial Infarction	Cardiovascular
Ischemic stroke	Cardiovascular
Acute coronary syndrome	Cardiovascular

Atrial Fibrillation	Cardiovascular
Coronary heart disease	Cardiovascular
Systemic arterial pressure	Cardiovascular
Thrombosis	Cardiovascular
Cerebrovascular Disorders	Cardiovascular
Acute myocardial infarction	Cardiovascular
Sinus rhythm	Cardiovascular
Cardiomyopathies	Cardiovascular
Myocardial Ischemia	Cardiovascular
Peripheral Vascular Diseases	Cardiovascular
Vascular calcification	Cardiovascular
Heart Arrest	Cardiovascular
Myocardial rupture	Cardiovascular
Shock, Cardiogenic	Cardiovascular
Hemorrhage	Cardiovascular
Ischemia	Cardiovascular
Congestive heart failure	Cardiovascular
Ventricular Dysfunction, Left	Cardiovascular
Mitral Valve Insufficiency	Cardiovascular
Hyperglycaemia	Cardiovascular
Pancreatitis	immune
Inflammatory disorder	immune
Immunocompromised Host	immune
Bacteremia	immune
Septicemia	immune

Lupus Erythematosus, Systemic	immune
Sepsis Syndrome	immune
End stage renal failure	Kidney
Kidney Failure, Chronic	Kidney
Glomerular Filtration Rate	Kidney
Kidney Diseases	Kidney
Kidney Failure	Kidney
Renal function	Kidney
Liver diseases	Liver
Non-alcoholic fatty liver	Liver
Liver and Intrahepatic Biliary Tract Carcinoma	Liver
Chronic liver disease	Liver
Depressive disorder	Neurological/behavioural
Dementia	Neurological/behavioural
Metabolic syndrome	Other
Cessation of life	Other
Malnutrition	Other
Diabetic	Other
Multiple Organ Failure	Other
Fibrosis	Other
Deglutition Disorders	Other
Vitamin D Deficiency	Other
Pre-Eclampsia	Pregnancy
Pregnancy	Pregnancy
Hypertension induced by pregnancy	Pregnancy

Tuberculosis	Respiratory
Sleep Apnea, Obstructive	Respiratory
Pneumonia	Respiratory
Chronic Obstructive Airway Disease	Respiratory
Respiration Disorders	Respiratory
Respiratory Distress Syndrome, Adult	Respiratory
Respiratory Tract Infections	Respiratory
Respiratory Failure	Respiratory
Acute respiratory failure	Respiratory

2587 **A.2 Chapter 2**

2588 **A.3 Chapter 3**

2589 **A.4 Chapter 4**

2590 **A.4.1 Metabolites**

Table A.2: Metabolites available after quality control across all age groups

Metabolite	Label	Class	Subclass	Derived
xsndlcepct	Cholesterol esters in very small VLDL to total lipids in very small VLDL ratio (%)			
17 xsndlcpct	Total cholesterol in very small VLDL to total lipids in very small VLDL ratio (%)			
xsndlfcpct	Free cholesterol in very small VLDL to total lipids in very small VLDL ratio (%)			

Very Small VLDL ratios

xsvidlplpct	Phospholipids in very small VLDL to total lipids in very small VLDL ratio (%)
xsvidltgpct	Triglycerides in very small VLDL to total lipids in very small VLDL ratio (%)
svldlcepct	Cholesterol esters in small VLDL to total lipids in small VLDL ratio (%)
svldlcpcpt	Total cholesterol in small VLDL to total lipids in small VLDL ratio (%)

svldlfcpct	Free cholesterol in small VLDL to total lipids in small VLDL ratio (%)	Small VLDL ratios
svldlplpct	Phospholipids in small VLDL to total lipids in small VLDL ratio (%)	
svldltgpct	Triglycerides in small VLDL to total lipids in small VLDL ratio (%)	
mvldlcepct	Cholesterol esters in medium VLDL to total lipids in medium VLDL ratio (%)	

mvldlcpt	Total cholesterol in medium VLDL to total lipids in medium VLDL ratio (%)	
mvldlfcpct	Free cholesterol in medium VLDL to total lipids in medium VLDL ratio (%)	Medium VLDL ratios
mvldlplpct	Phospholipids in medium VLDL to total lipids in medium VLDL ratio (%)	
mvldltgpct	Triglycerides in medium VLDL to total lipids in medium VLDL ratio (%)	

lvldlcepct	Cholesterol esters in large VLDL to total lipids in large VLDL ratio (%)
lvldlcpt	Total cholesterol in large VLDL to total lipids in large VLDL ratio (%)
lvldlfcpt	Free cholesterol in large VLDL to total lipids in large VLDL ratio (%)
lvldlplcpt	Phospholipids in large VLDL to total lipids in large VLDL ratio (%)

lvldltgpct	Triglycerides in large VLDL to total lipids in large VLDL ratio (%)	
xlvldlcepct	Cholesterol esters in very large VLDL to total lipids in very large VLDL ratio (%)	
182	xlvldlcpt	Total cholesterol in very large VLDL to total lipids in very large VLDL ratio (%)
	xlvldlfcpct	Free cholesterol in very large VLDL to total lipids in very large VLDL ratio (%)

		Very large VLDL ratios
	xlvldplpct	Phospholipids in very large VLDL to total lipids in very large VLDL ratio (%)
	xlvldltg pct	Triglycerides in very large VLDL to total lipids in very large VLDL ratio (%)
	xxlvldlcepct	Cholesterol esters in chylomicrons and extremely large VLDL to total lipids in chylomicrons and extremely large VLDL ratio (%)

xxlvldlcpt Total cholesterol in
 chylomicrons and
 extremely large

 VLDL to total lipids
 in chylomicrons and
 extremely large

 VLDL ratio (%)

xxlvldlfcpcpt Free cholesterol in
 chylomicrons and
 extremely large

 VLDL to total lipids
 in chylomicrons and
 extremely large

 VLDL ratio (%)

xxlvldlplpct Phospholipids in
 chylomicrons and
 extremely large

 VLDL to total lipids
 in chylomicrons and
 extremely large

 VLDL ratio (%)

xxlvldltgpct Triglycerides in
 chylomicrons and
 extremely large

 VLDL to total lipids
 in chylomicrons and
 extremely large

 VLDL ratio (%)

idlcepct Cholesterol esters in
 IDL to total lipids in
 IDL ratio (%)

idlcpct	Total cholesterol in IDL to total lipids in IDL ratio (%)	
idlfcpct	Free cholesterol in IDL to total lipids in IDL ratio (%)	IDL ratios
idlplpct	Phospholipids in IDL to total lipids in IDL ratio (%)	
idltpcct	Triglycerides in IDL to total lipids in IDL ratio (%)	
sdlcepct	Cholesterol esters in small LDL to total lipids in small LDL ratio (%)	

sldlcpc	Total cholesterol in small LDL to total lipids in small LDL ratio (%)	
sldlfcpc	Free cholesterol in small LDL to total lipids in small LDL ratio (%)	
sldlplpc	Phospholipids in small LDL to total lipids in small LDL ratio (%)	Small LDL ratios
sldltgpct	Triglycerides in small LDL to total lipids in small LDL ratio (%)	

mldlcepct	Cholesterol esters in medium LDL to total lipids in medium LDL ratio (%)
mldlcpcpt	Total cholesterol in medium LDL to total lipids in medium LDL ratio (%)
mldlfcpcpt	Free cholesterol in medium LDL to total lipids in medium LDL ratio (%)
mldlplpcpt	Phospholipids in medium LDL to total lipids in medium LDL ratio (%)

	mldltgpct	Triglycerides in medium LDL to total lipids in medium LDL ratio (%)
186	lldlcepct	Cholesterol esters in large LDL to total lipids in large LDL ratio (%)
	lldlcpcpt	Total cholesterol in large LDL to total lipids in large LDL ratio (%)
	lldlfcpcpt	Free cholesterol in large LDL to total lipids in large LDL ratio (%)

Large LDL ratios	
lldlpct	Phospholipids in large LDL to total lipids in large LDL ratio (%)
lldtgpc	Triglycerides in large LDL to total lipids in large LDL ratio (%)
shdlcepct	Cholesterol esters in small HDL to total lipids in small HDL ratio (%)
shdlcpct	Total cholesterol in small HDL to total lipids in small HDL ratio (%)

	shdlfcpct	Free cholesterol in small HDL to total lipids in small HDL ratio (%)	Small HDL ratios
	shdlplpct	Phospholipids in small HDL to total lipids in small HDL ratio (%)	
	shdltgpct	Triglycerides in small HDL to total lipids in small HDL ratio (%)	
	mhdllcepct	Cholesterol esters in medium HDL to total lipids in medium HDL ratio (%)	

mhdlcpct	Total cholesterol in medium HDL to total lipids in medium HDL ratio (%)	
mhdlfcpct	Free cholesterol in medium HDL to total lipids in medium HDL ratio (%)	Medium HDL ratios
mhdlplpct	Phospholipids in medium HDL to total lipids in medium HDL ratio (%)	
mhdltgpct	Triglycerides in medium HDL to total lipids in medium HDL ratio (%)	

	lhdcepct	Cholesterol esters in large HDL to total lipids in large HDL ratio (%)
	lhdcpct	Total cholesterol in large HDL to total lipids in large HDL ratio (%)
	lhdfcpct	Free cholesterol in large HDL to total lipids in large HDL ratio (%)
	lhdplpct	Phospholipids in large HDL to total lipids in large HDL ratio (%)

lhdtgpct	Triglycerides in large HDL to total lipids in large HDL ratio (%)
xlhdlcepct	Cholesterol esters in very large HDL to total lipids in very large HDL ratio (%)
xlhdlcpt	Total cholesterol in very large HDL to total lipids in very large HDL ratio (%)
xlhdlfcpt	Free cholesterol in very large HDL to total lipids in very large HDL ratio (%)

		Very large HDL ratios
	xlhdplpct	Phospholipids in very large HDL to total lipids in very large HDL ratio (%)
	xlhdltg pct	Triglycerides in very large HDL to total lipids in very large HDL ratio (%)
	xsvldlc	Total cholesterol in very small VLDL (mmol/l)
	xsvldlce	Cholesterol esters in very small VLDL (mmol/l)
	xsvldlfc	Free cholesterol in very small VLDL (mmol/l)

xsvldll	Total lipids in very small VLDL (mmol/l)	Very Small VLDL
xsvldlp	Concentration of very small VLDL particles (mol/l)	
xsvldlpl	Phospholipids in very small VLDL (mmol/l)	
xsvldltg	Triglycerides in very small VLDL (mmol/l)	
svldlc	Total cholesterol in small VLDL (mmol/l)	

svldlce	Cholesterol esters in small VLDL (mmol/l)	
svldlfc	Free cholesterol in small VLDL (mmol/l)	
svldll	Total lipids in small VLDL (mmol/l)	
svldlp	Concentration of small VLDL particles (mol/l)	Small VLDL
svldlpl	Phospholipids in small VLDL (mmol/l)	
svldltg	Triglycerides in small VLDL (mmol/l)	

mvldlc	Total cholesterol in medium VLDL (mmol/l)
mvldlce	Cholesterol esters in medium VLDL (mmol/l)
mvldlfc	Free cholesterol in medium VLDL (mmol/l)
198	
mvldll	Total lipids in medium VLDL (mmol/l)
mvldlp	Concentration of medium VLDL particles (mol/l)

mvldlpl	Phospholipids in medium VLDL (mmol/l)
mvldltg	Triglycerides in medium VLDL (mmol/l)
lvldlc	Total cholesterol in large VLDL (mmol/l)
lvldlce	Cholesterol esters in large VLDL (mmol/l)
lvldlfc	Free cholesterol in large VLDL (mmol/l)
lvldll	Total lipids in large VLDL (mmol/l)
lvldlp	Concentration of large VLDL particles (mol/l)

	Phospholipids in large VLDL (mmol/l)
lvldlpl	
lvldltg	Triglycerides in large VLDL (mmol/l)
xlvldlc	Total cholesterol in very large VLDL (mmol/l)
xlvldlce	Cholesterol esters in very large VLDL (mmol/l)
xlvldlfc	Free cholesterol in very large VLDL (mmol/l)
xlvldll	Total lipids in very large VLDL (mmol/l)

xlvldlp	Concentration of very large VLDL particles (mol/l)	Very large VLDL
xlvldlpl	Phospholipids in very large VLDL (mmol/l)	
xlvldltg	Triglycerides in very large VLDL (mmol/l)	
xxlvldlc	Total cholesterol in chylomicrons and extremely large VLDL (mmol/l)	
xxlvldlce	Cholesterol esters in chylomicrons and extremely large VLDL (mmol/l)	

xxlvldlfc	Free cholesterol in chylomicrons and extremely large VLDL (mmol/l)
xxlvldll	Total lipids in chylomicrons and extremely large VLDL (mmol/l)
xxlvldlp	Concentration of chylomicrons and extremely large VLDL particles (mol/l)
xxlvldlpl	Phospholipids in chylomicrons and extremely large VLDL (mmol/l)

xxlvldltg	Triglycerides in chylomicrons and extremely large VLDL (mmol/l)
idlcc	Total cholesterol in IDL (mmol/l)
idlce	Cholesterol esters in IDL (mmol/l)
idlfc	Free cholesterol in IDL (mmol/l)
idl	Total lipids in IDL (mmol/l)
idlpc	Concentration of IDL particles (mol/l)
idlpl	Phospholipids in IDL (mmol/l)

idlgt	Triglycerides in IDL (mmol/l)	
sldlc	Total cholesterol in small LDL (mmol/l)	
sldlce	Cholesterol esters in small LDL (mmol/l)	
sldlfc	Free cholesterol in small LDL (mmol/l)	
sldll	Total lipids in small LDL (mmol/l)	
sldlp	Concentration of small LDL particles (mol/l)	Small LDL
sldlpl	Phospholipids in small LDL (mmol/l)	
sldltg	Triglycerides in small LDL (mmol/l)	

mldlc	Total cholesterol in medium LDL (mmol/l)
mldlce	Cholesterol esters in medium LDL (mmol/l)
mldlfc	Free cholesterol in medium LDL (mmol/l)
205	
mldll	Total lipids in medium LDL (mmol/l)
mldlp	Concentration of medium LDL particles (mol/l)

mldlpl	Phospholipids in medium LDL (mmol/l)
mldltg	Triglycerides in medium LDL (mmol/l)
lldlc	Total cholesterol in large LDL (mmol/l)
lldlce	Cholesterol esters in large LDL (mmol/l)
lldlfc	Free cholesterol in large LDL (mmol/l)
lldll	Total lipids in large LDL (mmol/l)
lldlp	Concentration of large LDL particles (mol/l)

Large LDL

lldlpl	Phospholipids in large LDL (mmol/l)
lldltg	Triglycerides in large LDL (mmol/l)
shdlc	Total cholesterol in small HDL (mmol/l)
shdlce	Cholesterol esters in small HDL (mmol/l)
shdlfc	Free cholesterol in small HDL (mmol/l)
shdll	Total lipids in small HDL (mmol/l)
shdlp	Concentration of small HDL particles (mol/l)
shdlpl	Phospholipids in small HDL (mmol/l)

shdltg	Triglycerides in small HDL (mmol/l)
mhdlc	Total cholesterol in medium HDL (mmol/l)
mhdle	Cholesterol esters in medium HDL (mmol/l)
mhdlfc	Free cholesterol in medium HDL (mmol/l)
mhdl	Total lipids in medium HDL (mmol/l)
mhdlp	Concentration of medium HDL particles (mol/l)

	Phospholipids in medium HDL (mmol/l)
mhdlpl	
mhdltg	Triglycerides in medium HDL (mmol/l)
lhdlc	Total cholesterol in large HDL (mmol/l)
209	
lhdlce	Cholesterol esters in large HDL (mmol/l)
lhdlfc	Free cholesterol in large HDL (mmol/l)
lhdl1	Total lipids in large HDL (mmol/l)
lhdlp	Concentration of large HDL particles (mol/l)

lhdlpl	Phospholipids in large HDL (mmol/l)
lhdtg	Triglycerides in large HDL (mmol/l)
xlhdlc	Total cholesterol in very large HDL (mmol/l)
xlhdce	Cholesterol esters in very large HDL (mmol/l)
210	
xlhdlc	Free cholesterol in very large HDL (mmol/l)
xlhdll	Total lipids in very large HDL (mmol/l)

xlhdlp	Concentration of very large HDL particles (mol/l)	Very large HDL
xlhdpl	Phospholipids in very large HDL (mmol/l)	
xlhdltg	Triglycerides in very large HDL (mmol/l)	
hdld	Mean diameter for HDL particles (nm)	
ldld	Mean diameter for LDL particles (nm)	Lipoprotein particle size
vldld	Mean diameter for VLDL particles (nm)	Lipoprotein particle size
acace	Acetoacetate (mmol/l)	
ace	Acetate (mmol/l)	

		Ketone bodies	Ketone bodies
bohbut	3-hydroxybutyrate (mmol/l)		
gp	Glycoprotein acetyls, mainly $\alpha 1$ -acid glycoprotein (mmol/l)	Inflammation	Inflammation
cit	Citrate (mmol/l)		
glc	Glucose (mmol/l)		
lac	Lactate (mmol/l)	Glycolysis related metab	Glycolysis related metabolites
pyr	Pyruvate (mmol/l)		
dag	Diacylglycerol (mmol/l)		
hdltg	Triglycerides in HDL (mmol/l)		
ldltg	Triglycerides in LDL (mmol/l)		

pc	Phosphatidylcholine and other cholines (mmol/l)	
serumtg	Serum total triglycerides (mmol/l)	
sm	Sphingomyelins (mmol/l)	Glycerides and phospholipids and phospholipids
totcho	Total cholines (mmol/l)	
totpg	Total phosphoglycerides (mmol/l)	
vldltg	Triglycerides in VLDL (mmol/l)	
alb	Albumin (signal area)	Fluid balance
crea	Creatinine (mmol/l)	Fluid balance

clafa	Ratio of conjugated linoleic acid to total fatty acids (%)
dhafa	Ratio of 22:6 docosahexaenoic acid to total fatty acids (%)
faw3fa	Ratio of omega-3 fatty acids to total fatty acids (%)
faw6fa	Ratio of omega-6 fatty acids to total fatty acids (%)
lafa	Ratio of 18:2 linoleic acid to total fatty acids (%)

		Fatty acids ratios	Fatty acids ratios	yes
	mufafa	Ratio of monounsaturated fatty acids to total fatty acids (%)		
	pufafa	Ratio of polyunsaturated fatty acids to total fatty acids (%)		
215	sfafa	Ratio of saturated fatty acids to total fatty acids (%)		
	cla	Conjugated linoleic acid (mmol/l)		
	dha	22:6, docosahexaenoic acid (mmol/l)		

falen	Estimated description of fatty acid chain length, not actual carbon number
faw3	Omega-3 fatty acids (mmol/l)
faw6	Omega-6 fatty acids (mmol/l)
la	18:2, linoleic acid (mmol/l)
mufa	Monounsaturated fatty acids; 16:1, 18:1 (mmol/l)
pufa	Polyunsaturated fatty acids (mmol/l)
sfa	Saturated fatty acids (mmol/l)

totfa	Total fatty acids (mmol/l)	
unsat	Estimated degree of unsaturation	
estc	Esterified cholesterol (mmol/l)	
freec	Free cholesterol (mmol/l)	
217	hdL2c	Total cholesterol in HDL2 (mmol/l)
	hdL3c	Total cholesterol in HDL3 (mmol/l)
	hdLc	Total cholesterol in HDL (mmol/l)
	ldLc	Total cholesterol in LDL (mmol/l)

		Cholesterol	Cholesterol
remnanc	Remnant cholesterol (non-HDL, non-LDL -cholesterol) (mmol/l)		
serumc	Serum total cholesterol (mmol/l)		
vldlc	Total cholesterol in VLDL (mmol/l)		
apoal	Apolipoprotein A-I (g/l)		
apob	Apolipoprotein B	Apolipoproteins	Apolipoproteins
apobapoal	Ratio of apolipoprotein B to apolipoprotein A-I		
ile	Isoleucine (mmol/l)		
leu	Leucine (mmol/l)		

		Branched-chain amino acids
val	Valine (mmol/l)	
phe	Phenylalanine (mmol/l)	
tyr	Tyrosine (mmol/l)	Amino acids
ala	Alanine (mmol/l)	
gln	Glutamine (mmol/l)	Amino acids
his	Histidine (mmol/l)	
dagtg	Ratio of diacylglycerol to triglycerides (%)	Glycerides and phospholipids ratios
tgpg	Ratio of triglycerides to phosphoglycerides ratio (%)	yes
unsatdeg		

2591 **A.4.2 Tables of results**

Table A.3: Results of linear regression analysis of measures of increased adiposity and metabolites among different age groups

Metabolite	Subclass	Model	Group	Exposure	Beta	Lower CI	Upper CI	p-value
Isoleucine (mmol/l)	Branched-chain amino acids	model1	children	bmi	0.0032	0.0026	0.0038	0.0000
Isoleucine (mmol/l)	Branched-chain amino acids			whr	0.0029	0.0023	0.0035	0.0000
Isoleucine (mmol/l)	Branched-chain amino acids			bf	0.0023	0.0017	0.0029	0.0000
Isoleucine (mmol/l)	Branched-chain amino acids		adolescents	bmi	0.0019	0.0014	0.0025	0.0000
Isoleucine (mmol/l)	Branched-chain amino acids			bf	0.0016	0.0009	0.0024	0.0000
Isoleucine (mmol/l)	Branched-chain amino acids			bmi	0.0039	0.0035	0.0043	0.0000
Isoleucine (mmol/l)	Branched-chain amino acids		young_adults	whr	0.0035	0.0030	0.0040	0.0000
Isoleucine (mmol/l)	Branched-chain amino acids			bf	0.0036	0.0031	0.0041	0.0000
Isoleucine (mmol/l)	Branched-chain amino acids			bmi	0.0047	0.0043	0.0051	0.0000
Isoleucine (mmol/l)	Branched-chain amino acids		adults	whr	0.0042	0.0038	0.0046	0.0000
Isoleucine (mmol/l)	Branched-chain amino acids			bf	0.0036	0.0032	0.0040	0.0000

	Isoleucine (mmol/l)	Branched-chain amino acids		bmi	0.0034	0.0028	0.0041	0.0000
children	Isoleucine (mmol/l)	Branched-chain amino acids		whr	0.0029	0.0023	0.0035	0.0000
	Isoleucine (mmol/l)	Branched-chain amino acids		bf	0.0022	0.0016	0.0029	0.0000
	Isoleucine (mmol/l)	Branched-chain amino acids		bmi	0.0021	0.0015	0.0026	0.0000
adolescents	Isoleucine (mmol/l)	Branched-chain amino acids		bf	0.0017	0.0009	0.0024	0.0000
	Isoleucine (mmol/l)	Branched-chain amino acids		bmi	0.0039	0.0035	0.0044	0.0000
	Isoleucine (mmol/l)	Branched-chain amino acids	model2	young_adults	whr	0.0035	0.0030	0.0040
	Isoleucine (mmol/l)	Branched-chain amino acids		bf	0.0036	0.0031	0.0041	0.0000
	Isoleucine (mmol/l)	Branched-chain amino acids		bmi	0.0046	0.0042	0.0050	0.0000
adults	Isoleucine (mmol/l)	Branched-chain amino acids		whr	0.0041	0.0037	0.0045	0.0000
	Isoleucine (mmol/l)	Branched-chain amino acids		bf	0.0035	0.0031	0.0039	0.0000
	Isoleucine (mmol/l)	Branched-chain amino acids		bmi	0.0012	0.0003	0.0022	0.0138
adolescents	Isoleucine (mmol/l)	Branched-chain amino acids		bf	0.0011	-0.0002	0.0023	0.0914
	Isoleucine (mmol/l)	Branched-chain amino acids		bmi	0.0045	0.0036	0.0055	0.0000

Isoleucine (mmol/l)	Branched-chain amino acids	model3	young_adults	whr	0.0032	0.0023	0.0042	0.0000	
Isoleucine (mmol/l)	Branched-chain amino acids			bf	0.0039	0.0028	0.0050	0.0000	
Isoleucine (mmol/l)	Branched-chain amino acids			bmi	0.0047	0.0043	0.0052	0.0000	
Isoleucine (mmol/l)	Branched-chain amino acids		adults	whr	0.0042	0.0037	0.0046	0.0000	
Isoleucine (mmol/l)	Branched-chain amino acids	model3	children	bf	0.0036	0.0032	0.0040	0.0000	
Leucine (mmol/l)	Branched-chain amino acids			bmi	0.0021	0.0016	0.0026	0.0000	
Leucine (mmol/l)	Branched-chain amino acids			whr	0.0016	0.0011	0.0022	0.0000	
Leucine (mmol/l)	Branched-chain amino acids		adolescents	bf	0.0013	0.0008	0.0018	0.0000	
Leucine (mmol/l)	Branched-chain amino acids	model3		bmi	0.0012	0.0008	0.0016	0.0000	
Leucine (mmol/l)	Branched-chain amino acids			bf	0.0006	0.0001	0.0012	0.0301	
Leucine (mmol/l)	Branched-chain amino acids			bmi	0.0039	0.0035	0.0044	0.0000	
Leucine (mmol/l)	Branched-chain amino acids	model3	young_adults	whr	0.0032	0.0027	0.0037	0.0000	
Leucine (mmol/l)	Branched-chain amino acids			bf	0.0032	0.0027	0.0037	0.0000	
Leucine (mmol/l)	Branched-chain amino acids		bf	bmi	0.0029	0.0026	0.0033	0.0000	

Leucine (mmol/l)	Branched-chain amino acids	adults	whr	0.0025	0.0021	0.0028	0.0000
Leucine (mmol/l)	Branched-chain amino acids		bf	0.0019	0.0016	0.0022	0.0000
Leucine (mmol/l)	Branched-chain amino acids		bmi	0.0022	0.0016	0.0027	0.0000
Leucine (mmol/l)	Branched-chain amino acids	children	whr	0.0017	0.0012	0.0022	0.0000
Leucine (mmol/l)	Branched-chain amino acids		bf	0.0011	0.0006	0.0017	0.0000
Leucine (mmol/l)	Branched-chain amino acids		bmi	0.0012	0.0007	0.0017	0.0000
Leucine (mmol/l)	Branched-chain amino acids	adolescents	bf	0.0005	0.0000	0.0011	0.0689
Leucine (mmol/l)	Branched-chain amino acids		bmi	0.0041	0.0036	0.0045	0.0000
Leucine (mmol/l)	Branched-chain amino acids		whr	0.0032	0.0027	0.0037	0.0000
Leucine (mmol/l)	Branched-chain amino acids	model2	bf	0.0033	0.0028	0.0039	0.0000
Leucine (mmol/l)	Branched-chain amino acids		bmi	0.0030	0.0027	0.0033	0.0000
Leucine (mmol/l)	Branched-chain amino acids		whr	0.0025	0.0021	0.0028	0.0000
Leucine (mmol/l)	Branched-chain amino acids	adults	bf	0.0020	0.0016	0.0023	0.0000
Leucine (mmol/l)	Branched-chain amino acids		bmi	0.0006	-0.0002	0.0013	0.1554

model13	Leucine (mmol/l)	Branched-chain amino acids	adolescents	bf	0.0002	-0.0008	0.0012	0.7121
	Leucine (mmol/l)	Branched-chain amino acids		bmi	0.0046	0.0036	0.0056	0.0000
	Leucine (mmol/l)	Branched-chain amino acids		whr	0.0031	0.0021	0.0041	0.0000
	Leucine (mmol/l)	Branched-chain amino acids		bf	0.0037	0.0025	0.0048	0.0000
	Leucine (mmol/l)	Branched-chain amino acids		bmi	0.0032	0.0028	0.0036	0.0000
	Leucine (mmol/l)	Branched-chain amino acids		whr	0.0027	0.0023	0.0030	0.0000
	Leucine (mmol/l)	Branched-chain amino acids		bf	0.0022	0.0018	0.0025	0.0000
	Valine (mmol/l)	Branched-chain amino acids		bmi	0.0057	0.0045	0.0068	0.0000
	Valine (mmol/l)	Branched-chain amino acids		whr	0.0032	0.0021	0.0044	0.0000
	Valine (mmol/l)	Branched-chain amino acids		bf	0.0049	0.0037	0.0060	0.0000
children	Valine (mmol/l)	Branched-chain amino acids	adolescents	bmi	0.0055	0.0042	0.0069	0.0000
	Valine (mmol/l)	Branched-chain amino acids		bf	0.0058	0.0041	0.0075	0.0000
	Valine (mmol/l)	Branched-chain amino acids		bmi	0.0086	0.0075	0.0096	0.0000
	Valine (mmol/l)	Branched-chain amino acids		whr	0.0052	0.0040	0.0065	0.0000

		model1	young_adults				
Valine (mmol/l)	Branched-chain amino acids		bf	0.0063	0.0051	0.0076	0.0000
Valine (mmol/l)	Branched-chain amino acids		bmi	0.0106	0.0097	0.0116	0.0000
Valine (mmol/l)	Branched-chain amino acids	adults	whr	0.0076	0.0067	0.0086	0.0000
Valine (mmol/l)	Branched-chain amino acids		bf	0.0077	0.0068	0.0086	0.0000
Valine (mmol/l)	Branched-chain amino acids		bmi	0.0062	0.0049	0.0075	0.0000
Valine (mmol/l)	Branched-chain amino acids	children	whr	0.0033	0.0021	0.0045	0.0000
Valine (mmol/l)	Branched-chain amino acids		bf	0.0050	0.0037	0.0063	0.0000
Valine (mmol/l)	Branched-chain amino acids	adolescents	bmi	0.0057	0.0043	0.0071	0.0000
Valine (mmol/l)	Branched-chain amino acids		bf	0.0057	0.0039	0.0075	0.0000
Valine (mmol/l)	Branched-chain amino acids		bmi	0.0086	0.0075	0.0097	0.0000
Valine (mmol/l)	Branched-chain amino acids	young_adults	whr	0.0052	0.0039	0.0064	0.0000
Valine (mmol/l)	Branched-chain amino acids		bf	0.0063	0.0050	0.0075	0.0000
Valine (mmol/l)	Branched-chain amino acids		bmi	0.0106	0.0096	0.0115	0.0000
Valine (mmol/l)	Branched-chain amino acids		whr	0.0075	0.0066	0.0085	0.0000

		adults				
Valine (mmol/l)	Branched-chain amino acids	model3	bf	0.0076	0.0066	0.0086
	Branched-chain amino acids		bmi	0.0037	0.0012	0.0062
	Branched-chain amino acids		adolescents	bf	0.0038	0.0006
	Branched-chain amino acids		bmi	0.0096	0.0072	0.0120
	Branched-chain amino acids		young_adults	whr	0.0050	0.0025
	Branched-chain amino acids		bf	0.0078	0.0050	0.0105
	Branched-chain amino acids		bmi	0.0110	0.0099	0.0120
	Branched-chain amino acids		adults	whr	0.0078	0.0067
	Branched-chain amino acids		bf	0.0080	0.0070	0.0090
	Aromatic amino acids		bmi	0.0011	0.0008	0.0014
Phenylalanine (mmol/l)	Aromatic amino acids	model3	whr	0.0015	0.0012	0.0018
	Aromatic amino acids		bf	0.0006	0.0003	0.0008
	Aromatic amino acids		bmi	0.0008	0.0005	0.0010
	Aromatic amino acids		bf	0.0007	0.0003	0.0010

Phenylalanine (mmol/l)	Aromatic amino acids		bmi	0.0013	0.0010	0.0015	0.0000	
Phenylalanine (mmol/l)	Aromatic amino acids	modell	young_adults	whr	0.0008	0.0005	0.0011	0.0000
Phenylalanine (mmol/l)	Aromatic amino acids			bf	0.0008	0.0005	0.0011	0.0000
Phenylalanine (mmol/l)	Aromatic amino acids			bmi	0.0015	0.0013	0.0017	0.0000
Phenylalanine (mmol/l)	Aromatic amino acids		adults	whr	0.0009	0.0007	0.0011	0.0000
Phenylalanine (mmol/l)	Aromatic amino acids			bf	0.0011	0.0009	0.0013	0.0000
Phenylalanine (mmol/l)	Aromatic amino acids			bmi	0.0012	0.0009	0.0015	0.0000
Phenylalanine (mmol/l)	Aromatic amino acids		children	whr	0.0015	0.0012	0.0018	0.0000
Phenylalanine (mmol/l)	Aromatic amino acids			bf	0.0005	0.0002	0.0008	0.0031
Phenylalanine (mmol/l)	Aromatic amino acids		adolescents	bmi	0.0007	0.0004	0.0010	0.0000
Phenylalanine (mmol/l)	Aromatic amino acids			bf	0.0006	0.0002	0.0009	0.0015
Phenylalanine (mmol/l)	Aromatic amino acids			bmi	0.0013	0.0010	0.0015	0.0000
Phenylalanine (mmol/l)	Aromatic amino acids	young_adults	whr	0.0008	0.0006	0.0011	0.0000	
Phenylalanine (mmol/l)	Aromatic amino acids			bf	0.0008	0.0005	0.0011	0.0000

model2

Phenylalanine (mmol/l)	Aromatic amino acids		bmi	0.0015	0.0013	0.0017	0.0000
Phenylalanine (mmol/l)	Aromatic amino acids	adults	whr	0.0008	0.0006	0.0010	0.0000
Phenylalanine (mmol/l)	Aromatic amino acids		bf	0.0011	0.0009	0.0013	0.0000
Phenylalanine (mmol/l)	Aromatic amino acids		bmi	0.0006	0.0001	0.0011	0.0207
Phenylalanine (mmol/l)	Aromatic amino acids	adolescents	bf	0.0006	0.0000	0.0012	0.0669
Phenylalanine (mmol/l)	Aromatic amino acids		bmi	0.0015	0.0009	0.0021	0.0000
Phenylalanine (mmol/l)	Aromatic amino acids		whr	0.0009	0.0003	0.0015	0.0058
Phenylalanine (mmol/l)	Aromatic amino acids	model3	bf	0.0007	0.0000	0.0014	0.0431
Phenylalanine (mmol/l)	Aromatic amino acids		bmi	0.0015	0.0013	0.0017	0.0000
Phenylalanine (mmol/l)	Aromatic amino acids		whr	0.0009	0.0007	0.0011	0.0000
Phenylalanine (mmol/l)	Aromatic amino acids		bf	0.0012	0.0009	0.0014	0.0000
Tyrosine (mmol/l)	Aromatic amino acids		bmi	0.0021	0.0015	0.0026	0.0000
Tyrosine (mmol/l)	Aromatic amino acids	children	whr	0.0018	0.0013	0.0024	0.0000
Tyrosine (mmol/l)	Aromatic amino acids		bf	0.0013	0.0008	0.0019	0.0000

Tyrosine (mmol/l)	Aromatic amino acids	model1	adolescents	bmi	0.0018	0.0013	0.0023	0.0000
Tyrosine (mmol/l)	Aromatic amino acids			bf	0.0019	0.0012	0.0025	0.0000
Tyrosine (mmol/l)	Aromatic amino acids			bmi	0.0028	0.0024	0.0032	0.0000
Tyrosine (mmol/l)	Aromatic amino acids		young_adults	whr	0.0022	0.0018	0.0026	0.0000
Tyrosine (mmol/l)	Aromatic amino acids			bf	0.0026	0.0022	0.0030	0.0000
Tyrosine (mmol/l)	Aromatic amino acids			bmi	0.0033	0.0030	0.0037	0.0000
Tyrosine (mmol/l)	Aromatic amino acids		adults	whr	0.0022	0.0018	0.0026	0.0000
Tyrosine (mmol/l)	Aromatic amino acids			bf	0.0025	0.0022	0.0029	0.0000
Tyrosine (mmol/l)	Aromatic amino acids			bmi	0.0021	0.0015	0.0027	0.0000
Tyrosine (mmol/l)	Aromatic amino acids		children	whr	0.0019	0.0013	0.0024	0.0000
Tyrosine (mmol/l)	Aromatic amino acids			bf	0.0011	0.0005	0.0017	0.0001
Tyrosine (mmol/l)	Aromatic amino acids			bmi	0.0020	0.0014	0.0025	0.0000
Tyrosine (mmol/l)	Aromatic amino acids		adolescents	bf	0.0019	0.0013	0.0026	0.0000
Tyrosine (mmol/l)	Aromatic amino acids			bmi	0.0030	0.0026	0.0034	0.0000

Tyrosine (mmol/l)	Aromatic amino acids	model2	young_adults	whr	0.0023	0.0019	0.0027	0.0000
Tyrosine (mmol/l)	Aromatic amino acids			bf	0.0028	0.0024	0.0032	0.0000
Tyrosine (mmol/l)	Aromatic amino acids			bmi	0.0034	0.0030	0.0038	0.0000
Tyrosine (mmol/l)	Aromatic amino acids			adults	whr	0.0022	0.0018	0.0026
Tyrosine (mmol/l)	Aromatic amino acids	adolescents	adolescents	bf	0.0026	0.0022	0.0030	0.0000
Tyrosine (mmol/l)	Aromatic amino acids			bmi	0.0012	0.0003	0.0022	0.0125
Tyrosine (mmol/l)	Aromatic amino acids			bf	0.0015	0.0002	0.0027	0.0218
Tyrosine (mmol/l)	Aromatic amino acids			bmi	0.0035	0.0026	0.0044	0.0000
Tyrosine (mmol/l)	Aromatic amino acids	model3	young_adults	whr	0.0020	0.0010	0.0029	0.0000
Tyrosine (mmol/l)	Aromatic amino acids			bf	0.0028	0.0018	0.0039	0.0000
Tyrosine (mmol/l)	Aromatic amino acids			bmi	0.0034	0.0030	0.0038	0.0000
Tyrosine (mmol/l)	Aromatic amino acids			adults	whr	0.0022	0.0018	0.0026
Tyrosine (mmol/l)	Aromatic amino acids		adults	bf	0.0026	0.0022	0.0030	0.0000
Alanine (mmol/l)	Amino acids			bmi	0.0016	-0.0005	0.0037	0.1362

Alanine (mmol/l)	Amino acids	model1	children	whr	0.0073	0.0052	0.0094	0.0000
Alanine (mmol/l)	Amino acids			bf	-0.0011	-0.0032	0.0010	0.2889
Alanine (mmol/l)	Amino acids			bmi	0.0032	0.0004	0.0059	0.0229
Alanine (mmol/l)	Amino acids		adolescents	bf	0.0013	-0.0022	0.0048	0.4754
Alanine (mmol/l)	Amino acids			bmi	0.0061	0.0038	0.0084	0.0000
Alanine (mmol/l)	Amino acids			whr	0.0042	0.0016	0.0068	0.0014
Alanine (mmol/l)	Amino acids			bf	0.0064	0.0038	0.0090	0.0000
Alanine (mmol/l)	Amino acids		adults	bmi	0.0133	0.0112	0.0153	0.0000
Alanine (mmol/l)	Amino acids			whr	0.0108	0.0088	0.0128	0.0000
Alanine (mmol/l)	Amino acids			bf	0.0105	0.0085	0.0124	0.0000
Alanine (mmol/l)	Amino acids			bmi	0.0020	-0.0004	0.0045	0.1029
Alanine (mmol/l)	Amino acids	children	children	whr	0.0074	0.0052	0.0095	0.0000
Alanine (mmol/l)	Amino acids			bf	-0.0015	-0.0038	0.0008	0.2061
Alanine (mmol/l)	Amino acids			bmi	0.0037	0.0008	0.0066	0.0114

			adolescents				
Alanine (mmol/l)	Amino acids			bf	0.0015	-0.0022	0.0051
				bmi	0.0070	0.0047	0.0093
				whr	0.0048	0.0022	0.0074
				bf	0.0075	0.0048	0.0101
				bmi	0.0133	0.0112	0.0154
			model2	whr	0.0109	0.0088	0.0129
				bf	0.0104	0.0084	0.0124
				bmi	0.0019	-0.0031	0.0069
				bf	0.0008	-0.0057	0.0072
Alanine (mmol/l)	Amino acids			bmi	0.0063	0.0007	0.0119
				whr	0.0010	-0.0045	0.0066
				bf	0.0072	0.0011	0.0134
				bmi	0.0136	0.0113	0.0159
				whr	0.0112	0.0090	0.0134
							0.0000

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		adults						
		bf	0.0108	0.0086	0.0131	0.0000		
Alanine (mmol/l)	Amino acids							
	Glutamine (mmol/l)	Amino acids	bmi	-0.0033	-0.0052	-0.0014	0.0007	
	Glutamine (mmol/l)	Amino acids	children	whr	0.0022	0.0003	0.0041	0.0263
	Glutamine (mmol/l)	Amino acids		bf	-0.0053	-0.0071	-0.0034	0.0000
	Glutamine (mmol/l)	Amino acids	adolescents	bmi	-0.0072	-0.0103	-0.0041	0.0000
	Glutamine (mmol/l)	Amino acids		bf	-0.0089	-0.0128	-0.0049	0.0000
	Glutamine (mmol/l)	Amino acids		bmi	-0.0072	-0.0101	-0.0043	0.0000
	Glutamine (mmol/l)	Amino acids		whr	-0.0058	-0.0091	-0.0025	0.0005
Glutamine (mmol/l)	Amino acids	modell	bf	-0.0113	-0.0146	-0.0080	0.0000	
	Glutamine (mmol/l)	Amino acids	bmi	-0.0087	-0.0106	-0.0068	0.0000	
	Glutamine (mmol/l)	Amino acids	whr	-0.0079	-0.0098	-0.0060	0.0000	
	Glutamine (mmol/l)	Amino acids	bf	-0.0080	-0.0098	-0.0061	0.0000	
	Glutamine (mmol/l)	Amino acids	bmi	-0.0037	-0.0059	-0.0015	0.0008	
	Glutamine (mmol/l)	Amino acids	whr	0.0022	0.0003	0.0041	0.0264	

Glutamine (mmol/l)	Amino acids

		children						
		bf	-0.0060	-0.0081	-0.0040	0.0000		
model2	adolescents	bmi	-0.0072	-0.0104	-0.0039	0.0000		
		bf	-0.0086	-0.0127	-0.0045	0.0000		
young_adults		bmi	-0.0070	-0.0099	-0.0041	0.0000		
		whr	-0.0054	-0.0087	-0.0021	0.0013		
		bf	-0.0112	-0.0145	-0.0078	0.0000		
		bmi	-0.0093	-0.0112	-0.0074	0.0000		
		adults	whr	-0.0082	-0.0101	-0.0063	0.0000	
		bf	-0.0085	-0.0104	-0.0066	0.0000		
		bmi	-0.0077	-0.0133	-0.0021	0.0070		
		bf	-0.0077	-0.0149	-0.0005	0.0358		
		bmi	-0.0046	-0.0117	0.0026	0.2088		
		young_adults	whr	-0.0074	-0.0145	-0.0003	0.0413	
		bf	-0.0101	-0.0180	-0.0023	0.0118		

		model3								
Glutamine (mmol/l)		adults	bmi	-0.0092	-0.0113	-0.0071	0.0000			
Glutamine (mmol/l)			whr	-0.0079	-0.0099	-0.0058	0.0000			
Glutamine (mmol/l)			bf	-0.0086	-0.0106	-0.0066	0.0000			
Histidine (mmol/l)			bmi	0.0010	0.0006	0.0014	0.0000			
Histidine (mmol/l)		children	whr	0.0007	0.0003	0.0011	0.0006			
Histidine (mmol/l)			bf	0.0002	-0.0002	0.0006	0.3255			
Histidine (mmol/l)			bmi	0.0001	-0.0005	0.0007	0.6849			
Histidine (mmol/l)		adolescents	bf	0.0001	-0.0007	0.0009	0.7758			
Histidine (mmol/l)			bmi	-0.0002	-0.0005	0.0001	0.2562			
Histidine (mmol/l)			model1	young_adults	whr	0.0000	-0.0004	0.0004	0.9882	
Histidine (mmol/l)				bf	-0.0004	-0.0008	0.0000	0.0359		
Histidine (mmol/l)				bmi	-0.0009	-0.0013	-0.0005	0.0000		
Histidine (mmol/l)		adults	whr	-0.0003	-0.0006	0.0001	0.1743			
Histidine (mmol/l)			bf	-0.0007	-0.0011	-0.0004	0.0001			

Histidine (mmol/l)	Amino acids		bmi	0.0010	0.0005	0.0015	0.0000
Histidine (mmol/l)	Amino acids	children	whr	0.0007	0.0003	0.0011	0.0005
Histidine (mmol/l)	Amino acids		bf	0.0000	-0.0004	0.0005	0.9265
Histidine (mmol/l)	Amino acids		bmi	0.0001	-0.0005	0.0008	0.7437
Histidine (mmol/l)	Amino acids	adolescents	bf	0.0001	-0.0007	0.0009	0.8149
Histidine (mmol/l)	Amino acids		bmi	-0.0001	-0.0004	0.0002	0.5357
Histidine (mmol/l)	Amino acids		whr	0.0001	-0.0003	0.0004	0.6825
Histidine (mmol/l)	Amino acids	model2	bf	-0.0003	-0.0007	0.0001	0.1148
Histidine (mmol/l)	Amino acids		bmi	-0.0008	-0.0012	-0.0004	0.0000
Histidine (mmol/l)	Amino acids		whr	-0.0002	-0.0006	0.0002	0.3159
Histidine (mmol/l)	Amino acids	adults	bf	-0.0007	-0.0010	-0.0003	0.0007
Histidine (mmol/l)	Amino acids		bmi	0.0003	-0.0009	0.0015	0.6480
Histidine (mmol/l)	Amino acids		bf	0.0006	-0.0009	0.0022	0.4164
Histidine (mmol/l)	Amino acids		bmi	0.0003	-0.0005	0.0012	0.4404

Histidine (mmol/l)	Amino acids	model3	young_adults	whr	0.0002	-0.0006	0.0011	0.5957
Histidine (mmol/l)	Amino acids			bf	-0.0002	-0.0012	0.0008	0.6755
Histidine (mmol/l)	Amino acids		bmi	-0.0006	-0.0010	-0.0002	0.0032	
Histidine (mmol/l)	Amino acids		adults	whr	-0.0001	-0.0006	0.0003	0.4868
Histidine (mmol/l)	Amino acids			bf	-0.0006	-0.0010	-0.0002	0.0064

2592 **A.4.3 Correlations**

2593 Due to the large number of tests performed, concordance between models, expo-
2594 sures, and age groups were investigated using Spearman's correlations.

```
[1] "Correlations across models within exposures and age groups"  
  
[1] "Children BMI"  
  
      model1     model2  
model1 1.0000000 0.9552825  
model2 0.9552825 1.0000000  
  
[1] "Children WHR"  
  
      model1     model2  
model1 1.000000 0.999278  
model2 0.999278 1.000000  
  
[1] "Children BF"  
  
      model1     model2  
model1 1.0000000 0.9407415  
model2 0.9407415 1.0000000  
  
[1] "Adolescents BMI"
```

```
        model1      model2      model3
model1 1.0000000 0.9795601 0.9521372
model2 0.9795601 1.0000000 0.9741246
model3 0.9521372 0.9741246 1.0000000
```

```
[1] "Adolescents BF"
```

```
        model1      model2      model3
model1 1.0000000 0.9571041 0.9459728
model2 0.9571041 1.0000000 0.9418077
model3 0.9459728 0.9418077 1.0000000
```

```
[1] "Young adults BMI"
```

```
        model1      model2      model3
model1 1.0000000 0.9918482 0.8245953
model2 0.9918482 1.0000000 0.8143402
model3 0.8245953 0.8143402 1.0000000
```

```
[1] "Young adults WHR"
```

```
        model1      model2      model3
model1 1.0000000 0.9992526 0.9606961
model2 0.9992526 1.0000000 0.9594533
model3 0.9606961 0.9594533 1.0000000
```

```
[1] "Young adults BF"

      model1     model2     model3
model1 1.0000000 0.9923692 0.8796946
model2 0.9923692 1.0000000 0.8642943
model3 0.8796946 0.8642943 1.0000000
```

```
[1] "Adults BMI"

      model1     model2     model3
model1 1.0000000 0.9760175 0.9650574
model2 0.9760175 1.0000000 0.9947999
model3 0.9650574 0.9947999 1.0000000
```

```
[1] "Adults WHR"

      model1     model2     model3
model1 1.0000000 0.9982737 0.9517970
model2 0.9982737 1.0000000 0.9554885
model3 0.9517970 0.9554885 1.0000000
```

```
[1] "Adults BF"

      model1     model2     model3
model1 1.0000000 0.9945195 0.9771555
```

```
model2 0.9945195 1.0000000 0.9850295
model3 0.9771555 0.9850295 1.0000000
```

```
[1] "Correlations across exposures within age groups for model 2"
```

```
[1] "Children"
```

	bf	bmi	whr
bf	1.0000000	0.8914358	0.6066604
bmi	0.8914358	1.0000000	0.7711406
whr	0.6066604	0.7711406	1.0000000

```
[1] "Adolescents"
```

	bf	bmi
bf	1.0000000	0.9377422
bmi	0.9377422	1.0000000

```
[1] "Young adults"
```

	bf	bmi	whr
bf	1.0000000	0.9659641	0.8012407
bmi	0.9659641	1.0000000	0.8123532
whr	0.8012407	0.8123532	1.0000000

```
[1] "Adults"
```

	bf	bmi	whr
bf	1.0000000	0.9179145	0.9542118
bmi	0.9179145	1.0000000	0.9366665
whr	0.9542118	0.9366665	1.0000000

[1] "Correlations within exposures across age groups for model 2"

[1] "BMI"

	adolescents	adults	children	young_adults
adolescents	1.0000000	0.4808187	0.7695565	0.7356921
adults	0.4808187	1.0000000	0.5592282	0.6902187
children	0.7695565	0.5592282	1.0000000	0.7299576
young_adults	0.7356921	0.6902187	0.7299576	1.0000000

[1] "WHR"

	adults	children	young_adults
adults	1.0000000	0.5473523	0.7357566
children	0.5473523	1.0000000	0.5023414
young_adults	0.7357566	0.5023414	1.0000000

[1] "BF"

	adolescents	adults	children	young_adults
adolescents	1.0000000	0.5328382	0.8151367	0.6930515

adults	0.5328382	1.0000000	0.5135602	0.7160939
children	0.8151367	0.5135602	1.0000000	0.7088497
young_adults	0.6930515	0.7160939	0.7088497	1.0000000

2595 **A.4.4 Communications**

From: **Simon Wilkinson** simon.wilkinson@tanita.eu
Subject: Tanita TBF 305
Date: 8 April 2020 at 09:30
To: matthew.lee@bristol.ac.uk

Good morning Matt,

Apologies nobody has come back to you on this, like most places we are down to a skeleton staff at HQ in Amsterdam.

We have received communication from Tokyo HQ that unfortunately it is not possible to convert the impedance values only into a body fat percentage from a manual input, this would have required software to be utilised at the point of measurement.

If there is anything else I might be able to help with, just let me know.

--
Healthy regards

Simon Wilkinson
Technical Rep Fitness & Sport

TANITA

FIT STARTS WITHIN

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**STAY HOME.
STAY HEALTHY.**



www.tanita.eu

Figure A.1: Email communication with Tanita RE calculation of body fat percentage from raw impedance

2596 **A.4.5 Figures**

2597 **Forestplots**

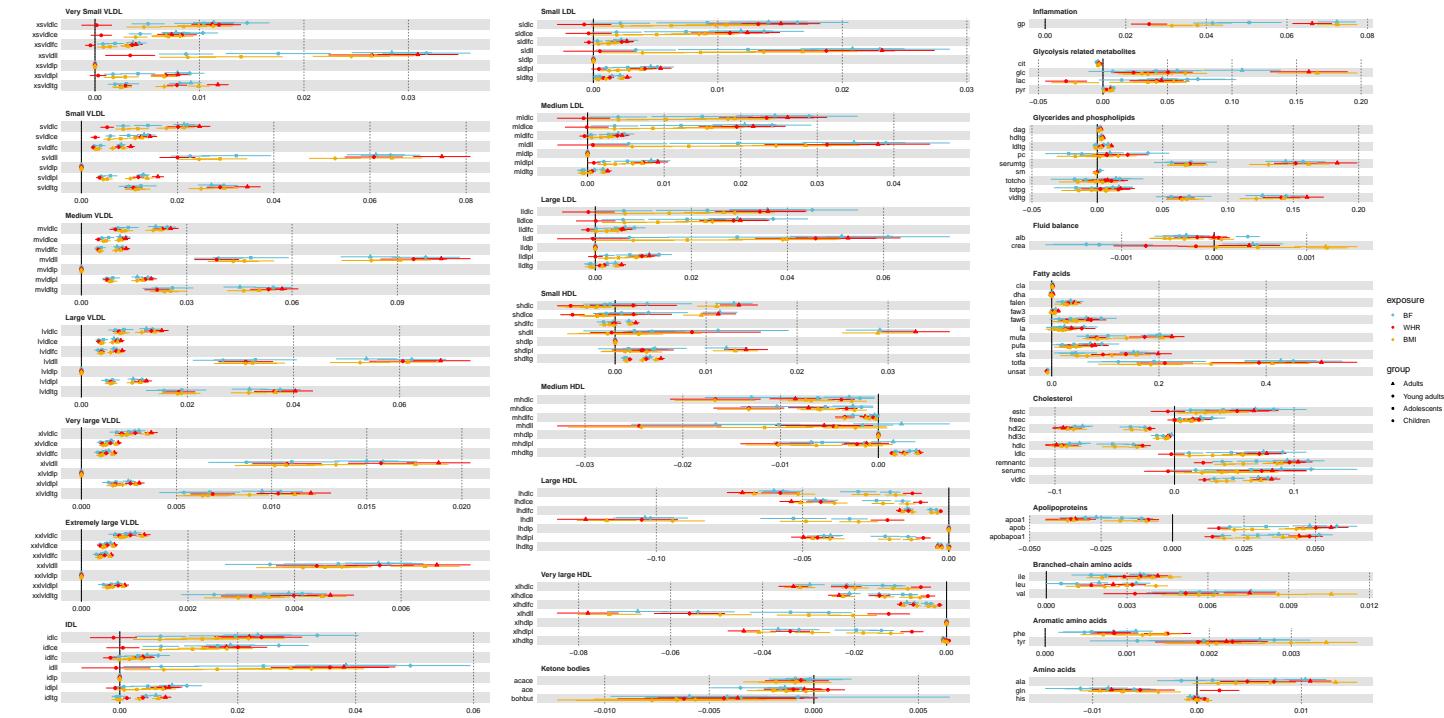


Figure A.2: Forestplot of effect estimates from a linear regression

2598 Figure A.2 shows effect estimates and 95% confidence intervals from model 2 for all exposures and age groups. Effect estimates are
 2599 per-standard deviation increase in metabolite per-standard deviation increase in exposure.

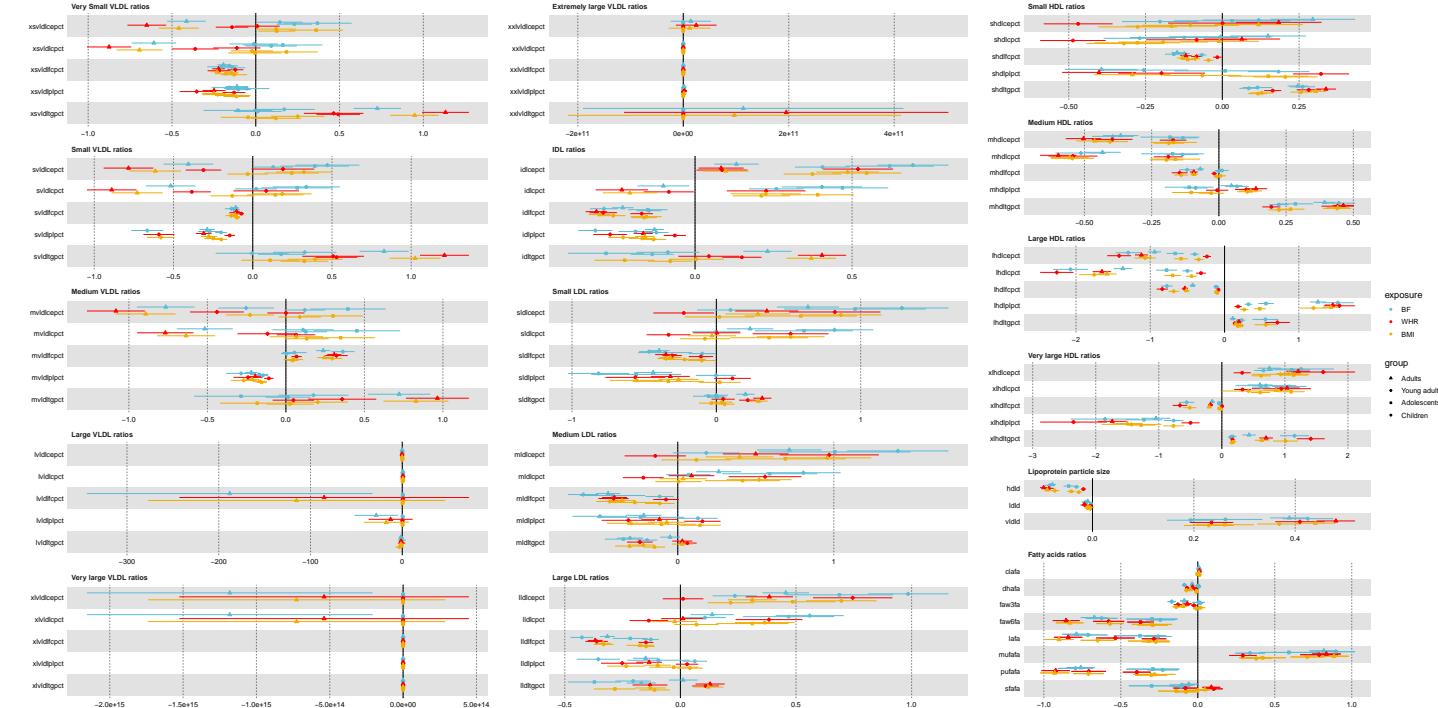


Figure A.3: Forestplot of effect estimates from a linear regression, derived metabolites

2600 *Figure A.3 shows effect estimates and 95% confidence intervals from model 2 for all exposures and age groups. Effect estimates are*

2601 *per-standard deviation increase in metabolite per-standard deviation increase in exposure.*

250

2602 Forestplots show the effect estimate and 95% confidence interval with multiple
2603 testing thresholds (solid points) set as the number of independent metabolites for
2604 each age group.

2605 **Circos plots**

2606 Circos plots show effect estimates and 95% confidence intervals with multiple test-
2607 ing thresholds (solid points) set as the number of independent metabolites for each
2608 age group (set as the lowest number of independent metabolites for combined age
2609 group plots).

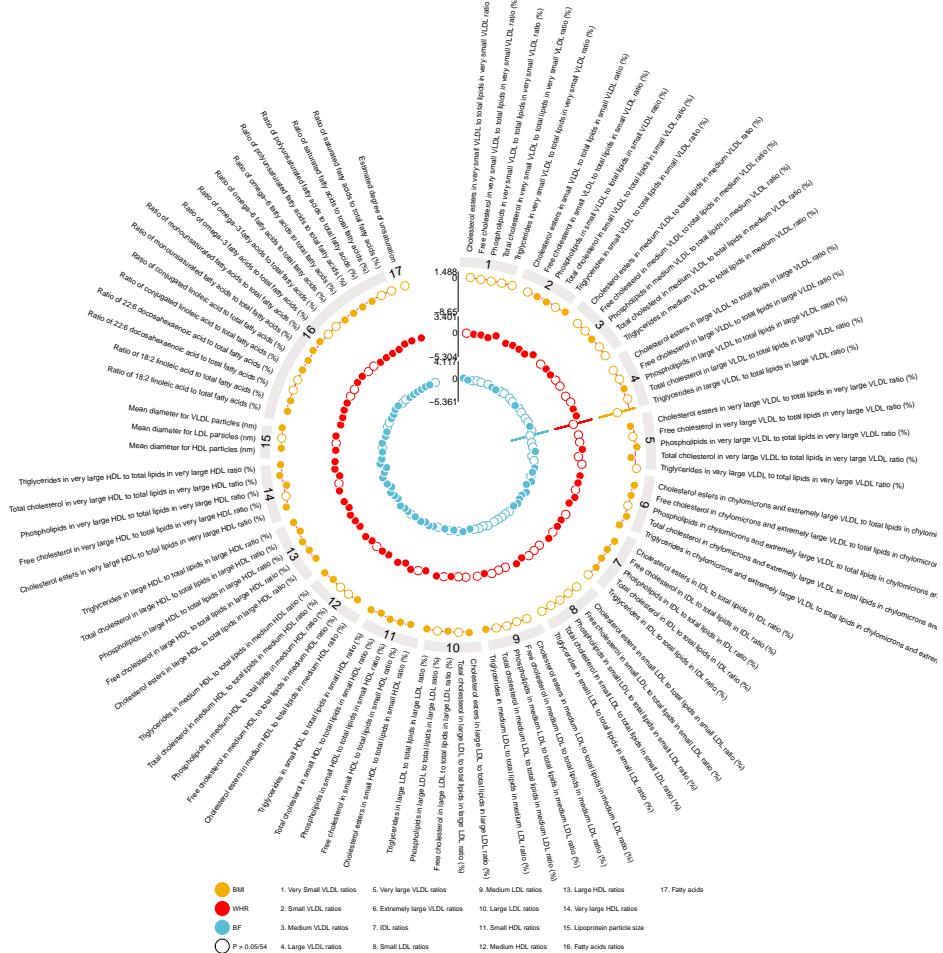


Figure A.4: Circos plot of effect estimates from a linear regression in ALSPAC children, supplementary metabolites

2610 **Comparison of metabolic profile across exposures for each age group** *Figure*
2611 *A.4 shows effect estimates and 95% confidence intervals from a linear regression. Each*
2612 *point represents a single result, with the metabolites labelled around the outside and each*
2613 *track representing an exposure; the outer track is BMI, the middle track is WHR, the inner*
2614 *track is BF. Solid points indicate a multiple testing threshold has been reached. BMI =*

²⁶¹⁵ *body mass index; WHR = waist hip ratio; FFM = fat free mass.*



Figure A.5: Circos plot of effect estimates from a linear regression in ALSPAC adolescents, supplementary metabolites

2616 *Figure A.5 shows effect estimates and 95% confidence intervals from a linear regression.*
 2617 *Each point represents a single result, with the metabolites labelled around the outside and*
 2618 *each track representing an exposure; the outer track is BMI, the middle track is BF. Solid*
 2619 *points indicate a multiple testing threshold has been reached. BMI = body mass index; BF*
 2620 *= body fat percentage.*

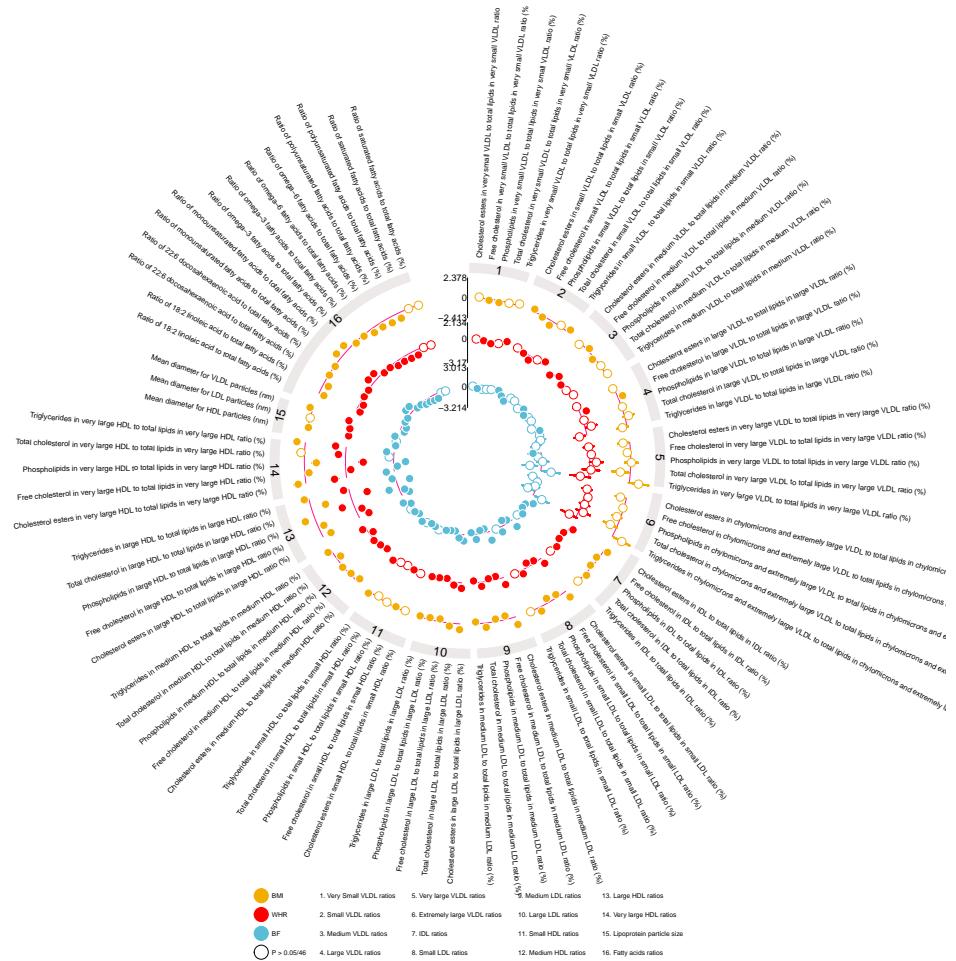


Figure A.6: Circos plot of effect estimates from a linear regression in ALSPAC young adults, supplementary metabolites

2621 *Figure A.6 shows effect estimates and 95% confidence intervals from a linear regression.*
2622 *Each point represents a single result, with the metabolites labelled around the outside and*
2623 *each track representing an exposure; the outer track is BMI, the middle track is WHR, the*
2624 *inner track is BF. Solid points indicate a multiple testing threshold has been reached. BMI*
2625 *= body mass index; WHR = waist hip ratio; BF = body fat percentage.*

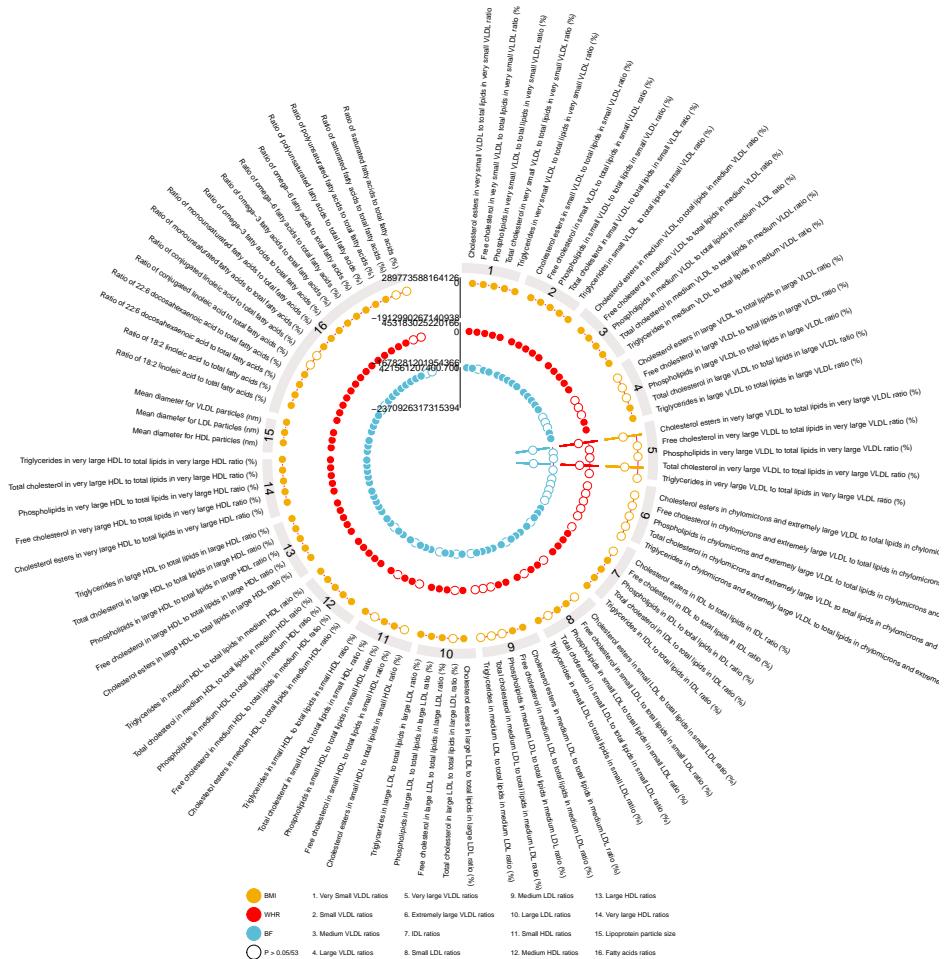


Figure A.7: Circos plot of effect estimates from a linear regression in ALSPAC adults, supplementary metabolites

2626 *Figure A.7 shows effect estiamtes and 95% confidence intervals from a linear regression.*
 2627 *Each point represents a single result, with the metabolites labelled around the outside and*
 2628 *each track representing an exposure; the outer track is BMI, the middle track is WHR, the*
 2629 *inner track is BF. Solid points indicate a multiple testing threshold has been reached. BMI*
 2630 *= body mass index; WHR = waist hip ratio; BF = body fat percentage.*

2631 **A.5 Chapter 5**

Table A.4: Metabolites from Kettunen et al (2016) used as outcomes in MR analysis

Abbreviation	Label	Class	subclass
ala	Alanine (mmol/l)	Amino acids	Amino acids
gln	Glutamine (mmol/l)	Amino acids	Amino acids
his	Histidine (mmol/l)	Amino acids	Amino acids
ile	Isoleucine (mmol/l)	Amino acids	Branched-chain amino acids
leu	Leucine (mmol/l)	Amino acids	Branched-chain amino acids
phe	Phenylalanine (mmol/l)	Amino acids	Aromatic amino acids
tyr	Tyrosine (mmol/l)	Amino acids	Aromatic amino acids
val	Valine (mmol/l)	Amino acids	Branched-chain amino acids
	Urea	Amino acids	Amino acids
apoal	Apolipoprotein A-I (g/l)	Apolipoproteins	Apolipoproteins
apob	Apolipoprotein B (g/l)	Apolipoproteins	Apolipoproteins

	estc	Esterified cholesterol	Cholesterol	Cholesterol
		(mmol/l)		
	freec	Free cholesterol (mmol/l)	Cholesterol	Cholesterol
	hdlc	Total cholesterol in HDL	Cholesterol	Cholesterol
		(mmol/l)		
	ldlc	Total cholesterol in LDL	Cholesterol	Cholesterol
		(mmol/l)		
	serumc	Serum total cholesterol	Cholesterol	Cholesterol
		(mmol/l)		
259	dha	22:6, docosahexaenoic acid	Fatty acids	Fatty acids
		(mmol/l)		
	falen	Estimated description of fatty acid chain length, not actual carbon number	Fatty acids	Fatty acids
	faw3	Omega-3 fatty acids	Fatty acids	Fatty acids
		(mmol/l)		
	faw6	Omega-6 fatty acids	Fatty acids	Fatty acids
		(mmol/l)		
	la	18:2, linoleic acid (mmol/l)	Fatty acids	Fatty acids

mufa	Monounsaturated fatty acids; 16:1, 18:1 (mmol/l)	Fatty acids	Fatty acids
totfa	Total fatty acids (mmol/l)	Fatty acids	Fatty acids
	Average number of double bonds in a fatty acid chain	Fatty acids	Fatty acids
	Average number of methylene groups in a fatty acid chain	Fatty acids	Fatty acids
	Omega-7, omega-9 and saturated fatty acids	Fatty acids	Fatty acids
	Other polyunsaturated fatty acids than 18:2	Fatty acids	Fatty acids
	Ratio of bisallylic groups to total fatty acids	Fatty acids	Fatty acids
alb	Albumin (signal area)	Fluid balance	Fluid balance
crea	Creatinine (mmol/l)	Fluid balance	Fluid balance
pc	Phosphatidylcholine and other cholines (mmol/l)	Glycerides and phospholipids	Glycerides and phospholipids

serumtg	Serum total triglycerides (mmol/l)	Glycerides and phospholipids	Glycerides and phospholipids
sm	Sphingomyelins (mmol/l)	Glycerides and phospholipids	Glycerides and phospholipids
totpg	Total phosphoglycerides (mmol/l)	Glycerides and phospholipids	Glycerides and phospholipids
cit	Citrate (mmol/l)	Glycolysis related metabolites	Glycolysis related metabolites
glc	Glucose (mmol/l)	Glycolysis related metabolites	Glycolysis related metabolites
glol	Glycerol (mmol/l)	Glycolysis related metabolites	Glycolysis related metabolites
lac	Lactate (mmol/l)	Glycolysis related metabolites	Glycolysis related metabolites
pyr	Pyruvate (mmol/l)	Glycolysis related metabolites	Glycolysis related metabolites
gp	Glycoprotein acetyls, mainly a1-acid glycoprotein (mmol/l)	Inflammation	Inflammation

acace	Acetoacetate (mmol/l)	Ketone bodies	Ketone bodies	
ace	Acetate (mmol/l)	Ketone bodies	Ketone bodies	
bohbut	3-hydroxybutyrate (mmol/l)	Ketone bodies	Ketone bodies	
hdld	Mean diameter for HDL particles (nm)	Lipoprotein particle size	Lipoprotein particle size	
ldld	Mean diameter for LDL particles (nm)	Lipoprotein particle size	Lipoprotein particle size	
vldld	Mean diameter for VLDL particles (nm)	Lipoprotein particle size	Lipoprotein particle size	
262	idlc	Total cholesterol in IDL (mmol/l)	Lipoprotein subclasses	IDL
	idlfc	Free cholesterol in IDL (mmol/l)	Lipoprotein subclasses	IDL
	idll	Total lipids in IDL (mmol/l)	Lipoprotein subclasses	IDL
	idlp	Concentration of IDL particles (mol/l)	Lipoprotein subclasses	IDL
	idlpl	Phospholipids in IDL (mmol/l)	Lipoprotein subclasses	IDL

	idlgt	Triglycerides in IDL (mmol/l)	Lipoprotein subclasses	IDL
	lhdlc	Total cholesterol in large HDL (mmol/l)	Lipoprotein subclasses	Large HDL
	lhdlce	Cholesterol esters in large HDL (mmol/l)	Lipoprotein subclasses	Large HDL
	lhdlfc	Free cholesterol in large HDL (mmol/l)	Lipoprotein subclasses	Large HDL
263	lhdl1	Total lipids in large HDL (mmol/l)	Lipoprotein subclasses	Large HDL
	lhdlp	Concentration of large HDL particles (mol/l)	Lipoprotein subclasses	Large HDL
	lhdlpl	Phospholipids in large HDL (mmol/l)	Lipoprotein subclasses	Large HDL
	lldlc	Total cholesterol in large LDL (mmol/l)	Lipoprotein subclasses	Large LDL
	lldlce	Cholesterol esters in large LDL (mmol/l)	Lipoprotein subclasses	Large LDL

lldlfc	Free cholesterol in large LDL (mmol/l)	Lipoprotein subclasses	Large LDL
lldll	Total lipids in large LDL (mmol/l)	Lipoprotein subclasses	Large LDL
lldlp	Concentration of large LDL particles (mol/l)	Lipoprotein subclasses	Large LDL
lldlpl	Phospholipids in large LDL (mmol/l)	Lipoprotein subclasses	Large LDL
lvldlc	Total cholesterol in large VLDL (mmol/l)	Lipoprotein subclasses	Large VLDL
lvldlce	Cholesterol esters in large VLDL (mmol/l)	Lipoprotein subclasses	Large VLDL
lvldlfc	Free cholesterol in large VLDL (mmol/l)	Lipoprotein subclasses	Large VLDL
lvldll	Total lipids in large VLDL (mmol/l)	Lipoprotein subclasses	Large VLDL
lvldlp	Concentration of large VLDL particles (mol/l)	Lipoprotein subclasses	Large VLDL

264

lvldlpl	Phospholipids in large VLDL (mmol/l)	Lipoprotein subclasses	Large VLDL
lvldltg	Triglycerides in large VLDL (mmol/l)	Lipoprotein subclasses	Large VLDL
mhdlc	Total cholesterol in medium HDL (mmol/l)	Lipoprotein subclasses	Medium HDL
mhdlcce	Cholesterol esters in medium HDL (mmol/l)	Lipoprotein subclasses	Medium HDL
mhdlfc	Free cholesterol in medium HDL (mmol/l)	Lipoprotein subclasses	Medium HDL
mhdll	Total lipids in medium HDL (mmol/l)	Lipoprotein subclasses	Medium HDL
mhdlp	Concentration of medium HDL particles (mol/l)	Lipoprotein subclasses	Medium HDL
mhdlpl	Phospholipids in medium HDL (mmol/l)	Lipoprotein subclasses	Medium HDL
mldlc	Total cholesterol in medium LDL (mmol/l)	Lipoprotein subclasses	Medium LDL

mldlce	Cholesterol esters in medium LDL (mmol/l)	Lipoprotein subclasses	Medium LDL
mldll	Total lipids in medium LDL (mmol/l)	Lipoprotein subclasses	Medium LDL
mldlp	Concentration of medium LDL particles (mol/l)	Lipoprotein subclasses	Medium LDL
mldlpl	Phospholipids in medium LDL (mmol/l)	Lipoprotein subclasses	Medium LDL
mvldlc	Total cholesterol in medium VLDL (mmol/l)	Lipoprotein subclasses	Medium VLDL
mvldlce	Cholesterol esters in medium VLDL (mmol/l)	Lipoprotein subclasses	Medium VLDL
mvldlfc	Free cholesterol in medium VLDL (mmol/l)	Lipoprotein subclasses	Medium VLDL
mvldll	Total lipids in medium VLDL (mmol/l)	Lipoprotein subclasses	Medium VLDL
mvldlp	Concentration of medium VLDL particles (mol/l)	Lipoprotein subclasses	Medium VLDL

mvldlpl	Phospholipids in medium VLDL (mmol/l)	Lipoprotein subclasses	Medium VLDL
mvldltg	Triglycerides in medium VLDL (mmol/l)	Lipoprotein subclasses	Medium VLDL
shdll	Total lipids in small HDL (mmol/l)	Lipoprotein subclasses	Small HDL
shdlp	Concentration of small HDL particles (mol/l)	Lipoprotein subclasses	Small HDL
shdltg	Triglycerides in small HDL (mmol/l)	Lipoprotein subclasses	Small HDL
sldlc	Total cholesterol in small LDL (mmol/l)	Lipoprotein subclasses	Small LDL
sldll	Total lipids in small LDL (mmol/l)	Lipoprotein subclasses	Small LDL
sldlp	Concentration of small LDL particles (mol/l)	Lipoprotein subclasses	Small LDL
svldlc	Total cholesterol in small VLDL (mmol/l)	Lipoprotein subclasses	Small VLDL

	svldlfc	Free cholesterol in small VLDL (mmol/l)	Lipoprotein subclasses	Small VLDL
	svldll	Total lipids in small VLDL (mmol/l)	Lipoprotein subclasses	Small VLDL
	svldlp	Concentration of small VLDL particles (mol/l)	Lipoprotein subclasses	Small VLDL
	svldlpl	Phospholipids in small VLDL (mmol/l)	Lipoprotein subclasses	Small VLDL
	svldltg	Triglycerides in small VLDL (mmol/l)	Lipoprotein subclasses	Small VLDL
268	xlhdlc	Total cholesterol in very large HDL (mmol/l)	Lipoprotein subclasses	Very large HDL
	xlhdle	Cholesterol esters in very large HDL (mmol/l)	Lipoprotein subclasses	Very large HDL
	xlhdlfc	Free cholesterol in very large HDL (mmol/l)	Lipoprotein subclasses	Very large HDL
	xlhdl	Total lipids in very large HDL (mmol/l)	Lipoprotein subclasses	Very large HDL

xlhdlp	Concentration of very large HDL particles (mol/l)	Lipoprotein subclasses	Very large HDL
xlhdlpl	Phospholipids in very large HDL (mmol/l)	Lipoprotein subclasses	Very large HDL
xlhdltg	Triglycerides in very large HDL (mmol/l)	Lipoprotein subclasses	Very large HDL
xlvldll	Total lipids in very large VLDL (mmol/l)	Lipoprotein subclasses	Very large VLDL
xlvldlp	Concentration of very large VLDL particles (mol/l)	Lipoprotein subclasses	Very large VLDL
xlvldlpl	Phospholipids in very large VLDL (mmol/l)	Lipoprotein subclasses	Very large VLDL
xlvldltg	Triglycerides in very large VLDL (mmol/l)	Lipoprotein subclasses	Very large VLDL
xsvldll	Total lipids in very small VLDL (mmol/l)	Lipoprotein subclasses	Very Small VLDL
xsvldlp	Concentration of very small VLDL particles (mol/l)	Lipoprotein subclasses	Very Small VLDL

xs vldlpl	Phospholipids in very small VLDL (mmol/l)	Lipoprotein subclasses	Very Small VLDL
xs vldltg	Triglycerides in very small VLDL (mmol/l)	Lipoprotein subclasses	Very Small VLDL
xx vldll	Total lipids in chylomicrons and extremely large VLDL (mmol/l)	Lipoprotein subclasses	Extremely large VLDL
xx vldlp	Concentration of chylomicrons and extremely large VLDL particles (mol/l)	Lipoprotein subclasses	Extremely large VLDL
xx vldlpl	Phospholipids in chylomicrons and extremely large VLDL (mmol/l)	Lipoprotein subclasses	Extremely large VLDL

xxlvldltg

Triglycerides in
chylomicrons and
extremely large VLDL
(mmol/l)

Lipoprotein subclasses

Extremely large VLDL

Average number of
methylene groups per
double bond
Ratio of bisallylic groups to
double bonds
Glycoproteins

Metabolites ratio
Metabolites ratio
Metabolites ratio
Protein

Metabolites ratio
Metabolites ratio
Protein

Table A.5: Genetic instrumental variables

	SNP	Chr	BP	EA	NEA	EAF	B	SE	P	Exp	Ref	Note	Clump
272	rs41279738	1	110082551	g	t	0.025	0.388	0.065	2.72e-09	BF	Hubel		No
	rs11205303	1	149906413	c	t	0.398	0.137	0.021	6.77e-11	BF	Hubel		No
	rs543874	1	177889480	g	a	0.205	0.252	0.026	8.26e-23	BF	Hubel		No
	rs2644109	1	201797535	c	t	0.669	-0.120	0.022	4.73e-08	BF	Hubel		No
	rs2820444	1	219741820	g	a	0.709	-0.140	0.023	6.66e-10	BF	Hubel		No
	rs12140153	1	62579891	g	t	0.909	0.214	0.036	3.35e-09	BF	Hubel		No
	rs11209948	1	72811904	g	t	0.394	-0.116	0.021	3.59e-08	BF	Hubel		No
	rs71658797	1	77967507	t	a	0.884	-0.179	0.032	2.17e-08	BF	Hubel		Yes
	rs159962	1	8490983	c	t	0.665	-0.119	0.022	4.47e-08	BF	Hubel		No
	rs1128249	2	165528624	g	t	0.606	-0.151	0.021	9.03e-13	BF	Hubel		No
	rs10930502	2	172890588	g	a	0.302	-0.134	0.023	2.81e-09	BF	Hubel		Yes
	rs7590658	2	205375133	g	a	0.078	0.251	0.040	4.12e-10	BF	Hubel		No
	rs2972138	2	227106217	g	a	0.654	-0.120	0.022	2.7e-08	BF	Hubel		No
	rs59086897	2	25145173	t	a	0.506	-0.193	0.021	1.33e-20	BF	Hubel		No

273	rs13410783	2	36789166	g	a	0.365	0.127	0.022	3.14e-09	BF	Hubel	No
	rs62104180	2	466003	g	a	0.952	0.350	0.047	1.17e-13	BF	Hubel	No
	rs6545714	2	59307725	g	a	0.394	0.144	0.021	1.09e-11	BF	Hubel	No
	rs4410328	2	69600683	c	t	0.589	0.117	0.021	2.58e-08	BF	Hubel	No
	rs11712037	3	12344730	g	c	0.116	0.270	0.032	2.44e-17	BF	Hubel	No
	rs1464419	3	153691260	c	a	0.328	-0.122	0.022	2.89e-08	BF	Hubel	No
	rs3749237	3	49770032	g	a	0.681	-0.135	0.022	9.86e-10	BF	Hubel	No
	rs9818550	3	61271329	g	t	0.286	-0.130	0.023	2.32e-08	BF	Hubel	No
	rs13107325	4	103188709	c	t	0.928	-0.266	0.040	1.77e-11	BF	Hubel	No
	rs2192527	4	18329824	g	a	0.471	0.134	0.021	9.68e-11	BF	Hubel	No
	rs13130484	4	45175691	c	t	0.572	-0.200	0.021	1.41e-21	BF	Hubel	No
	rs6847975	4	80812960	g	a	0.650	-0.137	0.022	2.55e-10	BF	Hubel	No
	rs2963469	5	158001309	t	a	0.357	-0.140	0.022	1.7e-10	BF	Hubel	No
	rs13163173	5	87943620	c	a	0.834	-0.186	0.028	5.72e-11	BF	Hubel	No
	rs1591805	6	126717064	g	a	0.501	-0.120	0.021	8.21e-09	BF	Hubel	No
	rs62396185	6	26180634	g	c	0.739	0.184	0.024	6.3e-15	BF	Hubel	No

274	rs1046080	6	31595882	c	a	0.276	-0.128	0.023	2.73e-08	BF	Hubel	Yes
	rs142550007	6	40267936	g	a	0.983	-0.445	0.081	3.6e-08	BF	Hubel	No
	rs4711961	6	50833084	g	a	0.831	-0.165	0.028	2.41e-09	BF	Hubel	No
	rs9320823	6	98429337	c	t	0.609	0.134	0.021	2.26e-10	BF	Hubel	No
	rs35682716	7	113021580	c	t	0.654	0.120	0.022	4.49e-08	BF	Hubel	No
	rs972283	7	130466854	g	a	0.522	-0.123	0.021	2.71e-09	BF	Hubel	No
	rs80206917	7	140159389	c	t	0.287	-0.125	0.023	3.89e-08	BF	Hubel	No
	rs848457	7	77602503	g	t	0.383	0.121	0.021	1.21e-08	BF	Hubel	No
	rs7845090	8	73449940	g	a	0.297	0.142	0.023	6.72e-10	BF	Hubel	No
	rs4744546	9	136924744	c	t	0.558	0.123	0.021	3.85e-09	BF	Hubel	No
	rs11515071	9	15855545	c	t	0.642	0.169	0.022	4.37e-15	BF	Hubel	No
	rs10968577	9	28415512	c	t	0.681	-0.131	0.022	2.76e-09	BF	Hubel	No
	rs10749233	10	118777998	g	c	0.256	0.137	0.024	2.08e-08	BF	Hubel	No
	rs12253527	10	21819824	g	a	0.679	-0.127	0.022	1.11e-08	BF	Hubel	No
	rs10999439	10	72386740	c	t	0.270	0.144	0.023	5.65e-10	BF	Hubel	No
	rs2274224	10	96039597	g	c	0.562	0.168	0.021	7.93e-16	BF	Hubel	No
	rs11223600	11	133718882	c	t	0.906	0.203	0.035	1.05e-08	BF	Hubel	No

275	rs61888762	11	27709630	g	c	0.316	0.155	0.022	2.66e-12	BF	Hubel	No
	rs10838137	11	43634973	c	a	0.666	-0.135	0.022	9.59e-10	BF	Hubel	No
	rs59360790	11	47669175	c	t	0.400	0.176	0.021	6.31e-17	BF	Hubel	No
	rs1426371	12	108629780	g	a	0.742	0.171	0.024	6.71e-13	BF	Hubel	No
	rs7133378	12	124409502	g	a	0.679	-0.163	0.022	2.95e-13	BF	Hubel	No
	rs7975788	12	90273927	g	t	0.264	0.132	0.023	1.39e-08	BF	Hubel	No
	rs1928496	13	31012904	c	t	0.256	-0.131	0.024	3.32e-08	BF	Hubel	No
	rs61969510	13	86484025	c	t	0.273	0.134	0.023	8.4e-09	BF	Hubel	No
	rs7339274	13	99120272	c	t	0.715	0.144	0.023	2.06e-10	BF	Hubel	No
	rs8021531	14	75737909	g	a	0.711	-0.127	0.023	2.85e-08	BF	Hubel	No
	rs55882426	14	94120712	c	t	0.498	-0.116	0.021	2.54e-08	BF	Hubel	No
	rs3751585	15	51741056	g	a	0.803	-0.143	0.026	3.11e-08	BF	Hubel	No
	rs28399271	15	67710011	g	a	0.735	0.155	0.024	4.58e-11	BF	Hubel	No
	rs8031704	15	84651185	c	a	0.669	-0.170	0.022	1.26e-14	BF	Hubel	No
	rs2411453	16	28632021	g	t	0.595	-0.190	0.021	2.59e-19	BF	Hubel	No
	rs879620	16	4015729	c	t	0.402	-0.135	0.021	2.03e-10	BF	Hubel	No
	rs1421085	16	53800954	c	t	0.394	0.319	0.021	1.03e-51	BF	Hubel	No

276	rs11866219	16	69549749	c	a	0.576	-0.137	0.021	1.34e-10	BF	Hubel	No
	rs2941318	16	9312782	g	a	0.579	0.114	0.021	4.74e-08	BF	Hubel	Yes
	rs9893756	17	42321109	c	t	0.698	-0.142	0.023	4.1e-10	BF	Hubel	No
	rs2080090	17	65828371	t	a	0.808	-0.164	0.027	6.17e-10	BF	Hubel	No
	rs1834144	18	40744790	c	a	0.624	0.120	0.022	2.55e-08	BF	Hubel	No
	rs663640	18	57846077	c	t	0.778	-0.176	0.025	2.1e-12	BF	Hubel	No
	rs11666808	19	18383506	c	t	0.630	-0.179	0.021	6.06e-17	BF	Hubel	No
	rs33823	19	34000725	c	t	0.360	-0.142	0.022	8.41e-11	BF	Hubel	No
	rs1800437	19	46181392	g	c	0.808	0.151	0.026	6.91e-09	BF	Hubel	No
	rs1538482	20	47705496	c	t	0.308	-0.139	0.022	6.3e-10	BF	Hubel	No
	rs7282639	21	46491155	g	c	0.322	0.121	0.022	4.81e-08	BF	Hubel	No
	rs4821764	22	38599364	g	a	0.422	0.151	0.021	6.43e-13	BF	Hubel	No
	rs6728726	2	613976	C	T	0.840	0.037	0.007	2.9e-08	BF	Lu	No
	rs693839	13	79856289	C	T	0.310	0.030	0.005	9.3e-09	BF	Lu	No
	rs1558902	16	52361075	A	T	0.410	0.051	0.005	1.1e-25	BF	Lu	No
	rs9906944	17	44446419	C	T	0.660	0.035	0.006	1.9e-08	BF	Lu	No

277	rs6857	19	50084094	C	T	0.830	0.053	0.009	6.8e-10	BF	Lu		No
	rs6738627	2	165252696	A	G	0.370	0.030	0.005	1.8e-08	BF	Lu	FA SNP	No
	rs2943650	2	226814165	C	T	0.370	0.037	0.006	3.6e-10	BF	Lu	FA SNP	No
	rs17024393	1	109956211	C	T	0.040	0.066	0.009	7.03e-14	BMI	Locke		No
	rs543874	1	176156103	G	A	0.193	0.048	0.004	2.62e-35	BMI	Locke		No
	rs2820292	1	200050910	C	A	0.555	0.020	0.003	1.83e-10	BMI	Locke		No
	rs657452	1	49362434	A	G	0.394	0.023	0.003	5.48e-13	BMI	Locke		No
	rs11583200	1	50332407	C	T	0.396	0.018	0.003	1.48e-08	BMI	Locke		Yes
	rs3101336	1	72523773	C	T	0.613	0.033	0.003	2.66e-26	BMI	Locke		No
	rs12566985	1	74774781	G	A	0.446	0.024	0.003	3.28e-15	BMI	Locke		Yes
	rs12401738	1	78219349	A	G	0.352	0.021	0.003	1.15e-10	BMI	Locke		No
	rs11165643	1	96696685	T	C	0.583	0.022	0.003	2.07e-12	BMI	Locke		No
	rs2121279	2	142759755	T	C	0.152	0.025	0.004	2.31e-08	BMI	Locke		No
	rs1528435	2	181259207	T	C	0.631	0.018	0.003	1.2e-08	BMI	Locke		No
	rs7599312	2	213121476	G	A	0.724	0.022	0.003	1.17e-10	BMI	Locke		No
	rs10182181	2	25003800	G	A	0.462	0.031	0.003	8.78e-24	BMI	Locke		No
	rs11126666	2	26782315	A	G	0.283	0.021	0.003	1.33e-09	BMI	Locke		Yes

	rs1016287	2	59159129	T	C	0.287	0.023	0.003	2.25e-11	BMI	Locke	No
	rs13021737	2	622348	G	A	0.828	0.060	0.004	1.11e-50	BMI	Locke	No
	rs11688816	2	62906552	G	A	0.525	0.017	0.003	1.89e-08	BMI	Locke	Yes
	rs16851483	3	142758126	T	G	0.066	0.048	0.008	3.55e-10	BMI	Locke	No
	rs1516725	3	187306698	C	T	0.872	0.045	0.005	1.89e-22	BMI	Locke	No
	rs6804842	3	25081441	G	A	0.575	0.019	0.003	2.48e-09	BMI	Locke	No
	rs2365389	3	61211502	C	T	0.582	0.020	0.003	1.63e-10	BMI	Locke	No
	rs3849570	3	81874802	A	C	0.359	0.019	0.003	2.6e-08	BMI	Locke	No
278	rs13078960	3	85890280	G	T	0.196	0.030	0.004	1.74e-14	BMI	Locke	No
	rs13107325	4	103407732	T	C	0.072	0.048	0.007	1.83e-12	BMI	Locke	No
	rs11727676	4	145878514	T	C	0.910	0.036	0.006	2.55e-08	BMI	Locke	No
	rs10938397	4	44877284	G	A	0.434	0.040	0.003	3.21e-38	BMI	Locke	No
	rs17001654	4	77348592	G	C	0.153	0.031	0.005	7.76e-09	BMI	Locke	No
	rs2112347	5	75050998	T	G	0.629	0.026	0.003	6.19e-17	BMI	Locke	No
	rs9400239	6	109084356	C	T	0.688	0.019	0.003	1.61e-08	BMI	Locke	No
	rs13191362	6	162953340	A	G	0.879	0.028	0.005	7.34e-09	BMI	Locke	No
	rs205262	6	34671142	G	A	0.273	0.022	0.004	1.75e-10	BMI	Locke	No

279	rs2033529	6	40456631	G	A	0.293	0.019	0.003	1.39e-08	BMI	Locke	Yes
	rs2207139	6	50953449	G	A	0.177	0.045	0.004	4.13e-29	BMI	Locke	No
	rs1167827	7	75001105	G	A	0.553	0.020	0.003	6.33e-10	BMI	Locke	No
	rs2245368	7	76446079	C	T	0.180	0.032	0.006	3.19e-08	BMI	Locke	No
	rs17405819	8	76969139	T	C	0.700	0.022	0.003	2.07e-11	BMI	Locke	No
	rs2033732	8	85242264	C	T	0.747	0.019	0.004	4.89e-08	BMI	Locke	No
	rs6477694	9	110972163	C	T	0.365	0.017	0.003	2.67e-08	BMI	Locke	No
	rs1928295	9	119418304	T	C	0.548	0.019	0.003	7.91e-10	BMI	Locke	No
	rs10733682	9	128500735	A	G	0.478	0.017	0.003	1.83e-08	BMI	Locke	No
	rs4740619	9	15624326	T	C	0.542	0.018	0.003	4.56e-09	BMI	Locke	No
	rs10968576	9	28404339	G	A	0.320	0.025	0.003	6.61e-14	BMI	Locke	No
	rs17094222	10	102385430	C	T	0.211	0.025	0.004	5.94e-11	BMI	Locke	No
	rs11191560	10	104859028	C	T	0.089	0.031	0.005	8.45e-09	BMI	Locke	Yes
	rs7903146	10	114748339	C	T	0.713	0.023	0.003	1.11e-11	BMI	Locke	No
	rs7899106	10	87400884	G	A	0.052	0.040	0.007	2.96e-08	BMI	Locke	No
	rs12286929	11	114527614	G	A	0.523	0.022	0.003	1.31e-12	BMI	Locke	No

280	rs11030104	11	27641093	A	G	0.792	0.041	0.004	5.56e-28	BMI	Locke	No
	rs2176598	11	43820854	T	C	0.251	0.020	0.004	2.97e-08	BMI	Locke	No
	rs3817334	11	47607569	T	C	0.407	0.026	0.003	5.15e-17	BMI	Locke	No
	rs4256980	11	8630515	G	C	0.646	0.021	0.003	2.9e-11	BMI	Locke	No
	rs11057405	12	121347850	G	A	0.901	0.031	0.006	2.02e-08	BMI	Locke	No
	rs7138803	12	48533735	A	G	0.384	0.032	0.003	8.15e-24	BMI	Locke	No
	rs12016871	13	26915782	T	C	0.203	0.030	0.005	2.29e-10	BMI	Locke	Yes
	rs12429545	13	53000207	A	G	0.133	0.033	0.005	1.09e-12	BMI	Locke	No
	rs10132280	14	24998019	C	A	0.682	0.023	0.003	1.14e-11	BMI	Locke	No
	rs12885454	14	28806589	C	A	0.642	0.021	0.003	1.94e-10	BMI	Locke	Yes
	rs11847697	14	29584863	T	C	0.042	0.049	0.008	3.99e-09	BMI	Locke	Yes
	rs7141420	14	78969207	T	C	0.527	0.024	0.003	1.23e-14	BMI	Locke	No
	rs3736485	15	49535902	A	G	0.454	0.018	0.003	7.41e-09	BMI	Locke	No
	rs16951275	15	65864222	T	C	0.784	0.031	0.004	1.91e-17	BMI	Locke	No
	rs12446632	16	19842890	G	A	0.865	0.040	0.005	1.48e-18	BMI	Locke	No
	rs2650492	16	28240912	A	G	0.303	0.021	0.004	1.92e-09	BMI	Locke	No
	rs3888190	16	28796987	A	C	0.403	0.031	0.003	3.14e-23	BMI	Locke	Yes

281	rs9925964	16	31037396	A	G	0.620	0.019	0.003	8.11e-10	BMI	Locke	Yes	
	rs758747	16	3567359	T	C	0.265	0.023	0.004	7.47e-10	BMI	Locke	No	
	rs1558902	16	52361075	A	T	0.415	0.082	0.003	7.51e-153	BMI	Locke	No	
	rs1000940	17	5223976	G	A	0.320	0.019	0.003	1.28e-08	BMI	Locke	No	
	rs12940622	17	76230166	G	A	0.575	0.018	0.003	2.49e-09	BMI	Locke	No	
	rs1808579	18	19358886	C	T	0.534	0.017	0.003	4.17e-08	BMI	Locke	No	
	rs7243357	18	55034299	T	G	0.812	0.022	0.004	3.86e-08	BMI	Locke	No	
	rs6567160	18	55980115	C	T	0.236	0.056	0.004	3.93e-53	BMI	Locke	Yes	
	rs17724992	19	18315825	A	G	0.746	0.019	0.004	3.42e-08	BMI	Locke	No	
	rs29941	19	39001372	G	A	0.669	0.018	0.003	2.41e-08	BMI	Locke	No	
	rs2075650	19	50087459	A	G	0.848	0.026	0.005	1.25e-08	BMI	Locke	No	
	rs2287019	19	50894012	C	T	0.804	0.036	0.004	4.59e-18	BMI	Locke	Yes	
	rs3810291	19	52260843	A	G	0.666	0.028	0.004	4.81e-15	BMI	Locke	Yes	
	rs1158103	1	101024370	A	G	0.556	-0.010	0.002	6.73011e-09	BMI	Yengo	COJO	Yes
	rs1730859	1	107617707	A	G	0.658	-0.011	0.002	6.37045e-11	BMI	Yengo	COJO	No
	rs12035149	1	107885018	C	G	0.777	-0.016	0.002	7.39364e-14	BMI	Yengo	COJO	Yes
	rs17531363	1	107977075	A	C	0.697	0.013	0.002	1.81415e-10	BMI	Yengo	COJO	Yes

282	rs7550711	1	110082886	T	C	0.031	0.064	0.005	2.38951e-35	BMI	Yengo	COJO	No
	rs3768486	1	110123971	A	G	0.824	-0.012	0.002	6.24605e-09	BMI	Yengo	COJO	Yes
	rs12033257	1	112318484	A	G	0.616	0.013	0.002	2.31124e-13	BMI	Yengo	COJO	Yes
	rs10779751	1	11284336	A	G	0.274	0.014	0.002	9.26946e-15	BMI	Yengo	COJO	Yes
	rs12731372	1	118852975	T	C	0.232	0.012	0.002	1.71405e-10	BMI	Yengo	COJO	Yes
	rs10923724	1	119546842	T	C	0.572	-0.011	0.002	1.13784e-12	BMI	Yengo	COJO	Yes
	rs6587552	1	151018861	A	G	0.241	0.015	0.002	6.46444e-13	BMI	Yengo	COJO	No
	rs905938	1	154991389	T	C	0.732	-0.016	0.002	1.86277e-15	BMI	Yengo	COJO	Yes
	rs11577179	1	155983710	A	G	0.372	-0.013	0.002	2.04004e-12	BMI	Yengo	COJO	Yes
	rs17448682	1	15966713	T	C	0.237	0.013	0.002	3.10028e-10	BMI	Yengo	COJO	Yes
	rs10733051	1	167280354	A	G	0.520	0.010	0.002	1.68951e-09	BMI	Yengo	COJO	No
	rs696606	1	16828640	A	G	0.524	0.012	0.002	1.55353e-10	BMI	Yengo	COJO	No
	rs12044597	1	1708801	A	G	0.497	-0.013	0.002	4.97046e-15	BMI	Yengo	COJO	No
	rs761423	1	17301672	T	C	0.550	0.012	0.002	6.90881e-13	BMI	Yengo	COJO	No
	rs912768	1	173473713	C	G	0.402	0.042	0.004	4.31118e-32	BMI	Yengo	COJO	Yes
	rs12039524	1	173549827	A	G	0.175	-0.049	0.005	3.62648e-26	BMI	Yengo	COJO	Yes

283	rs11803119	1	174002465	A	T	0.018	0.059	0.009	7.67801e-11	BMI	Yengo	COJO	No
	rs6681627	1	174126742	A	C	0.152	-0.057	0.005	1.69514e-27	BMI	Yengo	COJO	Yes
	rs12564992	1	174478100	A	G	0.886	-0.038	0.004	4.51994e-26	BMI	Yengo	COJO	Yes
	rs6700816	1	174883994	A	T	0.968	0.033	0.005	2.4252e-10	BMI	Yengo	COJO	No
	rs11590474	1	174972588	T	C	0.792	-0.036	0.004	8.69777e-23	BMI	Yengo	COJO	Yes
	rs17302346	1	174983543	T	C	0.976	-0.041	0.007	4.17082e-09	BMI	Yengo	COJO	Yes
	rs543874	1	177889480	A	G	0.805	-0.047	0.002	2.86043e-116	BMI	Yengo	COJO	Yes
	rs10920678	1	190239907	A	G	0.429	0.016	0.002	1.35149e-19	BMI	Yengo	COJO	No
	rs12041258	1	195047936	T	C	0.771	0.015	0.002	1.78277e-12	BMI	Yengo	COJO	No
	rs3762396	1	19510394	A	G	0.385	0.011	0.002	8.56253e-09	BMI	Yengo	COJO	Yes
	rs10754210	1	197012111	A	G	0.311	-0.012	0.002	5.43686e-12	BMI	Yengo	COJO	Yes
	rs2820311	1	201841476	A	G	0.663	-0.018	0.002	1.03187e-15	BMI	Yengo	COJO	No
	rs9077	1	202116238	A	G	0.330	-0.016	0.002	2.79645e-14	BMI	Yengo	COJO	Yes
	rs823074	1	205774839	T	C	0.588	0.012	0.002	4.55219e-12	BMI	Yengo	COJO	No
	rs17014375	1	209543560	T	G	0.865	-0.016	0.003	1.17921e-10	BMI	Yengo	COJO	Yes
	rs11118308	1	219633869	A	G	0.530	0.010	0.002	3.34527e-10	BMI	Yengo	COJO	No
	rs10915840	1	225668524	A	G	0.283	-0.013	0.002	1.07384e-10	BMI	Yengo	COJO	No

284	rs967605	1	23399932	T	C	0.833	-0.017	0.002	3.67663e-13	BMI	Yengo	COJO	Yes
	rs2491864	1	242986063	A	G	0.215	0.013	0.002	3.45974e-10	BMI	Yengo	COJO	No
	rs12042959	1	243533273	A	G	0.850	0.018	0.002	1.15518e-13	BMI	Yengo	COJO	No
	rs3753549	1	243722892	T	C	0.856	-0.023	0.003	6.93267e-19	BMI	Yengo	COJO	Yes
	rs7535528	1	2444414	A	G	0.374	-0.015	0.002	6.52211e-16	BMI	Yengo	COJO	No
	rs785278	1	33307987	A	T	0.177	-0.015	0.002	1.70527e-10	BMI	Yengo	COJO	No
	rs4653017	1	33776728	T	C	0.682	0.011	0.002	3.23466e-09	BMI	Yengo	COJO	Yes
	rs9426003	1	34602870	A	G	0.295	-0.011	0.002	3.96435e-09	BMI	Yengo	COJO	No
	rs11583122	1	38053458	T	C	0.079	0.017	0.003	9.13865e-09	BMI	Yengo	COJO	Yes
	rs2282231	1	39569571	T	C	0.225	0.013	0.002	3.81569e-10	BMI	Yengo	COJO	Yes
	rs346722	1	45620134	T	C	0.115	0.025	0.004	6.975e-11	BMI	Yengo	COJO	No
	rs946526	1	46487168	T	C	0.043	-0.032	0.005	6.86037e-12	BMI	Yengo	COJO	Yes
	rs2275426	1	46487552	A	G	0.434	0.016	0.002	1.57379e-15	BMI	Yengo	COJO	Yes
	rs6700838	1	47700027	T	C	0.596	-0.019	0.002	1.65645e-25	BMI	Yengo	COJO	Yes
	rs7531656	1	49828663	A	G	0.325	0.019	0.002	2.39351e-28	BMI	Yengo	COJO	No
	rs2356865	1	50836334	T	C	0.295	-0.012	0.002	6.45053e-10	BMI	Yengo	COJO	Yes
	rs2481665	1	62594677	T	C	0.559	0.015	0.002	4.15622e-20	BMI	Yengo	COJO	No

285	rs11208662	1	65987164	C	G	0.088	0.021	0.003	1.14484e-11	BMI	Yengo	COJO	Yes
	rs6577584	1	6715390	T	G	0.654	-0.012	0.002	5.02794e-11	BMI	Yengo	COJO	No
	rs7531118	1	72837239	T	C	0.460	-0.022	0.002	5.13402e-35	BMI	Yengo	COJO	No
	rs2590942	1	72885281	T	G	0.816	0.021	0.002	7.885e-21	BMI	Yengo	COJO	Yes
	rs12042908	1	74997762	A	G	0.436	0.017	0.002	3.0995e-25	BMI	Yengo	COJO	Yes
	rs12035349	1	77557339	A	G	0.870	-0.020	0.003	2.57251e-12	BMI	Yengo	COJO	Yes
	rs17391694	1	78623626	T	C	0.119	0.029	0.003	4.68845e-29	BMI	Yengo	COJO	Yes
	rs2154297	1	80791708	T	C	0.712	-0.011	0.002	5.9483e-09	BMI	Yengo	COJO	Yes
	rs284227	1	82379446	T	C	0.745	-0.015	0.002	1.32264e-15	BMI	Yengo	COJO	No
	rs7556169	1	8741401	A	G	0.386	-0.012	0.002	5.83387e-11	BMI	Yengo	COJO	Yes
	rs6690764	1	92976590	A	G	0.792	-0.015	0.002	2.56438e-12	BMI	Yengo	COJO	No
	rs1973993	1	96943994	T	C	0.410	-0.020	0.002	4.17264e-30	BMI	Yengo	COJO	Yes
	rs2030342	1	97388226	T	C	0.575	0.017	0.002	4.16517e-20	BMI	Yengo	COJO	No
	rs4372296	1	98320492	A	C	0.771	-0.019	0.002	5.47516e-19	BMI	Yengo	COJO	Yes
	rs4303732	2	100830040	T	C	0.603	0.014	0.002	7.99856e-14	BMI	Yengo	COJO	No
	rs12615778	2	102436738	A	G	0.694	0.013	0.002	2.69567e-10	BMI	Yengo	COJO	No

286	rs10203277	2	103496700	A	G	0.132	0.020	0.003	1.2606e-09	BMI	Yengo	COJO	Yes
	rs6711584	2	104421692	A	G	0.454	0.019	0.002	2.41674e-23	BMI	Yengo	COJO	Yes
	rs1451533	2	105466005	A	G	0.273	0.014	0.002	4.77242e-13	BMI	Yengo	COJO	Yes
	rs4676084	2	110010962	A	G	0.410	0.011	0.002	5.93234e-10	BMI	Yengo	COJO	Yes
	rs902695	2	113955074	A	G	0.480	-0.014	0.002	1.29157e-13	BMI	Yengo	COJO	No
	rs7607490	2	12851120	A	G	0.108	0.018	0.003	5.3537e-10	BMI	Yengo	COJO	No
	rs17551974	2	142293146	A	C	0.178	-0.013	0.002	8.89459e-09	BMI	Yengo	COJO	No
	rs2890652	2	142959931	T	C	0.824	-0.017	0.002	1.92328e-13	BMI	Yengo	COJO	Yes
	rs6710871	2	143960593	A	G	0.142	0.016	0.002	1.28741e-10	BMI	Yengo	COJO	No
	rs7560871	2	145616899	A	G	0.073	0.020	0.003	3.0275e-09	BMI	Yengo	COJO	Yes
	rs453520	2	147907202	T	C	0.583	-0.015	0.002	3.13197e-19	BMI	Yengo	COJO	Yes
	rs16828086	2	151198990	C	G	0.617	0.011	0.002	5.5293e-09	BMI	Yengo	COJO	Yes
	rs7600699	2	156018263	C	G	0.842	-0.014	0.002	5.41031e-09	BMI	Yengo	COJO	No
	rs6738445	2	172599615	T	C	0.284	-0.017	0.002	2.01785e-15	BMI	Yengo	COJO	No
	rs10930641	2	175000711	A	G	0.591	-0.016	0.002	4.52919e-17	BMI	Yengo	COJO	No
	rs9630985	2	181607676	A	C	0.324	-0.013	0.002	9.11766e-12	BMI	Yengo	COJO	Yes
	rs993954	2	188325474	T	G	0.572	0.012	0.002	3.65594e-09	BMI	Yengo	COJO	No

287	rs919433	2	198166565	A	G	0.359	0.014	0.002	1.36018e-11	BMI	Yengo	COJO	Yes
	rs10497807	2	198585087	C	G	0.520	-0.018	0.002	2.85849e-23	BMI	Yengo	COJO	No
	rs12991989	2	199169278	C	G	0.519	0.011	0.002	1.60445e-09	BMI	Yengo	COJO	Yes
	rs7564679	2	204012790	A	G	0.428	-0.012	0.002	3.91065e-13	BMI	Yengo	COJO	No
	rs12694021	2	206084372	A	C	0.448	0.010	0.002	3.86947e-09	BMI	Yengo	COJO	No
	rs972540	2	207244783	A	G	0.727	-0.012	0.002	1.36622e-10	BMI	Yengo	COJO	Yes
	rs17203016	2	208255518	A	G	0.804	-0.012	0.002	2.70838e-09	BMI	Yengo	COJO	Yes
	rs4673553	2	211608379	T	G	0.544	-0.013	0.002	5.83087e-14	BMI	Yengo	COJO	No
	rs1437929	2	211983316	A	G	0.288	0.012	0.002	1.00417e-09	BMI	Yengo	COJO	Yes
	rs7599312	2	213413231	A	G	0.265	-0.018	0.002	1.20182e-19	BMI	Yengo	COJO	Yes
	rs7607369	2	219279097	A	G	0.439	0.011	0.002	7.68387e-12	BMI	Yengo	COJO	Yes
	rs11889536	2	220163543	A	G	0.851	0.019	0.002	8.91843e-14	BMI	Yengo	COJO	Yes
	rs12479233	2	228891702	A	T	0.487	-0.010	0.002	5.37657e-09	BMI	Yengo	COJO	No
	rs10211055	2	229016917	T	C	0.654	-0.014	0.002	1.11732e-14	BMI	Yengo	COJO	Yes
	rs6720868	2	230663576	T	C	0.329	0.014	0.002	8.60289e-15	BMI	Yengo	COJO	Yes
	rs10182181	2	25150296	A	G	0.525	-0.028	0.002	2.25727e-52	BMI	Yengo	COJO	No
	rs4372836	2	28973883	T	C	0.303	0.015	0.002	3.79944e-16	BMI	Yengo	COJO	Yes

288	rs6548221	2	295255	A	G	0.225	0.015	0.002	3.58192e-14	BMI	Yengo	COJO	No
	rs17327461	2	35512183	T	C	0.450	0.012	0.002	2.64188e-13	BMI	Yengo	COJO	No
	rs4670626	2	37046657	T	C	0.357	-0.012	0.002	6.59668e-11	BMI	Yengo	COJO	No
	rs6713781	2	40291940	C	G	0.414	-0.011	0.002	9.01419e-09	BMI	Yengo	COJO	Yes
	rs4639527	2	416815	A	G	0.699	-0.016	0.002	3.74363e-15	BMI	Yengo	COJO	Yes
	rs17035438	2	46878616	A	G	0.094	0.019	0.003	1.56414e-09	BMI	Yengo	COJO	No
	rs2724861	2	471514	A	G	0.564	-0.015	0.002	1.67394e-13	BMI	Yengo	COJO	Yes
	rs7561278	2	48954905	T	C	0.786	0.016	0.002	5.87265e-14	BMI	Yengo	COJO	No
	rs930295	2	50233352	A	C	0.158	0.017	0.002	5.46874e-12	BMI	Yengo	COJO	Yes
	rs7598402	2	50735943	C	G	0.510	0.015	0.002	2.95407e-15	BMI	Yengo	COJO	No
	rs2194385	2	50865334	A	C	0.479	0.010	0.002	4.47905e-09	BMI	Yengo	COJO	Yes
	rs968972	2	51171962	A	G	0.641	0.011	0.002	2.81091e-09	BMI	Yengo	COJO	Yes
	rs7425440	2	512490	T	C	0.194	0.021	0.003	3.86968e-17	BMI	Yengo	COJO	Yes
	rs2974255	2	516696	A	G	0.228	0.024	0.003	5.33271e-20	BMI	Yengo	COJO	No
	rs10168197	2	51834839	C	G	0.200	-0.014	0.002	1.23238e-10	BMI	Yengo	COJO	Yes
	rs7601895	2	55281901	C	G	0.704	0.017	0.002	4.12187e-16	BMI	Yengo	COJO	Yes

289	rs13432055	2	56603985	T	C	0.714	-0.013	0.002	2.46734e-13	BMI	Yengo	COJO	Yes
	rs3922853	2	5830599	A	C	0.173	0.014	0.002	8.96396e-10	BMI	Yengo	COJO	No
	rs6753170	2	58481863	T	C	0.373	0.014	0.002	9.48473e-11	BMI	Yengo	COJO	Yes
	rs929641	2	58792377	A	G	0.584	0.014	0.002	3.31245e-13	BMI	Yengo	COJO	Yes
	rs4671328	2	58935282	T	G	0.447	0.018	0.002	4.93169e-19	BMI	Yengo	COJO	No
	rs6545714	2	59307725	A	G	0.614	-0.020	0.002	6.68067e-31	BMI	Yengo	COJO	No
	rs4671358	2	60164634	A	T	0.596	0.015	0.002	9.07716e-14	BMI	Yengo	COJO	No
	rs980329	2	60285100	T	C	0.752	-0.017	0.002	3.83944e-16	BMI	Yengo	COJO	Yes
	rs4854326	2	603088	A	G	0.713	0.020	0.002	1.76908e-21	BMI	Yengo	COJO	Yes
	rs12713433	2	61307982	T	C	0.793	0.015	0.002	1.3977e-10	BMI	Yengo	COJO	Yes
	rs10929925	2	6155557	A	C	0.430	-0.011	0.002	7.76113e-10	BMI	Yengo	COJO	Yes
	rs10190332	2	61619267	T	G	0.613	0.013	0.002	1.09443e-09	BMI	Yengo	COJO	Yes
	rs13417156	2	62848319	T	C	0.564	-0.013	0.002	8.33453e-15	BMI	Yengo	COJO	Yes
	rs13021737	2	632348	A	G	0.168	-0.060	0.002	5.93123e-135	BMI	Yengo	COJO	Yes
	rs2902021	2	67825685	T	C	0.194	0.023	0.004	6.53027e-11	BMI	Yengo	COJO	Yes
	rs7607351	2	69562127	T	C	0.581	0.012	0.002	1.23705e-12	BMI	Yengo	COJO	No
	rs934515	2	79482643	A	G	0.118	0.018	0.003	7.45766e-11	BMI	Yengo	COJO	Yes

290	rs984902	2	81358877	A	T	0.884	0.019	0.003	5.05894e-11	BMI	Yengo	COJO	No
	rs1371108	2	81816251	A	C	0.325	0.016	0.002	1.02212e-16	BMI	Yengo	COJO	Yes
	rs7557796	2	86766153	T	C	0.348	0.018	0.002	1.65144e-21	BMI	Yengo	COJO	No
	rs1436343	3	104606130	A	G	0.408	-0.012	0.002	2.35265e-12	BMI	Yengo	COJO	No
	rs13321566	3	107342662	A	G	0.816	-0.015	0.002	3.09089e-11	BMI	Yengo	COJO	Yes
	rs7640424	3	107820063	T	C	0.297	-0.012	0.002	1.39641e-11	BMI	Yengo	COJO	No
	rs4273371	3	108119071	T	C	0.502	-0.011	0.002	2.23079e-11	BMI	Yengo	COJO	Yes
	rs17681451	3	114399296	A	G	0.084	-0.027	0.003	4.13092e-15	BMI	Yengo	COJO	No
	rs16823670	3	115071668	A	G	0.972	0.031	0.005	3.28303e-09	BMI	Yengo	COJO	Yes
	rs3772934	3	115417865	T	C	0.283	0.011	0.002	7.56795e-09	BMI	Yengo	COJO	No
	rs6804181	3	116937546	A	T	0.821	0.014	0.002	2.45937e-09	BMI	Yengo	COJO	Yes
	rs4624596	3	119571541	T	C	0.815	0.014	0.002	2.08846e-09	BMI	Yengo	COJO	No
	rs2124499	3	123093541	C	G	0.372	-0.013	0.002	1.30814e-13	BMI	Yengo	COJO	Yes
	rs1899951	3	12394840	T	C	0.131	0.015	0.002	3.57934e-10	BMI	Yengo	COJO	No
	rs1909586	3	124687767	T	G	0.598	-0.011	0.002	9.79232e-10	BMI	Yengo	COJO	Yes
	rs9809534	3	125189782	C	G	0.877	0.016	0.003	3.62397e-10	BMI	Yengo	COJO	Yes
	rs1320903	3	131758077	A	G	0.317	0.016	0.002	4.75739e-13	BMI	Yengo	COJO	No

291	rs580438	3	13345450	T	C	0.332	0.012	0.002	5.72335e-11	BMI	Yengo	COJO	Yes
	rs10935143	3	134665159	A	G	0.454	-0.010	0.002	4.70963e-09	BMI	Yengo	COJO	No
	rs9289499	3	135484734	T	C	0.896	0.026	0.003	1.12391e-14	BMI	Yengo	COJO	No
	rs1014312	3	135621417	C	G	0.564	-0.023	0.002	2.91154e-21	BMI	Yengo	COJO	Yes
	rs6786582	3	135898984	T	C	0.726	-0.070	0.004	1.81116e-57	BMI	Yengo	COJO	Yes
	rs17199978	3	136056184	A	G	0.903	0.022	0.003	3.07136e-11	BMI	Yengo	COJO	Yes
	rs181732	3	136744386	T	G	0.420	-0.030	0.003	1.0971e-26	BMI	Yengo	COJO	Yes
	rs9881036	3	136845666	A	G	0.665	0.037	0.003	4.11005e-27	BMI	Yengo	COJO	Yes
	rs4678297	3	136907111	T	C	0.300	0.024	0.003	7.11552e-19	BMI	Yengo	COJO	Yes
	rs1600136	3	136979939	A	C	0.806	-0.032	0.003	1.90019e-27	BMI	Yengo	COJO	Yes
	rs7616371	3	137047387	A	G	0.932	-0.021	0.004	9.3068e-09	BMI	Yengo	COJO	Yes
	rs4342060	3	137215820	T	C	0.809	-0.020	0.003	1.08893e-14	BMI	Yengo	COJO	Yes
	rs16851483	3	141275436	T	G	0.069	0.034	0.004	4.04561e-18	BMI	Yengo	COJO	Yes
	rs355777	3	154034950	C	G	0.411	0.013	0.002	4.79917e-13	BMI	Yengo	COJO	No
	rs7615297	3	156299313	C	G	0.854	0.014	0.002	3.67356e-09	BMI	Yengo	COJO	No
	rs6767619	3	156893782	C	G	0.345	0.012	0.002	2.39553e-11	BMI	Yengo	COJO	Yes

292	rs827092	3	157985182	T	C	0.583	0.012	0.002	2.08538e-12	BMI	Yengo	COJO	Yes
	rs11128760	3	15873407	A	G	0.403	0.011	0.002	4.99259e-11	BMI	Yengo	COJO	No
	rs5396	3	170744815	T	C	0.724	-0.015	0.002	6.37272e-17	BMI	Yengo	COJO	No
	rs13085472	3	171129859	T	C	0.348	0.011	0.002	1.28519e-09	BMI	Yengo	COJO	No
	rs39654	3	173095123	A	G	0.445	-0.015	0.002	1.65693e-19	BMI	Yengo	COJO	Yes
	rs1454148	3	176341188	T	C	0.267	0.012	0.002	1.63441e-09	BMI	Yengo	COJO	Yes
	rs6443750	3	181329682	T	C	0.193	-0.013	0.002	4.88153e-10	BMI	Yengo	COJO	No
	rs262956	3	183486117	T	G	0.347	0.011	0.002	8.32912e-09	BMI	Yengo	COJO	Yes
	rs2293605	3	184044433	T	C	0.131	-0.016	0.003	3.74463e-09	BMI	Yengo	COJO	No
	rs9816226	3	185834499	A	T	0.180	-0.023	0.003	2.08111e-18	BMI	Yengo	COJO	Yes
	rs13072095	3	193639623	T	C	0.666	0.010	0.002	1.96427e-09	BMI	Yengo	COJO	Yes
	rs6764533	3	196088464	A	G	0.359	0.011	0.002	9.61267e-10	BMI	Yengo	COJO	No
	rs4858193	3	20441050	T	C	0.722	0.012	0.002	6.70792e-11	BMI	Yengo	COJO	Yes
	rs11711337	3	21794904	A	T	0.716	-0.012	0.002	1.28816e-09	BMI	Yengo	COJO	Yes
	rs6804842	3	25106437	A	G	0.428	-0.016	0.002	1.38172e-17	BMI	Yengo	COJO	Yes
	rs6786125	3	28727523	C	G	0.819	-0.016	0.002	1.58655e-11	BMI	Yengo	COJO	No
	rs10865858	3	34700713	T	C	0.598	0.011	0.002	1.97465e-09	BMI	Yengo	COJO	No

293	rs2047632	3	37153431	C	G	0.973	-0.038	0.006	1.82514e-10	BMI	Yengo	COJO	Yes
	rs9814633	3	41310470	A	G	0.343	0.013	0.002	1.44127e-12	BMI	Yengo	COJO	No
	rs10460960	3	42308735	A	G	0.888	0.019	0.003	1.88582e-13	BMI	Yengo	COJO	Yes
	rs28350	3	42418446	A	G	0.193	0.014	0.002	6.04346e-09	BMI	Yengo	COJO	Yes
	rs6442021	3	46742019	T	C	0.396	-0.011	0.002	1.70829e-10	BMI	Yengo	COJO	Yes
	rs6442101	3	48130893	T	C	0.682	-0.019	0.002	1.41149e-27	BMI	Yengo	COJO	No
	rs3731544	3	48207997	A	C	0.071	0.035	0.003	4.91723e-26	BMI	Yengo	COJO	Yes
	rs17080319	3	48732480	T	C	0.879	0.057	0.004	3.95153e-48	BMI	Yengo	COJO	Yes
	rs9846123	3	49088112	T	C	0.354	0.049	0.004	8.80598e-38	BMI	Yengo	COJO	Yes
	rs12637576	3	49237334	T	C	0.617	0.027	0.004	8.71884e-14	BMI	Yengo	COJO	Yes
	rs2230929	3	49343175	A	G	0.169	0.047	0.003	6.05958e-44	BMI	Yengo	COJO	Yes
	rs2230590	3	49936102	T	C	0.492	-0.056	0.002	1.5432e-132	BMI	Yengo	COJO	No
	rs12631248	3	50080174	C	G	0.922	-0.046	0.004	3.23523e-36	BMI	Yengo	COJO	Yes
	rs2236950	3	50420554	A	C	0.185	-0.019	0.003	1.81224e-12	BMI	Yengo	COJO	Yes
	rs9838283	3	50820486	A	G	0.798	0.111	0.005	5.48561e-113	BMI	Yengo	COJO	Yes
	rs9827072	3	51184893	A	G	0.124	0.101	0.005	8.40715e-76	BMI	Yengo	COJO	Yes
	rs13095652	3	51243837	T	C	0.438	-0.013	0.002	1.38786e-10	BMI	Yengo	COJO	Yes

294	rs11929028	3	51754424	T	G	0.075	0.079	0.004	2.78876e-72	BMI	Yengo	COJO	Yes
	rs3821841	3	52084040	T	C	0.080	-0.023	0.003	2.44214e-11	BMI	Yengo	COJO	Yes
	rs2710323	3	52815905	T	C	0.520	-0.015	0.002	2.82095e-19	BMI	Yengo	COJO	Yes
	rs2680648	3	53777176	T	C	0.765	0.014	0.002	3.5378e-12	BMI	Yengo	COJO	Yes
	rs12488237	3	56114861	T	C	0.948	-0.023	0.004	9.85839e-11	BMI	Yengo	COJO	Yes
	rs10510321	3	6009092	T	C	0.203	0.012	0.002	5.20013e-09	BMI	Yengo	COJO	No
	rs2365389	3	61236462	T	C	0.414	-0.013	0.002	8.11163e-12	BMI	Yengo	COJO	No
	rs1452075	3	62481063	T	C	0.728	0.014	0.002	4.12357e-15	BMI	Yengo	COJO	No
	rs925018	3	62713143	C	G	0.676	-0.012	0.002	2.63008e-10	BMI	Yengo	COJO	No
	rs11915371	3	70539559	A	C	0.796	-0.014	0.002	1.32088e-11	BMI	Yengo	COJO	Yes
	rs775731	3	77624784	T	C	0.588	-0.011	0.002	3.05398e-10	BMI	Yengo	COJO	No
	rs1554193	3	8138801	A	T	0.471	-0.010	0.002	9.13265e-10	BMI	Yengo	COJO	No
	rs3849570	3	81792112	A	C	0.341	0.016	0.002	8.32846e-19	BMI	Yengo	COJO	Yes
	rs10511093	3	83763541	T	C	0.074	-0.027	0.004	3.63274e-11	BMI	Yengo	COJO	No
	rs1375561	3	85658230	T	C	0.654	0.013	0.002	4.41456e-11	BMI	Yengo	COJO	No
	rs2122042	3	85866335	T	G	0.206	0.024	0.002	1.94863e-26	BMI	Yengo	COJO	Yes

295	rs12638746	3	89331055	A	G	0.342	-0.026	0.003	9.35796e-16	BMI	Yengo	COJO	No
	rs9832305	3	89392778	T	C	0.720	-0.023	0.003	3.60983e-15	BMI	Yengo	COJO	Yes
	rs6551410	3	89442305	A	T	0.419	-0.049	0.004	9.66028e-30	BMI	Yengo	COJO	Yes
	rs6803870	3	89443784	T	C	0.159	-0.033	0.004	7.52807e-16	BMI	Yengo	COJO	Yes
	rs9714342	3	90428286	T	C	0.423	-0.039	0.003	2.41336e-43	BMI	Yengo	COJO	Yes
	rs1454687	3	94038085	C	G	0.477	0.020	0.002	8.66275e-31	BMI	Yengo	COJO	Yes
	rs3915844	3	9514856	A	G	0.143	0.020	0.003	3.7488e-13	BMI	Yengo	COJO	Yes
	rs2850969	4	102183594	T	C	0.857	-0.014	0.002	2.15693e-09	BMI	Yengo	COJO	No
	rs7377083	4	102708997	A	C	0.436	0.016	0.002	6.36212e-18	BMI	Yengo	COJO	Yes
	rs13107325	4	103188709	T	C	0.074	0.045	0.003	2.44104e-41	BMI	Yengo	COJO	Yes
	rs6843738	4	103936001	A	G	0.329	-0.011	0.002	2.92733e-11	BMI	Yengo	COJO	Yes
	rs7692088	4	10491040	C	G	0.524	0.010	0.002	6.30866e-09	BMI	Yengo	COJO	No
	rs326889	4	112713436	T	C	0.393	-0.012	0.002	3.19835e-11	BMI	Yengo	COJO	No
	rs7694732	4	115124089	A	G	0.562	0.011	0.002	8.14477e-11	BMI	Yengo	COJO	No
	rs1403846	4	119101723	T	C	0.828	0.012	0.002	8.95801e-09	BMI	Yengo	COJO	Yes
	rs4864201	4	130731284	T	C	0.353	0.013	0.002	8.90254e-14	BMI	Yengo	COJO	No
	rs1296328	4	137083193	A	C	0.434	0.015	0.002	2.20797e-14	BMI	Yengo	COJO	No

296	rs769674	4	140881964	A	T	0.678	0.012	0.002	5.57075e-11	BMI	Yengo	COJO	Yes
	rs331949	4	143663206	T	C	0.627	-0.012	0.002	8.52054e-12	BMI	Yengo	COJO	Yes
	rs1455137	4	145986668	A	C	0.620	-0.011	0.002	1.04913e-09	BMI	Yengo	COJO	Yes
	rs11736228	4	147376805	A	T	0.741	0.012	0.002	3.52789e-09	BMI	Yengo	COJO	No
	rs6827083	4	153075491	A	G	0.569	-0.012	0.002	2.89977e-12	BMI	Yengo	COJO	No
	rs13110266	4	162129844	A	G	0.406	-0.011	0.002	8.50216e-11	BMI	Yengo	COJO	No
	rs17538472	4	163038241	T	C	0.191	0.013	0.002	5.2932e-09	BMI	Yengo	COJO	Yes
	rs6818414	4	16600664	T	C	0.508	-0.011	0.002	8.72369e-10	BMI	Yengo	COJO	No
	rs1522569	4	171632637	T	G	0.818	0.015	0.002	2.46303e-11	BMI	Yengo	COJO	No
	rs7683836	4	180167906	A	G	0.540	-0.012	0.002	1.01749e-11	BMI	Yengo	COJO	No
	rs1477887	4	18514827	A	G	0.457	-0.013	0.002	4.05705e-13	BMI	Yengo	COJO	Yes
	rs1323068	4	20263058	A	G	0.321	-0.013	0.002	1.84355e-11	BMI	Yengo	COJO	Yes
	rs9291467	4	25428296	T	C	0.462	0.013	0.002	8.04729e-14	BMI	Yengo	COJO	No
	rs6448587	4	28561990	A	C	0.811	0.015	0.002	1.78041e-10	BMI	Yengo	COJO	No
	rs1345148	4	30843533	T	C	0.603	-0.010	0.002	6.80948e-09	BMI	Yengo	COJO	Yes
	rs1000096	4	38692835	T	C	0.380	-0.013	0.002	1.57349e-13	BMI	Yengo	COJO	No
	rs1866510	4	44514468	T	C	0.350	-0.011	0.002	2.36775e-09	BMI	Yengo	COJO	Yes

297	rs10938397	4	45182527	A	G	0.568	-0.033	0.002	6.91577e-92	BMI	Yengo	COJO	Yes
	rs2768950	4	49064487	A	G	0.251	0.012	0.002	1.02725e-09	BMI	Yengo	COJO	No
	rs711347	4	52926216	A	T	0.749	-0.012	0.002	5.79403e-10	BMI	Yengo	COJO	Yes
	rs1492767	4	55221467	T	C	0.496	0.010	0.002	1.68602e-09	BMI	Yengo	COJO	No
	rs2192158	4	55505360	A	G	0.460	0.015	0.002	1.16868e-17	BMI	Yengo	COJO	Yes
	rs925421	4	60253877	A	G	0.266	0.013	0.002	1.285e-10	BMI	Yengo	COJO	Yes
	rs4524456	4	6492739	A	G	0.524	-0.011	0.002	2.76931e-09	BMI	Yengo	COJO	No
	rs11945861	4	65700865	A	G	0.237	-0.014	0.002	1.00132e-12	BMI	Yengo	COJO	No
	rs7674623	4	80794681	T	C	0.198	0.015	0.002	1.87648e-11	BMI	Yengo	COJO	No
	rs4148155	4	89054667	A	G	0.887	0.019	0.003	8.78069e-13	BMI	Yengo	COJO	Yes
	rs1903579	4	91253956	C	G	0.550	0.012	0.002	3.61041e-13	BMI	Yengo	COJO	No
	rs7710595	5	106506697	A	C	0.534	0.011	0.002	3.73862e-11	BMI	Yengo	COJO	No
	rs40067	5	107439012	A	G	0.171	-0.023	0.002	9.40935e-23	BMI	Yengo	COJO	Yes
	rs6595205	5	119372533	C	G	0.470	0.012	0.002	8.91755e-13	BMI	Yengo	COJO	No
	rs7711753	5	122733317	A	G	0.436	-0.014	0.002	6.25017e-19	BMI	Yengo	COJO	No
	rs6877851	5	130356413	C	G	0.234	-0.013	0.002	1.90086e-10	BMI	Yengo	COJO	Yes

298	rs329124	5	133865452	A	G	0.577	0.013	0.002	8.98125e-15	BMI	Yengo	COJO	No
	rs13163306	5	136571959	A	G	0.474	-0.011	0.002	1.93703e-09	BMI	Yengo	COJO	No
	rs7716275	5	137631073	T	G	0.193	-0.015	0.002	2.63497e-12	BMI	Yengo	COJO	No
	rs160401	5	138061341	T	C	0.695	0.021	0.003	5.94354e-13	BMI	Yengo	COJO	Yes
	rs4643949	5	138372345	T	C	0.366	0.022	0.003	3.78776e-13	BMI	Yengo	COJO	Yes
	rs13174863	5	139080745	A	G	0.845	-0.020	0.002	1.00538e-16	BMI	Yengo	COJO	Yes
	rs3844598	5	140992235	A	G	0.479	-0.012	0.002	4.59289e-11	BMI	Yengo	COJO	Yes
	rs254428	5	141777439	T	G	0.580	0.010	0.002	4.23431e-09	BMI	Yengo	COJO	Yes
	rs2190788	5	144484261	T	G	0.311	0.018	0.002	3.30289e-19	BMI	Yengo	COJO	No
	rs10066835	5	151254297	T	C	0.016	0.045	0.007	1.15733e-09	BMI	Yengo	COJO	Yes
	rs12659802	5	152274478	A	G	0.705	0.015	0.002	1.30303e-13	BMI	Yengo	COJO	Yes
	rs10035289	5	153095918	A	G	0.474	0.011	0.002	3.35657e-11	BMI	Yengo	COJO	Yes
	rs7715256	5	153537893	T	G	0.578	-0.015	0.002	1.35853e-19	BMI	Yengo	COJO	Yes
	rs1650586	5	157516393	T	G	0.098	0.018	0.003	7.32041e-10	BMI	Yengo	COJO	No
	rs17056301	5	158271680	T	C	0.736	-0.017	0.002	6.45927e-16	BMI	Yengo	COJO	Yes
	rs7727781	5	165185571	T	C	0.520	0.010	0.002	6.08372e-09	BMI	Yengo	COJO	No
	rs17525725	5	167293652	A	G	0.454	-0.010	0.002	8.8175e-09	BMI	Yengo	COJO	No

299	rs248139	5	167352783	A	G	0.193	0.016	0.002	4.7024e-12	BMI	Yengo	COJO	Yes
	rs1014194	5	168192944	A	C	0.643	0.011	0.002	1.69987e-09	BMI	Yengo	COJO	Yes
	rs7730898	5	170459675	A	G	0.729	0.013	0.002	2.44196e-11	BMI	Yengo	COJO	No
	rs4518345	5	27185904	A	G	0.284	-0.012	0.002	4.41056e-10	BMI	Yengo	COJO	No
	rs7730004	5	43191033	T	C	0.669	0.012	0.002	1.03683e-09	BMI	Yengo	COJO	No
	rs12189178	5	50914726	T	C	0.038	0.028	0.005	8.89697e-09	BMI	Yengo	COJO	Yes
	rs6879326	5	59208302	T	C	0.495	-0.010	0.002	5.81238e-09	BMI	Yengo	COJO	No
	rs6449531	5	60712212	A	G	0.354	-0.016	0.002	2.8146e-16	BMI	Yengo	COJO	No
	rs6888159	5	63932234	C	G	0.683	0.014	0.002	2.72807e-14	BMI	Yengo	COJO	No
	rs2367112	5	64168193	T	G	0.508	0.012	0.002	2.14924e-11	BMI	Yengo	COJO	Yes
	rs25832	5	66175682	A	G	0.732	0.015	0.002	2.01567e-13	BMI	Yengo	COJO	Yes
	rs2307111	5	75003678	T	C	0.604	0.022	0.002	4.97592e-36	BMI	Yengo	COJO	No
	rs368863	5	77372852	T	C	0.239	-0.015	0.002	1.109e-11	BMI	Yengo	COJO	Yes
	rs12514473	5	80818639	T	C	0.769	0.016	0.002	1.07201e-15	BMI	Yengo	COJO	No
	rs17591778	5	86420392	A	G	0.233	0.015	0.002	5.26562e-11	BMI	Yengo	COJO	Yes
	rs7702514	5	86727027	T	C	0.173	-0.124	0.006	2.64069e-93	BMI	Yengo	COJO	No
	rs186543	5	86754835	C	G	0.565	-0.035	0.002	3.55129e-52	BMI	Yengo	COJO	Yes

300	rs17285919	5	86908920	T	C	0.126	0.120	0.006	3.63293e-79	BMI	Yengo	COJO	Yes
	rs1423627	5	87125578	T	C	0.779	-0.064	0.004	1.67293e-65	BMI	Yengo	COJO	Yes
	rs710355	5	87159003	C	G	0.055	-0.027	0.004	2.71475e-11	BMI	Yengo	COJO	Yes
	rs7444298	5	87730027	A	G	0.754	0.124	0.005	4.47589e-136	BMI	Yengo	COJO	Yes
	rs13175892	5	87866793	T	C	0.976	0.100	0.008	2.78614e-40	BMI	Yengo	COJO	Yes
	rs4916661	5	87932809	T	G	0.362	-0.026	0.002	1.62813e-31	BMI	Yengo	COJO	Yes
	rs2098618	5	87934851	A	T	0.071	0.050	0.004	2.34246e-32	BMI	Yengo	COJO	No
	rs2304607	5	87988733	A	G	0.852	-0.049	0.003	3.9951e-68	BMI	Yengo	COJO	Yes
	rs10037047	5	88219964	A	G	0.835	-0.045	0.003	4.14171e-51	BMI	Yengo	COJO	Yes
	rs12655756	5	88858208	A	T	0.370	0.012	0.002	4.16195e-11	BMI	Yengo	COJO	Yes
	rs159032	5	94206202	T	C	0.244	0.012	0.002	1.97812e-09	BMI	Yengo	COJO	No
	rs6235	5	95728898	C	G	0.730	-0.014	0.002	1.85809e-12	BMI	Yengo	COJO	Yes
	rs2611742	5	95856501	T	C	0.596	-0.019	0.002	1.71161e-19	BMI	Yengo	COJO	Yes
	rs174415	5	95933162	A	T	0.525	0.013	0.002	2.52584e-09	BMI	Yengo	COJO	Yes
	rs3822683	5	96080883	A	G	0.781	0.012	0.002	5.95355e-09	BMI	Yengo	COJO	Yes
	rs6919443	6	104493098	A	G	0.416	-0.010	0.002	9.01862e-09	BMI	Yengo	COJO	No

301	rs156151	6	104799007	C	G	0.191	-0.015	0.002	1.29801e-11	BMI	Yengo	COJO	Yes
	rs3800229	6	108996963	T	G	0.712	0.015	0.002	1.49461e-15	BMI	Yengo	COJO	No
	rs2357760	6	120213880	A	G	0.675	0.011	0.002	3.51729e-09	BMI	Yengo	COJO	No
	rs2228213	6	12124855	A	G	0.348	-0.014	0.002	1.82971e-16	BMI	Yengo	COJO	Yes
	rs2875762	6	124925032	C	G	0.247	0.012	0.002	1.37145e-09	BMI	Yengo	COJO	No
	rs13209968	6	126089285	C	G	0.518	0.012	0.002	3.2246e-12	BMI	Yengo	COJO	Yes
	rs6569648	6	130349119	T	C	0.773	-0.013	0.002	4.44881e-11	BMI	Yengo	COJO	No
	rs9367368	6	13189275	T	C	0.697	0.014	0.002	4.24618e-14	BMI	Yengo	COJO	Yes
	rs2781668	6	131897278	T	C	0.161	0.019	0.002	9.74546e-17	BMI	Yengo	COJO	Yes
	rs13201877	6	137675541	A	G	0.860	-0.015	0.002	1.83471e-09	BMI	Yengo	COJO	No
	rs2185027	6	153381622	A	C	0.703	-0.013	0.002	2.6334e-13	BMI	Yengo	COJO	No
	rs10499276	6	154309808	T	C	0.124	0.015	0.003	3.17383e-09	BMI	Yengo	COJO	Yes
	rs487060	6	160774459	T	C	0.482	0.011	0.002	7.64135e-11	BMI	Yengo	COJO	Yes
	rs13191362	6	163033350	A	G	0.880	0.021	0.003	6.90641e-15	BMI	Yengo	COJO	Yes
	rs2842385	6	19078274	A	G	0.802	-0.015	0.002	1.24269e-11	BMI	Yengo	COJO	Yes
	rs9460306	6	19211776	T	C	0.091	0.019	0.003	1.3434e-09	BMI	Yengo	COJO	Yes
	rs11753081	6	20705590	T	G	0.825	0.013	0.002	1.75755e-09	BMI	Yengo	COJO	No

302	rs7760082	6	21919387	A	G	0.665	-0.012	0.002	4.10241e-12	BMI	Yengo	COJO	No
	rs6900723	6	23876240	T	C	0.676	-0.012	0.002	2.13029e-11	BMI	Yengo	COJO	Yes
	rs13207082	6	27251379	A	G	0.916	-0.101	0.006	1.26755e-61	BMI	Yengo	COJO	Yes
	rs17739298	6	27293049	C	G	0.895	0.035	0.003	3.42373e-27	BMI	Yengo	COJO	Yes
	rs760880	6	27408181	T	G	0.636	0.033	0.003	1.21386e-36	BMI	Yengo	COJO	Yes
	rs6908295	6	27527205	A	C	0.798	-0.022	0.003	1.70283e-15	BMI	Yengo	COJO	Yes
	rs200968	6	27859568	T	C	0.836	0.079	0.005	5.6819e-56	BMI	Yengo	COJO	Yes
	rs3734572	6	28059458	T	C	0.954	-0.031	0.004	4.82919e-13	BMI	Yengo	COJO	Yes
	rs853679	6	28296863	A	C	0.141	0.073	0.004	1.58884e-67	BMI	Yengo	COJO	Yes
	rs3819299	6	31322367	T	G	0.907	0.021	0.004	1.41251e-09	BMI	Yengo	COJO	No
	rs498240	6	31892592	A	G	0.066	-0.025	0.004	2.87038e-12	BMI	Yengo	COJO	Yes
	rs419261	6	33554147	T	C	0.404	0.010	0.002	9.26973e-09	BMI	Yengo	COJO	No
	rs2814992	6	34617144	A	G	0.660	-0.052	0.003	1.08203e-60	BMI	Yengo	COJO	Yes
	rs12215331	6	34644749	T	C	0.786	0.021	0.002	7.30549e-19	BMI	Yengo	COJO	Yes
	rs6938239	6	34683635	A	G	0.850	0.029	0.004	2.52024e-14	BMI	Yengo	COJO	Yes
	rs2140418	6	34975415	T	C	0.200	-0.043	0.003	2.46148e-36	BMI	Yengo	COJO	Yes
	rs820077	6	35033854	A	G	0.809	0.028	0.003	1.49931e-22	BMI	Yengo	COJO	Yes

303	rs3807049	6	35512955	T	C	0.274	0.040	0.003	7.27987e-33	BMI	Yengo	COJO	Yes
	rs17542466	6	35614744	A	G	0.772	-0.040	0.004	6.90303e-28	BMI	Yengo	COJO	Yes
	rs1475774	6	35619554	A	G	0.023	0.075	0.007	2.60949e-24	BMI	Yengo	COJO	No
	rs9394312	6	35672330	C	G	0.492	0.048	0.003	1.16582e-46	BMI	Yengo	COJO	Yes
	rs9470086	6	35709678	A	C	0.017	0.072	0.008	7.16141e-21	BMI	Yengo	COJO	Yes
	rs17757975	6	38214150	T	C	0.852	0.016	0.002	1.13249e-10	BMI	Yengo	COJO	Yes
	rs847747	6	40080069	T	G	0.296	-0.011	0.002	8.45555e-09	BMI	Yengo	COJO	No
	rs2033529	6	40348653	A	G	0.706	-0.015	0.002	5.62871e-11	BMI	Yengo	COJO	Yes
	rs7748777	6	41133806	A	G	0.459	0.009	0.002	6.55803e-09	BMI	Yengo	COJO	Yes
	rs9349239	6	42676480	A	G	0.492	0.011	0.002	2.84549e-09	BMI	Yengo	COJO	Yes
	rs998584	6	43757896	A	C	0.478	-0.016	0.002	1.1514e-17	BMI	Yengo	COJO	Yes
	rs13203286	6	49837540	T	G	0.060	0.033	0.004	8.71116e-15	BMI	Yengo	COJO	No
	rs11756653	6	50054296	C	G	0.907	-0.023	0.004	3.86796e-09	BMI	Yengo	COJO	Yes
	rs2295896	6	50566383	A	G	0.760	-0.015	0.003	3.21982e-09	BMI	Yengo	COJO	Yes
	rs4383818	6	50756951	T	G	0.795	0.025	0.004	1.0285e-10	BMI	Yengo	COJO	Yes
	rs10456637	6	50763935	A	T	0.741	0.043	0.004	1.76131e-26	BMI	Yengo	COJO	Yes

304	rs987237	6	50803050	A	G	0.820	-0.039	0.003	4.86229e-48	BMI	Yengo	COJO	No
	rs2635727	6	50820940	T	C	0.254	-0.051	0.003	2.32227e-50	BMI	Yengo	COJO	Yes
	rs1178060	6	50914343	A	G	0.847	-0.105	0.007	7.04604e-58	BMI	Yengo	COJO	Yes
	rs2252300	6	51096424	A	T	0.208	0.022	0.003	3.91738e-17	BMI	Yengo	COJO	Yes
	rs2504674	6	51160682	C	G	0.434	-0.015	0.002	5.41243e-15	BMI	Yengo	COJO	Yes
	rs9370042	6	51546123	C	G	0.122	-0.018	0.003	2.96648e-10	BMI	Yengo	COJO	Yes
	rs2397061	6	51638877	T	C	0.885	-0.039	0.004	6.28309e-25	BMI	Yengo	COJO	Yes
	rs1266922	6	51822297	A	G	0.688	-0.016	0.002	8.43969e-12	BMI	Yengo	COJO	Yes
	rs1358808	6	51825285	C	G	0.674	-0.030	0.002	2.6628e-43	BMI	Yengo	COJO	Yes
	rs6922855	6	51843542	A	G	0.532	0.020	0.002	2.64808e-16	BMI	Yengo	COJO	Yes
	rs765332	6	51874745	T	G	0.889	-0.025	0.003	8.25411e-14	BMI	Yengo	COJO	Yes
	rs4278019	6	53693410	A	T	0.282	0.011	0.002	6.9883e-09	BMI	Yengo	COJO	Yes
	rs816364	6	53990465	A	G	0.639	-0.011	0.002	4.43625e-09	BMI	Yengo	COJO	Yes
	rs1503139	6	54724405	A	G	0.346	-0.013	0.002	6.93204e-11	BMI	Yengo	COJO	Yes
	rs9475173	6	55013291	A	G	0.654	0.012	0.002	3.40892e-09	BMI	Yengo	COJO	Yes
	rs2653365	6	55169801	T	C	0.832	-0.018	0.003	4.67401e-10	BMI	Yengo	COJO	Yes
	rs1020548	6	56810539	A	G	0.834	-0.015	0.002	7.44533e-11	BMI	Yengo	COJO	Yes

305	rs12207241	6	57642076	A	G	0.617	-0.041	0.004	4.72933e-29	BMI	Yengo	COJO	No
	rs4339513	6	57964315	T	C	0.903	0.045	0.005	2.0127e-18	BMI	Yengo	COJO	Yes
	rs6459326	6	58060143	C	G	0.173	-0.022	0.004	8.8869e-09	BMI	Yengo	COJO	Yes
	rs926279	6	58298846	A	G	0.709	0.031	0.004	5.04819e-17	BMI	Yengo	COJO	Yes
	rs6904676	6	58705746	A	C	0.201	0.047	0.004	3.936e-27	BMI	Yengo	COJO	Yes
	rs6922214	6	69968484	A	G	0.843	-0.015	0.002	1.62565e-09	BMI	Yengo	COJO	No
	rs6921533	6	73742334	T	C	0.288	0.013	0.002	3.08638e-11	BMI	Yengo	COJO	Yes
	rs9688431	6	73922654	T	C	0.940	0.022	0.004	2.46895e-10	BMI	Yengo	COJO	No
	rs9294260	6	83433228	A	G	0.473	0.013	0.002	9.09341e-15	BMI	Yengo	COJO	No
	rs13209753	6	86354442	A	G	0.939	-0.022	0.004	1.53979e-09	BMI	Yengo	COJO	Yes
	rs1853639	6	87606842	A	G	0.636	-0.012	0.002	2.74369e-11	BMI	Yengo	COJO	Yes
	rs9362662	6	90296588	A	G	0.480	0.011	0.002	1.84606e-09	BMI	Yengo	COJO	No
	rs1324110	6	93913200	C	G	0.439	-0.011	0.002	7.31446e-11	BMI	Yengo	COJO	No
	rs9463175	6	9510030	T	C	0.348	-0.012	0.002	1.59056e-11	BMI	Yengo	COJO	No
	rs13203153	6	97374850	A	G	0.186	-0.016	0.002	5.70921e-12	BMI	Yengo	COJO	Yes
	rs13209872	6	97753223	C	G	0.340	-0.013	0.002	6.23881e-12	BMI	Yengo	COJO	Yes
	rs901630	6	98539519	T	C	0.397	-0.010	0.002	7.05009e-09	BMI	Yengo	COJO	No

306	rs9396763	6	9952059	A	C	0.220	0.013	0.002	9.86422e-09	BMI	Yengo	COJO	No
	rs1048365	7	100804430	T	C	0.155	0.014	0.003	9.45386e-09	BMI	Yengo	COJO	Yes
	rs11496125	7	103417557	T	C	0.421	0.015	0.002	4.48156e-16	BMI	Yengo	COJO	No
	rs10953620	7	109173373	A	C	0.517	-0.010	0.002	6.55457e-09	BMI	Yengo	COJO	Yes
	rs13227658	7	113353254	T	C	0.553	-0.021	0.002	7.07238e-29	BMI	Yengo	COJO	Yes
	rs12705987	7	114349212	A	T	0.404	0.021	0.002	3.23798e-21	BMI	Yengo	COJO	No
	rs1899689	7	121964349	T	C	0.399	0.012	0.002	6.1369e-14	BMI	Yengo	COJO	No
	rs2283093	7	126721231	T	C	0.207	0.013	0.002	3.46607e-09	BMI	Yengo	COJO	No
	rs10275044	7	1273845	A	T	0.208	-0.014	0.002	1.6653e-09	BMI	Yengo	COJO	Yes
	rs7779498	7	130408415	T	C	0.039	-0.033	0.005	1.47218e-12	BMI	Yengo	COJO	Yes
	rs972283	7	130466854	A	G	0.485	0.010	0.002	1.97133e-09	BMI	Yengo	COJO	Yes
	rs1593304	7	131619847	A	G	0.199	0.013	0.002	7.61059e-09	BMI	Yengo	COJO	Yes
	rs874454	7	131896813	A	G	0.338	-0.014	0.002	8.82457e-11	BMI	Yengo	COJO	Yes
	rs3800649	7	137424509	A	G	0.277	0.011	0.002	7.078e-09	BMI	Yengo	COJO	No
	rs1814170	7	138794149	A	T	0.895	0.021	0.003	1.05254e-12	BMI	Yengo	COJO	Yes
	rs11773362	7	147668180	T	C	0.337	-0.011	0.002	6.00167e-10	BMI	Yengo	COJO	No

307	rs4725984	7	150668514	T	C	0.359	-0.012	0.002	6.73745e-13	BMI	Yengo	COJO	No
	rs6968554	7	17287106	A	G	0.360	-0.010	0.002	3.8522e-09	BMI	Yengo	COJO	No
	rs6461115	7	2103668	A	G	0.772	0.015	0.002	3.49808e-14	BMI	Yengo	COJO	No
	rs40245	7	21470536	A	T	0.359	0.012	0.002	9.18926e-11	BMI	Yengo	COJO	Yes
	rs4307239	7	24354300	A	G	0.542	-0.011	0.002	1.27589e-09	BMI	Yengo	COJO	Yes
	rs12666574	7	26526960	A	G	0.650	0.013	0.002	2.24798e-12	BMI	Yengo	COJO	Yes
	rs11971041	7	26698848	A	G	0.906	-0.019	0.003	1.35312e-09	BMI	Yengo	COJO	No
	rs4722672	7	27231762	T	C	0.815	-0.013	0.002	2.55932e-09	BMI	Yengo	COJO	Yes
	rs849135	7	28196413	A	G	0.491	0.012	0.002	4.21594e-13	BMI	Yengo	COJO	No
	rs4722398	7	3125220	T	C	0.134	0.018	0.003	1.54732e-12	BMI	Yengo	COJO	Yes
	rs215632	7	32368524	A	G	0.362	0.012	0.002	4.29754e-09	BMI	Yengo	COJO	Yes
	rs329277	7	35080931	T	G	0.521	-0.010	0.002	6.33287e-09	BMI	Yengo	COJO	Yes
	rs1229057	7	39054538	T	C	0.122	0.016	0.003	7.68433e-09	BMI	Yengo	COJO	No
	rs10268050	7	44522617	T	C	0.795	-0.014	0.002	7.23031e-12	BMI	Yengo	COJO	No
	rs799449	7	44784697	T	C	0.550	0.014	0.002	2.31498e-15	BMI	Yengo	COJO	No
	rs10269783	7	49616203	A	G	0.390	0.014	0.002	7.33422e-16	BMI	Yengo	COJO	Yes
	rs3807566	7	50564204	T	G	0.443	-0.012	0.002	2.33205e-12	BMI	Yengo	COJO	Yes

308	rs6463489	7	5542513	T	C	0.109	0.015	0.003	5.3148e-09	BMI	Yengo	COJO	No
	rs7784465	7	6418275	T	C	0.861	-0.018	0.003	2.91861e-12	BMI	Yengo	COJO	Yes
	rs1035010	7	69598328	T	C	0.257	0.014	0.002	4.68062e-12	BMI	Yengo	COJO	No
	rs4718966	7	70040558	T	C	0.418	0.012	0.002	2.36696e-10	BMI	Yengo	COJO	Yes
	rs993931	7	71888157	A	G	0.599	-0.011	0.002	2.78039e-09	BMI	Yengo	COJO	Yes
	rs7777102	7	73058017	A	G	0.871	-0.014	0.002	8.35286e-09	BMI	Yengo	COJO	Yes
	rs13227433	7	74094721	T	G	0.744	-0.015	0.002	2.33773e-12	BMI	Yengo	COJO	No
	rs17207196	7	75101065	T	C	0.412	-0.018	0.002	3.03735e-20	BMI	Yengo	COJO	Yes
	rs740157	7	77055885	A	G	0.432	0.011	0.002	4.37258e-11	BMI	Yengo	COJO	No
	rs1544459	7	77417584	T	C	0.546	-0.010	0.002	1.33364e-10	BMI	Yengo	COJO	Yes
	rs1852006	7	77829768	A	G	0.352	-0.013	0.002	2.77094e-10	BMI	Yengo	COJO	Yes
	rs7805441	7	78121458	T	C	0.509	0.013	0.002	5.91291e-13	BMI	Yengo	COJO	Yes
	rs6963840	7	78144371	T	C	0.211	0.016	0.002	3.37148e-11	BMI	Yengo	COJO	Yes
	rs7796608	7	897847	A	G	0.827	0.015	0.003	2.71001e-09	BMI	Yengo	COJO	No
	rs13247665	7	93232057	T	C	0.641	-0.012	0.002	9.27785e-11	BMI	Yengo	COJO	No
	rs411717	7	94033031	T	C	0.440	-0.011	0.002	1.88515e-09	BMI	Yengo	COJO	No
	rs13240600	7	99064466	A	G	0.845	0.022	0.002	2.48622e-18	BMI	Yengo	COJO	No

309	rs3134353	8	101947453	A	T	0.387	-0.012	0.002	3.31e-11	BMI	Yengo	COJO	No
	rs12682565	8	10626280	A	G	0.037	0.034	0.005	3.36339e-13	BMI	Yengo	COJO	Yes
	rs11250076	8	10647823	A	G	0.438	0.064	0.003	2.02654e-92	BMI	Yengo	COJO	Yes
	rs7832003	8	10782004	C	G	0.180	-0.022	0.003	1.70984e-16	BMI	Yengo	COJO	Yes
	rs11783247	8	10788875	T	C	0.538	-0.089	0.004	1.06703e-140	BMI	Yengo	COJO	Yes
	rs9657542	8	10864363	C	G	0.364	0.102	0.004	9.32018e-172	BMI	Yengo	COJO	Yes
	rs2409730	8	11060638	A	C	0.370	0.106	0.004	1.5156e-167	BMI	Yengo	COJO	Yes
	rs12458	8	11617240	A	T	0.687	-0.025	0.002	1.07783e-33	BMI	Yengo	COJO	Yes
	rs3808434	8	116559435	A	G	0.448	0.010	0.002	6.36224e-11	BMI	Yengo	COJO	No
	rs2721965	8	116662038	A	C	0.666	0.014	0.002	2.50765e-14	BMI	Yengo	COJO	Yes
	rs4841659	8	11828200	T	C	0.478	0.118	0.004	4.06441e-217	BMI	Yengo	COJO	Yes
	rs11781699	8	118863061	T	C	0.810	-0.014	0.002	4.01987e-11	BMI	Yengo	COJO	No
	rs10955841	8	118946541	A	G	0.669	0.014	0.002	7.50814e-14	BMI	Yengo	COJO	Yes
	rs12675063	8	132879047	A	T	0.887	-0.016	0.003	1.75142e-09	BMI	Yengo	COJO	No
	rs16906845	8	138215228	A	G	0.067	-0.023	0.004	1.13858e-09	BMI	Yengo	COJO	Yes
	rs13263601	8	14095900	A	C	0.652	-0.012	0.002	5.13058e-11	BMI	Yengo	COJO	No

310	rs903959	8	142630782	A	T	0.396	0.011	0.002	2.73302e-09	BMI	Yengo	COJO	Yes
	rs10110727	8	14324437	A	G	0.293	0.012	0.002	7.66696e-09	BMI	Yengo	COJO	Yes
	rs4076358	8	144910239	A	G	0.621	0.010	0.002	1.56932e-09	BMI	Yengo	COJO	No
	rs11987383	8	15197115	A	C	0.880	-0.016	0.003	1.40396e-09	BMI	Yengo	COJO	Yes
	rs2543132	8	15536311	C	G	0.813	0.017	0.002	1.16975e-14	BMI	Yengo	COJO	Yes
	rs4366093	8	20639811	T	C	0.320	-0.011	0.002	3.93907e-09	BMI	Yengo	COJO	No
	rs11781222	8	23389571	T	C	0.871	0.015	0.002	1.18852e-10	BMI	Yengo	COJO	Yes
	rs1594830	8	26334167	C	G	0.788	-0.012	0.002	3.82788e-09	BMI	Yengo	COJO	No
	rs17446091	8	27167942	T	C	0.793	-0.012	0.002	3.90821e-09	BMI	Yengo	COJO	Yes
	rs1982441	8	28021769	T	G	0.138	0.015	0.003	6.15557e-09	BMI	Yengo	COJO	Yes
	rs2100814	8	28118130	A	G	0.410	0.012	0.002	3.19374e-11	BMI	Yengo	COJO	Yes
	rs1362910	8	30856464	A	G	0.418	0.015	0.002	1.33528e-16	BMI	Yengo	COJO	Yes
	rs7844647	8	34503776	T	C	0.732	0.013	0.002	3.38117e-12	BMI	Yengo	COJO	Yes
	rs881301	8	38332318	T	C	0.582	-0.010	0.002	3.39391e-09	BMI	Yengo	COJO	No
	rs17069831	8	4137396	T	C	0.280	-0.013	0.002	3.428e-10	BMI	Yengo	COJO	No
	rs1658820	8	4288577	T	G	0.247	0.015	0.002	4.40724e-12	BMI	Yengo	COJO	No
	rs4737183	8	64720693	A	G	0.530	0.012	0.002	4.41407e-11	BMI	Yengo	COJO	No

311	rs16932761	8	67202787	A	G	0.254	-0.014	0.002	4.62177e-12	BMI	Yengo	COJO	Yes
	rs1431659	8	73439070	A	G	0.266	0.020	0.002	1.44305e-26	BMI	Yengo	COJO	Yes
	rs2170382	8	74689288	T	C	0.120	0.017	0.003	5.13189e-10	BMI	Yengo	COJO	No
	rs1405348	8	77228222	A	G	0.432	-0.013	0.002	6.66143e-12	BMI	Yengo	COJO	Yes
	rs16907751	8	81375457	T	C	0.105	-0.020	0.003	3.83773e-11	BMI	Yengo	COJO	No
	rs7827182	8	8380471	C	G	0.495	0.015	0.002	3.59448e-13	BMI	Yengo	COJO	No
	rs733594	8	85077686	T	C	0.718	0.014	0.002	4.68855e-14	BMI	Yengo	COJO	Yes
	rs2634047	8	85696337	C	G	0.242	-0.013	0.002	3.73667e-11	BMI	Yengo	COJO	No
	rs7006629	8	87519542	T	C	0.526	0.012	0.002	2.31588e-12	BMI	Yengo	COJO	Yes
	rs1700137	8	89461609	T	C	0.312	-0.013	0.002	2.13801e-12	BMI	Yengo	COJO	Yes
	rs1394	8	9511654	A	G	0.640	-0.049	0.002	4.34438e-97	BMI	Yengo	COJO	Yes
	rs12680842	8	95582606	A	G	0.680	0.011	0.002	3.46782e-10	BMI	Yengo	COJO	Yes
	rs1399054	8	9785503	A	G	0.799	0.022	0.003	1.26318e-15	BMI	Yengo	COJO	Yes
	rs497417	8	9790041	A	T	0.786	0.073	0.003	1.66596e-119	BMI	Yengo	COJO	Yes
	rs450231	9	101481205	A	G	0.753	-0.014	0.002	2.58676e-12	BMI	Yengo	COJO	Yes
	rs10118701	9	103061366	A	G	0.677	-0.013	0.002	3.46109e-12	BMI	Yengo	COJO	No
	rs10989568	9	104396304	A	G	0.462	0.013	0.002	7.62983e-12	BMI	Yengo	COJO	Yes

312	rs7024334	9	109072075	T	G	0.226	0.012	0.002	9.14693e-10	BMI	Yengo	COJO	No
	rs6477694	9	111932342	T	C	0.644	-0.012	0.002	4.57337e-12	BMI	Yengo	COJO	Yes
	rs17820822	9	11831420	T	G	0.645	0.011	0.002	2.10335e-09	BMI	Yengo	COJO	No
	rs1928295	9	120378483	T	C	0.554	0.015	0.002	2.09919e-20	BMI	Yengo	COJO	No
	rs7865157	9	122631560	T	C	0.107	0.017	0.003	5.16415e-10	BMI	Yengo	COJO	Yes
	rs10818810	9	126096522	A	G	0.391	0.011	0.002	1.16738e-09	BMI	Yengo	COJO	Yes
	rs10818938	9	127049237	A	G	0.422	0.012	0.002	8.01125e-13	BMI	Yengo	COJO	Yes
	rs4515655	9	128616073	T	C	0.401	-0.011	0.002	1.00576e-09	BMI	Yengo	COJO	Yes
	rs3829849	9	129390800	T	C	0.359	0.012	0.002	7.83878e-12	BMI	Yengo	COJO	No
	rs3902840	9	129419025	A	G	0.086	0.025	0.003	1.44143e-15	BMI	Yengo	COJO	Yes
	rs13292976	9	129467340	T	C	0.446	0.011	0.002	1.74754e-09	BMI	Yengo	COJO	No
	rs3739555	9	129940416	T	G	0.807	0.014	0.002	8.21748e-09	BMI	Yengo	COJO	Yes
	rs7871866	9	131027982	C	G	0.153	0.015	0.003	2.76607e-09	BMI	Yengo	COJO	Yes
	rs4740383	9	133783566	A	G	0.416	0.012	0.002	1.57894e-10	BMI	Yengo	COJO	Yes
	rs11792069	9	140646121	A	G	0.830	0.015	0.002	3.75867e-10	BMI	Yengo	COJO	No
	rs11790280	9	14651283	T	C	0.614	-0.011	0.002	2.61429e-09	BMI	Yengo	COJO	Yes

313	rs6474945	9	15670492	T	G	0.450	-0.017	0.002	2.14158e-25	BMI	Yengo	COJO	Yes
	rs10962549	9	16719445	T	C	0.168	0.018	0.002	5.52433e-15	BMI	Yengo	COJO	Yes
	rs483752	9	27612918	T	C	0.742	0.013	0.002	1.49735e-09	BMI	Yengo	COJO	No
	rs7874154	9	27777012	T	C	0.502	-0.012	0.002	1.01335e-11	BMI	Yengo	COJO	Yes
	rs1412235	9	28410996	C	G	0.318	0.033	0.002	2.42296e-52	BMI	Yengo	COJO	No
	rs10971712	9	33820938	T	C	0.108	-0.018	0.003	7.28896e-11	BMI	Yengo	COJO	Yes
	rs13290794	9	37183628	A	G	0.358	-0.013	0.002	3.14916e-12	BMI	Yengo	COJO	Yes
	rs7042372	9	6959840	A	G	0.657	0.013	0.002	2.96483e-12	BMI	Yengo	COJO	No
	rs2174307	9	73791849	C	G	0.407	0.011	0.002	3.16828e-11	BMI	Yengo	COJO	No
	rs10867256	9	81367391	T	C	0.553	-0.011	0.002	7.00134e-11	BMI	Yengo	COJO	No
	rs17351791	9	83263089	A	C	0.635	0.011	0.002	2.19507e-09	BMI	Yengo	COJO	No
	rs1865341	9	8845911	T	C	0.758	0.013	0.002	1.00195e-10	BMI	Yengo	COJO	No
	rs3739733	9	88897891	A	G	0.780	0.013	0.002	6.3254e-10	BMI	Yengo	COJO	Yes
	rs10797115	9	92191256	T	C	0.536	0.012	0.002	3.35761e-12	BMI	Yengo	COJO	Yes
	rs7869771	9	94180627	A	C	0.735	0.013	0.002	3.09775e-12	BMI	Yengo	COJO	No
	rs4744275	9	96482633	A	G	0.266	0.011	0.002	1.46181e-09	BMI	Yengo	COJO	No
	rs1983864	10	100017453	T	G	0.667	0.012	0.002	2.78521e-10	BMI	Yengo	COJO	No

314	rs17094222	10	102395440	T	C	0.796	-0.027	0.003	4.41621e-25	BMI	Yengo	COJO	Yes
	rs11190661	10	102452136	T	C	0.315	-0.018	0.003	8.79762e-13	BMI	Yengo	COJO	Yes
	rs10883553	10	102635475	A	C	0.451	0.012	0.002	1.66842e-10	BMI	Yengo	COJO	Yes
	rs9787495	10	103206115	A	G	0.437	-0.011	0.002	5.00235e-09	BMI	Yengo	COJO	Yes
	rs7083450	10	103984060	T	C	0.839	0.019	0.003	1.22652e-10	BMI	Yengo	COJO	Yes
	rs10883759	10	104412049	A	G	0.302	-0.012	0.002	7.94294e-11	BMI	Yengo	COJO	Yes
	rs12411886	10	104685299	A	C	0.083	0.034	0.003	1.14438e-26	BMI	Yengo	COJO	Yes
	rs1712517	10	105033015	T	C	0.468	-0.012	0.002	3.32796e-10	BMI	Yengo	COJO	Yes
	rs9419958	10	105675946	T	C	0.136	-0.015	0.003	5.52942e-09	BMI	Yengo	COJO	No
	rs7903146	10	114758349	T	C	0.291	-0.013	0.002	5.16961e-11	BMI	Yengo	COJO	Yes
	rs10886017	10	118672531	A	C	0.252	0.013	0.002	7.52007e-11	BMI	Yengo	COJO	No
	rs845084	10	125220036	A	G	0.268	0.013	0.002	1.80689e-10	BMI	Yengo	COJO	No
	rs17636031	10	126594078	T	C	0.730	-0.017	0.002	2.69494e-16	BMI	Yengo	COJO	No
	rs7893571	10	16750129	T	G	0.662	0.014	0.002	4.06658e-14	BMI	Yengo	COJO	No
	rs12776880	10	19776828	A	T	0.683	0.012	0.002	1.36018e-09	BMI	Yengo	COJO	No
	rs7084454	10	21821274	A	G	0.335	0.020	0.002	1.04257e-25	BMI	Yengo	COJO	Yes
	rs11251352	10	2585792	A	G	0.401	-0.012	0.002	1.98127e-10	BMI	Yengo	COJO	No

315	rs3781099	10	27318776	T	C	0.082	0.020	0.003	8.07102e-11	BMI	Yengo	COJO	Yes
	rs3851083	10	33862727	A	G	0.432	-0.009	0.002	9.46767e-09	BMI	Yengo	COJO	No
	rs1937684	10	53680085	A	T	0.659	0.011	0.002	6.09023e-10	BMI	Yengo	COJO	No
	rs2163188	10	65314711	C	G	0.474	0.011	0.002	2.73381e-09	BMI	Yengo	COJO	No
	rs12098284	10	76047464	T	C	0.124	0.016	0.003	6.06171e-09	BMI	Yengo	COJO	No
	rs7899106	10	87410904	A	G	0.952	-0.032	0.004	1.67386e-17	BMI	Yengo	COJO	No
	rs10887578	10	88096047	C	G	0.490	0.012	0.002	3.57876e-13	BMI	Yengo	COJO	No
	rs2631681	10	93032943	T	C	0.325	-0.011	0.002	4.68066e-10	BMI	Yengo	COJO	Yes
	rs793520	10	99032375	A	G	0.323	0.012	0.002	1.48511e-10	BMI	Yengo	COJO	No
	rs577525	10	99769388	T	C	0.432	-0.013	0.002	1.15667e-13	BMI	Yengo	COJO	Yes
	rs719802	11	113234679	T	C	0.380	0.011	0.002	1.76889e-09	BMI	Yengo	COJO	No
	rs1048932	11	115044850	A	C	0.416	-0.016	0.002	9.94686e-21	BMI	Yengo	COJO	No
	rs12417072	11	115623272	A	G	0.885	-0.016	0.003	2.42758e-09	BMI	Yengo	COJO	Yes
	rs12420725	11	117017530	A	G	0.941	-0.022	0.004	6.31084e-09	BMI	Yengo	COJO	Yes
	rs573455	11	117267884	A	G	0.453	-0.012	0.002	3.57389e-12	BMI	Yengo	COJO	Yes
	rs1037587	11	11796727	T	C	0.454	0.010	0.002	7.2289e-09	BMI	Yengo	COJO	No

316	rs9332817	11	118365210	C	G	0.026	-0.035	0.006	8.71066e-09	BMI	Yengo	COJO	Yes
	rs1003081	11	118913993	T	C	0.450	0.010	0.002	3.31688e-10	BMI	Yengo	COJO	Yes
	rs4936671	11	121942512	C	G	0.367	0.012	0.002	4.98216e-11	BMI	Yengo	COJO	Yes
	rs7941030	11	122522375	T	C	0.614	-0.011	0.002	6.15278e-11	BMI	Yengo	COJO	No
	rs3134438	11	122765667	A	C	0.286	0.012	0.002	2.19897e-10	BMI	Yengo	COJO	Yes
	rs1625427	11	131957293	T	C	0.650	0.013	0.002	1.06399e-13	BMI	Yengo	COJO	Yes
	rs4936175	11	132641959	T	C	0.556	-0.013	0.002	3.02945e-14	BMI	Yengo	COJO	No
	rs900144	11	13294268	T	C	0.567	0.016	0.002	7.07905e-21	BMI	Yengo	COJO	No
	rs329651	11	133767622	T	G	0.806	0.017	0.002	4.79101e-15	BMI	Yengo	COJO	No
	rs3802924	11	133827733	A	C	0.800	0.014	0.002	9.10631e-10	BMI	Yengo	COJO	Yes
	rs12364470	11	134601012	T	G	0.837	-0.017	0.002	1.32129e-14	BMI	Yengo	COJO	No
	rs10832778	11	17394073	C	G	0.378	-0.011	0.002	2.79434e-11	BMI	Yengo	COJO	Yes
	rs10840606	11	2234690	A	G	0.826	-0.017	0.002	8.65956e-13	BMI	Yengo	COJO	No
	rs7124442	11	27677041	T	C	0.683	-0.021	0.002	2.66729e-30	BMI	Yengo	COJO	No
	rs6265	11	27679916	T	C	0.195	-0.036	0.002	1.69864e-56	BMI	Yengo	COJO	Yes
	rs11030385	11	28629115	A	G	0.395	-0.019	0.002	5.11122e-19	BMI	Yengo	COJO	No
	rs7948120	11	28763321	T	C	0.260	-0.013	0.002	1.15932e-10	BMI	Yengo	COJO	Yes

317	rs1552717	11	29158495	A	T	0.865	0.018	0.003	2.0221e-11	BMI	Yengo	COJO	No
	rs1782507	11	30243868	T	G	0.653	-0.013	0.002	2.36874e-10	BMI	Yengo	COJO	Yes
	rs223051	11	32131303	T	C	0.676	0.011	0.002	9.15017e-09	BMI	Yengo	COJO	Yes
	rs10838122	11	43551416	T	C	0.480	-0.010	0.002	3.95969e-09	BMI	Yengo	COJO	No
	rs12577642	11	43728534	A	T	0.686	-0.022	0.002	1.26198e-32	BMI	Yengo	COJO	Yes
	rs10769165	11	45706453	T	C	0.523	-0.011	0.002	1.75087e-09	BMI	Yengo	COJO	Yes
	rs12574668	11	46422686	A	C	0.178	0.035	0.004	1.28526e-22	BMI	Yengo	COJO	Yes
	rs17197116	11	46520302	T	C	0.914	0.035	0.005	5.1285e-13	BMI	Yengo	COJO	Yes
	rs11039014	11	46895378	A	G	0.774	0.016	0.002	3.28216e-12	BMI	Yengo	COJO	Yes
	rs7124681	11	47529947	A	C	0.413	0.041	0.002	2.61265e-87	BMI	Yengo	COJO	Yes
	rs7131262	11	47836302	A	T	0.260	-0.022	0.002	1.84353e-24	BMI	Yengo	COJO	Yes
	rs10838852	11	48286256	T	C	0.563	-0.088	0.004	1.47824e-86	BMI	Yengo	COJO	Yes
	rs7478904	11	48630323	T	C	0.128	-0.052	0.004	4.11206e-33	BMI	Yengo	COJO	Yes
	rs1473579	11	48901553	A	G	0.412	-0.086	0.005	4.33017e-75	BMI	Yengo	COJO	No
	rs7120873	11	49459474	T	C	0.111	0.054	0.004	1.86902e-47	BMI	Yengo	COJO	Yes
	rs7924371	11	49620595	T	C	0.557	-0.050	0.004	1.20276e-42	BMI	Yengo	COJO	Yes
	rs10839472	11	49994823	T	C	0.766	0.040	0.003	1.38527e-47	BMI	Yengo	COJO	Yes

318	rs2612203	11	54914689	A	G	0.035	0.040	0.005	2.38464e-13	BMI	Yengo	COJO	Yes
	rs10459012	11	55091574	A	C	0.224	0.028	0.003	4.37001e-28	BMI	Yengo	COJO	No
	rs551137	11	55323307	T	C	0.256	0.060	0.005	1.17603e-32	BMI	Yengo	COJO	Yes
	rs11231548	11	55686588	A	G	0.987	-0.040	0.006	9.91979e-11	BMI	Yengo	COJO	Yes
	rs4939051	11	56206141	C	G	0.789	0.066	0.006	1.38508e-30	BMI	Yengo	COJO	Yes
	rs4542429	11	56446833	T	C	0.484	-0.029	0.003	1.07015e-24	BMI	Yengo	COJO	Yes
	rs1943477	11	56973793	T	C	0.058	-0.022	0.004	3.72631e-10	BMI	Yengo	COJO	Yes
	rs11600990	11	64082807	T	C	0.157	-0.015	0.002	8.14317e-10	BMI	Yengo	COJO	No
	rs7102454	11	65594820	T	C	0.656	-0.012	0.002	4.14532e-11	BMI	Yengo	COJO	No
	rs524281	11	65886662	A	C	0.758	-0.015	0.002	1.12088e-12	BMI	Yengo	COJO	Yes
	rs7122539	11	66662731	A	G	0.342	-0.013	0.002	2.29158e-12	BMI	Yengo	COJO	No
	rs587230	11	69299771	A	G	0.165	0.018	0.002	1.25498e-13	BMI	Yengo	COJO	Yes
	rs1789165	11	69481969	A	G	0.639	0.013	0.002	4.99394e-13	BMI	Yengo	COJO	No
	rs2440885	11	70563286	A	G	0.533	0.012	0.002	3.60716e-11	BMI	Yengo	COJO	Yes
	rs7123876	11	72444583	T	C	0.754	-0.011	0.002	2.31532e-09	BMI	Yengo	COJO	Yes
	rs7117238	11	78040259	A	G	0.168	-0.014	0.002	1.57471e-10	BMI	Yengo	COJO	Yes

319	rs1452134	11	86133416	T	C	0.542	-0.010	0.002	3.96532e-09	BMI	Yengo	COJO	No
	rs12575252	11	8694073	C	G	0.351	-0.016	0.002	2.02836e-16	BMI	Yengo	COJO	Yes
	rs10830452	11	89966202	A	G	0.671	-0.012	0.002	1.56737e-10	BMI	Yengo	COJO	Yes
	rs2605603	11	93221105	A	G	0.489	-0.010	0.002	2.52753e-10	BMI	Yengo	COJO	No
	rs4764949	12	103658096	A	G	0.664	0.019	0.002	2.27898e-24	BMI	Yengo	COJO	No
	rs11611496	12	108413828	A	G	0.222	-0.015	0.002	1.14616e-13	BMI	Yengo	COJO	No
	rs17608150	12	110046698	T	C	0.075	0.019	0.003	4.61594e-09	BMI	Yengo	COJO	Yes
	rs6606686	12	110903380	C	G	0.690	-0.014	0.002	2.51573e-14	BMI	Yengo	COJO	Yes
	rs6490055	12	111768973	A	G	0.767	-0.053	0.004	2.57023e-39	BMI	Yengo	COJO	Yes
	rs1558236	12	111780998	C	G	0.973	0.056	0.007	9.85265e-15	BMI	Yengo	COJO	Yes
	rs3809272	12	111800258	A	G	0.284	0.020	0.002	9.46305e-18	BMI	Yengo	COJO	Yes
	rs12369009	12	112019799	T	G	0.797	0.061	0.005	3.44735e-34	BMI	Yengo	COJO	Yes
	rs10850031	12	112771063	T	G	0.720	-0.045	0.004	2.1769e-28	BMI	Yengo	COJO	Yes
	rs11066301	12	112871372	A	G	0.566	0.012	0.002	1.07391e-10	BMI	Yengo	COJO	Yes
	rs4766710	12	114437708	A	G	0.936	0.023	0.004	1.36346e-10	BMI	Yengo	COJO	No
	rs884282	12	117579274	T	C	0.575	-0.011	0.002	9.82197e-10	BMI	Yengo	COJO	No
	rs7973955	12	118409640	A	G	0.285	-0.012	0.002	1.53119e-09	BMI	Yengo	COJO	Yes

320	rs3887080	12	121661966	A	G	0.121	0.018	0.003	4.40967e-11	BMI	Yengo	COJO	Yes
	rs7133378	12	124409502	A	G	0.327	0.011	0.002	4.62226e-09	BMI	Yengo	COJO	Yes
	rs10773049	12	124506631	T	C	0.598	-0.010	0.002	2.74118e-09	BMI	Yengo	COJO	No
	rs7968230	12	133481917	A	G	0.323	0.012	0.002	4.70071e-11	BMI	Yengo	COJO	No
	rs12422552	12	14413931	C	G	0.266	-0.014	0.002	1.78836e-12	BMI	Yengo	COJO	No
	rs10744146	12	17212881	A	G	0.515	-0.014	0.002	5.93645e-15	BMI	Yengo	COJO	No
	rs10840674	12	17360254	A	G	0.694	-0.011	0.002	1.69329e-09	BMI	Yengo	COJO	Yes
	rs621042	12	18789007	A	C	0.451	-0.011	0.002	1.58072e-10	BMI	Yengo	COJO	Yes
	rs7134375	12	20473758	A	C	0.434	0.012	0.002	4.55679e-10	BMI	Yengo	COJO	Yes
	rs2429150	12	2152655	A	C	0.584	-0.012	0.002	8.05496e-12	BMI	Yengo	COJO	No
	rs2467110	12	23067302	T	C	0.270	-0.014	0.002	1.3662e-10	BMI	Yengo	COJO	Yes
	rs10842240	12	24060075	C	G	0.116	0.020	0.003	3.20943e-13	BMI	Yengo	COJO	Yes
	rs10772055	12	33379440	C	G	0.866	-0.017	0.002	4.30356e-13	BMI	Yengo	COJO	No
	rs12306932	12	38242029	T	C	0.510	-0.019	0.003	1.24124e-13	BMI	Yengo	COJO	Yes
	rs17096549	12	38529333	A	G	0.976	0.053	0.006	3.73665e-17	BMI	Yengo	COJO	No
	rs6580755	12	39159190	T	C	0.433	-0.033	0.004	1.49214e-17	BMI	Yengo	COJO	Yes
	rs7958206	12	39329294	A	G	0.402	0.018	0.003	2.05433e-09	BMI	Yengo	COJO	Yes

321	rs10876418	12	39428802	T	C	0.232	-0.019	0.002	3.07576e-19	BMI	Yengo	COJO	Yes
	rs11172702	12	39982413	A	G	0.923	0.032	0.004	1.34862e-16	BMI	Yengo	COJO	Yes
	rs2733287	12	41880909	A	C	0.517	-0.016	0.002	5.39854e-21	BMI	Yengo	COJO	Yes
	rs2240108	12	48180508	T	C	0.151	-0.016	0.003	1.8843e-09	BMI	Yengo	COJO	Yes
	rs7965658	12	49987929	A	G	0.200	-0.014	0.002	9.96141e-10	BMI	Yengo	COJO	No
	rs7138803	12	50247468	A	G	0.377	0.029	0.002	3.55981e-44	BMI	Yengo	COJO	Yes
	rs4077093	12	51593616	T	G	0.217	0.013	0.002	4.28634e-09	BMI	Yengo	COJO	Yes
	rs4759073	12	54653258	A	G	0.400	-0.012	0.002	1.18139e-11	BMI	Yengo	COJO	No
	rs4759228	12	56508409	C	G	0.297	-0.014	0.002	3.78946e-14	BMI	Yengo	COJO	Yes
	rs7975187	12	60964108	A	G	0.793	-0.014	0.002	7.78558e-11	BMI	Yengo	COJO	Yes
	rs1819844	12	68205604	A	G	0.180	0.014	0.002	2.46482e-11	BMI	Yengo	COJO	No
	rs10878946	12	69642315	T	C	0.714	-0.015	0.002	1.51006e-14	BMI	Yengo	COJO	Yes
	rs11115176	12	82465797	T	C	0.760	0.017	0.002	7.05941e-15	BMI	Yengo	COJO	No
	rs7313924	12	89899912	C	G	0.714	0.012	0.002	4.57627e-10	BMI	Yengo	COJO	No
	rs2731222	12	90595383	A	C	0.270	0.012	0.002	4.00914e-10	BMI	Yengo	COJO	Yes
	rs116111246	12	939480	T	G	0.210	0.025	0.002	6.92909e-35	BMI	Yengo	COJO	No

322	rs10745785	12	97586257	T	C	0.667	-0.011	0.002	9.00014e-10	BMI	Yengo	COJO	Yes
	rs651548	12	99560183	A	G	0.368	0.013	0.002	3.34293e-10	BMI	Yengo	COJO	Yes
	rs2479958	13	111984244	A	G	0.492	0.013	0.002	1.82522e-12	BMI	Yengo	COJO	No
	rs1218822	13	28011963	A	G	0.666	0.015	0.002	2.1779e-18	BMI	Yengo	COJO	No
	rs1006353	13	28047269	A	G	0.248	0.011	0.002	5.05348e-09	BMI	Yengo	COJO	Yes
	rs9507983	13	28620036	T	C	0.607	-0.013	0.002	3.05857e-10	BMI	Yengo	COJO	Yes
	rs9554263	13	28681228	C	G	0.769	-0.012	0.002	6.75789e-09	BMI	Yengo	COJO	Yes
	rs1045411	13	31033232	T	C	0.265	-0.015	0.002	8.26436e-16	BMI	Yengo	COJO	No
	rs9595908	13	33184288	T	C	0.628	0.016	0.002	1.81783e-20	BMI	Yengo	COJO	Yes
	rs9544915	13	36230485	T	C	0.860	0.015	0.003	1.5256e-09	BMI	Yengo	COJO	Yes
	rs9603697	13	40783323	T	C	0.319	0.015	0.002	2.98939e-16	BMI	Yengo	COJO	No
	rs12429545	13	54102206	A	G	0.125	0.034	0.003	8.52812e-40	BMI	Yengo	COJO	No
	rs10467530	13	54694130	C	G	0.136	0.019	0.003	2.58264e-12	BMI	Yengo	COJO	Yes
	rs9527706	13	58402479	A	G	0.729	-0.011	0.002	9.75658e-09	BMI	Yengo	COJO	No
	rs9538141	13	59178258	A	G	0.509	0.013	0.002	1.60147e-12	BMI	Yengo	COJO	Yes
	rs1333423	13	59425111	A	T	0.225	0.015	0.002	2.40161e-11	BMI	Yengo	COJO	Yes
	rs892261	13	65884191	T	C	0.443	-0.012	0.002	3.61498e-10	BMI	Yengo	COJO	Yes

323	rs9540493	13	66205704	A	G	0.442	0.017	0.002	3.24607e-21	BMI	Yengo	COJO	Yes
	rs9571687	13	67472713	A	C	0.329	-0.017	0.002	4.09886e-19	BMI	Yengo	COJO	No
	rs629443	13	76386075	T	G	0.250	0.011	0.002	5.33532e-09	BMI	Yengo	COJO	Yes
	rs1668633	13	78371890	T	C	0.574	0.011	0.002	1.59002e-10	BMI	Yengo	COJO	No
	rs9530843	13	79563749	A	C	0.556	0.014	0.002	3.98457e-14	BMI	Yengo	COJO	No
	rs1927790	13	96922191	T	C	0.589	-0.013	0.002	2.15136e-14	BMI	Yengo	COJO	No
	rs7334078	13	99120484	T	C	0.712	0.013	0.002	2.45311e-11	BMI	Yengo	COJO	No
	rs12147845	14	101144596	T	C	0.114	0.020	0.003	2.17551e-13	BMI	Yengo	COJO	Yes
	rs7147503	14	101539384	T	C	0.370	-0.012	0.002	9.74881e-12	BMI	Yengo	COJO	Yes
	rs8016771	14	102649451	T	G	0.912	-0.022	0.003	4.3261e-12	BMI	Yengo	COJO	Yes
	rs3803286	14	103246470	A	G	0.343	0.017	0.002	1.988e-20	BMI	Yengo	COJO	Yes
	rs2010281	14	103862322	A	G	0.355	-0.011	0.002	8.42863e-09	BMI	Yengo	COJO	Yes
	rs10132280	14	25928179	A	C	0.302	-0.020	0.002	2.25306e-27	BMI	Yengo	COJO	No
	rs4981693	14	29680331	A	G	0.771	0.016	0.002	1.20011e-13	BMI	Yengo	COJO	No
	rs12885454	14	29736838	A	C	0.343	-0.015	0.002	2.81474e-16	BMI	Yengo	COJO	Yes
	rs8016859	14	30484722	C	G	0.040	0.033	0.004	2.48964e-14	BMI	Yengo	COJO	Yes
	rs17522122	14	33302882	T	G	0.481	0.016	0.002	6.8271e-22	BMI	Yengo	COJO	Yes

324	rs9806058	14	35673470	A	T	0.877	0.015	0.003	9.67137e-09	BMI	Yengo	COJO	Yes
	rs1956151	14	40101060	A	G	0.821	-0.016	0.002	6.21278e-12	BMI	Yengo	COJO	No
	rs12587412	14	47272423	T	G	0.490	0.011	0.002	5.40259e-10	BMI	Yengo	COJO	Yes
	rs217671	14	62360464	A	G	0.728	-0.013	0.002	4.57761e-11	BMI	Yengo	COJO	No
	rs2412107	14	65426216	T	G	0.208	0.014	0.002	2.13314e-10	BMI	Yengo	COJO	Yes
	rs11844682	14	65910844	C	G	0.661	-0.010	0.002	9.6839e-09	BMI	Yengo	COJO	Yes
	rs3902951	14	69789755	T	G	0.754	-0.012	0.002	3.35658e-09	BMI	Yengo	COJO	No
	rs1205106	14	72269668	A	G	0.542	-0.010	0.002	8.01841e-09	BMI	Yengo	COJO	Yes
	rs17105272	14	77529783	T	C	0.319	0.011	0.002	2.22132e-09	BMI	Yengo	COJO	No
	rs10146527	14	79499850	T	C	0.636	0.013	0.002	2.3724e-14	BMI	Yengo	COJO	Yes
	rs2003616	14	79903993	T	G	0.288	0.013	0.002	9.02933e-10	BMI	Yengo	COJO	Yes
	rs7144011	14	79940383	T	G	0.214	0.030	0.002	1.21977e-34	BMI	Yengo	COJO	Yes
	rs799132	14	82684748	A	T	0.221	-0.012	0.002	5.68499e-09	BMI	Yengo	COJO	No
	rs12888545	14	88308044	A	G	0.748	-0.017	0.002	3.76464e-16	BMI	Yengo	COJO	No
	rs1951455	14	91512339	T	C	0.275	-0.014	0.002	8.93136e-13	BMI	Yengo	COJO	Yes
	rs2160077	14	92428410	A	G	0.429	0.012	0.002	1.08738e-12	BMI	Yengo	COJO	Yes

325	rs10131890	14	97258752	A	C	0.950	-0.025	0.004	1.56419e-10	BMI	Yengo	COJO	No
	rs17096552	14	98626578	A	G	0.136	-0.020	0.003	2.53438e-12	BMI	Yengo	COJO	No
	rs3850422	14	99671788	A	G	0.446	-0.011	0.002	3.64218e-12	BMI	Yengo	COJO	Yes
	rs4906908	15	27040082	T	G	0.475	-0.010	0.002	1.49701e-09	BMI	Yengo	COJO	No
	rs4284600	15	31843528	T	C	0.529	-0.010	0.002	7.16318e-09	BMI	Yengo	COJO	No
	rs7181610	15	35826859	A	T	0.858	0.015	0.003	4.16197e-09	BMI	Yengo	COJO	Yes
	rs8036040	15	36402716	A	C	0.493	0.011	0.002	1.24255e-10	BMI	Yengo	COJO	No
	rs316611	15	41751678	T	C	0.255	0.013	0.002	1.71752e-09	BMI	Yengo	COJO	Yes
	rs12439798	15	46584787	T	G	0.423	0.013	0.002	3.56592e-14	BMI	Yengo	COJO	No
	rs3736485	15	51748610	A	G	0.456	0.012	0.002	1.13907e-12	BMI	Yengo	COJO	Yes
	rs1657930	15	57120989	A	G	0.803	-0.017	0.002	1.36983e-12	BMI	Yengo	COJO	No
	rs340025	15	60908307	T	C	0.428	-0.012	0.002	9.83373e-13	BMI	Yengo	COJO	No
	rs8033510	15	61445514	T	C	0.371	0.012	0.002	1.91955e-10	BMI	Yengo	COJO	Yes
	rs17238110	15	62150364	A	G	0.837	0.035	0.005	2.0236e-12	BMI	Yengo	COJO	Yes
	rs12595158	15	62316035	T	C	0.024	-0.040	0.005	1.54389e-13	BMI	Yengo	COJO	Yes
	rs11635675	15	63793238	T	G	0.646	0.017	0.002	2.10913e-19	BMI	Yengo	COJO	No
	rs6494481	15	64849904	T	G	0.119	0.022	0.003	1.12657e-11	BMI	Yengo	COJO	Yes

326	rs11629783	15	66741387	C	G	0.769	0.015	0.002	6.63492e-13	BMI	Yengo	COJO	Yes
	rs16951319	15	68103632	T	C	0.134	-0.017	0.003	1.07389e-09	BMI	Yengo	COJO	Yes
	rs13329567	15	68104367	T	C	0.231	-0.035	0.002	8.08292e-56	BMI	Yengo	COJO	Yes
	rs7164727	15	73093991	T	C	0.681	0.017	0.002	2.23894e-24	BMI	Yengo	COJO	Yes
	rs2593280	15	76150965	A	G	0.852	0.015	0.003	1.14475e-09	BMI	Yengo	COJO	No
	rs403656	15	76755506	A	G	0.850	0.072	0.006	8.81617e-38	BMI	Yengo	COJO	Yes
	rs2459359	15	76863838	C	G	0.948	0.066	0.006	1.99762e-27	BMI	Yengo	COJO	Yes
	rs10519151	15	77156899	A	T	0.067	0.031	0.005	4.80962e-10	BMI	Yengo	COJO	Yes
	rs4886506	15	77207277	T	G	0.695	0.040	0.004	6.68108e-24	BMI	Yengo	COJO	Yes
	rs12148386	15	77254544	T	C	0.458	0.048	0.004	2.56438e-29	BMI	Yengo	COJO	Yes
	rs4886869	15	77799657	A	G	0.395	-0.029	0.002	2.75464e-33	BMI	Yengo	COJO	No
	rs8024932	15	77915282	T	G	0.893	0.021	0.003	3.42207e-12	BMI	Yengo	COJO	Yes
	rs11855853	15	78012618	T	C	0.265	-0.021	0.002	9.91551e-23	BMI	Yengo	COJO	No
	rs6495252	15	78117685	T	C	0.383	0.013	0.002	2.81001e-12	BMI	Yengo	COJO	Yes
	rs12595749	15	79432359	A	G	0.571	0.015	0.002	1.4718e-18	BMI	Yengo	COJO	Yes
	rs12593036	15	81058652	A	G	0.701	0.016	0.002	3.1853e-15	BMI	Yengo	COJO	Yes
	rs12902742	15	83647483	A	T	0.091	0.021	0.003	9.51619e-11	BMI	Yengo	COJO	Yes

327	rs11259933	15	84580156	A	G	0.523	-0.013	0.002	1.67038e-12	BMI	Yengo	COJO	Yes
	rs150353	15	89928189	T	G	0.556	-0.011	0.002	7.75046e-10	BMI	Yengo	COJO	No
	rs12101393	15	92570921	C	G	0.780	0.016	0.002	8.18539e-12	BMI	Yengo	COJO	No
	rs7181498	15	95271404	T	C	0.369	0.015	0.002	1.42444e-17	BMI	Yengo	COJO	Yes
	rs4985155	16	15129459	A	G	0.663	0.012	0.002	1.03746e-10	BMI	Yengo	COJO	Yes
	rs12446632	16	19935389	A	G	0.142	-0.034	0.002	1.05213e-42	BMI	Yengo	COJO	No
	rs868554	16	20050466	C	G	0.754	-0.017	0.002	3.20942e-17	BMI	Yengo	COJO	Yes
	rs11074446	16	20255123	T	C	0.869	0.025	0.002	6.90089e-25	BMI	Yengo	COJO	Yes
	rs9931967	16	20375351	T	G	0.508	0.015	0.002	2.54903e-18	BMI	Yengo	COJO	Yes
	rs2516739	16	2097158	A	G	0.217	-0.013	0.002	9.47971e-09	BMI	Yengo	COJO	No
	rs9927848	16	23833071	A	C	0.733	-0.013	0.002	8.43217e-11	BMI	Yengo	COJO	No
	rs7195386	16	24578458	T	C	0.501	0.015	0.002	4.46158e-18	BMI	Yengo	COJO	No
	rs1862451	16	24803620	A	G	0.731	0.016	0.002	1.70606e-15	BMI	Yengo	COJO	Yes
	rs7187776	16	28857645	A	G	0.593	-0.027	0.002	1.39499e-62	BMI	Yengo	COJO	Yes
	rs1057452	16	29833714	A	G	0.037	0.017	0.002	1.32895e-12	BMI	Yengo	COJO	Yes
	rs3814883	16	29994922	T	C	0.476	0.023	0.002	5.78877e-43	BMI	Yengo	COJO	No

328	rs1549293	16	31141993	T	C	0.360	-0.017	0.002	4.03338e-21	BMI	Yengo	COJO	Yes
	rs12448257	16	3599655	A	G	0.218	0.022	0.002	6.10817e-26	BMI	Yengo	COJO	Yes
	rs3794702	16	3730613	A	T	0.196	0.014	0.002	5.16233e-09	BMI	Yengo	COJO	No
	rs11866815	16	387867	T	C	0.246	-0.017	0.002	6.4716e-19	BMI	Yengo	COJO	No
	rs879620	16	4015729	T	C	0.618	0.016	0.002	2.05295e-11	BMI	Yengo	COJO	Yes
	rs2080454	16	49062590	A	C	0.621	-0.011	0.002	7.26363e-10	BMI	Yengo	COJO	No
	rs1564981	16	50986308	A	G	0.458	0.011	0.002	2.74368e-11	BMI	Yengo	COJO	Yes
	rs17795934	16	51926509	T	C	0.298	-0.011	0.002	4.17013e-10	BMI	Yengo	COJO	No
	rs12443621	16	52548037	A	G	0.533	-0.012	0.002	1.36229e-11	BMI	Yengo	COJO	Yes
	rs16952479	16	53770578	A	T	0.946	-0.036	0.005	2.70518e-15	BMI	Yengo	COJO	Yes
	rs8047395	16	53798523	A	G	0.506	0.041	0.004	8.20676e-30	BMI	Yengo	COJO	Yes
	rs11075986	16	53805344	C	G	0.915	0.030	0.005	8.96878e-11	BMI	Yengo	COJO	Yes
	rs3751813	16	53818708	T	G	0.541	0.018	0.003	4.32607e-12	BMI	Yengo	COJO	Yes
	rs9931164	16	53825238	A	G	0.982	0.080	0.006	1.71441e-37	BMI	Yengo	COJO	Yes
	rs9922708	16	53831146	T	C	0.432	0.031	0.003	4.65792e-21	BMI	Yengo	COJO	Yes
	rs2075205	16	54153099	A	T	0.587	0.013	0.002	2.42771e-14	BMI	Yengo	COJO	No
	rs907011	16	54234492	T	G	0.703	0.012	0.002	1.40447e-09	BMI	Yengo	COJO	Yes

329	rs12448738	16	56489343	A	C	0.863	-0.015	0.003	3.38416e-09	BMI	Yengo	COJO	Yes
	rs11075489	16	62803841	T	C	0.483	-0.011	0.002	9.90863e-10	BMI	Yengo	COJO	No
	rs2534760	16	6509009	A	T	0.706	-0.014	0.002	4.31855e-12	BMI	Yengo	COJO	No
	rs10083803	16	6701400	T	C	0.260	-0.011	0.002	8.31941e-09	BMI	Yengo	COJO	Yes
	rs9931407	16	67290155	T	C	0.967	0.046	0.006	4.69059e-15	BMI	Yengo	COJO	No
	rs7200919	16	67316600	A	G	0.413	0.055	0.004	5.19837e-49	BMI	Yengo	COJO	Yes
	rs12920590	16	67420603	T	C	0.648	0.038	0.003	1.10649e-31	BMI	Yengo	COJO	Yes
	rs2863981	16	68295598	A	G	0.410	-0.041	0.004	9.52432e-32	BMI	Yengo	COJO	Yes
	rs2307022	16	68381978	A	G	0.334	0.051	0.003	5.43277e-54	BMI	Yengo	COJO	Yes
	rs10500548	16	69174141	T	C	0.058	0.022	0.004	2.35056e-09	BMI	Yengo	COJO	Yes
	rs889398	16	69556715	T	C	0.425	-0.018	0.002	8.76066e-28	BMI	Yengo	COJO	Yes
	rs7919	16	70514828	A	C	0.450	-0.012	0.002	1.17538e-11	BMI	Yengo	COJO	Yes
	rs11642001	16	71899586	A	G	0.212	-0.025	0.003	8.69724e-16	BMI	Yengo	COJO	Yes
	rs952159	16	71965915	A	G	0.335	0.018	0.003	1.24499e-11	BMI	Yengo	COJO	Yes
	rs756717	16	72996162	A	G	0.397	-0.015	0.002	8.4282e-15	BMI	Yengo	COJO	Yes
	rs825680	16	73606563	A	T	0.583	0.011	0.002	6.65292e-09	BMI	Yengo	COJO	Yes
	rs6564360	16	76779612	A	G	0.810	-0.013	0.002	4.86168e-09	BMI	Yengo	COJO	No

330	rs8046061	16	80752293	T	C	0.550	0.010	0.002	3.82997e-09	BMI	Yengo	COJO	No
	rs12922346	16	82438337	C	G	0.266	0.012	0.002	2.03531e-09	BMI	Yengo	COJO	Yes
	rs4783241	16	82650384	C	G	0.494	-0.011	0.002	1.0154e-09	BMI	Yengo	COJO	Yes
	rs7206608	16	82872628	C	G	0.685	-0.012	0.002	6.66401e-11	BMI	Yengo	COJO	Yes
	rs977540	16	9724750	A	G	0.762	0.012	0.002	6.35598e-10	BMI	Yengo	COJO	Yes
	rs1075901	17	15943910	T	C	0.436	-0.013	0.002	2.08713e-15	BMI	Yengo	COJO	Yes
	rs4516268	17	1846831	A	C	0.192	-0.019	0.002	6.87764e-19	BMI	Yengo	COJO	No
	rs4986044	17	21261560	T	C	0.469	-0.016	0.002	5.61224e-23	BMI	Yengo	COJO	No
	rs7217226	17	2136065	T	G	0.640	-0.011	0.002	1.27487e-10	BMI	Yengo	COJO	Yes
	rs1038088	17	28074563	T	G	0.492	-0.013	0.002	1.22424e-14	BMI	Yengo	COJO	Yes
	rs8067737	17	29349688	T	C	0.110	0.017	0.003	6.79784e-09	BMI	Yengo	COJO	Yes
	rs7211567	17	31460899	T	C	0.220	-0.015	0.002	3.72248e-13	BMI	Yengo	COJO	No
	rs12453418	17	31747629	A	G	0.652	-0.011	0.002	1.85057e-09	BMI	Yengo	COJO	No
	rs1106908	17	34942595	A	G	0.441	-0.016	0.002	8.61506e-22	BMI	Yengo	COJO	Yes
	rs4796243	17	35057883	A	G	0.303	-0.013	0.002	4.45369e-11	BMI	Yengo	COJO	No
	rs8070454	17	38160754	T	C	0.387	-0.010	0.002	9.87203e-09	BMI	Yengo	COJO	Yes

331	rs16966801	17	39573713	A	G	0.798	-0.014	0.002	1.64914e-10	BMI	Yengo	COJO	No
	rs8069296	17	42935059	T	C	0.793	-0.013	0.002	7.7217e-10	BMI	Yengo	COJO	Yes
	rs886444	17	46051911	A	G	0.396	-0.013	0.002	5.63497e-12	BMI	Yengo	COJO	No
	rs208015	17	46252346	T	C	0.078	0.031	0.004	1.52001e-18	BMI	Yengo	COJO	Yes
	rs9299	17	46669430	T	C	0.647	0.015	0.002	2.61814e-15	BMI	Yengo	COJO	Yes
	rs11079849	17	47090785	T	C	0.320	-0.015	0.002	2.9655e-13	BMI	Yengo	COJO	Yes
	rs10515050	17	51923847	T	C	0.415	-0.010	0.002	9.85212e-09	BMI	Yengo	COJO	No
	rs1000940	17	5283252	A	G	0.701	-0.011	0.002	7.62249e-10	BMI	Yengo	COJO	Yes
	rs8079034	17	5412361	T	C	0.188	0.014	0.002	4.91741e-09	BMI	Yengo	COJO	Yes
	rs8071182	17	55336155	A	G	0.174	0.013	0.002	1.14052e-09	BMI	Yengo	COJO	Yes
	rs757608	17	59497277	A	G	0.338	-0.010	0.002	6.77001e-09	BMI	Yengo	COJO	Yes
	rs8075273	17	61728881	A	C	0.282	-0.011	0.002	1.15235e-09	BMI	Yengo	COJO	No
	rs2537847	17	65694355	A	G	0.244	-0.012	0.002	3.39351e-09	BMI	Yengo	COJO	Yes
	rs12602912	17	65870073	T	C	0.205	0.018	0.002	4.77727e-18	BMI	Yengo	COJO	Yes
	rs2619976	17	71754545	T	C	0.413	0.011	0.002	4.27641e-09	BMI	Yengo	COJO	No
	rs7209235	17	73759552	A	G	0.695	-0.012	0.002	5.34822e-10	BMI	Yengo	COJO	No
	rs8081039	17	75995829	T	C	0.057	0.024	0.004	2.83219e-10	BMI	Yengo	COJO	No

332	rs1285245	17	77796889	C	G	0.367	-0.012	0.002	4.18868e-11	BMI	Yengo	COJO	Yes
	rs12939549	17	78611724	A	G	0.566	0.016	0.002	9.86802e-24	BMI	Yengo	COJO	Yes
	rs4889782	17	78640510	T	C	0.602	-0.012	0.002	2.39518e-11	BMI	Yengo	COJO	Yes
	rs4969387	17	79081724	C	G	0.746	-0.017	0.002	1.80783e-15	BMI	Yengo	COJO	Yes
	rs1048775	17	79202329	C	G	0.480	0.012	0.002	1.19174e-09	BMI	Yengo	COJO	Yes
	rs9905991	17	80052073	A	G	0.448	0.011	0.002	6.25724e-10	BMI	Yengo	COJO	Yes
	rs17681708	17	9792872	T	C	0.688	-0.010	0.002	8.65208e-09	BMI	Yengo	COJO	No
	rs8097544	18	1839564	A	G	0.848	-0.021	0.003	3.34685e-17	BMI	Yengo	COJO	Yes
	rs12964689	18	21116998	A	G	0.518	0.023	0.002	1.88346e-38	BMI	Yengo	COJO	No
	rs273697	18	23178748	A	G	0.478	-0.011	0.002	4.0629e-10	BMI	Yengo	COJO	No
	rs1941697	18	31251276	A	G	0.454	0.014	0.002	1.9903e-15	BMI	Yengo	COJO	No
	rs16965062	18	31581247	T	C	0.430	0.010	0.002	8.19529e-09	BMI	Yengo	COJO	Yes
	rs1365466	18	36182440	T	C	0.741	-0.015	0.002	2.9061e-14	BMI	Yengo	COJO	Yes
	rs1791253	18	37103550	T	G	0.063	0.022	0.004	3.11085e-09	BMI	Yengo	COJO	Yes
	rs555267	18	40992698	T	G	0.330	0.011	0.002	1.13381e-09	BMI	Yengo	COJO	Yes
	rs954018	18	42598463	A	G	0.305	-0.014	0.002	9.64715e-15	BMI	Yengo	COJO	No
	rs10438964	18	42950629	T	C	0.276	-0.014	0.002	5.78108e-13	BMI	Yengo	COJO	Yes

33	rs7239114	18	45921214	A	G	0.540	0.012	0.002	1.10487e-12	BMI	Yengo	COJO	Yes
	rs1498139	18	51478026	A	C	0.727	0.013	0.002	3.6834e-10	BMI	Yengo	COJO	Yes
	rs8092503	18	52479487	A	G	0.768	-0.014	0.002	4.53466e-12	BMI	Yengo	COJO	Yes
	rs11659764	18	53335512	A	T	0.053	-0.030	0.004	2.0299e-13	BMI	Yengo	COJO	No
	rs7243357	18	56883319	T	G	0.827	0.021	0.002	2.24659e-23	BMI	Yengo	COJO	No
	rs2000746	18	57677294	A	G	0.734	0.015	0.002	3.54772e-13	BMI	Yengo	COJO	Yes
	rs12327272	18	57726627	A	G	0.114	0.028	0.003	1.81277e-16	BMI	Yengo	COJO	No
	rs1942866	18	57741783	C	G	0.624	0.019	0.003	1.33953e-09	BMI	Yengo	COJO	Yes
	rs8095404	18	57804346	A	T	0.544	-0.040	0.003	1.17398e-31	BMI	Yengo	COJO	Yes
	rs663129	18	57838401	A	G	0.230	0.033	0.003	1.92151e-32	BMI	Yengo	COJO	Yes
	rs9961813	18	57853056	A	C	0.913	0.045	0.004	5.29267e-25	BMI	Yengo	COJO	Yes
	rs8094523	18	57878155	A	G	0.080	-0.044	0.004	5.72846e-30	BMI	Yengo	COJO	Yes
	rs9675376	18	57969244	A	G	0.288	0.022	0.002	1.29341e-22	BMI	Yengo	COJO	Yes
	rs2229616	18	58039276	T	C	0.020	-0.125	0.006	4.05929e-83	BMI	Yengo	COJO	Yes
	rs8087550	18	58371566	A	C	0.492	0.013	0.002	1.35203e-09	BMI	Yengo	COJO	Yes
	rs9951893	18	60739250	T	C	0.525	-0.011	0.002	3.09961e-10	BMI	Yengo	COJO	Yes

34	rs2012927	18	63297672	A	G	0.335	0.011	0.002	2.37185e-09	BMI	Yengo	COJO	No
	rs1241986	18	6873954	A	G	0.848	-0.015	0.002	6.14239e-10	BMI	Yengo	COJO	Yes
	rs8089514	18	69224478	A	T	0.359	0.014	0.002	2.95531e-12	BMI	Yengo	COJO	Yes
	rs11150911	18	73498528	A	C	0.281	0.014	0.002	2.06926e-14	BMI	Yengo	COJO	No
	rs1787267	18	76742544	C	G	0.063	-0.024	0.004	2.75616e-11	BMI	Yengo	COJO	Yes
	rs1608445	18	947954	A	G	0.435	-0.010	0.002	7.89179e-09	BMI	Yengo	COJO	No
	rs12609744	19	12994140	T	C	0.693	-0.013	0.002	1.99225e-11	BMI	Yengo	COJO	Yes
	rs273504	19	18215247	A	G	0.573	-0.013	0.002	3.61053e-13	BMI	Yengo	COJO	No
	rs17724992	19	18454825	A	G	0.740	0.018	0.002	1.92439e-20	BMI	Yengo	COJO	No
	rs757318	19	18820308	A	C	0.480	-0.015	0.002	2.64389e-17	BMI	Yengo	COJO	Yes
	rs998732	19	19378671	A	G	0.842	0.016	0.002	4.33124e-13	BMI	Yengo	COJO	No
	rs2304130	19	19789528	A	G	0.915	0.021	0.004	1.71319e-09	BMI	Yengo	COJO	Yes
	rs8102137	19	30296853	T	C	0.676	-0.019	0.002	4.00942e-25	BMI	Yengo	COJO	No
	rs2866816	19	30683879	T	C	0.739	0.012	0.002	4.08049e-09	BMI	Yengo	COJO	Yes
	rs11668301	19	31016196	A	G	0.848	0.017	0.002	6.81275e-13	BMI	Yengo	COJO	No
	rs10408013	19	33963766	T	C	0.291	0.013	0.002	1.3764e-12	BMI	Yengo	COJO	Yes
	rs29938	19	34311481	T	C	0.328	-0.013	0.002	7.03995e-14	BMI	Yengo	COJO	Yes

335	rs895330	19	4060707	C	G	0.808	0.020	0.002	7.79218e-18	BMI	Yengo	COJO	No
	rs3826705	19	42637232	T	C	0.879	-0.016	0.003	6.07529e-09	BMI	Yengo	COJO	No
	rs2075650	19	45395619	A	G	0.861	0.022	0.002	3.73557e-22	BMI	Yengo	COJO	No
	rs11672660	19	46180184	T	C	0.205	-0.035	0.002	1.97888e-56	BMI	Yengo	COJO	Yes
	rs3810291	19	47569003	A	G	0.670	0.029	0.002	1.13367e-45	BMI	Yengo	COJO	Yes
	rs1884389	20	1410582	T	C	0.429	-0.011	0.002	1.78437e-10	BMI	Yengo	COJO	No
	rs1040881	20	15099816	T	C	0.674	0.011	0.002	1.48839e-09	BMI	Yengo	COJO	Yes
	rs12480713	20	15801600	T	C	0.564	0.013	0.002	8.6833e-11	BMI	Yengo	COJO	Yes
	rs8123881	20	15819495	A	G	0.870	-0.022	0.002	2.14973e-19	BMI	Yengo	COJO	No
	rs4814512	20	16564210	A	C	0.782	0.016	0.002	2.44374e-13	BMI	Yengo	COJO	Yes
	rs6138482	20	25059442	T	C	0.197	0.020	0.002	8.76824e-19	BMI	Yengo	COJO	No
	rs6076348	20	25401827	A	G	0.692	-0.023	0.003	2.09774e-14	BMI	Yengo	COJO	Yes
	rs2386802	20	25971327	A	C	0.668	-0.025	0.003	5.84991e-18	BMI	Yengo	COJO	Yes
	rs6132918	20	26073030	T	C	0.823	-0.023	0.003	2.80217e-15	BMI	Yengo	COJO	Yes
	rs816533	20	26256565	A	G	0.962	-0.031	0.005	6.14267e-10	BMI	Yengo	COJO	Yes
	rs753010	20	29857455	C	G	0.949	-0.044	0.006	1.69264e-13	BMI	Yengo	COJO	No
	rs6061162	20	29893501	T	C	0.913	0.050	0.005	7.69803e-21	BMI	Yengo	COJO	Yes

336	rs676749	20	3026069	A	T	0.502	-0.013	0.002	2.78533e-12	BMI	Yengo	COJO	No
	rs8121840	20	30504530	A	G	0.493	0.010	0.002	4.18059e-09	BMI	Yengo	COJO	Yes
	rs6121381	20	30785593	A	T	0.847	-0.026	0.003	1.75709e-19	BMI	Yengo	COJO	Yes
	rs6058635	20	30891925	C	G	0.434	0.027	0.003	3.09405e-18	BMI	Yengo	COJO	Yes
	rs293566	20	31097877	T	C	0.653	-0.016	0.002	2.11507e-11	BMI	Yengo	COJO	Yes
	rs13041173	20	32542814	A	G	0.659	-0.056	0.004	8.50076e-36	BMI	Yengo	COJO	Yes
	rs17091470	20	32606299	T	G	0.925	-0.051	0.005	1.14212e-24	BMI	Yengo	COJO	Yes
	rs6142096	20	32686658	A	G	0.528	0.020	0.003	1.33266e-11	BMI	Yengo	COJO	Yes
	rs1015363	20	32738335	A	G	0.556	0.034	0.004	1.76219e-20	BMI	Yengo	COJO	Yes
	rs1015362	20	32738612	T	C	0.287	0.020	0.003	5.38243e-09	BMI	Yengo	COJO	No
	rs6088529	20	33170752	A	C	0.342	0.049	0.004	4.00906e-41	BMI	Yengo	COJO	Yes
	rs6060151	20	33594226	T	G	0.632	-0.062	0.004	4.31417e-47	BMI	Yengo	COJO	Yes
	rs13045538	20	33595525	T	C	0.960	-0.066	0.007	5.71864e-24	BMI	Yengo	COJO	Yes
	rs3746429	20	33703607	T	C	0.173	0.067	0.005	6.23545e-47	BMI	Yengo	COJO	Yes
	rs143384	20	34025756	A	G	0.589	0.015	0.002	9.65034e-14	BMI	Yengo	COJO	Yes
	rs6088943	20	34420023	A	T	0.939	0.025	0.004	4.41703e-11	BMI	Yengo	COJO	No

337	rs2425241	20	35018412	T	C	0.067	-0.024	0.004	5.59489e-12	BMI	Yengo	COJO	Yes
	rs2143253	20	41987392	A	G	0.119	-0.019	0.003	3.95779e-13	BMI	Yengo	COJO	Yes
	rs2425857	20	44914134	A	G	0.441	0.014	0.002	1.14442e-15	BMI	Yengo	COJO	No
	rs6019482	20	47495560	T	C	0.165	-0.018	0.002	3.05175e-15	BMI	Yengo	COJO	Yes
	rs17806379	20	51107290	T	C	0.179	-0.025	0.002	2.1529e-27	BMI	Yengo	COJO	No
	rs1512065	20	53453326	A	G	0.237	0.014	0.002	6.67444e-12	BMI	Yengo	COJO	Yes
	rs559267	20	54157497	A	G	0.664	-0.013	0.002	2.33674e-13	BMI	Yengo	COJO	No
	rs6011457	20	61530915	A	T	0.498	-0.012	0.002	6.47994e-12	BMI	Yengo	COJO	Yes
	rs310618	20	62127121	T	C	0.671	-0.012	0.002	4.84413e-11	BMI	Yengo	COJO	No
	rs12625413	20	62380542	T	C	0.655	-0.011	0.002	1.86282e-09	BMI	Yengo	COJO	Yes
	rs8567	20	62522315	A	G	0.523	-0.010	0.002	1.7702e-09	BMI	Yengo	COJO	Yes
	rs1884897	20	6612832	A	G	0.369	-0.019	0.002	3.07094e-29	BMI	Yengo	COJO	No
	rs9979651	21	34153330	C	G	0.929	-0.021	0.004	2.57236e-09	BMI	Yengo	COJO	No
	rs762147	21	39238610	A	G	0.271	-0.012	0.002	1.29944e-10	BMI	Yengo	COJO	Yes
	rs13047416	21	40309436	C	G	0.623	0.012	0.002	5.75696e-10	BMI	Yengo	COJO	No
	rs2836961	21	40627020	A	C	0.616	-0.012	0.002	1.02551e-11	BMI	Yengo	COJO	Yes
	rs2838006	21	42653567	T	C	0.362	-0.013	0.002	2.39134e-12	BMI	Yengo	COJO	Yes

338	rs427943	21	46570896	A	C	0.433	-0.017	0.002	1.1523e-20	BMI	Yengo	COJO	No
	rs4820408	22	40604945	T	G	0.408	0.020	0.002	9.86739e-25	BMI	Yengo	COJO	No
	rs5750913	22	40640285	A	G	0.754	-0.013	0.002	7.05749e-09	BMI	Yengo	COJO	Yes
	rs9615905	22	48875699	T	C	0.450	0.010	0.002	2.57041e-09	BMI	Yengo	COJO	No
	rs1730859	1	107617707	A	G	0.658	-0.012	0.002	1.1e-11	BMI	Yengo	non-COJO	No
	rs12035149	1	107885018	C	G	0.777	-0.015	0.002	3.9e-12	BMI	Yengo	non-COJO	Yes
	rs17531363	1	107977075	A	C	0.697	0.013	0.002	2e-12	BMI	Yengo	non-COJO	Yes
	rs7550711	1	110082886	T	C	0.031	0.065	0.005	3.2e-38	BMI	Yengo	non-COJO	No
	rs12033257	1	112318484	A	G	0.616	0.015	0.002	2.4e-15	BMI	Yengo	non-COJO	Yes
	rs10779751	1	11284336	A	G	0.274	0.014	0.002	2.5e-14	BMI	Yengo	non-COJO	Yes
	rs12731372	1	118852975	T	C	0.232	0.012	0.002	1.2e-09	BMI	Yengo	non-COJO	Yes
	rs10923724	1	119546842	T	C	0.572	-0.012	0.002	6.4e-13	BMI	Yengo	non-COJO	Yes
	rs6587552	1	151018861	A	G	0.241	0.017	0.002	1.6e-17	BMI	Yengo	non-COJO	No
	rs905938	1	154991389	T	C	0.732	-0.015	0.002	1.2e-15	BMI	Yengo	non-COJO	Yes
	rs11577179	1	155983710	A	G	0.372	-0.011	0.002	1.5e-10	BMI	Yengo	non-COJO	Yes
	rs10733051	1	167280354	A	G	0.520	0.010	0.002	2.9e-09	BMI	Yengo	non-COJO	No
	rs12044597	1	1708801	A	G	0.497	-0.014	0.002	1.7e-18	BMI	Yengo	non-COJO	No

339	rs761423	1	17301672	T	C	0.550	0.011	0.002	5.5e-11	BMI	Yengo	non-COJO	No
	rs12564992	1	174478100	A	G	0.886	-0.020	0.003	5.3e-14	BMI	Yengo	non-COJO	No
	rs6700816	1	174883994	A	T	0.968	0.034	0.005	8.9e-12	BMI	Yengo	non-COJO	Yes
	rs543874	1	177889480	A	G	0.805	-0.048	0.002	1.2e-122	BMI	Yengo	non-COJO	No
	rs10920678	1	190239907	A	G	0.429	0.016	0.002	1.5e-21	BMI	Yengo	non-COJO	No
	rs12041258	1	195047936	T	C	0.771	0.015	0.002	9.5e-13	BMI	Yengo	non-COJO	No
	rs10754210	1	197012111	A	G	0.311	-0.012	0.002	3.2e-11	BMI	Yengo	non-COJO	Yes
	rs2820311	1	201841476	A	G	0.663	-0.024	0.002	4.1e-38	BMI	Yengo	non-COJO	No
	rs9077	1	202116238	A	G	0.330	-0.014	0.002	3.5e-13	BMI	Yengo	non-COJO	Yes
	rs823074	1	205774839	T	C	0.588	0.011	0.002	1.6e-10	BMI	Yengo	non-COJO	No
	rs17014375	1	209543560	T	G	0.865	-0.017	0.002	1.1e-11	BMI	Yengo	non-COJO	Yes
	rs11118308	1	219633869	A	G	0.530	0.010	0.002	4.8e-10	BMI	Yengo	non-COJO	No
	rs10915840	1	225668524	A	G	0.283	-0.012	0.002	1.3e-09	BMI	Yengo	non-COJO	No
	rs967605	1	23399932	T	C	0.833	-0.019	0.002	1.7e-16	BMI	Yengo	non-COJO	No
	rs2491864	1	242986063	A	G	0.215	0.014	0.002	7.3e-11	BMI	Yengo	non-COJO	No
	rs12042959	1	243533273	A	G	0.850	0.014	0.002	3.4e-09	BMI	Yengo	non-COJO	No

340	rs3753549	1	243722892	T	C	0.856	-0.020	0.002	1.7e-15	BMI	Yengo	non-COJO	Yes
	rs7535528	1	2444414	A	G	0.374	-0.015	0.002	1.4e-16	BMI	Yengo	non-COJO	No
	rs785278	1	33307987	A	T	0.177	-0.016	0.002	2.8e-12	BMI	Yengo	non-COJO	No
	rs4653017	1	33776728	T	C	0.682	0.012	0.002	4.5e-11	BMI	Yengo	non-COJO	Yes
	rs9426003	1	34602870	A	G	0.295	-0.012	0.002	1.4e-09	BMI	Yengo	non-COJO	No
	rs11583122	1	38053458	T	C	0.079	0.018	0.003	7.4e-10	BMI	Yengo	non-COJO	Yes
	rs2282231	1	39569571	T	C	0.225	0.016	0.002	4.8e-15	BMI	Yengo	non-COJO	Yes
	rs946526	1	46487168	T	C	0.043	-0.031	0.004	1.7e-13	BMI	Yengo	non-COJO	No
	rs2275426	1	46487552	A	G	0.434	0.010	0.002	2e-10	BMI	Yengo	non-COJO	Yes
	rs6700838	1	47700027	T	C	0.596	-0.017	0.002	2.5e-22	BMI	Yengo	non-COJO	Yes
	rs7531656	1	49828663	A	G	0.325	0.020	0.002	7.4e-29	BMI	Yengo	non-COJO	Yes
	rs2356865	1	50836334	T	C	0.295	-0.011	0.002	1.6e-09	BMI	Yengo	non-COJO	No
	rs2481665	1	62594677	T	C	0.559	0.016	0.002	7.2e-23	BMI	Yengo	non-COJO	No
	rs11208662	1	65987164	C	G	0.088	0.021	0.003	2e-11	BMI	Yengo	non-COJO	Yes
	rs6577584	1	6715390	T	G	0.654	-0.013	0.002	3.7e-13	BMI	Yengo	non-COJO	No
	rs7531118	1	72837239	T	C	0.460	-0.026	0.002	3.6e-54	BMI	Yengo	non-COJO	No
	rs2590942	1	72885281	T	G	0.816	0.029	0.002	1.2e-46	BMI	Yengo	non-COJO	Yes

341	rs12042908	1	74997762	A	G	0.436	0.018	0.002	1.4e-29	BMI	Yengo	non-COJO	Yes
	rs12035349	1	77557339	A	G	0.870	-0.019	0.003	1.1e-12	BMI	Yengo	non-COJO	Yes
	rs17391694	1	78623626	T	C	0.119	0.032	0.002	7.5e-38	BMI	Yengo	non-COJO	Yes
	rs2154297	1	80791708	T	C	0.712	-0.012	0.002	1.2e-09	BMI	Yengo	non-COJO	Yes
	rs284227	1	82379446	T	C	0.745	-0.015	0.002	3.5e-15	BMI	Yengo	non-COJO	No
	rs7556169	1	8741401	A	G	0.386	-0.010	0.002	5.4e-09	BMI	Yengo	non-COJO	Yes
	rs6690764	1	92976590	A	G	0.792	-0.015	0.002	6.3e-12	BMI	Yengo	non-COJO	No
	rs1973993	1	96943994	T	C	0.410	-0.021	0.002	4.7e-33	BMI	Yengo	non-COJO	Yes
	rs2030342	1	97388226	T	C	0.575	0.014	0.002	1.9e-16	BMI	Yengo	non-COJO	No
	rs4372296	1	98320492	A	C	0.771	-0.013	0.002	7.6e-11	BMI	Yengo	non-COJO	Yes
	rs4303732	2	100830040	T	C	0.603	0.014	0.002	2.2e-16	BMI	Yengo	non-COJO	No
	rs6711584	2	104421692	A	G	0.454	0.013	0.002	2.2e-13	BMI	Yengo	non-COJO	No
	rs1451533	2	105466005	A	G	0.273	0.017	0.002	1e-17	BMI	Yengo	non-COJO	Yes
	rs902695	2	113955074	A	G	0.480	-0.010	0.002	2.2e-09	BMI	Yengo	non-COJO	No
	rs17551974	2	142293146	A	C	0.178	-0.014	0.002	1.9e-10	BMI	Yengo	non-COJO	No
	rs2890652	2	142959931	T	C	0.824	-0.017	0.002	2.5e-13	BMI	Yengo	non-COJO	Yes
	rs6710871	2	143960593	A	G	0.142	0.018	0.002	1e-13	BMI	Yengo	non-COJO	No

342	rs7560871	2	145616899	A	G	0.073	0.022	0.003	9.6e-11	BMI	Yengo	non-COJO	Yes
	rs453520	2	147907202	T	C	0.583	-0.015	0.002	7e-18	BMI	Yengo	non-COJO	Yes
	rs16828086	2	151198990	C	G	0.617	0.010	0.002	1e-08	BMI	Yengo	non-COJO	Yes
	rs7600699	2	156018263	C	G	0.842	-0.015	0.002	6.4e-10	BMI	Yengo	non-COJO	No
	rs6738445	2	172599615	T	C	0.284	-0.013	0.002	1.9e-13	BMI	Yengo	non-COJO	No
	rs10930641	2	175000711	A	G	0.591	-0.014	0.002	3.6e-15	BMI	Yengo	non-COJO	No
	rs9630985	2	181607676	A	C	0.324	-0.018	0.002	4.4e-22	BMI	Yengo	non-COJO	Yes
	rs10497807	2	198585087	C	G	0.520	-0.011	0.002	1.5e-11	BMI	Yengo	non-COJO	No
	rs7564679	2	204012790	A	G	0.428	-0.012	0.002	1.3e-12	BMI	Yengo	non-COJO	No
	rs12694021	2	206084372	A	C	0.448	0.011	0.002	1e-09	BMI	Yengo	non-COJO	No
	rs972540	2	207244783	A	G	0.727	-0.013	0.002	8e-13	BMI	Yengo	non-COJO	Yes
	rs17203016	2	208255518	A	G	0.804	-0.015	0.002	2.1e-13	BMI	Yengo	non-COJO	Yes
	rs4673553	2	211608379	T	G	0.544	-0.014	0.002	2.1e-16	BMI	Yengo	non-COJO	No
	rs1437929	2	211983316	A	G	0.288	0.014	0.002	9.9e-13	BMI	Yengo	non-COJO	Yes
	rs7599312	2	213413231	A	G	0.265	-0.019	0.002	6.9e-24	BMI	Yengo	non-COJO	Yes
	rs7607369	2	219279097	A	G	0.439	0.012	0.002	9.3e-13	BMI	Yengo	non-COJO	Yes

343	rs11889536	2	220163543	A	G	0.851	0.019	0.002	6.4e-15	BMI	Yengo	non-COJO	Yes
	rs12479233	2	228891702	A	T	0.487	-0.012	0.002	1.6e-12	BMI	Yengo	non-COJO	No
	rs10211055	2	229016917	T	C	0.654	-0.016	0.002	7.2e-18	BMI	Yengo	non-COJO	Yes
	rs6720868	2	230663576	T	C	0.329	0.016	0.002	5.1e-17	BMI	Yengo	non-COJO	Yes
	rs10182181	2	25150296	A	G	0.525	-0.032	0.002	6.7e-90	BMI	Yengo	non-COJO	No
	rs4372836	2	28973883	T	C	0.303	0.014	0.002	7.3e-16	BMI	Yengo	non-COJO	Yes
	rs6548221	2	295255	A	G	0.225	0.015	0.002	1.7e-14	BMI	Yengo	non-COJO	No
	rs17327461	2	35512183	T	C	0.450	0.012	0.002	1.5e-14	BMI	Yengo	non-COJO	No
	rs4670626	2	37046657	T	C	0.357	-0.011	0.002	4.9e-10	BMI	Yengo	non-COJO	No
	rs6713781	2	40291940	C	G	0.414	-0.012	0.002	3.8e-12	BMI	Yengo	non-COJO	Yes
	rs4639527	2	416815	A	G	0.699	-0.017	0.002	3.3e-20	BMI	Yengo	non-COJO	Yes
	rs17035438	2	46878616	A	G	0.094	0.020	0.003	3.3e-11	BMI	Yengo	non-COJO	No
	rs7561278	2	48954905	T	C	0.786	0.016	0.002	5.7e-14	BMI	Yengo	non-COJO	No
	rs930295	2	50233352	A	C	0.158	0.021	0.002	1e-19	BMI	Yengo	non-COJO	Yes
	rs7598402	2	50735943	C	G	0.510	0.012	0.002	2.1e-12	BMI	Yengo	non-COJO	No
	rs7601895	2	55281901	C	G	0.704	0.015	0.002	1.7e-15	BMI	Yengo	non-COJO	Yes
	rs13432055	2	56603985	T	C	0.714	-0.012	0.002	8.9e-11	BMI	Yengo	non-COJO	Yes

34	rs929641	2	58792377	A	G	0.584	0.015	0.002	4.8e-20	BMI	Yengo	non-COJO	Yes
	rs4671328	2	58935282	T	G	0.447	0.022	0.002	2.2e-36	BMI	Yengo	non-COJO	No
	rs6545714	2	59307725	A	G	0.614	-0.019	0.002	9.1e-31	BMI	Yengo	non-COJO	No
	rs4671358	2	60164634	A	T	0.596	0.010	0.002	6.7e-09	BMI	Yengo	non-COJO	No
	rs980329	2	60285100	T	C	0.752	-0.013	0.002	2.5e-11	BMI	Yengo	non-COJO	Yes
	rs10929925	2	6155557	A	C	0.430	-0.014	0.002	1.8e-18	BMI	Yengo	non-COJO	Yes
	rs13417156	2	62848319	T	C	0.564	-0.014	0.002	2.6e-17	BMI	Yengo	non-COJO	Yes
	rs13021737	2	632348	A	G	0.168	-0.057	0.002	7.5e-157	BMI	Yengo	non-COJO	Yes
	rs7607351	2	69562127	T	C	0.581	0.012	0.002	8.4e-12	BMI	Yengo	non-COJO	No
	rs934515	2	79482643	A	G	0.118	0.018	0.003	7.6e-12	BMI	Yengo	non-COJO	Yes
	rs1371108	2	81816251	A	C	0.325	0.012	0.002	9e-11	BMI	Yengo	non-COJO	No
	rs7557796	2	86766153	T	C	0.348	0.016	0.002	2.3e-19	BMI	Yengo	non-COJO	No
	rs1436343	3	104606130	A	G	0.408	-0.014	0.002	7.3e-16	BMI	Yengo	non-COJO	No
	rs13321566	3	107342662	A	G	0.816	-0.014	0.002	4.7e-09	BMI	Yengo	non-COJO	Yes
	rs7640424	3	107820063	T	C	0.297	-0.014	0.002	2.3e-14	BMI	Yengo	non-COJO	No
	rs4273371	3	108119071	T	C	0.502	-0.012	0.002	1.2e-12	BMI	Yengo	non-COJO	Yes
	rs17681451	3	114399296	A	G	0.084	-0.020	0.003	3.5e-10	BMI	Yengo	non-COJO	No

345	rs6804181	3	116937546	A	T	0.821	0.015	0.002	5.5e-11	BMI	Yengo	non-COJO	Yes
	rs4624596	3	119571541	T	C	0.815	0.014	0.002	2.2e-09	BMI	Yengo	non-COJO	No
	rs2124499	3	123093541	C	G	0.372	-0.012	0.002	3.4e-13	BMI	Yengo	non-COJO	Yes
	rs1899951	3	12394840	T	C	0.131	0.017	0.002	3.1e-12	BMI	Yengo	non-COJO	No
	rs1909586	3	124687767	T	G	0.598	-0.011	0.002	4.8e-09	BMI	Yengo	non-COJO	Yes
	rs9809534	3	125189782	C	G	0.877	0.016	0.003	2.3e-10	BMI	Yengo	non-COJO	Yes
	rs1320903	3	131758077	A	G	0.317	0.022	0.002	9.2e-32	BMI	Yengo	non-COJO	No
	rs580438	3	13345450	T	C	0.332	0.011	0.002	6.5e-10	BMI	Yengo	non-COJO	Yes
	rs10935143	3	134665159	A	G	0.454	-0.011	0.002	2.8e-10	BMI	Yengo	non-COJO	No
	rs6786582	3	135898984	T	C	0.726	-0.016	0.002	7.5e-18	BMI	Yengo	non-COJO	No
	rs16851483	3	141275436	T	G	0.069	0.037	0.004	3.2e-26	BMI	Yengo	non-COJO	Yes
	rs355777	3	154034950	C	G	0.411	0.015	0.002	1.4e-18	BMI	Yengo	non-COJO	No
	rs7615297	3	156299313	C	G	0.854	0.015	0.002	5.7e-10	BMI	Yengo	non-COJO	No
	rs6767619	3	156893782	C	G	0.345	0.012	0.002	8.1e-11	BMI	Yengo	non-COJO	Yes
	rs827092	3	157985182	T	C	0.583	0.013	0.002	1.1e-13	BMI	Yengo	non-COJO	Yes
	rs11128760	3	15873407	A	G	0.403	0.011	0.002	3.1e-10	BMI	Yengo	non-COJO	No

346	rs5396	3	170744815	T	C	0.724	-0.015	0.002	3e-17	BMI	Yengo	non-COJO	No
	rs39654	3	173095123	A	G	0.445	-0.014	0.002	6.5e-17	BMI	Yengo	non-COJO	Yes
	rs6443750	3	181329682	T	C	0.193	-0.015	0.002	3.2e-12	BMI	Yengo	non-COJO	No
	rs262956	3	183486117	T	G	0.347	0.012	0.002	6.1e-12	BMI	Yengo	non-COJO	Yes
	rs2293605	3	184044433	T	C	0.131	-0.017	0.003	3.6e-10	BMI	Yengo	non-COJO	No
	rs9816226	3	185834499	A	T	0.180	-0.032	0.002	1.6e-52	BMI	Yengo	non-COJO	Yes
	rs6764533	3	196088464	A	G	0.359	0.012	0.002	1.4e-10	BMI	Yengo	non-COJO	No
	rs4858193	3	20441050	T	C	0.722	0.013	0.002	1.6e-11	BMI	Yengo	non-COJO	Yes
	rs6804842	3	25106437	A	G	0.428	-0.016	0.002	3.6e-21	BMI	Yengo	non-COJO	Yes
	rs9814633	3	41310470	A	G	0.343	0.012	0.002	2.1e-11	BMI	Yengo	non-COJO	No
	rs10460960	3	42308735	A	G	0.888	0.020	0.002	8.1e-15	BMI	Yengo	non-COJO	Yes
	rs28350	3	42418446	A	G	0.193	0.018	0.002	3.5e-15	BMI	Yengo	non-COJO	Yes
	rs6442101	3	48130893	T	C	0.682	-0.012	0.002	2.5e-11	BMI	Yengo	non-COJO	No
	rs3731544	3	48207997	A	C	0.071	0.021	0.003	7.5e-12	BMI	Yengo	non-COJO	Yes
	rs2230590	3	49936102	T	C	0.492	-0.024	0.002	4.1e-44	BMI	Yengo	non-COJO	No
	rs12631248	3	50080174	C	G	0.922	-0.025	0.003	3e-17	BMI	Yengo	non-COJO	Yes
	rs9838283	3	50820486	A	G	0.798	0.016	0.003	1e-09	BMI	Yengo	non-COJO	Yes

347	rs2710323	3	52815905	T	C	0.520	-0.014	0.002	4.8e-18	BMI	Yengo	non-COJO	Yes
	rs2680648	3	53777176	T	C	0.765	0.016	0.002	3.8e-15	BMI	Yengo	non-COJO	Yes
	rs12488237	3	56114861	T	C	0.948	-0.024	0.004	4.5e-11	BMI	Yengo	non-COJO	Yes
	rs2365389	3	61236462	T	C	0.414	-0.017	0.002	1.3e-25	BMI	Yengo	non-COJO	No
	rs1452075	3	62481063	T	C	0.728	0.014	0.002	1.3e-14	BMI	Yengo	non-COJO	No
	rs925018	3	62713143	C	G	0.676	-0.013	0.002	1.4e-13	BMI	Yengo	non-COJO	No
	rs11915371	3	70539559	A	C	0.796	-0.015	0.002	2.6e-12	BMI	Yengo	non-COJO	Yes
	rs775731	3	77624784	T	C	0.588	-0.011	0.002	6.6e-10	BMI	Yengo	non-COJO	No
	rs1554193	3	8138801	A	T	0.471	-0.010	0.002	4.4e-09	BMI	Yengo	non-COJO	No
	rs3849570	3	81792112	A	C	0.341	0.013	0.002	3.3e-14	BMI	Yengo	non-COJO	Yes
	rs10511093	3	83763541	T	C	0.074	-0.023	0.003	1.1e-11	BMI	Yengo	non-COJO	No
	rs1375561	3	85658230	T	C	0.654	0.017	0.002	3.1e-24	BMI	Yengo	non-COJO	No
	rs2122042	3	85866335	T	G	0.206	0.024	0.002	2.3e-31	BMI	Yengo	non-COJO	Yes
	rs9714342	3	90428286	T	C	0.423	-0.015	0.002	6.1e-15	BMI	Yengo	non-COJO	Yes
	rs1454687	3	94038085	C	G	0.477	0.020	0.002	5.2e-32	BMI	Yengo	non-COJO	No
	rs3915844	3	9514856	A	G	0.143	0.015	0.002	2.2e-09	BMI	Yengo	non-COJO	Yes
	rs2850969	4	102183594	T	C	0.857	-0.016	0.002	1.3e-11	BMI	Yengo	non-COJO	No

348	rs7377083	4	102708997	A	C	0.436	0.020	0.002	1.4e-27	BMI	Yengo	non-COJO	Yes
	rs13107325	4	103188709	T	C	0.074	0.047	0.003	1.1e-47	BMI	Yengo	non-COJO	Yes
	rs6843738	4	103936001	A	G	0.329	-0.011	0.002	7.2e-10	BMI	Yengo	non-COJO	Yes
	rs326889	4	112713436	T	C	0.393	-0.013	0.002	2.4e-13	BMI	Yengo	non-COJO	No
	rs7694732	4	115124089	A	G	0.562	0.010	0.002	8.7e-09	BMI	Yengo	non-COJO	No
	rs4864201	4	130731284	T	C	0.353	0.014	0.002	1.5e-16	BMI	Yengo	non-COJO	No
	rs1296328	4	137083193	A	C	0.434	0.018	0.002	4.9e-24	BMI	Yengo	non-COJO	No
	rs769674	4	140881964	A	T	0.678	0.014	0.002	2.2e-13	BMI	Yengo	non-COJO	Yes
	rs331949	4	143663206	T	C	0.627	-0.011	0.002	1e-10	BMI	Yengo	non-COJO	Yes
	rs1455137	4	145986668	A	C	0.620	-0.011	0.002	4.4e-10	BMI	Yengo	non-COJO	Yes
	rs11736228	4	147376805	A	T	0.741	0.014	0.002	4.1e-12	BMI	Yengo	non-COJO	No
	rs6827083	4	153075491	A	G	0.569	-0.010	0.002	4.8e-09	BMI	Yengo	non-COJO	No
	rs13110266	4	162129844	A	G	0.406	-0.012	0.002	1.9e-12	BMI	Yengo	non-COJO	No
	rs17538472	4	163038241	T	C	0.191	0.013	0.002	4.2e-09	BMI	Yengo	non-COJO	Yes
	rs1522569	4	171632637	T	G	0.818	0.016	0.002	2.9e-13	BMI	Yengo	non-COJO	No
	rs7683836	4	180167906	A	G	0.540	-0.011	0.002	6.3e-11	BMI	Yengo	non-COJO	No

349	rs1477887	4	18514827	A	G	0.457	-0.014	0.002	2e-15	BMI	Yengo	non-COJO	No
	rs1323068	4	20263058	A	G	0.321	-0.011	0.002	6.9e-10	BMI	Yengo	non-COJO	Yes
	rs9291467	4	25428296	T	C	0.462	0.014	0.002	6.7e-16	BMI	Yengo	non-COJO	No
	rs6448587	4	28561990	A	C	0.811	0.017	0.002	2.3e-13	BMI	Yengo	non-COJO	No
	rs1345148	4	30843533	T	C	0.603	-0.011	0.002	2.5e-10	BMI	Yengo	non-COJO	Yes
	rs1000096	4	38692835	T	C	0.380	-0.014	0.002	1.8e-15	BMI	Yengo	non-COJO	No
	rs1866510	4	44514468	T	C	0.350	-0.010	0.002	8.1e-09	BMI	Yengo	non-COJO	Yes
	rs10938397	4	45182527	A	G	0.568	-0.032	0.002	3.4e-86	BMI	Yengo	non-COJO	Yes
	rs2768950	4	49064487	A	G	0.251	0.012	0.002	7.5e-10	BMI	Yengo	non-COJO	No
	rs711347	4	52926216	A	T	0.749	-0.012	0.002	4.5e-10	BMI	Yengo	non-COJO	Yes
	rs2192158	4	55505360	A	G	0.460	0.013	0.002	8.3e-14	BMI	Yengo	non-COJO	Yes
	rs925421	4	60253877	A	G	0.266	0.012	0.002	5.8e-09	BMI	Yengo	non-COJO	No
	rs11945861	4	65700865	A	G	0.237	-0.015	0.002	5e-13	BMI	Yengo	non-COJO	Yes
	rs7674623	4	80794681	T	C	0.198	0.014	0.002	5.7e-10	BMI	Yengo	non-COJO	No
	rs4148155	4	89054667	A	G	0.887	0.019	0.003	5e-13	BMI	Yengo	non-COJO	Yes
	rs1903579	4	91253956	C	G	0.550	0.011	0.002	1.1e-10	BMI	Yengo	non-COJO	No
	rs7710595	5	106506697	A	C	0.534	0.010	0.002	5e-09	BMI	Yengo	non-COJO	No

	rs40067	5	107439012	A	G	0.171	-0.027	0.002	7.1e-30	BMI	Yengo	non-COJO	Yes
	rs6595205	5	119372533	C	G	0.470	0.011	0.002	2e-12	BMI	Yengo	non-COJO	No
	rs7711753	5	122733317	A	G	0.436	-0.013	0.002	3.4e-16	BMI	Yengo	non-COJO	No
	rs6877851	5	130356413	C	G	0.234	-0.012	0.002	8.8e-10	BMI	Yengo	non-COJO	Yes
	rs329124	5	133865452	A	G	0.577	0.013	0.002	5.3e-14	BMI	Yengo	non-COJO	No
	rs7716275	5	137631073	T	G	0.193	-0.013	0.002	2.2e-10	BMI	Yengo	non-COJO	No
	rs13174863	5	139080745	A	G	0.845	-0.019	0.002	2.9e-16	BMI	Yengo	non-COJO	Yes
	rs2190788	5	144484261	T	G	0.311	0.014	0.002	2.9e-14	BMI	Yengo	non-COJO	No
350	rs10066835	5	151254297	T	C	0.016	0.043	0.007	6.5e-09	BMI	Yengo	non-COJO	Yes
	rs7715256	5	153537893	T	G	0.578	-0.017	0.002	2.2e-24	BMI	Yengo	non-COJO	Yes
	rs17056301	5	158271680	T	C	0.736	-0.012	0.002	2.4e-09	BMI	Yengo	non-COJO	No
	rs248139	5	167352783	A	G	0.193	0.013	0.002	1.2e-09	BMI	Yengo	non-COJO	No
	rs7730898	5	170459675	A	G	0.729	0.017	0.002	4.5e-20	BMI	Yengo	non-COJO	Yes
	rs4518345	5	27185904	A	G	0.284	-0.012	0.002	1e-09	BMI	Yengo	non-COJO	No
	rs7730004	5	43191033	T	C	0.669	0.015	0.002	9.1e-16	BMI	Yengo	non-COJO	No
	rs12189178	5	50914726	T	C	0.038	0.036	0.005	2.2e-15	BMI	Yengo	non-COJO	Yes
	rs6449531	5	60712212	A	G	0.354	-0.013	0.002	2.1e-12	BMI	Yengo	non-COJO	No

351	rs6888159	5	63932234	C	G	0.683	0.011	0.002	5.8e-10	BMI	Yengo	non-COJO	No
	rs2367112	5	64168193	T	G	0.508	0.012	0.002	2.3e-13	BMI	Yengo	non-COJO	Yes
	rs25832	5	66175682	A	G	0.732	0.012	0.002	9.2e-10	BMI	Yengo	non-COJO	Yes
	rs2307111	5	75003678	T	C	0.604	0.026	0.002	1.6e-58	BMI	Yengo	non-COJO	No
	rs368863	5	77372852	T	C	0.239	-0.012	0.002	8.1e-09	BMI	Yengo	non-COJO	Yes
	rs12514473	5	80818639	T	C	0.769	0.017	0.002	8.8e-17	BMI	Yengo	non-COJO	No
	rs7444298	5	87730027	A	G	0.754	0.018	0.002	7.8e-19	BMI	Yengo	non-COJO	Yes
	rs2304607	5	87988733	A	G	0.852	-0.032	0.002	1.7e-36	BMI	Yengo	non-COJO	No
	rs12655756	5	88858208	A	T	0.370	0.014	0.002	1.9e-14	BMI	Yengo	non-COJO	Yes
	rs159032	5	94206202	T	C	0.244	0.013	0.002	1.9e-10	BMI	Yengo	non-COJO	Yes
	rs6235	5	95728898	C	G	0.730	-0.018	0.002	1.5e-19	BMI	Yengo	non-COJO	No
	rs2611742	5	95856501	T	C	0.596	-0.015	0.002	3.7e-18	BMI	Yengo	non-COJO	Yes
	rs3822683	5	96080883	A	G	0.781	0.014	0.002	6.1e-12	BMI	Yengo	non-COJO	Yes
	rs156151	6	104799007	C	G	0.191	-0.016	0.002	1.9e-14	BMI	Yengo	non-COJO	Yes
	rs3800229	6	108996963	T	G	0.712	0.018	0.002	1.4e-22	BMI	Yengo	non-COJO	No
	rs2357760	6	120213880	A	G	0.675	0.014	0.002	6.8e-17	BMI	Yengo	non-COJO	No

352	rs2228213	6	12124855	A	G	0.348	-0.014	0.002	4.6e-16	BMI	Yengo	non-COJO	Yes
	rs2875762	6	124925032	C	G	0.247	0.014	0.002	1.2e-11	BMI	Yengo	non-COJO	No
	rs13209968	6	126089285	C	G	0.518	0.011	0.002	3.1e-11	BMI	Yengo	non-COJO	Yes
	rs6569648	6	130349119	T	C	0.773	-0.013	0.002	3.7e-11	BMI	Yengo	non-COJO	No
	rs9367368	6	13189275	T	C	0.697	0.012	0.002	1e-11	BMI	Yengo	non-COJO	No
	rs2781668	6	131897278	T	C	0.161	0.017	0.002	4e-13	BMI	Yengo	non-COJO	Yes
	rs13201877	6	137675541	A	G	0.860	-0.015	0.002	2.7e-10	BMI	Yengo	non-COJO	No
	rs2185027	6	153381622	A	C	0.703	-0.014	0.002	5e-14	BMI	Yengo	non-COJO	No
	rs10499276	6	154309808	T	C	0.124	0.017	0.002	2.2e-12	BMI	Yengo	non-COJO	Yes
	rs487060	6	160774459	T	C	0.482	0.011	0.002	1.6e-11	BMI	Yengo	non-COJO	Yes
	rs13191362	6	163033350	A	G	0.880	0.024	0.002	5.9e-21	BMI	Yengo	non-COJO	Yes
	rs11753081	6	20705590	T	G	0.825	0.014	0.002	8.9e-11	BMI	Yengo	non-COJO	No
	rs7760082	6	21919387	A	G	0.665	-0.012	0.002	2.9e-11	BMI	Yengo	non-COJO	No
	rs6900723	6	23876240	T	C	0.676	-0.011	0.002	1.4e-09	BMI	Yengo	non-COJO	Yes
	rs853679	6	28296863	A	C	0.141	0.013	0.002	2.8e-09	BMI	Yengo	non-COJO	Yes
	rs498240	6	31892592	A	G	0.066	-0.027	0.003	1.6e-15	BMI	Yengo	non-COJO	No
	rs419261	6	33554147	T	C	0.404	0.011	0.002	1.9e-10	BMI	Yengo	non-COJO	No

35	rs2814992	6	34617144	A	G	0.660	-0.024	0.002	4.1e-45	BMI	Yengo	non-COJO	Yes
	rs12215331	6	34644749	T	C	0.786	0.018	0.002	4.3e-18	BMI	Yengo	non-COJO	Yes
	rs6938239	6	34683635	A	G	0.850	-0.027	0.002	2.4e-28	BMI	Yengo	non-COJO	Yes
	rs9394312	6	35672330	C	G	0.492	0.011	0.002	2.3e-10	BMI	Yengo	non-COJO	Yes
	rs17757975	6	38214150	T	C	0.852	0.014	0.002	4.2e-09	BMI	Yengo	non-COJO	Yes
	rs847747	6	40080069	T	G	0.296	-0.011	0.002	2.1e-09	BMI	Yengo	non-COJO	No
	rs2033529	6	40348653	A	G	0.706	-0.020	0.002	1.9e-30	BMI	Yengo	non-COJO	Yes
	rs7748777	6	41133806	A	G	0.459	0.010	0.002	1.6e-10	BMI	Yengo	non-COJO	Yes
	rs9349239	6	42676480	A	G	0.492	0.012	0.002	1.3e-12	BMI	Yengo	non-COJO	No
	rs998584	6	43757896	A	C	0.478	-0.013	0.002	1.3e-14	BMI	Yengo	non-COJO	Yes
	rs10456637	6	50763935	A	T	0.741	0.013	0.002	4.3e-12	BMI	Yengo	non-COJO	No
	rs987237	6	50803050	A	G	0.820	-0.041	0.002	9.3e-84	BMI	Yengo	non-COJO	Yes
	rs2635727	6	50820940	T	C	0.254	-0.028	0.002	1.3e-49	BMI	Yengo	non-COJO	Yes
	rs1178060	6	50914343	A	G	0.847	0.019	0.002	6.8e-17	BMI	Yengo	non-COJO	Yes
	rs2504674	6	51160682	C	G	0.434	-0.011	0.002	1.2e-10	BMI	Yengo	non-COJO	Yes
	rs1358808	6	51825285	C	G	0.674	-0.014	0.002	9.2e-15	BMI	Yengo	non-COJO	Yes
	rs4278019	6	53693410	A	T	0.282	0.011	0.002	5e-09	BMI	Yengo	non-COJO	No

354	rs9475173	6	55013291	A	G	0.654	0.011	0.002	6.6e-09	BMI	Yengo	non-COJO	Yes
	rs1020548	6	56810539	A	G	0.834	-0.013	0.002	6.6e-09	BMI	Yengo	non-COJO	Yes
	rs6921533	6	73742334	T	C	0.288	0.012	0.002	5.6e-10	BMI	Yengo	non-COJO	No
	rs9688431	6	73922654	T	C	0.940	0.023	0.004	2.4e-11	BMI	Yengo	non-COJO	Yes
	rs9294260	6	83433228	A	G	0.473	0.015	0.002	1.8e-19	BMI	Yengo	non-COJO	No
	rs1853639	6	87606842	A	G	0.636	-0.011	0.002	1.2e-09	BMI	Yengo	non-COJO	Yes
	rs9362662	6	90296588	A	G	0.480	0.011	0.002	1.2e-10	BMI	Yengo	non-COJO	No
	rs1324110	6	93913200	C	G	0.439	-0.010	0.002	6.8e-10	BMI	Yengo	non-COJO	No
	rs9463175	6	9510030	T	C	0.348	-0.011	0.002	4.2e-10	BMI	Yengo	non-COJO	No
	rs13209872	6	97753223	C	G	0.340	-0.015	0.002	1.4e-16	BMI	Yengo	non-COJO	Yes
	rs901630	6	98539519	T	C	0.397	-0.015	0.002	1.9e-18	BMI	Yengo	non-COJO	No
	rs11496125	7	103417557	T	C	0.421	0.017	0.002	3e-22	BMI	Yengo	non-COJO	No
	rs10953620	7	109173373	A	C	0.517	-0.010	0.002	5.4e-09	BMI	Yengo	non-COJO	Yes
	rs13227658	7	113353254	T	C	0.553	-0.016	0.002	1.7e-19	BMI	Yengo	non-COJO	Yes
	rs12705987	7	114349212	A	T	0.404	0.014	0.002	9.5e-15	BMI	Yengo	non-COJO	No
	rs1899689	7	121964349	T	C	0.399	0.012	0.002	1.5e-12	BMI	Yengo	non-COJO	No

35	rs2283093	7	126721231	T	C	0.207	0.013	0.002	3.1e-09	BMI	Yengo	non-COJO	No
	rs972283	7	130466854	A	G	0.485	0.010	0.002	5.1e-09	BMI	Yengo	non-COJO	Yes
	rs3800649	7	137424509	A	G	0.277	0.012	0.002	3.2e-10	BMI	Yengo	non-COJO	No
	rs1814170	7	138794149	A	T	0.895	0.020	0.003	2.1e-12	BMI	Yengo	non-COJO	Yes
	rs11773362	7	147668180	T	C	0.337	-0.011	0.002	1.5e-09	BMI	Yengo	non-COJO	No
	rs4725984	7	150668514	T	C	0.359	-0.013	0.002	1.4e-13	BMI	Yengo	non-COJO	No
	rs6968554	7	17287106	A	G	0.360	-0.010	0.002	3.5e-09	BMI	Yengo	non-COJO	No
	rs6461115	7	2103668	A	G	0.772	0.014	0.002	1.2e-13	BMI	Yengo	non-COJO	No
	rs40245	7	21470536	A	T	0.359	0.011	0.002	1.9e-09	BMI	Yengo	non-COJO	Yes
	rs4307239	7	24354300	A	G	0.542	-0.012	0.002	3.9e-11	BMI	Yengo	non-COJO	Yes
	rs11971041	7	26698848	A	G	0.906	-0.021	0.003	1e-11	BMI	Yengo	non-COJO	No
	rs4722672	7	27231762	T	C	0.815	-0.015	0.002	1.8e-12	BMI	Yengo	non-COJO	Yes
	rs849135	7	28196413	A	G	0.491	0.011	0.002	2e-11	BMI	Yengo	non-COJO	No
	rs4722398	7	3125220	T	C	0.134	0.016	0.002	3.6e-10	BMI	Yengo	non-COJO	No
	rs215632	7	32368524	A	G	0.362	0.015	0.002	3.7e-17	BMI	Yengo	non-COJO	Yes
	rs1229057	7	39054538	T	C	0.122	0.017	0.003	2.8e-10	BMI	Yengo	non-COJO	No
	rs799449	7	44784697	T	C	0.550	0.013	0.002	8.7e-14	BMI	Yengo	non-COJO	No

356	rs10269783	7	49616203	A	G	0.390	0.013	0.002	1.4e-15	BMI	Yengo	non-COJO	Yes
	rs3807566	7	50564204	T	G	0.443	-0.013	0.002	2e-13	BMI	Yengo	non-COJO	No
	rs6463489	7	5542513	T	C	0.109	0.016	0.003	3.1e-09	BMI	Yengo	non-COJO	Yes
	rs7784465	7	6418275	T	C	0.861	-0.016	0.002	1.1e-10	BMI	Yengo	non-COJO	Yes
	rs1035010	7	69598328	T	C	0.257	0.014	0.002	6.2e-12	BMI	Yengo	non-COJO	No
	rs4718966	7	70040558	T	C	0.418	0.013	0.002	4.6e-13	BMI	Yengo	non-COJO	Yes
	rs13227433	7	74094721	T	G	0.744	-0.016	0.002	1.4e-14	BMI	Yengo	non-COJO	No
	rs17207196	7	75101065	T	C	0.412	-0.022	0.002	2.1e-35	BMI	Yengo	non-COJO	Yes
	rs740157	7	77055885	A	G	0.432	0.012	0.002	1.8e-12	BMI	Yengo	non-COJO	No
	rs1544459	7	77417584	T	C	0.546	-0.010	0.002	2.2e-10	BMI	Yengo	non-COJO	Yes
	rs1852006	7	77829768	A	G	0.352	-0.016	0.002	4.9e-18	BMI	Yengo	non-COJO	Yes
	rs7805441	7	78121458	T	C	0.509	0.011	0.002	3.4e-10	BMI	Yengo	non-COJO	Yes
	rs6963840	7	78144371	T	C	0.211	0.015	0.002	3.4e-10	BMI	Yengo	non-COJO	Yes
	rs13247665	7	93232057	T	C	0.641	-0.014	0.002	1.4e-14	BMI	Yengo	non-COJO	No
	rs13240600	7	99064466	A	G	0.845	0.020	0.002	3.5e-17	BMI	Yengo	non-COJO	No
	rs3134353	8	101947453	A	T	0.387	-0.012	0.002	2.5e-12	BMI	Yengo	non-COJO	No
	rs11250076	8	10647823	A	G	0.438	0.018	0.002	3.2e-23	BMI	Yengo	non-COJO	Yes

rs11783247	8	10788875	T	C	0.538	-0.017	0.002	1.2e-24	BMI	Yengo	non-COJO	Yes
rs3808434	8	116559435	A	G	0.448	0.011	0.002	1.3e-11	BMI	Yengo	non-COJO	No
rs2721965	8	116662038	A	C	0.666	0.017	0.002	1.1e-20	BMI	Yengo	non-COJO	Yes
rs4841659	8	11828200	T	C	0.478	0.015	0.002	9.2e-18	BMI	Yengo	non-COJO	Yes
rs11781699	8	118863061	T	C	0.810	-0.013	0.002	3.1e-10	BMI	Yengo	non-COJO	No
rs12675063	8	132879047	A	T	0.887	-0.016	0.003	1.3e-09	BMI	Yengo	non-COJO	No
rs16906845	8	138215228	A	G	0.067	-0.022	0.004	2.2e-09	BMI	Yengo	non-COJO	Yes
rs13263601	8	14095900	A	C	0.652	-0.015	0.002	2.2e-17	BMI	Yengo	non-COJO	No
rs903959	8	142630782	A	T	0.396	0.011	0.002	1.6e-09	BMI	Yengo	non-COJO	Yes
rs10110727	8	14324437	A	G	0.293	0.014	0.002	3.2e-11	BMI	Yengo	non-COJO	Yes
rs2543132	8	15536311	C	G	0.813	0.015	0.002	5e-11	BMI	Yengo	non-COJO	Yes
rs4366093	8	20639811	T	C	0.320	-0.012	0.002	6.7e-11	BMI	Yengo	non-COJO	No
rs11781222	8	23389571	T	C	0.871	0.016	0.002	5.3e-11	BMI	Yengo	non-COJO	Yes
rs17446091	8	27167942	T	C	0.793	-0.012	0.002	1.8e-09	BMI	Yengo	non-COJO	Yes
rs1982441	8	28021769	T	G	0.138	0.018	0.003	7e-12	BMI	Yengo	non-COJO	Yes
rs2100814	8	28118130	A	G	0.410	0.011	0.002	1.2e-10	BMI	Yengo	non-COJO	No

358	rs1362910	8	30856464	A	G	0.418	0.012	0.002	1.2e-12	BMI	Yengo	non-COJO	Yes
	rs7844647	8	34503776	T	C	0.732	0.012	0.002	2.8e-11	BMI	Yengo	non-COJO	No
	rs1658820	8	4288577	T	G	0.247	0.014	0.002	5.9e-12	BMI	Yengo	non-COJO	No
	rs4737183	8	64720693	A	G	0.530	0.011	0.002	1.1e-10	BMI	Yengo	non-COJO	No
	rs16932761	8	67202787	A	G	0.254	-0.014	0.002	1.7e-12	BMI	Yengo	non-COJO	Yes
	rs1431659	8	73439070	A	G	0.266	0.020	0.002	6e-24	BMI	Yengo	non-COJO	Yes
	rs2170382	8	74689288	T	C	0.120	0.017	0.003	2.4e-10	BMI	Yengo	non-COJO	No
	rs1405348	8	77228222	A	G	0.432	-0.020	0.002	6.2e-32	BMI	Yengo	non-COJO	Yes
	rs16907751	8	81375457	T	C	0.105	-0.021	0.003	1.6e-12	BMI	Yengo	non-COJO	No
	rs7827182	8	8380471	C	G	0.495	0.018	0.002	1.7e-22	BMI	Yengo	non-COJO	No
	rs733594	8	85077686	T	C	0.718	0.014	0.002	5.9e-14	BMI	Yengo	non-COJO	Yes
	rs2634047	8	85696337	C	G	0.242	-0.015	0.002	2.5e-13	BMI	Yengo	non-COJO	No
	rs7006629	8	87519542	T	C	0.526	0.011	0.002	2.5e-10	BMI	Yengo	non-COJO	Yes
	rs1700137	8	89461609	T	C	0.312	-0.012	0.002	2.5e-10	BMI	Yengo	non-COJO	Yes
	rs1394	8	9511654	A	G	0.640	-0.015	0.002	2.8e-19	BMI	Yengo	non-COJO	Yes
	rs12680842	8	95582606	A	G	0.680	0.013	0.002	4.4e-14	BMI	Yengo	non-COJO	Yes
	rs450231	9	101481205	A	G	0.753	-0.013	0.002	2.1e-10	BMI	Yengo	non-COJO	No

359	rs10118701	9	103061366	A	G	0.677	-0.016	0.002	1.1e-18	BMI	Yengo	non-COJO	Yes
	rs10989568	9	104396304	A	G	0.462	0.011	0.002	6.6e-10	BMI	Yengo	non-COJO	Yes
	rs7024334	9	109072075	T	G	0.226	0.014	0.002	3.1e-12	BMI	Yengo	non-COJO	Yes
	rs6477694	9	111932342	T	C	0.644	-0.012	0.002	3.8e-13	BMI	Yengo	non-COJO	No
	rs17820822	9	11831420	T	G	0.645	0.014	0.002	2.9e-15	BMI	Yengo	non-COJO	No
	rs1928295	9	120378483	T	C	0.554	0.014	0.002	5.4e-18	BMI	Yengo	non-COJO	No
	rs7865157	9	122631560	T	C	0.107	0.018	0.003	3.7e-10	BMI	Yengo	non-COJO	Yes
	rs10818810	9	126096522	A	G	0.391	0.013	0.002	1.1e-13	BMI	Yengo	non-COJO	Yes
	rs10818938	9	127049237	A	G	0.422	0.011	0.002	5.1e-11	BMI	Yengo	non-COJO	Yes
	rs3829849	9	129390800	T	C	0.359	0.010	0.002	5.9e-09	BMI	Yengo	non-COJO	No
	rs3902840	9	129419025	A	G	0.086	0.022	0.003	3.2e-13	BMI	Yengo	non-COJO	Yes
	rs13292976	9	129467340	T	C	0.446	0.013	0.002	3.1e-14	BMI	Yengo	non-COJO	No
	rs7871866	9	131027982	C	G	0.153	0.019	0.002	2.3e-14	BMI	Yengo	non-COJO	Yes
	rs4740383	9	133783566	A	G	0.416	0.013	0.002	1.9e-12	BMI	Yengo	non-COJO	Yes
	rs11792069	9	140646121	A	G	0.830	0.014	0.002	6.5e-10	BMI	Yengo	non-COJO	No
	rs11790280	9	14651283	T	C	0.614	-0.010	0.002	7.1e-09	BMI	Yengo	non-COJO	Yes
	rs6474945	9	15670492	T	G	0.450	-0.019	0.002	4.7e-30	BMI	Yengo	non-COJO	Yes

360	rs10962549	9	16719445	T	C	0.168	0.020	0.002	2.5e-17	BMI	Yengo	non-COJO	Yes
	rs7874154	9	27777012	T	C	0.502	-0.013	0.002	1.8e-13	BMI	Yengo	non-COJO	No
	rs1412235	9	28410996	C	G	0.318	0.025	0.002	6e-45	BMI	Yengo	non-COJO	Yes
	rs10971712	9	33820938	T	C	0.108	-0.020	0.003	6.4e-13	BMI	Yengo	non-COJO	No
	rs13290794	9	37183628	A	G	0.358	-0.014	0.002	1.9e-15	BMI	Yengo	non-COJO	Yes
	rs7042372	9	6959840	A	G	0.657	0.012	0.002	3.8e-11	BMI	Yengo	non-COJO	No
	rs2174307	9	73791849	C	G	0.407	0.012	0.002	4.9e-12	BMI	Yengo	non-COJO	No
	rs10867256	9	81367391	T	C	0.553	-0.012	0.002	8.7e-12	BMI	Yengo	non-COJO	No
	rs1865341	9	8845911	T	C	0.758	0.013	0.002	2.5e-10	BMI	Yengo	non-COJO	No
	rs3739733	9	88897891	A	G	0.780	0.013	0.002	5.3e-10	BMI	Yengo	non-COJO	Yes
	rs10797115	9	92191256	T	C	0.536	0.012	0.002	9.9e-13	BMI	Yengo	non-COJO	No
	rs7869771	9	94180627	A	C	0.735	0.014	0.002	4.9e-13	BMI	Yengo	non-COJO	Yes
	rs4744275	9	96482633	A	G	0.266	0.014	0.002	7e-15	BMI	Yengo	non-COJO	No
	rs1983864	10	100017453	T	G	0.667	0.016	0.002	3.7e-18	BMI	Yengo	non-COJO	Yes
	rs17094222	10	102395440	T	C	0.796	-0.018	0.002	2.2e-19	BMI	Yengo	non-COJO	Yes
	rs10883553	10	102635475	A	C	0.451	0.012	0.002	1.9e-11	BMI	Yengo	non-COJO	No

361	rs9787495	10	103206115	A	G	0.437	-0.010	0.002	3.1e-09	BMI	Yengo	non-COJO	Yes
	rs7083450	10	103984060	T	C	0.839	0.016	0.002	1.7e-12	BMI	Yengo	non-COJO	Yes
	rs10883759	10	104412049	A	G	0.302	-0.012	0.002	5.4e-12	BMI	Yengo	non-COJO	Yes
	rs12411886	10	104685299	A	C	0.083	0.027	0.003	1.5e-19	BMI	Yengo	non-COJO	Yes
	rs7903146	10	114758349	T	C	0.291	-0.018	0.002	1.3e-23	BMI	Yengo	non-COJO	No
	rs10886017	10	118672531	A	C	0.252	0.015	0.002	1.4e-15	BMI	Yengo	non-COJO	Yes
	rs845084	10	125220036	A	G	0.268	0.014	0.002	1.3e-12	BMI	Yengo	non-COJO	No
	rs17636031	10	126594078	T	C	0.730	-0.016	0.002	1.2e-17	BMI	Yengo	non-COJO	No
	rs7893571	10	16750129	T	G	0.662	0.014	0.002	1.8e-13	BMI	Yengo	non-COJO	No
	rs12776880	10	19776828	A	T	0.683	0.013	0.002	3e-11	BMI	Yengo	non-COJO	No
	rs7084454	10	21821274	A	G	0.335	0.019	0.002	4e-25	BMI	Yengo	non-COJO	Yes
	rs11251352	10	2585792	A	G	0.401	-0.011	0.002	7e-10	BMI	Yengo	non-COJO	No
	rs3781099	10	27318776	T	C	0.082	0.021	0.003	2.5e-11	BMI	Yengo	non-COJO	Yes
	rs3851083	10	33862727	A	G	0.432	-0.010	0.002	4.1e-10	BMI	Yengo	non-COJO	No
	rs1937684	10	53680085	A	T	0.659	0.011	0.002	8.7e-10	BMI	Yengo	non-COJO	No
	rs2163188	10	65314711	C	G	0.474	0.013	0.002	2e-14	BMI	Yengo	non-COJO	No
	rs12098284	10	76047464	T	C	0.124	0.018	0.003	1.8e-11	BMI	Yengo	non-COJO	No

362	rs7899106	10	87410904	A	G	0.952	-0.033	0.004	1e-18	BMI	Yengo	non-COJO	No
	rs10887578	10	88096047	C	G	0.490	0.013	0.002	1.6e-13	BMI	Yengo	non-COJO	No
	rs2631681	10	93032943	T	C	0.325	-0.011	0.002	8.9e-11	BMI	Yengo	non-COJO	Yes
	rs577525	10	99769388	T	C	0.432	-0.017	0.002	9.7e-22	BMI	Yengo	non-COJO	No
	rs719802	11	113234679	T	C	0.380	0.010	0.002	9.5e-09	BMI	Yengo	non-COJO	No
	rs1048932	11	115044850	A	C	0.416	-0.016	0.002	3.8e-22	BMI	Yengo	non-COJO	No
	rs12420725	11	117017530	A	G	0.941	-0.023	0.004	1.3e-09	BMI	Yengo	non-COJO	Yes
	rs1037587	11	11796727	T	C	0.454	0.011	0.002	1.1e-09	BMI	Yengo	non-COJO	No
	rs9332817	11	118365210	C	G	0.026	-0.038	0.006	1.7e-10	BMI	Yengo	non-COJO	Yes
	rs1003081	11	118913993	T	C	0.450	0.012	0.002	1.3e-13	BMI	Yengo	non-COJO	Yes
	rs4936671	11	121942512	C	G	0.367	0.010	0.002	6.2e-09	BMI	Yengo	non-COJO	Yes
	rs7941030	11	122522375	T	C	0.614	-0.011	0.002	2e-11	BMI	Yengo	non-COJO	No
	rs3134438	11	122765667	A	C	0.286	0.011	0.002	6.1e-09	BMI	Yengo	non-COJO	Yes
	rs1625427	11	131957293	T	C	0.650	0.013	0.002	1.4e-12	BMI	Yengo	non-COJO	Yes
	rs4936175	11	132641959	T	C	0.556	-0.012	0.002	1.4e-12	BMI	Yengo	non-COJO	No
	rs900144	11	13294268	T	C	0.567	0.017	0.002	8.7e-22	BMI	Yengo	non-COJO	No
	rs329651	11	133767622	T	G	0.806	0.016	0.002	9e-15	BMI	Yengo	non-COJO	No

363	rs12364470	11	134601012	T	G	0.837	-0.018	0.002	1.1e-15	BMI	Yengo	non-COJO	No
	rs10832778	11	17394073	C	G	0.378	-0.012	0.002	1.3e-13	BMI	Yengo	non-COJO	Yes
	rs10840606	11	2234690	A	G	0.826	-0.016	0.002	3.2e-12	BMI	Yengo	non-COJO	No
	rs7124442	11	27677041	T	C	0.683	-0.029	0.002	4.6e-61	BMI	Yengo	non-COJO	No
	rs6265	11	27679916	T	C	0.195	-0.041	0.002	1e-86	BMI	Yengo	non-COJO	Yes
	rs7948120	11	28763321	T	C	0.260	-0.013	0.002	7.3e-12	BMI	Yengo	non-COJO	No
	rs1552717	11	29158495	A	T	0.865	0.015	0.002	3.5e-09	BMI	Yengo	non-COJO	Yes
	rs1782507	11	30243868	T	G	0.653	-0.014	0.002	1.3e-13	BMI	Yengo	non-COJO	No
	rs223051	11	32131303	T	C	0.676	0.011	0.002	1.1e-09	BMI	Yengo	non-COJO	Yes
	rs10838122	11	43551416	T	C	0.480	-0.010	0.002	1.5e-09	BMI	Yengo	non-COJO	No
	rs12577642	11	43728534	A	T	0.686	-0.021	0.002	9.9e-31	BMI	Yengo	non-COJO	Yes
	rs12574668	11	46422686	A	C	0.178	0.013	0.002	8.8e-09	BMI	Yengo	non-COJO	Yes
	rs7124681	11	47529947	A	C	0.413	0.026	0.002	3.2e-58	BMI	Yengo	non-COJO	Yes
	rs7131262	11	47836302	A	T	0.260	-0.022	0.002	1e-32	BMI	Yengo	non-COJO	Yes
	rs7120873	11	49459474	T	C	0.111	0.017	0.003	3.4e-10	BMI	Yengo	non-COJO	No
	rs11600990	11	64082807	T	C	0.157	-0.018	0.002	3.8e-14	BMI	Yengo	non-COJO	No

364	rs7102454	11	65594820	T	C	0.656	-0.016	0.002	2.4e-18	BMI	Yengo	non-COJO	No
	rs587230	11	69299771	A	G	0.165	0.015	0.002	4.7e-11	BMI	Yengo	non-COJO	No
	rs1789165	11	69481969	A	G	0.639	0.014	0.002	8e-16	BMI	Yengo	non-COJO	Yes
	rs7123876	11	72444583	T	C	0.754	-0.012	0.002	2.2e-10	BMI	Yengo	non-COJO	Yes
	rs7117238	11	78040259	A	G	0.168	-0.013	0.002	2.5e-09	BMI	Yengo	non-COJO	Yes
	rs12575252	11	8694073	C	G	0.351	-0.018	0.002	1.8e-26	BMI	Yengo	non-COJO	Yes
	rs10830452	11	89966202	A	G	0.671	-0.011	0.002	2.1e-09	BMI	Yengo	non-COJO	No
	rs2605603	11	93221105	A	G	0.489	-0.010	0.002	2.5e-10	BMI	Yengo	non-COJO	No
	rs4764949	12	103658096	A	G	0.664	0.018	0.002	1.7e-23	BMI	Yengo	non-COJO	Yes
	rs11611496	12	108413828	A	G	0.222	-0.017	0.002	1.7e-16	BMI	Yengo	non-COJO	No
	rs17608150	12	110046698	T	C	0.075	0.020	0.003	1.3e-10	BMI	Yengo	non-COJO	Yes
	rs6606686	12	110903380	C	G	0.690	-0.014	0.002	7.6e-15	BMI	Yengo	non-COJO	Yes
	rs11066301	12	112871372	A	G	0.566	0.011	0.002	4.4e-12	BMI	Yengo	non-COJO	Yes
	rs4766710	12	114437708	A	G	0.936	0.023	0.004	3.7e-11	BMI	Yengo	non-COJO	No
	rs7973955	12	118409640	A	G	0.285	-0.013	0.002	3.7e-11	BMI	Yengo	non-COJO	Yes
	rs3887080	12	121661966	A	G	0.121	0.018	0.003	5.1e-12	BMI	Yengo	non-COJO	Yes
	rs7133378	12	124409502	A	G	0.327	0.012	0.002	9.4e-13	BMI	Yengo	non-COJO	Yes

365	rs10773049	12	124506631	T	C	0.598	-0.012	0.002	4.1e-12	BMI	Yengo	non-COJO	No
	rs7968230	12	133481917	A	G	0.323	0.013	0.002	1.6e-12	BMI	Yengo	non-COJO	No
	rs12422552	12	14413931	C	G	0.266	-0.013	0.002	1.6e-11	BMI	Yengo	non-COJO	No
	rs10744146	12	17212881	A	G	0.515	-0.012	0.002	1.4e-12	BMI	Yengo	non-COJO	No
	rs621042	12	18789007	A	C	0.451	-0.011	0.002	6.3e-10	BMI	Yengo	non-COJO	Yes
	rs2429150	12	2152655	A	C	0.584	-0.011	0.002	2.7e-10	BMI	Yengo	non-COJO	No
	rs10842240	12	24060075	C	G	0.116	0.022	0.003	3.1e-16	BMI	Yengo	non-COJO	Yes
	rs10772055	12	33379440	C	G	0.866	-0.017	0.002	2.1e-12	BMI	Yengo	non-COJO	No
	rs10876418	12	39428802	T	C	0.232	-0.012	0.002	2.8e-10	BMI	Yengo	non-COJO	Yes
	rs2733287	12	41880909	A	C	0.517	-0.016	0.002	6.8e-20	BMI	Yengo	non-COJO	Yes
	rs7138803	12	50247468	A	G	0.377	0.030	0.002	2.3e-71	BMI	Yengo	non-COJO	No
	rs4077093	12	51593616	T	G	0.217	0.013	0.002	5.1e-09	BMI	Yengo	non-COJO	Yes
	rs4759073	12	54653258	A	G	0.400	-0.012	0.002	2.8e-11	BMI	Yengo	non-COJO	Yes
	rs4759228	12	56508409	C	G	0.297	-0.016	0.002	5.9e-16	BMI	Yengo	non-COJO	Yes
	rs7975187	12	60964108	A	G	0.793	-0.013	0.002	1.4e-09	BMI	Yengo	non-COJO	No
	rs1819844	12	68205604	A	G	0.180	0.014	0.002	2.6e-11	BMI	Yengo	non-COJO	Yes
	rs10878946	12	69642315	T	C	0.714	-0.014	0.002	3.6e-13	BMI	Yengo	non-COJO	No

36	rs11115176	12	82465797	T	C	0.760	0.012	0.002	2e-10	BMI	Yengo	non-COJO	No
	rs2731222	12	90595383	A	C	0.270	0.013	0.002	1.5e-11	BMI	Yengo	non-COJO	Yes
	rs11611246	12	939480	T	G	0.210	0.024	0.002	5e-32	BMI	Yengo	non-COJO	No
	rs10745785	12	97586257	T	C	0.667	-0.011	0.002	1.2e-09	BMI	Yengo	non-COJO	No
	rs651548	12	99560183	A	G	0.368	0.014	0.002	2e-14	BMI	Yengo	non-COJO	No
	rs2479958	13	111984244	A	G	0.492	0.015	0.002	1.5e-17	BMI	Yengo	non-COJO	No
	rs1218822	13	28011963	A	G	0.666	0.017	0.002	1.9e-22	BMI	Yengo	non-COJO	No
	rs1006353	13	28047269	A	G	0.248	0.013	0.002	2.3e-11	BMI	Yengo	non-COJO	Yes
	rs9507983	13	28620036	T	C	0.607	-0.016	0.002	1.4e-18	BMI	Yengo	non-COJO	Yes
	rs1045411	13	31033232	T	C	0.265	-0.015	0.002	2.3e-15	BMI	Yengo	non-COJO	No
	rs9595908	13	33184288	T	C	0.628	0.016	0.002	4.2e-21	BMI	Yengo	non-COJO	Yes
	rs9603697	13	40783323	T	C	0.319	0.014	0.002	2.6e-14	BMI	Yengo	non-COJO	No
	rs12429545	13	54102206	A	G	0.125	0.032	0.002	9.6e-38	BMI	Yengo	non-COJO	No
	rs9527706	13	58402479	A	G	0.729	-0.012	0.002	5.1e-10	BMI	Yengo	non-COJO	No
	rs9538141	13	59178258	A	G	0.509	0.016	0.002	3.5e-21	BMI	Yengo	non-COJO	Yes
	rs1333423	13	59425111	A	T	0.225	0.017	0.002	2.1e-16	BMI	Yengo	non-COJO	Yes

367	rs892261	13	65884191	T	C	0.443	-0.010	0.002	2.2e-09	BMI	Yengo	non-COJO	Yes
	rs9540493	13	66205704	A	G	0.442	0.014	0.002	8.1e-17	BMI	Yengo	non-COJO	Yes
	rs9571687	13	67472713	A	C	0.329	-0.013	0.002	2.8e-12	BMI	Yengo	non-COJO	No
	rs629443	13	76386075	T	G	0.250	0.012	0.002	1.4e-09	BMI	Yengo	non-COJO	Yes
	rs1668633	13	78371890	T	C	0.574	0.010	0.002	8.7e-09	BMI	Yengo	non-COJO	No
	rs9530843	13	79563749	A	C	0.556	0.013	0.002	4.8e-13	BMI	Yengo	non-COJO	No
	rs1927790	13	96922191	T	C	0.589	-0.015	0.002	1.8e-19	BMI	Yengo	non-COJO	No
	rs7334078	13	99120484	T	C	0.712	0.012	0.002	2.2e-10	BMI	Yengo	non-COJO	No
	rs12147845	14	101144596	T	C	0.114	0.020	0.003	4.5e-13	BMI	Yengo	non-COJO	Yes
	rs7147503	14	101539384	T	C	0.370	-0.012	0.002	2e-11	BMI	Yengo	non-COJO	Yes
	rs8016771	14	102649451	T	G	0.912	-0.019	0.003	1.1e-09	BMI	Yengo	non-COJO	Yes
	rs3803286	14	103246470	A	G	0.343	0.018	0.002	4.1e-23	BMI	Yengo	non-COJO	Yes
	rs2010281	14	103862322	A	G	0.355	-0.016	0.002	6.7e-21	BMI	Yengo	non-COJO	No
	rs10132280	14	25928179	A	C	0.302	-0.022	0.002	5.6e-35	BMI	Yengo	non-COJO	No
	rs4981693	14	29680331	A	G	0.771	0.021	0.002	6.9e-24	BMI	Yengo	non-COJO	No
	rs12885454	14	29736838	A	C	0.343	-0.018	0.002	2.4e-27	BMI	Yengo	non-COJO	Yes
	rs8016859	14	30484722	C	G	0.040	0.035	0.004	7.1e-16	BMI	Yengo	non-COJO	Yes

368	rs17522122	14	33302882	T	G	0.481	0.016	0.002	1.5e-21	BMI	Yengo	non-COJO	Yes
	rs9806058	14	35673470	A	T	0.877	0.016	0.003	4e-10	BMI	Yengo	non-COJO	Yes
	rs1956151	14	40101060	A	G	0.821	-0.013	0.002	7.3e-09	BMI	Yengo	non-COJO	No
	rs12587412	14	47272423	T	G	0.490	0.015	0.002	4.8e-17	BMI	Yengo	non-COJO	Yes
	rs217671	14	62360464	A	G	0.728	-0.014	0.002	1.3e-13	BMI	Yengo	non-COJO	No
	rs3902951	14	69789755	T	G	0.754	-0.013	0.002	7e-12	BMI	Yengo	non-COJO	No
	rs17105272	14	77529783	T	C	0.319	0.011	0.002	3.2e-09	BMI	Yengo	non-COJO	No
	rs10146527	14	79499850	T	C	0.636	0.014	0.002	2.3e-15	BMI	Yengo	non-COJO	Yes
	rs7144011	14	79940383	T	G	0.214	0.028	0.002	5.2e-47	BMI	Yengo	non-COJO	Yes
	rs12888545	14	88308044	A	G	0.748	-0.014	0.002	9.1e-12	BMI	Yengo	non-COJO	No
	rs1951455	14	91512339	T	C	0.275	-0.014	0.002	4.5e-14	BMI	Yengo	non-COJO	No
	rs3850422	14	99671788	A	G	0.446	-0.011	0.002	3.7e-12	BMI	Yengo	non-COJO	No
	rs4906908	15	27040082	T	G	0.475	-0.010	0.002	2.5e-09	BMI	Yengo	non-COJO	No
	rs4284600	15	31843528	T	C	0.529	-0.012	0.002	1.3e-11	BMI	Yengo	non-COJO	No
	rs7181610	15	35826859	A	T	0.858	0.014	0.002	7.8e-09	BMI	Yengo	non-COJO	Yes
	rs8036040	15	36402716	A	C	0.493	0.011	0.002	2.7e-10	BMI	Yengo	non-COJO	No
	rs12439798	15	46584787	T	G	0.423	0.012	0.002	6.9e-13	BMI	Yengo	non-COJO	No

369	rs3736485	15	51748610	A	G	0.456	0.013	0.002	2.5e-16	BMI	Yengo	non-COJO	Yes
	rs340025	15	60908307	T	C	0.428	-0.012	0.002	1e-13	BMI	Yengo	non-COJO	No
	rs8033510	15	61445514	T	C	0.371	0.011	0.002	5.1e-09	BMI	Yengo	non-COJO	No
	rs17238110	15	62150364	A	G	0.837	0.035	0.005	2e-12	BMI	Yengo	non-COJO	Yes
	rs12595158	15	62316035	T	C	0.024	-0.039	0.005	1.9e-13	BMI	Yengo	non-COJO	Yes
	rs11635675	15	63793238	T	G	0.646	0.012	0.002	1.3e-11	BMI	Yengo	non-COJO	No
	rs11629783	15	66741387	C	G	0.769	0.015	0.002	9.8e-13	BMI	Yengo	non-COJO	Yes
	rs13329567	15	68104367	T	C	0.231	-0.029	0.002	1e-50	BMI	Yengo	non-COJO	Yes
	rs7164727	15	73093991	T	C	0.681	0.018	0.002	3.3e-25	BMI	Yengo	non-COJO	Yes
	rs11855853	15	78012618	T	C	0.265	-0.014	0.002	2.4e-13	BMI	Yengo	non-COJO	No
	rs12595749	15	79432359	A	G	0.571	0.014	0.002	5.7e-16	BMI	Yengo	non-COJO	No
	rs12593036	15	81058652	A	G	0.701	0.015	0.002	3.8e-16	BMI	Yengo	non-COJO	Yes
	rs12101393	15	92570921	C	G	0.780	0.013	0.002	1.5e-09	BMI	Yengo	non-COJO	No
	rs7181498	15	95271404	T	C	0.369	0.016	0.002	1e-19	BMI	Yengo	non-COJO	Yes
	rs4985155	16	15129459	A	G	0.663	0.012	0.002	3e-12	BMI	Yengo	non-COJO	No
	rs12446632	16	19935389	A	G	0.142	-0.035	0.002	2.9e-50	BMI	Yengo	non-COJO	Yes

370	rs868554	16	20050466	C	G	0.754	-0.019	0.002	1.2e-20	BMI	Yengo	non-COJO	Yes
	rs11074446	16	20255123	T	C	0.869	0.022	0.002	1.8e-20	BMI	Yengo	non-COJO	No
	rs9931967	16	20375351	T	G	0.508	0.016	0.002	1e-20	BMI	Yengo	non-COJO	Yes
	rs2516739	16	2097158	A	G	0.217	-0.016	0.002	1.4e-14	BMI	Yengo	non-COJO	No
	rs9927848	16	23833071	A	C	0.733	-0.012	0.002	6.4e-10	BMI	Yengo	non-COJO	Yes
	rs7195386	16	24578458	T	C	0.501	0.013	0.002	1.1e-14	BMI	Yengo	non-COJO	Yes
	rs1862451	16	24803620	A	G	0.731	0.014	0.002	1.9e-12	BMI	Yengo	non-COJO	No
	rs7187776	16	28857645	A	G	0.593	-0.026	0.002	1.4e-58	BMI	Yengo	non-COJO	Yes
	rs1057452	16	29833714	A	G	0.037	0.017	0.002	1.6e-12	BMI	Yengo	non-COJO	No
	rs3814883	16	29994922	T	C	0.476	0.023	0.002	1.1e-40	BMI	Yengo	non-COJO	Yes
	rs1549293	16	31141993	T	C	0.360	-0.020	0.002	7.6e-33	BMI	Yengo	non-COJO	Yes
	rs12448257	16	3599655	A	G	0.218	0.018	0.002	8.1e-20	BMI	Yengo	non-COJO	Yes
	rs11866815	16	387867	T	C	0.246	-0.016	0.002	1e-16	BMI	Yengo	non-COJO	No
	rs879620	16	4015729	T	C	0.618	0.023	0.002	5.3e-38	BMI	Yengo	non-COJO	Yes
	rs2080454	16	49062590	A	C	0.621	-0.013	0.002	1.7e-14	BMI	Yengo	non-COJO	No
	rs8047395	16	53798523	A	G	0.506	0.064	0.002	0	BMI	Yengo	non-COJO	No
	rs11075986	16	53805344	C	G	0.915	0.032	0.003	5.6e-26	BMI	Yengo	non-COJO	Yes

371	rs3751813	16	53818708	T	G	0.541	0.060	0.002	2.2e-295	BMI	Yengo	non-COJO	Yes
	rs9922708	16	53831146	T	C	0.432	0.069	0.002	0	BMI	Yengo	non-COJO	Yes
	rs2075205	16	54153099	A	T	0.587	0.011	0.002	1.8e-10	BMI	Yengo	non-COJO	No
	rs12448738	16	56489343	A	C	0.863	-0.017	0.002	2.8e-11	BMI	Yengo	non-COJO	No
	rs11075489	16	62803841	T	C	0.483	-0.011	0.002	1.3e-10	BMI	Yengo	non-COJO	Yes
	rs10083803	16	6701400	T	C	0.260	-0.013	0.002	5.9e-11	BMI	Yengo	non-COJO	Yes
	rs7200919	16	67316600	A	G	0.413	0.010	0.002	9.3e-09	BMI	Yengo	non-COJO	No
	rs2307022	16	68381978	A	G	0.334	0.014	0.002	5.5e-15	BMI	Yengo	non-COJO	Yes
	rs889398	16	69556715	T	C	0.425	-0.020	0.002	1.3e-32	BMI	Yengo	non-COJO	Yes
	rs7919	16	70514828	A	C	0.450	-0.016	0.002	1e-19	BMI	Yengo	non-COJO	Yes
	rs11642001	16	71899586	A	G	0.212	-0.014	0.002	5.1e-11	BMI	Yengo	non-COJO	No
	rs756717	16	72996162	A	G	0.397	-0.015	0.002	5.4e-18	BMI	Yengo	non-COJO	Yes
	rs825680	16	73606563	A	T	0.583	0.010	0.002	6.7e-09	BMI	Yengo	non-COJO	Yes
	rs6564360	16	76779612	A	G	0.810	-0.014	0.002	1.2e-09	BMI	Yengo	non-COJO	Yes
	rs12922346	16	82438337	C	G	0.266	0.014	0.002	1e-11	BMI	Yengo	non-COJO	No
	rs4783241	16	82650384	C	G	0.494	-0.011	0.002	4e-10	BMI	Yengo	non-COJO	Yes
	rs7206608	16	82872628	C	G	0.685	-0.013	0.002	1.3e-12	BMI	Yengo	non-COJO	No

372	rs977540	16	9724750	A	G	0.762	0.014	0.002	2.5e-13	BMI	Yengo	non-COJO	Yes
	rs1075901	17	15943910	T	C	0.436	-0.012	0.002	1.2e-13	BMI	Yengo	non-COJO	Yes
	rs4516268	17	1846831	A	C	0.192	-0.022	0.002	5.2e-25	BMI	Yengo	non-COJO	No
	rs4986044	17	21261560	T	C	0.469	-0.016	0.002	3.3e-23	BMI	Yengo	non-COJO	No
	rs7217226	17	2136065	T	G	0.640	-0.013	0.002	2.6e-14	BMI	Yengo	non-COJO	Yes
	rs1038088	17	28074563	T	G	0.492	-0.012	0.002	4.6e-13	BMI	Yengo	non-COJO	Yes
	rs7211567	17	31460899	T	C	0.220	-0.014	0.002	4.5e-12	BMI	Yengo	non-COJO	No
	rs1106908	17	34942595	A	G	0.441	-0.016	0.002	3.1e-22	BMI	Yengo	non-COJO	No
	rs4796243	17	35057883	A	G	0.303	-0.012	0.002	6.1e-11	BMI	Yengo	non-COJO	No
	rs8070454	17	38160754	T	C	0.387	-0.010	0.002	4.2e-09	BMI	Yengo	non-COJO	Yes
	rs16966801	17	39573713	A	G	0.798	-0.016	0.002	1.1e-12	BMI	Yengo	non-COJO	Yes
	rs886444	17	46051911	A	G	0.396	-0.010	0.002	8.4e-10	BMI	Yengo	non-COJO	No
	rs208015	17	46252346	T	C	0.078	0.036	0.003	1.4e-25	BMI	Yengo	non-COJO	Yes
	rs9299	17	46669430	T	C	0.647	0.012	0.002	3.6e-11	BMI	Yengo	non-COJO	Yes
	rs11079849	17	47090785	T	C	0.320	-0.019	0.002	4.8e-24	BMI	Yengo	non-COJO	Yes
	rs1000940	17	5283252	A	G	0.701	-0.015	0.002	1.1e-17	BMI	Yengo	non-COJO	Yes

373	rs8071182	17	55336155	A	G	0.174	0.013	0.002	2.1e-09	BMI	Yengo	non-COJO	Yes
	rs8075273	17	61728881	A	C	0.282	-0.013	0.002	3.7e-13	BMI	Yengo	non-COJO	No
	rs12602912	17	65870073	T	C	0.205	0.018	0.002	9.9e-18	BMI	Yengo	non-COJO	Yes
	rs2619976	17	71754545	T	C	0.413	0.010	0.002	6.3e-09	BMI	Yengo	non-COJO	No
	rs7209235	17	73759552	A	G	0.695	-0.011	0.002	8e-09	BMI	Yengo	non-COJO	No
	rs8081039	17	75995829	T	C	0.057	0.023	0.004	6.1e-10	BMI	Yengo	non-COJO	No
	rs1285245	17	77796889	C	G	0.367	-0.012	0.002	1.7e-11	BMI	Yengo	non-COJO	Yes
	rs12939549	17	78611724	A	G	0.566	0.018	0.002	2.7e-28	BMI	Yengo	non-COJO	Yes
	rs4889782	17	78640510	T	C	0.602	-0.015	0.002	6.6e-17	BMI	Yengo	non-COJO	Yes
	rs4969387	17	79081724	C	G	0.746	-0.014	0.002	4.3e-13	BMI	Yengo	non-COJO	Yes
	rs9905991	17	80052073	A	G	0.448	0.010	0.002	8.3e-09	BMI	Yengo	non-COJO	Yes
	rs17681708	17	9792872	T	C	0.688	-0.011	0.002	7.2e-09	BMI	Yengo	non-COJO	No
	rs8097544	18	1839564	A	G	0.848	-0.020	0.002	9.3e-16	BMI	Yengo	non-COJO	Yes
	rs12964689	18	21116998	A	G	0.518	0.020	0.002	5.1e-32	BMI	Yengo	non-COJO	No
	rs1941697	18	31251276	A	G	0.454	0.012	0.002	1.2e-12	BMI	Yengo	non-COJO	No
	rs1365466	18	36182440	T	C	0.741	-0.014	0.002	3.3e-13	BMI	Yengo	non-COJO	Yes
	rs555267	18	40992698	T	G	0.330	0.013	0.002	6e-13	BMI	Yengo	non-COJO	Yes

374	rs954018	18	42598463	A	G	0.305	-0.013	0.002	2.1e-13	BMI	Yengo	non-COJO	No
	rs10438964	18	42950629	T	C	0.276	-0.013	0.002	7.6e-11	BMI	Yengo	non-COJO	Yes
	rs7239114	18	45921214	A	G	0.540	0.012	0.002	1.2e-13	BMI	Yengo	non-COJO	Yes
	rs8092503	18	52479487	A	G	0.768	-0.016	0.002	2.3e-17	BMI	Yengo	non-COJO	Yes
	rs11659764	18	53335512	A	T	0.053	-0.025	0.004	8.9e-11	BMI	Yengo	non-COJO	No
	rs7243357	18	56883319	T	G	0.827	0.019	0.002	9.1e-20	BMI	Yengo	non-COJO	No
	rs2000746	18	57677294	A	G	0.734	0.018	0.002	7e-19	BMI	Yengo	non-COJO	Yes
	rs1942866	18	57741783	C	G	0.624	-0.031	0.002	2e-75	BMI	Yengo	non-COJO	Yes
	rs8095404	18	57804346	A	T	0.544	-0.026	0.002	1.1e-54	BMI	Yengo	non-COJO	Yes
	rs663129	18	57838401	A	G	0.230	0.054	0.002	1.6e-178	BMI	Yengo	non-COJO	Yes
	rs8094523	18	57878155	A	G	0.080	-0.030	0.003	4.7e-22	BMI	Yengo	non-COJO	Yes
	rs9675376	18	57969244	A	G	0.288	0.035	0.002	2.7e-82	BMI	Yengo	non-COJO	Yes
	rs2229616	18	58039276	T	C	0.020	-0.106	0.006	4.7e-71	BMI	Yengo	non-COJO	Yes
	rs9951893	18	60739250	T	C	0.525	-0.012	0.002	3.3e-11	BMI	Yengo	non-COJO	No
	rs2012927	18	63297672	A	G	0.335	0.013	0.002	7.4e-14	BMI	Yengo	non-COJO	No
	rs8089514	18	69224478	A	T	0.359	0.013	0.002	1.1e-11	BMI	Yengo	non-COJO	Yes
	rs11150911	18	73498528	A	C	0.281	0.013	0.002	4.7e-13	BMI	Yengo	non-COJO	No

375	rs1787267	18	76742544	C	G	0.063	-0.024	0.004	3.4e-11	BMI	Yengo	non-COJO	Yes
	rs1608445	18	947954	A	G	0.435	-0.010	0.002	3.7e-09	BMI	Yengo	non-COJO	No
	rs12609744	19	12994140	T	C	0.693	-0.013	0.002	3.6e-11	BMI	Yengo	non-COJO	Yes
	rs273504	19	18215247	A	G	0.573	-0.015	0.002	4.4e-18	BMI	Yengo	non-COJO	No
	rs17724992	19	18454825	A	G	0.740	0.018	0.002	1e-22	BMI	Yengo	non-COJO	No
	rs757318	19	18820308	A	C	0.480	-0.018	0.002	2.4e-29	BMI	Yengo	non-COJO	Yes
	rs998732	19	19378671	A	G	0.842	0.017	0.002	2e-14	BMI	Yengo	non-COJO	No
	rs2304130	19	19789528	A	G	0.915	0.018	0.003	2.9e-09	BMI	Yengo	non-COJO	Yes
	rs8102137	19	30296853	T	C	0.676	-0.019	0.002	1.7e-25	BMI	Yengo	non-COJO	No
	rs2866816	19	30683879	T	C	0.739	0.013	0.002	5.6e-11	BMI	Yengo	non-COJO	Yes
	rs11668301	19	31016196	A	G	0.848	0.021	0.002	1.9e-18	BMI	Yengo	non-COJO	No
	rs10408013	19	33963766	T	C	0.291	0.011	0.002	8e-10	BMI	Yengo	non-COJO	Yes
	rs29938	19	34311481	T	C	0.328	-0.015	0.002	6.7e-18	BMI	Yengo	non-COJO	Yes
	rs895330	19	4060707	C	G	0.808	0.020	0.002	5.5e-19	BMI	Yengo	non-COJO	No
	rs3826705	19	42637232	T	C	0.879	-0.016	0.003	6.6e-09	BMI	Yengo	non-COJO	No
	rs2075650	19	45395619	A	G	0.861	0.024	0.002	1.5e-25	BMI	Yengo	non-COJO	No

376	rs11672660	19	46180184	T	C	0.205	-0.034	0.002	1.7e-60	BMI	Yengo	non-COJO	Yes
	rs3810291	19	47569003	A	G	0.670	0.027	0.002	2.1e-52	BMI	Yengo	non-COJO	Yes
	rs1884389	20	1410582	T	C	0.429	-0.010	0.002	4e-09	BMI	Yengo	non-COJO	No
	rs8123881	20	15819495	A	G	0.870	-0.020	0.002	4.4e-16	BMI	Yengo	non-COJO	No
	rs4814512	20	16564210	A	C	0.782	0.013	0.002	2.3e-10	BMI	Yengo	non-COJO	Yes
	rs6138482	20	25059442	T	C	0.197	0.015	0.002	5.8e-13	BMI	Yengo	non-COJO	No
	rs676749	20	3026069	A	T	0.502	-0.010	0.002	1.7e-09	BMI	Yengo	non-COJO	No
	rs6121381	20	30785593	A	T	0.847	-0.015	0.002	9.4e-10	BMI	Yengo	non-COJO	Yes
	rs13041173	20	32542814	A	G	0.659	-0.011	0.002	5e-09	BMI	Yengo	non-COJO	Yes
	rs6142096	20	32686658	A	G	0.528	0.014	0.002	1.8e-15	BMI	Yengo	non-COJO	Yes
	rs2425241	20	35018412	T	C	0.067	-0.020	0.003	2.7e-09	BMI	Yengo	non-COJO	Yes
	rs2143253	20	41987392	A	G	0.119	-0.019	0.003	1.1e-12	BMI	Yengo	non-COJO	No
	rs2425857	20	44914134	A	G	0.441	0.012	0.002	2.8e-11	BMI	Yengo	non-COJO	No
	rs6019482	20	47495560	T	C	0.165	-0.018	0.002	2.8e-14	BMI	Yengo	non-COJO	Yes
	rs17806379	20	51107290	T	C	0.179	-0.026	0.002	1.5e-30	BMI	Yengo	non-COJO	No
	rs1512065	20	53453326	A	G	0.237	0.014	0.002	5.7e-11	BMI	Yengo	non-COJO	Yes
	rs559267	20	54157497	A	G	0.664	-0.012	0.002	3e-11	BMI	Yengo	non-COJO	No

377	rs6011457	20	61530915	A	T	0.498	-0.012	0.002	2.7e-11	BMI	Yengo	non-COJO	Yes
	rs310618	20	62127121	T	C	0.671	-0.011	0.002	5.5e-09	BMI	Yengo	non-COJO	No
	rs1884897	20	6612832	A	G	0.369	-0.019	0.002	1.3e-30	BMI	Yengo	non-COJO	No
	rs762147	21	39238610	A	G	0.271	-0.012	0.002	3.3e-09	BMI	Yengo	non-COJO	No
	rs13047416	21	40309436	C	G	0.623	0.015	0.002	2.2e-17	BMI	Yengo	non-COJO	Yes
	rs2836961	21	40627020	A	C	0.616	-0.010	0.002	1.1e-09	BMI	Yengo	non-COJO	No
	rs2838006	21	42653567	T	C	0.362	-0.013	0.002	5.4e-12	BMI	Yengo	non-COJO	No
	rs427943	21	46570896	A	C	0.433	-0.017	0.002	7.3e-23	BMI	Yengo	non-COJO	Yes
	rs4820408	22	40604945	T	G	0.408	0.015	0.002	2.1e-19	BMI	Yengo	non-COJO	No
	rs9615905	22	48875699	T	C	0.450	0.011	0.002	2.7e-10	BMI	Yengo	non-COJO	No
	rs2061708	1	103417203	G	C	0.588	0.015	0.002	2.127e-14	WHR	Pulit		Yes
	rs2335077	1	107573565	A	G	0.645	-0.012	0.002	8.334e-11	WHR	Pulit		No
	rs6658723	1	112274162	T	C	0.433	0.014	0.002	2.343e-13	WHR	Pulit		No
	rs6694768	1	114953420	T	C	0.682	0.012	0.002	1.621e-10	WHR	Pulit		Yes
	rs10923724	1	119546842	C	T	0.556	0.024	0.002	1.81e-45	WHR	Pulit		No
	rs905938	1	154991389	T	C	0.724	0.013	0.002	7.831e-11	WHR	Pulit		No
	rs6688053	1	163589208	C	T	0.444	0.012	0.002	4.434e-10	WHR	Pulit		No

378	rs10919388	1	170372503	A	C	0.273	-0.027	0.002	6.402e-43	WHR	Pulit	Yes
	rs12138803	1	172348823	C	T	0.200	0.020	0.002	7.185e-25	WHR	Pulit	No
	rs543874	1	177889480	A	G	0.780	-0.020	0.002	8.143e-22	WHR	Pulit	No
	rs12024554	1	19925759	C	T	0.235	-0.015	0.002	1.077e-10	WHR	Pulit	No
	rs6658424	1	200049302	T	A	0.284	-0.012	0.002	1.357e-10	WHR	Pulit	No
	rs3903399	1	205041542	T	C	0.785	-0.015	0.002	6.817e-12	WHR	Pulit	Yes
	rs3767848	1	214173840	G	A	0.254	-0.012	0.002	2.161e-09	WHR	Pulit	No
	rs1563355	1	219653101	T	C	0.328	-0.028	0.002	1.591e-49	WHR	Pulit	Yes
	rs6604731	1	224051439	C	T	0.300	-0.012	0.002	2.546e-09	WHR	Pulit	Yes
	rs2903995	1	23271504	T	A	0.378	-0.012	0.002	1.607e-11	WHR	Pulit	No
	rs12042959	1	243533273	A	G	0.863	0.016	0.002	9.25e-10	WHR	Pulit	No
	rs213624	1	26201164	G	A	0.526	0.012	0.002	3.294e-11	WHR	Pulit	No
	rs2742690	1	2987268	C	A	0.200	0.017	0.002	9.216e-12	WHR	Pulit	No
	rs4660808	1	40018509	C	T	0.223	0.014	0.002	7.577e-12	WHR	Pulit	No
	rs946106	1	49928489	C	T	0.766	-0.017	0.002	2.719e-17	WHR	Pulit	Yes
	rs12140153	1	62579891	G	T	0.091	-0.021	0.004	7.637e-10	WHR	Pulit	No

379	rs2613505	1	72835410	C	T	0.820	0.016	0.002	1.012e-13	WHR	Pulit	No
	rs313741	1	86273451	A	T	0.551	-0.012	0.002	1.626e-11	WHR	Pulit	No
	rs6699397	1	91212216	A	G	0.624	-0.012	0.002	1.276e-11	WHR	Pulit	Yes
	rs6688233	1	9335745	C	T	0.239	0.019	0.002	3.021e-19	WHR	Pulit	Yes
	rs9659380	1	98423149	G	A	0.837	-0.018	0.002	5.222e-14	WHR	Pulit	No
	rs4851284	2	100894887	C	T	0.668	-0.015	0.002	5.616e-13	WHR	Pulit	No
	rs1345203	2	112253851	T	C	0.783	0.019	0.002	3.068e-15	WHR	Pulit	No
	rs4372913	2	114517748	A	G	0.788	-0.014	0.002	8.599e-11	WHR	Pulit	No
	rs332105	2	119444229	G	A	0.554	-0.014	0.002	1.119e-14	WHR	Pulit	No
	rs711869	2	13073967	G	A	0.557	-0.017	0.002	2.375e-21	WHR	Pulit	No
	rs55920843	2	158412701	T	G	0.989	0.062	0.009	1.549e-11	WHR	Pulit	No
	rs1020731	2	161144055	G	A	0.702	0.013	0.002	5.838e-11	WHR	Pulit	No
	rs12621633	2	162859436	G	A	0.011	0.054	0.009	2.996e-09	WHR	Pulit	Yes
	rs399984	2	164877930	C	G	0.779	0.013	0.002	1.862e-09	WHR	Pulit	Yes
	rs409125	2	165667643	T	A	0.628	-0.018	0.002	2.083e-23	WHR	Pulit	Yes
	rs12469667	2	166162705	G	A	0.232	-0.013	0.002	2.821e-10	WHR	Pulit	No
	rs9630986	2	181607751	G	C	0.668	0.012	0.002	1.017e-10	WHR	Pulit	No

380	rs1569135	2	188115398	A	G	0.537	0.022	0.002	2.758e-37	WHR	Pulit	Yes
	rs1124639	2	200775744	T	C	0.439	-0.011	0.002	7.475e-11	WHR	Pulit	No
	rs7599312	2	213413231	G	A	0.273	-0.011	0.002	2.358e-09	WHR	Pulit	No
	rs1017698	2	219170525	G	A	0.597	-0.011	0.002	5.13e-10	WHR	Pulit	No
	rs17324331	2	230739209	G	C	0.314	0.012	0.002	1.79e-10	WHR	Pulit	No
	rs3891424	2	239365456	G	A	0.053	-0.028	0.004	3.997e-10	WHR	Pulit	No
	rs6749646	2	25193998	A	T	0.780	-0.021	0.002	5.985e-22	WHR	Pulit	No
	rs10153926	2	43189120	G	A	0.219	0.014	0.002	2.003e-09	WHR	Pulit	No
	rs7591387	2	43756032	C	T	0.102	0.018	0.003	9.298e-11	WHR	Pulit	Yes
	rs17326656	2	48962291	G	T	0.235	0.015	0.002	4.166e-13	WHR	Pulit	No
	rs929641	2	58792377	A	G	0.589	0.013	0.002	7.979e-14	WHR	Pulit	No
	rs6545714	2	59307725	G	A	0.611	-0.014	0.002	8.963e-16	WHR	Pulit	No
	rs13028903	2	59951465	C	T	0.460	0.011	0.002	2.752e-10	WHR	Pulit	Yes
	rs2419407	2	60170875	C	T	0.565	0.010	0.002	3.854e-09	WHR	Pulit	Yes
	rs2195086	2	60814466	T	G	0.833	-0.014	0.002	2.809e-09	WHR	Pulit	Yes
	rs6743060	2	629510	C	A	0.842	0.027	0.002	1.795e-32	WHR	Pulit	No
	rs1385167	2	66200648	A	G	0.862	-0.022	0.002	6.224e-20	WHR	Pulit	Yes

381	rs11897119	2	66772000	T	C	0.594	-0.013	0.002	4.068e-15	WHR	Pulit	No
	rs4671193	2	67846288	C	T	0.356	-0.019	0.002	4.792e-25	WHR	Pulit	Yes
	rs12692387	2	9698190	T	C	0.332	-0.012	0.002	2.896e-09	WHR	Pulit	No
	rs2595004	3	11406721	C	T	0.825	-0.016	0.002	2.062e-11	WHR	Pulit	Yes
	rs9878908	3	12302462	C	T	0.813	-0.019	0.002	3.382e-20	WHR	Pulit	Yes
	rs6795831	3	129341403	A	C	0.814	0.029	0.002	2.091e-37	WHR	Pulit	No
	rs13063979	3	131564741	T	G	0.732	-0.014	0.002	1.194e-12	WHR	Pulit	No
	rs645040	3	135926622	G	T	0.770	0.016	0.002	1.154e-14	WHR	Pulit	No
	rs9844972	3	150097635	G	C	0.065	0.028	0.004	1.118e-14	WHR	Pulit	No
	rs10049088	3	156797648	C	T	0.381	-0.027	0.002	1.472e-53	WHR	Pulit	Yes
	rs2455848	3	15771372	T	C	0.314	0.013	0.002	1.827e-12	WHR	Pulit	Yes
	rs12494190	3	168949384	G	A	0.404	-0.012	0.002	3.034e-11	WHR	Pulit	No
	rs4894803	3	171800256	A	G	0.600	0.015	0.002	3.743e-16	WHR	Pulit	No
	rs7647305	3	185834290	T	C	0.210	-0.014	0.002	8.28e-12	WHR	Pulit	No
	rs6550597	3	18738940	G	A	0.719	0.012	0.002	3.083e-09	WHR	Pulit	No
	rs12629247	3	187632584	G	C	0.040	0.029	0.005	9.83e-10	WHR	Pulit	Yes

382	rs12631066	3	33872787	G	C	0.225	0.012	0.002	2.089e-09	WHR	Pulit	No
	rs10490869	3	35635145	A	T	0.796	-0.018	0.002	9.338e-17	WHR	Pulit	Yes
	rs155524	3	37562141	G	A	0.590	0.013	0.002	1.275e-13	WHR	Pulit	Yes
	rs2291542	3	49751585	C	T	0.327	0.017	0.002	1.74e-20	WHR	Pulit	No
	rs1452075	3	62481063	C	T	0.732	0.012	0.002	1.319e-10	WHR	Pulit	No
	rs76699125	3	64701535	T	C	0.937	0.032	0.004	4.955e-15	WHR	Pulit	No
	rs6548834	3	82704753	G	A	0.363	0.012	0.002	1.642e-10	WHR	Pulit	No
	rs12495178	3	85886077	T	C	0.642	0.012	0.002	1.321e-12	WHR	Pulit	Yes
	rs9942009	3	89121921	C	T	0.380	0.013	0.002	3.033e-12	WHR	Pulit	No
	rs4686340	3	9345218	A	C	0.251	0.012	0.002	6.014e-10	WHR	Pulit	No
	rs793456	3	99525631	G	A	0.604	-0.011	0.002	3.563e-09	WHR	Pulit	No
	rs1789882	4	100235053	A	G	0.169	0.016	0.002	9.974e-12	WHR	Pulit	No
	rs809955	4	140874760	G	A	0.367	-0.016	0.002	2.482e-14	WHR	Pulit	No
	rs789351	4	145868370	C	T	0.420	0.012	0.002	7.567e-13	WHR	Pulit	No
	rs10019888	4	26062990	A	G	0.813	-0.021	0.002	8.047e-20	WHR	Pulit	No
	rs17644283	4	26308792	A	G	0.388	0.015	0.002	3.237e-17	WHR	Pulit	No
	rs3121419	4	3232257	C	T	0.297	-0.013	0.002	1.59e-11	WHR	Pulit	Yes

383	rs13130484	4	45175691	C	T	0.429	0.015	0.002	7.834e-18	WHR	Pulit	No
	rs861029	4	56245637	T	C	0.749	-0.014	0.002	4.364e-11	WHR	Pulit	No
	rs2167750	4	89730074	C	T	0.473	0.020	0.002	6.473e-29	WHR	Pulit	No
	rs11724804	4	965779	G	A	0.444	-0.016	0.002	4.979e-20	WHR	Pulit	No
	rs2161097	5	103945178	C	T	0.441	0.013	0.002	2.107e-12	WHR	Pulit	No
	rs4395620	5	106328326	T	C	0.576	0.011	0.002	3.568e-09	WHR	Pulit	No
	rs1822489	5	112542527	A	G	0.318	0.012	0.002	1.521e-10	WHR	Pulit	No
	rs1045241	5	118729286	C	T	0.282	-0.012	0.002	8.856e-11	WHR	Pulit	No
	rs11747001	5	132412299	A	G	0.764	0.015	0.002	8.389e-15	WHR	Pulit	No
	rs4454042	5	155824774	T	C	0.273	0.013	0.002	1.368e-10	WHR	Pulit	No
	rs1122080	5	158015903	G	A	0.204	-0.013	0.002	1.603e-09	WHR	Pulit	No
	rs17738166	5	172997978	G	A	0.397	0.011	0.002	3.779e-10	WHR	Pulit	No
	rs10070064	5	173281777	C	T	0.264	0.018	0.002	3.814e-18	WHR	Pulit	Yes
	rs244723	5	176534886	G	A	0.529	0.015	0.002	8.915e-14	WHR	Pulit	Yes
	rs10475249	5	4010135	C	G	0.549	0.013	0.002	1.292e-11	WHR	Pulit	No
	rs2448	5	53302354	T	C	0.738	0.016	0.002	4.621e-15	WHR	Pulit	No
	rs3936510	5	55860866	G	T	0.197	0.024	0.002	1.756e-29	WHR	Pulit	Yes

384	rs34699	5	66304225	G	T	0.581	-0.012	0.002	4.415e-11	WHR	Pulit	Yes
	rs2112347	5	75015242	T	G	0.630	0.015	0.002	8.407e-18	WHR	Pulit	No
	rs1382894	5	76599022	A	T	0.649	0.011	0.002	9.152e-10	WHR	Pulit	Yes
	rs2161228	5	88001798	C	T	0.102	0.019	0.003	4.317e-11	WHR	Pulit	No
	rs2503099	6	100610101	A	G	0.835	-0.021	0.002	8.298e-20	WHR	Pulit	No
	rs12206094	6	108906200	C	T	0.289	-0.012	0.002	2.207e-10	WHR	Pulit	No
	rs2357760	6	120213880	G	A	0.674	0.011	0.002	3.804e-10	WHR	Pulit	No
	rs72959041	6	127454893	G	A	0.041	0.126	0.004	4.56e-183	WHR	Pulit	Yes
	rs605066	6	139829666	C	T	0.583	-0.019	0.002	2.381e-26	WHR	Pulit	No
	rs9296938	6	14573063	A	G	0.250	-0.014	0.002	1.502e-12	WHR	Pulit	No
	rs112266013	6	15230743	G	A	0.141	-0.017	0.003	3.168e-09	WHR	Pulit	No
	rs672341	6	153455994	G	A	0.413	-0.012	0.002	7.964e-10	WHR	Pulit	No
	rs668871	6	160769811	C	T	0.469	-0.013	0.002	7.192e-12	WHR	Pulit	Yes
	rs7744833	6	20581828	A	G	0.682	0.012	0.002	6.875e-11	WHR	Pulit	Yes
	rs2894204	6	31237061	C	T	0.638	0.021	0.002	8.006e-25	WHR	Pulit	No
	rs114760566	6	34192036	C	A	0.043	0.067	0.005	2.944e-44	WHR	Pulit	Yes

385	rs2033529	6	40348653	A	G	0.725	-0.015	0.002	2.375e-16	WHR	Pulit	Yes
	rs4714668	6	43101270	C	G	0.530	-0.012	0.002	2.529e-09	WHR	Pulit	No
	rs6905288	6	43758873	G	A	0.574	0.033	0.002	2.015e-78	WHR	Pulit	Yes
	rs9369425	6	43810974	G	A	0.708	0.020	0.002	1.089e-23	WHR	Pulit	Yes
	rs987237	6	50803050	A	G	0.844	-0.020	0.002	9.975e-20	WHR	Pulit	Yes
	rs9370243	6	53789830	G	T	0.080	0.020	0.003	1.131e-09	WHR	Pulit	No
	rs1294436	6	6746166	G	C	0.597	0.023	0.002	1.287e-30	WHR	Pulit	No
	rs1334576	6	7211818	G	A	0.425	-0.016	0.002	1.66e-19	WHR	Pulit	Yes
	rs12527712	6	80916967	C	T	0.088	0.028	0.003	3.377e-18	WHR	Pulit	No
	rs9362083	6	85396119	T	A	0.587	-0.012	0.002	7.838e-11	WHR	Pulit	Yes
	rs17448885	6	97385975	C	G	0.652	0.011	0.002	3.325e-09	WHR	Pulit	No
	rs10499013	6	97946396	G	A	0.280	-0.012	0.002	5.096e-10	WHR	Pulit	No
	rs901630	6	98539519	C	T	0.411	-0.012	0.002	6.814e-12	WHR	Pulit	Yes
	rs372321	7	101721006	G	A	0.178	0.016	0.002	1.72e-11	WHR	Pulit	No
	rs1142	7	104756326	C	T	0.334	0.015	0.002	2.057e-17	WHR	Pulit	Yes
	rs4727695	7	107614003	A	G	0.899	0.022	0.003	1.846e-13	WHR	Pulit	Yes
	rs4476935	7	112987650	C	T	0.427	-0.011	0.002	1.54e-09	WHR	Pulit	No

386	rs39312	7	116954785	A	C	0.620	-0.015	0.002	3.496e-18	WHR	Pulit	No
	rs6942652	7	120889272	G	C	0.429	-0.013	0.002	2.182e-12	WHR	Pulit	No
	rs13229637	7	136717447	T	C	0.854	0.016	0.002	1.907e-10	WHR	Pulit	No
	rs1534696	7	26397239	C	A	0.569	-0.023	0.002	3.674e-39	WHR	Pulit	No
	rs2715135	7	50750128	T	G	0.371	0.011	0.002	4.092e-09	WHR	Pulit	No
	rs7797307	7	68686127	G	C	0.060	-0.024	0.004	7.072e-10	WHR	Pulit	No
	rs55747707	7	73037366	G	A	0.176	-0.015	0.002	3.396e-11	WHR	Pulit	No
	rs11764879	7	77333267	G	A	0.286	-0.012	0.002	3.926e-10	WHR	Pulit	Yes
	rs13256367	8	128334900	A	C	0.653	0.014	0.002	5.415e-14	WHR	Pulit	No
	rs15285	8	19824667	C	T	0.263	-0.012	0.002	1.619e-09	WHR	Pulit	No
	rs9644033	8	23610639	A	T	0.754	0.019	0.002	2.101e-19	WHR	Pulit	No
	rs11992444	8	25464690	G	T	0.508	0.018	0.002	4.99e-21	WHR	Pulit	No
	rs7823561	8	25641764	A	C	0.653	0.016	0.002	3.258e-17	WHR	Pulit	Yes
	rs2725371	8	30854033	A	G	0.300	0.017	0.002	9.9e-16	WHR	Pulit	Yes
	rs36061954	8	38329650	C	T	0.398	0.015	0.002	3.421e-13	WHR	Pulit	No
	rs62506196	8	60264465	A	C	0.838	-0.016	0.003	2.696e-09	WHR	Pulit	No
	rs13255070	8	68203608	A	G	0.719	-0.014	0.002	5.072e-10	WHR	Pulit	No

387	rs28446899	8	72396213	C	T	0.078	0.036	0.004	7.917e-23	WHR	Pulit	No
	rs1431659	8	73439070	A	G	0.274	0.014	0.002	1.121e-12	WHR	Pulit	Yes
	rs62565259	9	102162570	C	T	0.165	-0.016	0.003	3.706e-09	WHR	Pulit	Yes
	rs1800978	9	107665978	C	G	0.879	0.020	0.003	9.181e-15	WHR	Pulit	No
	rs10991433	9	107726918	T	C	0.896	-0.025	0.003	5.731e-20	WHR	Pulit	Yes
	rs12684047	9	111972671	T	A	0.191	-0.018	0.002	3.439e-15	WHR	Pulit	No
	rs10980797	9	113912553	A	G	0.519	-0.015	0.002	3.881e-15	WHR	Pulit	No
	rs7025089	9	134881443	C	A	0.679	-0.012	0.002	4.288e-10	WHR	Pulit	No
	rs6474945	9	15670492	G	T	0.454	-0.010	0.002	2.669e-09	WHR	Pulit	No
	rs2183825	9	28412375	T	C	0.686	-0.014	0.002	4.425e-15	WHR	Pulit	No
	rs1974004	9	95568230	C	T	0.153	0.017	0.002	3.846e-12	WHR	Pulit	No
	rs2398893	9	96758342	A	G	0.714	0.016	0.002	9.007e-17	WHR	Pulit	No
	rs12777288	10	115860058	T	C	0.771	-0.014	0.002	6.882e-11	WHR	Pulit	No
	rs17101456	10	122875040	A	G	0.879	-0.021	0.003	7.456e-14	WHR	Pulit	No
	rs1243188	10	21908803	T	C	0.706	-0.015	0.002	2.371e-14	WHR	Pulit	No
	rs1494204	10	27904321	C	T	0.419	-0.011	0.002	4.406e-09	WHR	Pulit	No

38	rs10827252	10	33672884	A	G	0.493	-0.011	0.002	2.031e-10	WHR	Pulit	No
	rs1757471	10	34168090	C	T	0.508	0.013	0.002	5.891e-13	WHR	Pulit	Yes
	rs708437	10	36227656	G	A	0.826	0.014	0.002	1.598e-09	WHR	Pulit	No
	rs12774134	10	4963327	C	T	0.119	-0.016	0.003	2.096e-09	WHR	Pulit	No
	rs7907173	10	5648787	G	A	0.451	-0.011	0.002	9.433e-10	WHR	Pulit	Yes
	rs7070670	10	61842645	C	T	0.323	-0.013	0.002	3.644e-10	WHR	Pulit	No
	rs7070749	10	63882682	G	A	0.553	0.013	0.002	1.88e-10	WHR	Pulit	Yes
	rs10761785	10	65318766	G	T	0.514	-0.015	0.002	6.427e-18	WHR	Pulit	No
	rs780159	10	80907147	A	G	0.429	-0.013	0.002	2.861e-14	WHR	Pulit	No
	rs10788569	10	89604732	T	C	0.724	-0.013	0.002	3.975e-12	WHR	Pulit	No
	rs950732	10	94114633	C	T	0.575	0.012	0.002	2.376e-11	WHR	Pulit	Yes
	rs11187537	10	95346805	G	C	0.263	0.013	0.002	1.729e-10	WHR	Pulit	No
	rs10840349	11	10076430	A	G	0.507	-0.012	0.002	4.93e-10	WHR	Pulit	Yes
	rs2513987	11	102977271	G	A	0.269	-0.014	0.002	3.882e-10	WHR	Pulit	No
	rs2957658	11	10393468	G	A	0.491	-0.012	0.002	1.841e-10	WHR	Pulit	No
	rs2276390	11	111895254	G	T	0.338	-0.021	0.002	5.76e-28	WHR	Pulit	Yes
	rs719802	11	113234679	T	C	0.397	0.011	0.002	3.793e-10	WHR	Pulit	No

389	rs11216183	11	116781545	C	A	0.092	0.023	0.003	2.711e-11	WHR	Pulit	No
	rs3825061	11	118944675	C	T	0.387	0.014	0.002	5.454e-15	WHR	Pulit	Yes
	rs579682	11	122014110	C	T	0.714	-0.013	0.002	2.022e-11	WHR	Pulit	Yes
	rs747249	11	130271647	A	G	0.359	0.011	0.002	2.65e-09	WHR	Pulit	No
	rs747601	11	13274553	A	T	0.275	-0.013	0.002	7.274e-11	WHR	Pulit	Yes
	rs11030108	11	27695464	A	G	0.331	0.015	0.002	1.214e-17	WHR	Pulit	No
	rs13642	11	30432220	A	T	0.645	0.011	0.002	9.486e-10	WHR	Pulit	No
	rs4755720	11	43628749	C	T	0.611	-0.013	0.002	3.975e-13	WHR	Pulit	No
	rs12287076	11	47606865	G	C	0.625	0.019	0.002	3.529e-21	WHR	Pulit	Yes
	rs11231084	11	62177643	C	G	0.494	-0.012	0.002	2.409e-09	WHR	Pulit	No
	rs2509967	11	62312786	C	G	0.634	-0.015	0.002	1.022e-16	WHR	Pulit	No
	rs35169799	11	64031241	C	T	0.062	0.037	0.004	6.257e-20	WHR	Pulit	Yes
	rs10896012	11	65278461	T	C	0.785	-0.018	0.002	2.147e-16	WHR	Pulit	Yes
	rs7395513	11	69262756	G	A	0.439	-0.017	0.002	2.458e-18	WHR	Pulit	Yes
	rs140201358	11	823586	C	G	0.987	-0.056	0.009	8.253e-11	WHR	Pulit	No
	rs536665	11	85322400	A	G	0.798	-0.017	0.002	2.183e-12	WHR	Pulit	No
	rs12575252	11	8694073	G	C	0.334	-0.015	0.002	2.316e-18	WHR	Pulit	Yes

390	rs10507223	12	108455828	C	G	0.767	0.013	0.002	5.095e-10	WHR	Pulit	Yes
	rs4964656	12	108594069	G	C	0.303	-0.018	0.002	1.957e-20	WHR	Pulit	No
	rs863750	12	124505444	C	T	0.584	0.026	0.002	6.195e-51	WHR	Pulit	No
	rs34322	12	12879570	T	C	0.466	0.010	0.002	4.604e-09	WHR	Pulit	No
	rs11055887	12	14417179	G	A	0.193	-0.013	0.002	4.281e-09	WHR	Pulit	Yes
	rs7222	12	2055266	T	C	0.499	0.011	0.002	1.169e-09	WHR	Pulit	No
	rs10842707	12	26471364	C	T	0.204	0.027	0.002	3.911e-39	WHR	Pulit	No
	rs10843817	12	30865510	A	C	0.760	0.013	0.002	5.847e-10	WHR	Pulit	Yes
	rs2200155	12	33734935	G	A	0.372	-0.013	0.002	5.074e-13	WHR	Pulit	No
	rs1458156	12	41887940	C	T	0.496	0.012	0.002	1.856e-12	WHR	Pulit	Yes
	rs7138803	12	50247468	G	A	0.384	0.012	0.002	1.089e-12	WHR	Pulit	No
	rs10876528	12	54421476	C	A	0.351	0.024	0.002	8.584e-39	WHR	Pulit	No
	rs11176015	12	66441684	C	T	0.293	0.015	0.002	7.208e-14	WHR	Pulit	No
	rs704061	12	89771903	T	C	0.552	-0.012	0.002	4.367e-11	WHR	Pulit	No
	rs1805740	12	9075014	G	T	0.718	-0.014	0.002	5.636e-12	WHR	Pulit	Yes
	rs10745659	12	94092690	C	G	0.561	-0.013	0.002	1.427e-12	WHR	Pulit	Yes

391	rs7311622	12	98772975	C	T	0.453	-0.012	0.002	2.959e-11	WHR	Pulit	No
	rs12828016	12	998365	G	T	0.391	-0.011	0.002	4.081e-10	WHR	Pulit	No
	rs664532	13	110932363	T	C	0.379	0.011	0.002	1.667e-09	WHR	Pulit	No
	rs9515201	13	111040798	A	C	0.307	-0.012	0.002	6.633e-11	WHR	Pulit	Yes
	rs1163627	13	112225701	C	A	0.545	0.010	0.002	3.008e-09	WHR	Pulit	Yes
	rs1045411	13	31033232	C	T	0.279	-0.016	0.002	1.266e-15	WHR	Pulit	No
	rs797486	13	51221618	C	A	0.894	0.032	0.003	1.089e-34	WHR	Pulit	No
	rs564930	13	54756074	T	C	0.123	0.020	0.003	1.572e-11	WHR	Pulit	Yes
	rs12430764	13	93896935	G	A	0.516	0.011	0.002	1.872e-09	WHR	Pulit	No
	rs12590238	14	103350197	C	G	0.834	-0.014	0.002	1.546e-09	WHR	Pulit	No
	rs10132280	14	25928179	C	A	0.311	-0.012	0.002	3.114e-10	WHR	Pulit	No
	rs1190982	14	58815839	T	C	0.303	0.016	0.002	5.104e-16	WHR	Pulit	No
	rs2898885	14	65421274	T	C	0.809	-0.014	0.002	8.513e-10	WHR	Pulit	Yes
	rs2526886	14	71359064	G	T	0.690	0.012	0.002	3.646e-09	WHR	Pulit	No
	rs17109256	14	79939993	G	A	0.232	0.017	0.002	2.403e-16	WHR	Pulit	No
	rs7492628	14	91547136	C	G	0.680	-0.012	0.002	7.893e-11	WHR	Pulit	No
	rs4779526	15	31705683	A	T	0.757	0.013	0.002	2.086e-10	WHR	Pulit	No

392	rs2928140	15	40990353	G	C	0.455	0.012	0.002	2.46e-10	WHR	Pulit	Yes
	rs12440605	15	42102285	G	A	0.524	0.012	0.002	4.022e-11	WHR	Pulit	No
	rs3736485	15	51748610	A	G	0.456	0.012	0.002	3.846e-12	WHR	Pulit	No
	rs10851523	15	53044002	G	C	0.274	-0.012	0.002	1.787e-09	WHR	Pulit	No
	rs16976932	15	56781255	G	A	0.120	0.019	0.003	1.026e-11	WHR	Pulit	Yes
	rs12440695	15	62435156	T	C	0.615	-0.010	0.002	4.353e-09	WHR	Pulit	No
	rs1440372	15	67033151	T	C	0.267	-0.014	0.002	5.081e-13	WHR	Pulit	No
	rs8043060	15	67661784	G	A	0.222	-0.017	0.002	8.931e-17	WHR	Pulit	Yes
	rs2660824	15	73618309	C	T	0.461	-0.011	0.002	2.715e-10	WHR	Pulit	No
	rs7183908	15	74329193	T	C	0.507	-0.016	0.002	8.25e-16	WHR	Pulit	Yes
	rs936226	15	75069282	C	T	0.729	0.011	0.002	1.95e-09	WHR	Pulit	Yes
	rs12593088	15	81058640	G	A	0.311	-0.013	0.002	5.159e-12	WHR	Pulit	Yes
	rs12101393	15	92570921	C	G	0.786	0.014	0.002	1.187e-10	WHR	Pulit	No
	rs8024294	15	94023132	G	A	0.112	0.018	0.003	3.624e-10	WHR	Pulit	Yes
	rs13333747	16	2175373	T	C	0.817	0.018	0.002	1.418e-12	WHR	Pulit	No
	rs7186893	16	24806420	G	T	0.264	-0.014	0.002	1.21e-11	WHR	Pulit	No
	rs7498665	16	28883241	A	G	0.618	-0.017	0.002	1.13e-22	WHR	Pulit	Yes

393	rs4788204	16	29995218	G	A	0.459	0.017	0.002	2.638e-21	WHR	Pulit	No
	rs1139653	16	4484396	A	T	0.285	0.015	0.002	1.145e-13	WHR	Pulit	Yes
	rs8060576	16	4908956	C	T	0.123	0.016	0.003	1.496e-09	WHR	Pulit	No
	rs2047937	16	49864791	C	T	0.517	-0.011	0.002	4.573e-10	WHR	Pulit	No
	rs9923544	16	53801985	C	T	0.435	0.039	0.002	1.18e-113	WHR	Pulit	Yes
	rs9302652	16	53865975	C	T	0.734	-0.015	0.002	3.813e-15	WHR	Pulit	No
	rs889398	16	69556715	C	T	0.415	-0.017	0.002	1.985e-23	WHR	Pulit	No
	rs2925979	16	81534790	T	C	0.296	0.022	0.002	1.623e-31	WHR	Pulit	No
	rs7206608	16	82872628	C	G	0.675	-0.013	0.002	2.481e-11	WHR	Pulit	No
	rs7198287	16	85258191	C	T	0.218	-0.014	0.002	6.096e-10	WHR	Pulit	Yes
	rs4646342	17	17493272	G	A	0.454	-0.013	0.002	6.61e-13	WHR	Pulit	No
	rs7213608	17	21279289	C	T	0.683	-0.017	0.002	6.951e-19	WHR	Pulit	Yes
	rs7217226	17	2136065	T	G	0.656	-0.014	0.002	9.937e-15	WHR	Pulit	No
	rs2306589	17	34848874	T	C	0.473	0.016	0.002	2.521e-21	WHR	Pulit	No
	rs8070737	17	3981066	G	T	0.168	0.016	0.002	7.386e-12	WHR	Pulit	No
	rs591939	17	40698075	A	G	0.755	-0.018	0.002	9.11e-15	WHR	Pulit	No

394	rs17651507	17	44059010	A	T	0.727	0.019	0.002	1.855e-20	WHR	Pulit	Yes
	rs8071778	17	46080233	G	C	0.154	-0.016	0.002	6.622e-11	WHR	Pulit	No
	rs758598	17	59492714	A	G	0.330	0.012	0.002	5.587e-11	WHR	Pulit	No
	rs8075273	17	61728881	C	A	0.287	-0.014	0.002	2.757e-13	WHR	Pulit	Yes
	rs12449442	17	65947640	G	A	0.219	0.017	0.002	2.554e-16	WHR	Pulit	Yes
	rs11654387	17	68446861	C	G	0.488	0.016	0.002	1.453e-19	WHR	Pulit	Yes
	rs9988	17	73230856	C	T	0.835	0.015	0.002	1.934e-10	WHR	Pulit	No
	rs8079062	17	74255029	A	G	0.921	-0.023	0.003	1.668e-12	WHR	Pulit	No
	rs858516	17	7537098	C	T	0.547	-0.012	0.002	1.628e-09	WHR	Pulit	Yes
	rs4239275	17	79923718	T	C	0.413	0.012	0.002	3.261e-11	WHR	Pulit	Yes
	rs1787013	18	13072979	T	C	0.559	-0.011	0.002	1.327e-09	WHR	Pulit	No
	rs62095889	18	21069068	G	A	0.343	-0.017	0.002	1.623e-15	WHR	Pulit	Yes
	rs10164099	18	34690744	T	C	0.874	-0.015	0.002	1.173e-09	WHR	Pulit	No
	rs1158805	18	40736590	C	A	0.380	-0.013	0.002	4.947e-13	WHR	Pulit	No
	rs494752	18	46853270	G	C	0.655	-0.015	0.002	2.313e-16	WHR	Pulit	No
	rs6566233	18	53445930	T	C	0.515	-0.013	0.002	7.126e-11	WHR	Pulit	No
	rs6567160	18	57829135	T	C	0.753	-0.026	0.002	2.53e-39	WHR	Pulit	No

395	rs12608504	19	18389135	A	G	0.359	0.025	0.002	4.675e-46	WHR	Pulit	No
	rs12986231	19	18469017	T	C	0.729	0.015	0.002	2.044e-11	WHR	Pulit	No
	rs11878507	19	18837823	G	A	0.506	-0.012	0.002	1.385e-09	WHR	Pulit	Yes
	rs998732	19	19378671	A	G	0.834	0.016	0.002	1.042e-12	WHR	Pulit	No
	rs12459350	19	2176586	A	G	0.542	0.013	0.002	2.233e-15	WHR	Pulit	No
	rs17513613	19	30286822	T	C	0.691	-0.012	0.002	5.424e-12	WHR	Pulit	No
	rs3786897	19	33893008	A	G	0.580	-0.024	0.002	1.451e-43	WHR	Pulit	Yes
	rs429358	19	45411941	T	C	0.846	0.035	0.003	4.214e-37	WHR	Pulit	No
	rs1800437	19	46181392	G	C	0.188	-0.021	0.002	6.225e-22	WHR	Pulit	No
	rs8103017	19	55999142	C	G	0.704	-0.016	0.002	2.244e-14	WHR	Pulit	Yes
	rs1035940	19	7199978	C	G	0.276	0.012	0.002	1.468e-09	WHR	Pulit	Yes
	rs1406948	20	33905619	G	A	0.368	-0.014	0.002	4.124e-15	WHR	Pulit	No
	rs1997833	20	39690342	T	C	0.707	-0.012	0.002	4.219e-11	WHR	Pulit	No
	rs6130360	20	42010996	A	G	0.848	0.015	0.002	1.133e-09	WHR	Pulit	No
	rs2236519	20	45529571	G	A	0.369	0.021	0.002	1.894e-30	WHR	Pulit	No
	rs3092781	20	45789953	C	T	0.451	-0.014	0.002	1.915e-17	WHR	Pulit	Yes
	rs6021889	20	50982870	A	G	0.710	0.020	0.002	2.463e-27	WHR	Pulit	No

396	rs910382	20	51699189	G	A	0.494	-0.017	0.002	2.395e-21	WHR	Pulit	Yes
	rs1328757	20	56135199	C	T	0.474	0.011	0.002	1.693e-10	WHR	Pulit	No
	rs805768	20	5666891	C	T	0.239	0.014	0.002	3.625e-09	WHR	Pulit	Yes
	rs979012	20	6623374	T	C	0.364	0.012	0.002	7.855e-11	WHR	Pulit	No
	rs28451064	21	35593827	G	A	0.127	0.018	0.003	4.228e-09	WHR	Pulit	No
	rs9976841	21	39484323	G	A	0.387	-0.013	0.002	2.095e-12	WHR	Pulit	No
	rs2294239	22	29449477	A	G	0.568	0.020	0.002	3.173e-31	WHR	Pulit	No
	rs733381	22	40669648	A	G	0.772	0.012	0.002	2.817e-09	WHR	Pulit	No
	rs8141715	22	47214749	T	G	0.754	-0.014	0.002	1.454e-11	WHR	Pulit	No
	rs1106529	1	119,333,020	A	G	0.753	0.028	0.004	2.94e-12	WHR	Shungin	No
	rs2645294	1	119,376,110	T	C	0.579	0.023	0.003	3.41e-12	WHR	Shungin	Yes
	rs714515	1	170,619,613	G	A	0.428	0.019	0.003	1.23e-08	WHR	Shungin	No
	rs2820443	1	217,820,132	T	C	0.718	0.026	0.004	3.78e-12	WHR	Shungin	No
	rs10195252	2	165,221,337	T	C	0.592	0.020	0.003	2.57e-09	WHR	Shungin	No
	rs1128249	2	165,236,870	G	T	0.597	0.021	0.003	1.59e-09	WHR	Shungin	Yes
	rs1569135	2	187,823,643	A	G	0.529	0.024	0.003	1e-12	WHR	Shungin	No

397	rs17451107	3	158,280,303	T	C	0.613	0.023	0.004	3.5e-11	WHR	Shungin	No
	rs2371767	3	64,693,298	G	C	0.724	0.023	0.004	3.88e-09	WHR	Shungin	No
	rs459193	5	55,842,508	A	G	0.264	0.026	0.004	6.02e-12	WHR	Shungin	No
	rs1936805	6	127,493,809	T	C	0.511	0.038	0.003	8.47e-30	WHR	Shungin	No
	rs72959041	6	127,496,586	A	G	0.058	0.104	0.012	5.97e-17	WHR	Shungin	Yes
	rs998584	6	43,865,874	A	C	0.485	0.029	0.004	4.98e-15	WHR	Shungin	No
	rs1358980	6	43,872,529	T	C	0.471	0.027	0.004	1.98e-14	WHR	Shungin	Yes
	rs1294410	6	6,683,751	C	T	0.633	0.025	0.003	3.18e-13	WHR	Shungin	No
	rs10245353	7	25,825,139	A	C	0.200	0.027	0.004	1.57e-10	WHR	Shungin	No
	rs3902751	7	25,828,164	A	G	0.250	0.023	0.004	8.74e-10	WHR	Shungin	Yes
	rs7801581	7	27,190,296	T	C	0.244	0.023	0.004	4.95e-08	WHR	Shungin	Yes
	rs12679556	8	72,676,782	G	T	0.247	0.024	0.004	1.16e-09	WHR	Shungin	No
	rs10842707	12	26,362,631	T	C	0.232	0.027	0.004	1.39e-11	WHR	Shungin	No
	rs1443512	12	52,628,951	A	C	0.237	0.026	0.004	2.76e-11	WHR	Shungin	No
	rs10783615	12	52,636,040	G	A	0.145	0.035	0.005	7.02e-13	WHR	Shungin	Yes
	rs2071449	12	52,714,278	A	C	0.369	0.025	0.004	3.85e-12	WHR	Shungin	Yes
	rs1440372	15	64,820,205	C	T	0.710	0.021	0.004	7.59e-09	WHR	Shungin	No

rs4081724	19	38,516,786	G	A	0.851	0.028	0.005	1.51e-08	WHR	Shungin	No
rs2294239	22	27,779,477	A	G	0.586	0.020	0.003	4.39e-09	WHR	Shungin	No

2632 **F-statistics**

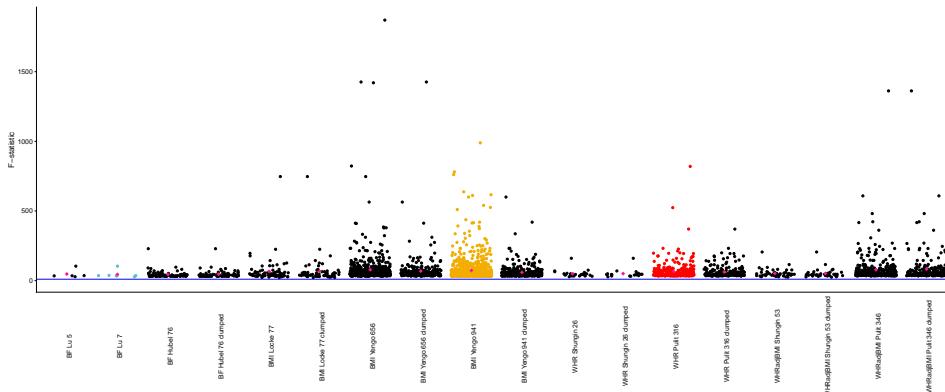


Figure A.8: f-statistics for all exposures used in chapter 5

2633 *Mean f-statistic for each exposure indicated by the pink diamond. The blue line indicates a*
2634 *nominal threshold of 10. Exposures used in the main analysis are highlighted with coloured*
2635 *points. The name after each exposure trait represents the authors last name of the original*
2636 *GWAS publication for which each exposure was obtained. The number following the first*
2637 *authors last name represents the number of SNPs obtained from the original GWAS and*
2638 *included; clumped refers to this original number of SNPs having been pruned based on an*
2639 *LD R² of 0.001. BMI = body mass index, WHR = waist hip ratio, WHRadjBMI = waist hip*
2640 *ratio adjusted for BMI, BF = body fat percentage.*

2641 **Correlations**

2642 Consistency in effect direction and size was investigated using Spearman's corre-
2643 lations.

```
[1] "Correlations between exposures"
```

	BF_Lu_7	BMI_Yengo_941	WHR_Pulit_316
BF_Lu_7	1.0000000	-0.7012485	-0.7189189
BMI_Yengo_941	-0.7012485	1.0000000	0.9449575
WHR_Pulit_316	-0.7189189	0.9449575	1.0000000

2644 Sensitivity analysis

2645 **Method comparison** For all method comparison Circos plots the outer track is
2646 the main analysis (IVW-MRE) result, and is coloured for the exposure for consis-
2647 tency with the main text of the thesis (BMI = yellow, WHR = red, BF = blue).
2648 Purple = MR Egger, green = Weighted median, orange = Weighted mode. Solid
2649 points represent a *p-value* threshold of 0.05/22 having been met; however only
2650 directional consistency between the methods is of interest when comparing the
2651 IVW-MRE model to the sensitivity models.

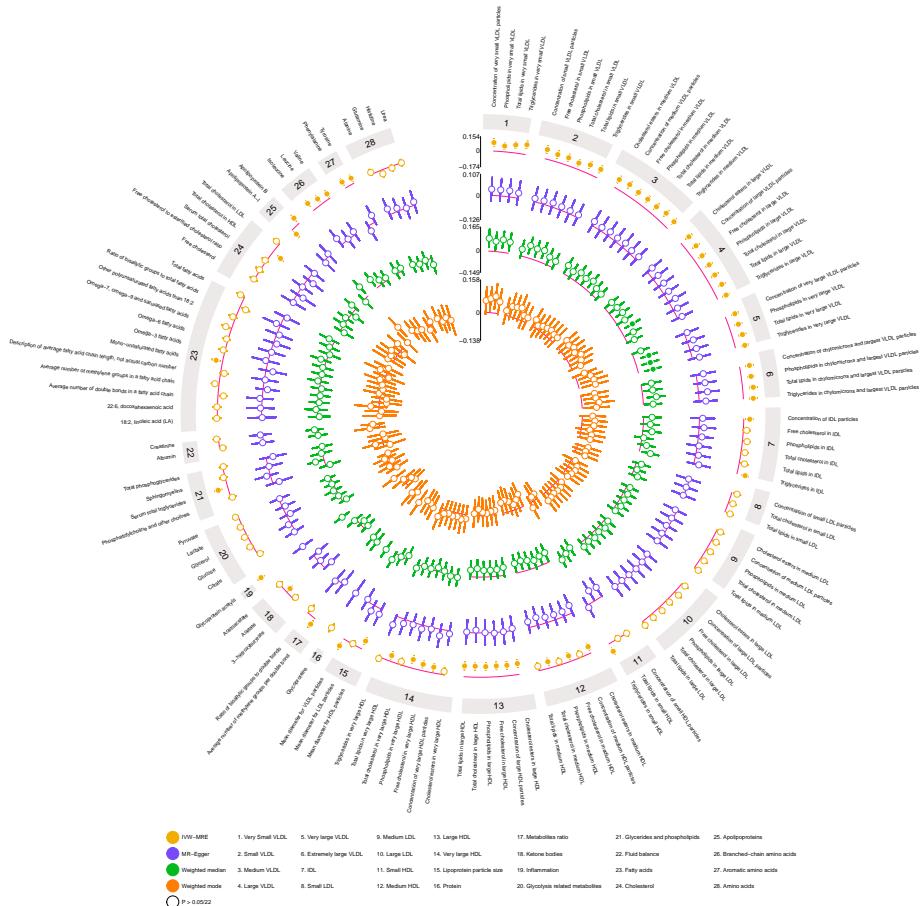


Figure A.9: Circosplot of main and sensitivity analysis for BMI

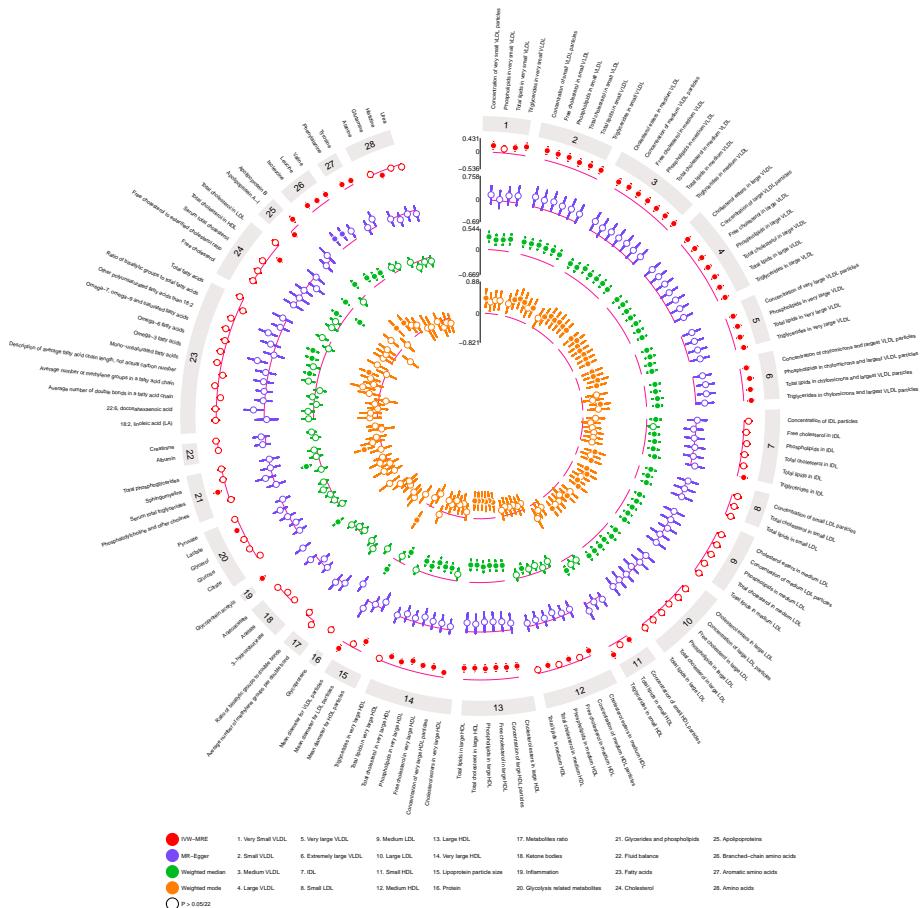


Figure A.10: Circosplot of main and sensitivity analysis for WHR

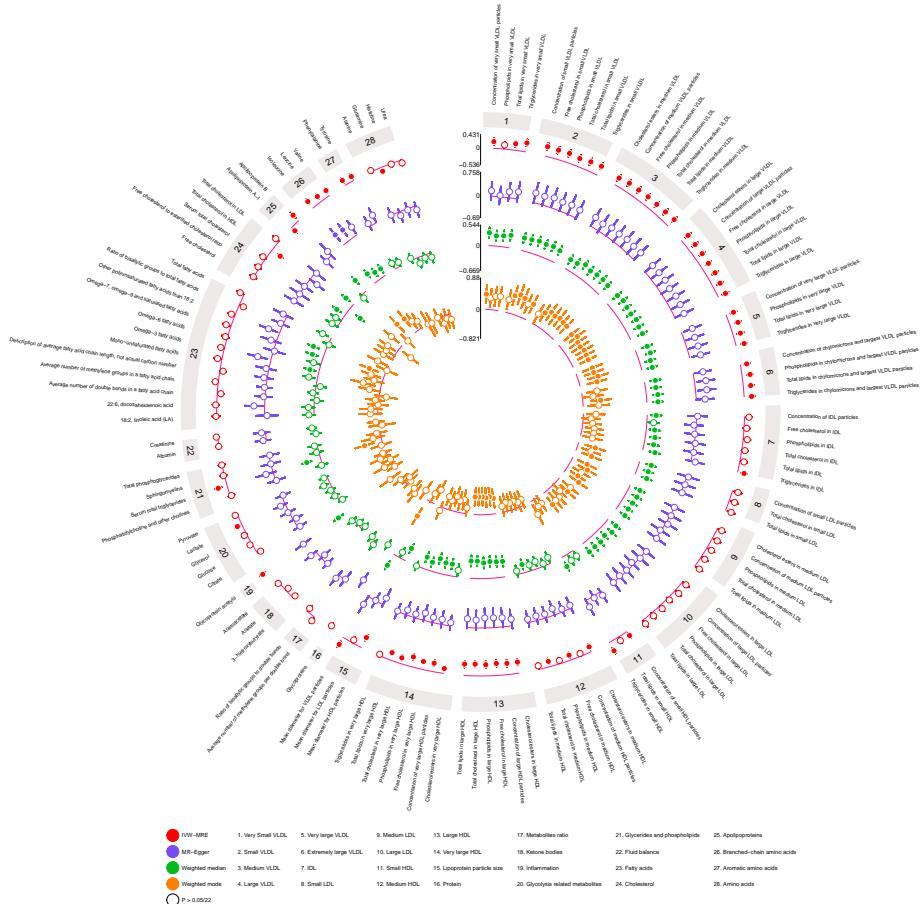


Figure A.11: Circosplot of main and sensitivity analysis for BF

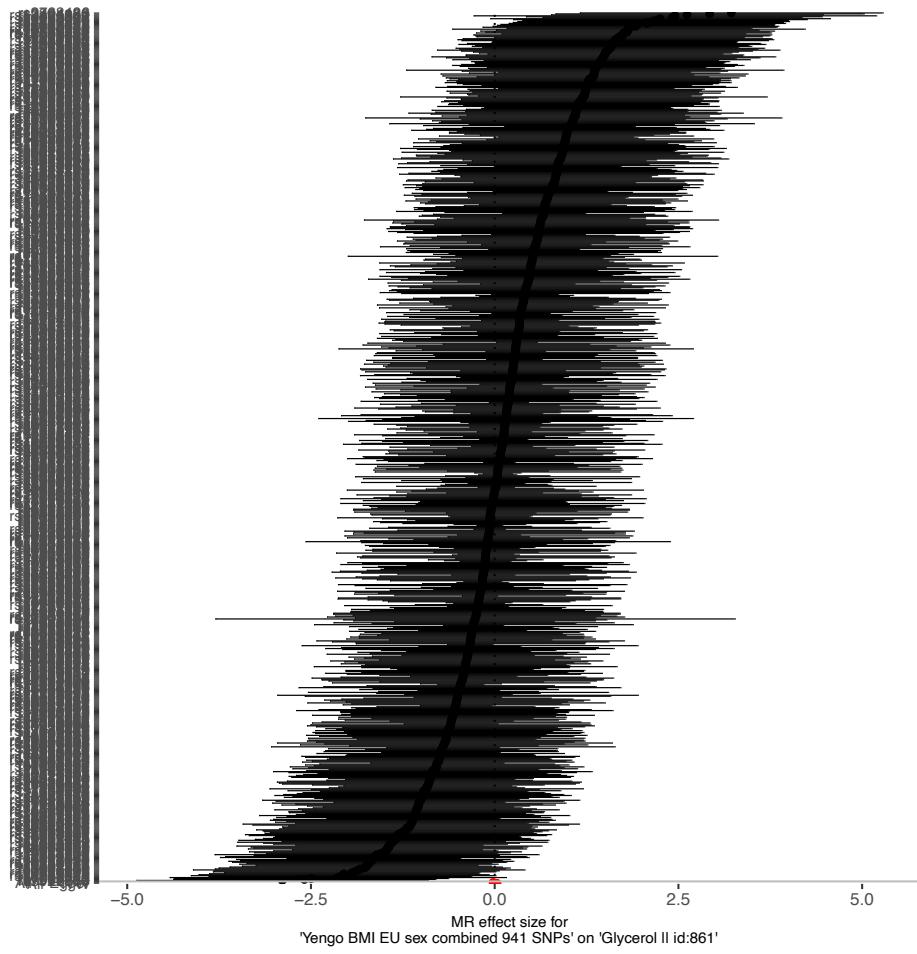


Figure A.12: Single SNP MR results for BMI and glycerol - representative figure

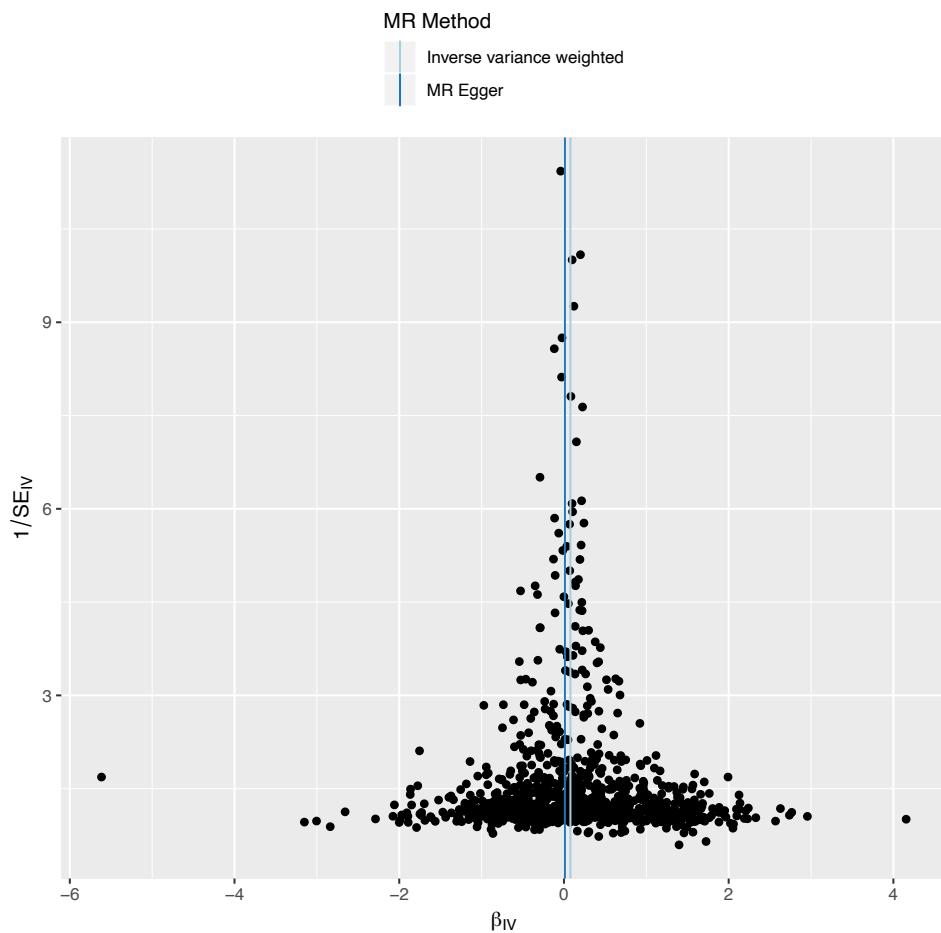


Figure A.13: Funnel plot of single SNP MR results for BMI and Apolipoprotein B
- representative figure

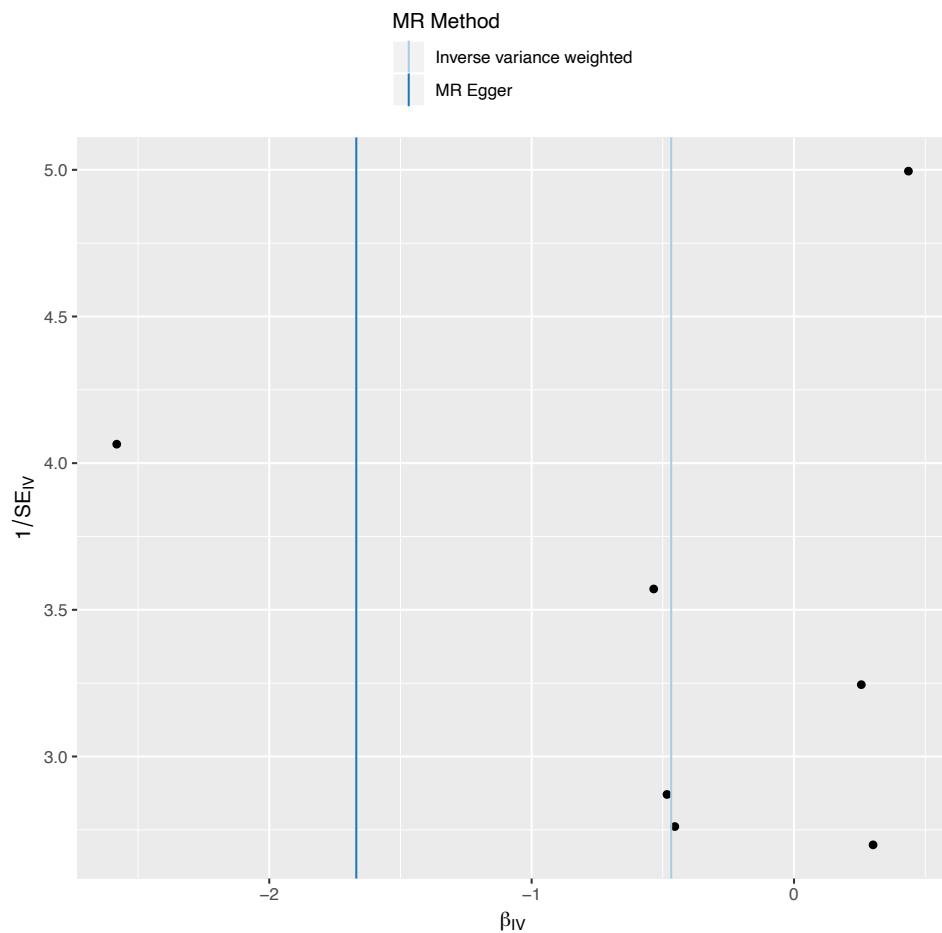


Figure A.14: Funnel plot of single SNP MR results for BF and Apolipoprotein B - representative figure

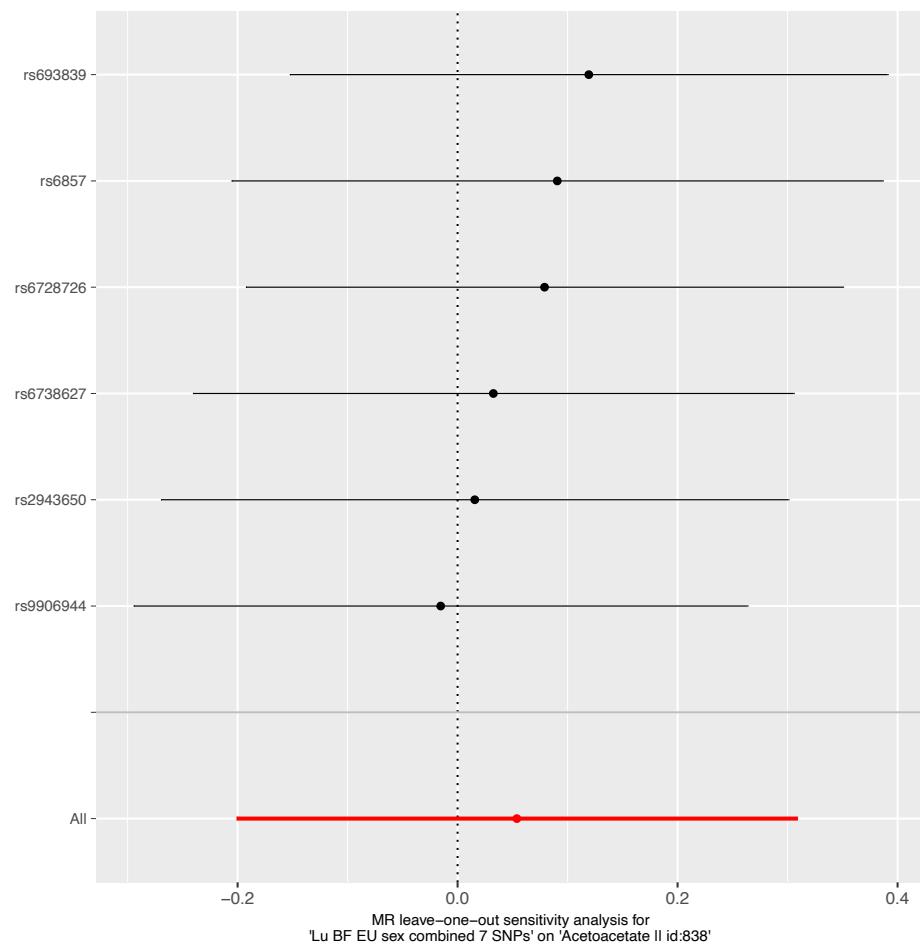


Figure A.15: Leave-one-out results for BF and Acetoacetate - representative figure

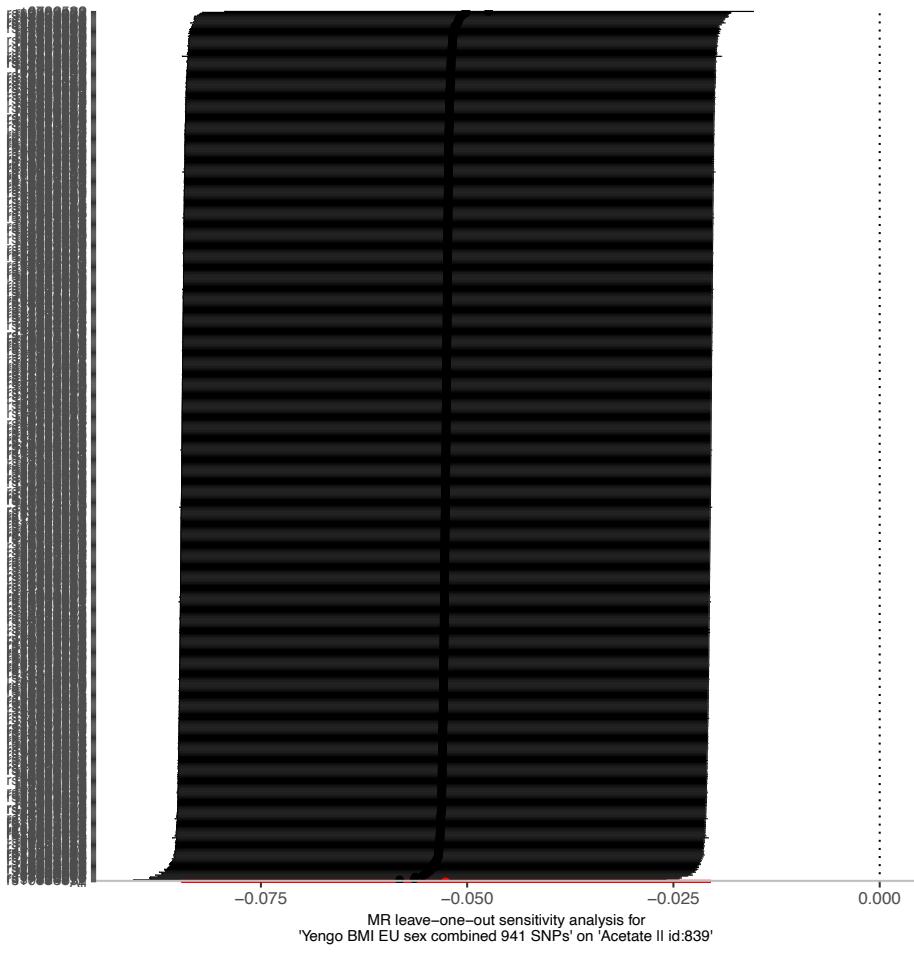


Figure A.16: Leave-one-out results for BMI and Acetate - representative figure

2652 **Representative figures**

2653 **A.6 Chapter 6**

2654 **Appendix B**

2655 This first appendix includes all of the R chunks of code that were hidden throughout
2656 the document (using the `include = FALSE` chunk tag) to help with readability
2657 and/or setup.

2658 **In the main Rmd file**

2659 This thesis was created using R Markdown. The template used here I have
2660 adapted from the R Markdown template here (<https://github.com/ismay>
2661 `c/thesisdown`), which is adapted from the Markdown template (<https://gi>
2662 `thub.com/matlipson/phd_thesis_markdown`), which is an extension
2663 of Tom Pollards original Markdown for thesis work (<https://github.com>
2664 `/tompollard/phd_thesis_markdown`).

2665 Appendix C

2666 Appendix B contains all of the code used throughout the thesis that is hidden from
2667 the reader using the `include = FALSE` chunk tag. This code is not necessary
2668 for reading, but is included here for completeness and transparency, and consists
2669 mainly of package installs and code to produce tables and figures included in the
2670 text.

2671 To create the finished thesis file in R Markdown an index.Rmd file is used
2672 to compile multiple .Rmd files together. The index.Rmd file contains the YAML
2673 header, along with the following R code that installs and loads the neccessary pack-
2674 ages to compile the thesis:

```
doc.type <- knitr::opts_knit$get('rmarkdown.pandoc.to')
source("data/index/packages.R")
```

2675 **C.1 Code from Chapter 1**

2676 **C.2 Code from Chapter 2**

2677 **C.3 Code from Chapter 3**

2678 **C.4 Code from Chapter 4**

2679 **C.5 Code from Chapter 5**

2680 **C.6 Code from Chapter 6**

2681 **C.7 Code from Chapter 7**

2682 **C.8 Code from Chapter 8**

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3242 Abbreviations

```
3243  ``'{r abbreviations, include=FALSE, echo=FALSE, cache=TRUE} li-  
3244  brary(tidyverse) library(knitr)
```

```
3245      data_frame( Term = c("Mendelian randomization", "Single nucleotide  
3246  polymorphism" ), Abbreviation = c("MR", "SNP" )) %>% arrange(Term)  
3247  %>% # i.e. alphabetical order by Term kable(booktab = T) # booktab = T  
3248  gives us a pretty APA-ish table ``"
```

```
3249      MR - Mendelian randomization
```

```
3250      SNP - Single nucleotide polymorphism
```