

Milarepa Center

1344 US Route 5 South *Lama Thubten Yeshe: Founder*
Barnet, Vermont 05821 USA *Lama Zopa Rinpoche: Spiritual Director*

KITCHEN ASSISTANT WORK STUDY POSITION

This is a 30-hour per week position. Approximately 25 hours devoted to the kitchen and 5 hours a week devoted to housekeeping, with some flexibility included, as needed. Reports to the Kitchen Manager/Cook.

Kitchen Assistant Duties

- ✓ Work under the direction of Kitchen Manager/Cook
- ✓ Help cook with preparation of meals such as pre-washing, chopping, peeling and/or organizing cooking items
- ✓ Help cook maintain cleanliness of the kitchen to include refrigerators, all counter spaces, compost buckets, ranges and ovens, sinks, dish rack areas, floors and floor mats, food storage area and any other necessary areas
- ✓ Assist with washing lunch and dinnertime pots and pans on a daily basis and occasionally during group retreats
- ✓ Be available for specific meal duties during courses and group retreats

General Work Study Duties

- ✓ Attend weekly Work Study meeting
- ✓ Be present during all programs to work on an as need basis to help the program run smoothly
- ✓ Set up and take down water bowl offerings on a rotating schedule
- ✓ Set up dinner for staff and guests on a rotating schedule
- ✓ Attend morning meditations (4 times per week) and other special programs designed specifically for Work Study participants
- ✓ Daily housekeeping
- ✓ Take on special projects from time to time that may not be listed here
- ✓ Be available to cover other staff positions as needed
- ✓ Help with social media, such as Facebook and Instagram

