



Vajrasattva

New Year's Vajrasattva Purification Retreat



*with Buddhist Nun,
Amy Miller*

December 29, 2012 – January 1, 2013

Consider joining this wonderful program over the holiday weekend and usher in a most meaningful New Year.

Vajrasattva is an aspect of the enlightened mind that helps us purify negative patterns and habits. This program not only teaches you how to do retreat, but is appropriate for all levels of practitioners. Sessions will include video presentations, guided visualization, mantra recitation, and silent meditation. A special ritual and party will be held on New Year's Eve, and the retreat concludes with a bonfire on New Year's morning and closing brunch. Musicians, bring your instruments to join our New Year's Eve party!

Milarepa Center

1344 Route 5 South
Barnet, Vermont 05821
(802) 633-4136
milarepa@milarepacenter.org



Meditation courses, retreats, healing practices, serene beauty.