

The geography of spices and herbs

<https://www.youtube.com/watch?v=E1mMgwp7iaE>

1. Spices are the best part of eating! They are those things they put in sauces, seasonings, and directly on our plates to make us want to eat.
2. Spices are great for thousands of years and, at some points in history, they also changed society, economy, and people a lot.
3. Even though spices are very important in human history, few people know that geography is very important to grow them and use them in dishes.
4. Spices were very valuable; if you wanted to survive, you had to be able to eat these spicy things. So, whoever was more resistant to spicy food and could eat spicier foods had a better chance of surviving when there was little food.