

## AIKIDO SEMINAR

With

Tony Sargeant Sensei

6th Dan Aikikai

## **TIMES**

09:00 - 09:30 Registration

09:30 - 10.45 1st Class

Break

11:00 - 12:15 2<sup>nd</sup> Class

Lunch

13:30 - 14:45 3rd Class

Break

15:00 - 16:15 4th Class



## WHEN

Saturday, 11th February 2023

## **WHERE**

Netherhall School, Cambridge CB1 8NN

COST

£25





contact@tonbo-aikido.org

www.tonbo-aikido.org/seminars

All styles welcome

Bring proof of insurance + ken and jo