Ammonia

Underwater—The water on Ammonia consists largely of H20, and oxygen-rich perfluorocarbons. This water has many sea vents that emit large amounts of heat and make life possible near the depths. The crew must tie lead weights to their heels and fall through the bubble vents just to reach the bottom safely, then unlock the weights (to avoid falling into the magma). They then have to fall into the corridors (working name), which are like open tree trunks that the fishmen aliens live in. Talking underwater is possible, but the voice is very deep underwater (helium makes the voice higher because its density is relatively low, water is very dense on the other hand). Underwater can be used to train one’s muscles, since the concentration of oxygen is high and resistance is heavy. Fishmen all over again. Life tree of Eve? Life exists in its own ecosystem. Plants generally live from communalism.

Facial scars for major main characters (men at least) and maybe Sniper.

Perfluorocarbons could be filled in the lungs and capped off with a diffusible membrane through which oxygen can diffuse, but not perfluorocarbons (water will not matter that much). The perfluorocarbons must be pumped from the lungs on resurfacing. A doctor specializes in this sort of thing, he crafted his body as a pump of sorts with thin fingers. He also has eyes along said fingers.