

| Day | 2014 Date | 1st Start | 2nd Start | Race / Event |
|-----|-----------|-----------|-----------|--|
| Sat | 4 Jan 14 | 11:30 | | New Year Cup |
| Sun | 5 Jan 14 | 12:00 | | New Year Cup |
| Sat | 18 Jan | | | Power Boat training |
| Sun | 19 Jan | | | Power Boat training |
| Sat | 01 Feb | 11:00 | 13:00 | Warm Up Open |
| Sun | 02 Feb | 11:30 | 13:30 | Warm Up Open |
| Sun | 09 Feb | 10:00 | 16:00 | Work Party |
| Sat | 15 Feb | 11:00 | 13:00 | Freezer 1 & 2 |
| | 15 Feb | | | Power Boat training |
| Sun | 16 Feb | 11:30 | 13:30 | Freezer 3 & 4 |
| | 16 Feb | | | Power Boat training |
| Sat | 01 Mar | 10:30 | | Cup Weekend |
| Sat | 01 Mar | 15:00 | | Americas Cup Talk |
| Sun | 02 Mar | 10:30 | | Cup Weekend |
| Sun | 09 Mar | 10:00 | 16:00 | Work Party |
| Sat | 15 Mar | 10:00 | 12:00 | Freezer 5 & 6 |
| Sun | 16 Mar | 10:30 | 12:30 | Freezer 7 & 8 |
| Sat | 22 Mar | 13:30 | 15:30 | Freezer 9 & 10 |
| Sun | 23 Mar | 14:30 | 16:30 | Freezer 11 & 12 |
| Sat | 29 Mar | 10:00 | 12:00 | Freezer 13 & 14 |
| BST | BST | BST | BST | BST |
| Sun | 30 Mar | 11:00 | 13:00 | Freezer 15 & 16 |
| | | | | Freezer 17 & 18 / Cadet & Adult Improver Races |
| Sat | 05 Apr | 14:30 | 16:30 | Freezer 19 & 20 |
| Sun | 06 Apr | 15:30 | 17:30 | Freezer 19 & 20 |
| Sat | 12 Apr | 10:00 | | Cup Weekend |
| Sun | 13 Apr | 10:00 | | Cup Weekend |
| Fri | 18 Apr | 13:00 | | Grand Slam |
| Sat | 19 Apr | 13:30 | | Grand Slam |
| Sun | 20 Apr | 14:00 | | Grand Slam |
| Mon | 21 Apr | 14:00 | | OPEN DAY / FUN DAY |
| Sat | 26 Apr | 10:30 | 12:30 | Spring 1 & 2 |
| Sun | 27 Apr | 10:30 | 12:30 | Spring 3 & 4 |
| | | | | May Bank Holiday Cup / Cadet & Adult Improver Racers |
| Sat | 03 May | 13:30 | 15:30 | May Bank Holiday Cup |
| Sun | 04 May | 14:00 | 16:00 | May Bank Holiday Cup |
| Mon | 05 May | 13:30 | | Cruise to Eling |
| Sat | 10 May | 10:00 | 12:00 | Spring 5 & 6 |
| Sun | 11 May | 10:00 | 12:00 | Spring 7 & 8 |
| | | | | Alternative Course Cup Weekend |
| Sat | 17 May | 13:00 | | Alternative Course Cup Weekend |
| Sun | 18 May | 13:00 | | Alternative Course Cup Weekend |
| Fri | 23 May | 19:00 | | Evening 1 |
| Sat | 24 May | 19:00 | | Evening 2 |
| Sun | 25 May | 10:00 | 12:00 | Spring 9 & 10 |
| Mon | 26 May | 10:00 | 12:00 | Spring 11 & 12 |
| Wed | 28 May | | | Dinghy Training Beginners |
| Thu | 29 May | | | Dinghy Training Beginners |
| Fri | 30 May | | | Dinghy Training Beginners |
| Sat | 31 May | 13:00 | 15:00 | Solent Slog Spring 13 & 14 |
| Sun | 01 Jun | 13:00 | | Solent Slog |
| Sun | 01 Jun | 13:30 | 15:30 | Spring 15 & 16 |
| Fri | 06 Jun | 19:00 | | Evening 3 |
| Sat | 07 Jun | 16:30 | 18:30 | Summer 1 & 2 |
| Sat | 14 Jun | 12:00 | | Cup Weekend |
| Sat | 14 Jun | 11:30 | | B14 Cherub Open |
| Sun | 15 Jun | 12:30 | | Cup Weekend |
| Sun | 15 Jun | 12:00 | | B14 Cherub Open |
| Fri | 20 Jun | 19:00 | | Evening 4 |
| Sat | 21 Jun | 19:00 | | Summer 1 |
| | | | | Summer 2 / Cadet & Adult Improvers Racers |
| Sun | 22 Jun | 19:00 | | |
| Sat | 28 Jun | 19:00 | | Members Night |
| Sat | 28 Jun | 11:30 | | Laser Open |
| Sat | 28 Jun | 12:00 | 14:00 | Cup Weekend |
| Sun | 29 Jun | 12:30 | 14:30 | Cup Weekend / Junior regatta |
| Sat | 05 Jul | 16:00 | 18:00 | Summer 3 & 4 |
| Sun | 06 Jul | 16:00 | 18:00 | Summer 5 & 6 |
| Mon | 07 Jul | 19:00 | | Evening 5 |

| Day | Date | 1st Start | 2nd Start | Race / Event |
|-----|--------|-----------|-----------|--|
| Sat | 12 Jul | 11:00 | | Asymmetric Open |
| Sat | 12 Jul | 11:30 | | Cup Weekend |
| Sun | 13 Jul | 11:00 | | Asymmetric Open |
| Sun | 13 Jul | 11:30 | | Cup Weekend |
| Sat | 19 Jul | 16:30 | 18:30 | Summer 7 & 8 |
| Sun | 20 Jul | 17:30 | 19:30 | Summer 9 & 10 |
| Sat | 26 Jul | 11:30 | | Cup Weekend |
| Sun | 27 Jul | 11:30 | | Cup Weekend |
| Sat | 02 Aug | 15:00 | 17:00 | Summer 11 & 12 |
| Sun | 03 Aug | 15:30 | 17:30 | Summer 13 & 14 |
| Tue | 05 Aug | 19:00 | | Evening 6 |
| Wed | 06 Aug | 19:00 | | Evening 7 |
| Sat | 09 Aug | 11:00 | | Slow Handicap Open |
| Sat | 09 Aug | 10:30 | | Cup Weekend |
| Sun | 10 Aug | 11:00 | | Slow Handicap Open |
| Sun | 10 Aug | 10:30 | | Cup Weekend |
| Mon | 11 Aug | | | Dinghy Training Improvers |
| Tue | 12 Aug | | | Dinghy Training Improvers |
| Wed | 13 Aug | | | Dinghy Training Improvers |
| | | | | Summer 15 & 16 / Cadet & Adult Improver Racers |
| Sat | 16 Aug | 15:00 | 17:00 | Summer 17 & 18 |
| Sun | 17 Aug | 16:00 | 18:00 | August Bank Holiday Cup |
| Sat | 23 Aug | 10:30 | | August Bank Holiday Cup |
| Sat | 23 Aug | | | Cherubs National |
| Sun | 24 Aug | 11:00 | | August Bank Holiday Cup |
| Sun | 24 Aug | | | Cherubs National |
| Mon | 25 Aug | 11:30 | | August Bank Holiday Cup |
| Mon | 25 Aug | | | Cherubs National |
| Tue | 26 Aug | | | Cherubs National |
| Tue | 26 Aug | | | Dinghy Training Improvers |
| Wed | 27 Aug | | | Dinghy Training Improvers |
| Thu | 28 Aug | | | Dinghy Training Improvers |
| Sat | 30 Aug | 14:00 | 16:00 | Summer 19 & 20 |
| Sun | 31 Aug | 14:30 | 16:30 | Summer 21 & 22 |
| | | | | Autumn 1 & 2 / Cadet & Adult Improver Racers |
| Sat | 06 Sep | 10:00 | 12:00 | Autumn 1 & 2 / Cadet & Adult Improver Racers |
| Sun | 07 Sep | 10:00 | 12:00 | Autumn 3 & 4 |
| Sat | 13 Sep | 14:00 | | Autumn 5 & 6 |
| Sun | 14 Sep | 14:30 | | Autumn 7 & 8 |
| Sat | 20 Sep | 10:00 | | Contender / Byte Open |
| Sat | 20 Sep | 10:30 | 12:30 | Autumn 9 & 10 |
| Sun | 21 Sep | 10:00 | | Contender / Byte Open |
| Sun | 21 Sep | 10:30 | 12:30 | Autumn 11 & 12 |
| Sat | 27 Sep | 12:30 | | Shearwater / Unicorn Open |
| | | | | Autumn 13 & 14 / Cadet & Adult Improver Racers |
| Sat | 27 Sep | 13:00 | 15:00 | Autumn 13 & 14 / Cadet & Adult Improver Racers |
| Sun | 28 Sep | 12:30 | | Shearwater / Unicorn Open |
| Sun | 28 Sep | 13:30 | 15:30 | Autumn 15 & 16 |
| Sat | 04 Oct | 10:00 | 16:00 | Work Party |
| Sat | 11 Oct | 13:00 | | Winter Frostbite Open |
| Sun | 12 Oct | 13:30 | | Winter Frostbite Open |
| | | | | Winter Frostbite 1 & 2 / Cadet & Adult Improver Racers |
| Sat | 25 Oct | 12:00 | 14:00 | Winter Frostbite 1 & 2 / Cadet & Adult Improver Racers |
| GMT | GMT | GMT | GMT | GMT |
| Sun | 26 Oct | 11:30 | 13:30 | Winter Frostbite 3 & 4 |
| Sat | 08 Nov | 10:30 | | Cup Weekend |
| Sat | 08 Nov | 11:00 | | Cat Open |
| Sun | 09 Nov | 10:30 | | Cup Weekend |
| Sun | 09 Nov | 11:00 | | Cat Open |
| Sat | 22 Nov | 10:00 | 12:00 | Winter Frostbite 5 & 6 |
| Sun | 23 Nov | 10:30 | 12:30 | Winter Frostbite 7 & 8 |
| Sat | 06 Dec | | | AGM |
| Sat | 06 Dec | 10:00 | 12:00 | Winter Frostbite 9 & 10 |
| Sun | 07 Dec | 10:30 | 12:30 | Winter Frostbite 11 & 12 |
| Sat | 20 Dec | 10:00 | 12:00 | Winter Frostbite 13 & 14 |
| Sun | 21 Dec | 10:00 | 12:00 | Winter Frostbite 15 & 16 |
| Sat | 27 Dec | 13:30 | 15:30 | Winter Frostbite 17 & 18 |
| Sun | 28 Dec | 14:00 | 16:00 | Winter Frostbite 19 & 20 |

