

# Targeting, Screening, and Retention: Evidence from the Supplemental Nutrition Assistance Program in California

Matthew Unrath\*

November 2023  
Click [here](#) for the latest version.

## Abstract

Many households eligible for the Supplemental Nutrition Assistance Program (SNAP) do not enroll. Using enrollment histories for all SNAP participants in California between 2005 and 2023, this paper documents how procedures used to verify eligibility lower retention and contribute to incomplete take-up. Program exits largely coincide with reporting schedules, and the majority of cases that leave appear income eligible in the months before and after their exit. I also show that these reporting requirements most deter enrollment among relatively more advantaged recipients. Cases with higher earnings, lower benefit amounts, children, and lower levels of predicted food insecurity are more likely to exit in reporting months. The paper quantifies this trade-off between take-up and targeting which characterizes the screening process. Using enrollment effects from a reform that widened the reporting interval in California, the paper concludes that reducing the frequency of these verifications is an efficient way to improve participation, despite worse targeting, because of how costly these ordeals are to administer.

---

\*Email: unrath@berkeley.edu. I thank Hilary Hoynes and Jesse Rothstein for their feedback and guidance, as well as Justin Germain, Taylor Mackay, and Anna Zhao for research support. I also thank Kim McKoy-Wade, Alexis Fernandez, Brittney Gossard, Jianjun Chen, Jennifer Espera, Dionne Evans-Dean, Xing Shen, Ying Her, and Akhtar Khan for their help with accessing these data. Support for this project was provided in part by University of Wisconsin Institute for Research on Poverty and the Robert Wood Johnson Foundation's Policies for Action program. The views expressed here do not necessarily reflect the views of the Foundation. This paper uses confidential data from the California Department of Social Services (CDSS). The data can be obtained by filing a request directly with CDSS and the California Policy Lab. The author is willing to assist with this request.

# 1 Introduction

The Supplemental Nutrition Assistance Program (SNAP) is a critical part of the American social safety net. In 2022, around 42 million Americans were enrolled in SNAP in any given month and, across the whole year, received near \$114 billion in assistance. Although SNAP receipt is associated with reduced food insecurity, reduced poverty, lower criminal recidivism, improved short- and long-term health outcomes, and, for children, greater life expectancy and higher lifetime earnings, roughly one in six eligible individuals do not enroll (Cunningham et al., 2018).<sup>1</sup> Incomplete take-up has long concerned policymakers, and significant public and private resources have been expended to increase awareness of the program and encourage eligible households to apply.

Alongside soliciting new applications, policymakers and stakeholders can increase participation by improving program retention. In order to confirm they are still eligible, most SNAP recipients must periodically report whether their income, household composition, or expenses have changed, and the burden of these administrative processes can induce still-eligible households to leave the program. Several studies have shown how these eligibility verifications are associated with program exits and shortened enrollment spells (Kabbani and Wilde, 2003; Ribar, Edelhoch and Liu, 2008; Gray, 2019; Homonoff and Somerville, 2021).

Since SNAP is a means-tested program, some degree of ongoing eligibility verification is necessary. Policymakers can only choose the frequency and rigor with which these verification are administered. When they do, they balance two competing objectives: promote efficient redistribution and minimize the costs that these processes impose on enrollees and the government (Kleven and Kopczuk, 2011). Less frequent reporting might allow ineligible households to remain enrolled longer, while more burdensome ordeals are costly and risk screening out both eligible and ineligible households.

Despite the importance of this policy decision, there is limited evidence about how current reporting requirements affect the composition of program caseloads or the size of these Type 1 (false rejection or incomplete take-up) and Type 2 (false award) errors. It's similarly unclear how any potential efficiency gains from these screening processes compare to the costs associated with actually administering these ordeals and with incomplete take-up. This evidence is critical for policymakers to judge whether current policy is maximally efficient and equitable.

In this paper, I study how reporting requirements affect participation in SNAP in California, the state with the highest SNAP enrollment and one of the lowest take-up

---

<sup>1</sup>An incomplete list of the several studies documenting these benefits includes: Ratcliffe, McKernan and Zhang (2011); Mabli and Ohls (2015); Almond, Hoynes and Schanzenbach (2011); Bronchetti, Christensen and Hoynes (2019); East (2020); Gregory and Deb (2015); Oddo and Mabli (2015); Morrissey and Miller (2020); Hoynes, Schanzenbach and Almond (2016); Tuttle (2019); Bailey et al. (2020).

rates (Cunningham et al., 2018). I build a new dataset of monthly enrollment histories for 16 million SNAP recipients between 2005 and 2023, to which I merge quarterly earnings data from 2012 onward as well as monthly case-level benefit issuance records from 2010 onward. The breadth of these data allow me to document several new facts about program enrollment and the impacts of administrative burdens.

I show that program exits largely coincide with reporting schedules, and that nearly half of new entrants leave the program by their first eligibility screen at six months. I also show that the large majority of cases that leave the program appear income eligible in the months before and after their exit. At the same time, I find that reporting requirements improve targeting by screening out more seemingly advantaged recipients. Ineligible cases, cases with higher earnings, cases with lower benefit amounts, and cases with children are all more likely to exit in a reporting month. Household characteristics associated with higher food insecurity are negatively associated with likelihood of exit, as well. Quicker rebounds in earned income after enrollment also correspond with earlier exits from the program. I reconcile these seemingly contradictory findings – that the majority of leavers appear income eligible, but average earnings among leavers appears to recover to pre-enrollment levels – by documenting a high rate of ongoing income eligibility among recipients before, during, and after enrollment.

To identify the marginal effect of reporting requirements on the composition of the program caseload, I study a reform that expanded the reporting window. In 2013, California moved from quarterly reporting (cases must reverify every three months) to the current semi-annual reporting policy (cases must reverify every six months). This reform increased the likelihood that cases remained enrolled for more than three months by over 11 percent and most increased retention among households predicted to be the least food insecure.

This paper underscores the trade-off between targeting and take-up that characterizes the screening process. Consistent with the neoclassical theory of ordeals, reducing the frequency of reporting requirements increases retention and take-up, but decreases targeting, allowing some ineligible and relatively more advantaged households to remain enrolled for longer than they otherwise would. A principal contribution of this paper is to quantify this trade-off with detailed and extensive program data and provide evidence about the scale of each type of screening error.

Finally, I conclude that reducing the frequency of these eligibility verifications, even if it worsens targeting, might still improve welfare. Specifically, I calculate the marginal value of public funds (MVPF) associated with cutting the quarterly report. I tally the additional benefits disbursed due to higher retention following that reform and use existing estimates of the fiscal costs associated with these processes and SNAP receipt. I also allow for these benefits and costs to vary between recipient types in order to account for the effects on

targeting. I find that eliminating this particular burden improved welfare. Even if higher frequency screens most deter higher earners and less needy enrollees, the fiscal benefits from that improved targeting are outweighed by the substantial costs associated with actually administering those recertifications.

The paper makes multiple contributions to the study of enrollment dynamics in safety net programs. First, I contribute to a growing literature studying the incomplete take-up of means-tested programs (Moffitt, 1983; Currie, 2006; Bhargava and Manoli, 2015; Finkelstein and Notowidigdo, 2019). Of the three commonly cited explanations for incomplete take-up – learning, compliance and stigma costs – this paper underscores the importance of compliance costs. I find that limited retention is a significant source of non-participation among eligible households, and retention is low largely due to the burdens associated with reporting requirements.<sup>2</sup>

Second, I build on many studies investigating enrollment patterns in SNAP, in particular those studying trends in total participation, enrollment duration, and characteristics which predict program entry and exit (Blank and Ruggles, 1996; Jolliffe and Ziliak, 2008; Ganong and Liebman, 2018; Mills et al., 2014; Burstein and Siegel, 2009). A persistent issue plaguing this literature has been limited access to reliable, individual-level, and longitudinal enrollment data. Public survey data documenting enrollment in safety net programs is prone to misreporting (Meyer, Mok and Sullivan, 2009; Meyer and Mittag, 2019) and rarely follows the same individuals and households over time or with sufficient frequency (Ganong and Liebman, 2018; Leftin et al., 2014). Most studies investigating the effect of policies and practices on enrollment and take-up evaluate changes in aggregate flows into and out of enrollment (Kabbani and Wilde, 2003; Ganong and Liebman, 2018; Heflin and Mueser, 2010; Schwabish, 2012; Shiferaw, 2019). These studies generally do not measure actual enrollment durations, distinguish between changes in entry or exit, or assess how take-up and enrollment patterns vary across different subgroups.<sup>3</sup>

A subset of this literature considers the importance of reporting requirements on enrollment and retention. Using aggregate enrollment data and variation in state policy, Klerman and Danielson (2011), Currie and Grogger (2001), Kabbani and Wilde (2003), McKernan, Ratcliffe and Gibbs (2003), and Hanratty (2006) all show that shorter reporting periods are associated with lower program enrollment. A handful of papers use state- or county-level micro-data to document how reporting policies and practices affect retention

---

<sup>2</sup>Government interactions during reporting months might make stigma costs more salient, which could drive exits during these months.

<sup>3</sup>There are a few notable exceptions, including Mills et al. (2014), who use the SIPP and state program data to document the costs of program “churn,” Leftin et al. (2014), who also use the SIPP to document a number of facts about SNAP enrollment patterns, and Klerman and Danielson (2011), who use the USDA SNAP Quality Control files to study how composition of SNAP caseloads change during large increase in enrollment surrounding the Great Recession. Neither the SIPP nor the SNAP QC files allow researchers to observe enrollment spells as long as those represented in the MEDS data that I use.

(Staveley, Stevens and Wilde, 2002; Ribar, Edelhoch and Liu, 2008; Ribar and Swann, 2014; Hastings and Shapiro, 2018; Gray, 2019; Homonoff and Somerville, 2021; Wu and Meyer, 2021). Like these authors, I find that reporting requirements lower program retention. This paper adds to and diverges from other papers' findings in several key respects. By linking administrative data on program enrollment and quarterly earnings, I can identify the likely eligibility status of households who exit SNAP. Similar to Gray (2019), I estimate that a majority of households who exit are income eligible. I show that this finding is robust to using several definitions of eligibility. I also show that enrollment spells are shorter and retention is lower in California than those documented elsewhere, and that earnings play a significant role in explaining households' likelihood of exiting the program in reporting months. I also present the broadest evidence to date about these processes' effects on targeting and caseload composition.

Third, this paper contributes to an ongoing debate about the merits and effects of administrative burdens (Currie, 2006; Kleven and Kopczuk, 2011; Herd and Moynihan, 2019). Early models of the optimal design of safety net programs proposed constructing barriers to enrollment (Akerlof, 1978; Nichols, Smolensky and Tideman, 1971; Nichols and Zeckhauser, 1982; Moffitt, 1983; Besley and Coate, 1992), assuming that these "hassles" screen out potential enrollees' with a higher opportunity cost of time and thereby facilitate more efficient redistribution to households with greater need for assistance. Alternative models propose that hassles screen out those less able to navigate these ordeals, thereby deterring exactly the individuals policymakers most want to help (Bertrand, Mullainathan and Shafir, 2004; Mani et al., 2013; Mullainathan and Shafir, 2013). Empirical evidence supporting either explanation remains relatively limited (Alatas et al., 2016; Waldinger, 2021; Deshpande and Li, 2019; Finkelstein and Notowidigdo, 2019; Homonoff and Somerville, 2021; Wu and Meyer, 2021). Indeed, the few studies cited here reach contradictory findings.<sup>4</sup>

I conclude that reporting requirements serve a targeting purpose. Holding an array of other case characteristics constant, income eligible households are, on average, three times more likely to complete their reporting requirement and remain enrolled than ineligible households. There is also a strong negative relationship between retention and earnings

---

<sup>4</sup>These inconsistent results may indicate that targeting effects simply vary across the contexts, programs, and processes studied. Wu and Meyer (2021) make a similar argument. If true, It is not clear what researchers or policymakers should extrapolate about the welfare consequences of administrative burdens from a given study's conclusion about targeting effects. Moreover, if a given burden could be tailored in such a way that it improves targeting, but that burden was highly expensive to administer, it's not obvious that administering such an ordeal would be welfare enhancing. In other words, effects on program composition are not the only measure by which burdens should be judged. This paper argues for using the MVPF framework to complete such evaluations. It provides a useful metric for comparing the welfare effects of administrative burdens across contexts and can account for targeting impacts as well as the direct costs associated with administering those burdens.

and a positive relationship between retention and benefit amounts. The likelihood of exiting in a reporting month increases by approximately three to four percentage points for each additional \$500 in earned income, and households receiving more than \$500 in benefits each month are more than 25 percentage points less likely to leave than households receiving less than \$50.<sup>5</sup> While earnings are clearly associated with likelihood of exit, other case characteristics that proxy for relative disadvantage appear less predictive. For example, an individual's race, language, and previous enrollment in the Temporary Assistance for Needy Families program (TANF) are all only somewhat related to likelihood of exit. I use the combination of these other characteristics to relate each household to similar households in the Food Security Supplement of the Current Population Survey (CPS), which is fielded each December and asks respondents about their ability to access and afford food. Considering only demographic characteristics, SNAP households most similar to CPS households who report being food insecure are slightly more likely to reverify and remain enrolled. When I incorporate earnings, I recover a much stronger relationship.

Fourth, I contribute to the new literature estimating the marginal value of public funds (MVPF) for expansions to public programs (Hendren and Sprung-Keyser, 2020). I produce the first estimate of the MVPF associated with increasing enrollment by widening the reporting interval, and one of the first estimates to integrate targeting effects. I find that, in this setting, administering fewer recertifications increases social welfare. The personal and public cost savings from eliminating the quarterly report, plus the limited net welfare costs associated with increased SNAP enrollment, aggregate to an MVPF ratio well above 1. The limited fiscal benefits realized from improved targeting are swamped by the direct costs of administering a complicated and costly screening process. This result is important, because it suggests that compositional changes in program caseloads should not be the sole measure by which policymakers and the public judge whether administrative burdens are worthwhile. Even if a given ordeal deters more advantaged and ineligible individuals on the margin, lessening the frequency or rigor with which that burden is administered could still improve welfare.

The paper proceeds as follows. In Section 2, I describe the administrative data. In Section 3, I provide background information on program eligibility and reporting requirements. In Section 4, I describe my analysis and the corresponding results. In Section 5, I conclude.

---

<sup>5</sup>The baseline exit rate in reporting months is 11 percent for cases with no earned income and 38 percent for cases with the lowest benefit levels.

## 2 Data

I use individual-level monthly enrollment data collected by the California Department of Social Services (CDSS).<sup>6</sup> These data contain enrollment information between January 2005 through March 2023 for over 16 million individuals. Along with enrollment indicators, these panel data contain basic demographic information about each recipient, including their date of birth, race and ethnicity, language, and sex. I also observe the county in which individuals are enrolled and their case number. Table 1 summarizes basic characteristics of enrollees for a select number of years.

I identify the start date, end date, and length of every continuous enrollment spell for all recipients between 2005 and 2023.<sup>7</sup> To partially account for censoring issues, I exclude from most analyses any recipient who was enrolled in January 2005. I use county identifiers and case serial numbers to group enrollees into common households in each enrollment month.<sup>8</sup>

All adults are matched to their available quarterly wage earnings records, including all quarters in which the adult was enrolled in SNAP, as well as the six quarters before their enrollment started and six quarters after their enrollment ended.<sup>9</sup> Earnings records are available through December 2022. I sum quarterly earnings within each case. I also match each individual to their households' SNAP benefit amount from January 2010 through March 2023 and their monthly enrollment records for CalWORKs, California's instantiation

---

<sup>6</sup>These data originate from California Department of Health Care Services' Medi-Cal Eligibility Data System (MEDS) files. This data system is primarily used for the administration of the state's Medicaid program (known as Medi-Cal), but it also captures monthly enrollment information in other safety net programs including CalFresh (California's instantiation of SNAP) and CalWORKs (California's Temporary Assistance for Needy Families [TANF] program). Based on guidance from staff at CDSS, we identify an individual as enrolled in SNAP if s/he is recorded as enrolled in both data systems. The original version of this paper, released in early 2021, did not apply this restriction, leading me to slightly overstate SNAP enrollment and the number of eligible non-claimants in this population.

<sup>7</sup>Other work studying similar enrollment trends "fill in" one month enrollment gaps, assuming these gaps more likely reflect data errors than actual breaks in enrollment (Burstein, 1993; Gleason, Schochet and Moffitt, 1998; Cody et al., 2005, 2007; Mabli et al., 2011; Ratcliffe, 2016; Gray, 2019). Leftin et al. (2014) find that these gaps could very well be instances of churn, as opposed to misreporting, but still choose to fill them in. I identify enrollment spells both ways, filling in these one-month gaps and not. I choose to use the version in which I do not fill in these gaps, because my measures of churn and total enrollment better align with what the state reports when I do not fill them in, but my results are qualitatively similar when using either approach.

<sup>8</sup>I assign each household to one of six types, according to the ages of their case members: children-only, working-age adults with no children, single working-age adults with children, multiple working-age adults with children, seniors, and seniors with children. These different households are subject to different reporting requirements and likely have different levels of need for food assistance. Children-only households are generally households in which adults are not eligible for SNAP due to their immigration status, but their children are. I refer to "cases" and "households" interchangeably throughout the paper.

<sup>9</sup>The division at the state agency responsible for administering unemployment insurance (UI) and which helped to facilitate this match does not retain earnings records for more than seven years, which precluded me from matching earnings records to participants before 2012.

of the Temporary Assistance for Needy Family (TANF) program.<sup>10</sup>

California is unique in that its 58 counties administer SNAP, and the county offices, as opposed to the state, retain their own official enrollment data. These county records are different than the state administrative data on which I rely. Figure 1 plots total monthly enrollment according to the CDSS data and the official aggregate enrollment counts recorded by the Food and Nutrition Service (FNS) at the US Department of Agriculture, which are based on the county records. The CDSS records appear to overstate enrollment each month by nearly 100,000 individuals (two to three percent of the official caseload) each year. This difference is partially explained by CDSS data capturing participation in a state-run food assistance program.<sup>11</sup>

SNAP enrollment in California increased significantly in the aftermath of the Great Recession, as it did nationally (Ganong and Liebman, 2018), and enrollment fell between 2015 and 2019 as the economy recovered. It increased again in June 2019 when Supplemental Security Income (SSI) recipients in California became eligible for SNAP; total enrollment increased by 330,000 in the first three months after expansion. Enrollment spiked again in Spring 2020 amidst the Covid-19 crisis. The economic disruption wrought by the pandemic plus subsequent policy expansions resulted in more Californians enrolling in SNAP and receiving more in total benefits than at any other point the program's history (5.28 million recipients and \$1.5 billion benefits in March 2023).

## 3 Policy Background

### 3.1 Eligibility

The rules used to determine SNAP eligibility are largely set at the federal level. Generally, a household is income eligible for SNAP if: (1) its gross income is below 130 percent of the households' federal poverty level (FPL); (2) net income (gross income minus taxes, 20 percent of earned income, a \$100 to \$200 standard deduction, and a portion of the cost of shelter, utility, medical, and care expenses) is less than 100 percent of its FPL, and (3) total assets are worth less than \$2,250, or \$3,500 for households with seniors or disabled members (CBPP, 2020). Households can also be categorically eligible if they receive assistance from TANF, SSI or a state-financed general assistance program.

States have some ability to expand eligibility. For example, California, along with many other states, allows households with seniors, disabled persons, or a member eligible for a

---

<sup>10</sup>CDSS does not have issuance histories for cases enrolled before 2010. Figure 1 plots total benefits disbursed each month according to the CDSS data from 2010 onward and the official US Department of Agriculture Food and Nutrition Service (USDA FNS) records from 2005 onward.

<sup>11</sup>The California Food Assistance Program is a state-run program for qualified immigrants who are not eligible for SNAP. There were roughly 30,000 individuals enrolled in this program in FY 2019-2020.



TANF-funded program to qualify for SNAP even if their gross income is up to 200 percent of FPL (LSNC, n.d.*a*; USDA, 2020). California also allows any households containing a member who qualifies for Medicaid to be categorically eligible for SNAP. Additionally, households with only seniors or disabled members only need to meet the net income test. A small number of households in which every member is enrolled in cash assistance are exempt from both income tests.

SNAP cases are defined as a group of individuals who prepare and eat meals together. The income eligibility limits, and benefit amount credited to households based on that income, are applied according to each SNAP case's total size, regardless of the age of the members. Nearly all forms of earned and unearned income count towards these income tests, and income received by all members of a household counts towards eligibility.

To qualify for SNAP, several states require that households have sufficiently low assets. In California, households who qualify for SNAP under broad-based categorical eligibility are exempt from the asset test, meaning I can infer eligibility using income data. This is a particular advantage of my study relative to other studies of this issue, since researchers rarely have access to information about household wealth.

Some individuals are categorically ineligible for SNAP, including: non-citizens, workers on strike, students (except in particular circumstances), and until 2019, Californians receiving Supplemental Security Income (SSI). These exemptions are generally not a concern in my setting, as I mainly consider continuing eligibility among individuals who were already deemed eligible.

## 3.2 Reporting Requirements

The federal government sets minimum intervals within which households must verify their eligibility, but states are permitted to administer more frequent verifications. Generally, SNAP recipients in California must confirm their eligibility twice a year. Six months after enrolling and every 12 months thereafter, most households need to complete a two-page semi-annual report (known as a SAR-7), on which they relist all household members, all sources of income, how that income might change over the next six months, and their expenses. Twelve months after initial enrollment and every 12 months thereafter, most recipients need to complete a full recertification (known as a RRR).<sup>12</sup> The annual recertification resembles initial enrollment in its length and complexity. In addition to completing a four-page form, households must also complete an in-person or phone interview with county staff. If a household fails to meet any of these requirements before the last day of the reporting month, their benefits can be cut off. Households can remain enrolled without reapplying if they submit any missing paperwork or complete their

---

<sup>12</sup>Refer to the appendix to view copies of the paper version of the SAR-7 and CF-37.

interview within 30 days of their initial reporting deadline. If they do not, and they wish to re-enroll, they must undertake a full re-application. In between these scheduled reporting months, households must also notify their county office if their gross income ever exceeds 130 percent of its FPL, or their household composition changes such that they may no longer be eligible.

The six-month cycle of semi-annual report and full recertification describes the reporting process for most households in California, but some face different timelines. For example, households with only seniors or individuals with disabilities only need to complete the semi-annual report every 12 months. If anything about their status has changed, they might also have to submit the semi-annual report in the intervening months. Households that contain only seniors or individuals with disabilities and who have no earned income are only required to recertify every 36 months (LSNC, n.d.b).<sup>13</sup> Figure 2 illustrates the reporting schedule for these three household types.<sup>14</sup>

Even though when households must report and what information they need to submit is determined federally, county offices have some discretion over how these reports are administered. They can decide how and when to conduct interviews with recipients, whether and how often they remind enrollees about their reporting deadlines, and whether they use third-party information to verify what enrollees report.

The reporting requirements described above have been in place since October 2013. Before then, households were required to submit eligibility reports every quarter.<sup>15</sup> These quarterly reports required cases to report an estimated income amount for each month in the quarter; the semi-annual report only asks for current earnings and potential future changes in earnings. Hereafter, I reform to this policy change as the "2013 reform." In the following section, I document the impact this reform had on program enrollment.

---

<sup>13</sup>For most of my study period, these households were also required to complete a SAR-7 every year. As of March 2022, these households are no longer required to complete the semi-annual report. This waiver is in place through 2026.

<sup>14</sup>There are a handful of exceptions to this common schedule. For example, in six counties between 2018 and 2020, working-age adults with no children had to demonstrate that they were working or looking for work at least 20 hours a week; otherwise, these individuals were limited to receiving benefits for only three months over the course of three years. The Trump Administration planned to institute these benefit limits and work requirements on so-called Able-Bodied Adults without Dependents (ABAWDS) nationwide starting in March 2020, but implementation was postponed indefinitely due to the COVID-19 pandemic. California received a waiver from implementing this rule in any county through October 2024.

<sup>15</sup>This reform was allowed by a series of regulatory changes dating back to 1999, which also permitted states to decrease not only the frequency of these reports, but also the amount of information that families had to submit (Danielson et al., 2011). Between 2003 and 2011, USDA FNS authorized a series of waiver requests from California to continue administering quarterly reporting, all the while urging the state to move to semi-annual reporting. State policymakers insisted the transition was complicated by legislative, political, and technological obstacles (CDSS, 2010). Finally, the California legislature passed AB 6 in 2011, directing CDSS and the counties to adopt semi-annual reporting by October 2013.

## 4 Analysis

This section summarizes results from multiple analyses. In Section 4.1, I present facts about enrollment patterns in SNAP, the program’s reach in California, and the impact of reporting requirements on retention. In Section 4.2, I calculate the share of households who exit the program despite appearing eligible. In Section 4.3, I document how households’ earned income evolves before, during, and after enrollment. In Section 4.4, I identify how individual and household characteristics predict likelihood of exiting SNAP in reporting and non-reporting months. In Section 4.5, I calculate the MVPF associated with extending the reporting interval.

### 4.1 Enrollment Durations and Program Reach

The CDSS data are unique both in their detail (monthly enrollment at the person-level) and their scope (spanning more than eighteen years in the country’s largest state). These features allow me to identify novel facts about SNAP enrollment patterns. First, most relevant to the paper’s main topic, I measure recipients’ continuous enrollment spells. Figure 3 summarizes the distribution of these person-level enrollment durations. Panel A includes spells that began at least two years before October 2013, when reporting requirements shifted from every three months to every six. Panel B includes spells that began between October 2013 and March 2021.<sup>16</sup> In both, it is clear that enrollment spells are commonly in intervals that coincide with when households must verify eligibility. More than one-fifth of enrollment spells that started after October 2013 lasted exactly six months. Over 40 percent of enrollment spells were exactly 6, 12, 18, or 24 months.<sup>17</sup> These figures are capped at durations that last three years, but a small share of remain continuously enrolled for longer spells. Appendix Table 4 summarizes the share of enrollees that stay enrolled in SNAP for one to 17 years by the year their enrollment started. Each year, almost half of recipients leave before 12 months and only five percent stay continuously enrolled for six or more years. Less than one percent of recipients who enrolled in 2006 remained enrolled throughout the rest of my sample period.

The preceding results consider only continuous enrollment spells, which means they understate the total months that a given person or household who ever enrolled in SNAP in California over the study period. Figure 4 plots the distribution of total enrollment

---

<sup>16</sup>The exclusion of recipients whose enrollment started within two years of October 2013 and March 2023 is to account for right censoring.

<sup>17</sup>In the Online Appendix, I provide additional evidence that individuals exit SNAP in the month a report is due, including a survival plot (Appendix Figure 3) and estimates of per-month hazard rates (Appendix Figure 4) that mirror the enrollment durations shown in Figure 3. I also show that the average hazard rate in the highest dropoff months and the churn rates are fairly constant over time (Appendix Figure 5 and Appendix Figure 6).

durations for all recipients whose enrollment started between February 2005 and March 2021. Even in this figure, there are clear spikes at enrollment durations that coincide with reporting intervals, indicating that for many recipients who enrolled and exited at one of their first reporting months, those spells were their only instances of enrollment over these nearly two decades.<sup>18</sup>

Finally, the nearly two-decade coverage of these data allow me to measure SNAP's reach in another novel way. I can count the number of unique Californians who have ever interacted with the program over this period. The program has a much wider reach than cross-sectional counts might suggest. SNAP has assisted over 15 million unique Californians since 2010, over 12.8 million since 2015, and 8.8 million since the onset of the Covid-19 pandemic. Of the nearly 9 million Californians who enrolled since March 2020, nearly one-third had never enrolled before then, at least back to 2005.

## 4.2 Measuring Eligibility Among Leavers

In the previous section, I show that individuals will typically remain enrolled in SNAP until they are required to recertify. Then, because they are deemed ineligible, believe they are no longer eligible, deterred by a paperwork issue, or decide the costs of reporting eligibility outweigh the benefits of remaining enrolled, many exit. I distinguish between some of these competing explanations in the following section.

CDSS infers the degree to which reporting requirements burden eligible households by tracking the share of cases that exit SNAP at their recertification, but reapply to the program within one to three months. The assumption is that households who leave but quickly re-enroll were never actually ineligible, but simply failed to complete their semi-annual report or recertification on time. Counties report these "churn" rates to CDSS, and CDSS publishes them every quarter. In any given quarter, about 10 percent of cases reapply for benefits within one month after failing to complete their recertification, and 15 percent reapply within three months.<sup>19</sup>

I replicate and extend these estimates using the panel data. Table 2 reports the share of individuals who exited SNAP at some point between 2014 and 2020, but returned to the program within six different timelines. From 2014 onward, 10 and 18 percent of individuals

---

<sup>18</sup>This distribution risks understating longer enrollment counts due to both left and right censoring. I account for this in two ways. First, I identify the distribution of enrollment spells among the roughly 2 million Californians enrolled on January 2005, who I exclude from Figure 4 to be consistent with prior analysis. Slightly more than half were enrolled for 18 months over the next 18 years. Only five percent were enrolled for more than a total of 12 years, a similar rates as those who enrolled after January 2005. Second, in Appendix Figure 7, I report, by enrollees' age as of 2022, the share enrolled for less than a year up to 15 years.

<sup>19</sup>These rates are fairly constant over time (Appendix Figure 6) and are similar to national estimates reported by Mills et al. (2014).

who exited SNAP re-enrolled within one and three months, respectively.<sup>20</sup> Roughly 40 percent who exit re-enroll within one year, and about half re-enroll within two years. These rates are similar to those reported by Leftin et al. (2014).<sup>21</sup> That nearly one-in-six individuals return to the program within three months after exiting suggests that a significant share of exits were not due to ineligibility. However, this measure potentially underestimates the share of leavers who are eligible, because it does not count eligible individuals who exit the program and never return or return after three months.

I address this concern by measuring the actual fraction of households that exit but appear income eligible according to administrative earnings data. I identify each household's total wage earnings in the quarter and after their exit, and then count the number of exiting households whose total income is above or below their respective eligibility threshold.<sup>22</sup>

Determining eligibility for SNAP is complicated. It's a challenging process even for the government agencies that administer the program and have more information than I observe. My approach, which relies mainly on wage earnings, is likewise imperfect. Below, I discuss how my limited information about alternative sources of income and household expenses might bias my estimates and how I address each of these challenges. At the end of the section, I present estimates of eligibility using multiple, alternative definitions.

First, eligibility for SNAP is determined monthly, but I observe quarterly earnings. In order to not misassign income earned while on or off the program, I restrict my analysis to individuals who exited SNAP at the end of a calendar quarter. Generally, I assume that each person's monthly earned income is equal to one-third of their quarterly earnings. In an alternative definition, I assume that households receive all their quarterly earnings in the one month they must verify their eligibility, which means I compare their quarterly earnings to their respective monthly income eligibility threshold. Second, I do not observe all forms of earned and unearned income.<sup>23</sup> To test the relevance of unearned income, I

---

<sup>20</sup>This estimate is slightly below counties' reports. This discrepancy is likely due to how the Medicaid records are updated relative to the county SNAP case files. This might also help to explain why MEDS tends to overstate total enrollment.

<sup>21</sup>Appendix Figure 6 reports the shares by each individuals' exit date going back to 2005. It is clear that the 2013 reform also reduced the churn rate. Fewer eligibility verifications reduced not only the number of leavers in each month, but also the share of those leavers who would quickly re-enroll.

<sup>22</sup>Since I am unable to match children-only households (i.e. mixed immigration status families) to their parent's earned income, I exclude these households from this analysis. I also only consider cases that exit for at least two months, meaning my estimates tend to be lower bounds on the true share of eligible leavers.

<sup>23</sup>EDD data captures the sum of three-months' worth of each individual's in-state wage earnings from all jobs that are covered by the unemployment insurance program. Self-employment income, employment by the military and the federal government, and under-the-table wages are not covered by the state's unemployment insurance program, and so are not captured in these records. Kornfeld and Bloom (1999) conclude that UI records cover roughly 90 percent of workers and their earnings. See also Czajka, Patnaik and Negoita (2018). BDT (2020) report that less than five percent of SNAP recipients receive self-employment income. In contrast, Iselin, Mackay and Unrath (2023) find that around one-sixth of California tax returns that

supplement my analysis using case records from San Francisco county as well the SNAP Quality Control files. I assign each household in the CDSS data the average level of unearned income reported among similar households in these data. I then recalculate the share of households who appear eligible assuming that they each have this simulated level of unearned income, in addition to their actual earned income. Refer to Appendix C for more information about this procedure.<sup>24</sup> Third, I do not observe each household's deductible expenses, like housing, child care, and medical costs, which determine the net income test against which their income is compared. I account for this concern by estimating the share whose income is below 200 percent of FPL and 130 percent of FPL – the approximate net income thresholds assuming households' have high and low levels of deductions, respectively. Fourth, I do not observe household composition after a household exits the program. For example, if a household loses a member after exiting, then their earnings would be applied to a different eligibility threshold. I account for this concern by identifying the share of households whose total earnings are below 130 percent of FPL even if their last-observed household size was reduced by one person.

Figure 5 reports the share of cases that appear eligible under these various definitions of eligibility. I calculate these shares by counting the number of cases that leave at the end of each calendar quarter between December 2013 and December 2021,<sup>25</sup> and among those cases, the number eligible under each definition. That the churn rate severely underestimates the rate of unwanted exit is robust to any of these alternative definitions. The share of cases with zero earned income in the quarter following exit (around 50 percent) is more than three times higher than the 90-date churn rate (15 percent). Over 70 percent of cases have earnings that would still qualify them for SNAP, assuming their household size remains the same, which is almost five times higher than the 90-day churn rate. Removing a household member and adding in households' average unearned income amounts barely affect the estimated eligibility rates. Assigning all quarterly earnings to just one month and using the 130 percent threshold matters more, but it remains the case that the majority of exiting cases appear eligible. These eligibility rates among leavers are nearly the same for every quarter over the last six years.

---

included a SNAP enrollee also reported positive self-employment income. Similarly, Giannella, Sutherland and Paredes (2019) find that around one-fifth of employed SNAP recipients involved in an experiment administered by Code for America in California reported positive self-employment income.

<sup>24</sup>Large increases in unearned income after a household exits SNAP could result in my overstating eligibility after exit. Neither the San Francisco case records nor the Quality Control files capture changes in unearned income after a household leaves the program. To account for this concern, I use the Survey of Income and Program Participation (SIPP) to track SNAP households before, during and after SNAP enrollment. I find no evidence of any significant change in unearned income around program exits. Refer to Appendix B for a summary of this analysis.

<sup>25</sup>I limit to these cases because I have earnings data for all of these quarters and all of these quarters occur after the 2013 reform.

### 4.3 Earnings Trends

In the preceding section, I showed that most households that exit SNAP do so despite appearing income eligible. In the next two sections, I investigate potential explanations for their exit in a reporting month.

First, I consider whether households exit because their earnings have changed since they enrolled. Even if households are still eligible, their earnings might have recovered enough that the stigma and compliance costs of remaining enrolled exceed the value of their SNAP benefits. Similar to Hastings and Shapiro (2018), I identify these earnings trends by regressing case-level earnings on a vector of lead and lagged indicators for quarters relative to the start of SNAP enrollment, plus year and month, county, and household type fixed effects.<sup>26</sup> I separately estimate the model for cases that remained enrolled for 6, 12, 18 and 24 months. I transform estimates of the coefficients on each lead and lag indicator to predicted average earnings in each quarter for each spell length, at the mean value of the other covariates.

Figure 6 plots these estimates, distinguishing between periods before, during and after cases' enrollment. On average, patterns are the same for each spell length: earnings are fairly constant in the year before an individual enrolls in SNAP, enrollment coincides with a sharp decline in earned income, and households tend to exit the program when their earnings have recovered. For those who exit at six months, earnings rebound to the average predicted pre-enrollment earnings by the first quarter after enrollment. For those who exit at 12 months, earnings recover by the third quarter after enrollment starts and are well above pre-enrollment earnings by the fourth quarter. The same pattern follows for those who exit at 18 or 24 months. Earnings remain depressed in the quarters in which these cases are still enrolled and recover only three or four quarters after enrollment starts. These trends suggest that SNAP serves the intended purpose of an income support program, cushioning family income during periods of acute financial need, at least among those who enroll.

The main takeaway is that enrollment in and exit from SNAP coincides with important changes in households' earned income and, on average, households whose earnings recovery more quickly tend to exit earlier.<sup>27</sup> If cases tend to still be income eligible after

---

<sup>26</sup>Case-level earnings are defined as the sum of individual-level wages in each quarter, summed within the case as it is composed at the start of enrollment. I exclude from this analysis cases that return to SNAP within 12 months after exiting, in order to be clear about earnings among enrollees and non-enrollees. In the Online Appendix, I present results from a similar analysis in which I do not exclude these cases. The pattern is nearly the same, but average earnings are lower. This isn't surprising, since I add cases that exhibited an ongoing need and eligibility for SNAP.

<sup>27</sup>I cannot rule out the possibility that the causality runs in the opposite direction – earnings rebound because households must replace income they lost from leaving SNAP, or households increase their earnings when they no longer face the steeper tax rate imposed by the SNAP benefit schedule. However, households who exit at six months experience a recovery in earnings before they exit, which suggests the decision to exit

exit, as shown in the previous section, but they also exit after their earnings returned to a pre-enrollment average, this implies that many households were eligible for many months before they enrolled. I test this implication by identifying the share of households who appear income eligible (using the 130 percent FPL threshold) in the quarters preceding, during and after their enrollment. I re-estimate the model described above, but replace the outcome variable with an indicator for whether the case appears income eligible.<sup>28</sup> Again, I distinguish between cases enrolled for 6, 12, 18 and 24 months, and I use the estimates to identify the average predicted eligibility level in each quarter relative to the start of enrollment. Figure 7 summarizes the results. Enrollment coincides with a sharp uptick in the likelihood of eligibility, mirroring the drop in earnings illustrated in Figure 6.<sup>29</sup> As predicted, the vast majority of households who enroll in SNAP are eligible for many months before and after their exit.

## 4.4 Who Leaves in Reporting Months?

Next, I identify whether participants who are no-longer eligible or less food insecure are more likely to exit in reporting months. Since I do not observe individuals' latent "ability" or need for food assistance, I evaluate whether several individual and household-level characteristics that typically correlate with economic and food insecurity (e.g. current earnings, past earnings, race, language status, household composition) are predictive of exit.

### 4.4.1 Estimation

I estimate the marginal effects of these characteristics on program exits in reporting months using a discrete time hazard model (Kalbfleisch and Prentice, 2011; Hoynes, 2000). The model identifies the transition probability  $P(d, \mathbf{Z})$ , or the likelihood that a subjects exits the program in period  $d$ , conditional on remaining enrolled until period  $d-1$  and covariates  $\mathbf{Z}$ . The hazard rate is modeled as a logistic probability.

$$P(d, \mathbf{Z}_{it}) = \frac{\exp(\alpha_d + \mathbf{Z}_{it}\delta)}{1 + \exp(\alpha_d + \mathbf{Z}_{it}\delta)} \quad (1)$$

The vector of dummy variables,  $\alpha_d$ , captures each potential period of participation ( $d =$

---

or remain follows from changes in earnings.

<sup>28</sup>I define a case as eligible if their quarterly earned income is below 130% of the FPL for their household size. I use the household composition as of when their enrollment begins.

<sup>29</sup>This share might not reach 100 percent for at least two reasons. First, I measure eligibility against the 130% FPL gross income test, and many households will still qualify if their earnings are below 200%. Second, the verification process is imperfect, and a small share of households who have incomes above the eligibility threshold for some month during the quarter will be able to remain enrolled.



$1, \dots, D$ ). These dummies non-parametrically account for underlying duration patterns and identify the baseline hazard. Additional covariates,  $\mathbf{Z}$ , include a series of fixed effects as well as demographic and household characteristics. The fixed effects include calendar year and month  $\phi_t$ , which vary within each individual's enrollment spell, county effects  $\theta_c$ , which tend not to vary within spells, and household type  $\eta_h$ , which also tends not to vary within spells.

$$\mathbf{Z}_{it}\delta = \mathbf{X}'_i\beta + \mathbf{X}'_i \times (\text{Report}_{id})\gamma + \phi_t + \theta_c + \eta_h$$

I estimate this model separately for different sets of characteristics, including: demographic characteristics (race, preferred language, household type, and previous enrollment in TANF), an indicator for eligibility, and levels of earnings or benefit amounts. Demographic characteristics are constant throughout all individuals' spells and increase or lower baseline hazards for all enrollment spell lengths, while earnings and benefit levels can change each month. Finally, I identify whether the effect of those characteristics vary between reporting and non-reporting months by interacting the relevant characteristic with an indicator for whether the period  $d$  is a month in which the case would have to complete a semi-annual report or a recertification. The key parameters in the logistic model are  $\beta$  and  $\gamma$ ; these capture the separate effects that characteristics have on likelihood of exit in reporting and non-reporting months.

I restrict this analysis to spells that started between January 2014 and January 2022 to avoid confusing effects between two reporting systems and to ensure I have earnings data for all months enrolled and up to 12 months after enrollment. Since this analysis is highly computationally intensive, I rely on a five percent random sample of all individual spells. Individuals may enroll in SNAP multiple times over the eight year period; I treat these spells as independent. I cluster standard errors at the individual-spell level. After estimating Equation 1, I transform the estimated log odds to the predicted marginal effect of each characteristic on the likelihood of exit in reporting and non-reporting months. ?? and<sup>30</sup>

#### 4.4.2 Results

Both eligible and ineligible households are roughly six times more likely to exit in reporting months – 11.6 percent compared to 2.1 percent and 32.5 compared to 5.3 percent, respectively (Table 3). Ineligible households are nearly three times more likely to exit in a reporting month than eligible households. Ineligible households are also more likely to exit in non-reporting months, but the hazard rate compared to eligible households is still

---

<sup>30</sup>Appendix Tables 4 to 10 summarize estimates from each logistic regression and the transformation to average and marginal effects.

slightly higher in reporting months.<sup>31</sup>

Figure 8 summarizes the effect of earned income and benefit amounts received at time  $d$  on likelihood of exit. There is limited effect of benefit levels on exit in non-reporting months, but there is a clear effect in months when households must verify eligibility. Every \$50 in additional benefits is associated with 3 to 5 percentage point decrease in the likelihood of exit, up to about \$400 in benefit levels at which point the effect plateaus. There is also a clear relationship between earnings and likelihood of exit, especially in reporting months. Every \$500 is associated with a 3 to 5 percentage point increase in the likelihood of exit.<sup>32</sup> Relative to households with zero earned income, households with more than \$5,000 in estimated monthly earnings are 42 percentage points more likely to exit. There is also a relationship between earnings and exit in non-reporting months, which reflects the fact that households can leave the program within a reporting period if their income increases enough that they become ineligible.

The associations summarized in Figure 8 are not necessarily evidence of targeting effects. Present earnings might not reflect households' latent need for SNAP, and the association between present earnings and likelihood of exit might capture a mechanical effect of an eligibility verification. I further explore these processes' screening effects by testing whether likelihood of exit varies with other indicators of households' need for food assistance. Figure 9 summarizes the relationship between likelihood of exit and earnings twelve months before one's SNAP enrollment starts. Again, I document a relationship between these earnings and likelihood of exit in a reporting month, but this effect is more muted. For each additional \$500 in earnings, the likelihood of exit increases by just one percentage point. Households with monthly earnings of more than \$5,000 a year before enrolling are 10 percentage points more likely to exit in a reporting month than households with no earnings a year before enrolling. Altogether, current earnings are more predictive of exit in reporting months than prior income, as one might expect.

The relationship between demographic characteristics and exit in reporting months is even less clear. There is no relationship between any individual demographic characteristic and likelihood of exit in non-reporting months (Figure 10, Panel A). In reporting months, I observe some limited variation (Panel B). Black recipients are slightly less likely to exit relative to White enrollees, but effects for other groups relative to White recipients are not statistically significantly different. Individuals who were enrolled in TANF before their current enrollment in SNAP started are also slightly more likely to remain enrolled. Non-English speakers appear just as likely to exit as English speakers. Seniors and households

---

<sup>31</sup>That just one-in-three ineligible households exit SNAP in a reporting month might reflect both Type 1 errors and an imperfect measure of eligibility.

<sup>32</sup>The exit rates for the baseline in each analysis is summarized in the footnotes in the corresponding figures and the corresponding tables in the appendix. The baseline exit rate in reporting months for cases with no earned income is 11 percent and for cases with the lowest benefit levels is roughly 38 percent.

with children are clearly less likely to exit than single adults without children.

It is not obvious how these characteristics correspond with actual need for food assistance. Indeed, there might be important interactive effects between one's race, household composition, language status and earnings in predicting economic insecurity. Next, I identify how combinations of demographic and household characteristics are associated with food insecurity and relate this imputed measure of need for food assistance to likelihood of exit. I use the CPS's Food Security Supplements between 2010 and 2021, which ask respondents about their ability to access and afford food. I identify how respondent demographics and household characteristics relate to imputed food insecurity.<sup>33</sup> I assign each SNAP recipient the predicted level of food insecurity estimated for their counterpart in the CPS, and run a version of Equation 1 in which the vector of characteristics is the binned values of predicted likelihood of food insecurity. As above, I use the coefficients estimated in this regression to identify the marginal percentage point effect of the imputed levels of food insecurity on likelihood of exit.

Figure 11 summarizes the results from this analysis. When I rely only on demographic characteristics and ignore earnings, I find a limited relationship between food insecurity and likelihood of recertifying. Households that are most likely to be food insecure are just 10 percentage points more likely to recertify than households with the lowest food insecurity level. The former have about a 9 percent chance of exiting in a reporting month, whereas the latter have a 19 percent chance. When I control for earnings, I find a clearer relationship between predicted food insecurity and likelihood of exit. Households with the highest level of food insecurity are about 39 percentage points more likely to recertify than households with the lowest level; the latter households have nearly a 1-in-2 chance of exiting in a reporting month, while the former exit only 5 percent of the time. In both versions, there is almost no relationship between imputed food insecurity and likelihood of exit in non-reporting months.

#### **4.4.3 Evaluation of 2013 Reform**

Finally, I evaluate whether the 2013 reform increased retention differently between households with higher or lower levels of imputed food insecurity. I compare cases exposed to the reform (those who enrolled in SNAP between August 2013 and December 2013) to those who were not (those who enrolled in SNAP between February and July 2013). The

---

<sup>33</sup>Specifically, I estimate a logistic model of respondents' reported food insecurity on binned values of their age, race, number of children, presence of other adults, state, survey year, and earnings. I then use the estimated coefficients to predict each respondent's likelihood of being food insecure, resulting in a measure of predicted food insecurity for every observation that ranges from zero to one. For all possible combinations of these characteristics, I then identify the average predicted level of food insecurity for all combinations of characteristics included in the prediction exercise. Refer to Appendix Appendix C for more information about this procedure.

latter cases would have had to submit a quarterly report before October 2013, while the former would only have to submit the new semi-annual report.

To evaluate the effect of the reform, I compare the survival rates between these two groups of cases. Figure 12 summarizes the results from this analysis. Panel A illustrates how the the reform decreased exit rates at three months and increased the likelihood that households remain enrolled for up to six months. On average, treated cases were 11 percentage points more likely to remain enrolled up to six months. Panel B illustrates how this effect differs between cases assigned high and low predicted food insecurity.<sup>34</sup> The effect was largest for households with the lowest level of food insecurity, since these were the households most likely to exit by six months before the reform. High food insecurity cases also exhibit increased retention, and the difference in the effect between the two types of cases is fairly modest (1 to 2 percentage points each month). However, the difference is larger when looking at longer-term retention. Among high food insecurity cases, treated cases are just as likely to remain continuously enrolled for 12 or more months. The treated, low food insecurity cases are 5 percentage points more likely to remain enrolled past 12 months.

## 4.5 Welfare Effects

I conclude with a stylized calculation of the marginal value of public funds (MVPF) associated with eliminating the quarterly reporting requirement (Hendren and Sprung-Keyser, 2020). The common MVPF formulation is:

$$\text{MVPF} = \frac{\text{WTP}}{\text{Net Cost}} = \frac{\text{WTP}}{B + C + FE}$$

The MVPF is the ratio of recipients' willingness to pay for a program's expansion and the public cost of providing that expansion. In this setting, the numerator represents participants' willingness to pay to eliminate the reporting requirement, which includes the additional benefits received and the personal costs required to complete the report. The denominator represents the total cost to the government of eliminating the reporting requirement, including additional benefits disbursed, direct administrative costs saved, and participants' behavioral responses.

I extend the standard calculation by accounting for the reform's effects on targeting, borrowing a framework from Finkelstein and Notowidigdo (2019). I distinguish between benefits and costs associated with increased retention that vary over recipient type. Suppose there are two types of participants  $j \in \{L, H\}$  with latent wage  $\theta_j$  where  $\theta_H > \theta_L$ .

---

<sup>34</sup>"High" food security cases are those whose predicted food insecurity value is less than .25. "Low" food security cases are those whose value is greater than .25. This sample is nearly evenly split between these two groups.

The following variation of the MVPF formula identifies the net benefits and costs of this reform across these two recipient types.

$$\text{MVPF}_{\text{reform}} = \frac{\bar{B}_L \frac{dE_L}{dR} + \bar{B}_H \frac{dE_H}{dR} + C_p}{(\bar{B}_L + \kappa_L) \frac{dE_L}{dR} + (\bar{B}_H + \kappa_H) \frac{dE_H}{dR} - C_g}$$

The numerator captures the additional benefits disbursed, scaled by the change in each recipient type's enrollment induced by the reform.<sup>35</sup>  $\bar{B}_j$  indexes the average monthly benefit received by type  $j$ .  $\frac{dE_j}{dR}$  is the change in enrollment for type  $j$  induced by the reform, which is the product of type  $j$ 's change in retention and the fraction of type  $j$  in the population. In the denominator, I identify the public cost of type  $j$ 's increased enrollment.  $C_p$  indexes the private cost of completing an eligibility report, and  $C_g$  is the cost to the government of administering an additional eligibility verification. Critically, these costs are not scaled by the change in enrollment, since the recertification is eliminated for all enrollees.<sup>36</sup> I also assume that these costs do not vary across group.<sup>37</sup>  $\kappa_j$  indexes the net fiscal externality associated with SNAP receipt for type  $j$ . Typically, the relevant cost is the income tax revenue lost due to labor supply responses to SNAP enrollment.

With this framework, I identify the net benefits and costs associated with the 2013 reform. I use imputed food insecurity levels to identify the two types of recipients. Individuals with seemingly less need for SNAP are represented by type  $H$ , and individuals with greater need are type  $L$ . Since the reporting reform changed the likelihood that recipients remain enrolled beyond the month that the report was due, I modify the framework above to sum the benefits and costs associated with the additional months of enrollment the reform induces, allowing retention effects to vary each month over recipient type. For simplicity, I consider the reform's effects on each type's retention between four and six months after enrollment, but one could easily extend this calculation beyond six

---

<sup>35</sup>I assume that the marginal recipient's willingness to pay for the benefits they'd receive in the absence of the recertification equals the actual value of those additional disbursed benefits. This is a typical starting point in the MVPF literature, motivated by the assumption that any behavioral response to a "small" policy expansion or contraction on the part of clients will have zero impact on their utility. Hoynes and Schanzenbach (2009) conclude that recipients spend SNAP benefits as if they're cash, but Hastings and Shapiro (2018) and Whitmore (2002) find that recipients value a dollar from SNAP at only \$0.50 and \$0.80, respectively. Hendren and Sprung-Keyser (2020) estimate that adults' WTP for \$1 of SNAP benefits is \$.59. However, incorporating the improvements to children's lifetime earnings and decreases in mortality pushes that estimate to \$1.09. In a similar exercise, Gray et al. (2023) use a WTP equal of 1. To be most consistent with the literature and simplify the calculation, I do the same. However, if recipients value a dollar of SNAP benefits less than a dollar in income, this numerator is overstated.

<sup>36</sup>This assumption represents a correction from earlier versions of the paper, in which I scale this cost by the change in enrollment. This correction has a significant effect on my resulting estimate.

<sup>37</sup>Instead of taking a stand about whether the private costs of navigating an administrative burden are higher for one type or another, I assume they're the same. As long as we assume they're roughly the same order of magnitude, this assumption has little effect on my MVPF estimate.

months.<sup>38</sup>

$$\text{MVPF}_{\text{reform}} = \frac{\sum_j \left( \left[ \sum_m \bar{B}_{jm} \frac{dE_{jm}}{dR} \right] \right) + C_p}{\sum_j \left( \left[ \sum_m (\bar{B}_{jm} + \kappa_{jm}) \frac{dE_{jm}}{dR} \right] \right) - C_g}$$

In the numerator,  $\bar{B}_j$  is now the sum of benefits paid out in months four through six, scaled by the increased enrollment of type  $j$  in each of those months,  $\frac{dE_{jm}}{dR}$ . In the denominator, there is the same summation of  $\bar{B}_j$ , as well as the net fiscal externality associated with benefit receipt in each of those months. The personal and public savings from not having to administer the quarterly report are outside the monthly summations, since they are only realized once.

Among cases that initially enrolled in 2013, before the reform's enactment,  $\bar{B}_L$  was \$416 and  $\bar{B}_H$  was \$348. I multiply these benefits by the increased enrollment in each month for each type. The change in retention for each type  $j$  in each month is summarized in Panel B of Figure 12.

I define  $C_j$  as the time cost to the recipient of completing the quarterly report.<sup>39</sup> Assuming that the report takes two hours to complete,<sup>40</sup> and, following Finkelstein and Notowidigdo (2019), that the opportunity cost of that time for recipients is twice the minimum wage in California in 2013, the average personal cost of completing a quarterly report is roughly \$20. I assume the public cost of administering a quarterly report is roughly \$100, and the cost of reviewing a submission is the same for each type.<sup>41</sup> Again, because these costs are saved for all recipients, neither term is multiplied by the estimate changes in enrollment.

Identifying the tax revenue consequences of SNAP enrollment is more complicated. I

---

<sup>38</sup>By lowering the cost of participation, the reform could also induce non-recipients to apply and enroll in SNAP. Such a response would affect the MVPF calculation associated with this type of reform, both in terms of additional application costs and additional benefits disbursed. The net cost would depend on the change in the composition of the caseload. I do not account for these effects in this exercise. It's worth noting that there is no abrupt change in aggregate enrollment after October 2013, suggesting that this response, if present, was not dramatic.

<sup>39</sup>This term is positive because the recipient places positive value on the time required to complete a report.

<sup>40</sup>Summarizing other survey findings, Isaacs (2008) finds that it takes recipients about five hours to complete an initial application and 2.5 hours to complete a recertification.

<sup>41</sup>Mills et al. (2014) reports that the average administrative cost of program churn across six states is approximately \$80 in 2011, or \$85 in 2013. The estimates in higher cost-of-living states, Maryland and Virginia, and better comparisons for California, were \$103 and \$141 in 2013 dollars, respectively. Isaacs (2008) estimates that the annual administrative cost associated with SNAP enrollment, including all reporting costs, is about \$178 per recipient in 2006 dollars. Geller et al. (2019) estimate the annual per-case cost in California in 2016 dollars to be \$800. Assuming recertification is roughly half the cost an application, but occurs at least twice as frequently, that corresponds to between roughly \$100 and \$200. Gray et al. (2023) use a per-recertification cost of \$154 in 2018 dollars, or \$141 in 2013 dollars. To be conservative, I use an estimate \$100, which is at the lower range of these other estimates.

do not identify a labor supply response to SNAP receipt in this paper.<sup>42</sup> Instead, I follow Hendren and Sprung-Keyser (2020)'s calculation of the net fiscal cost associated with the introduction of SNAP, in which they distinguish this effect between adult recipients (due to their labor supply reductions) and children (due to their increase in lifetime earnings). For adults, Hendren and Sprung-Keyser (2020) report a fiscal externality  $\kappa_a = \$0.16$  for every \$1 in SNAP receipt, identified from the labor supply response estimated in Hoynes and Schanzenbach (2012). For young children, they report a fiscal externality  $\kappa_c = -.11$  for every \$1 in SNAP benefits, identified from the long-term earnings effects estimated in Bailey et al. (2020). Following Finkelstein and Notowidigdo (2019), I assume that SNAP receipt among seniors imposes no indirect revenue consequences. In order to scale the fiscal costs associated with the additional benefits paid out due to the reform, I multiple the average benefits,  $\bar{B}_j$ , by the share of enrollees of each type  $j$  that are adults, children, and seniors and their respective fiscal externalities.<sup>43</sup>

$$\begin{aligned}\kappa_L &= \bar{B}_L(\pi_{La}\kappa_a + \pi_{Lc}\kappa_c + \pi_{Ls}\kappa_s) & \kappa_H &= \bar{B}_H(\pi_{Ha}\kappa_a + \pi_{Hc}\kappa_c + \pi_{Hs}\kappa_s) \\ &= \$416(.434(.16) + .56(-.11) + .006(0)) & &= \$348(.537(.16) + .452(-.11) + .012(0)) \\ &= 3.24 & &= 12.60\end{aligned}$$

With estimates for each term, I calculate an overall MVPF for this reform:

$$\text{MVPF}_{\text{reform}} = \frac{\$416(.24) + \$348(.29) + \$20}{(\$416 + \$3.24)(.24) + (\$348 + \$12.60)(.29) - \$100} = 2.09$$

The MVPF associated with this reform is 2.09.<sup>44</sup> More liberal choices regarding the private and public costs of completing and administering these verifications or a more conservative estimate of adults' labor supply response would push this estimate even higher. SNAP receipt has also been shown to improve short- and long-term health outcomes, increase life expectancy, reduce criminal recidivism, and decrease use of other public programs; including these externalities in the denominator would also raise the

---

<sup>42</sup>Pei (2017) finds little evidence of any dynamic labor supply response to widening reporting intervals.

<sup>43</sup>Since I assume labor supply effects are constant across type and benefits decline with net income, the fiscal externality associated with increased enrollment could be higher for type  $L$ , which implies a decrease in targeting increases social welfare. As Finkelstein and Notowidigdo (2019) point out, this violates the standard intuition that delivering more assistance to individuals with greater need and higher marginal utility of consumption should increase social welfare. Estimates of labor supply response to SNAP benefits that vary with income or characteristics of ability would improve the accuracy of MVPF estimates and might yield results more in line with the standard intuition. Incorporating welfare weights into calculations of MVPF would also change the welfare consequences of targeting. By allowing fiscal externalities to vary over adults and children, and because food security is lower for households with more children, my estimate is more in line with a standard intuition.

<sup>44</sup>Note that I compute estimates using unrounded values for each input, so readers' calculations using the estimates represented in the text may differ from what's reported.

estimate. Even if recipients value SNAP benefits at half their full cost, my estimate suggests the costs savings from administering fewer recertifications would still increase welfare.

Hendren and Sprung-Keyser (2020) (Table II) report estimates of MVPF for SNAP from two program expansions: Finkelstein and Notowidigdo (2019)’s randomized outreach effort and the program’s initial quasi-random rollout (Bailey et al., 2020). Aggregating estimates of direct and indirect effects from multiples studies of SNAP, the authors conclude that the MVPF for increasing take-up of SNAP among seniors is between .89 and .92, and the MVPF for the program’s initial introduction was 1.04.<sup>45</sup> Gray et al. (2023) estimate an MVPF between 0.9 and 1.40 from eliminating ABAWD work requirements.

The MVPF for this reform is much larger than these other estimates, which suggests that widening the reporting interval would be a highly efficient way to expand SNAP and increase take-up, despite worse targeting. This type of program expansion is attractive from a MVPF perspective, in large part, because it involves eliminating costly requirements for both recipients and government. This is in contrast to outreach efforts that can be expensive to administer. Unless particular outreach efforts are shown to be highly cost-efficient and effective at eliciting applications among the most disadvantaged non-participants or families with children, lowering administrative burdens and increasing retention is likely to be a more attractive way to efficiently improve take-up.

## 5 Conclusion

This paper provides new evidence that administrative burdens lower participation in SNAP. Using enrollment data for 16 million unique individuals spanning nearly two decades from the country’s largest SNAP program, I show that program exits are concentrated in reporting months and lengthening the period in between when households must verify eligibility increases retention. I also show that Type 2 errors are widespread. Most households who exit in these months appear eligible before and after they leave, a finding that is robust to multiple definitions of eligibility. For every one ineligible household induced to leave in a reporting month, two eligible households also leave.

At the same time, reporting requirements do appear to lower Type 1 errors. These reporting requirements lessen participation at higher rates for no-longer eligible participants and households with higher earnings. Other measures of disadvantage, including earnings from one year before enrollment and characteristics predictive of food insecurity, are also predictive of whether a household will remain enrolled through a reporting month.

---

<sup>45</sup>Bailey et al. (2020) report their own estimate of the MVPF associated with SNAP’s introduction, which is 56. The massive difference is due to how the authors value the expected difference in life expectancy due to SNAP receipt.



Whether these screening effects justify lower take-up depends on the net costs of redistribution and administering these procedures (Kleven and Kopczuk, 2011; Hendren and Sprung-Keyser, 2020). Relying on others' estimates of those costs and benefits, I present evidence that less frequent recertifications can efficiently improve take-up.

This paper does not address whether alternative procedures can more efficiently screen for eligibility. Recent work finds that business processes and simpler procedures can affect retention (Gray, 2019; Homonoff and Somerville, 2021; Wu and Meyer, 2021). Policymakers might consider limiting the information and documentation required in these reports, and how state administrative data could be used to screen out no longer eligible households, instead of soliciting this information from recipients themselves. Measuring the impact of these procedures and comparing their effects to even longer reporting intervals is an important avenue for future work.

## References

- Akerlof, George A.** 1978. "The Economics of "Tagging" as Applied to the Optimal Income Tax, Welfare Programs, and Manpower Planning." *American Economic Review*, 68(1): 8–19.
- Alatas, Vivi, Ririn Purnamasari, Matthew Wai-Poi, Abhijit Banerjee, Benjamin A Olken, and Rema Hanna.** 2016. "Self-Targeting: Evidence from a Field Experiment in Indonesia." *Journal of Political Economy*, 124(2): 371–427.
- Almond, Douglas, Hilary W Hoynes, and Diane Whitmore Schanzenbach.** 2011. "Inside the War on Poverty: The Impact of Food stamps on Birth Outcomes." *Review of Economics and Statistics*, 93(2): 387–403.
- Bailey, Martha J, Hilary W Hoynes, Maya Rossin-Slater, and Reed Walker.** 2020. "Is the Social Safety Net a Long-term Investment? Large-scale Evidence from the Food Stamps Program." NBER Working Paper No. 26942, <https://doi.org/10.3386/w26942>.
- BDT.** 2020. "Streamlining SNAP for the Gig Economy: Simplified Self-Employment Deductions." <https://bdtrust.org/streamlining-snap-gig-economy.pdf>, Accessed: 2020-11-30.
- Bertrand, Marianne, Sendhil Mullainathan, and Eldar Shafir.** 2004. "A Behavioral Economics View of Poverty." *American Economic Review*, 94(2): 419–423.
- Besley, Timothy, and Stephen Coate.** 1992. "Workfare Versus Welfare: Incentive Arguments for Work Requirements in Poverty-Alleviation Programs." *American Economic Review*, 82(1): 249–261.
- Bhargava, Saurabh, and Dayanand Manoli.** 2015. "Psychological Frictions and the Incomplete Take-up of Social Benefits: Evidence from an IRS Field Experiment." *American Economic Review*, 105(11): 3489–3529.
- Blank, Rebecca M, and Patricia Ruggles.** 1996. "When Do Women Use Aid to Families with Dependent Children and Food Stamps?" *Journal of Human Resources*, 31(1): 57–89.
- Bronchetti, Erin T, Garret Christensen, and Hilary W Hoynes.** 2019. "Local Food Prices, SNAP Purchasing Power, and Child Health." *Journal of Health Economics*, 68: 102231.
- Burstein, Nancy, Patrabansh Satyendra William Hamilton William, and Sarah Siegel.** 2009. "Understanding the Determinants of Supplemental Nutrition Assistance Program Participation." U.S. Department of Agriculture, Food and Nutrition Service, Office of Research and Analysis.
- Burstein, Nancy R.** 1993. "Dynamics of the Food Stamp Program as Reported in the Survey of Income and Program Participation." *Current perspectives of food stamp participation (USA)*.
- CBPP.** 2020. "A Quick Guide to SNAP Eligibility and Benefits." <https://www.cbpp.org/research/food-assistance/a-quick-guide-to-snap-eligibility-and-benefits/>, Accessed: 2020-11-1.

- CDSS.** 2010. "SAR Implementation Plan for USDA." <https://nourishca.org/CalFresh/ExternalPublications/CDSS-SARImplementationPlanforUSDA-Feb2010.pdf>, Accessed: 2020-11-30.
- Cody, Scott, Laura Castner, James Mabli, Julie Sykes, et al.** 2007. "Dynamics of Food Stamp Program Participation, 2001-2003." Mathematica Policy Research.
- Cody, Scott, Phil Gleason, Bruce Schechter, Miki Satake, and Julie Sykes.** 2005. "Food Stamp Program entry and exit: An analysis of participation trends in the 1990s."
- Cunyngham, Karen, et al.** 2018. "Trends in Supplemental Nutrition Assistance Program participation rates: fiscal year 2010 to fiscal year 2016." Mathematica Policy Research.
- Currie, Janet.** 2006. "The Take-up of Social Benefits." In *Poverty, the Distribution of Income, and Public Policy.*, ed. Alan Auerbach, David Card and John Quigley, 80–148. Russell Sage.
- Currie, Janet, and Jeffrey Grogger.** 2001. "Explaining Recent Declines in Food Stamp Program Participation." *Brookings-Wharton Papers on Urban Affairs*, 203–244.
- Czajka, John L, Ankita Patnaik, and Marian Negoita.** 2018. "Data on Earnings: A Review of Resources for Research."
- Danielson, Caroline, Jacob Alex Klerman, Margaret Andrews, and Daniel Krimm.** 2011. "Asset and Reporting Policies in the Supplemental Nutrition Assistance Program." *Journal of Economic and Social Measurement*, 36(4): 289–320.
- Deshpande, Manasi, and Yue Li.** 2019. "Who is Screened Out? Application Costs and the Targeting of Disability Programs." *American Economic Journal: Economic Policy*, 11(4): 213–48.
- East, Chloe N.** 2020. "The Effect of Food Stamps on Children's Health Evidence from Immigrants' Changing Eligibility." *Journal of Human Resources*, 55(2): 387–427.
- Finkelstein, Amy, and Matthew J Notowidigdo.** 2019. "Take-up and Targeting: Experimental Evidence from SNAP." *The Quarterly Journal of Economics*, 134(3): 1505–1556.
- Ganong, Peter, and Jeffrey B Liebman.** 2018. "The Decline, Rebound, and Further Rise in SNAP Enrollment: Disentangling Business Cycle Fluctuations and Policy Changes." *American Economic Journal: Economic Policy*, 10(4): 153–76.
- Geller, Daniel, Borjan Zic, Julia B Isaacs, and Breno Braga.** 2019. "Exploring the Causes of State Variation in SNAP Administrative Costs."
- Giannella, Eric, Julie Sutherland, and Cesar Paredes.** 2019. "Overcoming Barriers: Helping Self-Employed Applicants Access Their Full CalFresh Benefit." <https://codeforamerica.org/news/overcoming-barriers-setting-expectations-for-calfresh-eligibility/>, Accessed: 2023-10-9.

- Gleason, Phil, Peter Schochet, and Robert Moffitt.** 1998. "Dynamics of Food Stamp Program Participation in the Early 1990s."
- Gray, Colin.** 2019. "Leaving Benefits on the Table: Evidence from SNAP." *Journal of Public Economics*, 179: 1040–54.
- Gray, Colin, Adam Leive, Elena Prager, Kelsey Pukelis, and Mary Zaki.** 2023. "Employed in a SNAP? The impact of work requirements on program participation and labor supply." *American Economic Journal: Economic Policy*, 15(1): 306–341.
- Gregory, Christian A, and Partha Deb.** 2015. "Does SNAP Improve Your Health?" *Food Policy*, 50: 11–19.
- Hanratty, Maria J.** 2006. "Has the Food Stamp Program Become More Accessible? Impacts of Recent Changes in Reporting Requirements and Asset Eligibility Limits." *Journal of Policy Analysis and Management*, 25(3): 603–621.
- Hastings, Justine, and Jesse M Shapiro.** 2018. "How Are SNAP Benefits Spent? Evidence from a Retail Panel." *American Economic Review*, 108(12): 3493–3540.
- Heflin, Colleen, and Peter Mueser.** 2010. "Assessing the Impact of a Modernized Application Process on Florida's Food Stamp Caseload." *UKCPR Discussion Paper Series*.
- Hendren, Nathaniel, and Ben Sprung-Keyser.** 2020. "A Unified Welfare Analysis of Government Policies." *The Quarterly Journal of Economics*, 135(3): 1209–1318.
- Herd, Pamela, and Donald P Moynihan.** 2019. *Administrative Burden: Policymaking by Other Means*. Russell Sage Foundation.
- Homonoff, Tatiana, and Jason Somerville.** 2021. "Program recertification costs: Evidence from SNAP." *American Economic Journal: Economic Policy*, 13(4): 271–298.
- Hoynes, Hilary, Diane Whitmore Schanzenbach, and Douglas Almond.** 2016. "Long-Run Impacts of Childhood Access to the Safety Net." *American Economic Review*, 106(4): 903–34.
- Hoynes, Hilary W, and Diane Whitmore Schanzenbach.** 2009. "Consumption Responses to In-kind Transfers: Evidence from the Introduction of the Food Stamp Program." *American Economic Journal: Applied Economics*, 1(4): 109–39.
- Hoynes, Hilary Williamson.** 2000. "Local Labor Markets and Welfare Spells: Do Demand Conditions Matter?" *Review of Economics and Statistics*, 82(3): 351–368.
- Hoynes, Hilary Williamson, and Diane Whitmore Schanzenbach.** 2012. "Work Incentives and the Food Stamp Program." *Journal of Public Economics*, 96(1-2): 151–162.
- Isaacs, Julia.** 2008. "The Costs of Benefit Delivery in the Food Stamp Program." *US Department of Agriculture, March*.
- Iselin, John, Taylor Mackay, and Matthew Unrath.** 2023. "Measuring Take-up of the California EITC with State Administrative Data."

- Jolliffe, Dean, and James Patrick Ziliak.** 2008. *Income Volatility and Food Assistance in the United States*. WE Upjohn Institute.
- Kabbani, Nader S, and Parke E Wilde.** 2003. "Short Recertification Periods in the US Food Stamp Program." *Journal of Human Resources*, 1112–1138.
- Kalbfleisch, John D, and Ross L Prentice.** 2011. *The Statistical Analysis of Failure Time Data*. Vol. 360, John Wiley & Sons.
- Klerman, Jacob Alex, and Caroline Danielson.** 2011. "The Transformation of the Supplemental Nutrition Assistance Program." *Journal of Policy Analysis and Management*, 30(4): 863–888.
- Kleven, Henrik Jacobsen, and Wojciech Kopczuk.** 2011. "Transfer Program Complexity and the Take-up of Social Benefits." *American Economic Journal: Economic Policy*, 3(1): 54–90.
- Kornfeld, Robert, and Howard S Bloom.** 1999. "Measuring program impacts on earnings and employment: Do unemployment insurance wage reports from employers agree with surveys of individuals?" *Journal of Labor Economics*, 17(1): 168–197.
- Leftin, Joshua, Nancy Wemmerus, James Mabli, Thomas Godfrey, Stephen Tordella, et al.** 2014. "Dynamics of Supplemental Nutrition Assistance Program (SNAP) Participation from 2008 to 2012." Mathematica Policy Research.
- LSNC.** n.d.a. "Categorical Eligibility in the CalFresh Program." <http://calfresh.guide/categorical-eligibility-in-the-calfresh-program/>, Accessed: 2020-11-1.
- LSNC.** n.d.b. "How to keep getting CalFresh benefits (certification periods)." <http://calfresh.guide/how-to-keep-getting-calfresh-benefits-certification-periods/>, Accessed: 2020-11-01.
- Mabli, James, and Jim Ohls.** 2015. "Supplemental Nutrition Assistance Program participation is associated with an increase in household food security in a national evaluation." *The Journal of nutrition*, 145(2): 344–351.
- Mabli, James, Stephen Tordella, Laura Castner, Thomas Godfrey, Priscilla Foran, et al.** 2011. "Dynamics of Supplemental Nutrition Assistance Program participation in the mid-2000s." Mathematica Policy Research.
- Mani, Anandi, Sendhil Mullainathan, Eldar Shafir, and Jiaying Zhao.** 2013. "Poverty Impedes Cognitive Function." *Science*, 341(6149): 976–980.
- McKernan, Signe-Mary, Caroline Ratcliffe, and Robert Gibbs.** 2003. "Employment Factors Influencing Food Stamp Program Participation: Final Report." *Washington, DC: Urban Institute*.

- Meyer, Bruce D, and Nikolas Mittag.** 2019. "Using Linked Survey and Administrative Data to Better Measure Income: Implications for Poverty, Program Effectiveness, and Holes in the Safety Net." *American Economic Journal: Applied Economics*, 11(2): 176–204.
- Meyer, Bruce D, Wallace KC Mok, and James X Sullivan.** 2009. "The Under-Reporting of Transfers in Household Surveys: Its Nature and Consequences." NBER Working Paper No. 15181, <https://doi.org/10.3386/w15181>.
- Mills, Gregory, Tracy Vericker, Kye Lippold, Laura Wheaton, and Sam Elkin.** 2014. "Understanding the Rates, Causes, and Costs of churning in the Supplemental Nutrition Assistance Program." United States Department of Agriculture, Food and Nutrition Service.
- Moffitt, Robert.** 1983. "An Economic Model of Welfare Stigma." *American Economic Review*, 73(5): 1023–1035.
- Morrissey, Taryn W, and Daniel P Miller.** 2020. "Supplemental Nutrition Assistance Program Participation Improves Children's Health Care Use: An Analysis of the American Recovery and Reinvestment Act's Natural Experiment." *Academic pediatrics*, 20(6): 863–870.
- Mullainathan, Sendhil, and Eldar Shafir.** 2013. *Scarcity: Why Having Too Little Means So Much*. Macmillan.
- Nichols, Albert L, and Richard J Zeckhauser.** 1982. "Targeting Transfers Through Restrictions on Recipients." *American Economic Review*, 72(2): 372–377.
- Nichols, Donald, Eugene Smolensky, and T Nicolaus Tideman.** 1971. "Discrimination by waiting time in merit goods." *American Economic Review*, 61(3): 312–323.
- Oddo, Vanessa M, and James Mabli.** 2015. "Association of participation in the Supplemental Nutrition Assistance Program and psychological distress." *American Journal of Public Health*, 105(6): e30–e35.
- Pei, Zhuan.** 2017. "Eligibility Recertification and Dynamic Opt-In Incentives in Income-Tested Social Programs: Evidence from Medicaid/CHIP." *American Economic Journal: Economic Policy*, 9(1): 241–76.
- Ratcliffe, Caroline.** 2016. *Asset Limits, SNAP Participation and Financial Stability*. United States Department of Agriculture.
- Ratcliffe, Caroline, Signe-Mary McKernan, and Sisi Zhang.** 2011. "How Much Does the Supplemental Nutrition Assistance Program Reduce Food Insecurity?" *American journal of agricultural economics*, 93(4): 1082–1098.
- Ribar, David, and Christopher A Swann.** 2014. "If at First You Don't Succeed: Applying For and Staying on the Supplemental Nutrition Assistance Program." *Applied Economics*, 46(27): 3339–3350.

- Ribar, David C, Marilyn Edelhoach, and Qiduan Liu.** 2008. "Watching the Clocks: The Role of Food Stamp Recertification and TANF Time Limits in Caseload Dynamics." *Journal of Human Resources*, 43(1): 208–238.
- Schwabish, Jonathan A.** 2012. "Downloading Benefits: The Impact of Online Food Stamp Applications on Participation."
- Shiferaw, Leah.** 2019. "Food Assistance Take-Up and Infant Health: Evidence from the Adoption of EBT."
- Staveley, Jane, David Walter Stevens, and Parke Wilde.** 2002. *The Dynamics of Food Stamp Program Entry and Exit in Maryland*. Jacob France Institute, University of Baltimore.
- Tuttle, Cody.** 2019. "Snapping back: Food stamp bans and criminal recidivism." *American Economic Journal: Economic Policy*, 11(2): 301–27.
- USDA.** 2020. "Broad-based Categorical Eligibility." <https://fns-prod.azureedge.net/sites/default/files/resource-files/BBCEStatesChart%28May2020%29.pdf>, Accessed: 2020-11-1.
- Waldinger, Daniel.** 2021. "Targeting in-kind transfers through market design: A revealed preference analysis of public housing allocation." *American Economic Review*, 111(8): 2660–96.
- Whitmore, Diane.** 2002. "What Are Food Stamps Worth?"
- Wu, Derek, and Bruce D Meyer.** 2021. "Certification and Recertification in Welfare Programs: What Happens When Automation Goes Wrong."

## Tables and Figures

**Table 1:** Demographic characteristics for primary taxpayer in SNAP sample

|                                      | 2006      | 2009      | 2012      | 2014      | 2019      | 2021      |
|--------------------------------------|-----------|-----------|-----------|-----------|-----------|-----------|
| <b>Age</b>                           |           |           |           |           |           |           |
| 0-18                                 | .599      | .566      | .524      | .490      | .469      | .379      |
| 19-65                                | .378      | .408      | .438      | .454      | .453      | .450      |
| 65+                                  | .023      | .026      | .038      | .056      | .078      | .171      |
| <b>Household type</b>                |           |           |           |           |           |           |
| Children only                        | .188      | .182      | .162      | .144      | .129      | .080      |
| Working-age adults only              | .126      | .156      | .189      | .214      | .228      | .251      |
| Single working-age adult w/ children | .445      | .388      | .366      | .355      | .355      | .311      |
| 2+ working-age adults w/ children    | .216      | .246      | .242      | .228      | .206      | .180      |
| Seniors only                         | .019      | .021      | .032      | .047      | .069      | .158      |
| Seniors with children                | .004      | .004      | .004      | .005      | .006      | .007      |
| <b>Race</b>                          |           |           |           |           |           |           |
| White                                | .220      | .220      | .220      | .214      | .210      | .203      |
| Hispanic                             | .461      | .498      | .504      | .503      | .494      | .434      |
| Black                                | .167      | .140      | .124      | .118      | .121      | .118      |
| Asian/NH/PI                          | .033      | .032      | .031      | .034      | .029      | .040      |
| SE Asian                             | .049      | .039      | .037      | .037      | .036      | .046      |
| AI/AN                                | .008      | .007      | .006      | .006      | .006      | .005      |
| Other                                | .062      | .064      | .077      | .088      | .105      | .155      |
| <b>Language</b>                      |           |           |           |           |           |           |
| English                              | .731      | .712      | .718      | .724      | .735      | .734      |
| Spanish                              | .210      | .241      | .240      | .234      | .221      | .191      |
| Other                                | .060      | .047      | .043      | .042      | .044      | .075      |
| <b>Earnings</b>                      |           |           |           |           |           |           |
| On case with earnings                | –         | –         | .397      | .554      | .560      | .308      |
| Average earnings (\$)                | –         | –         | 6,141     | 11,916    | 12,720    | 8,826     |
| <b>Observations</b>                  | 2,877,915 | 4,108,240 | 5,557,976 | 6,039,948 | 5,447,710 | 6,103,451 |

**Notes.** Table 1 summarizes the composition of the SNAP caseload in California for select years in my sample. I define the caseload to be all unique individuals enrolled for at least one month in the calendar year. Among these individuals, I identify the share in each of three age bins; the share in six different household types; the share in each of seven race codes; the share who speak English, Spanish or neither; and the share in cases with non-zero versus zero earned income.



**Table 2:** Comparing reentry rates in MEDS to CDSS's reported churn rates

| Months | CDSS churn rate | MEDS reentry rate |
|--------|-----------------|-------------------|
| 1      | 11.8            | 10.9              |
| 3      | 14.3            | 18.2              |
| 6      | –               | 30.2              |
| 12     | –               | 42.2              |
| 18     | –               | 48.3              |
| 24     | –               | 52.6              |

**Notes.** Table 2 summarizes the share of individuals who, after exiting, reenter SNAP within six different timelines, limited to individuals who exited after 2014. I calculate the share of individuals who exit the program and then re-enroll within  $t$  months, restricting attention to uncensored observations.

**Table 3:** Estimated marginal and average effect of eligibility status on likelihood of SNAP exit in reporting and non-reporting months

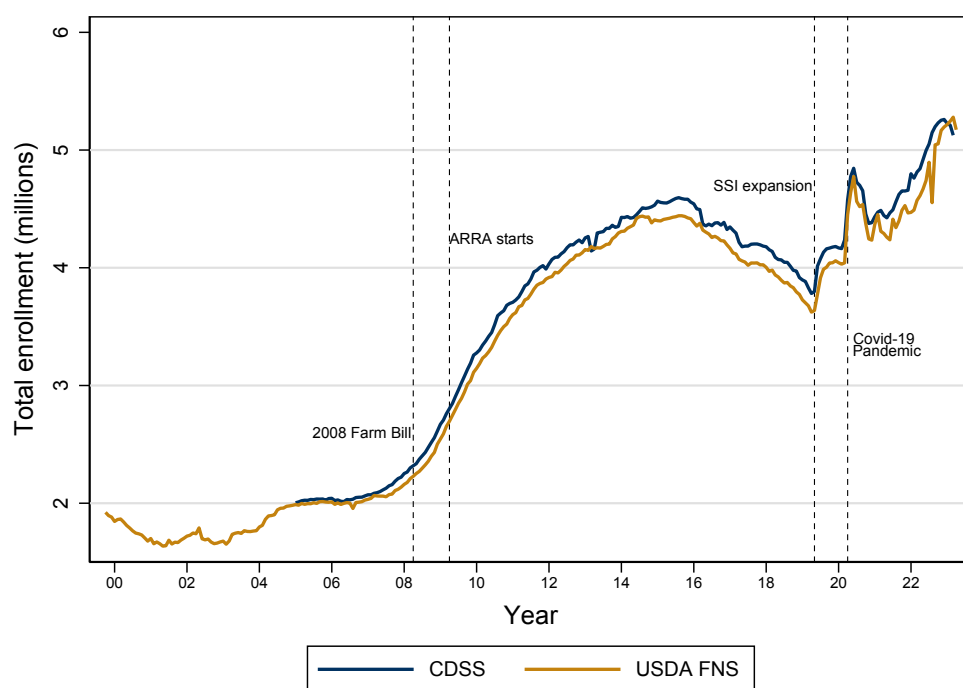
|              | Marginal effect     |                   | Average effect      |                  |
|--------------|---------------------|-------------------|---------------------|------------------|
|              | Non-reporting month | Reporting month   | Non-reporting month | Reporting month  |
| Ineligible   | 0.000<br>(.)        | 0.000<br>(.)      | 0.053<br>(0.000)    | 0.325<br>(0.001) |
| Eligible     | -0.032<br>(0.000)   | -0.209<br>(0.001) | 0.021<br>(0.000)    | 0.116<br>(0.000) |
| N            | 12,154,197          | 12,154,197        | 12,154,197          | 12,154,197       |
| Persons      | 699,211             | 699,211           | 699,211             | 699,211          |
| County       | X                   | X                 | X                   | X                |
| Year/Month   | X                   | X                 | X                   | X                |
| Demographics | X                   | X                 | X                   | X                |

\*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$

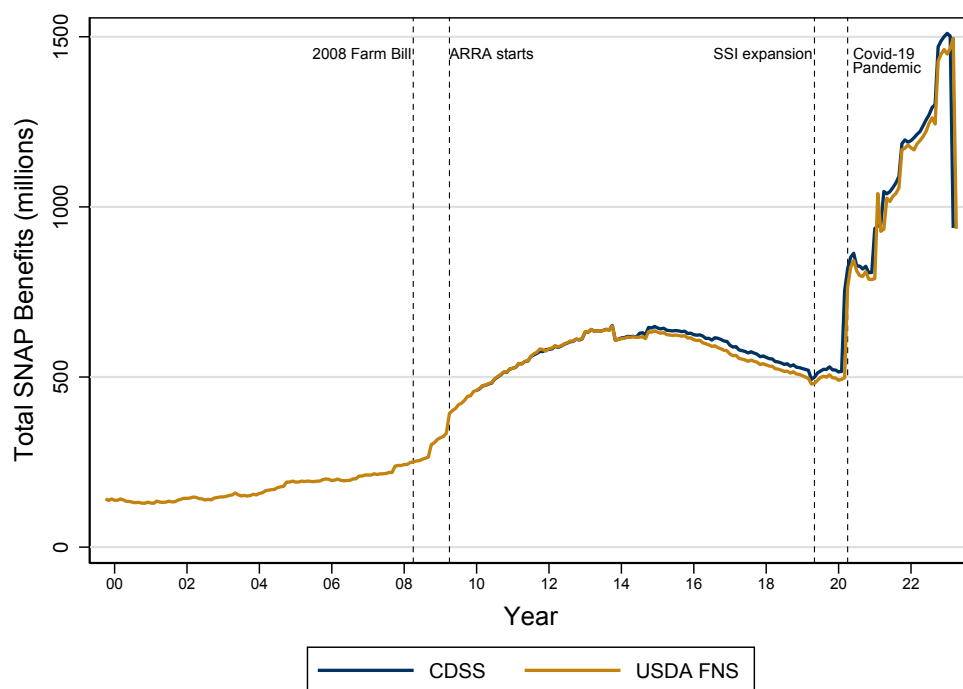
**Notes.** Table 3 summarizes the likelihood of exit by eligibility status in reporting and non-reporting months, limited to cases that started enrollment after 2014. I calculate these averages by estimating Equation 1, using an indicator for eligibility as the characteristics, and then transforming the estimated log-odd ratios into average effects. Values in the parentheses represent Delta-method estimated standard errors.

**Figure 1: Total monthly SNAP enrollment and disbursements in California, 2000-2023**

**(a) Client-level enrollment**

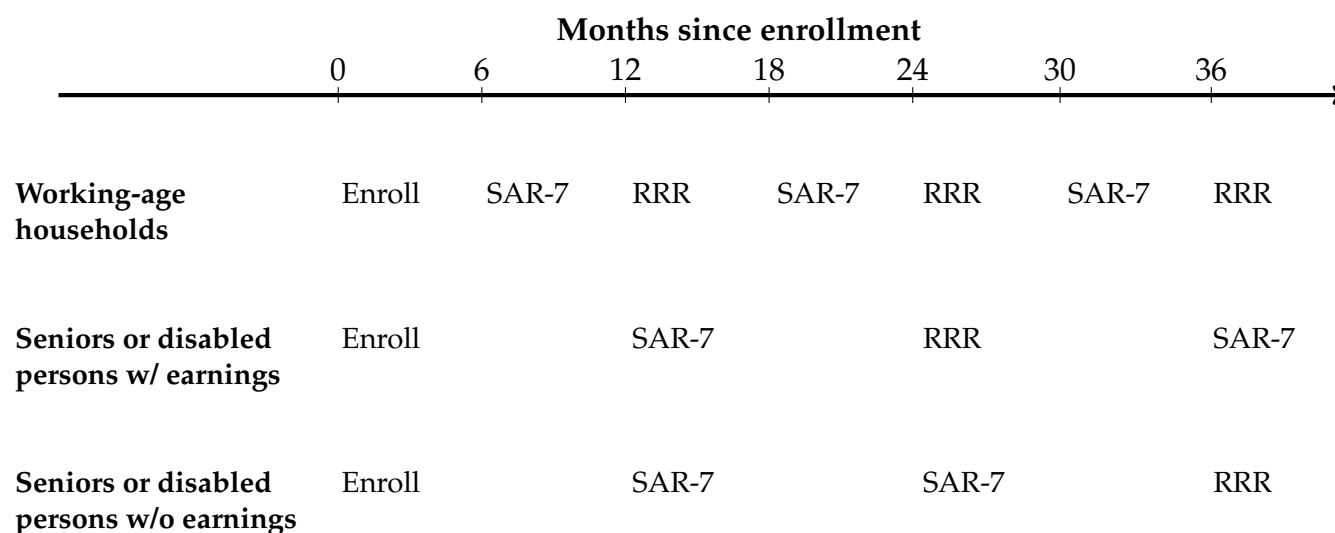


**(b) Total Benefits**



**Notes.** Figure 1 plots total SNAP enrollment and benefits in California from two data sources. The USDA counts are the official figures reported by the counties to the state, which are then reported to FNS at USDA. The CDSS enrollment count is the sum of individuals recorded as being enrolled in SNAP each month in the Medicaid Monthly Eligibility Files. The total benefits according to CDSS represent the sum of case-level benefits observed in the state's issuance file. These data record the severe dropoff in benefits due to the expiration of emergency allotments as occurring in March 2023, though FNS records that as occurring in April.

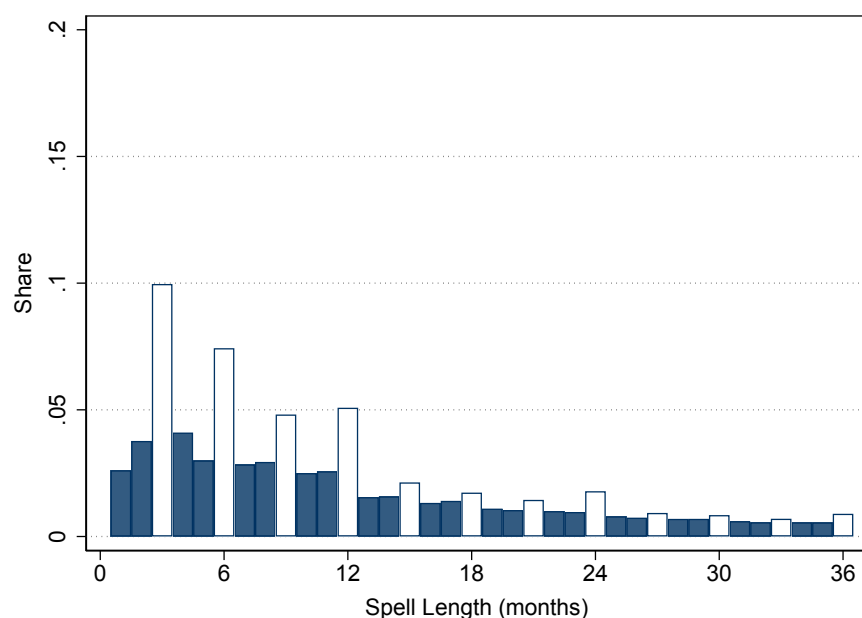
**Figure 2: SNAP reporting schedule in California**



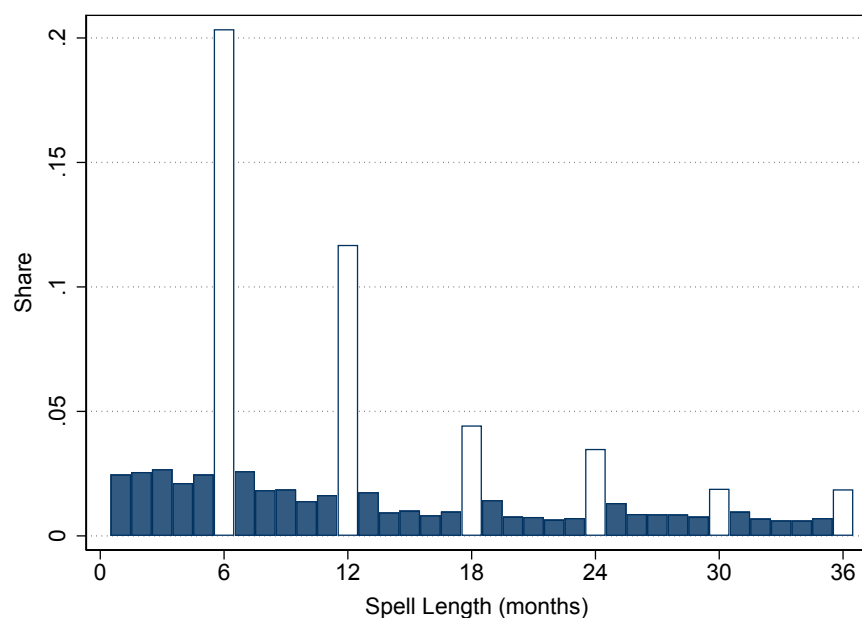
**Notes.** Figure 2 illustrates the reporting schedule for three types of households. Most households must complete a periodic report (known as a Semi-Annual Report, or a SAR-7) six months after enrolling, and every twelve months thereafter. The household must complete a short form, identifying whether household members, sources of income, and deductible expenses have changed, and if so, how. Six months later, and twelve months after enrolling, the household must complete a full recertification (known as the RRR). This entails completing a longer form (known as a CF-37), including much of the same information, providing proof of earnings, and completing an interview with county staff. Households with seniors or individuals with a disability and without working-age adults, but who have some earned income, are allowed to extend the recertification schedule, such that they complete the SAR-7 twelve months after enrolling, and the RRR twenty four months after enrollment. Finally, households with seniors or disabled persons but no earned income only need to complete the RRR every 36 months and the SAR-7 every 12 months.

**Figure 3:** Frequency distribution of continuous SNAP enrollment durations

**(a)** Spells beginning 2005 - 2011

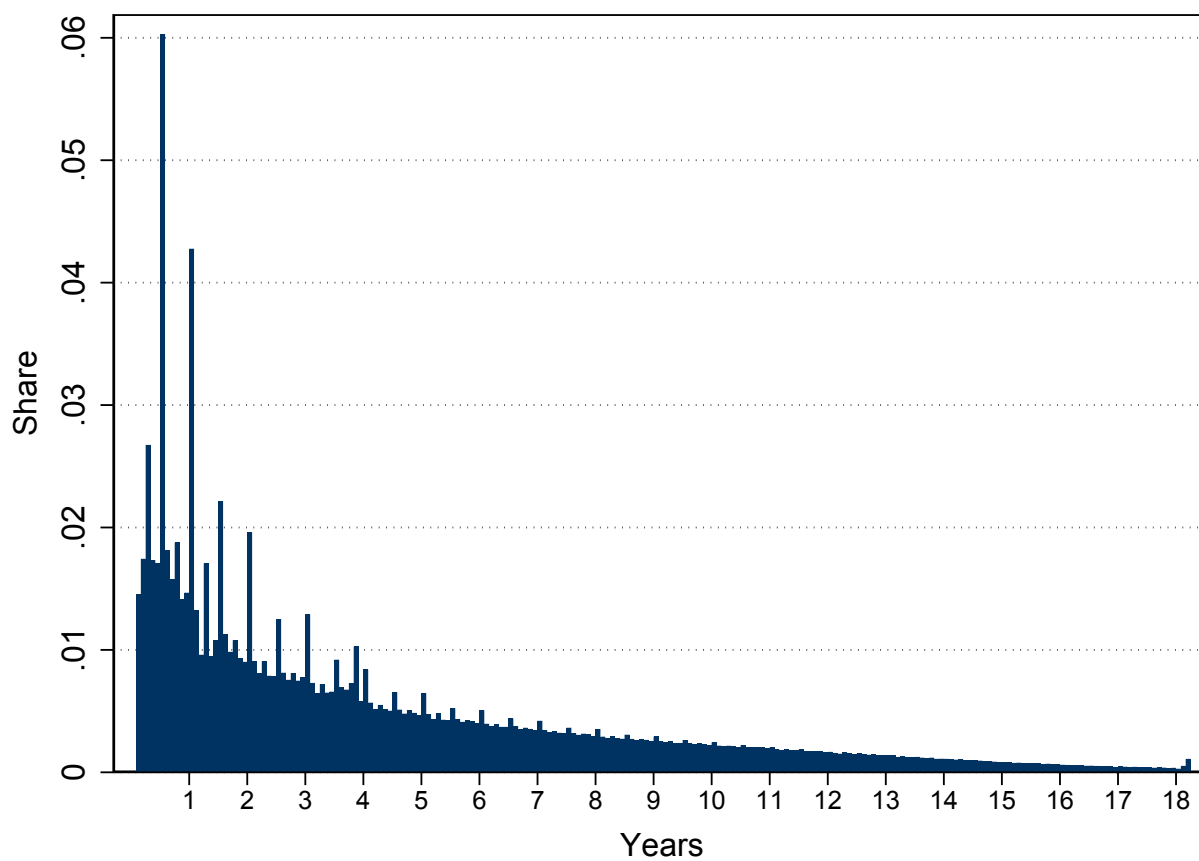


**(b)** Spells beginning 2014 - 2021



**Notes.** Figure 3 summarizes the frequency of continuous enrollment spell lengths – periods of consecutive months in which individuals are receiving SNAP. I plot two versions of this distribution. Before October 2013, households had to recertify every three months, and every six months since then. Panel A includes spells that started at least two years before October 2013, and Panel B includes spells that began after October 2013. The white bars represent spell lengths that align with reporting periods. Before 2013, the most common enrollment spell was three months, which is when households had to submit their first quarterly report. Now, less than three percent of cases end at three months, and the most common spell length is six months, again, when households must first recertify.

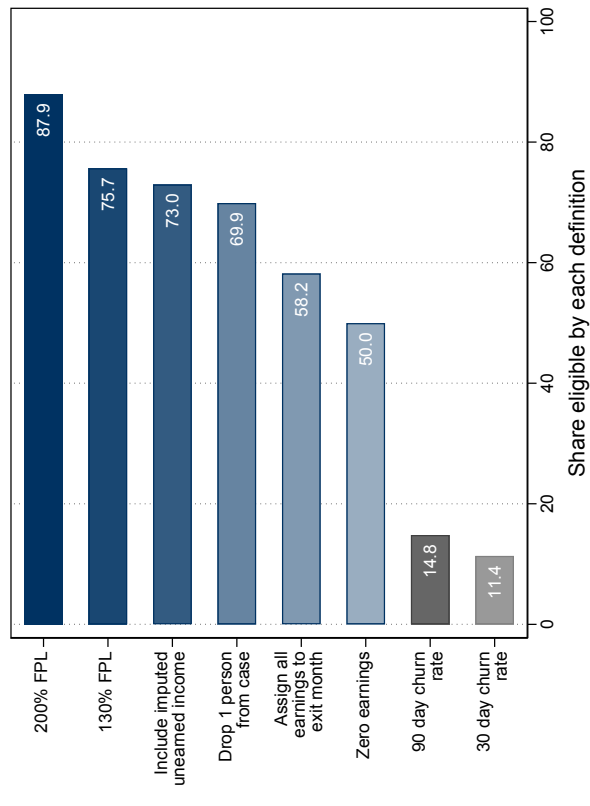
**Figure 4:** Frequency distribution of total months enrolled in SNAP



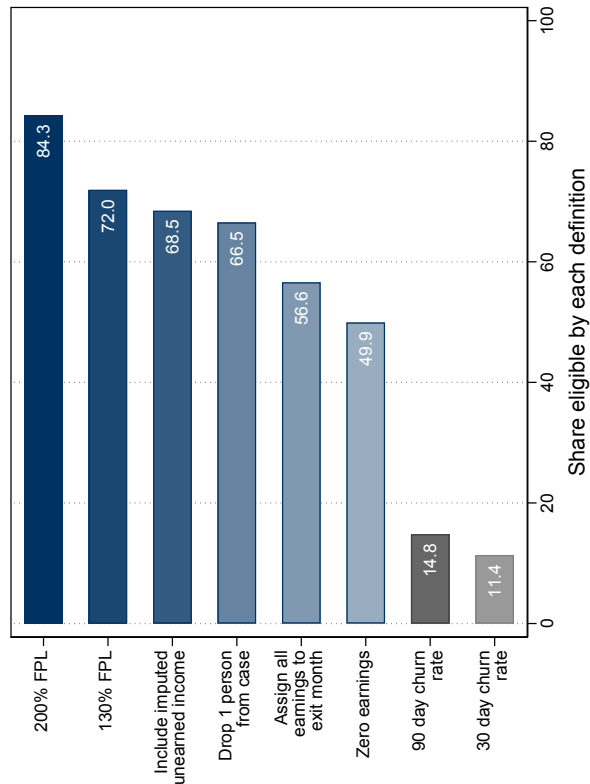
**Notes.** Figure 3 summarizes the frequency of total months each recipient was enrolled in SNAP in California between January 2005 and March 2023.

**Figure 5: Share of cases exiting SNAP that appear income eligible**

**(a) Earnings from the quarter in which the case leaves SNAP**

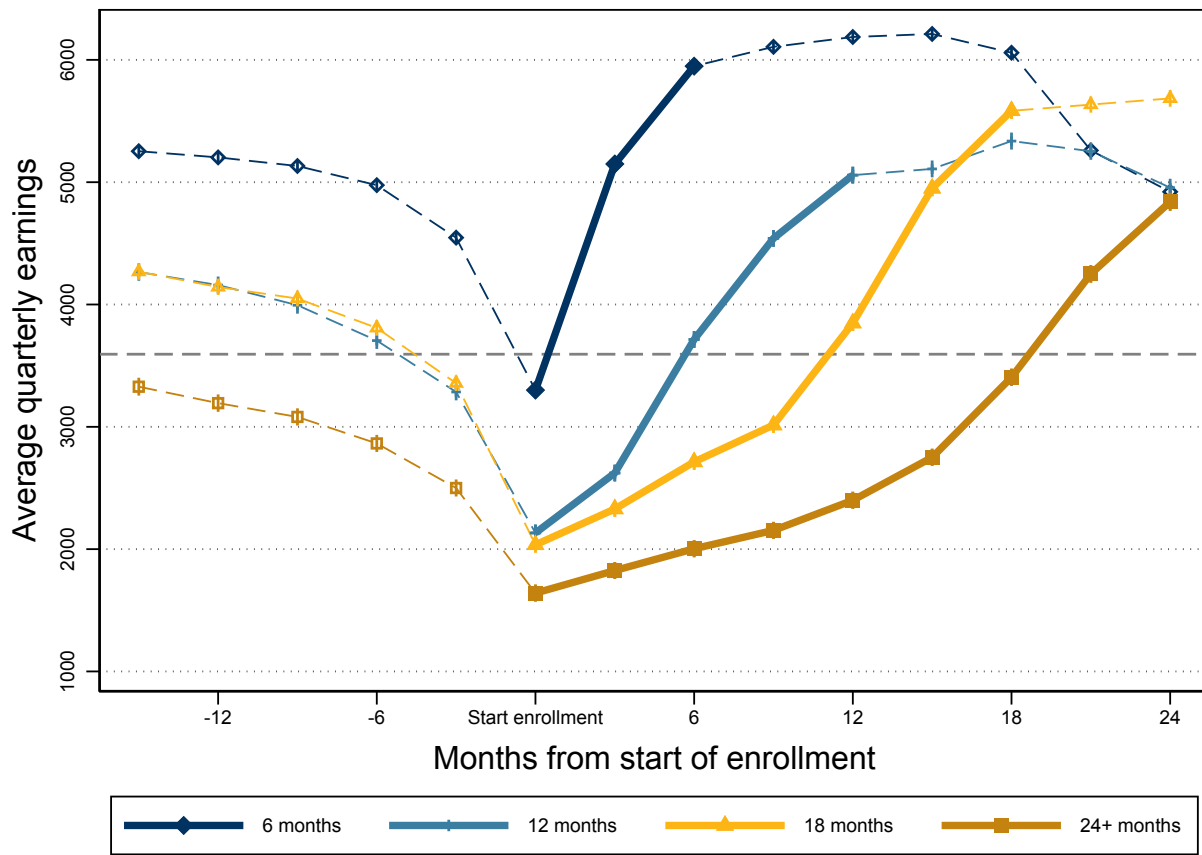


**(b) Earnings from the quarter after the case leaves SNAP**



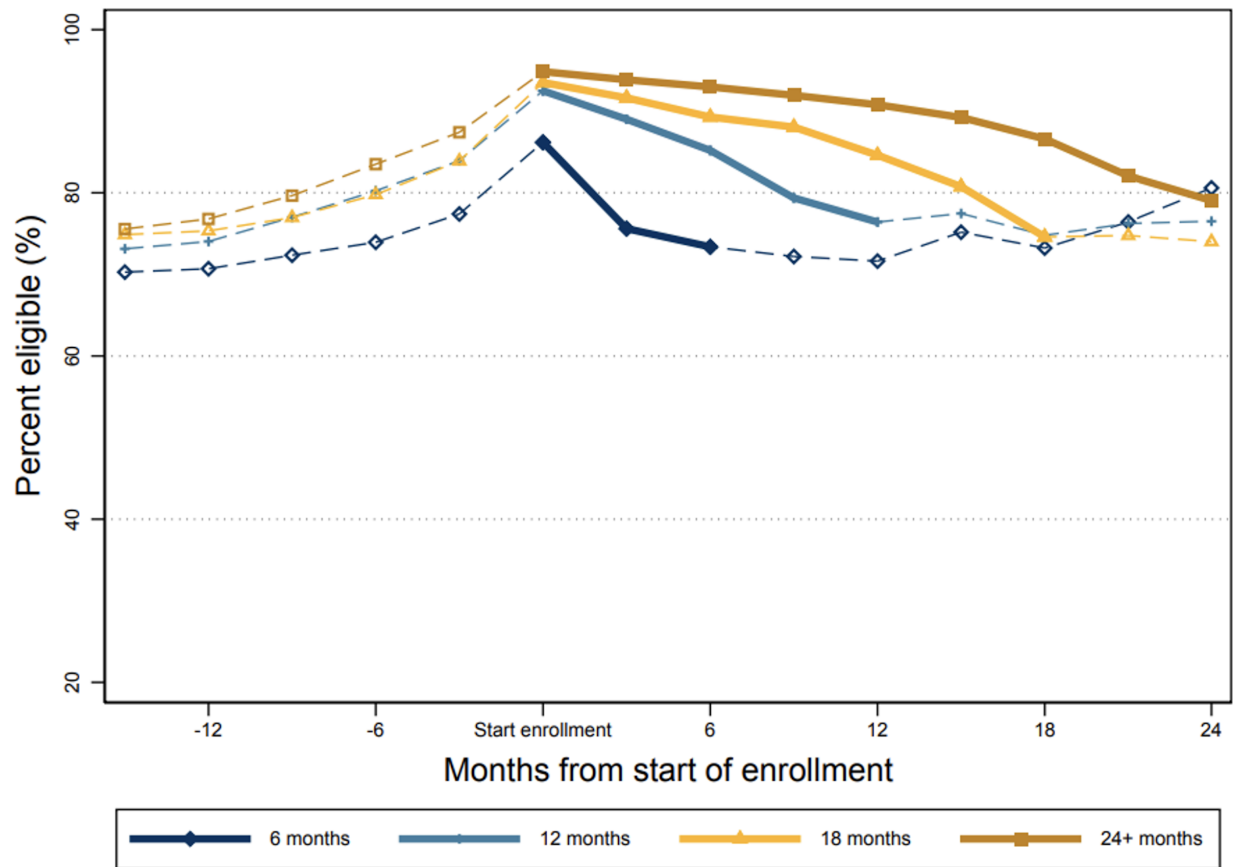
**Notes.** Figure 5 reports the share of cases that exit SNAP but appear income eligible according to various eligibility definitions. I restrict to cases that leave SNAP at the end of a calendar quarter between December 2013 to December 2019. Panel A uses earned income from the quarter in which the case leaves SNAP, and Panel B uses earned income from the quarter immediately after the case leaves SNAP. In the first definition, I compare one-third of a household's total earned income to 200 percent of its monthly FPL. In the second, I use 130 percent of the households' FPL. Third, I identify whether one-third of a household's total quarterly income, plus the average unearned income for its households type assigned using the procedure described in the appendix, exceeds 130 percent of the household's FPL. Fourth, I identify whether one-third of a household's total quarterly income exceeds 130 percent of the household's FPL, assuming their household size was reduced by one person. Fifth, I identify whether a household's total quarterly income exceeds 130 percent of the household's FPL. This test is equivalent to assuming that the household receives all of their quarterly income in the month of, or immediately following, their exit.

**Figure 6:** Average quarterly earnings before, during, and after SNAP enrollment by spell length



**Notes.** Figure 6 plots average inflation-adjusted, case-level earnings for each quarter relative to the quarter before enrollment starts. I separate these estimates between cases exiting SNAP at 6, 12, 18 and 24 months. I identify these averages by regressing quarterly earnings on a vector of dummies for each quarter relative to the quarter before enrollment in SNAP starts, as well as fixed effects for calendar quarter, demographic characteristics and household type. I limit to spells that began after December 2013 and ended before December 2021, for which I have complete earnings information and the standard reporting window was 6 months. I also restrict to cases that begin at the start and end at the close of quarters, so that I am able to distinguish between income earned while enrolled and not enrolled. Finally, I restrict to spells in which the recipient does not return to SNAP within 12 months after exiting. Post regression, I predict average earnings for each relative quarter separately for each spell length, and at the means of the other covariates. The solid lines and markers indicate quarters in which the case is still enrolled in SNAP, while hollow markers and dashed lines represent quarters in which the case is not enrolled. The dotted horizontal line identifies the average quarterly earnings (\$3,593) in quarters within one year on either side of when enrollment starts. Earnings values are inflation adjusted to 2022 dollars using the Consumer Price Index retroactive series using current methods (R-CPI-U-RS).

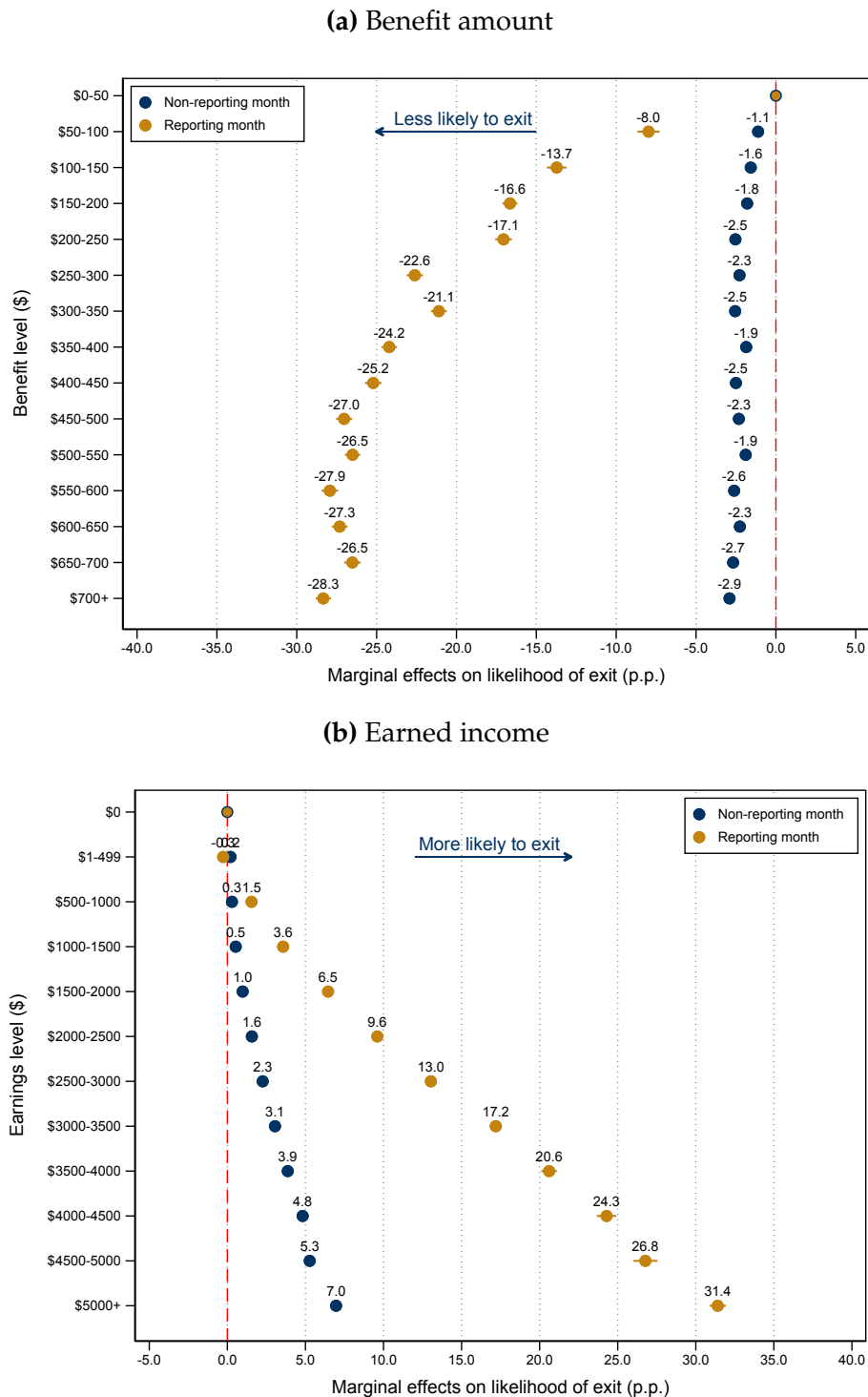
**Figure 7:** Share of cases that appear income eligible each quarter relative to case's initial enrollment in SNAP



**Notes.** Figure 7 plots the share of cases that appear income eligible each quarter relative to when they first enroll separated by spell length. Analysis is restricted to spells between 2014 and 2019, for which I have complete earnings information and the standard reporting window was 6 months. I also restrict to cases that begin at the start and end at the close of quarters, so that I am able to distinguish between income earned while enrolled and not enrolled. These shares might not reach 100 percent, as one might expect, for several reasons. Some households will still qualify even if their income exceeds 130 percent FPL, because they are able to deduct the cost of numerous expenses. It is also the case that the verification process is imperfect, and a small share of households who have incomes above the eligibility threshold for some month during the quarter will be able to remain enrolled.

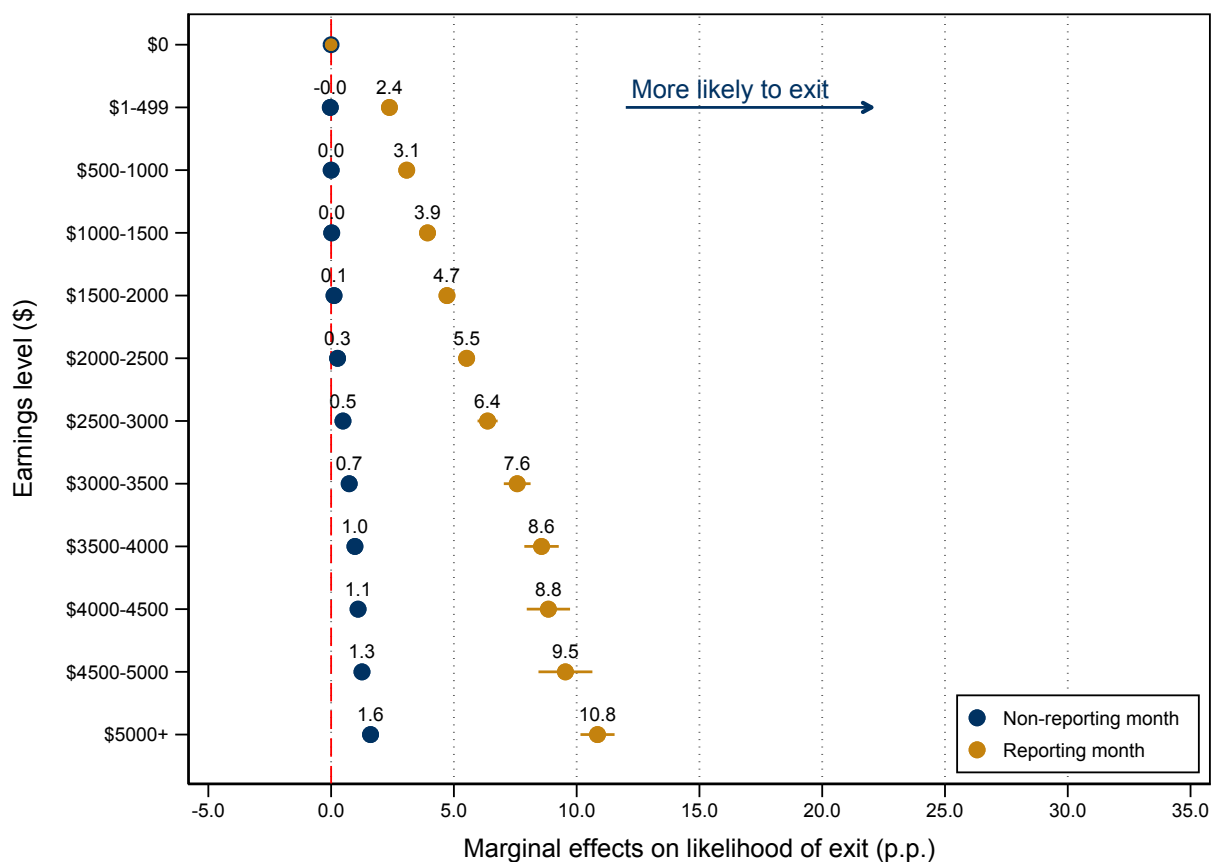


Figure 8: Likelihood of exiting SNAP by household benefit amount and earned income



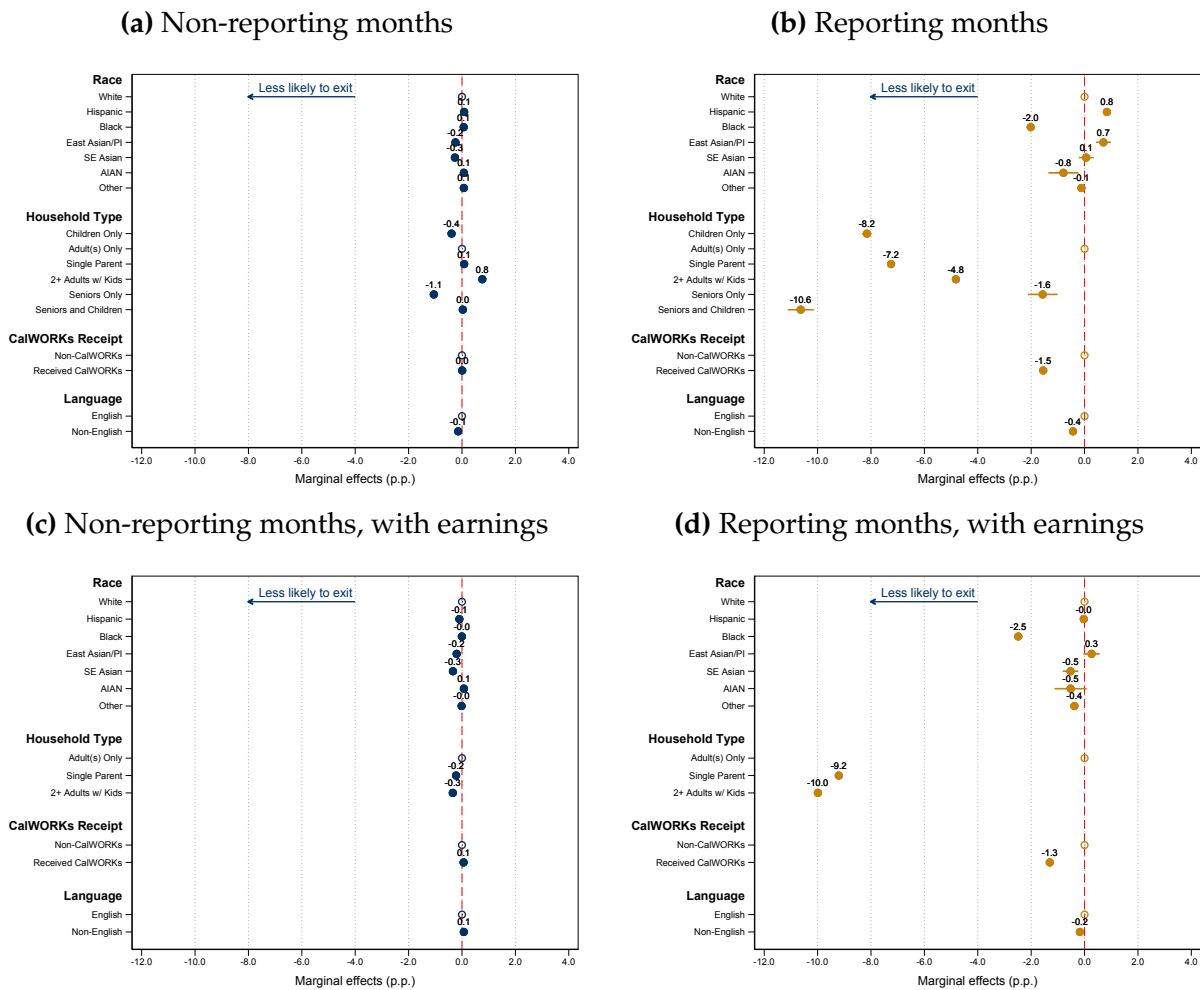
**Notes.** Figure 8 reports the marginal effect on likelihood of exit in reporting and non-reporting months by earnings levels and benefit amounts in reporting and non-reporting months. I calculate these effects by first estimating Equation 1 and then identifying the difference between the predicted probabilities of exit for each benefit and earnings level, relative the baseline, at the mean effect of all other covariates in that model. The baseline likelihood of exit for households with \$0-50 in SNAP benefits is 4.6 percent in non-reporting months and 37.7 percent in reporting months. The baseline likelihood of exit for households with no earnings is 1.8 percent in non-reporting months and 10.6 percent in reporting months.

**Figure 9:** Likelihood of exiting SNAP in a reporting month by household earnings 12 months before initial enrollment



**Notes.** Figure 9 reports the marginal effect on likelihood of exit in reporting and non-reporting months by earnings levels 12 months before enrollment starts. I calculate these effects by first estimating Equation 1 and then identifying the difference between the predicted probabilities of exit for each benefit and earnings level, relative to the baseline, at the mean effect of all other covariates in that model. The baseline likelihood of exit for households with \$0 in earnings one year before enrollment starts is 2 percent in non-reporting months and 14 percent in reporting months.

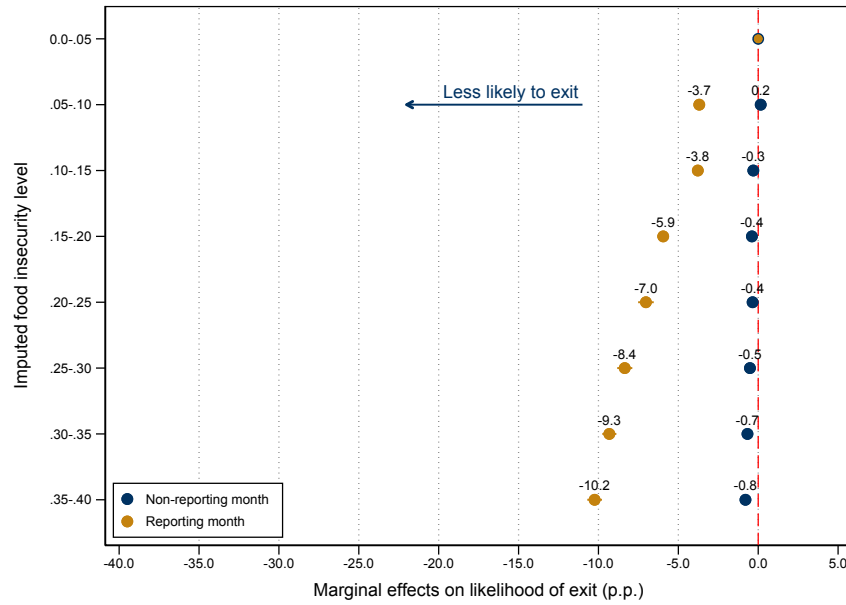
**Figure 10: Likelihood of exiting SNAP by demographic characteristics**



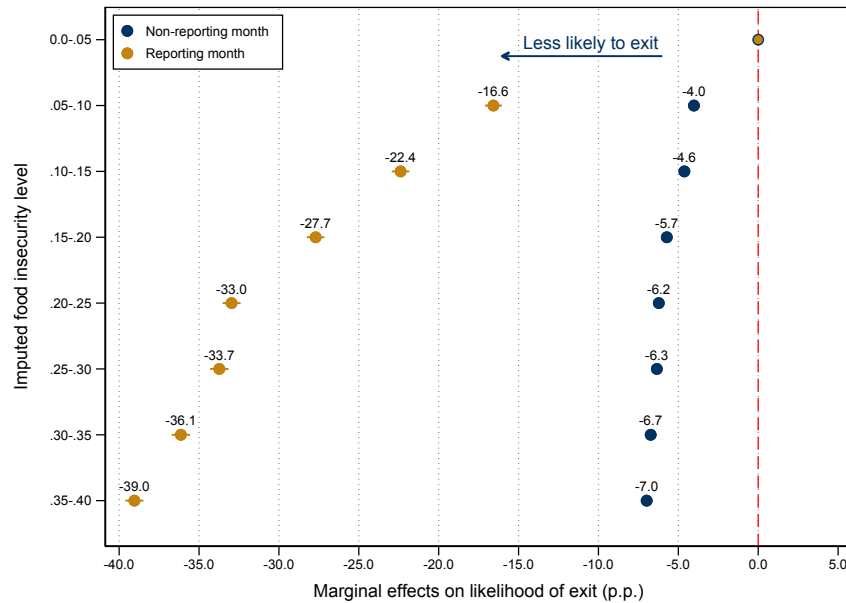
**Notes.** Figure 10 reports the marginal effect on likelihood of exit in reporting and non-reporting months by listed demographic characteristics. Panels a and b report estimates for non-reporting months; Panels b and d report estimates for reporting months. In Panels c and d, I control for enrollees' current earnings. I calculate these effects by estimating Equation 1 and then identifying the difference between the predicted probabilities of exit for each demographic characteristic, relative to the baseline, at the mean effect of all other covariates in that model. When not accounting for earnings, the baseline exit rate in non-reporting months is .022 percent for White enrollees, .023 percent for adult(s) only cases, .023 percent for enrollees whose primary language is English, and .022 percent for enrollees who had not enrolled in TANF. The baseline exit rate in reporting months is 14.0 percent for White enrollees, 19.3 percent for adult(s) only cases, 14.3 percent for enrollees whose primary language is English, and 14.9 percent for enrollees who had not enrolled in TANF. When accounting for earnings, the baseline exit rate in non-reporting months is .024 percent for White enrollees, .023 percent for adult(s) only cases, .023 percent for enrollees whose primary language is English, and .022 percent for enrollees who had not enrolled in TANF. The baseline exit rate in reporting months is 14.6 percent for White enrollees, 11.9 percent for adult(s) only cases, 14.3 percent for enrollees whose primary language is English, and 14.9 percent for enrollees who had not enrolled in TANF.

**Figure 11:** Relative likelihood of exiting SNAP by imputed food insecurity level

**(a) Without earnings**



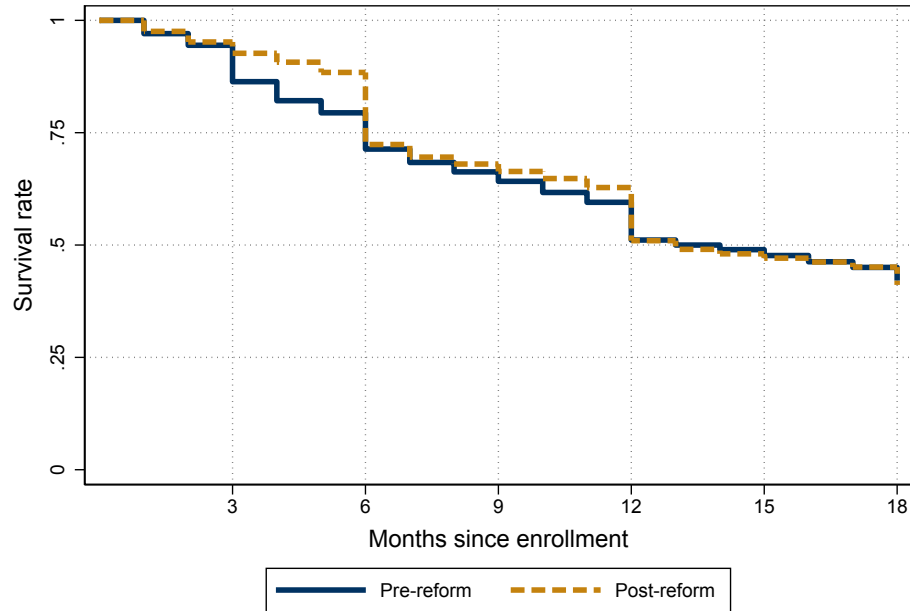
**(b) With earnings**



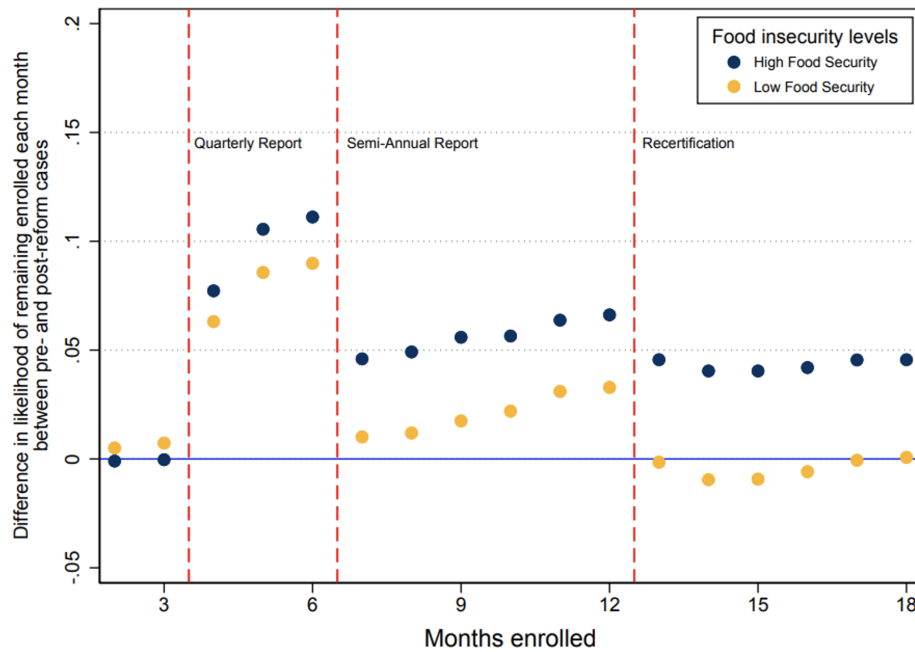
**Notes.** Figure 11 reports the marginal effect on likelihood of exit in reporting and non-reporting months by levels of imputed food insecurity. Estimates are derived via the procedure summarized in subsection 4.4. In order to demonstrate the important of earnings to food insecurity, and to isolate the relevance of demographic characteristics like race and household composition by themselves, I separately estimate these effects using and not using earnings in the food insecurity assignment. For Panel A, I assign households a predicted level of food insecurity without using their earned income. For Panel B, I incorporate households' earnings. See Appendix C for more information about this imputation. The baseline likelihood of exit for households with lowest level of imputed food insecurity (not including earnings) is 3 percent in non-reporting months and 20 percent in reporting months. The baseline likelihood of exit for households with lowest level of imputed food insecurity (including earnings) is 8 percent in non-reporting months and 45 percent in reporting months.

**Figure 12:** Survival rate for SNAP recipients before and after reporting reform

(a) Average survival rate for pre-reform and post-reform cases among lowest food insecurity cases



(b) Differences in survival rates between pre-reform and post-reform cases by levels of predicted food insecurity



**Notes.** Figure 12 illustrates the effect that the 2013 reporting reform had on enrollment. Panel A plots survival rates for cases that began between January and June 2013 (pre-reform) and those that began between July 2013 and December 2013 (post-reform). The reform decreased the exit rate at three months, but the average survival rates converge after six months. Panel B distinguishes this effect between cases identified as high and low food insecurity.