



FIG. 7.—Three-dimensional representations of the CO (2–1) emission in the Helix. The views show a surface contour of the molecular envelope as seen from the front (*middle panel*), 45° and 90° to the east and west (*left- and right-hand panels*, respectively), and 90° degrees to the north and south (*top and bottom*, respectively). The illumination is from the rear, with dark areas toward the front, and lighter areas toward the back in each view.