

# Statistical Data Analysis of Student Goals

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# 1 Abstract

*This should be a very brief explanation of your research paper (around 150 words). It normally includes information about the issue, why you are interested in that issue, your method/model, analysis results, discussions and conclusions.*

This paper analyses the data gathered from surveying 625 undergraduate students. The authors of the survey tried to prove two hypothesis: 1) During students' junior years, they tend to primarily focus on getting good grades while during their senior years, the focus shifts towards a deep-understanding of the subject and 2) students' enjoyment and interest tends to deteriorate as they progress through their studies. It is not obvious why this might be the case and if the student's sex or studied subject has any bearing. This is why the survey has 15 questions and probes 7 assessment categories. Each category consists of 3 to 1 questions and because the order of the questions is randomised, the student should not know the categories nor notice any patterns.

The data manipulation was done using R and tidyverse packages. A full analysis will be presented, including data: preparation, analysis, exploration and interpretation; calculation of confidence interval for a proportion, interpretation of the results using different kinds of graphs and an explanation of the methods used.

# 2 Introduction

*This section should explain the topic, why it is important, and how you approach the issue*

It is interesting how undergraduate students' goals change through-out their studies. They often experience various syndromes like: burnout, impostor, disheartening or even attempt a suicide. A Harvard graduate, Alex Chang, in his TEDx talk titled "The Unspoken Reality Behind the Harvard Gates" speaks about the pressure of getting the best grades; how he was called for a jasmine tea to his tutor and asked if he couldn't give it his all, while he already was doing the best he could. He also recalls one tragic night when he and his roommates were woke up at 4am, to be informed that one of his friend has taken his own life.

Because this paper is going to be talking about student's course enjoyment, expectations and his or her focus on grades vs. understanding I would like to give it another, less visible shade for there might be a lot more to say about a student who is at the bottom of the scale. It was assumed that a student, who might be at risk of developing mental health problems, would be someone who: is not enjoying the course, finds it not interesting but still primarily aims to perform better than others, and is lead by the fear of performing poorly. We will try to identify such students, calculate the confidence-interval-for-a-proportion of finding them, and test the hypotheses.

# 3 Data

*Explain your dataset and how the data was collected – e.g. your sampling strategy or information given by the project information.* The data we will be analysing was origi-

nally sourced from *Elliot, A. J. and McGregor, H. A. (2001). A 2 x 2 achievement-goal framework. Journal of Personality and Social Psychology, 80, 3, 501-519.*

### 3.1 Collection

The data was already collected but my own survey results were added to the data set.

### 3.2 Initialising

The data was converted from the original `.xlsx` format to `.csv` using *Microsoft Excel for Mac* and then it was loaded to *R* script using the *tidyverse* package - *readr*.

The initial number of students was also saved in a variable for later calculations.

This is how the data looked like after loading it into the *R* script and before cleaning:

year	age	sex	subject	q1	q2	...	q12	interest	enjoy	mastgrad
3	19	1	1	7	2	...	5	7	7	1
3	20	2	1	7	2	...	2	6	6	4
3	21	1	1	1	1	...	1	7	7	1
3	NA	2	1	4	2	...	2	7	7	4

### 3.3 Cleansing

First, the *seq* column was dropped since it does not serve any purpose. Second, rows with empty cells were dropped because they could falsify the results.

### 3.4 Coding

The following coding informations was applied to the data:

Subject	Sex	Code
Management	Male	1
Law	Female	2
Tourism	-	3
General Economics	-	4
Accounting	-	5
Statistics	-	6

E.g., the code for *Male* was *1*, so the cells in the *sex* column containing *1* were replaced with a *Male* string; the code for *General Economics* was *4*, so the cells in the *subject* column containing *4* were replaced with a *General Economics* string. This is how the *sex* and *subject* columns looked like after applying the coding information:

sex	subject
Male	Management
Female	Management
Male	Management
Female	Management

### 3.5 Assessment Categories

The survey’s instructions provided 7 assessment categories and their appropriate questions. You can see these informations below with added labeling and interpretation.

Table 4: Interpretation table

Category	Label	Interpretation	Question
Performance Approach	M1	Importance of doing better than others	1, 2, 3
Performance Avoidance	M2	Motivation based on the fear of performing poorly	4, 5, 6
Mastery Approach	M3	Students’ grade-orientation focus	7, 8, 9
Mastery Avoidance	M4	Students’ fear of not mastering the course	10, 11, 12
Interest	IR	Student expects the course to be interesting	13
Enjoyment	EJ	Student expects the course to be enjoyable	14
Importance focus	MG	Students’ importance focus on understanding vs. grades	15

### 3.6 Derandomization and Renaming

Random order (6, 12, 11, 1, 7, 2, 10, 8, 5, 3, 9, 4) was given to use in the survey’s instructions. This meant, e.g., *question 6* from the *Performance Avoidance* category is numbered *1* in the survey and in the data set; *question 12* from the *Mastery Avoidance* category is numbered *2* in the survey and in the set; and so on.

The column naming changed in the process: *q1* became *Q6*, changing lower case *q* to upper case *Q* as well as the number of the question.

Table 4 illustrates the entire process and assigns questions to their appropriate categories:

Table 5: In the survey, questions from 1 to 12 were derandomized and renamed

Data set order	q1	q2	q3	q4	q5	q6	q7	q8	q9	q10	q11	q12
----------------	----	----	----	----	----	----	----	----	----	-----	-----	-----

Table 5: In the survey, questions from 1 to 12 were derandomized and renamed

Survey order	Q6	Q12	Q11	Q1	Q7	Q2	Q10	Q8	Q5	Q3	Q9	Q4
--------------	----	-----	-----	----	----	----	-----	----	----	----	----	----

Questions 13, 14 and 15 - which were in fact, hypotheses testing questions and *Interest*, *Enjoyment*, *Importance focus* assessment-categories accordingly - kept the same order in the survey and in the data set, so they were only renamed for easier data manipulation:

Previous column name	New column name
interest	IG
enjoy	EJ
mastgrad	MG

### 3.7 Clean Data

This is how the data looked like after cleaning:

year	age	sex	subject	Q6	Q12	...	Q9	Q4	IR	EJ	MG
3	19	Male	Management	7	2	...	7	5	7	7	1
3	20	Female	Management	7	2	...	5	2	6	6	4
3	21	Male	Management	1	1	...	7	1	7	7	1
3	19	Female	Management	7	5	...	5	3	6	6	1

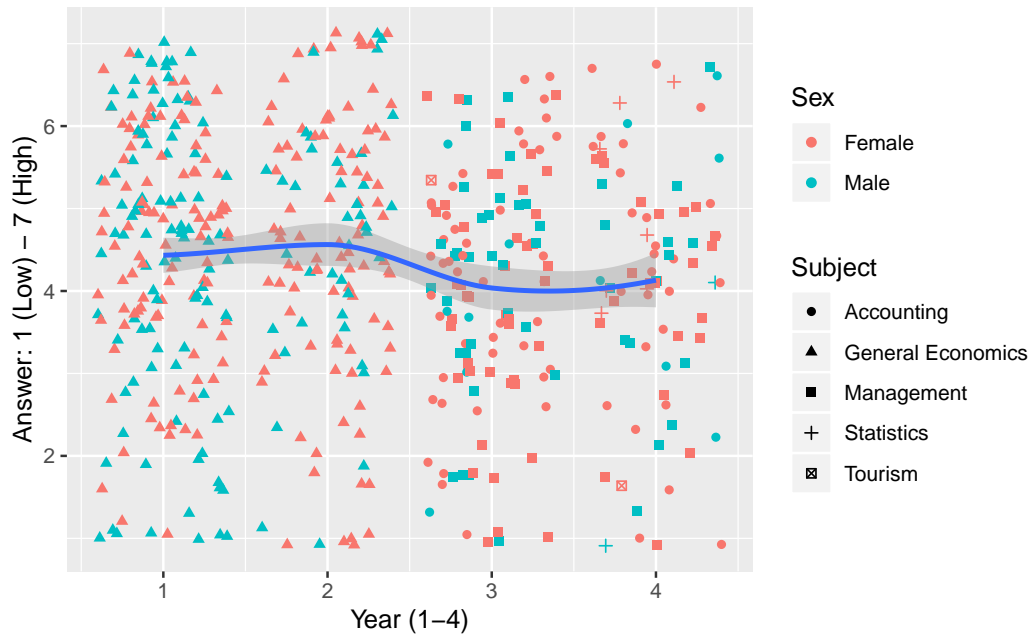
### 3.8 Visual Exploration

The means from  $M1$ ,  $M2$ ,  $M3$  and  $M4$  assessment categories were set on basis of year of study, sex and subject; data smoothing was applied in attempt to capture any important patterns.

### 3.9 M1 - Performance Approach

M1

Performance Approach set on basis of: year of study, sex and subject.  
How important it is to students to do better than others?

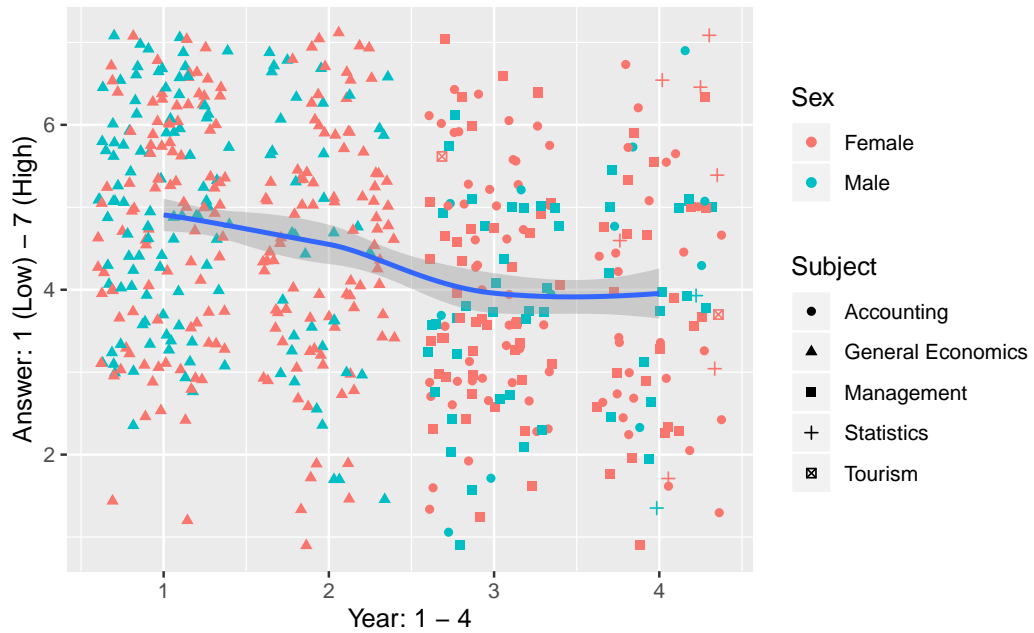


It is visible that the students' performance approach almost does not change and all the variance are within the confidence interval.

### 3.10 M2 - Performance Avoidance

M2

Performance Avoidance set on basis of: year of study, sex and subject.  
How motivated are students by fear of performing poorly?

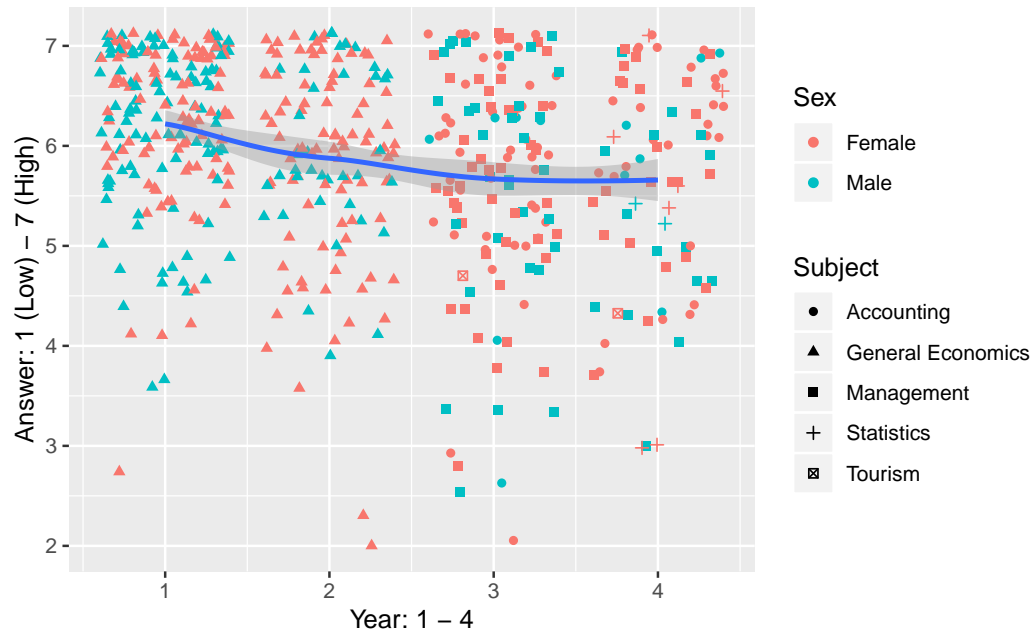


Comparing year's 1 average results to year's 4, it is clearly visible that the students' performance avoidance drops by 1 scale point.

### 3.11 M3 - Mastery Approach

M3

Mastery Approach set on basis of: year of study, sex and subject.  
Students' grade-orientation focus



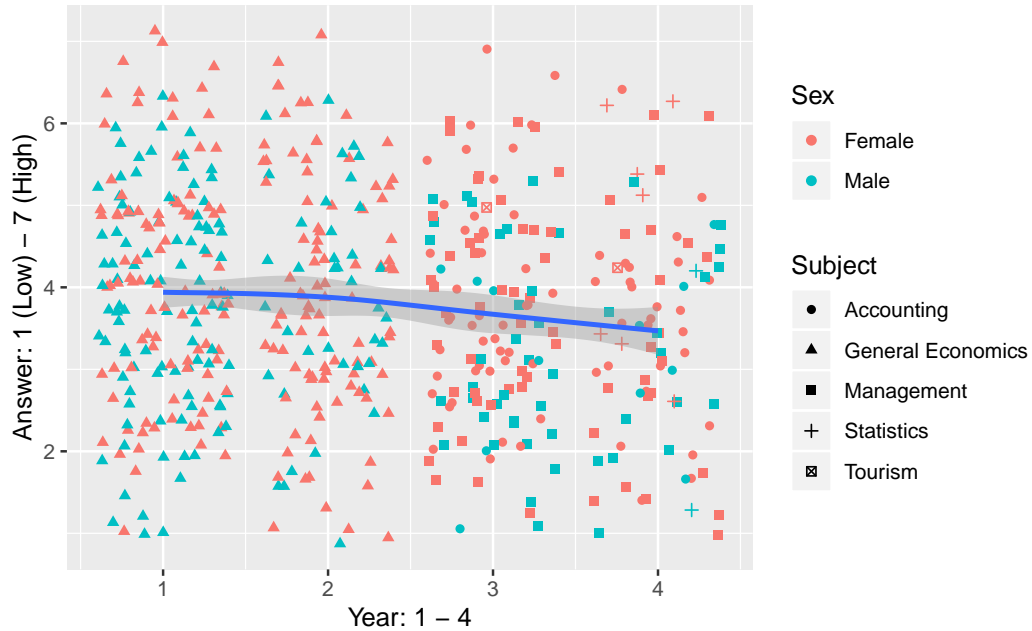
It is visible that the student's mastery approach drops by almost 1 scale point.



### 3.12 M4 - Mastery Avoidance

M4

Mastery Avoidance set on basis of: year of study, sex and subject.  
Students' fear of not mastering the course.



There is a dropping tendency for Mastery Avoidance but it is not drastic.

## 4 Methodology

*This section explains the statistical methods and/or your model. It is also a common practice to present the statistical model structure (i.e. equation) here as well.*

The data was manipulated using R programming language and `tidyverse` packages:

- `ggplot2` - data visualisation
- `dplyr` - data manipulation
- `tibble` - data reimagining
- `readr` - data reading
- `tidyr` - data cleaning
- `purrr` - syntax simplification

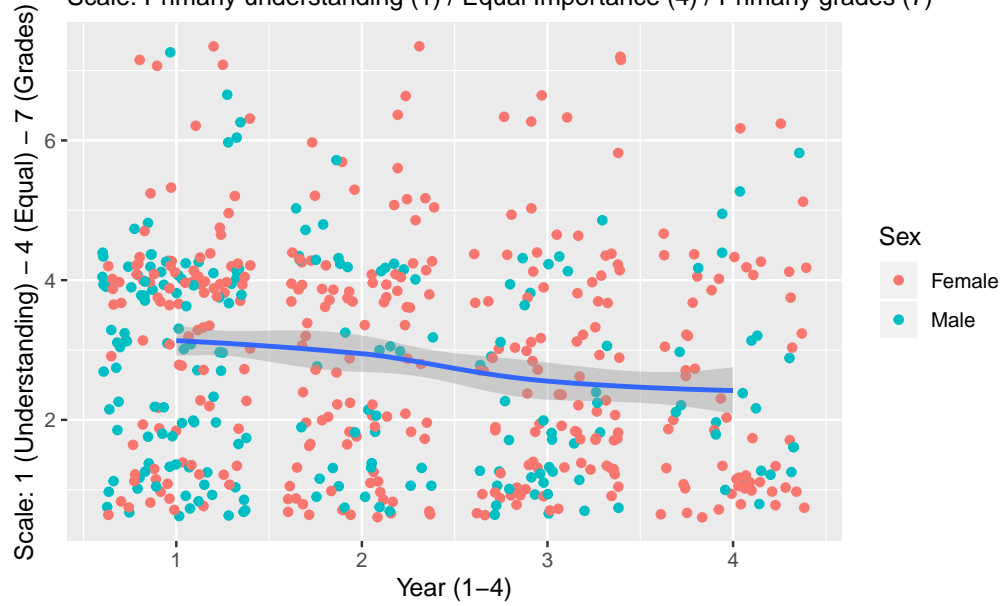
Around 625 students were surveyed. They answered on a 7-level scale; 1 meaning the student felt the statement asked in the question is 'Not true of him/her' and 7 meaning the student felt it was 'Very true of him/her'. See the table below for a graphical explanation:

Not true of me	1	2	3	4	5	6	7	Very true of me
----------------	---	---	---	---	---	---	---	-----------------

MG

Student's importance scale between understanding and grades set on ba different years of study, sexes and subjects.

Scale: Primarily understanding (1) / Equal Importance (4) / Primarily grades (7)



## 4.1 Mean

Apart from *Interest*, *Enjoyment* and *Importance focus* categories, all other consisted of 3 questions. For this reason, the assessment-categories' means were computed and saved for each individual student.

This resulted in 4 extra columns added to the original data set. An example of these can be seen below:

M1	M2	M3	M4
4.666667	4.333333	6.000000	3.333333
2.333333	2.333333	5.000000	2.000000
3.666667	1.333333	5.666667	1.333333
3.666667	3.666667	6.000000	5.333333
3.333333	3.333333	7.000000	4.000000

### 4.1.1 Grades vs. Understanding

#### 4.1.1.1 Sex

MG

Student's importance scale between understanding and grades set on ba different years of study, sexes and subjects.

Scale: Primarily understanding (1) / Equal Importance (4) / Primarily grades (7)

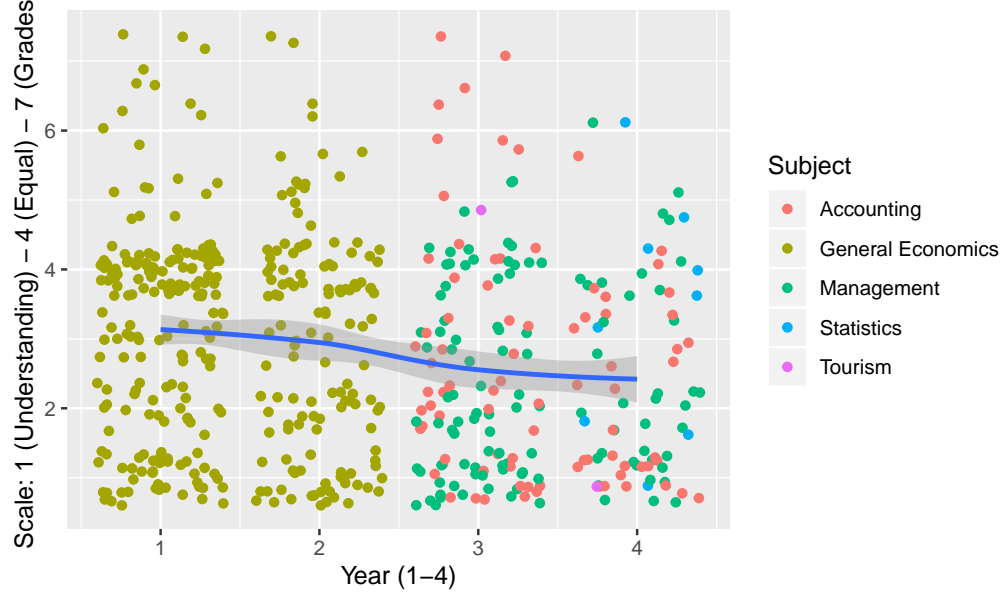


Figure 2: ...

#### 4.1.1.2 Subject

#### 4.1.2 Interest

##### 4.1.2.1 Sex

##### 4.1.2.2 Subject

#### 4.1.3 Enjoyment

##### 4.1.3.1 Sex

##### 4.1.3.2 Subject

### 4.2 Confidence Interval for a Proportion

#### 4.2.1 Finding Students at Risk

To find out if there are any students at risk the arbitrary criteria was assumed:

IR

Student's course interestedness expectations set on basis of:  
different years of study, sexes and subjects.

Student response: 'I expect my courses this semester to be very interesting'

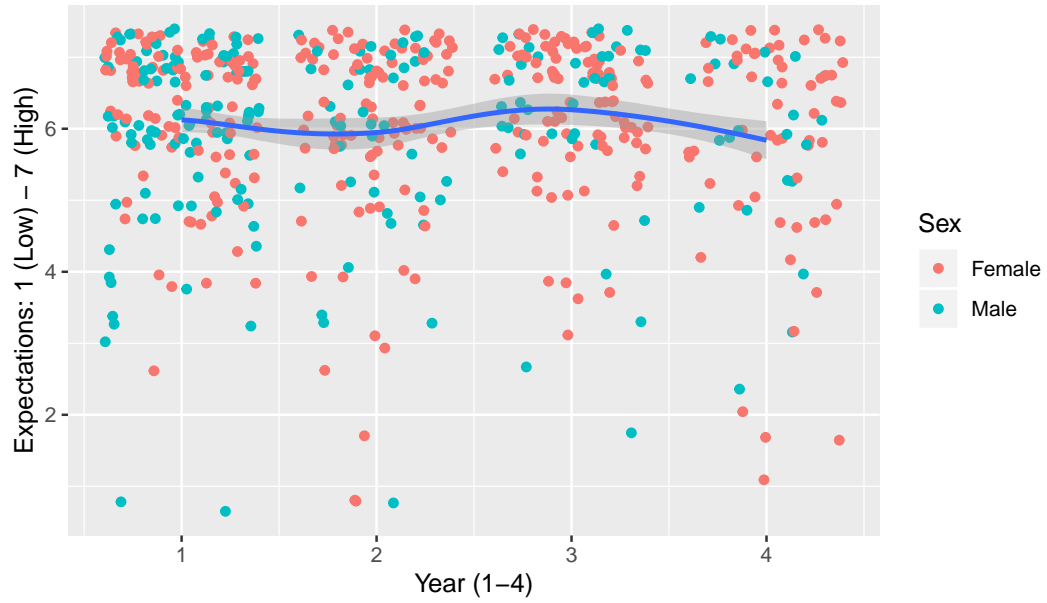


Figure 3: ...

IR

Student's course interestedness expectations set on basis of:  
different years of study, sexes and subjects.

Student response: 'I expect my courses this semester to be very interesting'

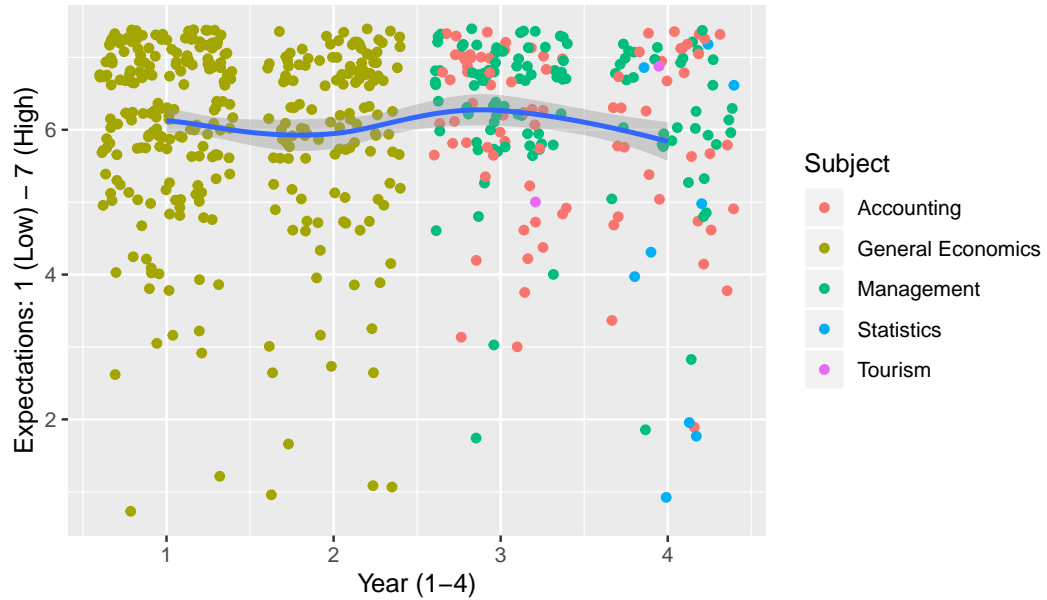


Figure 4: ...

EJ

Student's course enjoyment expectations set on basis of:  
different years of study, sexes and subjects.

Student response: 'I expect my courses this semester to be very enjoyable'

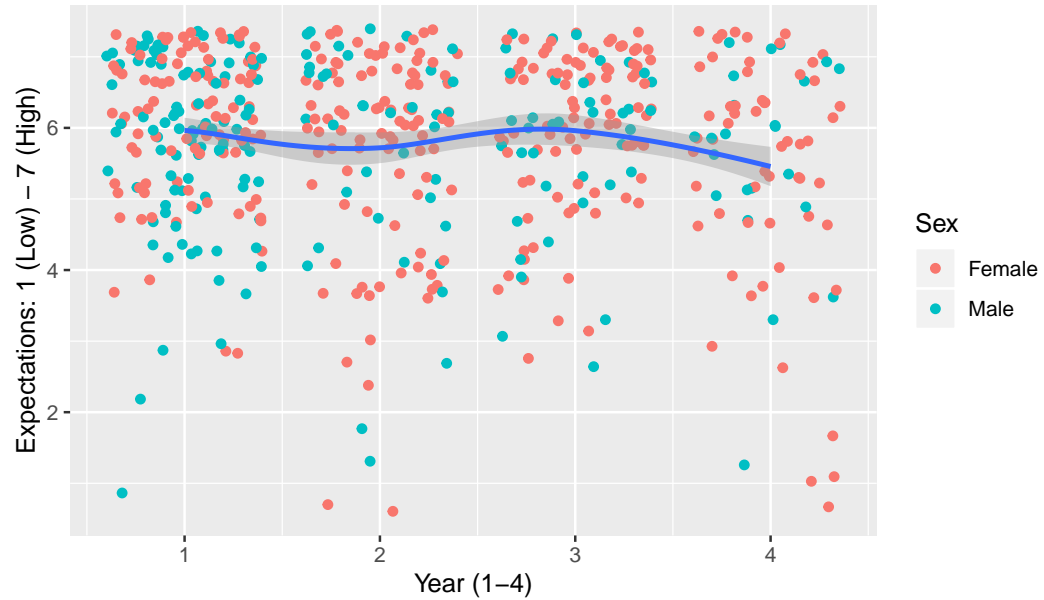


Figure 5: ...

EJ

Student's course enjoyment expectations set on basis of:  
different years of study, sexes and subjects.

Student response: 'I expect my courses this semester to be very enjoyable'

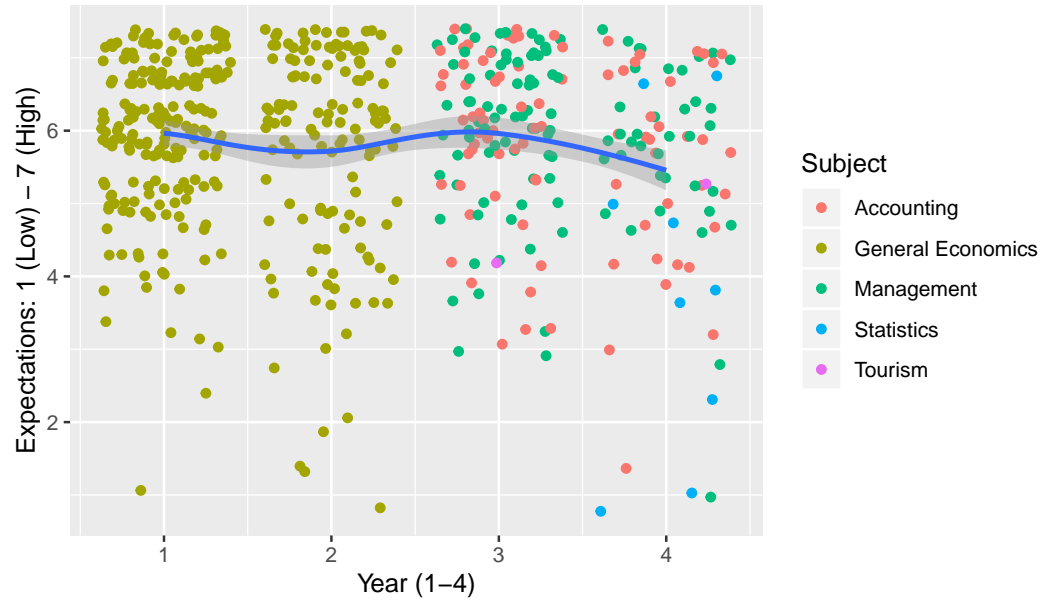


Figure 6: ...

- *Performace Approach*  $\geq 6$
- *Performace Avoidance*  $\geq 6$
- *Interest*  $\leq 2$
- *Enjoyment*  $\leq 2$
- *Importance focus*  $\geq 4$

age	sex	subject	M1	M2	IR	EJ	MG
18	Female	General Economics	6	7	1	1	7
18	Female	General Economics	7	7	1	1	4

Here we can see, there are 2 students who are not enjoying their course nor find it interesting but their main focus remains on doing better than others and avoiding performing poorly with a main or netural focus on grades. It was assumed that such students might be at risk of developing mental health problems.

#### 4.2.2 Equations

$$\hat{p} = \frac{x}{n} = \frac{events}{trials}$$

$$\hat{p} \pm Z \sqrt{\frac{\hat{p}(1 - \hat{p})}{n}}$$

#### 4.2.3 Calculations

Calculating a 95% confidence interval for the student-at-risk population proportion.

$$\hat{p} = \frac{2}{625} = 0.0032$$

$$Z = 1.96$$

$$\hat{p} \pm Z = 0.0032 \pm 1.96 \sqrt{\frac{0.0032(1 - 0.0032)}{625}} = 0.0032 \pm 0.0044$$

The upper confidence interval for a proportion is 0.0076279, and the lower is -0.0012279, which gives us a confidence interval, for proportion of finding a student-at-risk as: CI = (0.00762, -0.00122). This mean we could say with 95% confidence the percentage of the times we should expect to find a student at risk is between 0.7% and 0%.

## 5 Results

*Present both your informal and formal analyses.* The hypothese turned out to be true/false?



## 6 Conclusion / Discussion

*You need to conclude your project, discuss the results, discuss any reservations that you have about the study and list any future work.*

Looking at data (see Table 11), we can tell there are in fact 2 students who might be at risk; they are both 18-year-old females *General Economic* students.

This might not seem like a lot but we have the actual data to back it up. We know that there are 2 students who might be at risk of developing mental health problems: they are both female, aged 18 years old and study general economics at their sophomore year. Whether this data should be used directly to try to find these students is a different debate. What could be definitely done is try to announce this fact that there have been found students who might be at risk and that there is help available. Most universities offer counseling for students but the problem is to have already troubled and lonely students reach out for help. Maybe a university could develop their own programmes for students which they can use to self-diagnose and if the system would detect that they might be experiencing mental health problems they could direct them towards a counselor at their university. Such tests already exist but the reason why I think they should be university specific is for the fact that it makes the student feel that their university cares about their mental health and they do not need to feel ashamed to ask for help because it was their home institution who has made the first step.

**University should be the one reaching out, not the other way around.**

so, what conclusions do you have bruh? Could analyse AGE