

Medical History Report

Patient Demographics

Name: Alexander "Alex" Parker
MRN: 12345678
DOB: 1983-08-14 (Age 42)
Sex: Male
Blood Type: O+
Phone: (555) 987-4321
Primary Language: English
Insurance: Fictitious Health Plan – Gold HMO

Encounter Details

Encounter ID: ENC-2025-05-03-01
Date of Visit: 2025-05-03
Location: Riverbend Family Practice (Outpatient)
Chief Complaint: "Worsening shortness of breath on exertion for two weeks"

History of Present Illness (HPI)

42-year-old male with well-controlled asthma reports progressive dyspnea when climbing one flight of stairs. Denies chest pain, cough, or sputum.

Past Medical History

Persistent mild asthma (J45.30) – 2015 – Controlled on meds
Seasonal allergic rhinitis (J30.2) – 2008 – Active
Hypertension (I10) – 2023 – Controlled
Appendectomy (Z90.710) – 2001 – Resolved

Medications

Albuterol HFA 90 mcg – 2 puffs inhaled q4-6h PRN wheeze
Fluticasone 110 mcg – 2 puffs inhaled BID
Losartan 50 mg – Oral QD
Loratadine 10 mg – Oral QD PRN allergies

Allergies

Amoxicillin – Urticaria
Peanuts – Mild oral pruritus

Family History

Father (68): Hypertension, Type 2 Diabetes
Mother (64): Hypothyroidism
Sister (38): No chronic disease

Social History

Married, 2 children, high-school teacher
Never smoked, drinks 1–2 beers/week, denies illicit drugs
Exercises: jogs 2 mi twice weekly (decreased tolerance recently)
Lives in 2-story home with central air

Physical Exam (Key Findings)

Vitals: Temp 36.8 °C, BP 128/78, HR 84, RR 18, SpO₂ 97% (RA)
General: Well-nourished, no distress
Lungs: Mild expiratory wheeze at bases, good air entry
Cardiovascular: Regular rate & rhythm, no murmurs
Extremities: No edema, cap refill <2 s

Labs (Drawn Today)