# APA 7th Edition Template: This is added after the title, no colon needed.

# Abstract

*Keywords*: APA, project, template, lipsum

# APA 7th Edition Template: This is added after the title, no colon needed.

This is my introductory paragraph. The title will be placed above it automatically. *Do not start with an introductory heading* (e.g., “Introduction”). The title acts as your Level 1 heading for the introduction. You’ll see the {{< lipsum >}} shortcode used to flesh out the document. You can add a number to create multiple paragraphs, like {{< lipsum 3 >}} to get three paragraphs. *This requires newer releases of Quarto!*

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## Acronyms

You can add acronyms using the acronyms extension and shortcodes. For example, {{< acr qmd >}} gives you Quarto document (qmd). Then, when you use {{< acr qmd >}} subsequent times, it would simply show the acronym, like so: qmd. Very convenient. When talking about qmd frontmatter, you might say:

Quarto document (qmd) uses YAML Aint Markup Language (YAML) for frontmatter, metadata, and settings. YAML is convenient and human-readable.

And the actual text in the file is:

>{{< acr qmd first\_use=true >}} uses {{< acr YAML >}} for frontmatter,  
metadata, and settings. {{< acr YAML >}} is convenient and human-readable.

Since we used the qmd acronym in the paragraph above, we needed to add the first\_use=true option to force the full acronym usage. You’ll also notice the {.NoIndent} class attached to this paragraph and the line above the code block above. Nice little addition. Readers are better able to follow your ideas if you differentiate sections in your introduction with headings. Mostly stick to level 2 headers. Sometimes level 3 headings are needed, though. Be sparing to the point of stinginess with levels 4 and 5.

All headings should be in title case according to [these rules and exceptions](https://apastyle.apa.org/style-grammar-guidelines/capitalization/title-case).

## Level 2 Heading

Subsections of the introduction have level 2 headings. A paragraph after a level 2 Heading is on a new line. Regular paragraphs are indented, flush left, and double-spaced.

You do not need to put text after a heading. You can put a higher-level heading directly underneath if you want.

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## A Level 2 Heading Without Text Below It

### Level 3 Heading

Subsections of a level 2 heading are placed under level 3 headings. Nunc ac dignissim magna. Vestibulum vitae egestas elit. Proin feugiat leo quis ante condimentum, eu ornare mauris feugiat. Pellentesque habitant morbi tristique senectus et netus et malesuada fames ac turpis egestas. Mauris cursus laoreet ex, dignissim bibendum est posuere iaculis. Suspendisse et maximus elit. In fringilla gravida ornare. Aenean id lectus pulvinar, sagittis felis nec, rutrum risus. Nam vel neque eu arcu blandit fringilla et in quam. Aliquam luctus est sit amet vestibulum eleifend. Phasellus elementum sagittis molestie. Proin tempor lorem arcu, at condimentum purus volutpat eu. Fusce et pellentesque ligula. Pellentesque id tellus at erat luctus fringilla. Suspendisse potenti. Etiam maximus accumsan gravida. Maecenas at nunc dignissim, euismod enim ac, bibendum ipsum. Maecenas vehicula velit in nisl aliquet ultricies. Nam eget massa interdum, maximus arcu vel, pretium erat. Maecenas sit amet tempor purus, vitae aliquet nunc. Vivamus cursus urna velit, eleifend dictum magna laoreet ut. Duis eu erat mollis, blandit magna id, tincidunt ipsum. Integer massa nibh, commodo eu ex vel, venenatis efficitur ligula. Integer convallis lacus elit, maximus eleifend lacus ornare ac. Vestibulum scelerisque viverra urna id lacinia. Vestibulum ante ipsum primis in faucibus orci luctus et ultrices posuere cubilia curae; Aenean eget enim at diam bibendum tincidunt eu non purus. Nullam id magna ultrices, sodales metus viverra, tempus turpis.

### Another Level 3 Heading

#### Level 4 Heading.

A level 4 heading should be indented, flush left, bold, title case, and end with a period. A paragraph after a level 4 or 5 heading is on a new line in this markdown document but will appear as if it were in the same paragraph when rendered. You need at least one paragraph after a level 4 or 5 heading. If you forget the period at the end of the level 4 or 5 heading, it will be added automatically. A period will not be added if the heading ends with a question mark or an exclamation point.

Subsequent paragraphs go on their own lines. Etiam maximus accumsan gravida. Maecenas at nunc dignissim, euismod enim ac, bibendum ipsum. Maecenas vehicula velit in nisl aliquet ultricies. Nam eget massa interdum, maximus arcu vel, pretium erat. Maecenas sit amet tempor purus, vitae aliquet nunc. Vivamus cursus urna velit, eleifend dictum magna laoreet ut. Duis eu erat mollis, blandit magna id, tincidunt ipsum. Integer massa nibh, commodo eu ex vel, venenatis efficitur ligula. Integer convallis lacus elit, maximus eleifend lacus ornare ac. Vestibulum scelerisque viverra urna id lacinia. Vestibulum ante ipsum primis in faucibus orci luctus et ultrices posuere cubilia curae; Aenean eget enim at diam bibendum tincidunt eu non purus. Nullam id magna ultrices, sodales metus viverra, tempus turpis. Duis ornare ex ac iaculis pretium. Maecenas sagittis odio id erat pharetra, sit amet consectetur quam sollicitudin. Vivamus pharetra quam purus, nec sagittis risus pretium at. Nullam feugiat, turpis ac accumsan interdum, sem tellus blandit neque, id vulputate diam quam semper nisl. Donec sit amet enim at neque porttitor aliquet. Phasellus facilisis nulla eget placerat eleifend. Vestibulum non egestas eros, eget lobortis ipsum. Nulla rutrum massa eget enim aliquam, id porttitor erat luctus. Nunc sagittis quis eros eu sagittis. Pellentesque dictum, erat at pellentesque sollicitudin, justo augue pulvinar metus, quis rutrum est mi nec felis. Vestibulum efficitur mi lorem, at elementum purus tincidunt a. Aliquam finibus enim magna, vitae pellentesque erat faucibus at. Nulla mauris tellus, imperdiet id lobortis et, dignissim condimentum ipsum. Morbi nulla orci, varius at aliquet sed, facilisis id tortor. Donec ut urna nisi.

##### Level 5 Heading.

A level 5 heading should be indented, flush left, bold italic, title case, and end with a period. Notice that there was no period after this level 5 heading in the markdown document, but it does appear in the rendered document.

Subsequent paragraphs go on their own lines.Praesent ornare dolor turpis, sed tincidunt nisl pretium eget. Curabitur sed iaculis ex, vitae tristique sapien. Quisque nec ex dolor. Quisque ut nisl a libero egestas molestie. Nulla vel porta nulla. Phasellus id pretium arcu. Etiam sed mi pellentesque nibh scelerisque elementum sed at urna. Ut congue molestie nibh, sit amet pretium ligula consectetur eu. Integer consectetur augue justo, at placerat erat posuere at. Ut elementum urna lectus, vitae bibendum neque pulvinar quis. Suspendisse vulputate cursus eros id maximus. Duis pulvinar facilisis massa, et condimentum est viverra congue. Curabitur ornare convallis nisl. Morbi dictum scelerisque turpis quis pellentesque. Etiam lectus risus, luctus lobortis risus ut, rutrum vulputate justo. Nulla facilisi. Proin sodales neque erat, varius cursus diam tincidunt sit amet. Etiam scelerisque fringilla nisl eu venenatis. Donec sem ipsum, scelerisque ac venenatis quis, hendrerit vel mauris. Praesent semper erat sit amet purus condimentum, sit amet auctor mi feugiat. In hac habitasse platea dictumst. Nunc ac mauris in massa feugiat bibendum id in dui. Praesent accumsan urna at lacinia aliquet. Proin ultricies eu est quis pellentesque. In vel lorem at nisl rhoncus cursus eu quis mi. In eu rutrum ante, quis placerat justo. Etiam euismod nibh nibh, sed elementum nunc imperdiet in. Praesent gravida nunc vel odio lacinia, at tempus nisl placerat. Aenean id ipsum sed est sagittis hendrerit non in tortor.

## How to Cite References

I am going to cite a reference here in square brackets (Cameron & Trivedi, 2013). This reference was in my bibliography file. Duis urna urna, pellentesque eu urna ut, malesuada bibendum dolor. Suspendisse potenti. Vivamus ornare, arcu quis molestie ultrices, magna est accumsan augue, auctor vulputate erat quam quis neque. Nullam scelerisque odio vel ultricies facilisis. Ut porta arcu non magna sagittis lacinia. Cras ornare vulputate lectus a tristique. Pellentesque ac arcu congue, rhoncus mi id, dignissim ligula. Praesent ornare dolor turpis, sed tincidunt nisl pretium eget. Curabitur sed iaculis ex, vitae tristique sapien. Quisque nec ex dolor. Quisque ut nisl a libero egestas molestie. Nulla vel porta nulla. Phasellus id pretium arcu. Etiam sed mi pellentesque nibh scelerisque elementum sed at urna. Ut congue molestie nibh, sit amet pretium ligula consectetur eu. Integer consectetur augue justo, at placerat erat posuere at. Ut elementum urna lectus, vitae bibendum neque pulvinar quis. Suspendisse vulputate cursus eros id maximus. Duis pulvinar facilisis massa, et condimentum est viverra congue. Curabitur ornare convallis nisl. Morbi dictum scelerisque turpis quis pellentesque. Etiam lectus risus, luctus lobortis risus ut, rutrum vulputate justo. Nulla facilisi.

### Parenthetical References

Here are some variations on parenthetical citations:

* Page references (or any other suffixes are placed after the reference. If you want a comma, you’ll need to insert it yourself: (Cameron & Trivedi, 2013, pp. 35–41)
* Prefixes (with or without a comma) are placed before the reference: (e.g., Cameron & Trivedi, 2013).
* 2 or more citations separated by a semicolon (Cameron & Trivedi, 2013; Cohen et al., 2003). If you need a prefix at the beginning of 2 or more citations, you will have rearrange the citations so that the prefix accompanies the citation that is first alphabetically. That is, (e.g., Cameron & Trivedi, 2013; Cohen et al., 2003), not (Cameron & Trivedi, 2013; e.g., Cohen et al., 2003)
* Any prefixes or suffixes needing a literal semicolon will confuse Quarto (actually Pandoc). To make it clear that you need to print a semicolon, put a backslash before the semicolon: (FOIL; Cameron & Trivedi, 2013).

### In-Text references

* Cameron and Trivedi (2013) said some interesting things.
* Cohen et al. (2003, pp. 101–103) said specific things on specific pages.
* Place the reference’s year by itself with a minus sign: (2013)

### Masked references

Suppose you want to cite a previous reference of yours, but your anonymity is supposed to be protected in the review process. You can “mask” any citation you wish by setting the mask field in the metadata yaml to true. Then list all citations that need to be masked in the masked-citations field as shown in this template. If the mask field is set to false, they will print as ususual. Depending if it is an inline or parenthetical citation, will be listed as “Masked Citations (n.d)” or “(Masked Citations, n.d)”.

I have set two of my publications to be masked. In previous studies, things were asserted (Masked Author, n.d.). Masked Author (n.d.) asserted them emphatically.

You can mix masked and unmasked citations (Cohen et al., 2003; Masked Author, n.d.). Lorem ipsum dolor sit amet, consectetur adipiscing elit. Duis sagittis posuere ligula sit amet lacinia. Duis dignissim pellentesque magna, rhoncus congue sapien finibus mollis. Ut eu sem laoreet, vehicula ipsum in, convallis erat. Vestibulum magna sem, blandit pulvinar augue sit amet, auctor malesuada sapien. Nullam faucibus leo eget eros hendrerit, non laoreet ipsum lacinia. Curabitur cursus diam elit, non tempus ante volutpat a. Quisque hendrerit blandit purus non fringilla. Integer sit amet elit viverra ante dapibus semper. Vestibulum viverra rutrum enim, at luctus enim posuere eu. Orci varius natoque penatibus et magnis dis parturient montes, nascetur ridiculus mus. Nunc ac dignissim magna. Vestibulum vitae egestas elit. Proin feugiat leo quis ante condimentum, eu ornare mauris feugiat. Pellentesque habitant morbi tristique senectus et netus et malesuada fames ac turpis egestas. Mauris cursus laoreet ex, dignissim bibendum est posuere iaculis. Suspendisse et maximus elit. In fringilla gravida ornare. Aenean id lectus pulvinar, sagittis felis nec, rutrum risus. Nam vel neque eu arcu blandit fringilla et in quam. Aliquam luctus est sit amet vestibulum eleifend. Phasellus elementum sagittis molestie. Proin tempor lorem arcu, at condimentum purus volutpat eu. Fusce et pellentesque ligula. Pellentesque id tellus at erat luctus fringilla. Suspendisse potenti.

## Block Quotes and Suppressing Indentation

Sometimes you want to give a longer quote that needs to go in its own paragraph. Block quotes are on their own line starting with the > character. For example, Jane Austen’s (1814/1990) *Mansfield Park* has some memorable insights about the mind:

If any one faculty of our nature may be called more wonderful than the rest, I do think it is memory. There seems something more speakingly incomprehensible in the powers, the failures, the inequalities of memory, than in any other of our intelligences. The memory is sometimes so retentive, so serviceable, so obedient; at others, so bewildered and so weak; and at others again, so tyrannic, so beyond control! We are, to be sure, a miracle every way; but our powers of recollecting and of forgetting do seem peculiarly past finding out. (p. 163)

If the text after a quote is a new paragraph, you can create it in the usual fashion (i.e., plain text with an empty line between the block text and the new paragraph). However, if the text after a quote is part of the same paragraph, you can suppress the indentation by creating a div with the .NoIndent class. This paragraph is an example of how to do so.

## Hypotheses, Aims, and Objectives

The last paragraph of the introduction usually states the specific hypotheses of the study, often in a way that links them to the research design.

# Method

General remarks on method. This paragraph is optional.

Not all papers require each of these sections. Edit them as needed. Consult the [Journal Article Reporting Standards](https://apastyle.apa.org/jars) for what is needed for your type of article.

## Participants

Who are they? How were they recruited? Report criteria for participant inclusion and exclusion. Perhaps some basic demographic stats are in order. A table is a great way to avoid repetition in statistical reporting.

## Measures

This section can also be titled **Materials** or **Apparatus**. Whatever tools, equipment, or measurement devices used in the study should be described.

### Measure A

Describe Measure A.

### Measure B

Describe Measure B.

## Procedure

What did participants do?

How are the data going to be analyzed?

# Results

## Descriptive Statistics

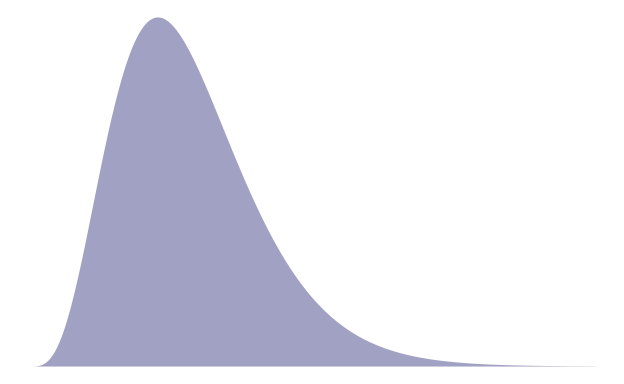
Here we describe the basic characteristics of our primary variables.

## Displaying Figures

Let’s make a figure. A reference label for a figure must have the prefix fig-, and in a code chunk, the caption must be set with fig-cap.

Figure 1

This is the figure caption.



Source: [Article Notebook](https://mavrxlab.github.io/project-template/index.qmd.html)

*Note*. This is the note below the figure.

To refer to any figure or table, use the @ symbol followed by the reference label, eg., [Figure 1](#fig-myplot).

## Updated Syntax for Figures and Tables

A previous version of this extension used the apafg- prefix for figure chunk labels and apatb- prefix for tables. It was always in the plan to use standard Quarto syntax as soon as possible. It is now possible. Replace all instances of apafg- with the standard Quarto prefix fig-. Likewise, replace the non-standard apatb- prefix with the standard Quarto prefix tbl-.

Also replace all text references to figures and tables using standard Quarto syntax. For example, {apafg-myplot} should now be @fig-myplot instead.

## Imported Graphics

One way to import an existing graphic as a figure is to use knitr::include\_graphics in a code chunk. For example, [Figure 2](#fig-importedgraphic) is an imported image. Note that in apaquarto-pdf documents, we can specify that that a figure or table should span both columns when in journal mode by setting the apa-twocolumn chunk option to true. For other formats, this distinction does not matter.

Figure 2

This is an imported graphic.



Source: [Article Notebook](https://mavrxlab.github.io/project-template/index.qmd.html)

## Displaying Tables

We can make a table the same way as a figure. Generating a table that conforms to APA format in all document formats can be tricky. When the table is simple, the kable function from knitr works well. Feel free to experiment with different methods, but I have found that David Gohel’s [flextable](https://davidgohel.github.io/flextable/) to be the best option when I need something more complex.

Table 1

Here is the table caption.

| Numbers | Letters |
| --- | --- |
| 1 | A |
| 2 | B |
| 3 | C |
| 4 | D |

*Note*. Here is the note below the table.

Source: [Article Notebook](https://mavrxlab.github.io/project-template/index.qmd.html)

To refer to this table in text, put the table’s reference label in curly braces like so: As seen in [Table 1](#tbl-mytable), the first few numbers and letters of the alphabet are displayed.

In [Table 2](#tbl-mymarkdowntable), there is an example of a plain markdown table with a note below it.

Table 2

Table caption of a markdown table

| Default | Left | Right | Center |
| --- | --- | --- | --- |
| 12 | 12 | 12 | 12 |
| 123 | 123 | 123 | 123 |
| 1 | 1 | 1 | 1 |

*Note*. This is a note below the markdown table.

What if you want the tables and figures to be at the end of the document? In the .pdf format, you can set the floatsintext option to false. For .html and .docx documents, there is not yet an automatic way to put tables and figures at the end. You can, of course, just put them all at the end, in order. The reference labels will work no matter where they are in the text.

# Discussion

Describe results in non-statistical terms. Duis urna urna, pellentesque eu urna ut, malesuada bibendum dolor. Suspendisse potenti. Vivamus ornare, arcu quis molestie ultrices, magna est accumsan augue, auctor vulputate erat quam quis neque. Nullam scelerisque odio vel ultricies facilisis. Ut porta arcu non magna sagittis lacinia. Cras ornare vulputate lectus a tristique. Pellentesque ac arcu congue, rhoncus mi id, dignissim ligula. Praesent ornare dolor turpis, sed tincidunt nisl pretium eget. Curabitur sed iaculis ex, vitae tristique sapien. Quisque nec ex dolor. Quisque ut nisl a libero egestas molestie. Nulla vel porta nulla. Phasellus id pretium arcu. Etiam sed mi pellentesque nibh scelerisque elementum sed at urna. Ut congue molestie nibh, sit amet pretium ligula consectetur eu. Integer consectetur augue justo, at placerat erat posuere at. Ut elementum urna lectus, vitae bibendum neque pulvinar quis. Suspendisse vulputate cursus eros id maximus. Duis pulvinar facilisis massa, et condimentum est viverra congue. Curabitur ornare convallis nisl. Morbi dictum scelerisque turpis quis pellentesque. Etiam lectus risus, luctus lobortis risus ut, rutrum vulputate justo. Nulla facilisi.

## Limitations and Future Directions

Every study has limitations. Based on this study, some additional steps might include… Etiam congue quam eget velit convallis, eu sagittis orci vestibulum. Vestibulum at massa turpis. Curabitur ornare ex sed purus vulputate, vitae porta augue rhoncus. Phasellus auctor suscipit purus, vel ultricies nunc. Nunc eleifend nulla ac purus volutpat, id fringilla felis aliquet. Duis vitae porttitor nibh, in rhoncus risus. Vestibulum a est vitae est tristique vehicula. Proin mollis justo id est tempus hendrerit. Praesent suscipit placerat congue. Aliquam eu elit gravida, consequat augue non, ultricies sapien. Nunc ultricies viverra ante, sit amet vehicula ante volutpat id. Etiam tempus purus vitae tellus mollis viverra. Donec at ornare mauris. Aliquam sodales hendrerit ornare. Suspendisse accumsan lacinia sapien, sit amet imperdiet dui molestie ut. Etiam non efficitur urna, quis elementum nisi. Mauris posuere a augue vel gravida. Praesent luctus erat et ex iaculis interdum. Nulla vestibulum quam ac nunc consequat vulputate. Nullam iaculis lobortis sem sit amet fringilla. Aliquam semper, metus ut blandit semper, nulla velit fermentum sapien, fermentum ultrices dolor sapien sed leo. Vestibulum molestie faucibus magna, at feugiat nulla ullamcorper a. Aliquam erat volutpat. Praesent scelerisque magna a justo maximus, sit amet suscipit mauris tempor. Nulla nec dolor eget ipsum pellentesque lobortis a in ipsum. Morbi turpis turpis, fringilla a eleifend maximus, viverra nec neque. Class aptent taciti sociosqu ad litora torquent per conubia nostra, per inceptos himenaeos.

## Conclusion

Let’s sum this up. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Duis sagittis posuere ligula sit amet lacinia. Duis dignissim pellentesque magna, rhoncus congue sapien finibus mollis. Ut eu sem laoreet, vehicula ipsum in, convallis erat. Vestibulum magna sem, blandit pulvinar augue sit amet, auctor malesuada sapien. Nullam faucibus leo eget eros hendrerit, non laoreet ipsum lacinia. Curabitur cursus diam elit, non tempus ante volutpat a. Quisque hendrerit blandit purus non fringilla. Integer sit amet elit viverra ante dapibus semper. Vestibulum viverra rutrum enim, at luctus enim posuere eu. Orci varius natoque penatibus et magnis dis parturient montes, nascetur ridiculus mus. Nunc ac dignissim magna. Vestibulum vitae egestas elit. Proin feugiat leo quis ante condimentum, eu ornare mauris feugiat. Pellentesque habitant morbi tristique senectus et netus et malesuada fames ac turpis egestas. Mauris cursus laoreet ex, dignissim bibendum est posuere iaculis. Suspendisse et maximus elit. In fringilla gravida ornare. Aenean id lectus pulvinar, sagittis felis nec, rutrum risus. Nam vel neque eu arcu blandit fringilla et in quam. Aliquam luctus est sit amet vestibulum eleifend. Phasellus elementum sagittis molestie. Proin tempor lorem arcu, at condimentum purus volutpat eu. Fusce et pellentesque ligula. Pellentesque id tellus at erat luctus fringilla. Suspendisse potenti.

# References

Austen, J. (1990). *Mansfield Park*. Oxford University Press. (Original work published 1814)

Cameron, A. C., & Trivedi, P. K. (2013). *Regression analysis of count data* (2nd ed.). Cambridge University Press. <https://doi.org/10.1017/CBO9781139013567>

Cohen, J., Cohen, P., West, S. G., & Aiken, L. S. (2003). *Applied multiple regression/correlation analysis for the behavioral sciences* (3rd ed.). Lawrence Erlbaum Associates.

Masked Author. (n.d.). *Masked Title*.

# Appendix A: List of Acronyms

qmd

Quarto document

YAML

YAML Aint Markup Language