



Go... NAKED!

Availabe 9am - 2pm Daily

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Availabe 12pm – 11pm Daily

Gluten Free Granola and Fresh Fruit €12 Grrek yoghurt, kiwi, strawberry, blueberry, banana and topped with combinations of nuts, seeds, dragon fruits.
Açaí Bowl Banana, gluten free granola, coconut shavings, pineapple, blueberries, chia seeds and passionate. BE NAUGHTY like Troy and add peanut or almond butter, nuttella or white chocolate for 1 euro extra per scoop
Breakfast Bagel €10 Our fresh bagels with our award winning tomatos, bacon & scrambled eggs
Avo Toast Our fresh toasted bread with smashed avocado and award winning tomatos
Our Bio Hacking Breakfast Breakfast with a california twist, beetoot & apple bircher with Avocado and light lentil granola €12
Healthy Green Crepes €10 Spinach crepes filled with cherry tomato, feta cheese and spring onions
Naughty Chocolate Pancakes 3 buttermilk panckakes, with sliced banana, strawberries and blueberries, dizzled in nutella and topped with kinder bueno
Pamela's Tomato and Mushroom Toast €10 Our freshly baked bread with our award winning tomatoes, marinated in olive oil, garlic, ibicencan salt and topped with mushrooms! Some say its magic!
Omelette Your Way €10/plain €8 Choose to have plain, made with egg whites, or fill with a coice of ham, cheese, peppers, carrot, bacon, tomoto or spinach
Scrambled Eggs €10 Served on our freshly baked bread. Vegan tofu eggs also available
Eggs Royale €13.5 Your choice of our fresh bread, hash browns or pancakes, with poached eggs, spinach, smoked salmon and hollandaise
Eggs Florentine Your choice of our fresh bread, hash browns or pancakes, with poached eggs, tomato, spinach and hollandaise €12
The Benedict! €12.5

Your Choice of our fresh bread, hash browns or pancakes, with

poached eggs, bacon and hollandaise

Availabe 7am 2pm bany	
Stuffed Croissants Choose from, ham, cheese, pastrami, tomato, tofu eggs, bacon, beef tenderloin, lettuce or spinach	€5
Over Night Oats Choose our healthy option, peanut butter mars bar or our mixed be	€9 erries
Blue Spirulina & Chia Pudding With blueberrries, banana & coconut	€12
Tuna & Cheese Melt	€11
Ham and Cheese Melt	€10
Bacon Lettuce & Tomato Toastada Crispy bacon, lettuce and our award winning tomato on our fresh to	€10 pasted bread
Truffle Bacon & Cream Cheese Bagel	€12.5
Avocado, Apple and Peach Bagel	€10
Chicken Caesar Wrap Baby jem letuce, grilled free range chicken breast, Add Baccaesar dressing and shaved parmesan	€12.5 con +€1.5
Vegan Rainbow Wrap Wheat tortilla, filed with seasonable veg, vegan cream cheese & qu	€11 nioa
Our Healthy Salads	
Availabe 12pm - 11pm Daily	
Surf with Salmon Salad	€20.5
Healthy Chicken Salad	€20
Con Queso! Choose Burrata or Goats Cheese	€18
Seared Tuna Seared fresh tuna from Almadrava with mango mayo	€14
Turf Baby lettuce, fresh coriander, red chili, spring onions, red radish, fresh mint leaves, basil, peanuts and lime dressing	€18
Add protein: Free range chicken €4.5,	

Calamari	€9.5	
Iberian Ham Cheese Crouqette A timeless Spanish favourite, topped with a little NAKED GROUND surprise	€9	
Gambass	€12	
Scallops	€12	
White Truffle & Mushrom Arancini	€11	
Tuna Tataki	€14	
Spanish Tortilla Pan cooked to order, perfect for sharing	€9	
Patatas Bravas	€8	
Beetrot & Pesto Burrata Creamy whole burrata with home made pesto, cubed beetroot and our award winning tomatoes	€9.5	
Roasted Pineapple & Chilli Brocoli Skweres Open fire roasted pineapple, with tenderstem broccoli dused in chilli flakes	€9.5	
Tony's Meatballs Served in a rich Spanish tomato sauce	€9	
Peanut Satay Asaparagus & Baked Sweet Potato Open fire roasted skin on sweet potato, with juicy asparagus accompanied with our peanut satay dip	€9.5	
Iberico Ham And Cheese Platter	€19.5	
Sweet		
Carrot Cake	€4.5	
Banana Bread Be naughty like Troy and add: peanut butter/fresh banana/chocolate nibs/white chocolate/hazeInut spread I Choose 2 items for €1.5 or 3 items for €2	€3.5 t	
Strawberry Tart Homemade red fruit and strawberry pie	e €4	
Apple Tart	€4	
Chocolate Cake	€4.5	
Naughty Nutella Bites		
New York City Cookie Dough		

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