

Susannah - AOW 2 Response.pdf

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Less Homework=Less Stress

In recent discussions of homework, a controversial issue has been whether it has a negative or positive impact on students today. Denise Pope draws attention to this issue in their article "Does Homework Work When Kids Are Learning All Day at Home?". On the one hand, some argue that kids should have homework after school. From this perspective, they think it is good to get more work in. On the other hand, however, others argue that coming home from school and having homework is stupid. According to this view they believe that seven hours of school is enough and that we shouldn't have homework. In sum then, the issue is whether homework is very important to have and do or if it is too much of a stressor and that we should not have it. My own view is that it is ok to have just a little bit of homework in a few classes but nothing that will take you all night or just stress you out to your max.

The more homework students have the less they will be willing to do it or complete it to the best of their ability. I don't think some teachers understand that "When students perceive homework as busy work, meaningless, or of little value to the teacher, they are less likely to complete it and may become less interested in learning and in school in general"(Pope). Students tend to know when a teacher is giving you something just to give you something. It is hard to be a student and having to wake up so early to go to school and go to a sport after school just to get home at like 5 o'clock just to start your homework, but you still want to speed time with your family and have some time to just relax and lay down. The only thing I really like about homework is the feeling of when you finish all of it and you are so proud of yourself and you can finally just lay down or just do whatever you want or when you finish the school day and you realize that you don't have any homework at all. Gosh those are truly two of the best feelings in the world.

These days I feel doctors and mental physicians have been focusing more on kids' health. Not just physical but more mental. The effect of school is one of the biggest topics. They have recently discovered that "Having too much homework is certainly part of the problem when it comes to students stress levels" (Denise Pope). I strongly agree with this statement. It is so important that we have time to relax, especially after already going to school for seven hours. There have been many nights that I have had to stay up extremely late just to get all my homework done and at that point all the work I turned in the next day wasn't even good because I was so tired when I was trying to complete it. I also understand and respect when a student is goofing off in class and the teacher tells them to take it home. I know that has happened to me and I wasn't even mad about it and it just made me respect the teacher even more. I don't love homework but I also don't hate it. I just wish teachers would never assign over an hour in total a day of homework. Since we already are at school 7 hours a day I don't think that is too much to ask for.

In conclusion I hope teachers acknowledge that homework is just a very stressful and time consuming thing. Of course there are benefits or times that it is helpful or needed, but a bunch of busy work that will keep us up all night should not be allowed. I believe if homework wasn't such a big thing that students would perform better in school and have more time to focus on studying.

