

Max Moser

+44 7834704085 | max.moser@ucl.ac.uk

 [LinkedIn](#) |  [GitHub](#) |  [Google scholar](#)

Stoke Newington, London

OBJECTIVE

Seeking a challenging position in research where I can apply my expertise in mixed-methods research, systematic reviews, and advanced quantitative and qualitative analysis to produce high-quality, impactful research. I bring extensive experience in evidence synthesis, data analytics, health economic modeling, and meta-analysis. Skilled in translating rigorous research into clear, publishable outputs, I am passionate about integrating qualitative insights with robust quantitative findings and collaborating with cross-disciplinary teams in order to translate and communicate research findings into clear actionable insights.

EXPERIENCE

- **Anna Freud Centre & Royal Australian and New Zealand College of Psychiatry** October 2023 - July 2025
Research Officer London, United Kingdom
 - Successfully bid for a project reviewing the effectiveness of long-term psychodynamic psychotherapy (LTPP) for mood disorders, employing multilevel meta-analysis and qualitative synthesis.
 - Led a multi-institutional research project involving a qualitative review and a multi-level meta-analysis of psychodynamic psychotherapy randomised controlled trials, and primary interview studies of patients, carers, and consumers of LTPP.
- **University College London** February 2022 – October 2023
Clinical, Educational and Health Psychology (Research Assistant) London, United Kingdom
 - Conducted systematic reviews and meta-analyses, including a meta-analysis of mentalization-based treatment RCTs and a review of reflective functioning in psychotherapy.
 - Supported Prof. Peter Fonagy's (CBE) work with NHS England, contributing to refreshed guidelines on eating disorder care pathways and alternative therapies.
 - Conducted cost-effectiveness analysis and health economic modelling to evaluate mental health interventions and inform policy recommendations.

SKILLS

- **Qualitative Research:** Expertise in semi-structured interviews, focus groups, and thematic analysis; experience with NVivo for qualitative data analysis
- **Quantitative Research:** Statistical modelling and analysis using R, Stata, SPSS (multi-level and hierarchical modelling, Bayesian analysis, cost-effectiveness analysis, network meta-analysis)
- **Mixed-Methods Research:** Integration of qualitative and quantitative data for health services and public health research; expertise in meta-synthesis and evidence synthesis
- **Data Management and Analysis Tools:** R (advanced statistical modelling, data manipulation, and Bayesian methods), Python, Stata, SPSS, JAGS, Stan, NVivo, Excel
- **Systematic Reviews and Meta-Analysis:** PRISMA-compliant systematic reviews, multi-level and Bayesian meta-analysis, realist review approaches
- **Academic Writing and Dissemination:** Grant writing, manuscript preparation, policy briefs, and stakeholder engagement
- **Project and Team Collaboration:** Experience working with NHS providers, local authorities, and public health teams; research governance and ethical clearance; effective project management in multidisciplinary teams

EDUCATION

- **University College London** Sept 2022 - April 2025
PhD Clinical, Educational and Health Psychology London, United Kingdom
 - Reviewed evidence for long-term psychodynamic psychotherapy (LTPP) in depression, including a systematic review of patient experiences and a multi-level meta-analysis of randomised controlled trials.
- **University College London** Sept 2020 - Sept 2021
MSc Psychological Sciences London, United Kingdom
 - Grade: Distinction.
- **University College London** Sept 2016 - May 2019
BA Philosophy (1st Class Honours) London, United Kingdom
 - Grade: 1st Class Honours.

- [S.4] Moser, Max, et al. (2025). **Patient experiences of long-term psychodynamic psychotherapy for mood disorders: A naturalistic semi-structured interview study.** Manuscript under review at *Psychotherapy*.
- [S.3] Moser, Max, et al. (2025). **Supporting patients receiving long-term psychodynamic psychotherapy: A semi-structured interview study into the lived experiences of providers and carers.** Manuscript under review at *Psychotherapy*.
- [S.2] Moser, Max, et al. (2025). **Long-term psychodynamic psychotherapy for depression and complex depression: A systematic review and meta-analysis of randomized controlled trials.** Manuscript submitted for publication in *World Psychiatry*.
- [S.1] Moser, Max, et al. (2025). **Patient experiences of long-term psychodynamic psychotherapy for mood and personality disorders: A systematic review and meta-aggregation of qualitative studies.** Manuscript accepted for publication in *Journal of Counseling Psychology*.
- [J.3] Luyten, P., Moser, M., & Fonagy, P. (2025). **Letter to the editor: Serious concerns about 'Concerns over the process and outcomes of the review by the Royal Australian and New Zealand College of Psychiatrists into long-term psychodynamic psychotherapy'.** *Australian & New Zealand Journal of Psychiatry*, 59(7), 651–652.
- [J.2] Moser, Max, Barrett, A., Ozols, I., et al. (2024). **Mood disorders psychodynamic psychotherapy evidence review: A mixed-methods review of current evidence and interview study of long-term psychodynamic psychotherapy as a treatment for mood disorders.** Report to the Royal Australian and New Zealand College of Psychiatrists. London: Anna Freud Centre.
- [P.1] Moser, Max. (2024). **Why gaining power makes us out of touch with the people we lead.** *Fast Company*.
- [J.1] Luyten, Patrick, Campbell, Chloe, Moser, Max, Fonagy, Peter (2024). **The role of mentalizing in psychological interventions in adults: Systematic review and recommendations for future research.** *Clinical Psychology Review*, Vol. 108, March 2024, pp. 102380. DOI: <https://doi.org/10.1016/j.cpr.2024.102380>