Given a **1-indexed** array of integers numbers that is already **sorted** in **non-decreasing order**, find two numbers such that they add up to a specific target number. Let these two numbers be numbers [index₁] and numbers [index₂] where $1 \le index_1 \le index_2 \le numbers$.

Return the indices of the two numbers, index₁ and index₂, **added by one** as an integer array [index₁, index₂] of length 2.

The tests are generated such that there is **exactly one solution**. You **may not** use the same element twice.

Example 1:

```
Input: numbers = [2,7,11,15], target = 9

Output: [1,2]

Explanation: The sum of 2 and 7 is 9. Therefore, index<sub>1</sub> = 1, index<sub>2</sub> = 2. We return [1, 2].
```

Example 2:

```
Input: numbers = [2,3,4], target = 6

Output: [1,3]

Explanation: The sum of 2 and 4 is 6. Therefore index_1 = 1, index_2 = 3. We return [1, 3].
```

Example 3:

```
Input: numbers = [-1,0], target = -1
Output: [1,2]
Explanation: The sum of -1 and 0 is -1. Therefore index_1 = 1, index_2 = 2. We return [1, 2].
```

Constraints:

- 2 \leftarrow numbers.length \leftarrow 3 * 10⁴
- -1000 <= numbers[i] <= 1000
- numbers is sorted in non-decreasing order.
- -1000 <= target <= 1000
- The tests are generated such that there is exactly one solution.