Suppose t_1 and t_2 are two points in the domain of the curve with $t_2 > t_1$. We want expression for the distance between the points $(x(t_2), y(t_2))$ and $(x(t_1), y(t_1))$.

That is we want to evaluate

$$\Delta s = \sqrt{(x(t_2) - x(t_1))^2 + (y(t_2) - y(t_1))^2}$$

From the mean value theorem we have that there exits a $t_x \in [t_1, t_2]$ such that

$$\Delta x = x(t_2) - x(t_1)$$

$$= \frac{dx(t_x)}{dt}(t_2 - t_1)$$

$$= \frac{dx(t_x)}{dt}\Delta t$$

where

$$\frac{dx(t_x)}{dt} = \frac{dx}{dt} \bigg|_{t=t_x}$$

and $\Delta t = t_2 - t_1$.

Similarly for y there exists a value $t_y \in [t_1, t_2]$ such that

$$\Delta y = y(t_2) - y(t_1)$$

$$= \frac{dy(t_y)}{dt}(t_2 - t_1)$$

$$= \frac{dy(t_y)}{dt}\Delta t$$

Thus we have

$$\Delta s = \sqrt{\left(\frac{dx(t_x)}{dt}\right)^2 + \left(\frac{dy(t_y)}{dt}\right)^2} \Delta t$$

But to get the Riemann sum we need the differential to be evaluated at the points $(x(t_1), y(t_1))$.

$$\Delta s = \sqrt{\left(\frac{dx(t_x)}{dt}\right)^2 + \left(\frac{dy(t_y)}{dt}\right)^2} \Delta t$$

$$= \sqrt{\left(\frac{dx(t_1)}{dt}\right)^2 + \left(\frac{dy(t_1)}{dt}\right)^2} (t_2 - t_1) + \epsilon(t_1, t_2)$$

where

$$\epsilon(t_1, t_2) = \sqrt{\left(\frac{dx(t_x)}{dt}\right)^2 + \left(\frac{dy(t_y)}{dt}\right)^2} - \sqrt{\left(\frac{dx(t_1)}{dt}\right)^2 + \left(\frac{dy(t_1)}{dt}\right)^2}$$

Now we have

$$|\epsilon(t_1, t_2)| = \left| \sqrt{\left(\frac{dx(t_x)}{dt}\right)^2 + \left(\frac{dy(t_y)}{dt}\right)^2} - \sqrt{\left(\frac{dx(t_1)}{dt}\right)^2 + \left(\frac{dy(t_1)}{dt}\right)^2} \right|$$

$$\leq \sqrt{\left(\frac{dx(t_x)}{dt} - \frac{dx(t_1)}{dt}\right)^2 + \left(\frac{dy(t_y)}{dt} - \frac{dy(t_1)}{dt}\right)^2}$$

$$\leq \left| \frac{dx(t_x)}{dt} - \frac{dx(t_1)}{dt} \right| + \left| \frac{dy(t_y)}{dt} - \frac{dy(t_1)}{dt} \right|$$

where the first inequality comes from the reverse triangle inequality $||a| - |b|| \le |a - b|$ and the second comes from the regular triangle inequality $|a + b| \le |a| + |b|$.

Finally the first derivatives of x and y are continuous we can make $\epsilon(t_1, t_2)$ arbitrary small as we let Δt become small.