



We will continue to develop Plaid Cymru's Inspire Wales programme to involve all ages in sporting activity and ensure our people stay fit and healthy.

We want to see sport and fitness activities available to everyone in many different types of locations around Wales. This could include community centres, schools and colleges, and not just leisure centres or dedicated specialist sporting arenas.

Learning from Ireland's Local Sports Partnerships, we will look to deliver sporting participation regionally across Wales, linking between Welsh governing bodies, sports authorities, local authorities, schools, sports clubs and leisure centres to ensure communities

have the relevant sports and leisure facilities for their needs.

By familiarising young people and their families with different types of sports and activities, we hope to see more people taking part in sports, with subsequent beneficial effects upon health and wellbeing.

We think schools have an important role in promoting this, as well as volunteer and council-led organisations outside school.

Although we will promote fitness and activity at all ages, we will design particular schemes to encourage teenage girls to take part in fitness programmes.

In developing our Inspire Wales programme, we want elite athletes to play a role in promoting sport

across Wales, visiting schools, youth clubs and Summer events to inspire others to take part, including people of all abilities from all social, ethnic and economic backgrounds.

We will look into attracting the Tour de France to Wales, for both women and men.

We want to see a Welsh international cricket team that can compete in ICC events.

We will support the development of grassroots sports in every part of Wales, promoting Welsh national leagues where sporting development allows, and supporting existing structures, such as the Welsh Premier Football League.