Our plan of action:

We will deliver a strong NHS through a strong economy

We are set to increase health spending by more than £7 billion above and beyond inflation in the five years since 2010. And we will continue spend more on the NHS, in real terms, every year. The NHS is more efficient now than it has ever been. We will implement the NHS's own plan to improve health care even further – the Five Year Forward View. Because of our long-term economic plan, we are able to commit to increasing NHS spending in England in real terms by a minimum of £8 billion over the next five years. Combined with the efficiencies that the NHS Forward View sets out, this will provide the funding necessary to implement this plan in full.

We are prioritising resources to frontline services – with 9,500 more doctors and 6,900 more nurses

We will make the NHS more convenient for you

We want England to be the first nation in the world to provide a truly 7 day NHS. Already millions more people can see a GP 7 days a week, from 8am-8pm, but by 2020 we want this for everyone. We will now go further, with hospitals properly staffed, so that the quality of care is the same every day of the week. We will restore your right to access a specific, named GP – something that Labour abolished. We will ensure that your family doctor appointments and repeat prescriptions are routinely available online, wherever you live. And we will guarantee same-day GP appointments for all over 75s who need them.

We will offer you the safest and most compassionate care in the world

We will ensure that English hospitals and GP surgeries are the safest in the world, places where you are treated with dignity and respect. We will continue to eliminate mixed-sex wards and hospital infections. We will ensure

We have increased the NHS budget above inflation every year

that the NHS is accountable when mistakes are made, and implement the recommendations of the independent review into the Stafford Hospital scandal. We will ensure that the independent Care Quality Commission rates all hospitals, care homes and GP surgeries. We introduced expert Chief Inspectors to promote excellence and root out poor care, and we will continue to back them. We are deeply proud of our NHS staff, who are the best in the world. Over the last five years, we have hired thousands more doctors and nurses. We will continue to ensure that we have enough doctors, nurses and other staff to meet patients' needs, and consider how best to recognise and reward high performance.

We will help you make informed choices about your healthcare

We will improve standards in all areas of care. In 2013 we introduced the friends and family test so you could provide feedback on the care and treatment you received; we aim to increase the proportion of people who rate their experience as 'excellent' or 'very good'. We will boost transparency even further, ensuring you can access full information about the safety record of your hospital and other NHS or independent providers, and give patients greater choice over where and how they receive care. We will give you full access to your own electronic health records, while retaining your right to opt-out of your records being shared electronically.

We will support you and your family to stay healthy

We are helping people to stay healthy by ending the open display of tobacco in shops, introducing plain—packaged cigarettes and funding local authority public health budgets. We will take action to reduce childhood obesity and continue to promote clear food information. We will support people struggling with addictions and undertake a review into how

People deserve patient-centred healthcare not more bureaucracy