



All NHS buildings will be required to be energy efficient to cut waste and ensure more money for patient care.

Access to medicines and technology

Plaid Cymru will keep free prescriptions in Wales.

We will introduce a New Medicines and Treatments Fund for treatments not ordinarily available for patients on the NHS, with decisions applying nationally across Wales.

Improving IT in healthcare could help save lives. That's why we support the development of eHealth and Telemedicine, to increase quality and speed of patient care, and pushed for this in our 2013 Budget agreement.

Our clinical staff and medical researchers need the most comprehensive and up-to-date evidence-based information and Plaid Cymru supports the All Trials campaign for publication of all clinical trials.

We will also work to ensure that Wales improves its share of health research funding, attracting quality researchers to Wales.

Mental Health

So that people with mental health conditions get more help with diagnosis, treatment and advice, we shall work to raise awareness of mental health issues in the workplace and across society.

Plaid Cymru will increase access to talking therapies, as well as funding support for eating disorders, and drug and alcohol treatment. We will also increase resources for mental health services for young people in Wales.

Public Health

Sport and physical activity not only contribute to people's wellbeing and happiness - they lengthen and improve lives, and they are good for our country in terms of having a fit workforce and less of a burden on health services. We will make it easier for people to access

wellbeing facilities and to get active to prevent health problems.

To help reduce sugar intake, reduce obesity and combat associated health problems such as diabetes, Plaid Cymru supports a tax on sugary drinks and will work with manufacturers to reduce sugar in food and drink.

We support the introduction of plain packaging on tobacco products and other measures to stop addiction to smoking. We will introduce better regulation, including stricter marketing rules, on e-cigarettes.

We will introduce a 50p minimum price per unit on alcohol sales. This will tackle the crime and health problems which result from cheap but highly intoxicating drinks and will reduce violent, drunken behaviour.