

with them and shaped around their needs, the option of personal budgets where appropriate, and a single named person to coordinate their care. They will also receive better information and advice on managing their condition. These changes will help to end the frustration of families sick of being passed from pillar to post between different individuals and agencies.

Commissioning and budgets will be brought together at a local level to join up services and make sure that providers are incentivised to help people stay healthy and outside hospital, rather than simply waiting for them to fall ill.

Mental health will be given the same priority as physical health. People will have the same right to psychological therapies as they currently have to drugs and medical treatments. To help address the problem of undiagnosed mental illness, NHS staff training will include mental health. We will increase the proportion of the mental health budget that is spent on children, and make sure that teachers have training so they can identify problems early and link children up with support. To support young people's health and wellbeing, we will encourage the development of social and emotional skills, for example through the use of mindfulness to build resilience. And we will set out a strategy with the goal of ensuring that the great majority of patients can access talking therapies within 28 days, and that all children who need it can access school-based counselling.

A greater emphasis on prevention and public health is essential, not just to improve outcomes and tackle inequalities, but to ensure the NHS remains sustainable. For example, 3.2 million people are currently diagnosed with diabetes, and it is estimated that spending on treatment will rise from £10 billion to £17 billion a year over the next 25 years if action is not taken, such as to reduce levels of obesity. We will set a new national ambition to improve the uptake of physical activity and take targeted action on those high strength, low cost alcohol products that fuel problem drinking. And we will set maximum permitted levels of sugar, salt and fat in foods marketed substantially to children.