

2025-01-30 Meeting notes

 **Date** [🔗](#)

Jan 30, 2025

Start of sprint 1.

Scrum Master: Max

Agenda [🔗](#)

- Define project goals
 - Delegate tasks for the upcoming development phase.
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Project Goals [🔗](#)

- Build functionality for both a **Personal Trainer (PT)** and **Client** user type.
 - Core features under consideration:
 - Training plans, dietary plans, progress feedback, sharing training plans.
 - Possibly public profiles.
 - Ability to create workout sessions and lists of exercises.
 - Weekly plans, calendar views.
 - Track previous workout stats for progressive overload.
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Tasks to Start [🔗](#)

1. **Set up the database and schema** for initial functionality.
 2. **Create backend tests** to ensure reliability.
 3. **Implement user login and registration** functionality.
 4. **Create a landing page** to preview the user experience for different roles (PT, Client).
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Team Assignments [🔗](#)

- **Frontend:** Daniel & Max
- **Backend:** Andreas, August & Karoline

Max will refine and provide **more precise tasks** soon.

User Stories [🔗](#)

1. **As a Personal Trainer**, I want to provide my clients with the best possible service by offering personalized plans, monitoring their progress, and providing dietary guidance and feedback.
2. **As a Client**, I want to get the most out of my time and money spent on a personal trainer. I need an easy way to see my progress, follow my training and dietary plan, and receive personal feedback along the way.

Functionality in the First Iteration [🔗](#)

- Both **Client** and **PT** should be able to **register** and **view/create** workout sessions.
- When a **Client** registers, they must provide relevant info such as height, weight, and experience level.

Upcoming week [🔗](#)

- Finalize the detailed backlog for the first iteration.
 - Begin development on the database schema, backend tests, user authentication, and landing page.
 - Max will provide a more detailed breakdown of tasks for each team member.
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