

Prisha Thakkar

PSYCHOLOGY GRADUATE /
KATHAK DANCER &
TEACHER

I am a student of psychology finished my third year of Bachelors in Arts. I consider myself to be an upbeat leader, success driven, self-motivated, goal-oriented and a passionate multitasker. I have been learning the Indian classical dance form kathak for the past 12 years and am teaching for the past 4 years.

AKHIL BHARATIYA GANDHARVA
MAHAVIDYALAYA.

2022. Visharad Purna in Kathak

Expert Skills

Human Resource Management ● ● ● ● ●

Employee Engagement & ● ● ● ● ●

Welfare

Performance Management ● ● ● ● ●

Onboarding ● ● ● ● ●

Recruitment ● ● ● ● ●

Basic Computer Skills ● ● ● ● ●

SPSS ● ● ● ● ●

Problem Solving ● ● ● ● ●

Observation Skills ● ● ● ● ●

Leadership ● ● ● ● ●

Communication ● ● ● ● ●

Empathy ● ● ● ● ●

Active Listening ● ● ● ● ●

Research ● ● ● ● ●

CBT ● ● ● ● ●

Counselling ● ● ● ● ●

Editing apps like filmora & ● ● ● ● ●

imovies

Education History

UNIVERSITY OF MINNESOTA

2022. Human Resource Management: HR for people managers
Preparing to Manage Human Resources, Managing Employee Compensation, Human Resources Management
Capstone: HR for People Managers, Recruiting, Hiring, and Onboarding Employees & Managing Employee Performance

FERGUSON COLLEGE, PUNE

2019-2022. Bachelors in Arts (Psychology)
CGPA: 9.96/10

ARMY PUBLIC SCHOOL, KIRKEE

2017-2019. Higher Secondary Education - 11th and 12th
Percentage: 91.8% :PCB Psychology

BISHOP'S CO-ED SCHOOL, KALYANI NAGAR

2017. Secondary Education - 10th
Percentage: 95.33% : Science

Work Experience

KATHAK TEACHER & PERFORMER

Rujuta Soman Cultural Academy | Jun 2019-current

- Head of the kalyani nagar branch of RSCA
- Training students of beginner and intermediate level
- handling accounts and finances
- performed at various platforms

EVENT MANAGEMENT

Cultural events | 2020-2022

- Content writing and digital marketing for RSCA
- Core team member

VOLUNTEER

PsyFy College Club | 2019-2020

- Volunteer at college fest
- Event Management

Hobbies

Fitness & Yoga	● ● ● ● ●
Music Instruments	● ● ● ● ●
Dance	● ● ● ● ●
Music	● ● ● ● ●
Travel & Adventure	● ● ● ● ●

Research & Testing

- Developed a forty item questionnaire on Emotional Literacy with a reliability coefficient of 0.86 (October'20 –January'21)
- Conducted research on the effect of sibling relationships, attachment and adjustment in later life (Feb' 21-June'21)
- Working on a research study on Impact of being a dancer on Emotional Literacy, Time perspective, Self esteem and psychological well-being(Ongoing)

Contact



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Pune, Maharashtra, India.

Courses & Trainings

PSYCH SCHOOL, INDIA

Internship -Counselling Skills Training Program | 2021 - 2022.

- Training in Counselling Skills, Client-Counsellor Relationship Management in different Circumstances
- Ways to Manage one's Mental Health as a Mental Health Professional.
- Role plays by becoming client and psychologist

PSYLENS CENTRE - CBT FOR SOCIAL ANXIETY

Dec 21'. Learned the types of treatment plans that can be used to treat patients with social anxiety and how to implement them.

COURSERA

- **2020. The University of North Carolina at Chapel Hill.** Positive Psychology
- **2020. Johns Hopkins University.** Psychological First Aid
- **2020. The University of Edinburgh.** Know Thyself - The Unconscious

UDEMY - 2020

- Become a Pro handwriting analyst
- Handwriting Analysis A to Z
- Signature Analysis: Beginner to Advance
- 21 Day Happiness Challenge
- Life Coach Yourself
- Relationship Coaching- best tools for relationship
- The Complete Digital Marketing Course
- Internationally Accredited Diploma in Yoga Training