

Leadership

Being a leader in a community is important, due to how you can help those who want to be heard, form connections and empower those around you. From a little kid, I have wanted to be able to speak up and be a bold woman. As a shy kid, I grew up watching my mom speak in front of thousands of strangers, lead groups of people and make connections with anyone she meets. I aspired to be this way, able to speak my opinion without hesitation, and help bring together groups of people and create discussions in a supportive environment. I try to be a leader with my friends and my classmates during projects and in class during elementary school, even though it was hard to break out of my shell and state my ideas. I realized that confidence and leadership go hand in hand, and I can be a bold, confident leader who makes an impact on her community if I work on gaining confidence. I wrote a book about confidence as well, and have participated in many leadership opportunities in high school. I am a Youth Team Leader in Girls Inc and I helped little children during their summer camp, and led activities. I'm also a leader in my school, and I'm the president of Confidence Club, where I help teens build confidence, in a friendly environment. Aside from confidence building activities, my club also volunteers to help little kids gain confidence in reading. From personal experience, I know how hard it feels to not believe in yourself, and I really want to empower other people to be the best versions of themselves. Furthermore, I'm recently part of Girls Talk where I help middle school girls gain confidence as well. I think it is important to listen and show support for everyone in a community, and make sure that everyone feels like they can share their voice and that it is safe to do so. Listening is the most important quality of being a leader. I also have a Nursing Internship with Regional Occupation Program where I help patients in a hospital, and demonstrate leadership by working under the Personal Care Assistants and helping delegate tasks to other students and assisting the nurses and doctors. By improving my leadership abilities, I have discovered that I can make a difference, and that I have great ideas if I speak up.