



Welcome to **GarbhSarthi**

Your Womb's Chariot

START

Login

Singup



Mobile or Email

Continue

Login as Partner

[Terms and Conditions](#) [Privacy Policy](#)

Profile Setup



Due Date

Current Week



Father's Name (optional)



Yoga



Diet



Mantra

Save & Continue

Dashboard



Baby Growth

22 weeks



Today's Tasks

- Yoga
- Meditation
- Garbh Samvaad

Mood Tracker



Audio Mantra of
the Day



Home



Classes



Tracker



Community



Settings

My Daily Routine



Morning

Yoga

Done



Afternoon

Meditation

Done



Evening

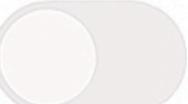
Garbh Samvaad

Pending



Night

Affirmations



Home



Classes



Tracker



Community



Settings

Live Classes

Sun Mon

Tue
22

Wed Thu

10:00 AM

Prenatal Yoga

Yamuna, Wombheal Instructor

Join

11:00 AM

Meditation

Meghana, Garbhsamvaad
Instructor

Notify Me

1:00 PM

Antenatal Class

Neha, Wombheal Instructor

Join



Home



Classes



Tracker



Community



Settings

Video Library

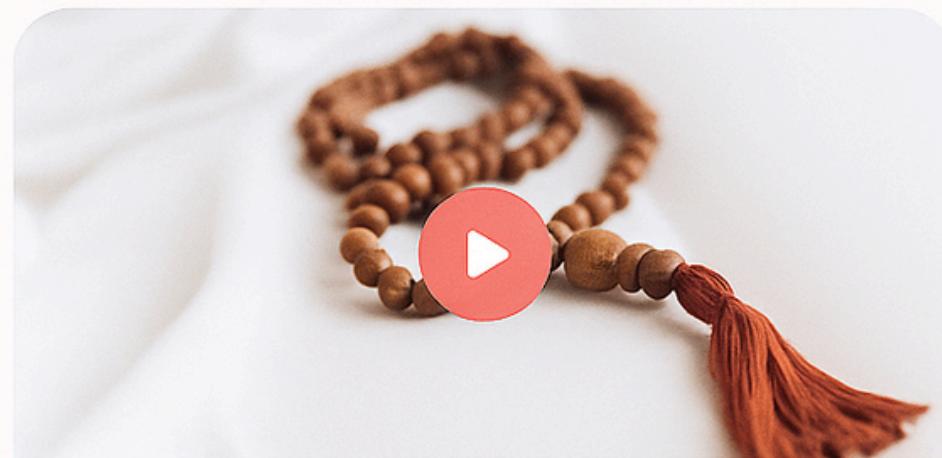
1st Trimester ▾

Category ▾



Prenatal Yoga

Yoga



Mantra Chanting



Home



Classes



Tracker



Community



Settings

Mood Tracker



Kick Counter



Sleep Tracker



Hydration Reminder

0 / 8 glasses



Home



Classes



Tracker



Community



Settings

Track Ovulation with Your Heartbeat

Place your finger gently on the camera
and flashlight for 60 seconds

Start Scan



You are likely ovulating
today. Best time to try
conceiving.

24 hr Fertile Window

| S | M | T | W | T | F | S | S | S |
|---|---|---|----|---|---|----|----|----|
| 8 | 8 | 9 | 10 | 8 | 9 | 10 | 11 | 12 |

Daily Reminder



This is not a medical diagnostic tool. Please
consult your doctor.



Home



Classes



Tracker



Community



Settings

Subscription Plans

Best Value

Free

Live Classes

Video Library

Ovulation Tracker

Community Access

[Choose Plan](#)

Premium



[Upgrade Plan](#)

Upgrade to unlock full features for
a healthier pregnancy journey.



Home



Classes



Tracker



Community



Settings

Settings

Language

English >

Notifications



Daily Reminders



Class Alerts



Community Updates



Edit Profile

Help Center/FAQs

Log Out



Home



Classes



Tracker



Community



Settings

