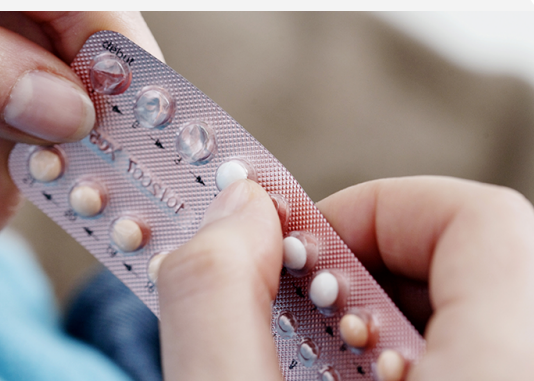




# HOW TO ACT IF I FORGET A PILL?

The pills should be taken at the same time each day, following the order of the blister. with or without food and with liquid.



## LESS THAN 12 HOURS

The forgotten tablet should be taken.  
Continue with the daily intake without any additional measures.

## MORE THAN 12 HOURS WEEK 1

Take the tablet as soon as possible, even if it means taking 2 pills at a time.

For the next 7 days a **barrier contraceptive method** should be used while continuing with the rest of the pills until the blister is finished.



## 7 DAYS BEFORE?

## WEEK 2

Take the tablet as soon as possible and finish with the blister.

- If the pills have been taken correctly in the 7 days prior to forgetting, NO additional measures are necessary.
- If you forget to take more than one tablet, additional measures will be taken for 7 days.

## WEEK 3

There are **two options**:

- Take the forgotten tablet + continue with the daily intake until you finish with the active pills. Then start a new blister without taking a break (or without taking the placebo pills). No bleeding will appear until the end of the second blister.
- Stop taking the active pills, advance the 7 days of rest and when finished start a new blister. Bleeding will appear once the rest days begin.

