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Chest pain in adults: Symptom Checker

**DocID**

No DocID – not contained in FarCry

**Title**

Chest pain

**Feature Title**

Chest pain

**List Title**

Chest pain

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**MCV Main tag**

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Content Packages > Symptom checker mobile > Adult > Chest

**MCV Related tag(s)**

**Primary Location**

Diseases and Conditions

**Tease**

Chest pain can indicate a serious condition. Identify possible common causes based on symptoms you're experiencing and learn when to get emergency care.

**Abstract**

Find possible causes of chest pain in adults. See our Symptom Checker.

**Benefit Summary**

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**Age**

Adult

**ENTER IN FARCRY:**

**When to get medical help** (1, 2)

Seek emergency medical care if:

You have uncomfortable pressure, fullness or squeezing pain in your chest for longer than a few minutes

Your chest pain is accompanied by shortness of breath, sweating, nausea, dizziness or fainting

The pain radiates beyond your chest to one or both of your arms or your neck

**Self-care strategies**

Because of the nature of this symptom, it's best to contact your health care provider. Please see the "Seek Care" section to determine an appropriate course of action.

**More Information**

Chest pain: First aid FA00036

Chest pain DS00016

**END OF FARCRY TEXT**

Find possible causes of chest pain based on specific factors. Check one or more factors on this page that apply to your symptom.

**Pain best described as**

Achy or gnawing

Burning

Intermittent

Severe

Sharp

Squeezing or pressure

Sudden

Tearing or ripping

Tight

Vaguely uncomfortable

**Triggered or worsened by**

Eating or drinking

Exertion

Injury

Lying down for a long period

Pressing on chest wall

Stress

Taking a deep breath

**Relieved by**

Antacids

Bending forward

Rest

**Accompanied by**

Anxiety

Belching

Cough with blood or phlegm

Difficult or painful swallowing

Dry cough

Fainting or dizziness

Fever

Headache

Nausea or vomiting

Pain in neck, jaw, arms, shoulders or back

Rapid or irregular heartbeat

Rash

Shortness of breath

Sweating

Unexplained fatigue

**Possible causes**

DS00994 Angina (3, p. 65, 70; 4; 19)

Pain best described as achy or gnawing

Pain best described as severe

Pain best described as squeezing or pressure

Pain best described as tight

Triggered or worsened by exertion

Relieved by rest

Accompanied by anxiety

Accompanied by pain in neck, jaw, arms, shoulders or back

Accompanied by shortness of breath

Accompanied by sweating

Accompanied by unexplained fatigue

DS00605 Aortic dissection (5; 19)

Pain best described as severe

Pain best described as sudden

Pain best described as tearing or ripping

Accompanied by fainting or dizziness

Accompanied by rapid or irregular heartbeat

Accompanied by shortness of breath

DS00939 Broken ribs (6)

Pain best described as sudden

Triggered or worsened by injury

Triggered or worsened by pressing on chest wall

Triggered or worsened by taking a deep breath

DS00626 Costochondritis (3, p. 69; 7)

Pain best described as achy or gnawing

Triggered or worsened by pressing on chest wall

Triggered or worsened by taking a deep breath

DS00763 Esophageal spasms (3, p. 70; 8)

Pain best described as achy or gnawing

Pain best described as burning

Pain best described as squeezing or pressure

Pain best described as tight

Triggered or worsened by eating or drinking

Accompanied by difficult or painful swallowing

DS00967 GERD (3, p. 70; 9; 19)

Pain best described as achy or gnawing

Pain best described as burning

Pain best described as tight

Triggered or worsened by eating or drinking

Triggered or worsened by lying down for a long period

Relieved by antacids

Accompanied by belching

Accompanied by difficult or painful swallowing

DS00094 Heart attack (3, p. 72; 10; 19)

Pain best described as severe

Pain best described as squeezing or pressure

Accompanied by anxiety

Accompanied by fainting or dizziness

Accompanied by nausea or vomiting

Accompanied by pain in neck, jaw, arms, shoulders or back

Accompanied by rapid or irregular heartbeat

Accompanied by shortness of breath

Accompanied by sweating

Accompanied by unexplained fatigue

DS00061 Heart failure (11, 19)

Pain best described as intermittent

Pain best described as vaguely uncomfortable

Triggered or worsened by exertion

Relieved by rest

Accompanied by shortness of breath

Accompanied by unexplained fatigue

DS00095 Heartburn (12; 19)

Pain best described as burning

Triggered or worsened by eating or drinking

Triggered or worsened by lying down for a long period

Relieved by antacids

Accompanied by belching

DS01179 Myocardial ischemia

Accompanied by shortness of breath

Accompanied by nausea or vomiting

Accompanied by sweating

Accompanied by pain in neck, jaw, arms, shoulders or back

Triggered or worsened by exertion

DS00338 Panic attacks and panic disorder (13)

Pain best described as sudden

Triggered or worsened by stress

Accompanied by anxiety

Accompanied by difficult or painful swallowing

Accompanied by fainting or dizziness

Accompanied by headache

Accompanied by nausea or vomiting

Accompanied by rapid or irregular heartbeat

Accompanied by shortness of breath

Accompanied by sweating

DS00505 Pericarditis (3, p. 72; 14)

Pain best described as achy or gnawing

Pain best described as sharp

Pain best described as squeezing or pressure

Triggered or worsened by taking a deep breath

Relieved by bending forward

Accompanied by dry cough

Accompanied by fever

Accompanied by shortness of breath

Accompanied by unexplained fatigue

DS00244 Pleurisy (15)

Pain best described as sharp

Triggered or worsened by taking a deep breath

Accompanied by dry cough

Accompanied by fever

Accompanied by shortness of breath

DS00135 Pneumonia (3, p. 71; 16)

Triggered or worsened by taking a deep breath

Accompanied by cough with blood or phlegm

Accompanied by fever

Accompanied by headache

Accompanied by shortness of breath

Accompanied by sweating

Accompanied by unexplained fatigue

DS00429 Pulmonary embolism (3, p. 71; 17)

Pain best described as severe

Pain best described as sharp

Triggered or worsened by exertion

Triggered or worsened by taking a deep breath

Accompanied by cough with blood or phlegm

Accompanied by fainting or dizziness

Accompanied by rapid or irregular heartbeat

Accompanied by shortness of breath

Accompanied by sweating

DS00098 Shingles (18)

Accompanied by fever

Accompanied by rash

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PAGE 6