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Dizziness in adults: Symptom Checker

**DocID**

No DocID – not contained in FarCry

**Title**

Dizziness

**Feature Title**

Dizziness

**List Title**

Dizziness

**Content is Contracted**

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**Licensable**

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**MCV Main tag**

**MCV Other tag(s)**

Content Packages > Symptom checker mobile > Adult > Head and neck

**MCV Related tag(s)**

**Primary Location**

Diseases and Conditions

**Tease**

Dizziness can signal a number of conditions. Identify possible common causes based on symptoms you’re experiencing.

**Abstract**

Find possible common causes of dizziness in adults. See our Symptom Checker.

**Benefit Summary**

**Editor**

Gregory Turosak

**Content Producer**

Jay Lenn

**Content Lead**

MayoClinic Com

**Product Lead**

**WPS**

Becky Hynes

**Medical Reviewers**

John Wilkinson, M.D.|Carl Anderson, M.D.

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**Gender**

**Age**

Adult

**ENTER IN FARCRY:**

**When to get medical help** (1, 2)

Get emergency medical care if you experience dizziness after a head injury or if the dizziness is accompanied by:

Sudden, severe headache

Chest pain

Difficulty breathing

Numbness or weakness

Fainting

Blurred or double vision

Irregular heartbeat

Confusion or trouble talking

Nausea or vomiting

Stumbling or difficulty walking

**Self-care strategies**

Because of the nature of this symptom, it's best to contact your health care provider. Please see the "Seek Care" section to determine an appropriate course of action.

**IMAGE**Inner ear and balance IM00094

Caption: Loop-shaped canals in your inner ear contain fluid and fine, hair-like sensors that help you keep your balance. At the base of the canals are the utricle and saccule, each containing a patch of sensory hair cells. Within these cells are tiny particles (otoconia) that help monitor the position of your head in relation to gravity and linear motion, such as going up and down in an elevator or moving forward and backward in a car.

**More Information**

Dizziness DS00435

Dizziness: Symptom MY00118

**END OF FARCRY TEXT**

Find possible causes of dizziness based on specific factors. Check one or more factors on this page that apply to your symptom.

**You feel**

A spinning sensation

Lightheaded or faint

Unsteady

**Symptoms are**

New or began suddenly

Recurrent or ongoing

Worsening or progressing

**Triggered or worsened by**

A change in head or body position

**Accompanied by**

Anxiety

Blurred or double vision

Buzzing or ringing in ear

Chest pain or pressure

Confusion

Ear pain or pressure

Facial numbness

Fever

Hearing loss

Irregular heartbeat

Nausea or vomiting

Numbness or weakness on one side of body

Pain in neck, jaw, arms, shoulders or back

Severe headache

Shortness of breath

Slurred speech

Sweating

**Possible causes**

These diseases and conditions match at least one of the factors you selected. Those with the most matches are listed first.

DS00803 Acoustic neuroma (3, p. 128; 4; 17)

You feel unsteady

Symptoms are recurrent or ongoing

Symptoms are worsening or progressing

Accompanied by buzzing or ringing in ear

Accompanied by facial numbness

Accompanied by hearing loss

DS00534 Benign paroxysmal positional vertigo (BPPV) (5, 17)

You feel a spinning sensation

You feel lightheaded or faint

You feel unsteady

Symptoms are recurrent or ongoing

Triggered or worsened by a change in head or body position

Accompanied by blurred or double vision

Accompanied by nausea or vomiting

DS00648 Carbon monoxide poisoning (3, p. 129; 6; 17)

You feel lightheaded or faint

Symptoms are new or began suddenly

Accompanied by chest pain or pressure

Accompanied by confusion

Accompanied by nausea or vomiting

Accompanied by severe headache

DS00303 Ear infection, middle ear (7, 17)

You feel a spinning sensation

Symptoms are new or began suddenly

Accompanied by ear pain or pressure

Accompanied by fever

Accompanied by hearing loss

DS00290 Heart arrhythmias (8, 17)

You feel lightheaded or faint

Symptoms are new or began suddenly

Symptoms are recurrent or ongoing

Accompanied by chest pain or pressure

Accompanied by irregular heartbeat

Accompanied by shortness of breath

DS00094 Heart attack (2, 9, 17)

You feel lightheaded or faint

Symptoms are new or began suddenly

Accompanied by anxiety

Accompanied by chest pain or pressure

Accompanied by irregular heartbeat

Accompanied by nausea or vomiting

Accompanied by pain in neck, jaw, arms, shoulders or back

Accompanied by shortness of breath

Accompanied by sweating

DS00535 Meniere's disease (10, 17)

You feel a spinning sensation

You feel unsteady

Symptoms are recurrent or ongoing

Accompanied by buzzing or ringing in ear

Accompanied by ear pain or pressure

Accompanied by hearing loss

Accompanied by nausea or vomiting

DS00120 Migraine (11, 12, 17)

You feel a spinning sensation

Symptoms are recurrent or ongoing

Accompanied by nausea or vomiting

Accompanied by severe headache

DS00997 Orthostatic hypotension (postural hypotension) (13)

You feel lightheaded or faint

Triggered or worsened by a change in head or body position

Accompanied by blurred or double vision

Accompanied by nausea or vomiting

DS00338 Panic attacks and panic disorder (14, 17)

You feel lightheaded or faint

Symptoms are recurrent or ongoing

Accompanied by anxiety

Accompanied by chest pain or pressure

Accompanied by irregular heartbeat

Accompanied by nausea or vomiting

Accompanied by severe headache

Accompanied by shortness of breath

Accompanied by sweating

DS00150 Stroke (2, 15, 17)

You feel a spinning sensation

You feel lightheaded or faint

You feel unsteady

Symptoms are new or began suddenly

Accompanied by blurred or double vision

Accompanied by confusion

Accompanied by numbness or weakness on one side of body

Accompanied by severe headache

Accompanied by slurred speech

DS00220 Transient ischemic attack (16, 17)

You feel a spinning sensation

You feel lightheaded or faint

You feel unsteady

Symptoms are new or began suddenly

Accompanied by blurred or double vision

Accompanied by confusion

Accompanied by numbness or weakness on one side of body

Accompanied by slurred speech

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PAGE 4