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Hip pain in adults: Symptom Checker

**DocID**

No DocID – not contained in FarCry

**Title**

Hip pain

**Feature Title**

Hip pain

**List Title**

Hip pain

**Content is Contracted**

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**MCV Main tag**

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Content Packages > Symptom checker mobile > Adult > Arms and legs

**MCV Related tag(s)**

**Primary Location**

Diseases and Conditions

**Tease**

Hip pain can affect your ability to move about normally. Identify possible common causes based on symptoms you’re experiencing.

**Abstract**

Find possible common causes of hip pain in adults. See our Symptom Checker.

**Benefit Summary**

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**Alternate Titles**

**FeatureID**

**Gender**

**Age**

Adult

**ENTER IN FARCRY:**

**When to get medical help** (1)

Seek medical care immediately if:

You're unable to bear weight

Your hip made a popping sound

Your hip became visibly deformed after a fall

Your hip is more painful the day after a fall

You're experiencing intense pain or sudden swelling

You have osteoporosis and have injured your hip

**Self-care strategies** (1)

The following self-care strategies may temporarily lessen pain in your hip:

Use an ice pack to reduce pain and inflammation.

Rest and avoid any activities that hurt.

Take an over-the-counter pain reliever, such as ibuprofen (Advil, Motrin, others), naproxen (Aleve, others) or acetaminophen (Tylenol, others). Use only as directed on the package label, and do not take combinations of pain relievers.

**More Information**

Hip pain MY00257

**END OF FARCRY TEXT**

Find possible causes of hip pain based on specific factors. Check one or more factors on this page that apply to your symptom.

**Pain is**

Dull or achy

Sudden and intense

**Triggered by**

Everyday activities

Injury

Overuse

**Accompanied by**

Bruising or discoloring

Decreased range of motion

Inability to bear weight

Locking or catching

Pain in other joints

Stiffness

Swelling

Visible deformity

**Worsened by**

Applying pressure or trying to bear weight

Movement

Rest or inactivity

**Possible causes**

These diseases and conditions match at least one of the factors you selected. Those with the most matches are listed first.

DS00650 Avascular necrosis (2, p. 3; 3)

Pain is dull or achy

Accompanied by decreased range of motion

Worsened by movement

Worsened by rest or inactivity

DS00032 Bursitis (4)

Pain is dull or achy

Triggered by everyday activities

Triggered by injury

Triggered by overuse

Accompanied by decreased range of motion

Accompanied by stiffness

Accompanied by swelling

Worsened by applying pressure or trying to bear weight

Worsened by movement

DS00239 Dislocation (5)

Pain is sudden and intense

Triggered by injury

Accompanied by bruising or discoloring

Accompanied by swelling

Accompanied by visible deformity

Worsened by applying pressure or trying to bear weight

Worsened by movement

DS00185 Hip fracture (2, p. 3; 6)

Pain is sudden and intense

Triggered by injury

Accompanied by bruising or discoloring

Accompanied by inability to bear weight

Accompanied by stiffness

Accompanied by swelling

Accompanied by visible deformity

Worsened by applying pressure or trying to bear weight

Worsened by movement

DS00920 Hip labral tear (7)

Pain is dull or achy

Pain is sudden and intense

Triggered by injury

Triggered by overuse

Accompanied by decreased range of motion

Accompanied by locking or catching

Accompanied by stiffness

DS00020 Rheumatoid arthritis (8, 10)

Pain is dull or achy

Triggered by everyday activities

Triggered by overuse

Accompanied by decreased range of motion

Accompanied by pain in other joints

Accompanied by stiffness

Worsened by applying pressure or trying to bear weight

Worsened by rest or inactivity

DS00153 Tendinitis (9)

Pain is dull or achy

Triggered by everyday activities

Triggered by injury

Triggered by overuse

Accompanied by decreased range of motion

Worsened by applying pressure or trying to bear weight

Worsened by movement

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