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Numbness or tingling in hands in adults: Symptom Checker

**DocID**

No DocID – not contained in FarCry

**Title**

Numbness or tingling in hands

**Feature Title**

Numbness or tingling in hands

**List Title**

Numbness or tingling in hands

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**MCV Main tag**

**MCV Other tag(s)**

Content Packages > Symptom checker mobile > Adult > Arms and legs

**MCV Related tag(s)**

**Primary Location**

Diseases and Conditions

**Tease**

Numbness or tingling in hands is often triggered by injury or repetitive use. Identify possible common causes based on symptoms you're experiencing.

**Abstract**

Find possible causes of numbness or tingling in hands in adults. See our Symptom Checker.

**Benefit Summary**

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**FeatureID**

**Gender**

**Age**

Adult

**ENTER IN FARCRY:**

**When to get medical help** (1, 2)

See your doctor for a prompt diagnosis if you experience numbness or tingling in your one or both hands. Get emergency medical care if the numbness:

Begins suddenly

Follows an injury or accident

Is accompanied by a sudden, severe headache

Is accompanied by weakness or paralysis

Is accompanied by confusion or difficulty speaking

Is accompanied by dizziness

**Self-care strategies**

Because of the nature of this symptom, it's best to contact your health care provider. Please see the "Seek Care" section to determine an appropriate course of action.

**More Information**

Numbness in hands MY00509

**END OF FARCRY TEXT**

Find possible causes of numbness or tingling in hands based on specific factors. Check one or more factors on this page that apply to your symptom.

**Numbness or tingling**

Affects both hands

Affects one hand

Is intermittent

Is persistent

Started gradually

Started suddenly

Wakes you up at night

**Triggered by**

Being in one position for a long time

Injury to neck or upper shoulder

Repetitive use

**Relieved by**

Rest

**Accompanied by**

Arm or hand pain

Arm or hand weakness

Burning pain

Numbness, tingling or weakness in legs or feet

Stiff, painful neck

**Possible causes**

These diseases and conditions match at least one of the factors you selected. Those with the most matches are listed first.

DS00897 Brachial plexus injury (3)

Numbness or tingling affects one hand

Numbness or tingling is persistent

Numbness or tingling started suddenly

Triggered by injury to neck or upper shoulder

Accompanied by arm or hand pain

Accompanied by arm or hand weakness

Accompanied by burning pain

DS00326 Carpal tunnel syndrome (4, 5)

Numbness or tingling affects one hand

Numbness or tingling is intermittent

Numbness or tingling started gradually

Numbness or tingling wakes you up at night

Triggered by being in one position for a long time

Triggered by repetitive use

Relieved by rest

Accompanied by arm or hand pain

Accompanied by arm or hand weakness

Accompanied by burning pain

DS00697 Cervical spondylosis (6)

Numbness or tingling affects both hands

Numbness or tingling affects one hand

Numbness or tingling is persistent

Numbness or tingling started gradually

Numbness or tingling wakes you up at night

Accompanied by arm or hand pain

Accompanied by arm or hand weakness

Accompanied by numbness, tingling or weakness in legs or feet

Accompanied by stiff, painful neck

DS00131 Peripheral neuropathy (7)

Numbness or tingling affects both hands

Numbness or tingling affects one hand

Numbness or tingling is persistent

Numbness or tingling started gradually

Accompanied by burning pain

Accompanied by numbness, tingling or weakness in legs or feet

DS00879 Pinched nerve (4, 8)

Numbness or tingling affects one hand

Numbness or tingling is intermittent

Numbness or tingling is persistent

Numbness or tingling started gradually

Relieved by rest

Accompanied by arm or hand pain

Accompanied by arm or hand weakness

Accompanied by burning pain

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PAGE 4