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Wheezing in adults: Symptom Checker

**DocID**

No DocID – not contained in FarCry

**Title**

Wheezing

**Feature Title**

Wheezing

**List Title**

Wheezing

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**MCV Main tag**

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Content Packages > Symptom checker mobile > Adult > Chest

**MCV Related tag(s)**

**Primary Location**

Diseases and Conditions

**Tease**

Wheezing is a high-pitched, whistling noise that occurs with breathing. Identify possible common causes based on symptoms you're experiencing.

**Abstract**

Find possible common causes of wheezing in adults. See our Symptom Checker.

**Benefit Summary**

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**FeatureID**

**Gender**

**Age**

Adult

**ENTER IN FARCRY:**

**When to get medical help** (1, 2)

Get medical care as soon as possible if you're wheezing or having difficulty breathing.

**Self-care strategies**

Wheezing requires medical attention. But taking good care of yourself can help:

If you smoke, quit.

Avoid exposure to irritants, such as tobacco smoke.

Take a break when you begin to wheeze.

Practice deep-breathing exercises.

Use a humidifier or take hot, steamy showers to alleviate symptoms.

Use an inhaler or other asthma medications as prescribed.

**More Information**

Wheezing MY00291

**END OF FARCRY TEXT**

Find possible causes of wheezing based on specific factors. Check one or more factors on this page that apply to your symptom.

**Wheezing is**

New or recent

Ongoing or recurrent

**Preceded by**

Upper respiratory illness

**Triggered or worsened by**

Allergens or irritants

Exposure to cold air

Mild to moderate exertion

Smoking

**Accompanied by**

Blue-colored skin or lips

Chest pain, tightness or discomfort

Cough that produces sputum

Difficult or painful swallowing

Dry cough

Fatigue or weakness

Fever

Hoarse or muffled voice

Irregular or rapid heartbeat

Rapid weight gain

Shortness of breath

Sore throat

Swelling in abdomen, legs, ankles or feet

**Possible causes**

These diseases and conditions match at least one of the factors you selected. Those with the most matches are listed first.

DS00021 Asthma (2)

Wheezing is new or recent

Wheezing is ongoing or recurrent

Preceded by upper respiratory illness

Triggered or worsened by allergens or irritants

Triggered or worsened by exposure to cold air

Triggered or worsened by mild to moderate exertion

Triggered or worsened by smoking

Accompanied by chest pain, tightness or discomfort

Accompanied by dry cough

Accompanied by shortness of breath

DS00031 Bronchitis (3)

Wheezing is new or recent

Wheezing is ongoing or recurrent

Preceded by upper respiratory illness

Triggered or worsened by mild to moderate exertion

Triggered or worsened by smoking

Accompanied by chest pain, tightness or discomfort

Accompanied by cough that produces sputum

Accompanied by fatigue or weakness

Accompanied by fever

Accompanied by shortness of breath

DS00296 Emphysema (4)

Wheezing is ongoing or recurrent

Triggered or worsened by mild to moderate exertion

Triggered or worsened by smoking

Accompanied by chest pain, tightness or discomfort

Accompanied by dry cough

Accompanied by fatigue or weakness

Accompanied by shortness of breath

DS00529 Epiglottitis (5)

Wheezing is new or recent

Accompanied by blue-colored skin or lips

Accompanied by difficult or painful swallowing

Accompanied by fever

Accompanied by hoarse or muffled voice

Accompanied by sore throat

DS00061 Heart failure (6)

Wheezing is ongoing or recurrent

Triggered or worsened by mild to moderate exertion

Accompanied by chest pain, tightness or discomfort

Accompanied by cough that produces sputum

Accompanied by fatigue or weakness

Accompanied by irregular or rapid heartbeat

Accompanied by rapid weight gain

Accompanied by shortness of breath

Accompanied by swelling in abdomen, legs, ankles or feet

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