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Constipation in children: Symptom Checker

**DocID**

No DocID – not contained in FarCry

**Title**

Constipation

**Feature Title**

Constipation

**List Title**

Constipation

**Content is Contracted**

No

**Licensable**

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**MCV Main tag**

**MCV Other tag(s)**

Content Packages > Symptom checker mobile > Child > Digestive and urinary problems

**MCV Related tag(s)**

**Primary Location**

Symptom Checker

**Tease**

Constipation in children is most often caused by poor diet or poor bowel habits. Identify other common causes of constipation based on your child's symptoms.

**Abstract**

Find possible causes of constipation in children. See our Symptom Checker.

**Benefit Summary**

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**SEO Description**

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**Billboard**

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**Internal comments**

**Alternate Titles**

**FeatureID**

**Gender**

**Age**

Child

**ENTER IN FARCRY:**

**When to get medical help** (1)

Consult your doctor if your child:

Has constipation that is severe or lasts more than two weeks

Regularly experiences pain with bowel movements

Often has fecal stains on his or her underwear

Has alternating episodes of constipation and diarrhea

Also, talk to your doctor if your child's constipation is associated with:

Abdominal swelling

Bloody stools

Cracks in skin around the anus

Fever

Weight loss

**Self-care strategies** (1, 2)

If your child is constipated:

Offer plenty of water

Feed your child fruits, vegetables and high-fiber foods

Limit dairy products and fats

Use laxatives only as recommended by your doctor

If your child resists having bowel movements:

Create a regular schedule for attempting a bowel movement

Develop a reward system for successful bowel movements

**More Information**

Constipation in children DS01138

**END OF FARCRY TEXT**

Constipation in children is most often caused by poor diet or poor bowel habits. Find other possible causes of constipation based on specific factors. Check one or more factors on this page that apply to your child's symptom.

**Problem is**

Ongoing or recurrent

Recent

**Triggered by**

Avoiding regular bowel movements

**Accompanied by**

Abdominal pain

Abdominal swelling

Anal or rectal pain

Bloody stools

Diarrhea

Fever

Lack of appetite

Leaking stool

Lump in abdomen

Nausea or vomiting

**Possible causes** (3, p. 65)

These diseases and conditions match at least one of the factors you selected. Those with the most matches are listed first.

DS00762 Anal fissure (4, 8)

Problem is recent

Accompanied by anal or rectal pain

Accompanied by bloody stools

DS00885 Encopresis (3, p. 65; 5)

Problem is ongoing or recurrent

Triggered by avoiding regular bowel movements

Accompanied by abdominal pain

Accompanied by lack of appetite

Accompanied by leaking stool

DS00823 Intestinal obstruction (6; 8)

Problem is recent

Accompanied by abdominal pain

Accompanied by diarrhea

Accompanied by fever

Accompanied by nausea or vomiting

DS00798 Intussusception (3, p. 55; 7; 8)

Problem is ongoing or recurrent

Problem is recent

Accompanied by abdominal pain

Accompanied by abdominal swelling

Accompanied by bloody stools

Accompanied by diarrhea

Accompanied by fever

Accompanied by lump in abdomen

Accompanied by nausea or vomiting

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