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Nasal congestion in children: Symptom Checker

**DocID**

No DocID – not contained in FarCry

**Title**

Nasal congestion

**Feature Title**

Nasal congestion

**List Title**

Nasal congestion

**Content is Contracted**

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**Licensable**

No

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**MCV Main tag**

**MCV Other tag(s)**

Content Packages > Symptom checker mobile > Child > Head and neck

**MCV Related tag(s)**

**Primary Location**

Symptom Checker

**Tease**

Nasal congestion is a common problem in children. Identify possible common causes based on symptoms your child is experiencing.

**Abstract**

Find possible common causes of nasal congestion in children. See our Symptom Checker.

**Benefit Summary**

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**FeatureID**

**Gender**

**Age**

Child

**ENTER IN FARCRY:**

**When to get medical help** (1)

Seek immediate medical care if your child has nasal congestion accompanied by:

Fever of 101 F (38.3 C) or higher

Fever that lasts more than about three days

Chills or sweating

Difficulty breathing

Nausea or vomiting

Greenish or bloody nasal discharge

Unusual sleepiness

Severe headache

Persistent crying

Ear pain

**Self-care strategies** (1)

To relieve your child's stuffy nose:

Help your child gently blow his or her nose

Use a bulb syringe for a younger child

Offer plenty of fluids

Sit with your child in a steamy bathroom

Put a humidifier in your child's room

Use a nasal saline spray

**More Information**

Nasal congestion MY00178

**END OF FARCRY TEXT**

Find possible causes of nasal congestion in children based on specific factors. Check one or more factors on this page that apply to your child's symptom.

**Problem is**

New or recent

Persistent or recurrent

**Nasal discharge is**

Clear or watery

Yellow or greenish

**Accompanied by**

Bad breath

Blue-colored skin under the eyes

Chills

Cough

Decreased energy or fatigue

Diarrhea

Ear pain

Fever

Frequent snoring

Headache or facial pain

Itchy eyes, nose, mouth or throat

Mild body aches

Nausea or vomiting

Rapid heartbeat

Rapid or difficult breathing

Reduced sense of smell or taste

Runny nose

Sneezing

Sore throat

Upper jaw or tooth pain

Watery eyes

Wheezing

**Possible causes**

These diseases and conditions match at least one of the factors you selected. Those with the most matches are listed first.

DS00170 Acute sinusitis (2, p. 78; 3, p. 1; 4)

Problem is new or recent

Nasal discharge is yellow or greenish

Accompanied by bad breath

Accompanied by cough

Accompanied by decreased energy or fatigue

Accompanied by ear pain

Accompanied by fever

Accompanied by headache or facial pain

Accompanied by reduced sense of smell or taste

Accompanied by sneezing

Accompanied by sore throat

Accompanied by upper jaw or tooth pain

DS00481 Bronchiolitis (5, p. 4; 6)

Problem is new or recent

Accompanied by cough

Accompanied by decreased energy or fatigue

Accompanied by fever

Accompanied by rapid heartbeat

Accompanied by rapid or difficult breathing

Accompanied by wheezing

DS00056 Common cold (2, p. 78; 7)

Problem is new or recent

Nasal discharge is clear or watery

Nasal discharge is yellow or greenish

Accompanied by cough

Accompanied by decreased energy or fatigue

Accompanied by headache or facial pain

Accompanied by mild body aches

Accompanied by runny nose

Accompanied by sneezing

Accompanied by sore throat

Accompanied by watery eyes

DS00174 Hay fever (2, p. 79; 3, p. 1; 8)

Problem is persistent or recurrent

Nasal discharge is clear or watery

Accompanied by blue-colored skin under the eyes

Accompanied by headache or facial pain

Accompanied by itchy eyes, nose, mouth or throat

Accompanied by reduced sense of smell or taste

Accompanied by runny nose

Accompanied by sneezing

Accompanied by watery eyes

DS00081 Influenza (flu) (9)

Problem is new or recent

Nasal discharge is clear or watery

Nasal discharge is yellow or greenish

Accompanied by chills

Accompanied by decreased energy or fatigue

Accompanied by diarrhea

Accompanied by fever

Accompanied by headache or facial pain

Accompanied by mild body aches

Accompanied by nausea or vomiting

Accompanied by runny nose

Accompanied by sore throat

DS00498 Nasal polyps (10)

Problem is persistent or recurrent

Nasal discharge is clear or watery

Accompanied by frequent snoring

Accompanied by headache or facial pain

Accompanied by reduced sense of smell or taste

DS00809 Nonallergic rhinitis (11, p. 1583; 12)

Problem is persistent or recurrent

Nasal discharge is clear or watery

Accompanied by reduced sense of smell or taste

Accompanied by runny nose

Accompanied by sneezing

Accompanied by watery eyes

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