

# Learning from free choices vs. learning from instructions - A student-teacher simulation study

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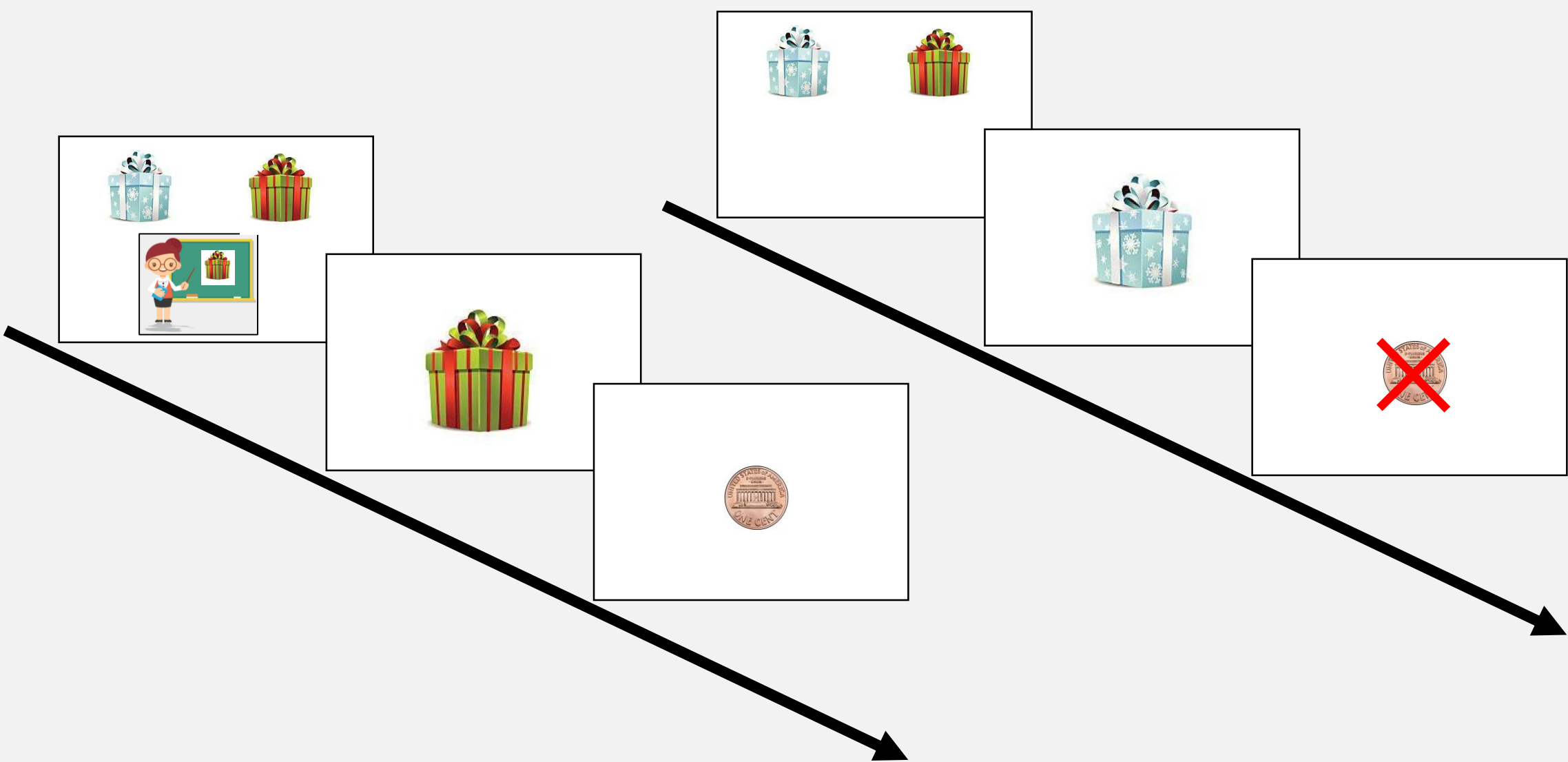
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## INTRODUCTION

- While instructions-based actions could lead to better outcomes as they rely on an expert’s knowledge (Pereg & Meiran, 2020), studies have shown superior learning from outcomes that follow free-choice actions (Cockburn et al., 2014; Ertmer et al., 2009).
- Cockburn et al., (2014) showed higher Dopamine bursts (supposedly reflecting learning) following free-choices relative to forced choices. However, individual differences related to this effect are yet unknown. Thus, teachers might face a challenge of whether to provide or withhold giving precise instructions (see Behrens et al., 2008).
- In this study we explored the student-teacher relationship using a **Reinforcement Learning** simulation study, where an Artificial Intelligence (AI) teacher is designed to learn the students’ state, and select whether to provide or withhold giving instructions.

## MODEL & SIMULATION

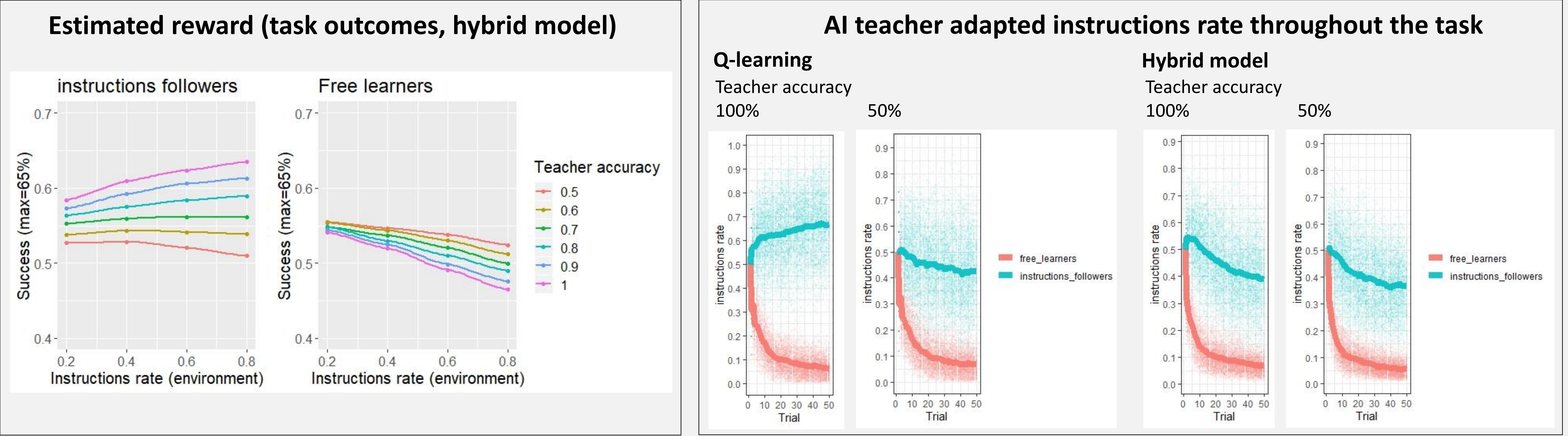
- Two-arm bandit task, with ten 50-trials blocks. True values were 0.35 and 0.65 for Bandit 1 and 2.
- Student learning was estimated using Q-learning (Rascorla-Wagner) as well as in a hybrid model involving associability-gated learning (Pearce-Hall, Li et al., 2011) .
- We describe three main free parameters: learning rate from instructions, free learning rate, and weight given to instructions (bias to dis/follow instructions).
- Proportion of instructions was determined by the AI teacher via Q-learning.



Student Q-learning model	Student hybrid model	Teacher Q-learning	Teacher hybrid model
$PE_t = R - Q_{s(t)}$ $Q_{s(t+1)} = Q_{s_t} + \alpha_i PE_{(t)}$ $p = \frac{\exp(\beta * Q_{(t-1)})}{\sum \exp(\beta * Q_{(t-1)})}$	$Q_{s(t+1)} = Q_{s_t} + \alpha_i A_{(t)} PE_{(t)}$ $A_{s(t+1)} = w PE_{(t)}  + (1 - w)A_{s(t)}$	$Q_{inst(t+1)} = Q_{inst(t)} + \alpha_{teacher}((R * F_t) - Q_{inst(t)})$ $p_{inst} = \frac{\exp(\beta_{teacher} * Q_{inst})}{\sum \exp(\beta_{teacher} * Q_{inst})}$	$Q_{inst(t+1)} = Q_{inst(t)} + \alpha_{teacher} A_{(t)}((R * F_t) - Q_{inst(t)})$ $p_{inst} = \frac{\exp(\beta_{teacher} * Q_{inst})}{\sum \exp(\beta_{teacher} * Q_{inst})}$

## SIMULATION RESULTS

- Instructions-followers gain advantage when the environment involves high proportion of instructions, but only if the teacher is accurate.
- Free-learners gain advantage when the environment involves a low instructions-rate, regardless of teacher-accuracy.
- The AI teacher decreased instructions rate for free-learners, and increased it for instructions-followers. This trend was attenuated in the hybrid model.
- Free parameters recovery showed observed-expected correlations>0.90.



## DISCUSSION

- The suggested model is able to extract learning characteristics and show that all free parameters were interpretable.
- The in-silico results suggest that the rate of instructions is expected to influence learning outcomes for different agents.
- The study offers a step forward in the development and application of advanced personalized educational systems.

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