

SUPER HEALTHY

by
Manouine

since 2014

chia power brittle

chia seeds, sunflower seeds, pumpkin seeds activated and mixed with himalayan salt and thyme.



150g

5\$

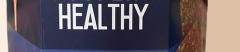


hemp brittle

Hemp seeds, golden flax seeds, pumpkin seeds, sunflower seeds, cayenne pepper, chia seeds, fennel, cumin, ginger and spices

150g

5\$



150g

5\$

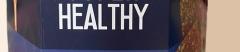


nigella brittle

Brown rice, nigella, flax seeds, sunflower seeds activated and mixed with Himalayan salt.

150g

5\$



150g

5\$



150g

5\$



150g

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150g

5\$



150g

5\$



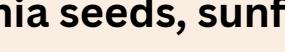
150g

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150g

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150g

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150g

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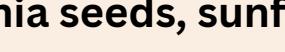
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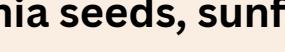
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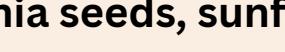
150g

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150g

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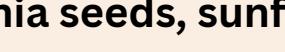
150g

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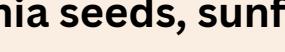
150g

5\$



150g

5\$



150g

energy brittle

Sweet brittles with NO sugar added.
A mix of activated sunflower seeds,
coconut, and honey.



200g

5\$



thyme crackers

A mix of quinoa, brown rice and buckwheat flour with thyme, nigella and seeds mix.

150g

5\$



olive crackers

A mix of quinoa, rice and buckwheat flour with green olive, nigella and seeds mix.

150g

5\$



rosemary crackers

A mix of buckwheat flour, sesame seeds and rosemary linseeds

150g

5\$

chocolate crackers

A mix of quinoa, rice and buckwheat flour with dark chocolate, activated almonds, and seeds mix.

150g

5\$



energy bar

A paleo mix of seeds and nuts all activated with honey (hemp, chia, almonds, walnut, peanuts.)

90g

2.5\$

All ingredients are organic- All seeds are activated – NO ADDED SUGAR, NO GLUTEN, NO DAIRY, NO EGGS

LIVE **HEALTHY**, CHOOSE **SUPERHEALTHY** BY **MANOUNE**