

# *So How's It Going?*

## Lesbians in Mid-Life

*with Lauren Crux*

What are the issues tugging at our hearts, our minds, our spiritual coatsleeves as we enter midlife? Participants are invited to bring their unique and/or universal concerns.

Some topics to be covered:

1. **Aging:** *our bodies, sex, rock 'n roll*
2. **Wisdom:** *becoming a happy crone*
3. **Couples:** *surviving each other's crises*
4. **The single lesbian:** *community and the friends we gather round us*
5. **Vision:** *what's really important*

Lauren Crux has been leading workshops and speaking nationally for over twelve years. She has a private practice in psychotherapy in Santa Cruz and currently is leading supervision groups for psychotherapists and psychotherapy interns. She is 40ish, a lesbian, and a feminist.

**Date:** Saturday, February 28, 1987

**Time:** 9:30am-4:30pm. Starts promptly. Come early for tea/coffee. Bring your own lunch.

**Cost:** \$45-65. Pre-registration in full required. No refunds.

**Place:** 234 Santa Cruz Avenue, Aptos, CA. Take Hwy. 1 south. Exit Seacliff Beach, Aptos; turn right towards ocean. Turn left on Center, right on Broadway, right on Santa Cruz Avenue and park.

**For more information call Lauren, 408/462-0341**

### REGISTRATION FORM:

Name \_\_\_\_\_

Street, City, Zip \_\_\_\_\_

Phone: Day \_\_\_\_\_ Evening \_\_\_\_\_

Make checks payable to Lauren Crux. Please mail completed form and payment by February 21st to:  
Lauren Crux, 1722 North Seabright Avenue, Santa Cruz, CA 95062

*Wheelchair accessible*

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