

RESUME



Sylvia Samius

Apartment Tuaran Impian, Block F-GF-15,
Jalan Telipok Lama, 89208 Tuaran,
Sabah.

email: sylviasamius@gmail.com , cell phone: 012-8199753

PERSONAL PARTICULARS

Age : 25 Years
Date of Birth : 31 December 1992
IC No : 921231-12-6804
Race : Dusun
Gender : Female
Status : Single
Nationality : Malaysia

OBJECTIVE

Seeking a position to utilize my knowledge and abilities in your company beside to gain more experience and to improve myself in career enhancement and looking for new and competitive working environment.

EDUCATIONAL BACKGROUND

2012-2015 : University Malaysia Sabah, Kota Kinabalu
Bachelor of Sports Science with Honours
Graduate
CGPA 3.17

2010-2011 : SMK Tun Fuad Stephens Kiulu Tuaran
Sijil Tinggi Pelajaran Malaysia (STPM)
Graduate
MUET Band 2

2009 : SMK Tun Fuad Stephens Kiulu Tuaran
Sijil Pelajaran Malaysia (SPM)
Graduate

2007 : SMK Tun Fuad Stephens Kiulu Tuaran
Penilaian Menengah Rendah (PMR)
Graduate

CO-CURRICULAR ACTIVITIES

- Official, 63rd Sabah International Athletics Open Championship, 2016
- Official, 1st Kota Kinabalu City International Marathon, 2016
- Secretariat, Hari Sukan Negara, 2015
- Secretariat, Kejohanan Golf Piala Menteri Belia dan Sukan Sabah, 2015
- Badminton Coaching Course Level 1, 2014
- Seminar Sukan Untuk Semua, 2014
- Secretariat, Sukan Mahasiswa Borneo, 2014
- Assistant Technical Officer, Merentas Desa Majlis Sukan Sekolah Malaysia
- Sports and Recreation Program, Zip Borneo Kiulu, 2014
- Kursus Instruktur Kecergasan Senamrobik Tahap 1 Peringkat Negeri Sabah, 2013
- UMS AJK Athletics Championships, 2013
- Camp Program in Outdoor Sports and Recreation Development Centre (ODEC), Universiti Malaysia Sabah
- Running Sport Competition Committee Convocation, fishing and cycling in conjunction with the Sports and Convocation of Universiti Malaysia Sabah
- Career in Sports Industry Seminar at the University of Malaysia Sabah, organized by the Ministry of Youth and Sports Minister

SKILLS AND ABILITIES

Computer Skills:

- MS Office (MS Word, Power Point, Excel, Publisher)

Language Abilities:

- Able to speak fluently and write in Malay
- Able to speak good and write in English

Soft Skills:

- Ability to perform under pressure
- Interpersonal thinking
- Self-independent and fast learning

WORKING EXPERIENCES

2016

- Receptionist – Switz Paradise Hotel

2015 (29 June – 17 October)

- Internship – Ministry of Youth and Sports

2011-2012

- General Clerk - Jensen Industrial Sdn. Bhd

REFERENCES

- Tuan Haji Mat Jaidin bin Haji Mohd Yassin
Ketua Penolong Setiausaha,
Kementerian Belia dan Sukan Sabah,
Tingkat 10, Blok B, Wisma MUIS,
88999, Kota Kinabalu.
Tel: 012-8270117
- Fred Gabriel
Tungkus Sandad Group
1st Floor, Lot No 1, Donggongon Sedco, Buhavan Square
89500 Penampang, Sabah
Tel: 016-8188939