

PERSONAL DETAILS

Full name: Nurlida Jamil
Birth date: 9th October 1992
Place of birth: Hospital Queen Elizabeth
Address: P/S 16849,88872, Kota Kinabalu, Sabah.
Mobile No.: 011-25182757
Email: nurlidajamil@gmail.com
Expected salary: RM2000- RM2500
Availability: Can start work immediately



SUMMARY

Career Objective: To train the workforces on safe work practice in the worksites and promoting zero accident culture in the workplaces.

Strengths:

- Ability to work independently or as part of a team
- Highly motivated person and have a pro-active attitude
- Willing to learn and able to take up the challenge

EDUCATIONAL BACKGROUND

- 2016 ➤ Sabah Skills and Technology Centre
(Safety and Health Officer Certificate by NIOSH)
- 2011-2015 ➤ University Malaysia Sarawak
(Bachelor of Resource Chemistry)
CGPA: 2.78
- 2010-2011 ➤ Labuan College Matriculation
CGPA: 2.57
- 2008-2009 ➤ MJSC Tawau (SPM)
1A+,1A,3A-,1B+,2B,1C+

EXPERIENCES

1. (July- September 2014)

Position : Chemist (Industrial Training)

Employer: Jabatan Mineral dan Geosains (JMG) Sabah

Responsibilities:

- Doing laboratory services such as analyze samples from quarry mining

2. (May-July 2015)

Position : Sales Girl

Employer: NN Collection

Responsibilities:

- Promote item and goods to customer
- Organize and compile stock check

3. (August- November 2016)

Position : **Safety Trainee** (Industrial Training)

Employer: China State Construction Engineering (M) Sdn. Bhd.

Responsibilities:

- Performs **toolbox talks** and **safety induction** for workers on job site
- Conducted the **daily site monitoring** to identify any unsafe action and unsafe condition
- Doing **inspections equipment** to discover the hazard and to make sure the equipment are safe before used
- Participate in **internal audit monthly** by update safety documentations and doing inspection at worksite
- Participate in **Safety Community Meeting** monthly
- Participate in **accident investigation** and **incident investigation**, ensuring that the incident investigation process is carried out in accordance with incident investigation and reporting procedures
- Participate in occupational safety and health related **training** such as fire drills and sharing session on ZIKA virus together with top managements and workers to enhance in promoting safe work practices
- Regularly provide **safety information** such as alerts, reminders and signage on site.
- Regularly provide **advice** to workers according their attires during on site such as safety shoes, vast, helmet, gloves and others
- Conducting a **pre-job briefing** to crew before perform lifting activities.
- Monitor the conduct of **work site activities** to ensure full **compliance** to **OSHA 1994** and it's Regulations and other requirements
- Provide advice regarding of **permit to work** for cold and hot work before workers doing their job
- Provide **advice** to line management and staff on occupational safety and health matters, to ensure that the conduct of activities are in full **compliance to regulatory and company requirements**.

4. (April-July 2017)

Position : Account Officer

Employer: ABX Express Sdn Bhd (M)

Responsibilities:

- Sorting and invoicing by account twice in a month
- Update bank in summary daily
- Doing report monthly

SKILLS**Computer Skills:**

Microsoft Word, Microsoft PowerPoint ,Microsoft Excel, Statistical Analysis in Social Science, Auto Account and UBS accounting.

Language : Bahasa Malaysia and English

REFERENCES

1. Dr. Sim Siong Fong, Lecturer University Malaysia Sarawak(013-8158489)
2. Mr. Bronny Atoi(016-9784390) .Training Coordinator SSTC,No.8, Jalan 1C, KKIP Selatan, Industrial Zone, KKIP Park (IZ 1), 888460,Kota Kinabalu, Sabah.
3. Sir Simon Kouboi (012-8383776) Safety and Health Officer (SHO) @ Maya Likas Project