

Name: Trecy Anak JarasIdentity Card: 900112-13-5158Date of Birth: 12th January 1990

Mobile no. : 019-4838044

Email : trecyjaras90@gmail.com

Postal Address : No. 13 Kampung Temurang, Jalan Puncak

Borneo, 93250 Kuching, Sarawak.

Last Paid Salary: 12800.00 Expected Salary: 1500.00

CAREER OBJECTIVES

- a) Looking forward for a career that will nurture me toward a reproductive employee.
- b) To deploy and develop skills as well as achieving company's mission and vision.

EDUCATIONAL BACKGROUND

- a) Bachelor of Psychology with Honours (Counseling Psychology) (2010-2013)
- Universiti Malaysia Sabah
- CGPA 3.06
- b) Sijil Tinggi Pelajaran Malaysia (STPM) (2008-2009)
- SMK Tun Abdul Razak
- 1B+, 2B, 1B-
- c) Sijil Pelajaran Malaysia (SPM) (2007)
- SMK Padawan
- 4A, 1B, 2C, 3D

WORKING EXPERIENCE

- a) Lea Centre, Sarawak Plaza, Kuching (Promoter) From December 2009 May 2010
- Answering and explaining the details of the products to the customer in order to create interest & persuade them to purchase the products.
- b) Penjara Puncak Borneo, Kuching (Internship) From June September 2013
- Conducting individual and group caunseling session with the women prisoners.
- c) Imperial Hotel, Kuching (Room Attendant) From April 2014-Sept 2014.
- Performing routines duties in cleaning and servicing of guest rooms and bath.
- Learning on how to promotes a positive image of the property to guests & to address guest request & problems.
- d) Kolej Vokasional JT Akademi Sdn Bhd (Counselor & Co curriculum Coordinator) From October 2014 September 2016.
- Conducting counseling session, preparing paper work and report of college activities, helping in administrative work; photocopy, scanning document, typing letter and filing work.
- Preparing the co curriculum calendar and schedule, ensuring the implementation of the co curriculum activities are based on the schedule, compile and update co-curriculum records (soft and hard copies)
- Perform any other tasks assigned by the superior.

INDIVIDUAL SKILLS

- a) Cooperative; work well with others.
- b) Able to work under pressure and minimum supervision.
- c) Able to adapt oneself to new surroundings; to make suitable change so as to fit new conditions.

REFERENCES

a) Miss. Magdelyne Ansik Liman

010-5469476

JT Akademi Sdn Bhd,

No. 1 Ground Floor, Jalan Usahajaya, Muara Tabuan, 93350

Kuching Sarawak.

Designation: Head of Academic Department

b) Mdm. Voon Nyuk Fah

013-8818539

JT Akademi Sdn Bhd,

No. 1 Ground Floor, Jalan Usahajaya, Muara Tabuan, 93350

Kuching Sarawak.

Designation: Students Affair Executive

c) Mdm Evelyn Chan

016-8675737

JT Akademi Sdn Bhd,

No. 1 Ground Floor, Jalan Usahajaya, Muara Tabuan, 93350

Kuching Sarawak.

Designation: Operation Executive

d) Mr. Zall Kepli Md Rejab

014-8703464

Sekolah Psikologi Dan Kerja Sosial, Universiti Malaysia Sabah

Designation: Lecturer