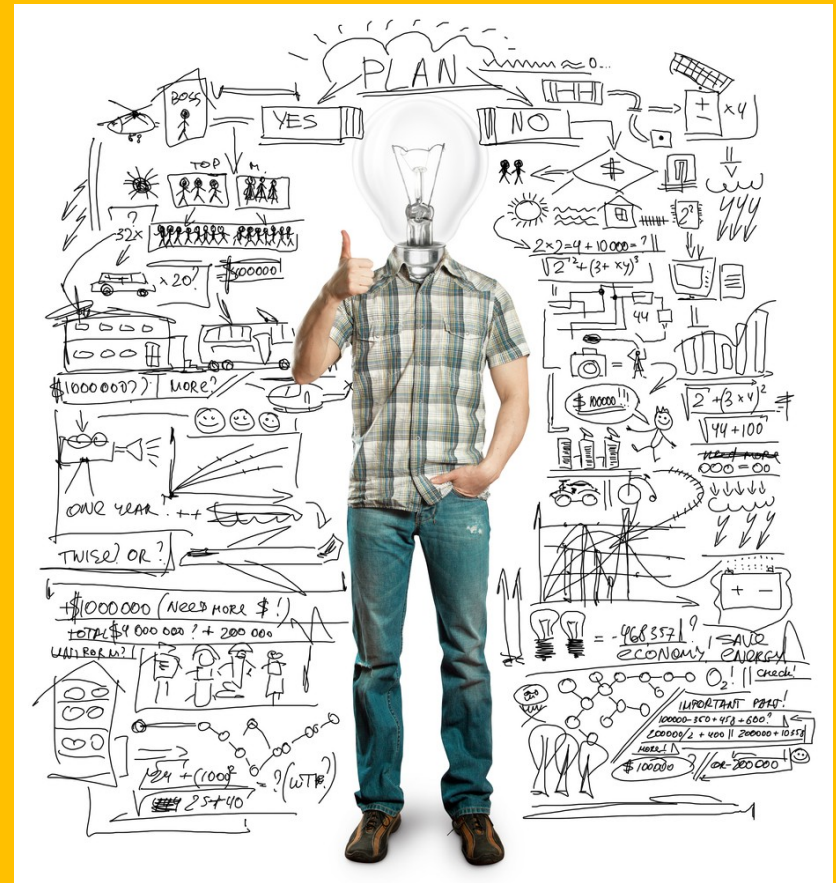
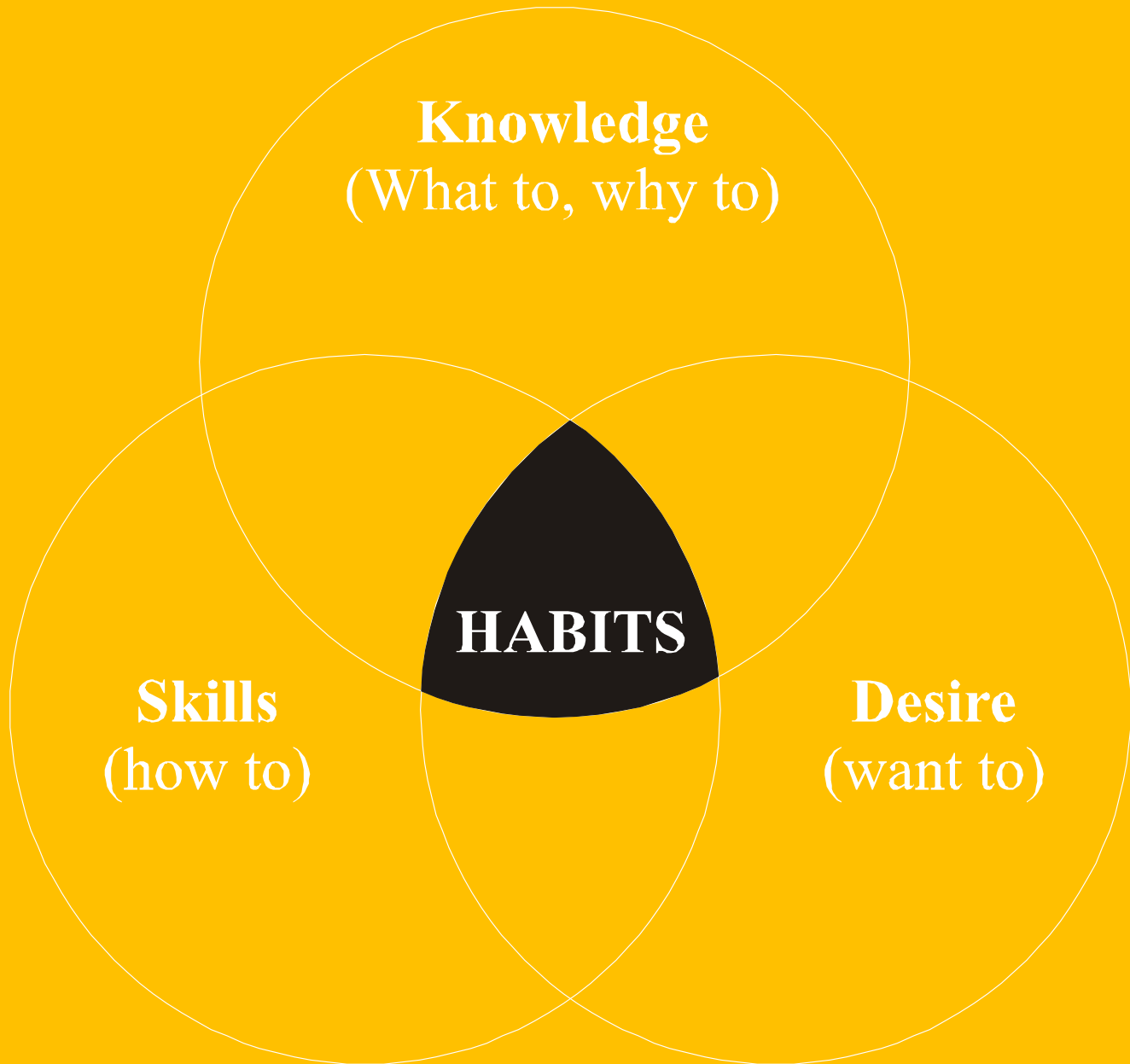


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CREATIVE HABITS







TWYLA THARP

THE CREATIVE HABIT

LEARN IT AND USE IT FOR LIFE

A PRACTICAL GUIDE

TWYLA HARP CREATIVE HABITS

Rituals of Preparation

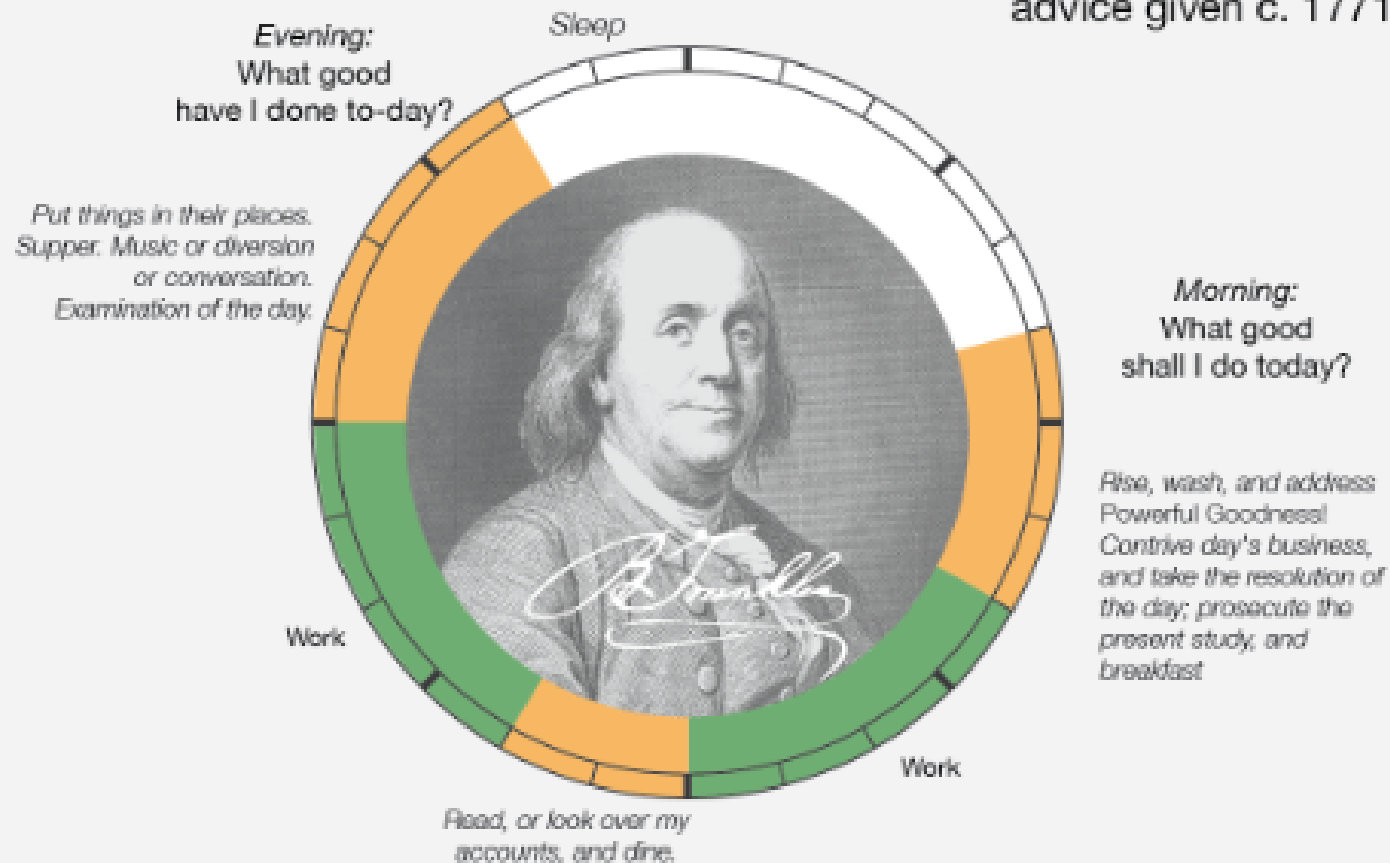
More than anything, this book is about preparation:

In order to be creative you have to know



Benjamin Franklin

advice given c. 1771



Mozart's Genius

“People who think my art comes easily to me. I assure you, dear friend, nobody has devoted so much time and thought to it as I. There is not a master whose music I have industriously studied through many times



Wolfgang Amadeus Mozart

Vienna, c. 1781

*Compose: "I often go on writing until one
- and am up again at six"*

Courting Constanze

*Compose
or concerts*

Sleep

Dressing

Compose

Lessons

*Lunch
and social*





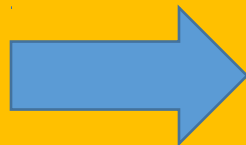
Birth



Genius



Birth



hard work



Genius

Give Me 1 Week Without

Take a week off from clutter and distractions.

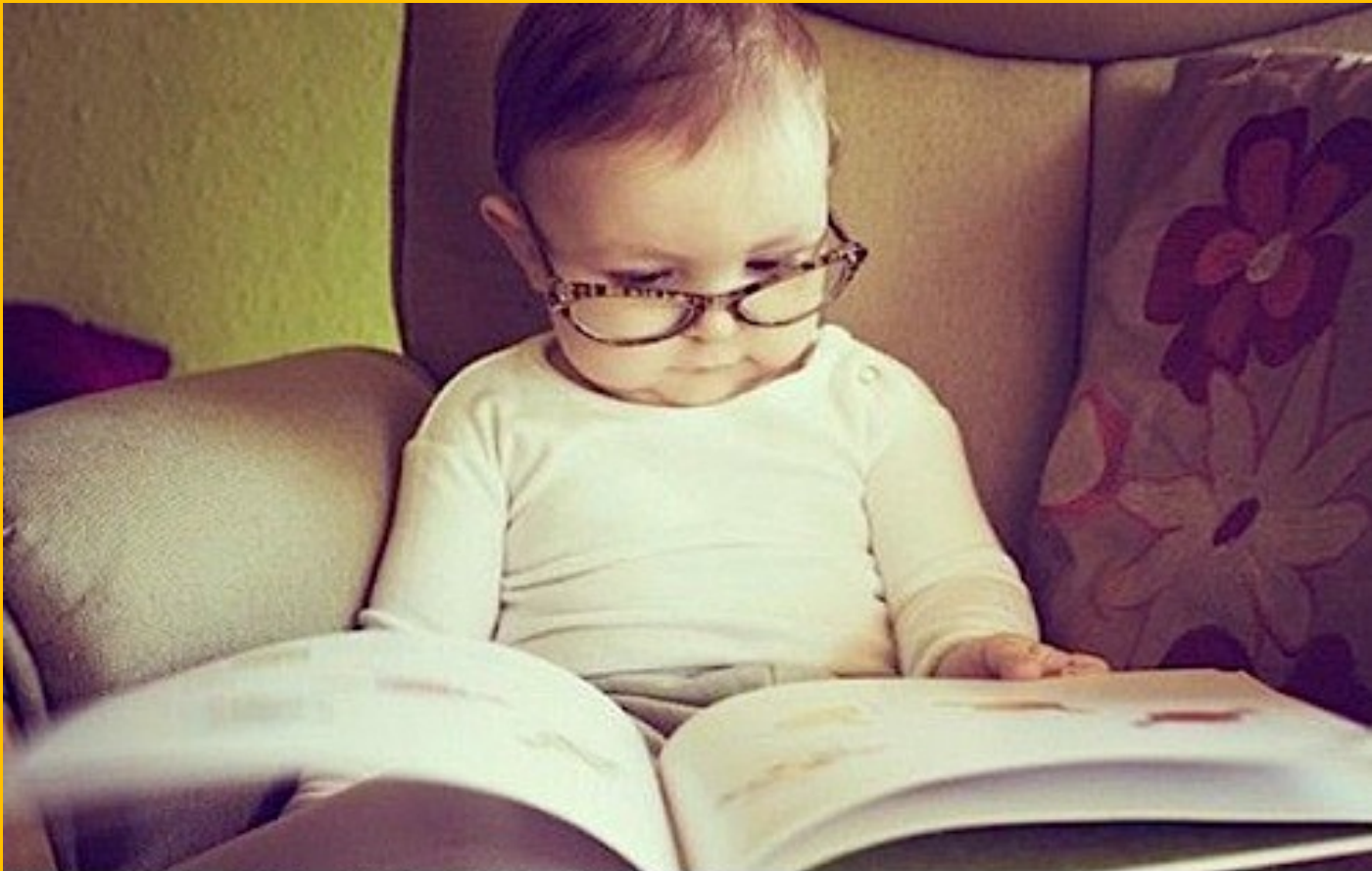


Get Busy Copying

“As Freud said, “When inspiration
does not come
to me



“If I stopped reading, I’d stop thinking. It’s that simple.”



Stimulate Your Body

“...when you stimulate your body, your brain comes alive in



Prepare to be Lucky

You don't get lucky without
preparation,
and there's no sense in being

prepared
possible

the
ent."



Perfect Practice Makes perfect

Confidence is a trait that has to be earned honestly and refreshed constantly; you have to work as hard to pro



Passion + Skill

Without passion, all the skill in the world won't lift you above craft.

Without skill, all the passion in the world will leave you eager but floundering. So is the



TWYLA HARP CREATIVE HABITS

“I’m often asked, ‘Where do you get your ideas?’ ... It’s like asking, ‘Where do you find air to breathe?’ Ideas are all around you.”

- TWYLA THARP, CHOREOGRAPHER

