Question: When you read through your ratings and reflections again, what grade (between A and F) would you give yourself? (You can adjust your grade with + and -, e.g. C+ or D-)

Here are some guidelines for your estimate:

A - Excellent

An excellent performance, clearly outstanding. The candidate mastered all learning goals.

B - Very good

A very good performance. The candidate demonstrates a very high degree of achieving the learning objectives.

C - Good

A good performance in most areas. The candidate demonstrates a reasonable degree of achieving the learning objectives in the most areas.

D - Satisfactory

A satisfactory performance, but with significant shortcomings. The candidate demonstrates a limited degree of achieving the learning objectives.

E - Sufficient

A performance that meets the minimum criteria, but no more. The candidate demonstrates a very limited degree of achieving the learning objectives.

F - Fail

A performance that does not meet the minimum academic criteria. The candidate did not achieve the learning goals at all.

YOUR GRADE:	C+

QUESTION: How could the grade that you have given yourself been improved if you could go back in time and participate in this class again? *(minimum 100 words)*

My grade would improve a lot if I had sport more time different exercises, and memorising more used in the Field. My names a lack of persistence and being autil at time manx geneat; Stuff I know I te vi go look up online CON probably also benefit from attending the lactures, attending to the seminars, and discussing the currentum with my peers... but after missing a few because of work and real life standing in the way, the ball just keeps rolling in the same direction will Doomsday appears. This is entirely responsibility, although I don't particularily mind medical, or researching on my own. Page 6