141.7.4 Find
$$I = \int_{0}^{2\pi} \frac{\sin^{2}\Theta}{5+3\cos\Theta} d\Theta$$

Let
$$z = e^{i\Theta}$$
 $dz = ie^{i\Theta} d\Theta$

$$= iz d\Theta$$

$$d\Theta = \frac{1}{iz} dz$$

$$\cos\Theta = \frac{e^{i\Theta} + e^{-i\Theta}}{z}$$

$$= \frac{z + \frac{1}{z}}{z}$$

$$\sin^2 \Theta = 1 - \cos^2 \Theta$$

$$= 1 - \left(\frac{z + \frac{1}{z}}{z}\right)^2$$

Substitute into
$$I = \int_{C} \frac{\left[1 - \left(\frac{z}{2} + \frac{1}{2}\right)^{2}\right] \cdot \frac{1}{6z} dz}{5 + 3\left(\frac{z}{2} + \frac{1}{2}\right)}$$

$$= \frac{1}{2} \int_{C} \frac{-(z-1)^{2}}{2z^{2}} dz$$

$$=\frac{1}{2}\int_{C}^{2}-\frac{(z-1)^{2}}{z(3z+1)(z+3)}dz$$

$$Poles = -\frac{1}{3}, -3, 0$$

$$\lim_{z \to -h} (z/\frac{1}{3}) \left[-\frac{(z-1)^2}{2(3z/1)(z/3)} \right] = \frac{2}{3}$$

$$I = \frac{1}{i} 2\pi i R\left(-\frac{1}{3}\right)$$

$$= 2\pi \left(\frac{2}{3}\right)$$

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