

The Power of your Subconscious mind1. Introduction :

In our life many miracles can happen in any time. This is because of our subconscious mind. Whatever we are thinking in our subconscious mind sometimes that miracles can happen in our life. For that our only job is to believe. If we believe something then that will happen definitely, that is the power of our subconscious mind. Also our prayers are very important to believe and our subconscious mind will make that prayer true.

2. Treasure house within you :

We have the marvelous power called subconscious mind. In sometimes whatever we are thinking, that will happen, we can call that as miracle or magic. But that is because of our subconscious mind. Our thought will make believe to our mind it will happen, so that it happens. So the subconscious mind has separate power. Also our mind contains two types. They are conscious and subconscious mind. Conscious mind will decide whether any coming information should believe.

or not. Whereas our subconscious mind
take or believe whatever we are telling to our
mind. There are the major difference between
conscious and subconscious mind. Also the author
explained some his real time incidents for how
the subconscious mind works.

3. How your mind works :

We should remember that our conscious
and subconscious mind is not two minds, This is
present within one mind with different type of activities.
Also many experiments have done by the
psychologists that how our subconscious mind
works. Our subconscious mind does not have ability
to argue what that have told, even if it is
wrong information our subconscious mind will take
it as true.

4. Miracle working power of your subconscious :

So without any argue our subconscious mind
will accept, so it will inspires us. Also it will
control our heartbeat and it will never sleeps
and never rests. When we think inside of our
subconscious mind then it will reflect it
in outside. It is based on completely in our
belief, without our belief it will never happen.
This mind will control all functions of our body.

Mental Healings in Ancient Times :

We should believe that our healing power is our subconscious mind. As we know whatever we are thinking in our subconscious mind it will happen. So that we should think always in a positive way. The symptoms of any disease can be induced by our suggestion in our mind. This is the power of our subconscious mind. Whether your thought is true or false, it will show the results, our mind responds to that thought.

6. Mental Healings in modern times :

In this chapter the author's clear motive is to describe us that prayer therapy is the combined function of the conscious and subconscious mind and it is scientifically directed. We should develop a plan for turning our desire to our subconscious mind. Our believe in sickness is foolish. We should believe in perfect health and true thought to make the thought true. We should remember that, if we want power to heal, we can have it by faith. Also if we pray for others then it will also be more powerful for both of them to get good faith.

7. Practical Techniques in mental healings.

There are different types of method that the mental healings have. Our subconscious mind will accept our blueprint of our thought. Some of the techniques like visualization technique, Mental-movie method, Baudoin technique, sleeping technique, Thank you technique, affirmative method and argumentative method. The author is trying to insist that picture is worth of thousand words, so our desire is send like a picture to our subconscious mind.

8. Tendency of subconscious in lifeward :

Our whole mental life is about the subconscious mind. When we came to know about the cellular systems of the organs such as eyes, ear, heart and so on, all the cells allows to function together. They have able to take orders from mind and carry them to all the functions. Our cells gets refreshed in every 11 months. So we can change our body by changing our thought and keeping them changed.

How to get results you want:

Our desire should be our full of thought and that should be our results we expected. When our mind is relaxed and we accept an idea, then our subconscious goes to work to execute that result. In this chapter the imagination is our most powerful faculty. We should imagine in our mind what should be happen. We should imagine the fulfillment of our desire to make happen. We should sleep in peace and awake in joy.

10. How to use power of your subconscious for wealth

The feeling of wealth should produces wealth. We should keep this in mind all times. Our mind should agree that what we feel is true. The dominant idea is always accepted by our subconscious mind. Our true source of wealth have the idea in our mind. We can have an idea worth millions of dollars. The block to wealth is our own mind. Destroy the block now by getting good mental terms in all time. Through this we can make wealth by using the subconscious mind.

11. Your Right to be Rich :

We all have the right to be rich. We should always be bold enough to claim to be as rich. Money leads the people to live a balanced life. Also the poverty leads to the mental illness. It is the disease of mind. We should make our mind to accept that we like money and we should use constructively. The end result in our mind should respond and fulfill our desired picture.

12. Your Subconscious mind as partner in success :

Here the author defines three steps for the success. The first step is to find out the thing that we love, then do it. Because without love in work, we cannot be successful. The second step of success is to specialize in some particular branch of work and excel in it. Then the third step is most important. We must sure that we should not contribute to our own success. Our desire must not be selfish.

13. How Scientists Use Subconscious mind :

For all successful scientific workers has the success by using their subconscious mind.

○ they are searching any answers for any problem, first should get all information for research from others. If no answer comes turn it our subconscious mind prior to sleep then the answer always come.

14. Your Subconscious and Wonders of Sleep:

If we want to wake up on particular time then we can suggest to our subconscious mind prior to sleep then in exact time you will awake. It doesn't need any clock. We should trust our subconscious mind completely. Sometimes our subconscious mind will give the answers in vision in our night.

15. Your Subconscious mind and marital problems:

The best time to prevent divorce is before marriage. If we pray to our subconscious mind then the right mate will come. In marital problems first you should discuss your marriage problems with relatives or friends to counsel each other. Pray together and they will definitely stay together.

16. Your Subconscious mind and your Happiness:

We have always a power with us. Happiness will come when we get confidence in that power. Then we will make our dream comes true. When we open our eyes in the morning we should pray that we choose happiness today, we choose success today. So that, the day will

be full of positivity and that will happen.

17. Your subconscious mind and Harmonious human relations:

Our subconscious mind is like a machine that produces our habitual thinking. We should be responsible for others to think about the other. Other person is not responsible. We should be mature emotionally and should permit others to differ with you. We should love others. Love is the answer to getting along with others.

18. Conclusion:

We can use our subconscious power to build a better life for us. We can use our subconscious mind for forgiveness, for removing mental blocks, for removing fear and to stay spirit forever. We should have the qualities like patience, kindness, love, goodwill, joy, happiness and understanding others. Collectively having all these qualities and using our subconscious power we can make our life more better and success. We cannot see our mind, but we know we have a mind, we cannot see spirit, but we know the spirit of the game. So that we cannot see subconscious mind, but we can feel the power of subconscious mind.